



Dr. Suman Pradyumn
 MD, DNB (CC), DACC
 Associate Consultant, Cardiology
 Reg. No. D-69510



Unmodified report verified by:

Heart & General Clinic

Icure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhal park, Race course, Vadodar

:: PERSONAL HEALTH REPORT ::

NAME:- Keyur Gadhia		Date:- 27/10/2024
		SR. NO. SEX Male AGE 35 Year HEIGHT 173cm WEIGHT 83kg.

HISTORY

Present History : **NO**
 Past Illness History : **NO** Diabetes/Hypertension/Tuberculosis/Asthma/Epilepsy
 Past Occupational History : **NO**
 Family History : **mother - Diabetic, Father - HT**
 Personal History : **NO**
 Addiction : **NO** Tobacco/Chutka/Smoking/Alcohol

GENERAL EXAMINATION

T.P.R. : B.P. : **120/80** mm Hg :

Pa/for/icterus/Cyanosis/Varicosity/Lymph Nodes/Thyroid/Oedema/N/E/Other :

SYSTEMIC EXAMINATION

RS. : **NO**
 C.V.S. : **NO**
 CNS. : **NO**
 A.S. : **NO**
 Musculo-skelet System : **NO**

E.N.T. Ex.	NO	ACUITY OF VISION		RT EYE - I	LT EYE - I
		Dental Ex.	NO	DISTANT	6/
Near	6/			6/	
Skin Ex.	NO	With Glass	DISTANT	6/ 6	6/ 6
			Near	6/ 6	6/ 6
Psychic Ex.	NO	COLOUR BLINDNESS NO			

REMARK

ADVICE

The Worker is **FIT** for the assigned job.



Dr. Krish P. Vaidya
 MD, PGCC
 Associate Consultant - Cardiology
DR. KRISH VAIDYA

MD G-50510, CH



Keyur





552 **KEYUR GADHIA** Date 27/01/2024 Ref By: **Preced** **Bruce**
35 Yrs/M Kg / Ht: cms Ref No: Time 10:26 AM

Summary

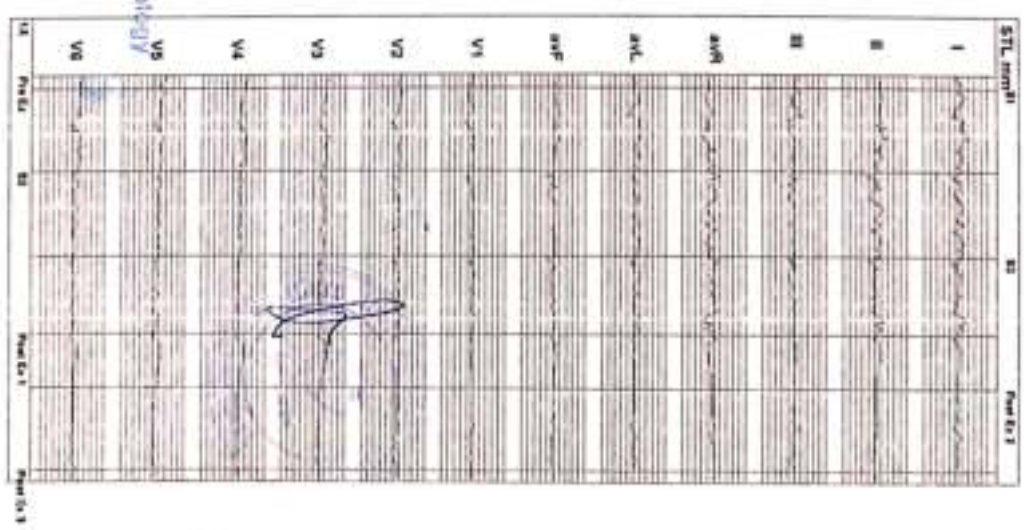
Stage	Stg Time mm:hh	Speed mph	Grade %	METs	HR bpm	BP mmHg	Rpp	PVCs
Pre Ex				1	77			
Supine				1	76			
Hyp Vent				1	77			
Standing				1	84			2
S1	03:00	1.7	10.0	4.8	143	120/80	172	2
S2	03:00	2.5	12.0	6.9	137	130/80	178	2
Peak Ex	02:48	3.4	14.0	9.5	158	140/90	221	2
Post Ex 1	02:00			1	95	140/90	133	2
Post Ex 2	03:00			1	87	130/80	113	2
Post Ex 3	00:24			1	85	120/80	102	2
Finish				1	85	120/80	102	2

Findings: Exercise Time : 08:48 mins
Max HR attained : 158 bpm 85 % of Target 185 bpm
Max BP : 140/90mmHg
Max Workload attained : 9.5 METs (Good Effort Tolerance)
Reason for Test Termination: Patient Completed Test

No significant ST segment changes noted during exercise or recovery stages.
No Angina / Arrhythmia / S3 / Murmur
Final Impression : Test is negative for inducible ischaemia.

Dr. Krish P. Vaidya
MD, FC(DCC)
Associate Consultant-Cardiologist
Reg.No.G-50510

DR KRISH VAIDYA



552 KEYUR GADHIA
35 Yrs M Kg / Ht. cm Ref No:
Date 27/04/2024 T = e 10:26 AM

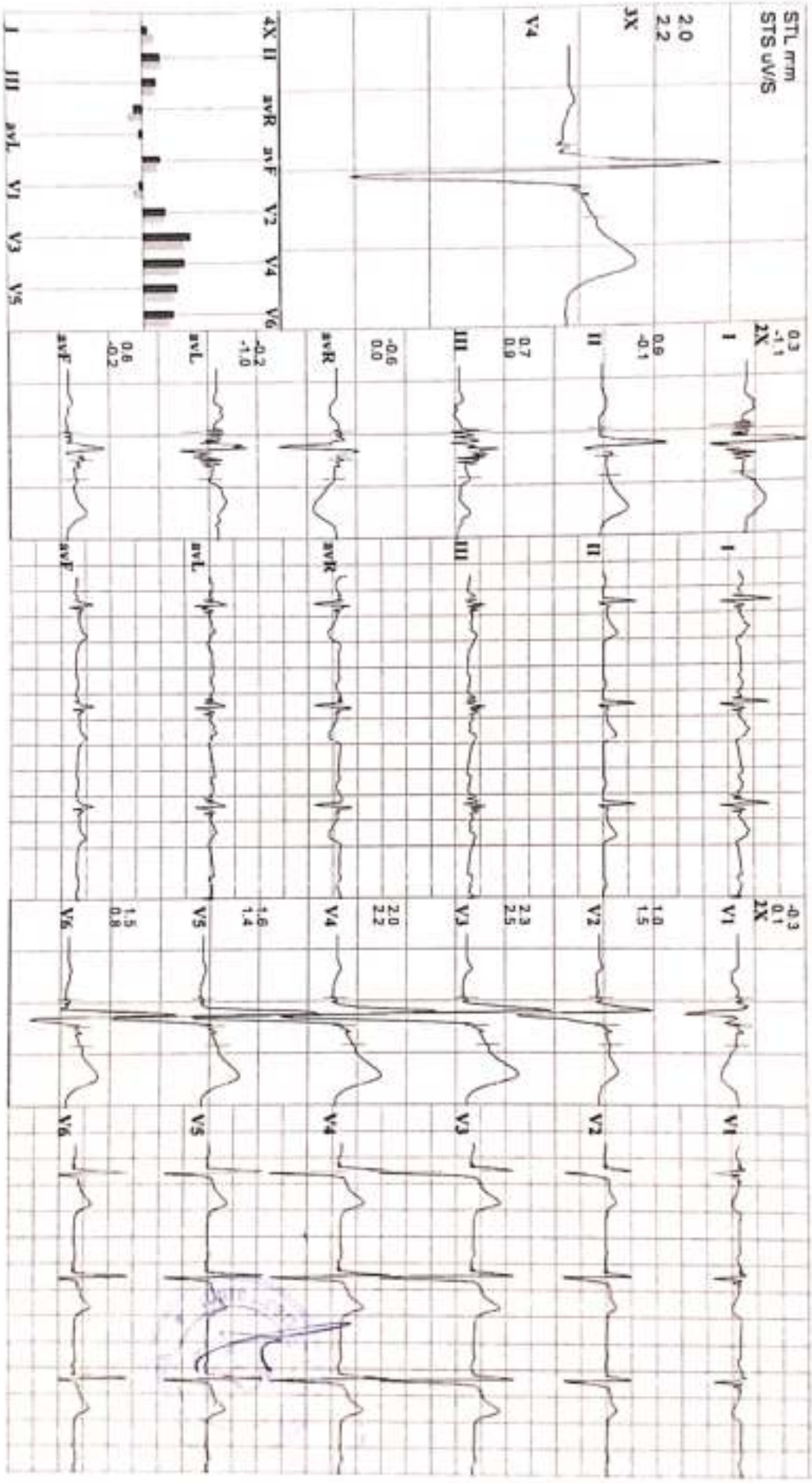
Speed — mph Hr 76
Grade — % Meta 1
Precordial Drive BP — / — mmHg

