

**OP Slip**

**UHID No** :- UD-232418358      **OP No** :- OP-232445304      **OP Date** :- 13 Mar 2024  
12:55PM  
**Pt. Name** :- Mrs GAYATRI      **Age/Sex** :- 33 Y/Female      **Mob. No** :- 8607482390  
**Pay Type** :- Emp. Credit      **Token No** :- NOR. - 44      **Paid** :- 0.00 ✓  
**Deptt.** :- GENERAL MEDICINE      **Consultant** :- Dr ANURAG KAUSHAL (MD)  
**Address** :- 488/13 NEAR MALHOTRA ICE FACTORY, AMAR GARH  
GAMRI, Kaithal      **Empanelment** :- Mediwheel

**Present Complaints:**

**Diagnosis:**

**Past/Family History:**

**Treatment/Preventive Care/Nutrition Advised:**

**Drug Allergy (If any):**

*Adv*  
*• Diet adv -*  
*• Take THYRONORM 37.5mg orally*  
*(CB BF)*  
*dring*

**Examination (Vitals):**

BP: 112/72 PR: 87 RR: \_\_\_\_\_  
Temp: \_\_\_\_\_ SPO2: 100  
Weight: 73kg Height: \_\_\_\_\_

**Investigations:**

*BSCHO → 6 mths FLU*

Dr. Anurag Kaushal  
MD(Medicine)INTENSIVIST  
1504-HCMS

Out Time:

Doctor Signatures:

**Next Follow-up:**

Nutritional Screening:  Wt. Loss  Loss of Appetite  Muscle Wasting  Delay Wound Healing  Lethargy  Decrease Mobility

**Pain Scale**



**OPD Timing : 10:00 AM - 6:00 PM (Sunday Closed)**

**OP Slip**

**UHID No** :- UD-232418358      **OP No** :- OP-232445303      **OP Date** :- 13 Mar 2024  
12:52PM  
**Pt. Name** :- Mrs GAYATRI      **Age/Sex** :- 33 Y/Female      **Mob. No** :- 8607482390  
**Pay Type** :- Emp. Credit      **Token No** :- NOR. - 39      **Paid** :- 0.00  
**Deptt.** :- GYNAECOLOGY      **Consultant** :- Dr NEHA KHANEJA (MS)  
**Address** :- 488/13 NEAR MALHOTRA ICE      **Empanelment** :- Mediwheel  
FACTORY, AMAR GARH  
GAMRI, Kaithal

**Present Complaints:**

**Past/Family History:**

**Drug Allergy (If any):**

**Examination (Vitals):**

BP: 112/72    PR: 87    RR: \_\_\_\_\_  
Temp: \_\_\_\_\_    SPO2: 92%  
Weight: 73kg    Height: \_\_\_\_\_

**Investigations:**

**Diagnosis:**

Treatment/Preventive Care/Nutrition Advised:

MH-@  
Lactating mother

Ad  
Tab Thyrox 37.5mcg CF?  
TAB Osteocin Plus KOD  
Cap vit -D 60 Kersibly } X/line

Dr. Neha Khaneja  
M.S.(Obstt. & Gynae)  
HMC-5795

Out Time:

Doctor Signatures:

**Next Follow-up:**

Nutritional Screening:  Wt. Loss     Loss of Appetite     Muscle Wasting     Delay Wound Healing     Lethargy     Decrease Mobility

**Pain Scale**



**OPD Timing : 10:00 AM - 6:00 PM (Sunday Closed)**



# SHRI BALAJI AROGYAM HOSPITAL

KURUKSHETRA

## Patient Demographics

GYATRI

Patient ID: 232418358

Gender: F

Performed By: DR RISHABH

## Comments

NORMAL CHAMBER DIMENSIONS  
 IAS/IVS INTACT  
 AORTIC ROOT/MPA NORMAL  
 NORMAL VALVE MORPHOLOGY  
 MILD AR  
 NO RWMA  
 NORMAL SYSTOLIC FUNCTION  
 NORMAL DIASTOLIC FUNCTION  
 NO CLOT/VEG/PE  
 IVC- NORMAL

