

## CONCLUSION OF HEALTH CHECKUP

ECU Number : 8843

Age : 35

Weight : 77.8

Date : 27/01/2024

MR Number : 21961469

Sex : Female

Ideal Weight : 59

Patient Name: RENUKA SINGH

Height : 159

BMI : 30.77

Anemic  
Dyslipidemia  
Fatty Liver

As  
F. Linsen  
Lifestyle Modification  
TCL Levogin 2 (30)  
0-1-0



Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.



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# BHAILAL AMIN GENERAL HOSPITAL



ECU Number : 8843                      MR Number : 21961469                      Patient Name: RENUKA SINGH  
Age : 35                                      Sex : Female                                      Height : 159  
Weight : 77.8                                      Ideal Weight : 59                                      BMI : 30.77  
Date : 27/01/2024

Past H/O : K/C/O UTERINE FIBROID - SOS TAKING MEDICATIONS.

Present H/O : NO MEDICAL COMPLAINTS AT PRESENT.

Family H/O : MOTHER , FATHER : DM

Habits : NO  
Gen.Exam. : G.C. GOOD  
B.P : 130/80  
Pulse : 70/MIN REG.  
Others : SPO2 98 %  
C.V.S : NAD  
R.S. : NAD  
Abdomen : NP  
Spleen : NP  
Skin : NAD  
C.N.S : NAD  
Advice :

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Ophthalmic Check Up :	Right	Left
Ext Exam		NORMAL
Vision Without Glasses	6/6 N.5	6/6 N.5
Vision With Glasses	N.A	N.A
Final Correction	N.A	N.A
Fundus	NORMAL	
Colour Vision	NORMAL	
Advice	NIL	

#### Orthopaedic Check Up :

Ortho Consultation

Ortho Advice

#### ENT Check Up :

Ear

Nose

Throat

Hearing Test

#### ENT Advice

#### General Surgery Check Up :

General Surgery

Abdominal Lump

Hernia

External Genitals

PVR

Proctoscopy

Any Other

Surgical Advice



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### Gynaec Check Up :

OBSTETRIC HISTORY	2 FT LSCS
MENSTRUAL HISTORY	-
PRESENT MENSTRUAL CYCLE	LMP : 24/01/24
PAST MENSTRUAL CYCLE	H/O MENORRHAGIA
CHIEF COMPLAINTS	-
PA	SOFT
PS	Cx - (N) PIN HOLE OS MIN BL.
PV	UT BULKY Fx CLEAR
BREAST EXAMINATION RIGHT	NORMAL
BREAST EXAMINATION LEFT	NORMAL
PAPSMEAR	
BMD	
MAMMOGRAPHY	
ADVICE	

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GENERAL HOSPITAL

**DEPARTMENT OF LABORATORY MEDICINE**

Patient Name : Ms. RENUKA SINGH  
Gender / Age : Female / 36 Years 5 Months  
MR No / Bill No. : 21961469 / 242077905  
Consultant : Dr. Manish Mittal  
Location : OPD

Type : OPD  
Request No. : 194449  
Request Date : 27/01/2024 09:24 AM  
Collection Date : 27/01/2024 09:32 AM  
Approval Date : 27/01/2024 05:41 PM

**Pap Smear**

Test	Result	Units	Biological Ref. Range
Pap Smear	Pap Smear Screening Report / Cervico-Vaginal Cytology...		
	Cyto No : P/229/23 Received at 2:50 pm		
	Clinical Details : No complain P/V findings : Cx.- Pinhole os , Mild bleeding. / Vg. - NAD LMP : 23/01/2024		
	TBS Report / Impression : * Satisfactory for evaluation; transformation zone components identified. * Mild inflammatory cellularity (Neutrophils rich). * No epithelial cell abnormality favouring squamous intraepithelial lesion or frank malignancy ( NILM ).		

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. If necessary, re-investigation may be requested.