Target Hr 42% of 178
Ex Time — min:sec
Curr Time 00:08

Fiber 0.1 - 100 Hz Gain
E.L.C On
Notch On
Sweep 25 mm/s
Median Sweep 25 mm/s

10 mm/mV
Linked Medians
Pre Ex

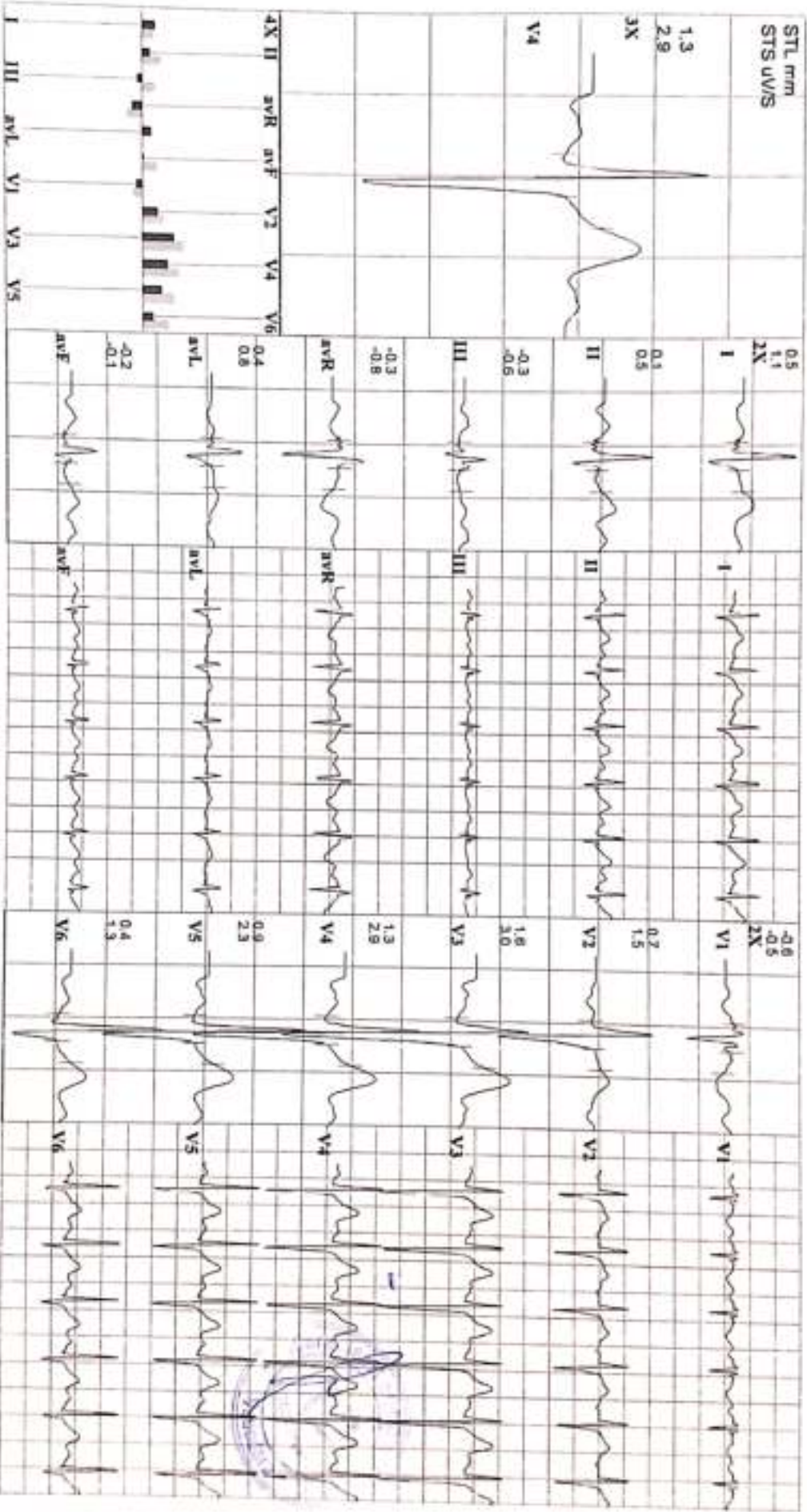
Pace J 76 mb/s



552 KEYUR GADHIA
36 Yrs/M Kg/Ht- cms Ref.No.
Date 27/01/2024 Time 10:26 AM
Post J 78 mS

Speed 1.7 mph Hr 143 Target Hr 80% of 178 Filter 0.1 - 100 Hz Gain
Grade 10% Meta 4.8 Ex Time 03:00 BLC On
Protocol Bruce BP 120/80 mmHg Cur Time 03:18 NotchOn
Sweep 10 mm/mV
Median Sweep 25 mm/s

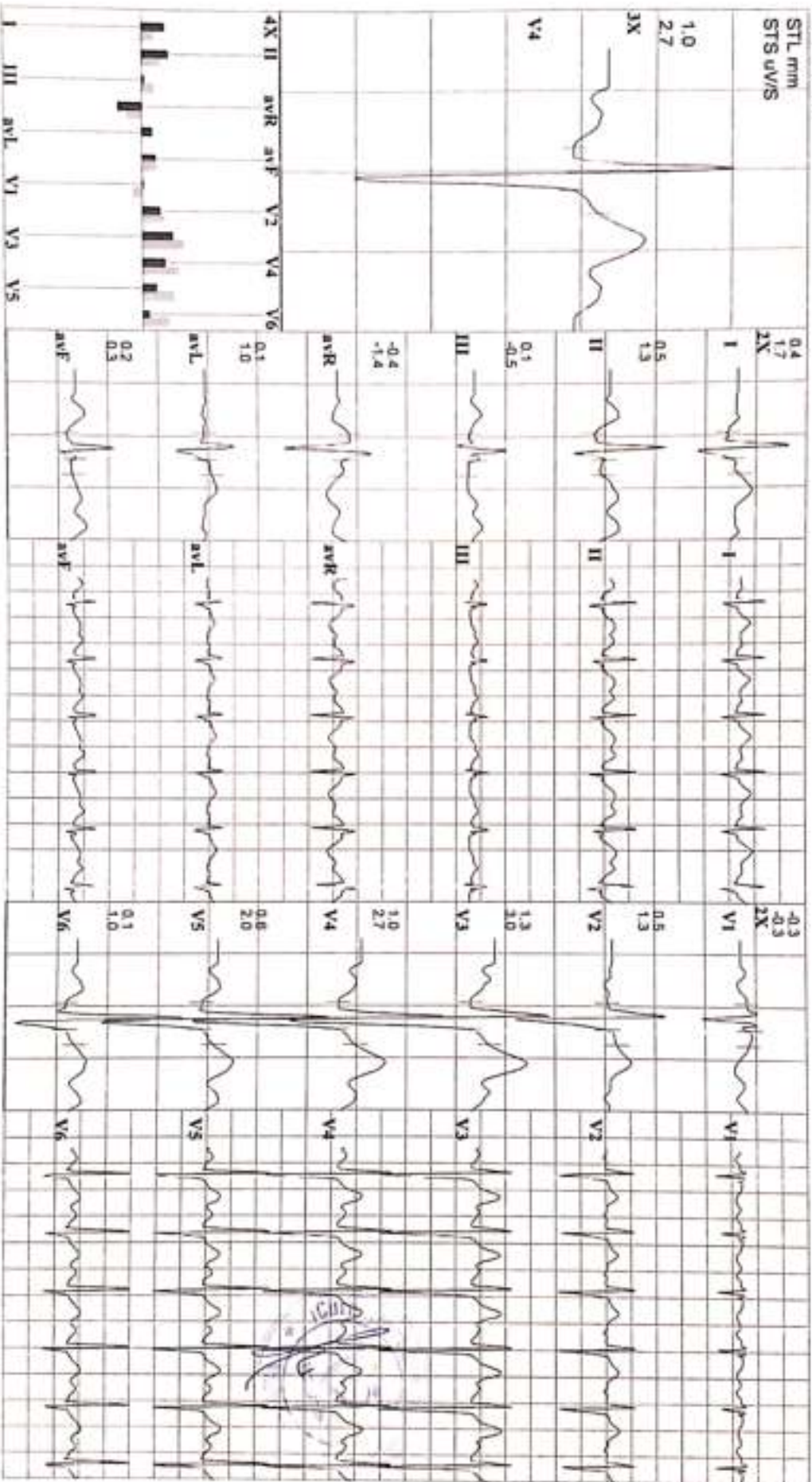
Linked Medians
S1



552 KEYUR GADHIA
35 Yrs/M Kg / Ht- cms Ref No
Date 27/01/2024 Time 10:26 AM

Speed 2.5 mph Hr 137 Target Hr 76 % of 178 Filter 0.1 - 100 Hz Galr
Grade 12 % Meta 6.0 Ex Time 06:00 BLC On Sweep 10 mm/mV
Protocol Bruce BP 130/80 mmHg Curr Time 06:18 MarchOn Medan Sweep 25 mm/s