## Adult Echo: Measurements and Calculations

### 2D

LV Mass (Cubed)	141 g	LA/Ao (2D)	1.04
LA Dimen (2D)	2.9 cm	AoR Diam (2D)	2.8 cm

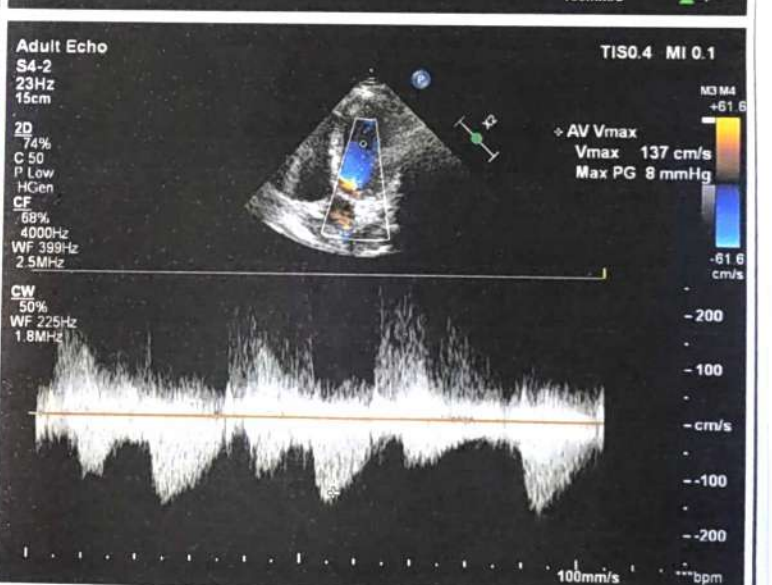
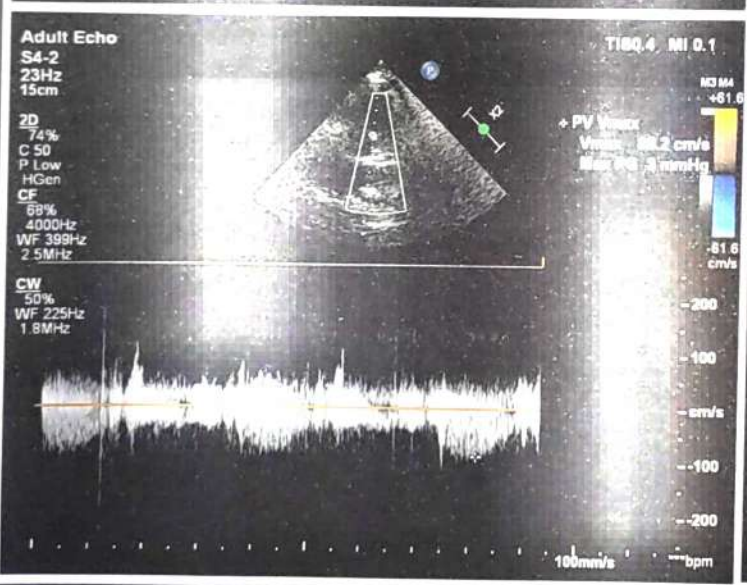
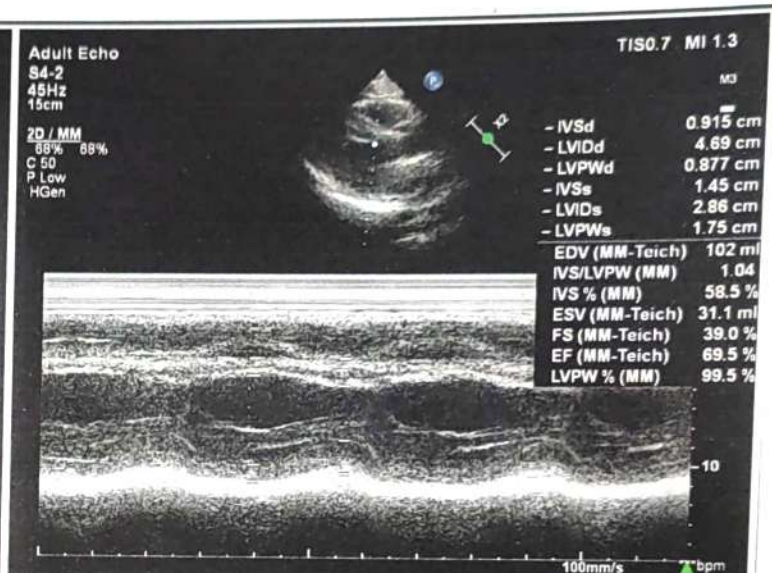
### MMode

