

11758591

sonam teotia

3/8/2024 12:11:37 PM

34 Years

Female

Rate 89 . Sinus rhythm.....normal P axis, V-rate 50- 99
 . Borderline right axis deviation.....QRS axis (90,110)
 PR 159 . Baseline wander in lead(s) V2
 QRSD 92
 QT 357
 QTc 435

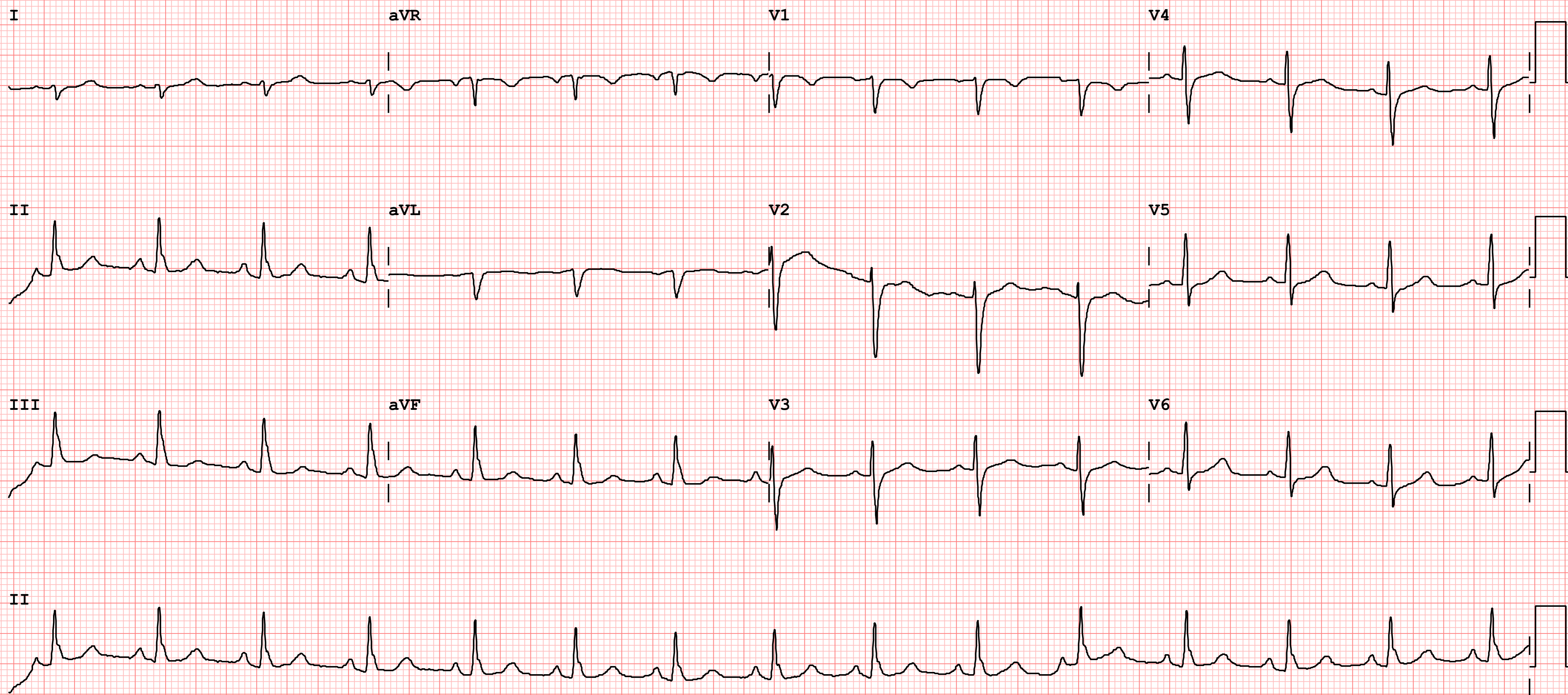
--AXIS--

P 78
 QRS 94
 T 57

- OTHERWISE NORMAL ECG -

12 Lead; Standard Placement

Unconfirmed Diagnosis



Human Care Medical Charitable Trust

Registered Office: Sector-6, Dwarka, New Delhi 110 075

Department Of Laboratory Medicine

Name : MRS SONAM TEOTIA **Age** : 34 Yr(s) Sex :Female
Registration No : MH011758591 **Lab No** : 31240300412
Patient Episode : H03000060750 **Collection Date** : 08 Mar 2024 11:32
Referred By : HEALTH CHECK MHD **Reporting Date** : 08 Mar 2024 13:39
Receiving Date : 08 Mar 2024 12:50