Linked Medians
S2

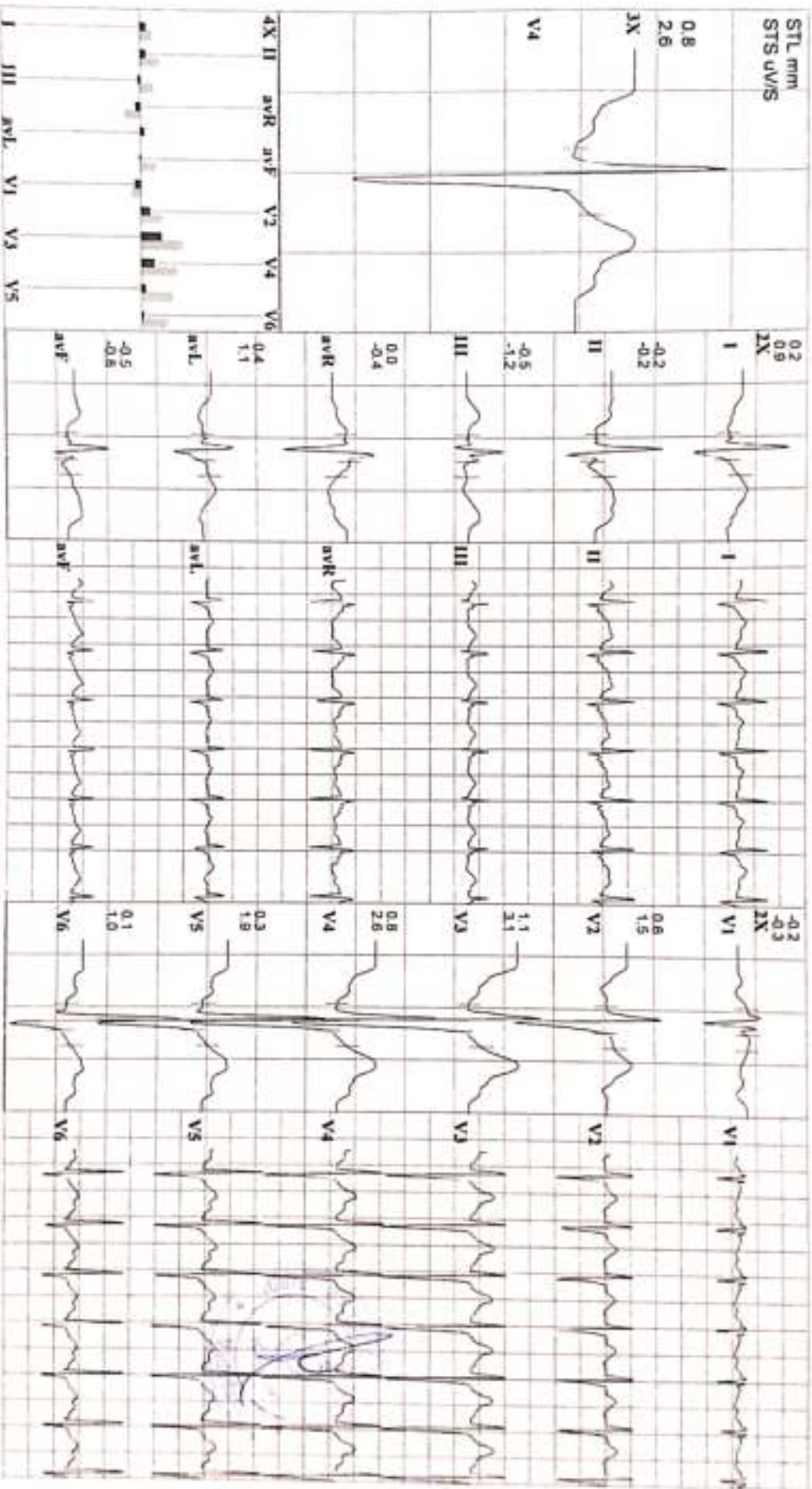


552 KEYUR GADHIA
35 Yrs M Kg / Ht. cms Ref No
Date 27/01/2024 Time 10:20 AM

Speed 3.4 mph Hr 156 Target Hr 80 % of 178 Filter 0.1 - 100 Hz Gain 10 mm/mV
Grade 14 % Metts 8.5 Ex Time 08:46 R.C On Sweep 25 mm/5
Precordial Disc BP 140/90 mmHg Cur Time 09:06 Nutrition Median Sweep 25 mm/5

