

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee : Mr./Mrs./Ms. **ELIZABETH PONNI JASE**  
 2. Mark of Identification : (Mole/Scar/any other (specify location));  
 3. Age/Date of Birth : **31, 29-10-1992** Gender: F  F/M  
 4. Photo ID Checked : (Passport/Election Card/PAN Card/Driving Licence/Company ID)

### PHYSICAL DETAILS:

a. Height **159** (cms)      b. Weight **65** (Kgs)      c. Girth of Abdomen **69** (cms)  
 d. Pulse Rate **79** (/Min)      e. Blood Pressure: **110/80**      Systolic **110**      Diastolic **80**

1 <sup>st</sup> Reading	<b>110</b>	<b>80</b>
2 <sup>nd</sup> Reading	<b>110</b>	<b>80</b>

### FAMILY HISTORY:

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father	<b>62</b>	<b>Good</b>	<b>- NA</b>
Mother	<b>58</b>	<b>Good</b>	<b>- NA -</b>
Brother(s)	<b>27</b>	<b>Good</b>	<b>- NA -</b>
Sister(s)			

### HABITS & ADDICTIONS: Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol
<b>No</b>	<b>No</b>	<b>No</b>

### PERSONAL HISTORY

- a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. **Y/N**
- b. Have you undergone/been advised any surgical procedure? **Y/N**
- c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? **Y/N**
- d. Have you lost or gained weight in past 12 months? **Y/N**

### Have you ever suffered from any of the following?

- Psychological Disorders or any kind of disorders of the Nervous System? **Y/N**
- Any disorders of Respiratory system? **Y/N**
- Any Cardiac or Circulatory Disorders? **Y/N**
- Enlarged glands or any form of Cancer/Tumour? **Y/N**
- Any Musculoskeletal disorder? **Y/N**
- Any disorder of Gastrointestinal System? **Y/N**
- Unexplained recurrent or persistent fever, and/or weight loss? **Y/N**
- Have you been tested for HIV/HBsAg / HCV before? If yes attach reports **Y/N**
- Are you presently taking medication of any kind? **Y/N**

• Any disorders of Urinary System?

Y/N ✓

• Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin

Y/N ✓

**FOR FEMALE CANDIDATES ONLY**

a. Is there any history of diseases of breast/genital organs?

Y/N ✓

d. Do you have any history of miscarriage/abortion or MTP

Y/N ✓

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)

Y/N ✓

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

Y/N ✓

c. Do you suspect any disease of Uterus, Cervix or Ovaries?

Y/N ✓

f. Are you now pregnant? If yes, how many months?

Y/N ✓

**CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER**

➤ Was the examinee co-operative?

Y/N

➤ Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job?

Y/N

➤ Are there any points on which you suggest further information be obtained?

Y/N

➤ Based on your clinical impression, please provide your suggestions and recommendations below;

*Hepatomegaly for Fatty liver - lifestyle & diet modification advised*

➤ Do you think he/she is MEDICALLY FIT or UNFIT for employment.

*FIT*

**MEDICAL EXAMINER'S DECLARATION**

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner : *Dr. Austin Varghees*

Seal of Medical Examiner : *Dr. Austin Varghees*  
MBBS  
TCMC Reg. No: 77017



Name & Seal of DDRC SRL Branch :

Date & Time :

**DDRC agilus Pathlabs Limited.**

Corp. Office : Express House, Second Floor, Opp. Pothys Silks, Banerjee Road, Kaloor -682017

Contact :- 93334 93334, Web :- www.ddrcagilus.com Email :- info.ddrc@agilus.in

Name: ELIZEBETH PONNI JOSE  
Age/Sex: 31 yrs/ F  
Accession No: 4036XC001541

Report Date: 09.03.2024  
Ref.by: Mediwheel

### USG ABDOMEN & PELVIS

#### OBSERVATIONS:

- Liver:** Enlarged in size (16.2 cm). Shows increased parenchymal echotexture. No focal parenchymal lesion noted. The biliary radicals appear normal. Portal vein is normal.
- Gall bladder:** Distended. No calculus seen. No e/o of any wall thickening / edema. No e/o any pericholecystic collection.
- CBD:** Not dilated.
- Spleen:** Normal in size (10.6 cm) and echotexture. No focal lesion.
- Pancreas:** Obscured by bowel gas.
- Kidneys:** Right kidney 10.9 x 3.8 cm.  
Normal in position & size. Cortical echogenicity is normal. There is good cortico-medullary differentiation. No calculus or mass lesion seen. No hydronephrosis.  
Left kidney measures 9.6 x 4.4 cm.  
Normal in position & size. Cortical echogenicity is normal. There is good cortico-medullary differentiation. No calculus or mass lesion seen. No hydronephrosis.
- Ureters:** Not dilated.
- Urinary Bladder:** Minimally distended.
- Uterus:** Is anteverted and normal in size. Myometrial echo is uniform. Endometrial echo is normal. ET- 12 mm. Cavity is empty.
- Ovaries:** Right ovary: 2.8 x 2.3 cm, Normal in size and morphology.  
Left ovary: Not visualized.
- Adnexa:** No adnexal lesions.
- Others:** No free fluid in the peritoneal cavity.

#### IMPRESSION:

- Hepatomegaly with grade I fatty infiltration.



Dr. JACOB PAUL, MBBS, DMRD (DNB)  
Radiologist

Note: This is radiological opinion and not the final diagnosis. Ultrasound is limited by patient adiposity, bowel gas and correlate clinically and investigate further as needed.