Note / Method :  
The material received in LBC container, cytosmear was stained by rapid pap method and reported with due consideration to The Papanicolaou system (Modified 2014)

---- End of Report ----

**Dr. Rakesh Valdy**  
MD (Path), DCP.

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DEPARTMENT OF LABORATORY MEDICINE

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Collection Date : 27/01/2024 09:32 AM  
Approval Date : 27/01/2024 02:05 PM

**CBC + ESR**

Test	Result	Units	Biological Ref. Range
<b>Haemoglobin.</b>			
Haemoglobin	<b>10.1</b>	gm/dL	12 - 15
Red Blood Cell Count (T-RBC)	3.86	mill/cmm	3.8 - 4.8
Hematocrit (HCT)	<b>32.4</b>	%	36 - 46
Mean Corpuscular Volume (MCV)	83.9	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	<b>26.2</b>	pg	27 - 32
MCH Concentration (MCHC)	<b>31.2</b>	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	<b>15.8</b>	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	<b>49.3</b>	fl	39 - 46
<b>Total Leucocyte Count (TLC)</b>			
Total Leucocyte Count (TLC)	5.46	thou/cmm	4 - 10
<b>Differential Leucocyte Count</b>			
Polymorphs	52	%	40 - 80
Lymphocytes	40	%	20 - 40
Eosinophils	4	%	1 - 6
Monocytes	4	%	2 - 10
Basophils	0	%	0 - 2
Polymorphs (Abs. Value)	2.84	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	2.20	thou/cmm	1 - 3
Eosinophils (Abs. Value)	<b>0.18</b>	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	<b>0.19</b>	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.05	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.4	%	1 - 3 : Borderline > 3 : Significant
<b>Platelet Count</b>			
Platelet Count	367	thou/cmm	150 - 410
Remarks	This is counter generated CBC Report, smear review is not done		
ESR	<b>43</b>	mm/1 hr	0 - 12

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before. Request/Tests may be rejected if term on

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**CBC + ESR**

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.  
Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter by Fluorescent flow cytometry using a semi-conductor laser and hydrodynamic focusing in dedicated channels. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification.

FSR on ESL-30, comparable to Westergrens method and in accordance to ICSH reference method.

---- End of Report ----

Dr. Rakesh Vaidya  
MD (Path). DCP.

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 Approval Date : 27/01/2024 03:38 PM

**Haematology**

Test	Result	Units	Biological Ref. Range
<b>Blood Group</b>			
ABO system	A		
Rh system.	Positive		

By Gel Technology / Tube Agglutination Method  
 Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontro
- This method check's group both on Red blood cells and in Serum for "ABO" group.

---- End of Report ----

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Approval Date : 27/01/2024 11:44 AM

**Fasting Plasma Glucose**

Test	Result	Units	Biological Ref. Range
<i>Fasting Plasma Glucose</i>			
Fasting Plasma Glucose	99	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	98	mg/dL	70 - 140

By Hexokinase method on EXL Dade Dimension

---- End of Report ----

Dr. Ameer Soni  
MD (Path)

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Approval Date : 27/01/2024 12:15 PM

HbA1c (Glycosylated Hb)

Test	Result	Units	Biological Ref. Range
HbA1c (Glycosylated Hb)	5.6	%	
Glycosylated Hemoglobin (HbA1c)	114.02	mg/dL	
estimated Average Glucose (e AG) *			

(Method: By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.  
\* Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.

Guidelines for Interpretation:

Indicated Glycemic control of previous 2-3 months

HbA1c%	e AG (mg/dl)	Glycemic control
> 8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
7 - 8	154 - 183	Good
< 7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
6 - 7	126 - 154	Near Normal
6	< 126	Nondiabetic level)

---- End of Report ----

Dr. Rakesh Vaidya  
MD (Path). DCP.