Linked Medians
Peak Ex

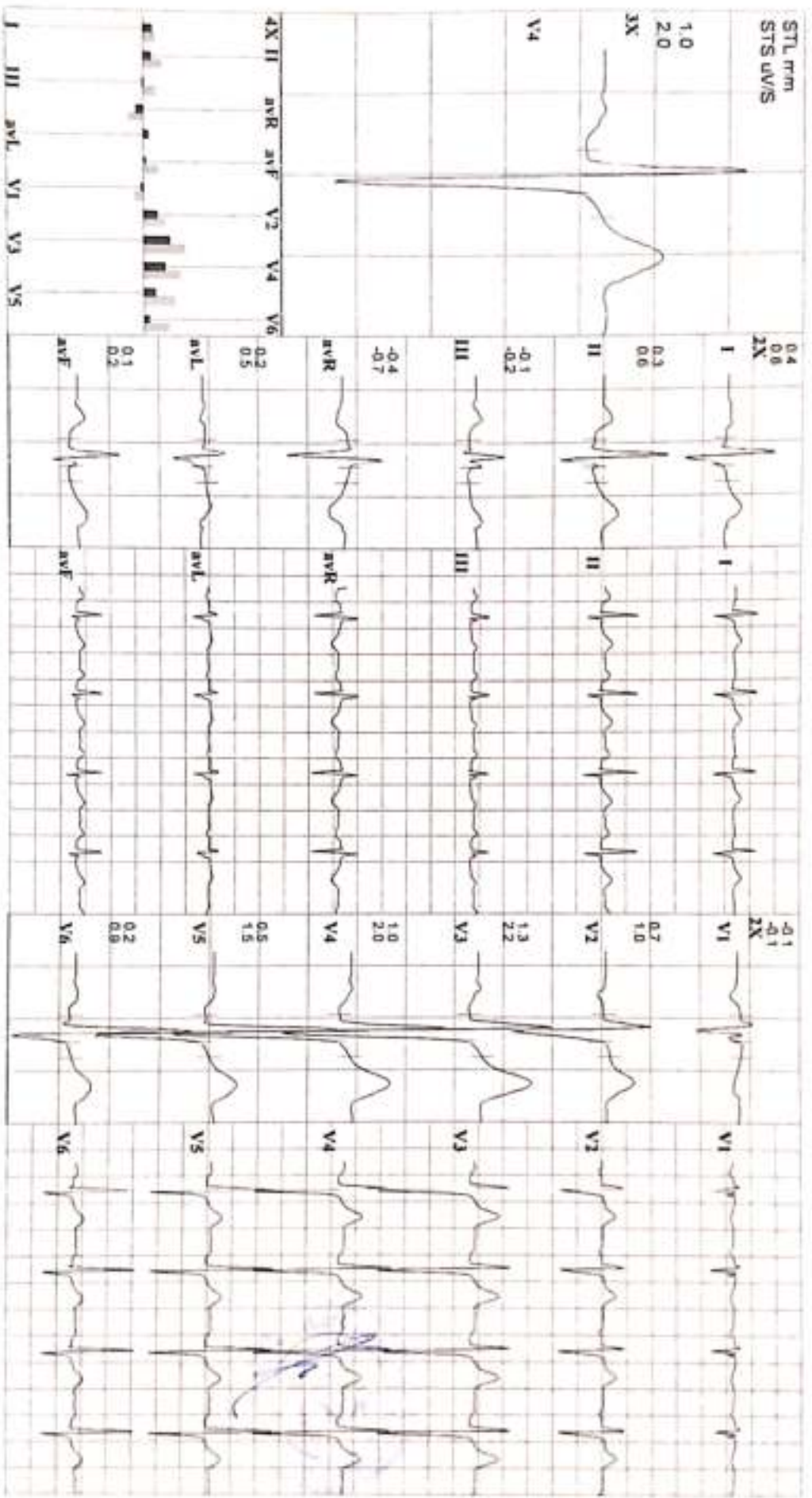
Past J 61 mS



EEG KEYUR GADHIA
25 Yrs M Kg / Ht. cms Ref No
Date 27/01/2024 Time 10:20 AM

Speed — mph Hr 95 Target Hr 53 % of 178 Filter 0.1 - 100 Hz Gain 10 mm/mV
Grade — % Mts 1 Ex Time 08:48 ELC On Sleep 23 mm/s
Preload Bruce BP 143/90 mmHg Cur Time 11:06 Notch/On Median Sweep 25 mm/s

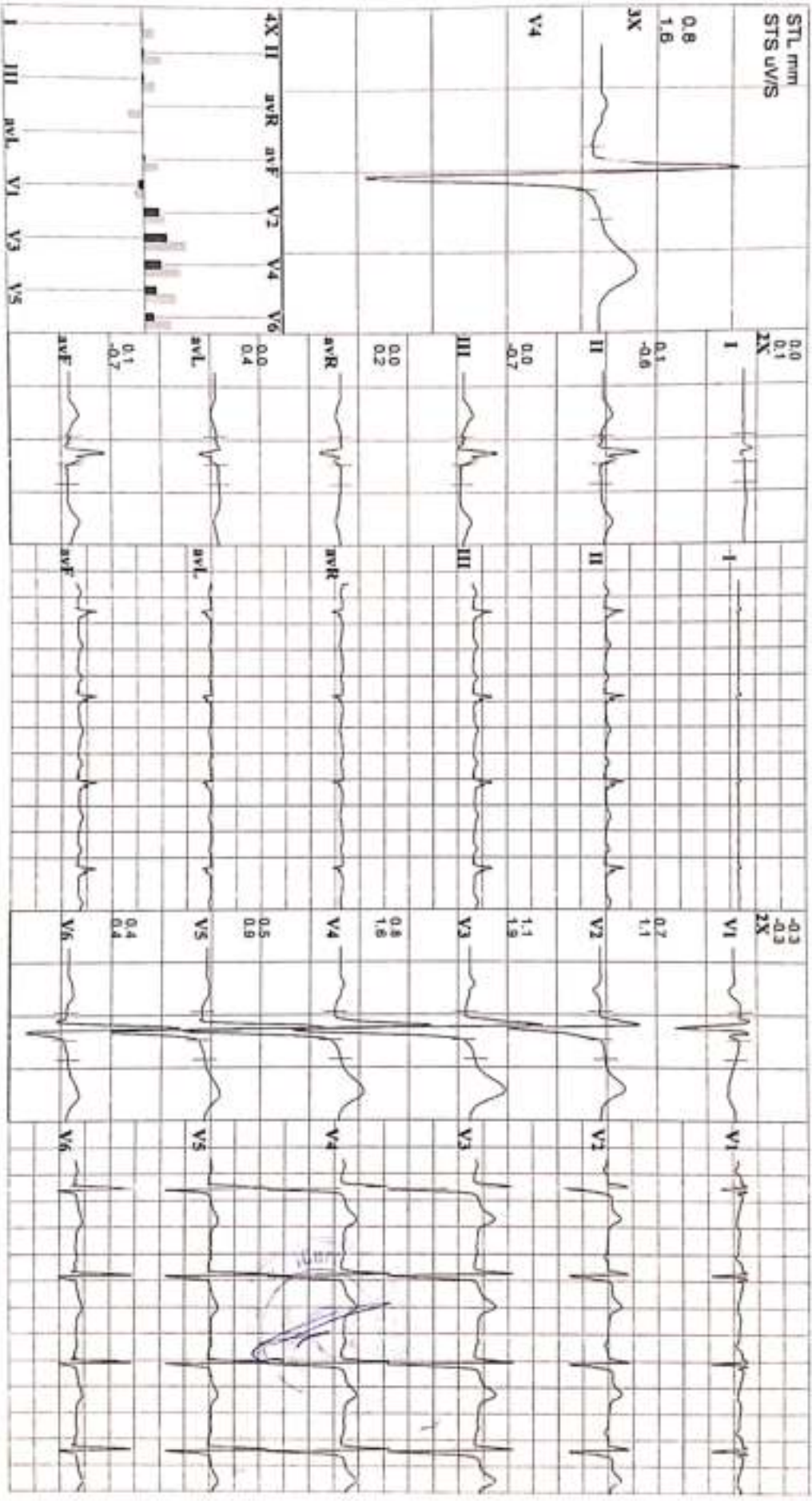
Linked Medians
Post Ex 1



552 KEYUR GADHIA
 25 Yrs/ M Kg / Ht. cm Ref No
 Date 27/01/2024 Time 10:26 AM
 Post J 73 ms

Speed — mph Hr 87 Target Hr 48 % of 178 Filter 0.5 - 100 Hz Gain 10 mm/mV
 Grade — % Mts 1 Ex Time 08:48 BLC On Sweep 25 mm/s
 Protocol Bruce BP 130/90 mmHg Cur Time 14:06 NatchOn Median Sweep 25 mm/s

