

PATIENT NAME : AKHILA U T

REF. DOCTOR : DR. MEDIWHEEL

CODE/NAME & ADDRESS : CA00010147 -

MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED
F701A, LADO SARAI, NEW DELHI,SOUTH DELHI,
DELHI,
SOUTH DELHI 110030
8800465156ACCESSION NO : **4053WL000893**

PATIENT ID : AKHIM0803954053

CLIENT PATIENT ID:

ABHA NO :

AGE/SEX : 28 Years Female

DRAWN :

RECEIVED : 09/12/2023 08:21:00

REPORTED : 09/12/2023 14:19:27

Test Report Status **Final**

Results

Biological Reference Interval Units

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**TREADMILL TEST**


TREADMILL TEST COMPLETED

OPHTHAL

OPHTHAL COMPLETED

PHYSICAL EXAMINATION

PHYSICAL EXAMINATION COMPLETED



DR.INDUSARATH.S , MBBS, MD,
DNB (Reg.No:41964)
CONSULTANT PATHOLOGIST


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DDRC AGILUS PATHLABS LIMITED

KANNUR
KERALA, INDIA
Tel : 93334 93334
Email : customercare.ddrc@agilus.in

Patient Ref. No. 66600007051925

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MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**ECG WITH REPORT****REPORT**

COMPLETED

USG ABDOMEN AND PELVIS**REPORT**

COMPLETED

CHEST X-RAY WITH REPORT**REPORT**

COMPLETED

HAEMATOLOGY**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT****GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD**

HBA1C	5.0	Normal	: 4.0 -	%
		5.6%.		
		Non-diabetic level	: < 5.7%.	
		Diabetic	: >6.5%	

Glycemic control goal
More stringent goal : < 6.5 %.
General goal : < 7%.
Less stringent goal : < 8%.

Glycemic targets in CKD :-

If eGFR > 60 : < 7%.

If eGFR < 60 : 7 - 8.5%.

MEAN PLASMA GLUCOSE	96.8	< 116.0	mg/dL
---------------------	------	---------	-------



SREENA A
LAB TECHNOLOGIST



DR.INDUSARATH.S , MBBS, MD,
DNB (Reg.No:41964)
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DR.HARI SHANKAR, MBBS MD
(Reg No - TCMC:62092)
HEAD - Biochemistry &
Immunology



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BLOOD COUNTS,EDTA WHOLE BLOOD

HEMOGLOBIN	13.0	12.0 - 15.0	g/dL
RED BLOOD CELL COUNT	4.46	3.8 - 4.8	mil/ μ L
WHITE BLOOD CELL COUNT	7.49	4.0 - 10.0	thou/ μ L
PLATELET COUNT	312	150 - 410	thou/ μ L

RBC AND PLATELET INDICES

HEMATOCRIT	38.7	36 - 46	%
MEAN CORPUSCULAR VOL	86.8	83 - 101	fL
MEAN CORPUSCULAR HGB.	29.2	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	33.6	31.5 - 34.5	g/dL
RED CELL DISTRIBUTION WIDTH	11.5 Low	11.6 - 14.0	%
MENTZER INDEX	19.5		
MEAN PLATELET VOLUME	8.8	6.8 - 10.9	fL

WBC DIFFERENTIAL COUNT

SEGMENTED NEUTROPHILS	60	40 - 80	%
LYMPHOCYTES	33	20 - 40	%
MONOCYTES	2	2 - 10	%
EOSINOPHILS	4	1 - 6	%
BASOPHILS	1	0 - 2	%
ABSOLUTE NEUTROPHIL COUNT	4.49	2.0 - 7.0	thou/ μ L
ABSOLUTE LYMPHOCYTE COUNT	2.47	1 - 3	thou/ μ L
ABSOLUTE MONOCYTE COUNT	0.15 Low	0.20 - 1.00	thou/ μ L
ABSOLUTE EOSINOPHIL COUNT	0.30	0.02 - 0.50	thou/ μ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.9		


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ERYTHROCYTE SEDIMENTATION RATE (ESR), EDTA BLOODSEDIMENTATION RATE (ESR) **21 High** 0 - 20 mm at 1 hr**SUGAR URINE - POST PRANDIAL**