Exam

ID	55	Accession #	
Name	ELIZABETH	Exam Date	09032
Birth Date		Description	
Gender	Other	Sonographer	

(0) 043100BFA03P90F01



(0) 043100BFA03P90F01



(0) 041100BFA03P90F01



(0) 041100BFA03P90F01



R



ELIZABETH PONNI LOSE 31Y 8785 F CHEST P A 09-03-2024  
DPRC AGILUS DIAGNOSTICS GANDHI NAGAR KOTTAYAM



09/03/2024 13:34

ID : 4846

Name: ELZABETH

PUNNY

Sex : Female

Age : 31

HR : 79 bpm  
 R-R : 752 ms  
 P-R : 153 ms  
 QRS : 81 ms  
 QT/QTc : 365/420 ms  
 P/QRS/T : 45/88/63  
 RS/SV1 : 0.760/0.260 mV  
 RS/SV1 : 1.020 mV

72-0021808-72-004/ANP-41-0000

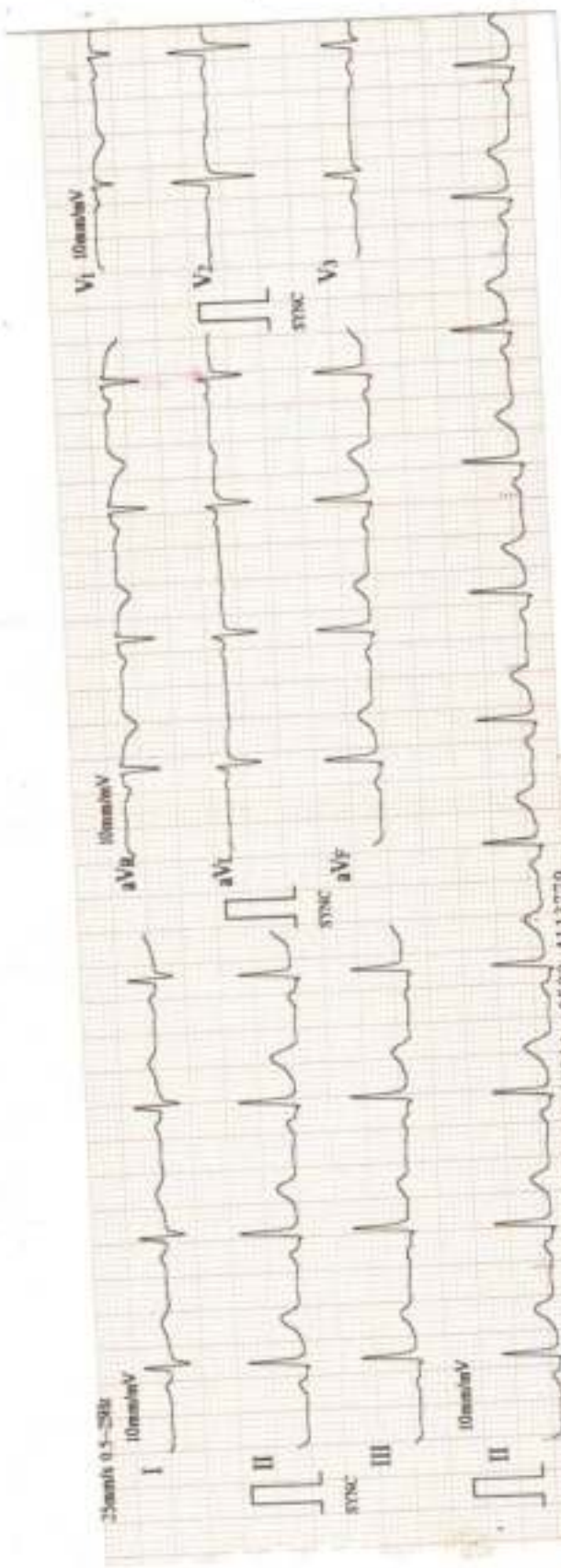


\*Machine Interpretation Only\*

Correlate with Physician

Physician

HEIDELCO INDIA | Helpline No +91-522-4113779 | info@heidelco.com



25mm/s 0.5mV  
10mm/mV  
I  
II  
III  
aVR  
aVL  
aVF  
V1  
V2  
V3  
V4  
EIDPCO INDIA Pimpri, Maharashtra  
DORC NEH KUTTAYAN HEIDELCP INDIA, 9522-4113779  
EIDPCO INDIA Pimpri, Maharashtra

**ECG REPORT**

ACCESSION NO : 4036XC001541  
NAME : ELIZEBETH PONNI JOSE  
AGE : 31  
SEX : FEMALE  
DATE : 09/03/2024  
COMPANY : MEDIWHEEL

RATE : 79 BPM  
RHYTHM : NORMAL SINUS RHYTHM  
P. WAVE : NORMAL  
P-R INTERVAL : 153MS  
Q,R,S,T. WAVES : NORMAL  
AXIS : NORMAL  
ARRHYTHMIAS : NIL  
QT INTERVAL : 365 MS  
OTHERS : NIL  
OPINION : NORMAL ECG



*Dr. Austin Varghees*  
MBBS  
TCMC Reg. No: 77017



**X - RAY CHEST - PA**

ACCESSION NO : 4036XC001541  
NAME : ELIZEBETH PONNI JOSE  
AGE : 31  
SEX : FEMALE  
DATE : 9/03/2024  
COMPANY : MEDIWHEEL

EXPOSURE : GOOD  
POSITIONING : CENTRAL  
SOFT TISSUES : NORMAL  
LUNG FIELDS : NORMAL  
HEART SHADOW : NORMAL  
CARDIOPHRENIC ANGLE : NO OBLITERATION  
COSTOPHRENIC ANGLE : NO OBLITERATION  
HILUM : NORMAL  
OTHERS : NIL  
OPINION : NORMAL CHEST X- RAY



Dr. Austin Varghees  
MBBS  
TCMC Reg. No: 77017

**OPHTHALMOLOGY REPORT**

ACCESSION NO: 4036XC001541

This is to certify that I have examined

MR/MS ELIZABETH PONNI JOSE Aged 31 F and

His / her visual standard is as follows.

