

Name : Ms. INDRANI KHAN (51 /F)

Date : 27/01/2024

Address :

Examined by:

UHID : AMHL.0002286486

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE  
FEMALE HCK

AHC No : AMHLAH193333



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Stroke, Asthma  
Hypertension Since - 18 yrs; Medication  
- regular



## DRUG ALLERGY

NO KNOWN ALLERGY :27/01/2024



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Symptoms - acidity, bloating;  
Bowel habits - regular; Piles - yes; Hernia - no

### Genitourinary system

- Nil Significant

### Gynaec history

No of Children - 2; No of deliveries - 2; Deliveries -  
LSCS; Menopause - yes; Since - 2020;  
Hysterectomy with bilateral salpingo-oophorectomy -  
2020

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints

Back - pain; Knee (bilateral) - pain; Neck - pain

### Skin

- Discoloration of legs



### Present medications

- T Amlong10



### Past medical history

Do you have any - No  
allergies?

Do you have any drug - No  
allergies?

Covid 19 - No



### Surgical history

Caesarian section - 1996 and 2006

Hysterectomy with - 2020  
Bilateral

Salpingo-Oophorectom  
y



### Personal history

Marital status - Married

No. of children - 2

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild



### Family history

Father - alive

Mother - alive

Sisters - 2

Diabetes - uncle

Hypertension - mother

Coronary artery - uncle  
disease

Cancer - None

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## PHYSICAL EXAMINATION



### General

Build	- over weight
Height	- 166
Weight	- 70
BMI	- 25.4
Pallor	- No
Oedema	- no



### Cardiovascular system

Heart rate (Per minute)	- 84
Rhythm	- Regular
	- B.P. Sitting
Systolic(mm of Hg)	- 150
Diastolic(mm of Hg)	- 96
Heart sounds	- S1S2+

### Respiratory system

Breath sounds	- Normal vesicular breath sounds
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### Abdomen

Organomegaly	- No
Tenderness	- No
Scars	- Pfannenstiel
Scars	- longitudinal LSCS



### Skin

Discolouration	- Yes
Discolouration	- of legs

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### COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	11.3 *	g/dl	●	12.0-15.0
RBC COUNT	3.82	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	34.5 *	%	●	36-46
MCV	90.3	fl	●	83-101
MCH	29.6	pg	●	27-32
MCHC	32.8	%	●	31.5-34.5
RDW	16.0 *	%	●	11.8-14.0
WBC Count	3400 *	/cu mm	●	4000-10000
Platelet Count	1.44 *	lacs/cu mm	●	1.5-4.0
Neutrophils	70	%	●	40-80
Lymphocytes	24	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
WBC:	Leucopenia noted			
Platelets:	Adequate on the smear			

ERYTHROCYTE SEDIMENTATION RATE (ESR)	22 *	mm/1st hr	●	0-20
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### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.010			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	3-5	/hpf		
Pus Cells	2-4	/hpf		

Epithelial Cells	3-5
Casts:	Not Found
Crystals:	Not Found

### URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

### URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

### BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	16	U/L	●	0-35
ALBUMIN - SERUM	4.9	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	99 *	U/L	●	33-98

AST (SGOT) - SERUM	25	U/L	●	0-35
BILIRUBIN TOTAL - SERUM	1.1	mg/dL	●	0.3-1.2

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	191	mg/dL	●	0-200

### CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

● Within Normal Range
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**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	14	U/L	●	0-38

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	102 *	mg/dL	●	70-99

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	117	mg/dL	●	70-140

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	4.3	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	63	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	120 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	8	mg/dL	●	0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.5	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	2.6	g/dL	●	1.8-3.6

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.37	ng/ml	●	0.87-1.78
TOTAL T4: THYROXINE - SERUM	10.31	µg/dL	●	5.48-14.28

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	124	mg/dL	●	0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	5.14	µIU/mL	●	0.38-5.33

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.3	mg/dL	●	2.4-5.7

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	10.9	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.9		●	1.0-2.0

**BUN/CREATININE RATIO**

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	15.4			

**PAP SMEAR /CERVICAL SMEAR**

Ref No: AG01.C2400628

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**SPECIMEN TYPE:**

Vault smear (Papanicolaou stain) x 1

**SPECIMEN ADEQUACY:**

Satisfactory for evaluation

**INTERPRETATION/RESULT:**

Negative for intraepithelial lesion or malignancy, cellular changes associated with Atrophy.

**ECG**

SINUS RHYTHM.

LEFT AXIS DEVIATION.

LOW VOLTAGE QRS AND T WAVES.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

\* Grade I fatty liver.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

**X-RAY CHEST PA**

\* No significant abnormality detected.

**X-RAY MAMMOGRAPHY BILATERAL (MHC)**

Left breast benign calcification -BIRADS 2

**bIRADS Category:**

0. Requires additional evaluation

1. Negative

2. Benign findings

3. Intermediate

4. Suspicious malignancy

5. Highly suggestive of malignancy

6: ( Histo-pathologically proven )

---END OF THE REPORT---

Dr. SUDESHNA MALAKAR

MD, DNB, MNAMS, FRCR

CONSULTANT RADIOLOGIST

Reg. No ?" 70658 (WBMC)

**CARDIOLOGY**

TREADMILL TEST / STRESS TEST



Within Normal Range



Borderline High/Low



Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

**RISK STATUS**

Moderate Risk

**YOUR SCORE**

6

**ACCEPTABLE SCORE**

5

Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
  - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**