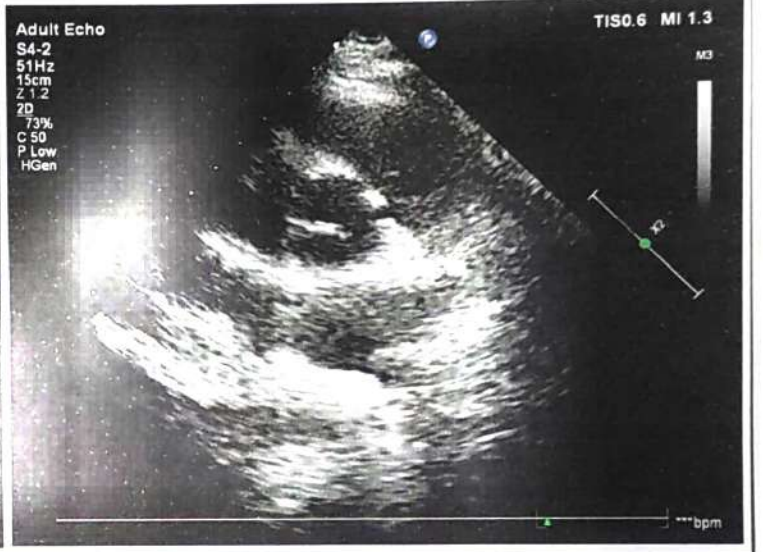
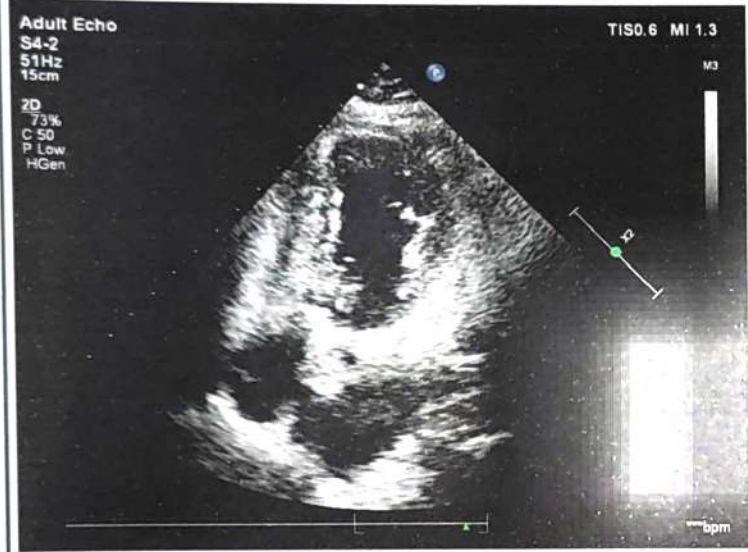
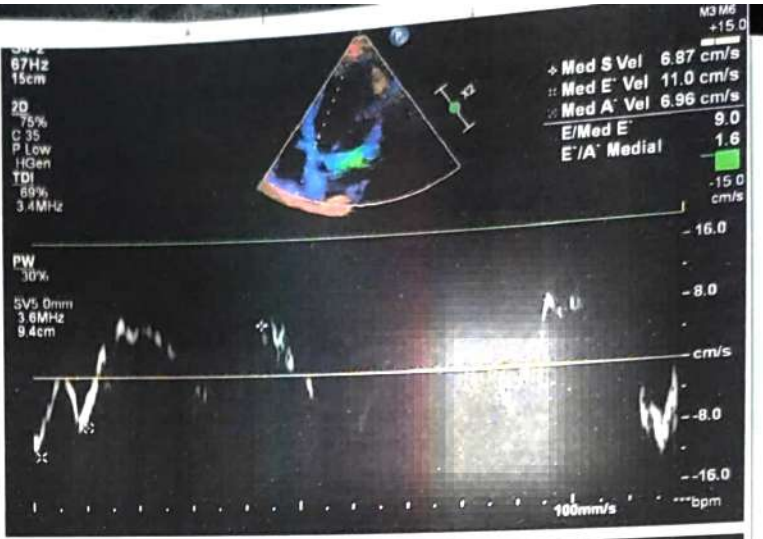
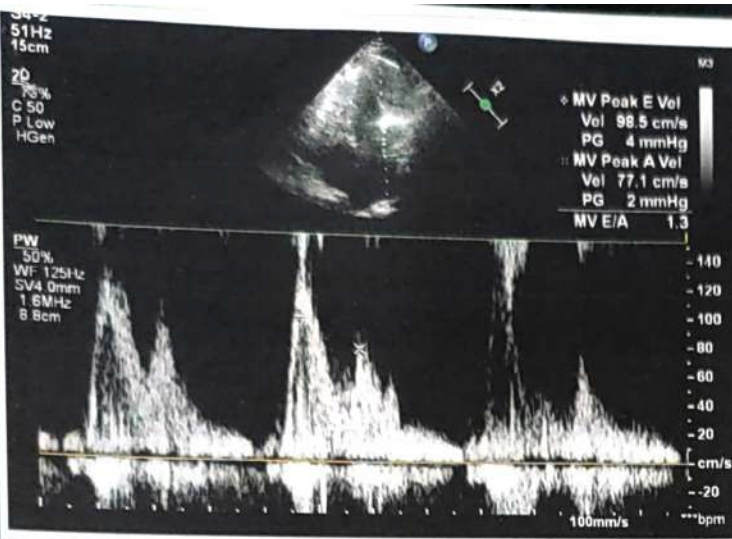
IVSd (MM)	0.915 cm	EDV (MM-Teich)	102 ml	SV (MM-Cubed)	79.6 ml
LVIDd (MM)	4.69 cm	ESV (MM-Teich)	31.1 ml	EF (MM-Cubed)	77.3 %
LVPWd (MM)	0.877 cm	SV (MM-Teich)	70.9 ml	FS (MM-Cubed)	39.0 %
IVSs (MM)	1.45 cm	FS (MM-Teich)	39.0 %	IVS % (MM)	58.5 %
LVIDs (MM)	2.86 cm	EF (MM-Teich)	69.5 %	LVPW % (MM)	99.5 %
LVPWs (MM)	1.75 cm	EDV (MM-Cubed)	103 ml		
IVS/LVPW (MM)	1.04	ESV (MM-Cubed)	23.4 ml		



AV Vmax		Med E` Vel	11.0 cm/s	E`/A` Medial	1.6
Max PG	8 mmHg				
Vmax	137 cm/s				
MV Peak E Vel		E/Med E`	9.0	PV Vmax	
Vel	98.5 cm/s			Max PG	3 mmHg
PG	4 mmHg			Vmax	88.2 cm/s
MV Peak A Vel		Med S Vel	6.87 cm/s		
Vel	77.1 cm/s				
PG	2 mmHg				
MV E/A	1.3	Med A` Vel	6.96 cm/s		

## Images





Signature

Signature:  
Name(Print):

Dr. RISHABH MARWAH  
 MD DM Cardiology  
 Consultant Interventional  
 Cardiology  
 Shri Bala Ji Aarogyam Hospital,  
 Reg.No. HN8708

Date:



01744-270255  
99926-30762  
99964-44762



**SHRI BALAJI**  
**AAROGYAM HOSPITAL**  
PVT. LTD



Regd. off.: BEHIND OLD BUS STAND, KURUKSHETRA

E-mail : aarogyamkk@gmail.com

CIN : U93000HR2018PTC074193

Typed by: Kajal

PATIENT NAME	MRS. GAYATRI	AGE/SEX	33 Y / FEMALE
REFERRED BY:	SELF	DATE	26.02.2024

**USG WHOLE ABDOMEN**

**LIVER:**-Is normal in size measuring 15.6 cm with increased echogenicity s/o fatty liver. No focal lesion is seen in the liver parenchyma. IHBR's are not dilated. The PV is normal.

**GALL BLADDER:** - normal in size and distensibility. The wall thickness is normal. No evidence of any peri-cholecystic collection is seen. No evidence of calculus is seen.

**CBD** is normal in course and caliber.

**PANCREAS:**-Head and proximal body of pancreas are normal in outline and echotexture. Rest of the pancreas obscured by bowel shadows.