Acuity of Vision

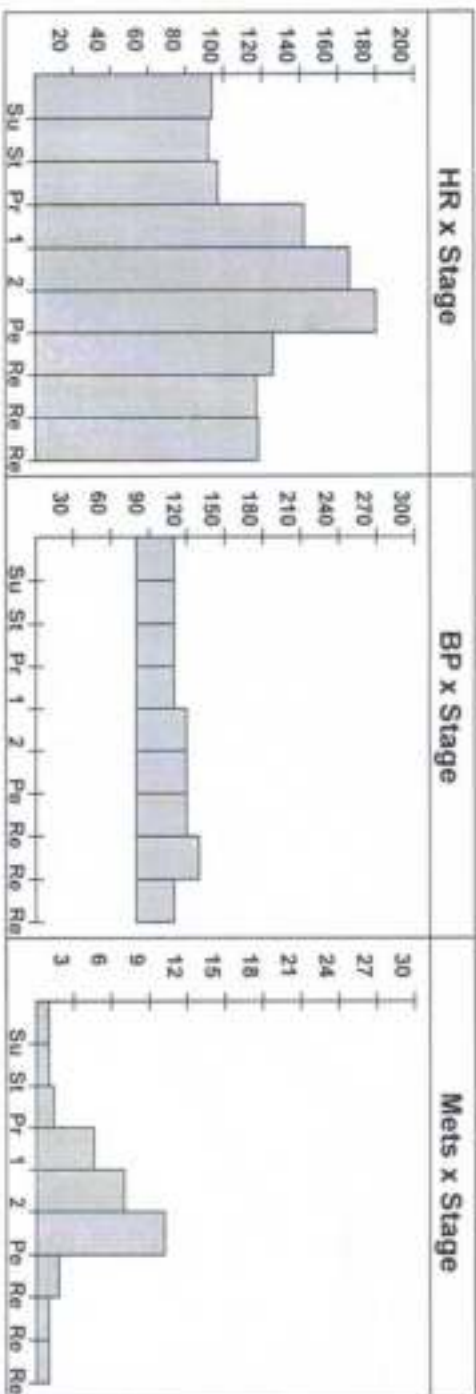
For Far R 6/6L 6/6For Near R N6L N6Colour Vision NORMALDATE 9/03/2024Wadhwa  
OPTOMETRIST

# DDRC AGILUS DIAGNOSTICS PVT.LTD. KOTTAYAM

**Patient Details**  
 Name: ELIZBETH PONNI JOSE ID: 477  
 Age: 31 y

Date: 09-Mar-24  
 Time: 14:05:53  
 Sex: F  
 Height: 159 cms

Weight: 6 Kgs



**Interpretation**

No significant ST/T changes noted during exercise & recovery.  
 No Angina/Arrhythmia.  
 Good effort tolerance  
 Attained THR.  
 Test is **NEGATIVE** for inducible ischemia at a workload of 10.20 METS.



*[Signature]*

**Dr. Austin Varghese**  
 MBBS  
 TCMC Reg. No: 110111

*[Signature]*

Ref. Doctor: MAXLIFE MD INDIA

Doctor: DDRC

## DDRC AGILUS DIAGNOSTICS PVT.LTD. KOTTAYAM

**Patient Details**

Date: 09-Mar-24

Time: 14:05:53

Name: ELIZBETH PONNI JOSE ID: 477

Age: 31 y

Sex: F

Height: 159 cms

Weight: 6 Kgs

Clinical History: NIL

Medications: NIL

**Test Details**

Protocol: Bruce

P-MHR: 189 bpm

THR: 170 (90 % of P-MHR) bpm

Total Exec. Time: 7 m 1 s

Max. HR: 180 (95% of P-MHR) bpm

Max. Mets: 10.20

Max. BP: 130 / 80 mmHg

Max. BP x HR: 23400 mmHg/min

Min. BP x HR: 7360 mmHg/min

Test Termination Criteria: Attained THR.

**Protocol Details**

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	1 : 30	1.0	0	0	94	110 / 80	-0.64 aVR	1.06 II
Standing	0 : 25	1.0	0	0	92	110 / 80	-0.42 aVR	1.06 II
1	3 : 0	4.6	1.7	10	142	110 / 80	-0.64 aVR	1.09 II
2	3 : 0	7.0	2.5	12	166	120 / 80	-1.27 III	1.77 II
Peak Ex	1 : 1	10.2	3.4	14	180	120 / 80	-1.49 III	2.48 II
Recovery(1)	2 : 0	1.8	1	0	126	120 / 80	-1.27 III	3.54 II
Recovery(2)	2 : 0	1.0	0	0	117	130 / 80	-0.85 aVR	2.48 II
Recovery(3)	0 : 44	1.0	0	0	118	110 / 80	-0.42 aVR	1.06 II

# DDRC AGILUS DIAGNOSTICS PVT.LTD, KOTTAYAM

ELIZBETH PONNI JOSE (31 F)