SUGAR URINE - POST PRANDIAL NOT DETECTED NOT DETECTED

SUGAR URINE - FASTING

SUGAR URINE - FASTING NOT DETECTED NOT DETECTED

IMMUNOHAEMATOLOGY**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT****ABO GROUP & RH TYPE, EDTA WHOLE BLOOD**ABO GROUP TYPE B
RH TYPE POSITIVE

Interpretation(s)

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

BIO CHEMISTRY**DR.HARI SHANKAR, MBBS MD**
(Reg No - TCMC:62092)
HEAD - Biochemistry &
Immunology**JINSHA KRISHNAN**
LAB TECHNOLOGIST**DR.INDUSARATH.S , MBBS, MD,**
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MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

BLOOD UREA NITROGEN (BUN), SERUM

BLOOD UREA NITROGEN 6 Adult(<60 yrs) : 6 to 20 mg/dL

BUN/CREAT RATIO

BUN/CREAT RATIO 10 5.00 - 15.00

CREATININE, SERUM

CREATININE 0.60 18 - 60 yrs : 0.6 - 1.1 mg/dL

GLUCOSE, POST-PRANDIAL, PLASMA

GLUCOSE, POST-PRANDIAL, PLASMA 100 Diabetes Mellitus : > or = 200. mg/dL
Impaired Glucose tolerance/
Prediabetes : 140 - 199.
Hypoglycemia : < 55.

GLUCOSE FASTING,FLUORIDE PLASMA

FBS (FASTING BLOOD SUGAR) 94 Diabetes Mellitus : > or = 126. mg/dL
Impaired fasting Glucose/
Prediabetes : 101 - 125.
Hypoglycemia : < 55.

LIVER FUNCTION TEST WITH GGT

BILIRUBIN, TOTAL 0.60 General Range : < 1.1 mg/dL
BILIRUBIN, DIRECT 0.18 General Range : < 0.3 mg/dL
BILIRUBIN, INDIRECT 0.42 0.00 - 0.90 mg/dL

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TOTAL PROTEIN	7.6	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
ALBUMIN	3.8	20-60yrs : 3.5 - 5.2	g/dL
GLOBULIN	3.8	General Range : 2 - 3.5 Premature Neonates : 0.29 - 1.04	g/dL
ALBUMIN/GLOBULIN RATIO	1.0	1.0 - 2.0	RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	15	Adults : < 33	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)	9	Adults : < 34	U/L
ALKALINE PHOSPHATASE	76	Adult(<60yrs) : 35 - 105	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)	10	Adult(female) : < 40	U/L

TOTAL PROTEIN, SERUM

TOTAL PROTEIN	7.6	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
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URIC ACID, SERUM

URIC ACID	4.5	Adults : 2.4-5.7	mg/dL
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BIOCHEMISTRY - LIPID

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

LIPID PROFILE, SERUM

CHOLESTEROL	150	Desirable : < 200 Borderline : 200-239 High : >or= 240	mg/dL
TRIGLYCERIDES	153 High	Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499	mg/dL

DR. HARI SHANKAR, MBBS MD
(Reg No - TCMC:62092)
HEAD - Biochemistry & Immunology

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LAB TECHNOLOGIST



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	PATIENT ID : AKHIM0803954053	DRAWN :
	CLIENT PATIENT ID:	RECEIVED : 09/12/2023 08:21:00
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HDL CHOLESTEROL		32 Low	mg/dL
LDL CHOLESTEROL, DIRECT		102	mg/dL
		General range : 40-60 Optimum : < 100 Above Optimum : 100-129 Borderline High : 130-159 High : 160-189 Very High : >or= 190	
NON HDL CHOLESTEROL		118	mg/dL
		Desirable-Less than 130 Above Desirable-130-159 Borderline High-160-189 High-190-219 Very High- >or =220	
VERY LOW DENSITY LIPOPROTEIN CHOL/HDL RATIO		30.6	mg/dL
		4.7 High	
		</= 30.0 3.3 - 4.4 Low Risk 4.5 - 7.0 Average Risk 7.1 - 11.0 Moderate Risk > 11.0 High Risk	
LDL/HDL RATIO		3.2 High	
		0.5-3 Desirable/Low risk 3.1-6 Borderline/Moderate risk >6.0 High Risk	