**SPLEEN:** - is normal in size measuring 8.6 cm and echotexture. No focal lesion is seen.

**RIGHT KIDNEY:**-It is normal in size measuring 9.6 x 3.5 cm, normal in position and echotexture. CMD is maintained. The pelvi-calyceal system is compact. No evidence of calculus or hydronephrosis is seen.

**LEFT KIDNEY:**-It is normal in size measuring 9.8 x 3.7 cm, normal in position and echotexture. CMD is maintained. The pelvi-calyceal system is compact. No evidence of calculus or hydronephrosis is seen.

**URINARY BLADDER:**- is distended and normal in size and capacity. No calculus is seen in its lumen. The wall thickness is within normal limits.

**UTERUS:** - is retroverted and is normal in size. Echotexture is normal. Both ovaries are normal in size & echotexture.

No free fluid is seen in abdomen and pelvis.  
No evidence of any mesenteric lymphadenopathy noted.  
Visualized bowel loops appear unremarkable.

**IMPRESSION:**

➤ **FATTY LIVER GRADE I.**  
Please Correlate Clinically.

**DR. ISHA GOYAL,**  
DMRD (CMC LUDHIANA)  
Ex. Fortis Hospital Ludhiana  
Consultant Radiologist

Not valid for Medico Legal Purposes. Advised further clinical correlations.







# SBAH PATH LAB



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 Mobile No :- 8607482390      Consultant :- Dr ANURAG KAUSHAL (MD)  
 Address :- 488/13 NEAR MALHOTRA ICE FACTORY, AMAR GARH  
 GAMRI , Kaithal

## Final Report

Investigations	Observations	Biological Reference Interval	Unit
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Sample No:232446962

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### HAEMATOLOGY

#### CBC

WBC	7.86	4.00 - 11.00	10 <sup>3</sup> /mm <sup>3</sup>
RBC	<b>4.51</b>	3.50 - 4.50	million/cumm
<i>Methology / Carm</i>			
HAEMOGLOBIN	13.1	12.50 - 15.00	gm/dl
HCT	40.8	35.00 - 50.00	%
<i>DefaultMethodTwo / test Machine</i>			
MCV(MEAN CELL VOLUME)	90.47	83.00 - 101.00	fl
MCH(MEAN CELL HAEMOGLOBIN)	29.05	27.00 - 32.00	pg
MCHC	32.11	31.50 - 35.00	gm%
RDW-CV	13.3	12.00 - 18.00	%
<i>Method1 / test Machine</i>			
RDW-SD	46.5	37.00 - 56.00	fl
MIC	0.6	0.00 - 20.00	%
<i>Methology / test Machine</i>			
MAC	6.3	2.00 - 10.00	%
PLATELETS	216	150.00 - 450.00	×10 <sup>3</sup> /μL
MPV	8.8	7.40 - 11.00	fl
PCT	0.19	0.15 - 0.40	%
<i>Test Method</i>			
PDW	<b>10.8</b>	11.00 - 20.00	fl
P-LCC	51	44.00 - 140.00	10 <sup>3</sup> /mm <sup>3</sup>
P-LCR	23.63	18.00 - 50.00	%
DLC DIFFERENTIAL LEUCOCYTE COUNT			
NEUTROPHILS	68.6	40.00 - 75.00	%
LYMPHOCYTES	23.1	20.00 - 45.00	%
MONOCYTES	5.8	2.00 - 10.00	%
EOSINOPHILS	2.5	1.00 - 6.00	%
BASOPHILS	0.0	0.00 - 1.00	%

#### Remarks :-

Sample No:232446963

(Technologist)

*Charu Sethi*

Dr. Charu Sethi Sharma

MD-Pathology  
Reg. No. HN-19861

Not valid for Medico Legal Purposes. Advised further clinical correlations





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**Mobile No** :- 8607482390      **Consultant** :- Dr ANURAG KAUSHAL (MD)  
**Address** :- 488/13 NEAR MALHOTRA ICE FACTORY, AMAR GARH  
 GAMRI , Kaithal

## Final Report

Investigations	Observations	Biological Reference Interval	Unit
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### HAEMATOLOGY

ESR	28	0.00 - 20.00	mm at 1 hr
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### Remarks :-

Sample No:232446964

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### BIOCHEMISTRY

#### BLOOD SUGAR FASTING & PP

BLOOD SUGAR FASTING	86	70.00 - 110.00	mg/dl
BLOOD SUGAR PP	111	70.00 - 150.00	mg/dl

#### COMPLETE LIPID PROFILE

TOTAL CHOLESTROL	180		mg/dl
TRIGLYCERIDES	109	35.00 - 160.00	mg/dl
HDL	49		mg/dl
LDL	109.20		mg/dl
VLDL CHOLESTEROL	21.80	0.00 -	mg/dL

#### CREATININE

CREATININE	0.91	0.60 - 1.40	mg/dl
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#### BLOOD UREA

BLOOD UREA	20	12.00 - 40.00	mg/dl
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#### LFT

TOTAL BILIRUBIN	0.69	0.30 - 1.00	mg/dl
DIRECT BILIRUBIN	0.17	0.00 - 0.30	mg/dl
INDIRECT BILIRUBIN	0.52	0.20 - 0.80	mg/dl
SGOT	31	0.00 - 40.00	U/L
SGPT	36	0.00 - 40.00	U/L
TOTAL PROTIENS	6.8	6.60 - 8.70	gm/dl
ALBUMIN	5.0	3.50 - 5.00	mg/dl
GLOBULIN	1.80	1.50 - 3.60	gms/dl
ALKALINE PHOSPHATE	89	57.00 - 111.00	U/L