ID: 477

Date: 09-Mar-24

Exec Time : 0 m 0 s

Stage Time : 1 m 30 s

HR: 94 bpm

Protocol: Bruce

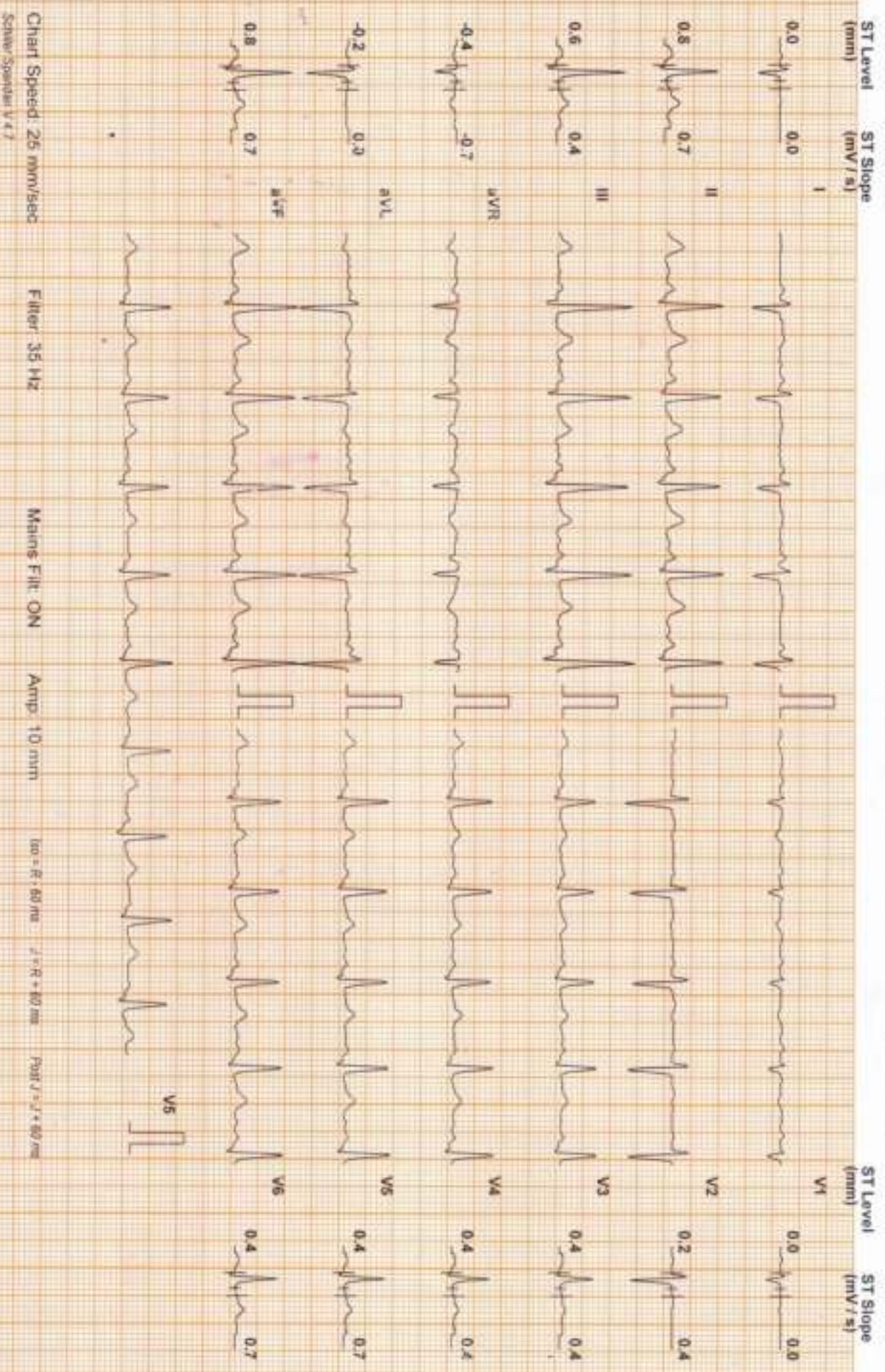
Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 170 bpm)

B.P: 110 / 80



**DDRC AGILUS DIAGNOSTICS PVT.LTD, KOTTAYAM**

**ELIZBETH PONNI JOSE (31 F)**

ID: 477

Date: 09-Mar-24

Exec Time : 0 m 0 s

Stage Time : 0 m 25 s **HR: 92 bpm**

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 170 bpm)