SPECIALISED CHEMISTRY - HORMONE

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

THYROID PANEL, SERUM

T3	132.20	Non-Pregnant Women 80.0 - 200.0 Pregnant Women 1st Trimester:105.0 - 230.0 2nd Trimester:129.0 - 262.0 3rd Trimester:135.0 - 262.0	ng/dL
T4	8.17	Non-Pregnant Women 5.10 - 14.10 Pregnant Women 1st Trimester: 7.33 - 14.80 2nd Trimester: 7.93 - 16.10	µg/dl

JINSHA KRISHNAN
LAB TECHNOLOGIST

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TSH 3RD GENERATION	3.160	3rd Trimester: 6.95 - 15.70 Non-Pregnant : 0.4 - 4.2	µIU/mL
		Pregnant Trimester-wise : 1st : 0.1 - 2.5 2nd : 0.2 - 3 3rd : 0.3 - 3	

CLINICAL PATH - URINALYSIS

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

PHYSICAL EXAMINATION, URINE

COLOR	PALE YELLOW
APPEARANCE	SLIGHTLY HAZY

CHEMICAL EXAMINATION, URINE

PH	5.0	4.8 - 7.4
SPECIFIC GRAVITY	1.015	1.015 - 1.030
PROTEIN	NOT DETECTED	NOT DETECTED
GLUCOSE	NOT DETECTED	NOT DETECTED
KETONES	NOT DETECTED	NOT DETECTED
BILIRUBIN	NOT DETECTED	NOT DETECTED
UROBILINOGEN	NORMAL	NORMAL

MICROSCOPIC EXAMINATION, URINE

RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
WBC	10-15	0-5	/HPF
EPITHELIAL CELLS	20-30	0-5	/HPF
CASTS	NOT DETECTED		

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LAB TECHNOLOGIST

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CRYSTALS		NOT DETECTED	
BACTERIA		DETECTED	NOT DETECTED

CLINICAL PATH - STOOL ANALYSIS

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

PHYSICAL EXAMINATION,STOOL

COLOUR	BROWN		
CONSISTENCY	SEMI LIQUID		
MUCUS	NOT DETECTED	NOT DETECTED	

MICROSCOPIC EXAMINATION,STOOL

PUS CELLS	1-2		/hpf
RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
CYSTS	NOT DETECTED	NOT DETECTED	
OVA	NOT DETECTED		
VEGETABLE CELLS	ABSENT		

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Patient Ref. No. 66600007051925



MEDICAL EXAMINATION REPORT (MER)

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee	:	Mr./Mrs./Ms. <u>Akhila VT</u>
2. Mark of Identification	:	(Mole/Scar/any other (specify location)):
3. Age/Date of Birth	:	<u>28</u> / <u>8-3-1995</u> Gender: <u>CEM</u>
4. Photo ID Checked	:	(Passport/Election Card/PAN Card/Driving Licence/Company ID) <u>Akhila</u>

PHYSICAL DETAILS:

a. Height <u>150</u> (cms)	b. Weight <u>64</u> (Kgs)	c. Girth of Abdomen <u>88</u> (cms)
d. Pulse Rate <u>64</u> (/Min)	e. Blood Pressure:	Systolic <u>100</u> Diastolic <u>80</u>
		1 st Reading
		2 nd Reading

FAMILY HISTORY:

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father	<u>50</u>	<u>DM</u>	
Mother	<u>45</u>	<u>healthy</u>	
Brother(s)	<u>-</u>		
Sister(s)	<u>20</u>	<u>healthy</u>	

HABITS & ADDICTIONS: Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol
<u>NO</u>	<u>NO</u>	<u>NO</u>

PERSONAL HISTORY

- a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. Y/N
- b. Have you undergone/been advised a surgical procedure? NO
- c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? Y/N
- d. Have you lost or gained weight in past 12 months? NO

Have you ever suffered from any of the following?