### HAEMATOLOGY

SERUM URIC ACID	4.2	2.50 - 6.00	mg/dl
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(Technologist)

*Charu Sethi*

**Dr. Charu Sethi Sharma**  
MD-Pathology  
Reg. No. HN-19861

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 Address :- 488/13 NEAR MALHOTRA ICE FACTORY, AMAR GARH  
 GAMRI , Kaithal

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### URINE EXAMINATION

#### URINE ROUTINE

#### PHYSICAL EXAMINATION

COLOUR <i>Methology</i>	LIGHT YELLOW	CLEAR YELLOW	
VOLUME	20		ML
SPECIFIC GRAVITY	1.005	1.00 - 1.03	

#### CHEMICAL EXAMINATION

PH	6.0	4.60 - 8.00	
PROTEIN.	Negative	NEGATIVE	
GLUCOSE	Negative	NEGATIVE	
KETONE	Negative	NEGATIVE	

#### MICROSCOPIC EXAMINATION

EPIITHELIAL CELLS	1-2		
PUS CELLS	2-4	2.00 - 3.00	/HPF
RBC <i>Methology / Carm</i>	ABSENT	3.50 - 4.50	million/cumm
CRYSTALS	ABSENT	ABSENT	
BACTERIA	ABSENT	ABSENT	
OTHERS	ABSENT		

#### MICROSCOPIC EXAMINATION

CASTS	ABSENT	ABSENT	
AMORPHOUS DEPOSITS	ABSENT		

### Remarks :-

Type of Sample :- SERUM,WHOLE BLOOD,URINE SPOT,

\* END OF REPORT \*

(Technologist)

*Charu Sethi*

Dr. Charu Sethi Sharma  
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Reg. No. HN-19861

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MIC Methology / test Machine	0.6	0.00 - 20.00	%
MAC	6.3	2.00 - 10.00	%
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MPV	8.8	7.40 - 11.00	fl
PCT Test Method	0.19	0.15 - 0.40	%
PDW	<b>10.8</b>	11.00 - 20.00	fL
P-LCC	51	44.00 - 140.00	10 <sup>3</sup> /mm <sup>3</sup>
P-LCR	23.63	18.00 - 50.00	%
DLC DIFFERENTIAL LEUCOCYTE COUNT			
NEUTROPHILS	68.6	40.00 - 75.00	%
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BASOPHILS	0.0	0.00 - 1.00	%

Remarks :-

Sample No:232446963

(Technologist)

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BLOOD SUGAR FASTING	86	70.00 - 110.00	mg/dl
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HDL	49		mg/dl
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CREATININE	0.91	0.60 - 1.40	mg/dl
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### HAEMATOLOGY

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(Technologist)

*Charu Sethi*

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OTHERS	ABSENT	ABSENT	
CASTS	ABSENT	ABSENT	
AMORPHOUS DEPOSITS	ABSENT		

### Remarks :-

Type of Sample :- SERUM,WHOLE BLOOD,URINE SPOT,

\* END OF REPORT \*

(Technologist)

*Charu Sethi*

Dr. Charu Sethi Sharma  
MD-Pathology  
Reg. No. HN-19861

Not valid for Medico Legal Purposes. Advised further clinical correlations



**Name** : Ms. GAYATRI  
**Lab No.** : 462768169  
**Ref By** : AAROGYAM HOSPITAL  
**Collected** : 26/02/2024 5:02:00PM  
**A/c Status** : P  
**Collected at** : SHRI BALAJI AAROGYAM HOSPITAL PVT. LTD  
**PLOT NO 1-2, JYOTI NAGAR NEAR OLD BUS  
 STAND Kurukshetra 136118**  
**Age** : 33 Years  
**Gender** : Female  
**Reported** : 28/2/2024 2:42:06PM  
**Report Status** : Final  
**Processed at** : LPL-NATIONAL REFERENCE LAB  
**National Reference laboratory, Block E,  
 Sector 18, Rohini, New Delhi -110085**

## CYTOPATHOLOGY REPORT

**CYTOPATH NO** : [15105]

**SPECIMEN** : Cervical/vaginal cytology (LBC - Ezi Prep)

**CLINICAL HISTORY** : Cervical screening.

**MICROSCOPY** : By Bethesda system terminology, 2014

**A) Statement of adequacy** : Smear is satisfactory for evaluation.

**B) Microscopy** : The smear shows mainly intermediate and superficial squamous cells, occasional parabasal cells with few polymorphs.  
 No Trichomonas or fungal organisms seen.

**C) Endocervical cells** : Absent

**D) Koilocytotic cells** : Absent

**E) Dysplastic cells** : Absent

**F) Malignant cells** : Absent

**GENERAL CATEGORIZATION** : Negative for intraepithelial lesion and malignancy.

**IMPRESSION** : **Negative for intraepithelial lesion and malignancy.**

**ASCO/CAP GUIDELINES:**

	<u>HPV unknown</u>	<u>HPV positive</u>	<u>HPV Negative</u>
Unsatisfactory	Repeat cytology after 2-4 mths	Colposcopy	Repeat cytology after 2-4 mths
NILM with EC/TZ	Routine screening	HPV genotyping /repeat co-testing @ 1 year	Routine screening
NILM without EC/TZ	HPV testing	Repeat co-testing @1 year	Routine screening
ASCUS	HPV testing	Colposcopy	Repeat cotesting@3 year
LSIL	Colposcopy	Colposcopy	Cotesting @ 1 year
ASC - H	Colposcopy	Colposcopy	Colposcopy
HSIL	"Immediate LEEP"	"Immediate LEEP"	"Immediate LEEP"
<u>AGC</u>	<u>EB &amp; Endocervical Bx</u>	<u>EB &amp; Endocervical Bx</u>	<u>EB &amp; Endocervical Bx</u>

**SCREENING GUIDELINE:** 21-29 years - Cytology only every 3 yrs ; 30-65 yrs - Cotesting every 5 years ; < 21 & > 65 yrs - Screening not recommended

- Note:*
1. Slides / Blocks can be issued only on advise of the referring consultant after a minimum of 48 hours.
  2. Gross specimens will be retained only for a period of 1 month after the date of reporting.
  3. Contact histopathology department for any clarification.