Department of Transfusion Medicine (Blood Bank)

BLOOD GROUPING, RH TYPING & ANTIBODY SCREEN (TYPE & SCREEN)
Specimen-Blood

Blood Group & Rh Typing (Agglutination by gel/tube technique)

Blood Group & Rh typing O Rh(D) Positive

Antibody Screening (Microtyping in gel cards using reagent red cells)

Final Antibody Screen Result Negative

Technical Note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique. Antibody screening is done using a 3 cell panel of reagent red cells coated with Rh, Kell, Duffy, Kidd, Lewis, P, MNS, Lutheran and Xg antigens using gel technique.

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-----END OF REPORT-----



Dr Himanshu Lamba

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Registered Office: Sector-6, Dwarka, New Delhi 110 075

Department Of Laboratory Medicine

Name : MRS SONAM TEOTIA **Age** : 34 Yr(s) Sex :Female
Registration No : MH011758591 **Lab No** : 32240303992
Patient Episode : H03000060750 **Collection Date** : 08 Mar 2024 11:31
Referred By : HEALTH CHECK MHD **Reporting Date** : 08 Mar 2024 14:10
Receiving Date : 08 Mar 2024 12:36

BIOCHEMISTRY

Specimen: EDTA Whole blood

HbA1c (Glycosylated Hemoglobin) 5.0 % As per American Diabetes Association (ADA) 2010 [4.0-6.5]
HbA1c in %
Non diabetic adults : < 5.7 %
Prediabetes (At Risk) : 5.7 % - 6.4 %
Diabetic Range : > 6.5 %
Methodology High-Performance Liquid Chromatography (HPLC)
Estimated Average Glucose (eAG) 97 mg/dl

Use :

1. Monitoring compliance and long-term blood glucose level control in patients with diabetes.
2. Index of diabetic control (direct relationship between poor control and development of complications).
3. Predicting development and progression of diabetic microvascular complications.

Limitations :

1. A1C values may be falsely elevated or decreased in those with chronic kidney disease.
2. False elevations may be due in part to analytical interference from carbamylated hemoglobin formed in the presence of elevated concentrations of urea, with some assays.
3. False decreases in measured A1C may occur with hemodialysis and altered red cell turnover, especially in the setting of erythropoietin treatment

References : Rao.L.V., Michael Snyder.L. (2021). Wallach's Interpretation of Diagnostic Tests. 11th Edition. Wolterkluwer. Nader Rifai, Andrea Rita Horvath, Carl T. Wittwer.

(2018) Teitz Text book

of Clinical Chemistry and Molecular Diagnostics. First edition, Elsevier, South Asia.

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Department Of Laboratory Medicine

Name : MRS SONAM TEOTIA **Age** : 34 Yr(s) Sex :Female
Registration No : MH011758591 **Lab No** : 32240303992
Patient Episode : H03000060750 **Collection Date** : 08 Mar 2024 11:31
Referred By : HEALTH CHECK MHD **Reporting Date** : 08 Mar 2024 17:51
Receiving Date : 08 Mar 2024 12:34

BIOCHEMISTRY

Lipid Profile (Serum)

TOTAL CHOLESTEROL (CHOD/POD)	139	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	82	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL - CHOLESTEROL (Direct) Methodology: Homogenous Enzymatic	60	mg/dl	[30-60]
VLDL - Cholesterol (Calculated)	16	mg/dl	[10-40]
(CALCULATED) LDL- CHOLESTEROL	63	mg/dl	[<100] Near/Above optimal-100-129 Borderline High:130-159 High Risk:160-189
T.Chol/HDL.Chol ratio	2.3		<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
LDL.CHOL/HDL.CHOL Ratio	1.0		<3 Optimal 3-4 Borderline >6 High Risk

Note:
Reference ranges based on ATP III Classifications.
Recommended to do fasting Lipid Profile after a minimum of 8 hours of overnight fasting.