- Psychological Disorders or any kind of disorders of the Nervous System? Y/N
- Any disorders of Respiratory system? Y/N
- Any Cardiac or Circulatory Disorders? Y/N
- Enlarged glands or any form of Cancer/Tumour? Y/N
- Any Musculoskeletal disorder? Y/N
- Any disorder of Gastrointestinal System? Y/N
- Unexplained recurrent or persistent fever, and/or weight loss Y/N
- Have you been tested for HIV/HBsAg / HCV before? If yes attach reports Y/N
- Are you presently taking medication of any kind? Y/N

DDRC SRL Diagnostics Limited

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• Any disorders of Urinary System?

Y/N

• Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin

Y/N

FOR FEMALE CANDIDATES ONLY

a. Is there any history of diseases of breast/genital organs?

Y/N

d. Do you have any history of miscarriage/abortion or MTP

Y/N

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)

Y/N

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

Y/N

c. Do you suspect any disease of Uterus, Cervix or Ovaries?

Y/N

f. Are you now pregnant? If yes, how many months?

Y/N

CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER

- Was the examinee co-operative? Y/N
- Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job? Y/N
- Are there any points on which you suggest further information be obtained? Y/N
- Based on your clinical impression, please provide your suggestions and recommendations below;

.....

.....

.....

➤ Do you think he/she is **MEDICALLY FIT** or UNFIT for employment.

MEDICAL EXAMINER'S DECLARATION

medically fit

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner :

[Handwritten Signature]

Dr. INDUSARATH. S MBBS, MD, DNB
Reg. No: 41964
DDRC Agilus Pathlabs Limited, Kannur

Seal of Medical Examiner :

Name & Seal of DDRC SRL Branch :



Date & Time :

DDRC SRL Diagnostics Limited

Corp. Office: DDRC SRL Tower, G- 131, Panampilly Nagar, Ernakulam - 682 036
Ph No. 0484-2318223, 2318222, e-mail: info@ddrcsrl.com, web: www.ddrcsrl.com

Regd. Office: 4th Floor, Prime Square, Plot No.1, Gaiwadi Industrial Estate, S.V. Road, Goregaon (West), Mumbai – 400062.

OPHTHALMOLOGY REPORT

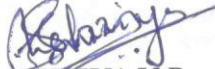
TO WHOM-SO-EVER IT MAY CONCERN

This is to certify that I have examined **Mrs. AKHILA . U . T**, 28 years Female on 09.12.2023 and her visual standards are as follows:

	OD	OS
UNCORRECTED DISTANCE VISUAL ACUITY	6/6	6/6
UNCORRECTED NEAR VISUAL ACUITY	N6	N6
COLOUR VISION	NORMAL	NORMAL

NOTE:

- NO HISTORY OF SPECS .
- NO RELEVANT MEDICAL HISTORY .
- NO H/O ALLERGY .


SHEHZIYA V P
OPTOMETRIST



DATE : 09.12.2023

Name	Mrs. AKHILA.U.T	Age/Sex	28/Female
Ref: By:	Dr . MEDI WHEEL	Date	09.12.2023

ULTRASOUND SCAN OF ABDOMEN AND PELVIS

(With relevant image copies)

LIVER: Normal in size and echotexture. No e/o focal parenchymal lesions / IHBD. PV, HV & IVC are within normal limits.

GB: Normally distended, shows normal wall thickness. No e/o calculi/polyps/ pericholecystic collections.

CBD: Normal.

PANCREAS: Head and body visualized and are of normal size and echotexture. No e/o focal/diffuse parenchymal lesions/ductal dilatation/calculi. Tail cannot be visualized due to poor window.

SPLEEN: Normal in size and echotexture. Splenic vein shows normal diameter.

KIDNEY'S: Both kidneys are normal in size and echotexture. No e/o calculi/ hydronephrosis/ focal lesions/ perinephric collections.-

RIGHT KIDNEY: Measures 92 x 30 mms

LEFT KIDNEY: Measures 97 x 30 mms

UB: Normally distended, shows normal wall thickness. No e/o calculi/growth/diverticulae. Both UV junctions are within normal limits.

UTERUS: AV, measures 70 x 28 x 39 mms. Normal in size and echotexture.

EMT: 6 mm, normal.

OVARIES: Both ovaries are normal in size and echotexture.

RIGHT OVARY: measures 27 x 15 mms shows a dominant follicle measuring 16 x 13mm.