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Patient Name : Ms. RENUKA SINGH  
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 Approval Date : 27/01/2024 12:14 PM

**Complete Lipid Profile**

Test	Result	Units	Biological Ref. Range
<b>Complete Lipid Profile</b>			
Appearance	Clear		
Triglycerides	<b>155</b>	mg/dL	1 - 150
<i>(Done by Lipase /Glycerol kinase on Vitros 5600)</i>			
<i>&lt; 150 Normal</i>			
<i>150-199 Borderline High</i>			
<i>200-499 High</i>			
<i>&gt; 499 Very High)</i>			
Total Cholesterol	190	mg/dL	1 - 200
<i>(Done by Colorimetric - Cholesterol Oxidase, esterase, peroxidase on Vitros 5600.)</i>			
<i>&lt;200 mg/dL - Desirable</i>			
<i>200-239 mg/dL - Borderline High</i>			
<i>&gt; 239 mg/dL - High)</i>			
HDL Cholesterol	<b>31</b>	mg/dL	40 - 60
<i>(Done by Colorimetric: non HDL precipitation method PTA/MgCl2 on Vitros 5600)</i>			
<i>&lt; 40 Low</i>			
<i>&gt; 60 High)</i>			
Non HDL Cholesterol (calculated)	159	mg/dL	1 - 130
<i>(Non- HDL Cholesterol</i>			
<i>&lt; 130 Desirable</i>			
<i>139-159 Borderline High</i>			
<i>160-189 High</i>			
<i>&gt; 191 Very High)</i>			
LDL Cholesterol	<b>124</b>	mg/dL	1 - 100
<i>(Done by Enzymatic (Two Step CHE/CHO/POD ) on Vitros 5600)</i>			
<i>&lt; 100 Optimal</i>			
<i>100-129 Near / above optimal</i>			
<i>130-159 Borderline High</i>			
<i>160-189 High</i>			
<i>&gt; 189 Very High)</i>			
VLDL Cholesterol (calculated)	31	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	4		2.1 - 3.5
T. Ch./HDL Ch. Ratio	6.13		3.5 - 5
<i>(Recent NECP / ATP III Guidelines / Classification (mg/dl) :)</i>			

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck/ retest may be requested.

---- End of Report ----

Dr. Rakesh Vaidya  
MD (Path). DCP.



Patient Name : Ms. RENUKA SINGH  
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**Liver Function Test (LFT)**

Test	Result	Units	Biological Ref. Range
<b>Bilirubin</b>			
Bilirubin - Total	0.51	mg/dL	0 - 1
Bilirubin - Direct	0.23	mg/dL	0 - 0.3
Bilirubin - Indirect	0.28	mg/dL	0 - 0.7
<i>(Done by Dual Wavelength - Reflectance Spectrophotometry on Vitros 5600)</i>			
Aspartate Aminotransferase (SGOT/AST)	31	U/L	13 - 35
<i>(Done by Multipoint Rate Colorimetric with P-5-P on Vitros 5600)</i>			
Alanine Aminotransferase (SGPT/ALT)	30	U/L	14 - 59
<i>(Done by Multipoint-Rate/Colorimetric with P-5-P (pyridoxa-5-phosphate) on Vitros 5600)</i>			
Alkaline Phosphatase	57	U/L	42 - 98
<i>(Done by Multipoint-Rate - p-nitrophenyl Phosphate, AMP buffer on Vitros 5600)</i>			
Gamma Glutamyl Transferase (GGT)	24	U/L	5 - 55
<i>(Done by Multipoint Rate - L-γ<sup>3</sup>-glutamyl-p-nitroanilide on Vitros 5600)</i>			
<b>Total Protein</b>			
Total Proteins	<b>8.35</b>	gm/dL	6.4 - 8.2
Albumin	4.40	gm/dL	3.4 - 5
Globulin	3.95	gm/dL	3 - 3.2
A : G Ratio	1.11		1.1 - 1.6
<i>(Done by Biuret endpoint and Bromocresol green method on vitros 5600.)</i>			

---- End of Report ----

Dr. Rakesh Vaidya  
MD (Path). DCP.