Technical Notes:
Lipid profile is a panel of blood tests that serves as initial broad medical screening tool for abnormalities in lipids, the results of these tests can identify certain genetic

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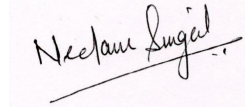
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BIOCHEMISTRY

diseases and determine approximate risks for cardiovascular disease, certain forms of pancreatitis and other diseases.

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-----END OF REPORT-----



Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY

Human Care Medical Charitable Trust

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Patient Episode : H03000060750 **Collection Date** : 08 Mar 2024 11:31
Referred By : HEALTH CHECK MHD **Reporting Date** : 08 Mar 2024 16:30
Receiving Date : 08 Mar 2024 12:34

BIOCHEMISTRY

THYROID PROFILE, Serum

Specimen Type : Serum

T3 - Triiodothyronine (ECLIA)	1.110	ng/ml	[0.800-2.040]
T4 - Thyroxine (ECLIA)	7.130	µg/dl	[5.500-11.000]
Thyroid Stimulating Hormone (ECLIA)	1.540	µIU/mL	[0.340-4.250]

1st Trimester:0.6 - 3.4 micIU/mL
2nd Trimester:0.37 - 3.6 micIU/mL
3rd Trimester:0.38 - 4.04 micIU/mL

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet,stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association

- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
- 2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

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Name : MRS SONAM TEOTIA **Age** : 34 Yr(s) Sex :Female
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Referred By : HEALTH CHECK MHD **Reporting Date** : 08 Mar 2024 17:51
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BIOCHEMISTRY

Test Name	Result	Unit	Biological Ref. Interval
LIVER FUNCTION TEST (Serum)			
BILIRUBIN-TOTAL (Diazonium Ion)	0.31	mg/dl	[0.10-1.20]
BILIRUBIN - DIRECT (Diazotization)	0.14	mg/dl	[0.00-0.30]
BILIRUBIN - INDIRECT (Calculated)	0.17 #	mg/dl	[0.20-1.00]
SGOT/ AST (UV without P5P)	17.1	U/L	[10.0-35.0]
SGPT/ ALT (UV without P5P)	12.7	U/L	[0.0-33.0]
ALP (p-NPP,kinetic)*	54	U/L	[37-98]
TOTAL PROTEIN (Biuret)	7.4	g/dl	[6.0-8.2]
SERUM ALBUMIN (BCG-dye)	4.5	g/dl	[3.5-5.2]
SERUM GLOBULIN (Calculated)	2.9	g/dl	[1.8-3.4]
ALB/GLOB (A/G) Ratio(Calculated)	1.55		[1.10-1.80]

Technical Notes:

Liver function test aids in diagnosis of various pre hepatic, hepatic and post hepatic causes of dysfunction like hemolytic anemia's, viral and alcoholic hepatitis and cholestasis of obstructive causes.

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BIOCHEMISTRY

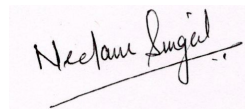
Test Name	Result	Unit	Biological Ref. Interval
KIDNEY PROFILE (Serum)			
BUN (Urease/GLDH)	10.00	mg/dl	[6.00-20.00]
SERUM CREATININE (Jaffe's method)	0.61	mg/dl	[0.60-1.40]
SERUM URIC ACID (Uricase)	4.6	mg/dl	[2.6-6.0]
SERUM CALCIUM (NM-BAPTA)	8.76	mg/dl	[8.00-10.50]
SERUM PHOSPHORUS (Molybdate, UV)	2.4 #	mg/dl	[2.5-4.5]
SERUM SODIUM (ISE)	136.0	mmol/l	[134.0-145.0]
SERUM POTASSIUM (ISE)	3.96	mmol/l	[3.50-5.20]
SERUM CHLORIDE (ISE Indirect)	102.2	mmol/L	[95.0-105.0]
eGFR	118.7	ml/min/1.73sq.m	[>60.0]

Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis / Icterus / Lipemia.