LEFT OVARY: measures 25 x 13 mms

POD: No free fluid.

No e/o intraperitoneal free fluid/ abdominal lymphadenopathy/ mass lesion.

IMPRESSION

- **NO SONOLOGICALLY DETECTED ABNORMALITY IN THE ABDOMEN AND PELVIS.**



Dr. P.NIYAZI NASIR
MBBS, DMRD

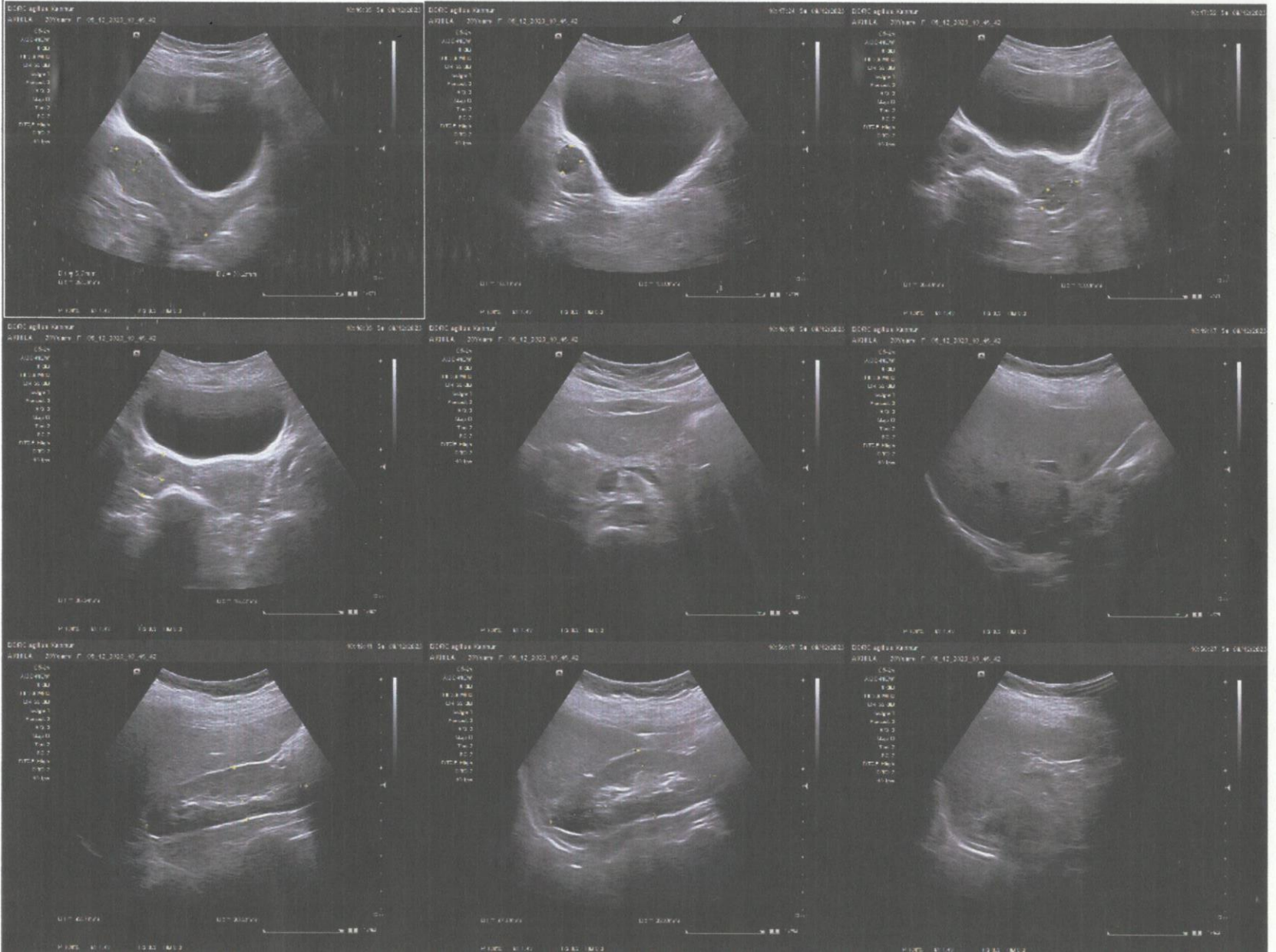
(Because of technical and technological limitation complete diagnosis cannot be assured on imaging sonography. Clinical correlation, consultation if required repeat imaging required in the event of controversies. This document is not for legal purposes).