B.P: 110 / 80

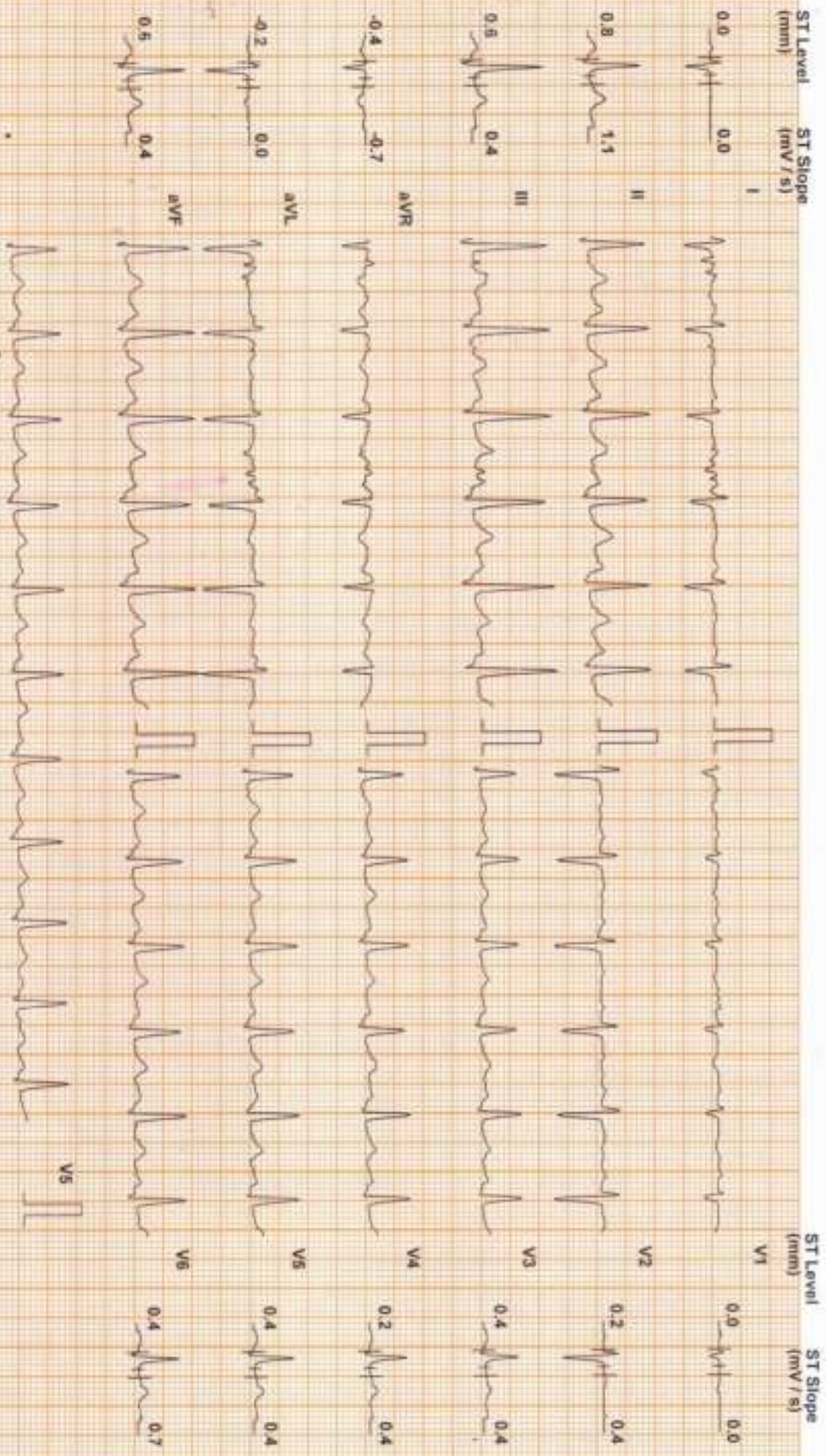


Chart Speed: 25 mm/sec

Filter: 35 Hz

Main: Filtr: ON

Amp: 10 mm

100 = R: 60 mm

J = R: 60 mm

Pair J = J: 60 mm

Sticker Space: V & 7

DDRC AGILUS DIAGNOSTICS PVT.LTD. KOTTAYAM

ELIZABETH PONNI JOSE (31 F)

ID: 477

Date: 09-Mar-24

Exec Time : 3 m 0 s

Stage Time : 3 m 0 s

HR: 142 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

Grade: 10 %

(THR: 170 bpm)

B.P: 110 / 80

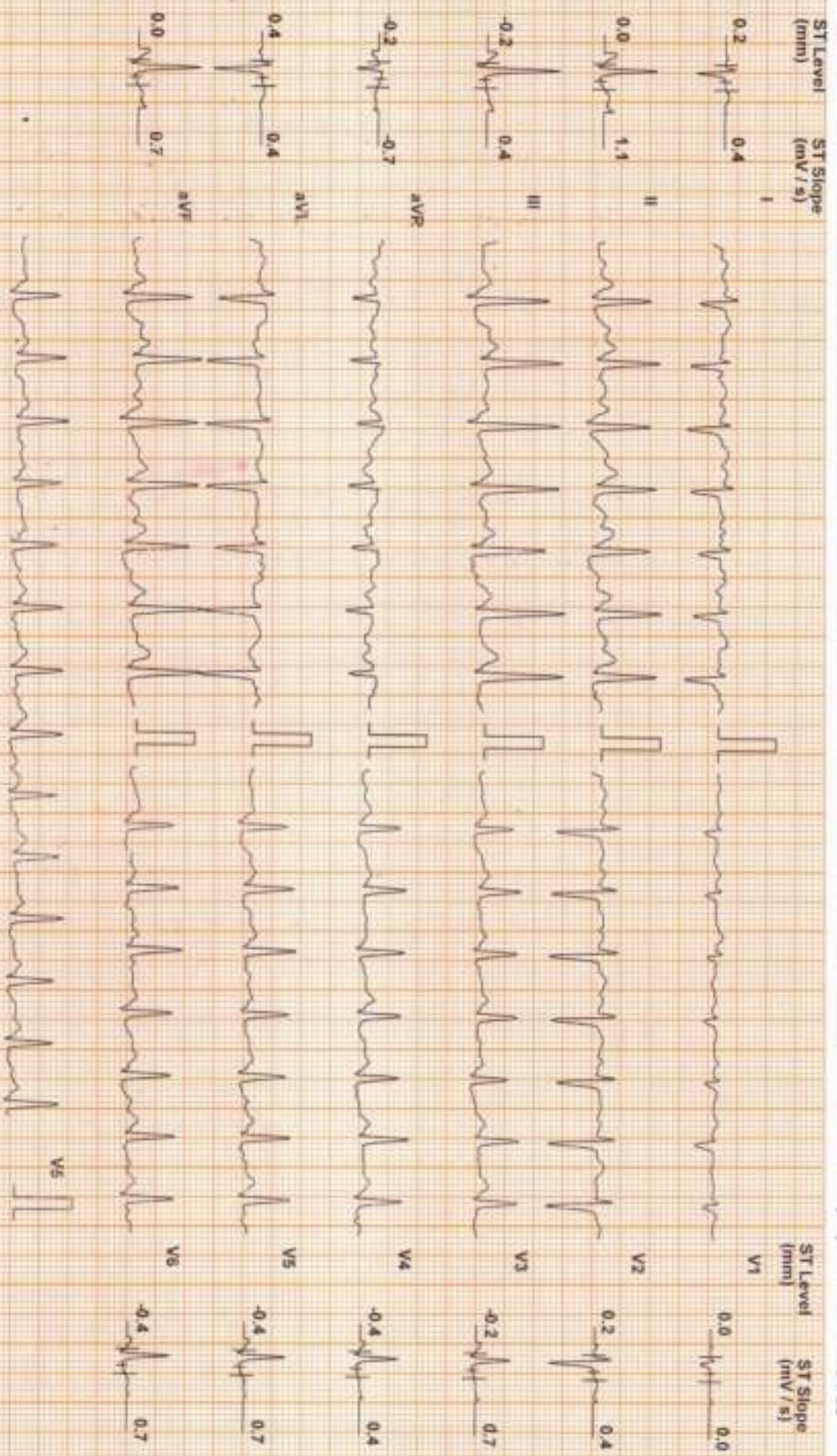


Chart Speed: 25 mm/sec  
Scale: Standard V4 F

Filter: 35 Hz

Main: Fil: ON

Amp: 10 mm

200 = R - 80 ms

J - R = 60 ms

Pool J x J = 40 ms



Chart Speed: 25 mm/sec  
Sens: Standard V47

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

100 = R + 50 ms

J = R + 50 ms

Post J = J + 60 ms



ELIZABETH PONNI JOSE (31 F)