Linked Medians
Post Ex 2



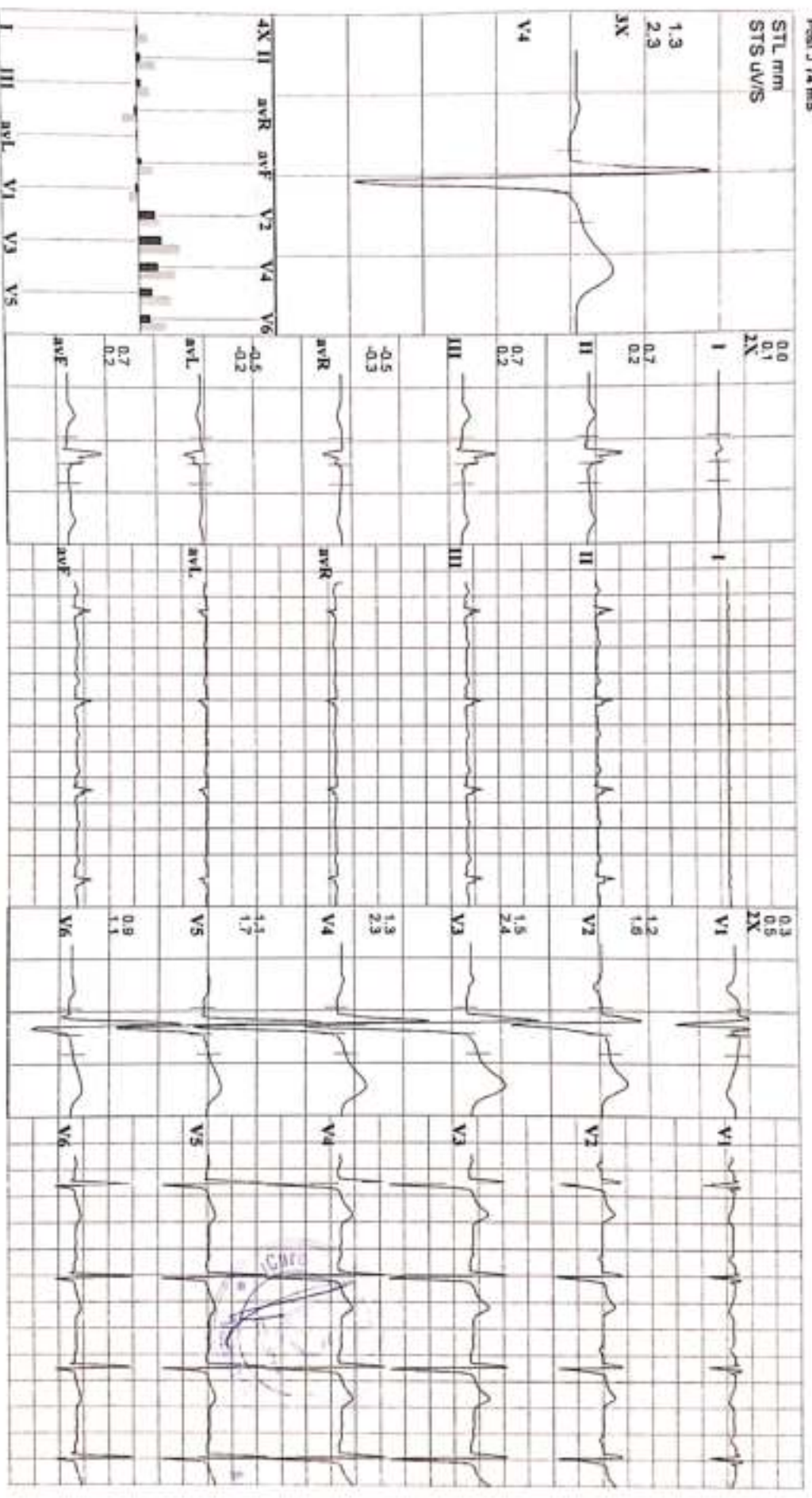


Clarity Medical Pvt Ltd.
#1687-A, JLP, Industrial Park, Sector-62, Mohali

SS2
35 Yrs/M
Date 27/01/2024 Time 10:20 AM
Post J 74 ms

KEYUR GADHIA
Kg/ Ht. cms
Ref No.
Speed — mph
Grade — %
Protocol Bruce
HR 86
Met/s 1
BP 120/80 mmHg
Cur Time 14:30
Target HR 47 % of 176
Ex Time 08:48
Filter 0.1 - 100 Hz
RLC On
Nelson On
Gsr
Sweep 10 mm/mV
25 mm/s
Median Sweep 25 mm/s

Linked Medians
Post Ex 3



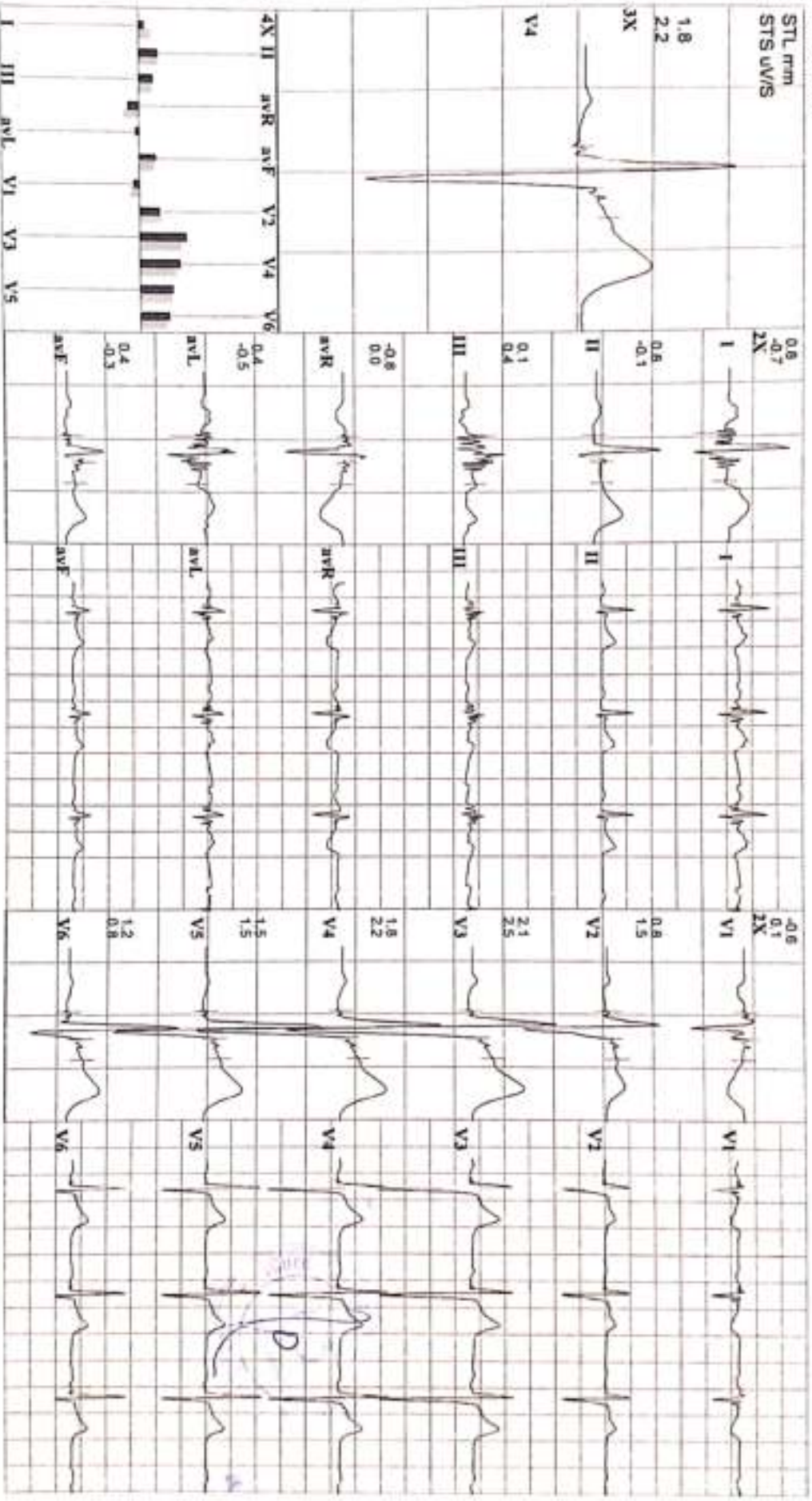


Clarity Medical Pvt Ltd.
#1687-A, JUPA Industrial Park, Sector-82, Mohali

SS2
35 Yrs/M
Date 27/01/2024 Time 10:20 AM
Kg / Ht. cm
Rel.No
Post J 75 ms

Speed 1 mph
Grade 1 %
Protocol Bruce
Hr 77
Meta 1
BP 110/70 mmHg
Target Hr 43 % of 178
Ex Time 1 min:sec
Cur Time 00:08
Filter 0.1 - 100 Hz
Gain
Sweep 10 mm/sV
25 mm/s
Medan Sweep 25 mm/s