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-----END OF REPORT-----



Dr. Neelam Singal
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Name : MRS SONAM TEOTIA **Age** : 34 Yr(s) Sex :Female
Registration No : MH011758591 **Lab No** : 32240303993
Patient Episode : H03000060750 **Collection Date** : 08 Mar 2024 11:31
Referred By : HEALTH CHECK MHD **Reporting Date** : 08 Mar 2024 13:20
Receiving Date : 08 Mar 2024 12:34

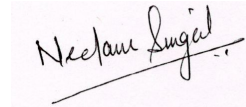
BIOCHEMISTRY

Specimen Type : Serum/Plasma

Plasma GLUCOSE-Fasting (Hexokinase) 93 mg/dl [74-106]

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-----END OF REPORT-----



Dr. Neelam Singal
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Department Of Laboratory Medicine

Name : MRS SONAM TEOTIA **Age** : 34 Yr(s) Sex :Female
Registration No : MH011758591 **Lab No** : 33240302639
Patient Episode : H03000060750 **Collection Date** : 08 Mar 2024 11:32
Referred By : HEALTH CHECK MHD **Reporting Date** : 08 Mar 2024 15:16
Receiving Date : 08 Mar 2024 12:35

HAEMATOLOGY

ERYTHROCYTE SEDIMENTATION RATE (Automated) Specimen-Whole Blood

ESR 9.0 mm/1sthour [0.0-20.0]

Interpretation :

Erythrocyte sedimentation rate (ESR) is a non-specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants (e.g. pyogenic infections, inflammation and malignancies). The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week postpartum.

ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives).

It is especially low (0 -1mm) in polycythemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

Test Name	Result	Unit	Biological Ref. Interval
COMPLETE BLOOD COUNT (EDTA Blood)			
WBC Count (Flow cytometry)	5600	/cu.mm	[4000-10000]
RBC Count (Impedence)	4.45	million/cu.mm	[3.80-4.80]
Haemoglobin (SLS Method)	10.6 #	g/dL	[12.0-15.0]
Haematocrit (PCV) (RBC Pulse Height Detector Method)	34.2 #	%	[36.0-46.0]
MCV (Calculated)	76.9 #	fL	[83.0-101.0]
MCH (Calculated)	23.8 #	pg	[25.0-32.0]
MCHC (Calculated)	31.0 #	g/dL	[31.5-34.5]
Platelet Count (Impedence)	260000	/cu.mm	[150000-410000]
RDW-CV (Calculated)	18.3 #	%	[11.6-14.0]
DIFFERENTIAL COUNT			
Neutrophils (Flowcytometry)	52.3	%	[40.0-80.0]
Lymphocytes (Flowcytometry)	38.4	%	[20.0-40.0]

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Department Of Laboratory Medicine

Name : MRS SONAM TEOTIA **Age** : 34 Yr(s) Sex :Female
Registration No : MH011758591 **Lab No** : 33240302639
Patient Episode : H03000060750 **Collection Date** : 08 Mar 2024 11:32
Referred By : HEALTH CHECK MHD **Reporting Date** : 08 Mar 2024 15:04
Receiving Date : 08 Mar 2024 12:35

HAEMATOLOGY

Monocytes (Flowcytometry)	6.6	%	[2.0-10.0]
Eosinophils (Flowcytometry)	2.3	%	[1.0-6.0]
Basophils (Flowcytometry)	0.4 #	%	[1.0-2.0]
IG	0.20	%	
Neutrophil Absolute(Flourescence flow cytometry)	2.9	/cu mm	[2.0-7.0]x10 ³
Lymphocyte Absolute(Flourescence flow cytometry)	2.2	/cu mm	[1.0-3.0]x10 ³
Monocyte Absolute(Flourescence flow cytometry)	0.4	/cu mm	[0.2-1.2]x10 ³
Eosinophil Absolute(Flourescence flow cytometry)	0.1	/cu mm	[0.0-0.5]x10 ³
Basophil Absolute(Flourescence flow cytometry)	0.0	/cu mm	[0.0-0.1]x10 ³

Complete Blood Count is used to evaluate wide range of health disorders, including anemia, infection, and leukemia. Abnormal increase or decrease in cell counts as revealed may indicate that an underlying medical condition that calls for further evaluation.