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## Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea <i>(Done by Endpoint/Colorimetric - Urease on Vitros 5600)</i>	20	mg/dL	10 - 45
BUN	9.35	mg/dL	5 - 21
Creatinine <i>(By Modified Kinetic Jaffe Technique)</i>	<b>0.53</b>	mg/dL	0.6 - 1.1
Estimate Glomerular Filtration rate <i>(Ref. range : &gt; 60 ml/min for adults between age group of 18 to 70 yrs. EGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)</i>	More than 60		
Uric acid <i>(Done by Colorimetric - Uricase, Peroxidase on Vitros 5600)</i>	5.5	mg/dL	2.2 - 5.8

--- End of Report ---

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MD (Path)



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## DEPARTMENT OF LABORATORY MEDICINE

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## Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
------	--------	-------	-----------------------

Triiodothyronine (T3)	1.22	ng/ml	
-----------------------	------	-------	--

(Done by CLIA based method on automated immunoassay Vitros 5600.)

Reference interval (ng/ml)

1 - 3 days : 0.1 - 7.4  
 1-11 months : 0.1 - 2.45  
 1-5 years : 0.1 - 2.7  
 6-10 years : 0.9 - 2.4  
 11-15 years : 0.8 - 2.1  
 16-20 years : 0.8 - 2.1  
 Adults (20 - 50 years) : 0.7 - 2.0  
 Adults (> 50 years) : 0.4 - 1.8  
 Pregnancy (in last 5 months) : 1.2 - 2.5

(Reference : Tietz - Clinical guide to laboratory test, 4th edition ))

Thyroxine (T4)	11.5	mcg/dL	
----------------	------	--------	--

(Done by CLIA based method on automated immunoassay Vitros 5600.)

Reference interval (mcg/dL)

1 - 3 days : 11.8 - 22.6  
 1- 2 weeks : 9.8 - 16.6  
 1 - 4 months : 7.2 - 14.4  
 4 - 12 months : 7.8 - 16.5  
 1-5 years : 7.3 - 15.0  
 5 - 10 years : 6.4 - 13.3  
 10 - 20 years : 5.6 - 11.7  
 Adults / male : 4.6 - 10.5  
 Adults / female : 5.5 - 11.0  
 Adults (> 60 years) : 5.0 - 10.7

(Reference : Tietz - Clinical guide to laboratory test, 4th edition ))

Thyroid Stimulating Hormone (US-TSH)	3.39	microIU/ml	
--------------------------------------	------	------------	--

(Done by CLIA based method on automated immunoassay Vitros 5600.)

Reference interval (microIU/ml)

Infants (1-4 days) : 1.0 - 39  
 2-20 weeks : 1.7 - 9.1  
 5 months - 20 years : 0.7 - 6.4  
 Adults (21 - 54 years) : 0.4 - 4.2  
 Adults (> 55 years) : 0.5 - 8.9

Pregnancy :

1st trimester : 0.3 - 4.5

2nd trimester : 0.5 - 4.6

3rd trimester : 0.8 - 5.2

(Reference : Tietz - Clinical guide to laboratory test, 4th edition ))

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 Approval Date : 27/01/2024 01:11 PM

**Urine routine analysis (Auto)**

Test	Result	Units	Biological Ref. Range
<b>Physical Examination</b>			
Quantity	30	mL	
Colour	Pale Yellow		
Appearance	Clear		
<b>Chemical Examination (By Reagent strip method)</b>			
pH	6.5		
Specific Gravity	1.015		
Protein	Negative	gm/dL	0 - 5
Glucose	Negative	mg/dL	0 - 5
Ketones	Negative		0 - 5
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	3+		Negative
Leucocytes	Negative		Negative
Nitrite	Negative		Negative
<b>Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex urine sedimentation analyzer UF4000)</b>			
Red Blood Cells	0 - 1	/hpf	0 - 2
Leucocytes	1 - 5	/hpf	0 - 5
Epithelial Cells	1 - 5	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	Absent	/hpf	Absent
Organism	Absent		

--- End of Report ---

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MD (Path). DCP.



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Digital Subtraction Angiography (DSA)

Foetal Echocardiography

Echocardiography

4D USG & Doppler

**DEPARTMENT OF DIAGNOSTIC RADIOLOGY**

Patient No. : 21961469 Report Date : 27/01/2024

Request No. : 190099521 27/01/2024 9.24 AM

Patient Name : **Ms. RENUKA SINGH**

Gender / Age : Female / 36 Years 5 Months

**X-Ray Chest AP**

Both lung fields are clear.