Linked Medians
Pre Ex
Supine





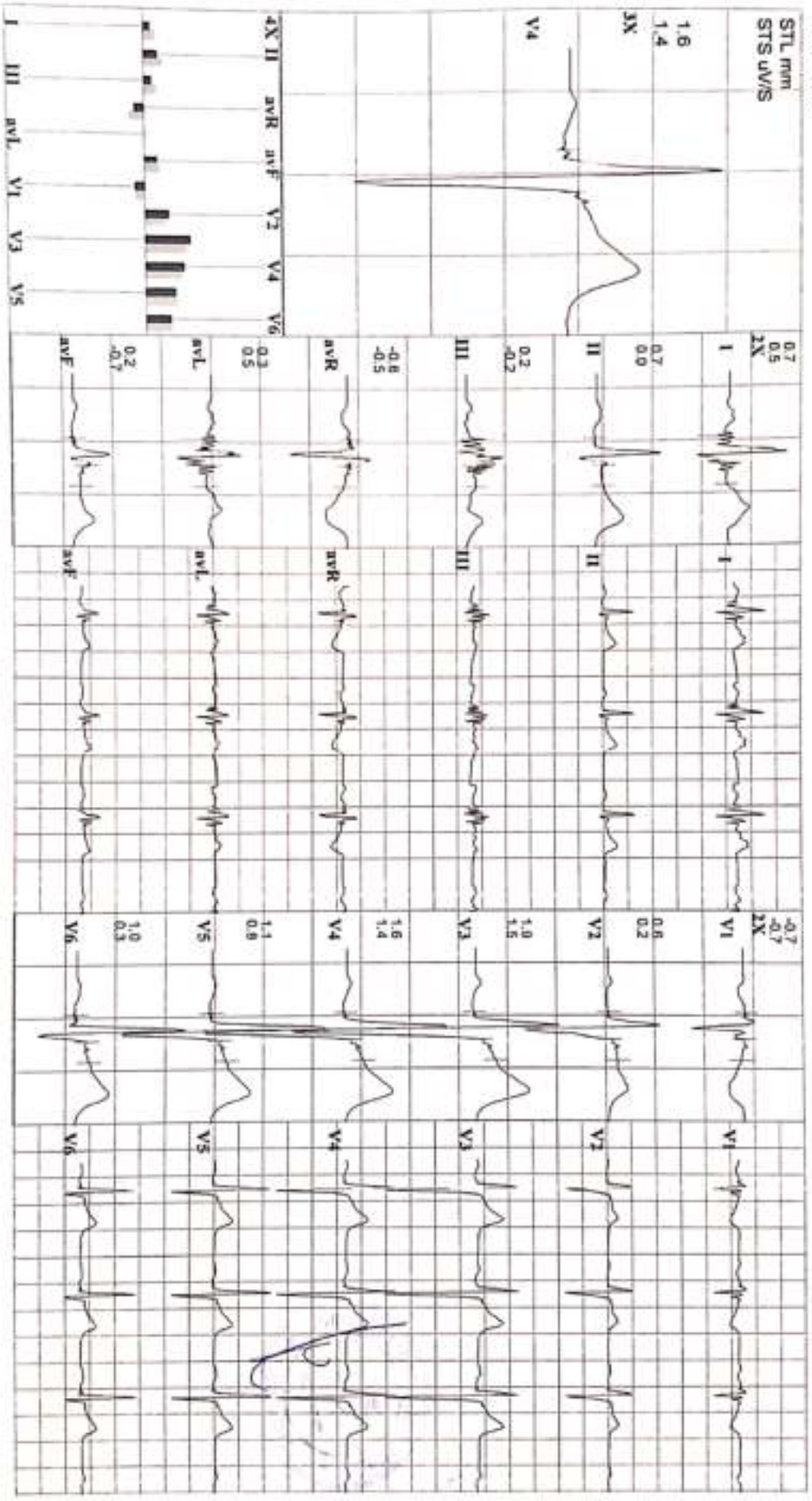
Clarity Medical Pvt Ltd.
#1687-A, J.P.L Industrial Park, Sector-62, Mohali

INAPR 152

SS2 **KEYUR GADHIA**
36 Yrs/M Kg/Ht cms Ref/No
Date 27/01/2024 Time 10:26 AM
Pace J 78 m/s

Speed — mph Hr 79 Target Hr 44 % of 178 Filter 0.1 - 100 Hz Gain 10 mm/mV
Grade — % Meta 1 Ex Time — min:sec E.L.C On Sweep 25 mm/s
Protocol Bruce BP — mmHg Car Time 00:11 Notch On Median Sweep 25 mm/s

Linked Medians
Pre Ex
Hyp Vent



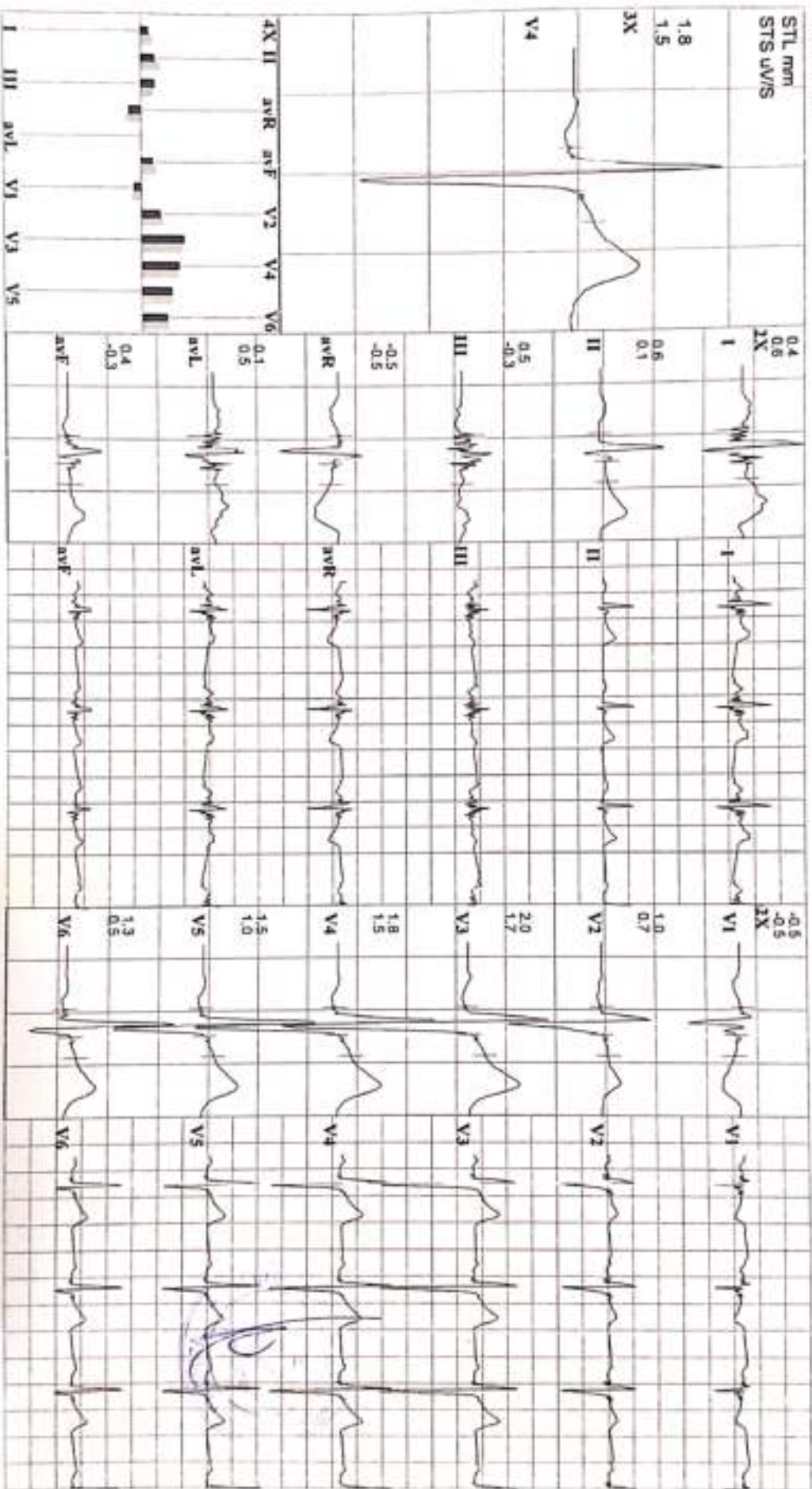


Clarity Medical Pvt Ltd.
#1687-A, JPL Industrial Park, Sector-82, Mohali

552 **KEYUR GADHIA**
35 Yrs/M Kg/Ht cms Ref No.
Date 27/05/2024 Time 10:28 AM

Speed — mph Hr 84 Target Hr 47% of 178 Filter 0.1 - 100 Hz Gain 10 mm/mV
Grade — % Meta 1 Ex Time — min:sec BLC On Sweep 25 mm/s
Protocol Bruce BP — mmHg Cur Time 00:18 Notch On Median Sweep 25 mm/s

Linked Medians
Pre Ex
Standing



PARAMOUNT DIAGNOSTIC & RESEARCH CENTRE

(A Unit of Paramount Charity Trust)

Radiology ■ Pathology ■ Histopathology ■ Molecular Biology

NAME : KEYUR GADHIA

AGE : 35 Y/M

DATE : 27/01/2024

ULTRASOUND WHOLE ABDOMEN

Liver is normal in size and shows normal parenchymal reflectivity. No focal lesion is seen. Hepatic veins appear normal. There is no evidence of any dilated intra hepatic biliary radicals.

Portal Vein appears normal in diameter. **Common Bile Duct** is of normal diameter.

Gallbladder is distended with normal wall thickness. There is no evidence of gallstones. No evidence of peri-cholecystic fluid or probe tenderness.

Pancreas is normal in size and shows homogenous reflectivity. There is no evidence of any calcification or ductal dilatation.

Spleen is normal size and shows a homogenous echotexture. There is no evidence of any focal lesion.

Both Kidneys are normal in position and size. They show normal cortical reflectivity and cortico-medullary distinction. Right kidney measures 95 x 44 mm. Left kidney measures 106 x 48 mm. There is no evidence of renal calculi, hydronephrosis or mass seen.

Bladder is distended and shows normal wall thickness. No evidence of intra-luminal mass or calculi.