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-----END OF REPORT-----

Lakshita Singh

Dr.Lakshita singh

Human Care Medical Charitable Trust

Registered Office: Sector-6, Dwarka, New Delhi 110 075

Department Of Laboratory Medicine

Name : MRS SONAM TEOTIA **Age** : 34 Yr(s) Sex :Female
Registration No : MH011758591 **Lab No** : 38240300904
Patient Episode : H03000060750 **Collection Date** : 08 Mar 2024 11:32
Referred By : HEALTH CHECK MHD **Reporting Date** : 09 Mar 2024 11:10
Receiving Date : 08 Mar 2024 14:37

CLINICAL PATHOLOGY

Test Name	Result	Biological Ref. Interval
ROUTINE URINE ANALYSIS		
MACROSCOPIC DESCRIPTION		
Colour (Visual)	PALE YELLOW	(Pale Yellow - Yellow)
Appearance (Visual)	SLIGHTLY TURBID	
CHEMICAL EXAMINATION		
Reaction[pH] (Reflectancephotometry (Indicator Method))	5.0	(5.0-9.0)
Specific Gravity (Reflectancephotometry (Indicator Method))	1.025	(1.003-1.035)
Bilirubin	Negative	NEGATIVE
Protein/Albumin (Reflectance photometry (Indicator Method)/Manual SSA)	Negative	(NEGATIVE-TRACE)
Glucose (Reflectance photometry (GOD-POD/Benedict Method))	NOT DETECTED	(NEGATIVE)
Ketone Bodies (Reflectance photometry (Legal's Test)/Manual Rotheras)	NOT DETECTED	(NEGATIVE)
Urobilinogen Reflectance photometry/Diazonium salt reaction	NORMAL	(NORMAL)
Nitrite Reflectance photometry/Griess test	NEGATIVE	NEGATIVE
Leukocytes Reflectance photometry/Action of Esterase	NIL	NEGATIVE
BLOOD (Reflectance photometry (peroxidase))	NIL	NEGATIVE
MICROSCOPIC EXAMINATION (Manual) Method: Light microscopy on centrifuged urine		
WBC/Pus Cells	1-2 /hpf	(4-6)
Red Blood Cells	NIL	(1-2)
Epithelial Cells	2-4 /hpf	(2-4)
Casts	NIL	(NIL)
Crystals	CALCIUM OXALATE 2+	(NIL)
Bacteria	NIL	
Yeast cells	NIL	

Interpretation:

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Registration No : MH011758591 **Lab No** : 38240300904
Patient Episode : H03000060750 **Collection Date** : 08 Mar 2024 11:32
Referred By : HEALTH CHECK MHD **Reporting Date** : 09 Mar 2024 11:10
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CLINICAL PATHOLOGY

URINALYSIS--Routine urine analysis assists in screening and diagnosis of various metabolic , urological, kidney and liver disorders

Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urinary tract infections and acute illness with fever

Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine.

Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.

Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine.

Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous exercise.

Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.

Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys. Most Common cause is bacterial urinary tract infection.

Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration during infection increases with length of time the urine specimen is retained in bladder prior to collection.

pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/alkalosis or ingestion of certain type of food can affect the pH of urine.

Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased Specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decrease

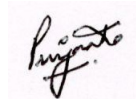
Specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus.

Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine.

Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis and in case of hemolytic anemia.

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-----END OF REPORT-----



Dr. Priyanka Bhatia
CONSULTANT PATHOLOGY

Name: **SONAM TEOTIA**

Hospital No: MH011758591

Age: 34Yrs Sex: F

Episode No: H03000060750

Doctor: Health Check MHD

Result Date: 08 Mar 2024 15:41

Order: Tread Mill Test

EXERCISE STRESS TEST REPORT (TMT)

Findings:

Baseline ECG NSR
Premedications Nil

Protocol	Bruce	MPHR	86
Duration of exercise	10 minutes 09 sec	85% OF MPHR	158
Reason for termination	THR achieved	METS	13.20
Peak achieved	162	%of MPHR achieved	88 %