ID: 477

Date: 09-Mar-24

Exec Time : 7 m 1 s

Stage Time : 1 m 1 s

HR: 180 bpm

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph

Grade: 14 %

(THR: 170 bpm)

B.P: 120 / 80

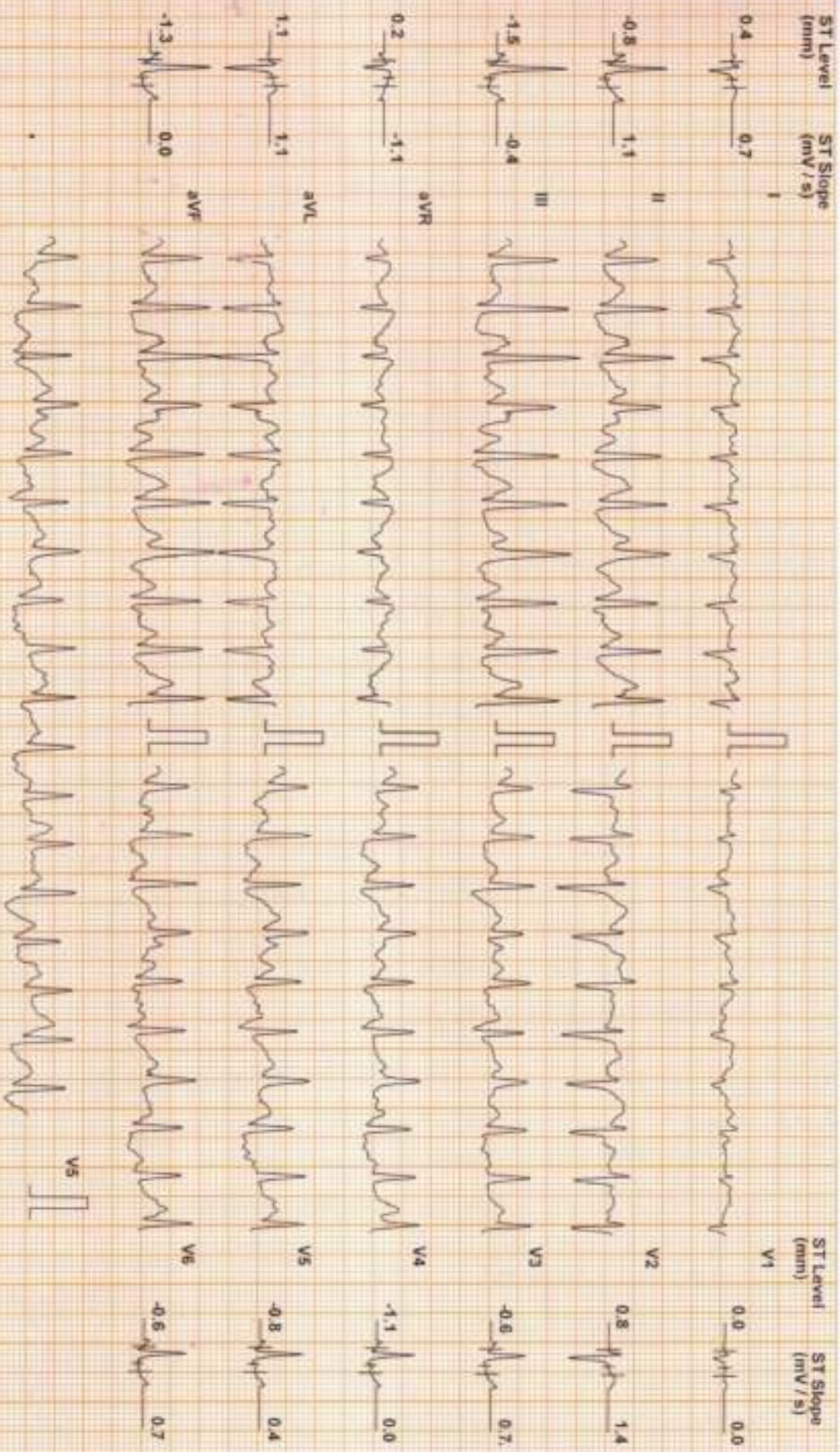


Chart Speed: 25 mm/sec  
 Filter: 35 Hz  
 Main Filter: ON  
 Amp: 10 mm  
 Paper: 50 mm  
 Lead: I - II - III - aVR - aVL - aVF - V1 - V2 - V3 - V4 - V5 - V6