Prostate gland is normal in size. It has smooth outlines and normal reflectivity. Estimated volume is around 19 cc.

There is no evidence of ascites.

No evidence of any gross bowel dilatation seen.

No evidence of any aorto-caval or mesenteric root lymphadenopathy.

No mass or collection in right iliac fossa.

CONCLUSION:

No sonographic abnormality is seen.

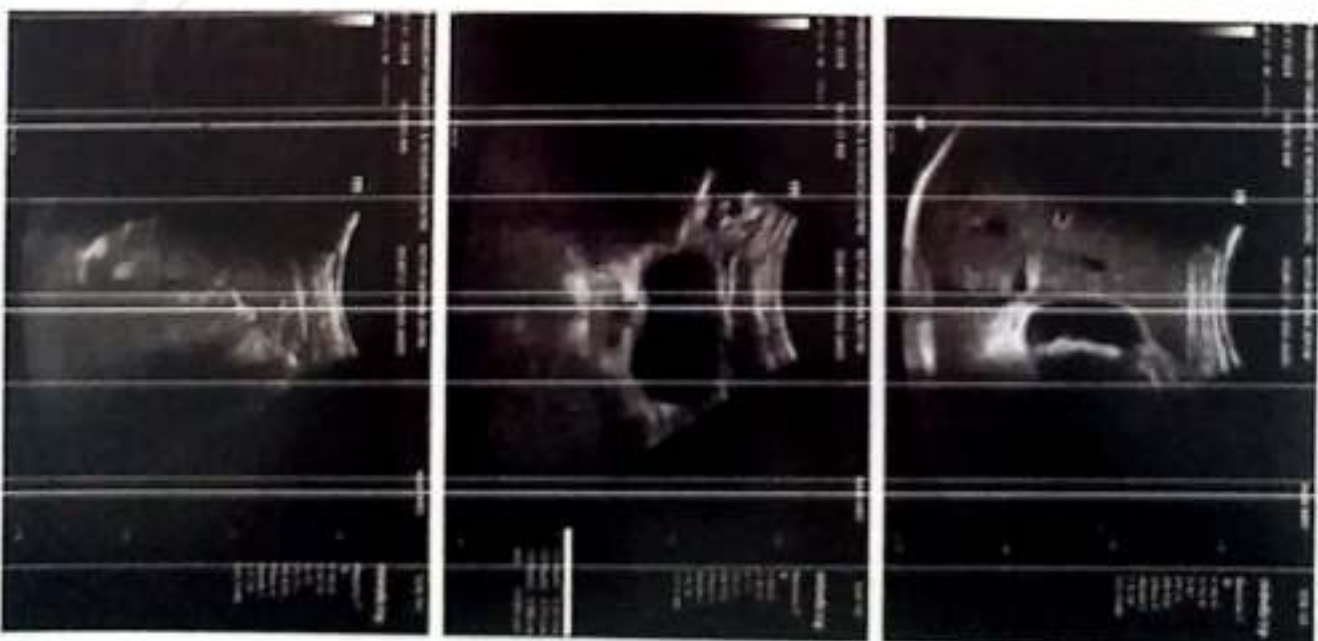
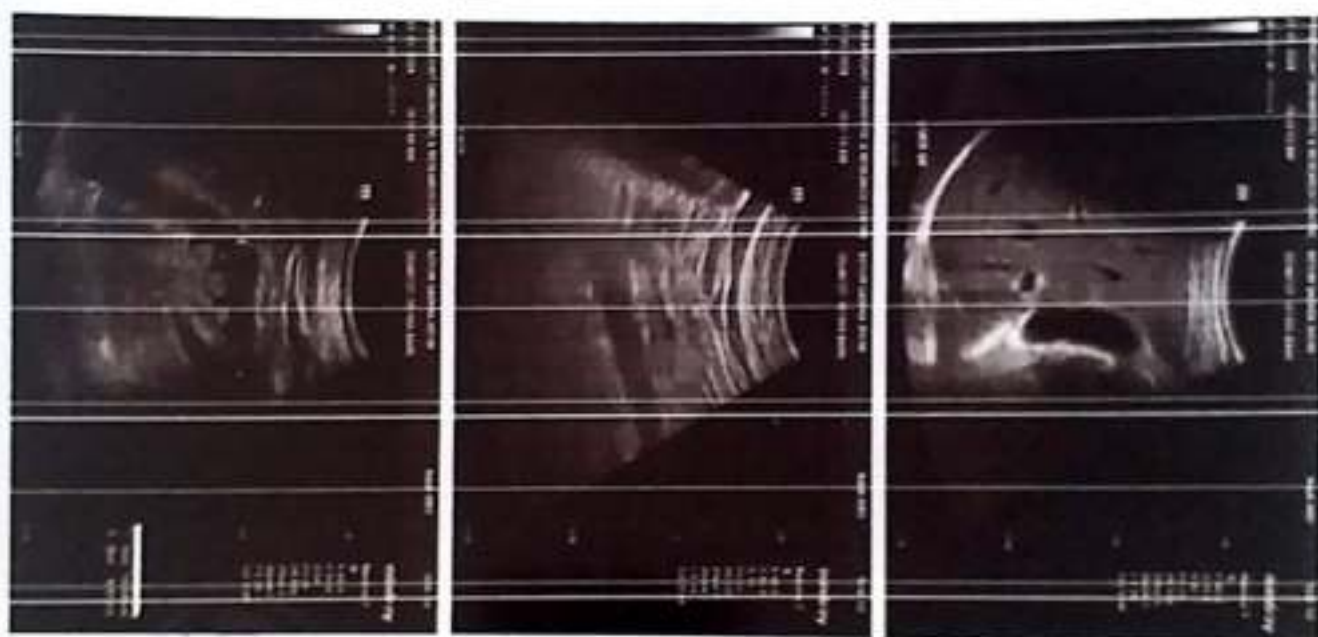
DR. HANY GANDHI
CONSULTANT RADIOLOGIST



24 hours Emergency Service Available for CT Scan / MRI / Pathology **AMBULANCE SERVICE AVAILABLE**

Main Branch: Paramount Complex, Getri Road, Race Course, Vadodra. Ph.: 0265-2395772, 2397438, 8647222, +91 - 6352731483,
Path. Lab : 0265 - 6603900/901/902/903, +91 - 8160226911, +91 - 9099066029

City Branch: Opp. Brahman Sabha Hall, Pratap Road, Dandlabazar, Vadodra. Ph.: 0265 - 2423233, +91 - 6352734810



PARAMOUNT DIAGNOSTIC & RESEARCH CENTRE

(A Unit of Paramount Charity Trust)

Radiology ■ Pathology ■ Histopathology ■ Molecular Biology

NAME : KEYUR GADHIA	AGE : 35 Y/M	DATE : 27/01/2024
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X RAY CHEST (PA)

OBSERVATIONS:

Both the lung fields and apices appear clear.

Both the hilar shadow appears normal.

Cardiac silhouette appears normal.

Both the costophrenic sinuses are clear.

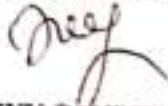
Mediastinal and tracheal shadows are normal.

Both the domes of diaphragm are normal.

Visualized rib cage and clavicle are normal.

COMMENTS:

No significant abnormality is seen.