Name : Ms. GAYATRI  
Lab No. : 462774436  
Ref By : Dr. DR ANURAG KAUSHAL  
Collected : 26/2/2024 12:08:00PM  
A/c Status : P  
Collected at : SHRI BALAJI AAROGYAM HOSPITAL PVT. LTD  
PLOT NO 1-2, JYOTI NAGAR NEAR OLD BUS  
STAND Kurukshetra 136118

Age : 33 Years  
Gender : Female  
Reported : 26/2/2024 2:39:42PM  
Report Status : Final  
Processed at : Dr. Lal PathLabs Ltd.  
Kurukshetra-136118, Haryana

**Test Report**

Test Name	Results	Units	Bio. Ref. Interval
<b>BLOOD GROUP, ABO &amp; RH TYPING</b> (Tube & Slide Agglutination)			
ABO Group	AB		
Rh Factor	Positive		

- Note:**
1. Both forward and reverse grouping performed
  2. Test conducted on EDTA whole blood



Name	: Ms. GAYATRI	Age	: 33 Years
Lab No.	: 462774436	Gender	: Female
Ref By	: Dr. DR ANURAG KAUSHAL	Reported	: 26/2/2024 2:39:42PM
Collected	: 26/2/2024 12:08:00PM	Report Status	: Final
A/c Status	: P	Processed at	: Dr. Lal PathLabs Ltd. Kurukshetra-136118,Haryana
Collected at	: SHRI BALAJI AAROGYAM HOSPITAL PVT. LTD PLOT NO 1-2, JYOTI NAGAR NEAR OLD BUS STAND Kurukshetra 136118		

### Test Report

Test Name	Results	Units	Bio. Ref. Interval
HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD (HPLC)			
HbA1c	5.3	%	4.00 - 5.60
Estimated average glucose (eAG)	105	mg/dL	

#### Interpretation

HbA1c result is suggestive of non diabetic adults ( $\geq 18$  years)/ well controlled Diabetes in a known Diabetic

#### Interpretation as per American Diabetes Association (ADA) Guidelines

Reference Group	Non diabetic adults $\geq 18$ years	At risk (Prediabetes)	Diagnosing Diabetes	Therapeutic goals for glycemic control
HbA1c in %	4.0-5.6	5.7-6.4	$\geq 6.5$	$< 7.0$

**Note:** Presence of Hemoglobin variants and/or conditions that affect red cell turnover must be considered, particularly when the HbA1C result does not correlate with the patient's blood glucose levels.

FACTORS THAT INTERFERE WITH HbA1C MEASUREMENT	FACTORS THAT AFFECT INTERPRETATION OF HbA1C RESULTS
Hemoglobin variants, elevated fetal hemoglobin (HbF) and chemically modified derivatives of hemoglobin (e.g. carbamylated Hb in patients with renal failure) can affect the accuracy of HbA1c measurements	Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g., recovery from acute blood loss, hemolytic anemia, HbSS, HbCC, and HbSC) will falsely lower HbA1c test results regardless of the assay method used. Iron deficiency anemia is associated with higher HbA1c





<b>Name</b>	: Ms. GAYATRI	<b>Age</b>	: 33 Years
<b>Lab No.</b>	: 462774436	<b>Gender</b>	: Female
<b>Ref By</b>	: Dr. DR ANURAG KAUSHAL	<b>Reported</b>	: 26/2/2024 2:39:42PM
<b>Collected</b>	: 26/2/2024 12:08:00PM	<b>Report Status</b>	: Final
<b>A/c Status</b>	: P	<b>Processed at</b>	: Dr. Lal PathLabs Ltd. Kurukshetra-136118,Haryana
<b>Collected at</b>	: SHRI BALAJI AAROGYAM HOSPITAL PVT. LTD PLOT NO 1-2, JYOTI NAGAR NEAR OLD BUS STAND Kurukshetra 136118		

### Test Report

Test Name	Results	Units	Bio. Ref. Interval
<b>THYROID PROFILE,TOTAL, SERUM</b> (ECLIA)			
T3, Total	1.07	ng/mL	0.80 - 2.00
T4, Total	7.17	µg/dL	5.10 - 14.10
TSH	<b>5.23</b>	µIU/mL	0.27 - 4.20

#### Note

1. TSH levels are subject to circadian variation, reaching peak levels between 2 - 4.a.m. and at a minimum between 6-10 pm . The variation is of the order of 50% . hence time of the day has influence on the measured serum TSH concentrations.
2. Alteration in concentration of Thyroid hormone binding protein can profoundly affect Total T3 and/or Total T4 levels especially in pregnancy and in patients on steroid therapy.
3. Unbound fraction ( Free,T4 /Free,T3) of thyroid hormone is biologically active form and correlate more closely with clinical status of the patient than total T4/T3 concentration
4. Values <0.03 uIU/mL need to be clinically correlated due to presence of a rare TSH variant in some individuals

#### Interpretation

PREGNANCY	REFERENCE RANGE FOR TSH IN µIU/mL (As per American Thyroid Association)
1st Trimester	0.100 - 2.500
2nd Trimester	0.200 - 3.000
3rd Trimester	0.300 - 3.000