**DDRC AGILUS DIAGNOSTICS PVT.LTD. KOTTAYAM****ELIZBETH PONNI JOSE (31 F)**

ID: 477

Date: 08-Mar-24

Exec Time : 7 m 1 s

Stage Time : 2 m 0 s

**HR: 126 bpm**

Protocol: Bruce

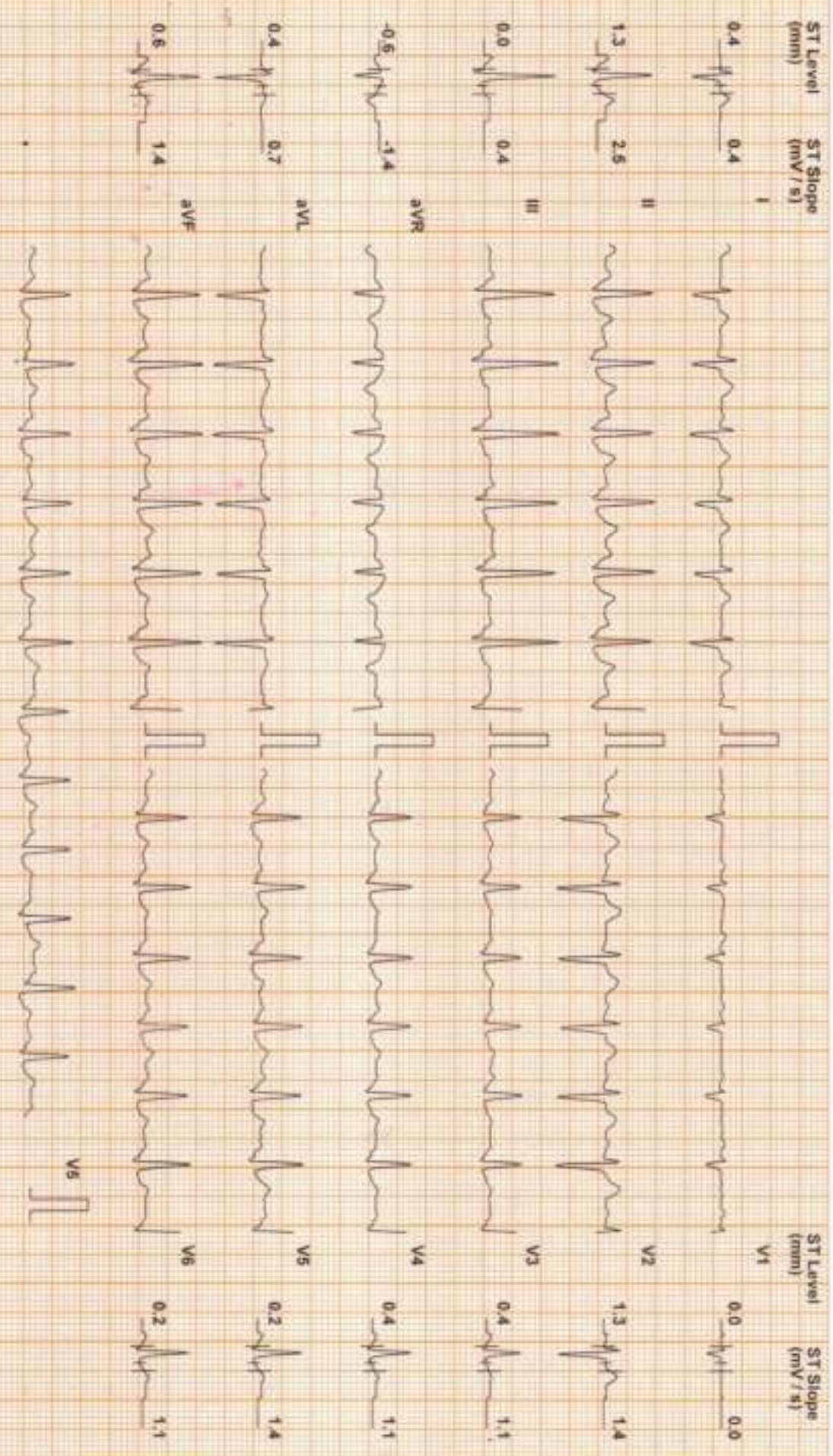
Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 170 bpm)

B.P: 120 / 80



**DDRC AGILUS DIAGNOSTICS PVT.LTD, KOTTAYAM**

**ELIZBETH PONNI JOSE (31 F)**

ID: 477

Date: 08-Mar-24

Exec Time : 7 m 1 s

Stage Time : 2 m 0 s

HR: 117 bpm

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 170 bpm)