Dr. P. NIYAZI NASIR, MBBS, DMRD
REG. No. 41419
CONSULTANT RADIOLOGIST
DDRC Agilus Pathlabs Limited
KANNUR

DDRC agilus Kannur

AKHILA : 09_12_2023_10_45_42

20231209



Standard

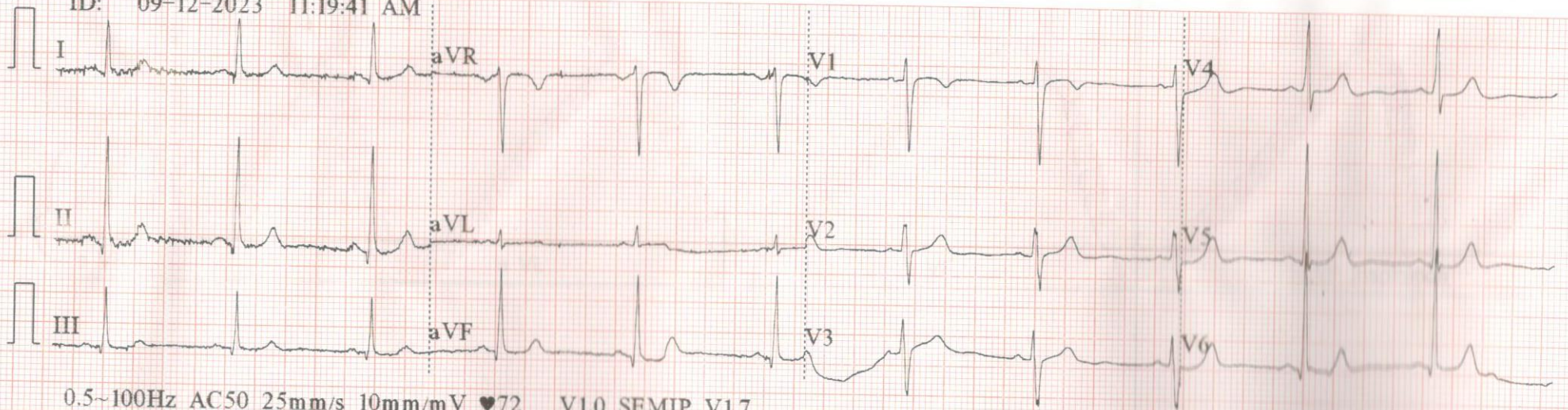
L I

L II

L III

L III Inspiration

ID: 09-12-2023 11:19:41 AM



0.5-100Hz AC50 25mm/s 10mm/mV ♥72 V1.0 SEMIP V1.7

ARROW CE

V1	V2	V3	V4
	V6	Standard	

ID:
AKHILA UT
Female / mmHg
28Years / kg
cm



within normal limits

HR : 67 bpm
P : 94 ms
PR : 120 ms
QRS : 78 ms
QT/QTc : 352/374 ms
P/QRS/T : 54/55/50 °
RV5/SV1 : 1.910/1.282 mV

Dr. INDUSARATH. S MBS, MD, DNB
Reg. No: 41964
DDRC Agilus Pathlabs Limited, Kannur

Name	Mrs. AKHILA.U.T	Age/Sex	28/Female
Ref: By:	MEDI WHEEL	Date	09.12.2023

Thanks for referral

CHEST X-RAY – PA VIEW

Trachea is central. Carina and principal bronchi are normal.

Cardio-thoracic ratio is within normal limits.

Both lungs show normal Broncho-vascular markings. No definite focal opacities noted.

No volume loss in either hemithorax.

No definite mediastinal widening or other abnormalities noted.

CP angles, diaphragm, bony cage and soft tissue shadows - not remarkable.

IMPRESSION:

- **Normal X-ray chest**



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REG. No. 41419
CONSULTANT RADIOLOGIST
DDRC Agilus Pathlabs Limited
KANNUR**