Dr. Samrithi Gupta  
MBBS, MD (Pathology)  
Chief of Lab



Gayatri

33y/f

Height 5'2"

Weight 73kg

BMI 26.2



# SHRI BALAJI AROGYAM HOSPITAL PVT LTD

## DIET CHART FOR HIGH PROTEIN DIET

6:00 AM : मिलास नींबू पानी + आंवला मुरब्बा 2 glass पानी | 1 glass + 1 Spoon [overnight चनिया seeds, Soak]

7:30 AM : बादाम + अखरोट + काजू + किशमिश + अंजीर + मूंगफली + 1/2 MILK [रात के भीखे हुए]

9:00 AM : सब्जी चपाती + 1 कटोरी दही / मिस्सी चपाती + 1 कटोरी दही ② Plain + 1 bowl रोते Vegetable

या

सब्जी दलिया / सब्जी ओट्स / सब्जी पोहा / उबले अंडे का सफेद हिस्सा / बिना तेल का बेसन चीला / शेरिया

10-11:00 AM : सेब / पपीता / संतरा / नाशपाती / अमरूद / अनार - Seasonal | केला | चीनी अंगूर

12:30 AM : 1 प्लेट सलाद - [खीरा, गाजर, मूली, गन्ना, ककूर]

2:00 PM : चपाती + दाल + दही - 150 G + 1 BOWL NUTRI KEEMA / PANEER BHURJI | तस्सी =

5:00 PM : 1 गिलास दूध + भुना हुआ मखाना [6-7] | Roasted Sweetcorn | Popcorn [फोका]

7:00 PM : टोकला / भुने हुए चने / MIXED SEEDS (2 SPOON) / उबले हुए काले चने की चाट / BREAD PEANUT BUTTER

स

अंडे का सफेद हिस्सा / 100 ग्राम उबला हुआ चिकन / उबली हुई मछली

7:30 PM : चपाती + सब्जी [1 bowl Vegetable]

या

सब्जी खिचड़ी / सब्जी दलिया / सब्जी ओट्स \* शवात शवाते के [3-4]

### DIET GUIDELINES

- बेकरी आइटम (बिस्कुट, नमकीन, रस्क, पेस्ट्री) से बचें
- ठंडे पेय, डिब्बाबंद जूस, अन्य पेय पदार्थों से बचें
- तले हुए भोजन (मक्खन, पकौड़ा, पूड़ी, परांठा) से बचें
- शराब, सिगरेट से बचें

MILK - 500 ML [मलाई उतर हुआ]