B.P: 130 / 80

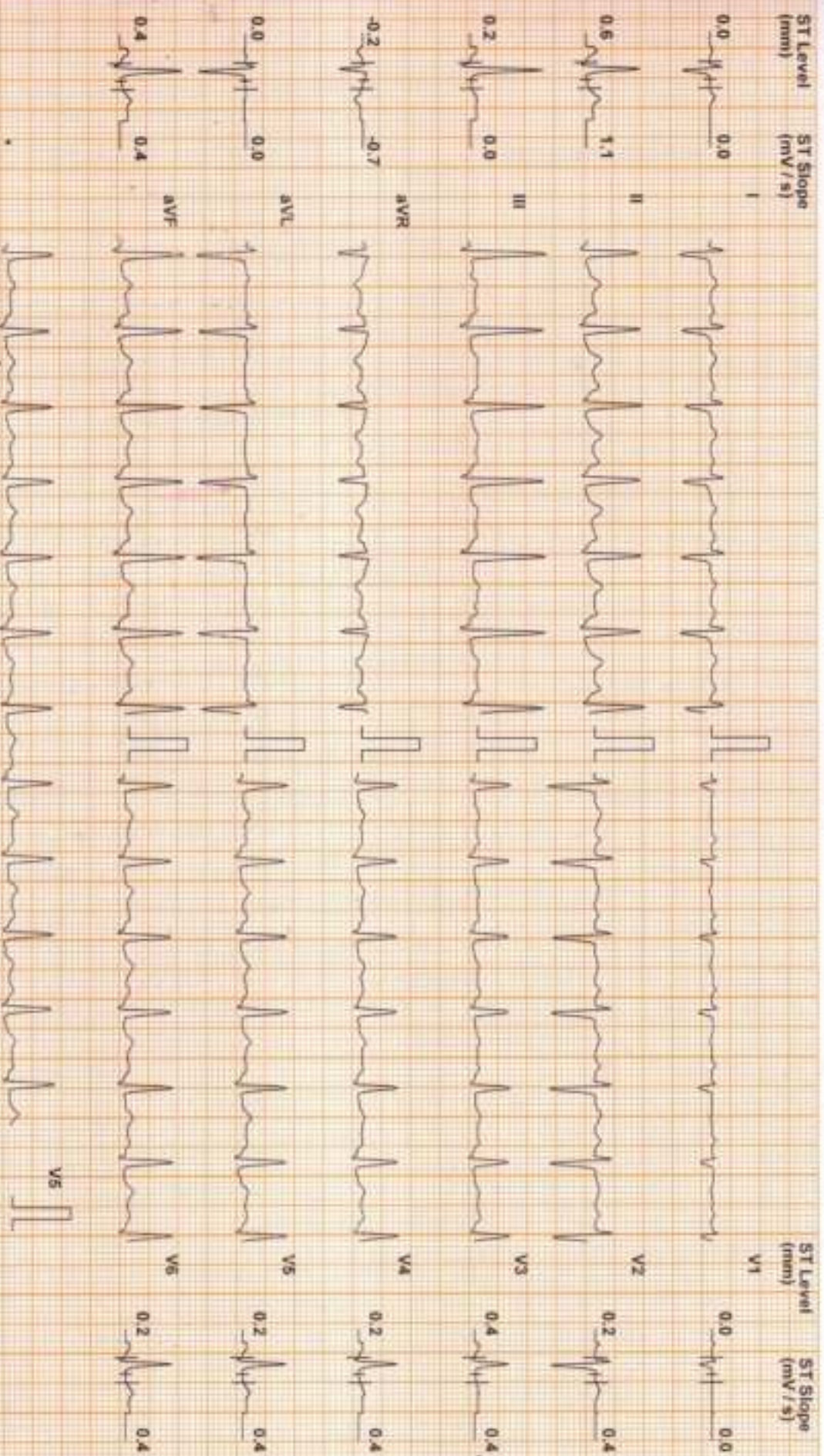


Chart Speed: 25 mm/sec  
Scale: Standard V x 1

Filter: 35 Hz

Main: Fil. ON

Amp: 10 mm

W: R = 60 mm

J = R x 80 mm

Pos J = J x 60 mm

DDRC AGILUS DIAGNOSTICS PVT.LTD. KOTTAYAM

ELIZABETH PONNI JOSE (31 F)

ID: 477

Date: 09-Mar-24

Exec Time : 7 m 1 s

Stage Time : 0 m 28 s

HR: 118 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 170 bpm)

B.P: 110 / 80

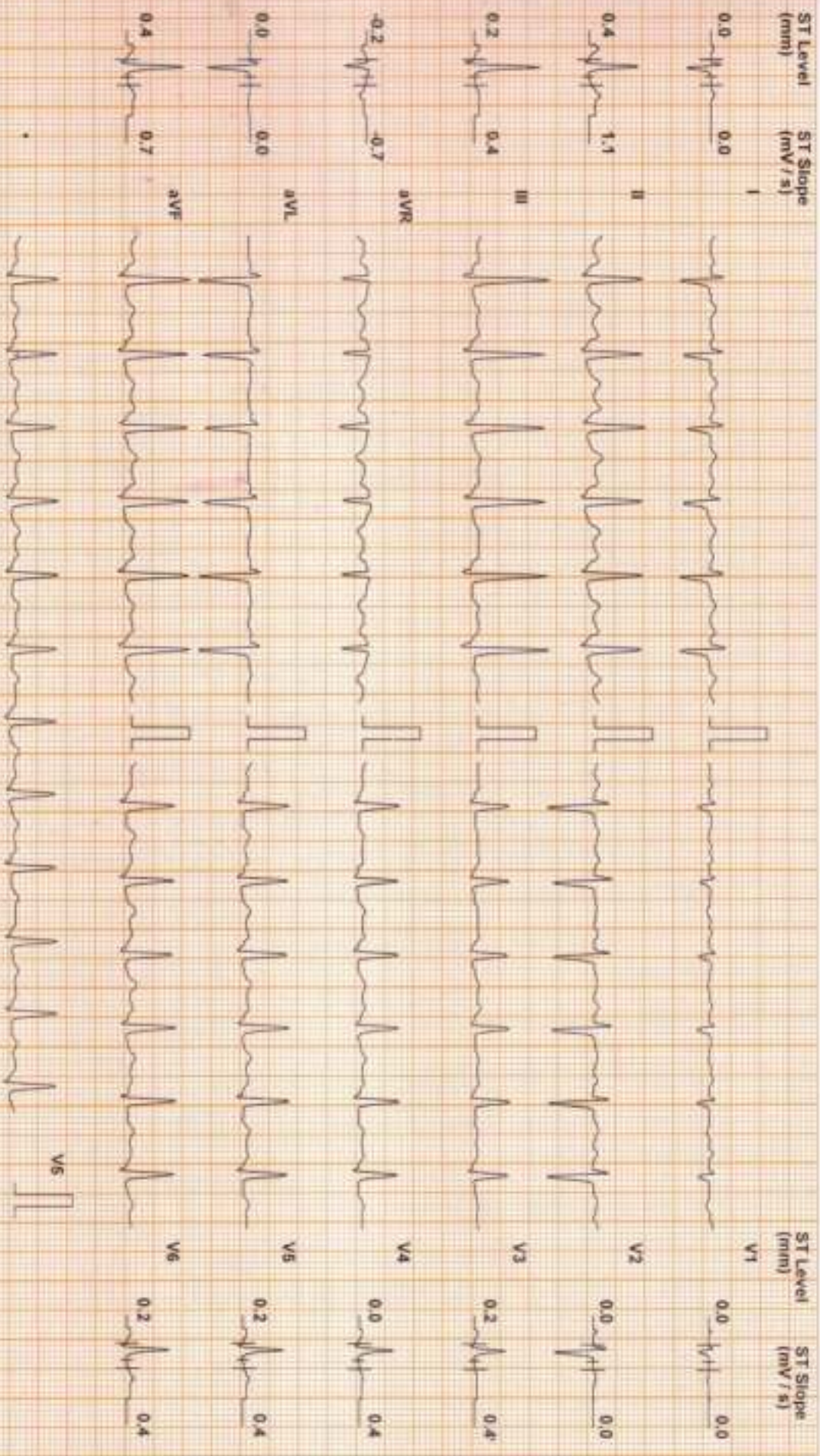


Chart Speed: 25 mm/sec  
Scriber/Scanner V 4.1

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

60 = R: 60 ms

J = R: 40 ms

Pos: J = J: 60 ms