Both costophrenic sinuses appear clear.

Heart size is normal.

Hilar shadows show no obvious abnormality.

Aorta is normal.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES  
• NOT VALID FOR MEDICO-LEGAL PURPOSES  
• CLINICAL CORRELATION RECOMMENDED

**Dr. Priyanka Patel, MD.**

Consultant Radiologist



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Multi-Detector CT Scan

Magnetic Resonance Imaging (MRI)

Mammography

Interventional Radiology

Digital Subtraction Angiography (DSA)

Foetal Echocardiography

Echocardiography

4D USG & Doppler

**DEPARTMENT OF DIAGNOSTIC RADIOLOGY**

Patient No. : 21961469 Report Date : 27/01/2024

Request No. : 190099570 27/01/2024 9.24 AM

Patient Name : **Ms. RENUKA SINGH**

Gender / Age : Female / 36 Years 5 Months

**USG : Abdomen (Excluding Pelvis) Or Upper Abdomen**

**Liver is normal in size and increased in echopattern.** No mass lesion identified. The hepatic veins are clear and patent. PV patent. No dilated IHBR.

Gall bladder is not seen h/o cholecystectomy. Common bile duct is not dilated.

Pancreas shows no obvious abnormality. Tail obscured.  
Spleen is normal size and echopattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

No ascites.

**COMMENT:**

- **Fatty liver.**

*Kindly correlate clinically*

ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES  
NOT VALID FOR MEDICO-LEGAL PURPOSES  
CLINICAL CORRELATION RECOMMENDED

**Dr. Priyanka Patel, MD.**

Consultant Radiologist





# BHAILAL AMIN GENERAL HOSPITAL



Patient No. : 21961469  
 Request No. : 190099546  
 Patient Name : Ms. RENUKA SINGH  
 Gender / Age : Female / 36 Years 5 Months

Report Date : 27/01/2024  
 27/01/2024 9.24 AM

### Echo Doppler Screening

- MITRAL VALVE : NORMAL, MILD MR, NO MS
- AORTIC VALVE : NORMAL, NO AR, NO AS
- TRICUSPID VALVE : NORMAL, NO TR, NO PAH
- PULMONARY VALVE : NORMAL
- LEFT ATRIUM : NORMAL
- AORTA : NORMAL LV SIZE AND SYSTOLIC FUNCTION LVEF -- 60%, NO RESTING REGIONAL WALL MOTION ABNORMALITY
- LEFT VENTRICLE : NORMAL
- RIGHT ATRIUM : NORMAL
- RIGHT VENTRICLE : INTACT
- I.V.S. : INTACT
- I.A.S. : NORMAL
- PULMONARY ARTERY : NORMAL
- PERICARDIUM : MILD MR, NO AR // TR, NO PAH
- COLOUR/DOPPLER FLOW MAPPING