OIL - 3-4 SPOONS

WATER INTAKE - 4 liter

PHYSICAL ACTIVITY - Yoga Walk

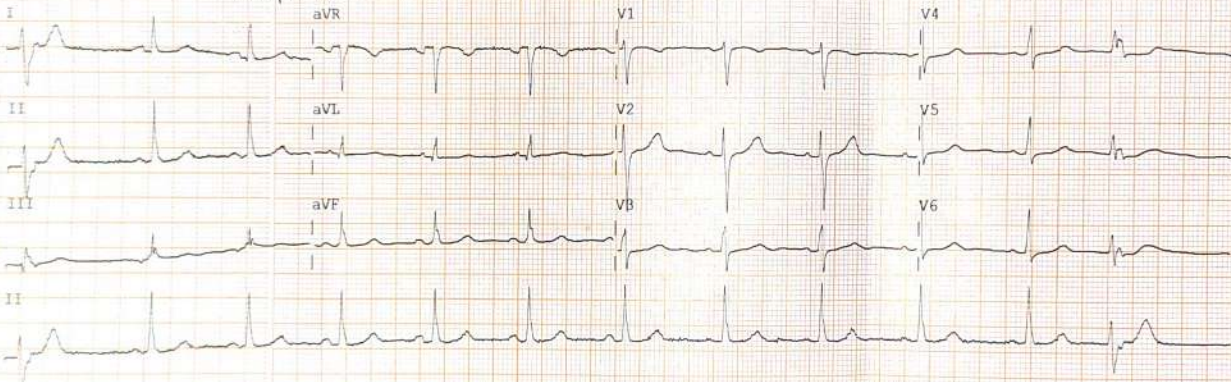


12 Lead; Standard Placement

Miss Gayatri

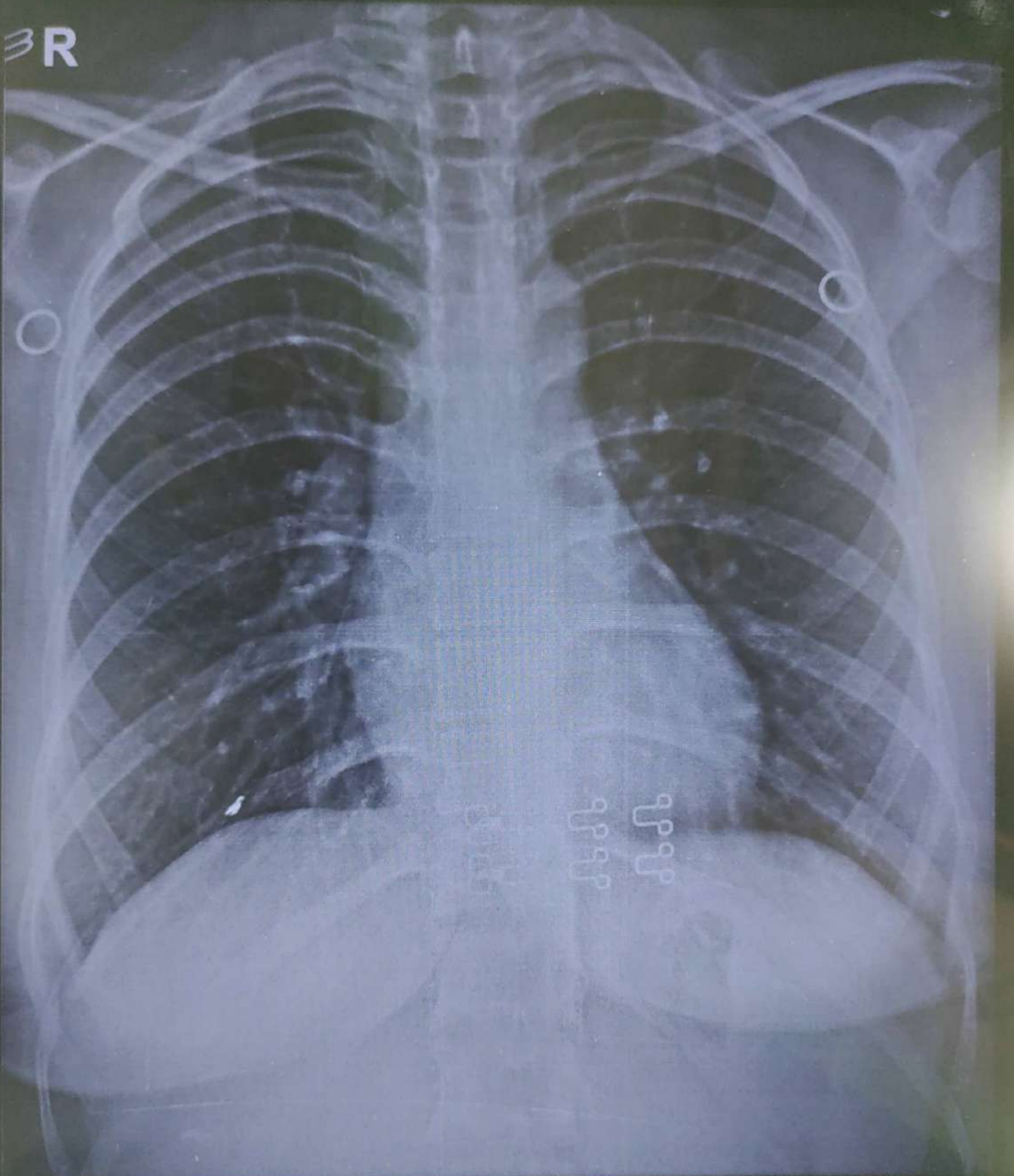
GAYATRI

Rate	PR	QTc
	28	
	QRSD	122



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10 mm/mV F 60~ 0.15-100 Hz PH10 CL P? PH10 CL P?

R



GAYATRI 33/Y 24282 F CHEST PA 26-Feb-24 10:33 AM  
SHRI BALAJI AAROGYAM HOSPITAL, KURUKSHETRA





**Receipt**

<b>UHID No</b> :- UD-232418358	<b>Reg. No.</b> :- 232418358
<b>Patient Name</b> :- Mrs GAYATRI	<b>Receipt No/Date</b> :- 23240024282 / 26 Feb 2024
<b>Age/Sex</b> :- 33 Y/F	<b>Mobile No</b> :- 8607482390
<b>Address</b> :- 488/13 NEAR MALHOTRA ICE FACTORY AMAR GARH GAMRI,Kaithal	<b>Payment Via</b> :- Emp. Credit

**Empanelment** :- Mediwheel

**Claim ID** :-

Service Type	Service Name	Serial No	Price	Emr. Chrg.	Dis.	Unit	Net Amt.
Haematology	CBC		120.00	0.00	0	1	107.00
	ESR		80.00	0.00	0	1	71.00
	HBA1C(GLYCOSYLATED HAEMOGLOBIN)		250.00	0.00	0	1	223.00
	SERUM URIC ACID		50.00	0.00	0	1	45.00
	PAP SMEAR		300.00	0.00	0	1	268.00
Urine examination	URINE ROUTINE		80.00	0.00	0	1	71.00
Biochemistry	Blood Sugar		50.00	0.00	0	1	45.00
	BLOOD SUGAR FASTING & PP		50.00	0.00	0	1	45.00
	COMPLETE LIPID PROFILE		150.00	0.00	0	1	134.00
	CREATININE		50.00	0.00	0	1	45.00
	BLOOD UREA		50.00	0.00	0	1	45.00
	LFT		150.00	0.00	0	1	134.00
Immunology	THYROID PROFILE (T3,T4,TSH)		150.00	0.00	0	1	134.00
Hospital Charge	ECG		100.00	0.00	0	1	89.00
X-RAYS	Chest X-RAY		100.00	0.00	0	1	89.00
Cardiology	ECHO		300.00	0.00	0	1	268.00
Ultrasound	Usg Whole Abdomen		250.00	0.00	0	1	223.00
Dietician	Dietitian Consultation		70.00	0.00	0	1	64.00
<b>Total Amount</b>							<b>2350.00</b>
<b>Total Discount</b>							<b>250.00</b>
<b>Bill Credit Towards Mediwheel</b>							<b>2100.00</b>

Shri Balaji Aarogyam Hospital P. Ltd.  
 Behind Old Bus Stand  
 Kurukshetra-136118

Shri Balaji Aarogyam Hospital P. Ltd.  
 Behind Old Bus Stand  
 Kurukshetra-136118



**Kurukshetra, Haryana, India**

Opd no 2, basement, shri balaji arogyam hospital Behind old Bus Stop, Jyoti Nagar, Kurukshetra, Haryana 136118, India

Lat 29.973525°

Long 76.838204°

26/02/24 10:34 AM GMT +05:30



Google