Stage	Time	Heart rate (bpm)	BP (mmHg)	ECG(ST/T changes/arrhythmia)	Symptoms
Control	0.00	93	120/80	No ST-T changes seen	Nil
Stage 1	3.00	108	120/80	No ST-T changes seen	Nil
Stage II	3.00	120	120/80	No ST-T changes seen	Nil
Stage III	3.00	141	130/80	No ST-T changes seen	Nil
Stage IV	1.09	162	140/80	No ST-T changes seen	Nil
Recovery	3.30	95	130/80	No ST-T changes seen	Nil

Result:

- Normal heart rate and BP response
- No significant ST-T changes were seen during exercise or recovery period.
- No symptomatic of angina/ chest pain during the test
- No significant arrhythmia during the test

FINAL IMPRESSION.

- Exercise stress test is **Negative** for reversible myocardial Ischemia.
- Good effort tolerance.

Name: **SONAM TEOTIA**

Hospital No: MH011758591

Age: 34Yrs Sex: F

Episode No: H03000060750

Doctor: Health Check MHD

Result Date: 08 Mar 2024 15:41

Order: Tread Mill Test



DR. SARITA GULATI
MD, DM
SENIOR INTERVENTIONAL CARDIOLOGIST

Dr. Sarita Gulati
CONSULTANT
MD, DM(Cardiology)



NAME	MRS Sonam TEOTIA	STUDY DATE	08/03/2024 3:04PM
AGE / SEX	34 y / F	HOSPITAL NO.	MH011758591
ACCESSION NO.	R7015974	MODALITY	US
REPORTED ON	08/03/2024 3:56PM	REFERRED BY	Health Check MHD

USG WHOLE ABDOMEN

Results:

Liver is normal in size (~ 12.9 cm) and echopattern. No focal intra-hepatic lesion is detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

Gall bladder appears echofree with normal wall thickness.
Common bile duct is normal in calibre.

Pancreas is normal in size and echopattern.

Spleen is normal in size (9.2 cm) and echopattern.

Both kidneys are normal in position, size and outline. Cortico-medullary differentiation of both kidneys is maintained. Central sinus echoes are compact. No focal lesion or calculus seen. Bilateral pelvicalyceal systems are not dilated.

Urinary bladder is normal in wall thickness with clear contents. No significant intra or extraluminal mass is seen.

Uterus is anteverted. It is normal in size (~ 7 x 3.9 x 5.6 cm). Myometrial echogenicity appears uniform. Endometrium is central (~ 5.7 mm).

Both ovaries are normal in size and echopattern.

Right ovary measures 2.6 x 1.8 cm

Left ovary measures 2.8 x 2.8 cm

No significant free fluid is detected.

IMPRESSION: No significant abnormality is seen.

Kindly correlate clinically.

Dr. Nipun Gumber MBBS, MD DMC No.90272

ASSOCIATE CONSULTANT

*******End Of Report*******



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Human Care Medical Charitable Trust



Sector-6, Dwarka, New Delhi 110 075

GST: 07AAAAH3917LIZM

PAN NO: AAAAH3917L

NAME	MRS Sonam TEOTIA	STUDY DATE	08/03/2024 1:13PM
AGE / SEX	34 y / F	HOSPITAL NO.	MH011758591
ACCESSION NO.	R7015975	MODALITY	CR
REPORTED ON	08/03/2024 4:03PM	REFERRED BY	Health Check MHD

X-RAY CHEST - PA VIEW

Results:

Visualized lung fields appear clear.

Both hilar shadows appear normal.

Cardiothoracic ratio is within normal limits.

Both hemidiaphragmatic outlines appear normal.

Both costophrenic angles are clear.

Kindly correlate clinically.

Aarushi

Dr. Aarushi MBBS, MD, DNB DMC NO.03291

CONSULTANT RADIOLOGIST

*****End Of Report*****



NABH Accredited Hospital
H-2019-0640/09/06/2019-08/06/2022



NABL Accredited Hospital
MC/3228/04/09/2019-03/09/2021



Awarded Emergency Excellence Services
E-2019-0026/27/07/2019-26/07/2021



Awarded Nursing Excellence Services
N-2019-0113/27/07/2019-26/07/2021



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