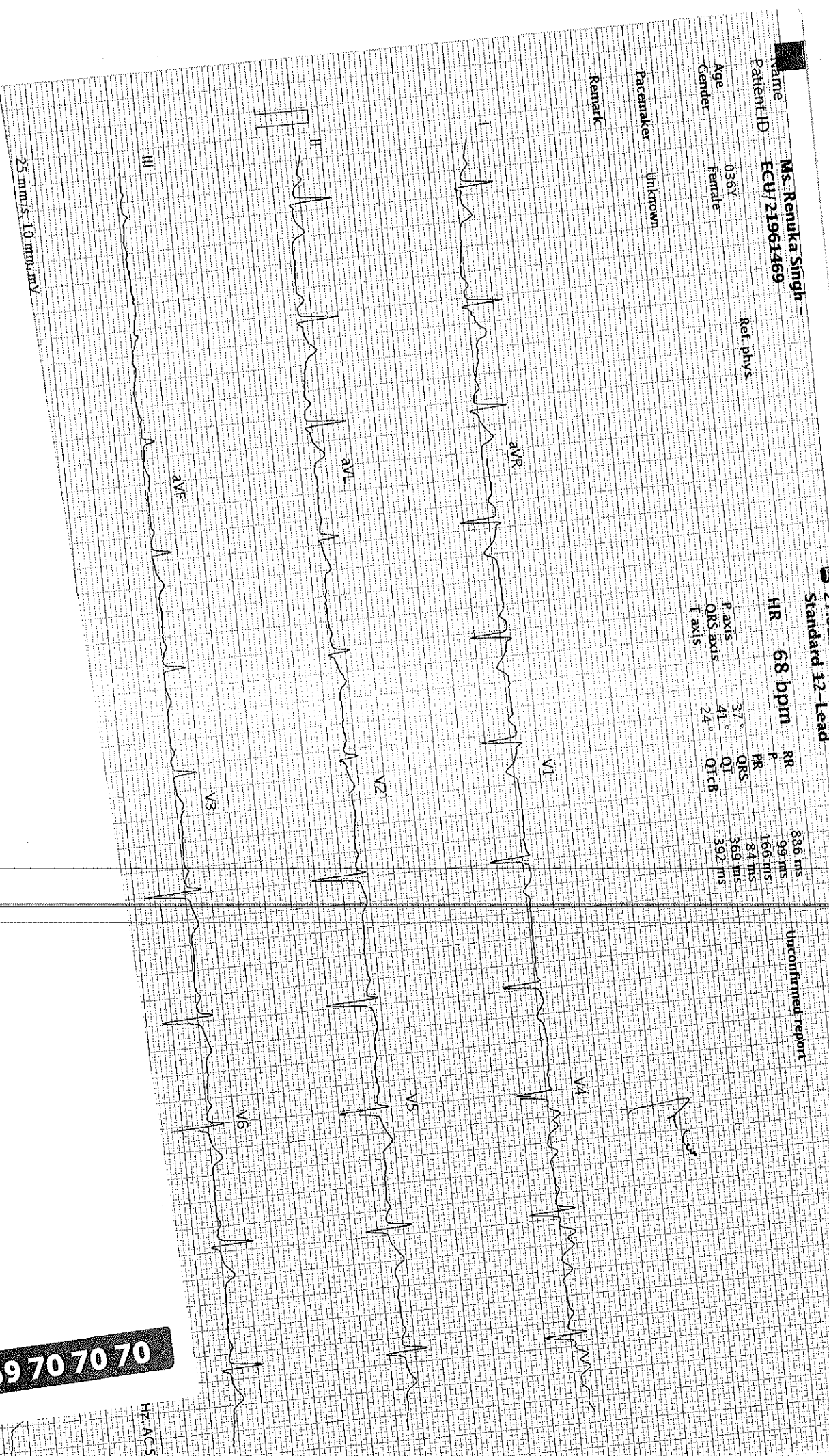
### FINAL CONCLUSION:

1. NORMAL SIZED ALL CARDIAC CHAMBERS, NO LVH
2. NORMAL LV SYSTOLIC FUNCTION, LVEF -- 60%
3. NO RESTING REGIONAL WALL MOTION ABNORMALITY
4. NORMAL DIASTOLIC FUNCTION
5. NORMAL RIGHT HEART SIZE AND RV PRESSURES
6. NORMAL CARDIAC VALVES, NO MITRAL // AORTIC STENOSIS
7. NO PERICARDIAL EFFUSION, CLOT OR VEGETATION SEEN, SR+.

*Dr. Killok Kaneria*  
 Dr. KILLOL KANERIA, D.M., CARD.

Marg, Gorwa, Vadodara, Gujarat - 390 003

FOR ALL YOUR HEALTHCARE NEEDS **080 69 70 70 70**



27.01.2024 11:55:49  
 Standard 12-Lead  
 HR 68 bpm  
 P axis 37°  
 QRS axis 41°  
 T axis 24°  
 PR 99 ms  
 QRS 84 ms  
 QTc 392 ms

Uncertified report