DR. HANY GANDHI
CONSULTANT RADIOLOGIST



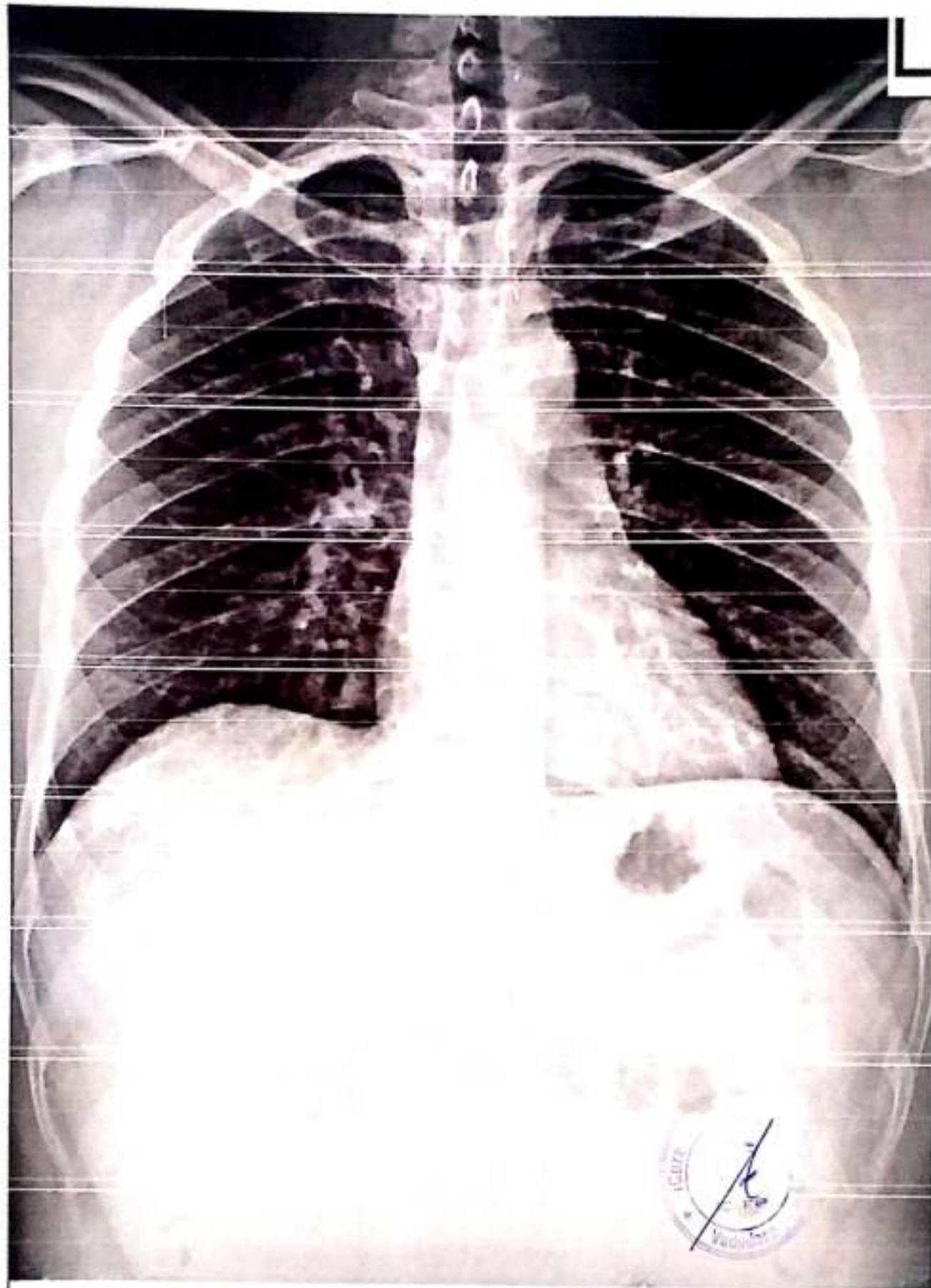
4

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KEYUR GADHIA 35 YRS. 2701241 CHEST PA 27-01-2024

PARAMOUNT DIAGNOSTIC & RESARCH CENTRE

301 Trivia complex, near Natubhai circle, Racecourse Road

Name : KEYUR GADHIA
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 35 Yrs./M
Date : 27/01/2024
Report ID. : 1

HAEMOGRAM PROFILE

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>	<u>METHOD</u>	<u>REFERENCE INTERVAL</u>
<u>BLOOD COUNTS & INDICES</u>				
Haemoglobin	: 12.50	gm%		13.5 - 17.0 gm%
Total RBC	: 5.18	mill/cmm		4.6 - 6.2 mill/cmm
PCV	: 40.00	%		40 - 54 %
MCV	: 80.00	fL		80 - 96 fL
MCH	: 29.00	pg		27 - 31 pg
MCHC	: 33.00	%		32 - 36 %
RDW	: 12.00	%		10 - 15 %
Total WBC	: 6,600	/cmm		4,000 - 11,000/cmm
Platelet Count	: 3,01,000	/cmm		1.5 - 4.0 Lac/cmm.
<u>DIFFERENTIAL LEUCOCYTES COUNT</u>				
Band Cells	: 00	%		00 - 06 %
Neutrophils	: 52	%		55 - 70 %
Lymphocytes	: 39	%		20 - 40 %
Eosinophils	: 04	%		01 - 06 %
Monocytes	: 05	%		02 - 08 %
Basophils	: 00	%		00 - 01 %
Platelet in Smear	: ADEQUATE			
<u>ERYTHROCYTES SEDIMENTATION RATE</u>				
ESR After 1st Hour	: 6	mm	Westergren	01 - 07 mm
Blood Group	: * O *			
Rh Factor (Anti D)	: * POSITIVE *			

(By Fully Automated Cell Counter System KK - 21, Japan)

END OF REPORT


Heart & General Clinic

301 Trivia complex, near Natubhai circle, Racecourse Road

Name : KEYUR GADHIA
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 35 Yrs./M
Date : 27/01/2024
Report ID. : 1

BIOCHEMISTRY

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>	<u>REFERENCE INTERVAL</u>
Blood Urea	: 19.00	mg/dL	10 - 50 mg/dL
Blood Urea Nitrogen - BUN	: 10.00	mg/dL	4.5 - 19.0 mg/dL
Serum Creatinine	: 0.96	mg/dL	0.6 - 1.4 mg/dL
Serum Uric Acid	: 5.80	mg/dL	3.4 - 7.0 mg/dL
<u>SERUM PROTEIN</u>			
Serum Protein Total	: 6.90	g/dL	6.6 - 8.3 g/dL
Albumin	: 4.60	g/dL	3.5 - 5.0 g/dL
Globulin	: 2.30	g/dL	2.3 - 3.5 g/dL
A/G Ratio	: 2.0	: 1	1.5 - 2.5 : 1
Bilirubin - Total	: 0.3	mg/dL	0.00 - 1.00 mg/dL
Bilirubin - Direct	: 0.2	mg/dL	Upto 0.30 mg/dL
Bilirubin - Indirect	: 0.1	mg/dL	0.1 - 1.0 mg/dL
SGPT	: 14.1	IU/L	10 - 40 IU/L
SGOT	: 19.4	IU/L	Upto 40 IU/L
Serum Alkaline Phosphatase	: 88.0	U/L	37 - 147 U/L
<u>FASTING (FBS)</u>			
Blood Glucose	: 118.0	mg/dL	70 - 110 mg/dL
<u>POST-PRANDIAL</u>			
Blood Glucose	: 132.0	mg/dL	80 - 140 mg/dL
<u>SPECIAL TESTS</u>			
GGTP	: 12	U/L	05 - 85 U/L
Gamma Glutamyltransferase			

Done By Fully Auto Analyser ABURA A-100M

END OF REPORT

301 Trivia complex, near Natubhai circle, Racecourse Road

Name : KEYUR GADHIA
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 35 Yrs./M
Date : 27/01/2024
Report ID. : 1

LIPID PROFILE

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>	<u>REFERENCE INTERVAL</u>
Total Lipid (Calculated)	: 411	mg/dL	350 - 750 mg/dL
Serum Cholesterol	: 151.2	mg/dL	130 - 200 mg/dL
Serum Triglyceride	: 65.3	mg/dL	60 - 165 mg/dL
HDL Cholesterol	: 42.9	mg/dL	30 - 70 mg/dL
LDL Cholesterol	: 95.2	mg/dL	Upto 150 mg/dL
LDL Cholesterol - Direct	: 108.0	mg/dL	Upto 150 mg/dL
CHOL./HDL Chol. Ratio	: 3.52	: 1	Less than 5
LDL Chol./HDL Chol Ratio	: 2.22	: 1	Less than 3.5
VLDL (Calculated)	: 13.06	mg/dL	Upto 30 mg/dL

Hb A1C REPORT

Hb A1C - Glycated Hb Glycated Haemoglobin	: 6.3	%	Non Diabetic : 4.3 - 6.3 % Good Control : 6.4 - 7.5 % Moderate Control : 7.5 - 9.0 % Poor Control : 9.0 % & Above
Avg. Blood Glucose Level	: 147	mg/dL	
Estimated Average Glucose eAG	: 134	mg%	

END OF REPORT

301 Trivia complex, near Natubhai circle, Racecourse Road

Name : KEYUR GADHIA
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 35 Yrs./M
Date : 27/01/2024
Report ID. : 1

EXAMINATION OF URINE

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>
Sample	: FASTING	
<u>PHYSICAL EXAMINATION</u>		
Quantity	: 10	mL
Colour	: PALE YELLOW	
Transparency	: CLEAR	
Specific Gravity	: 1.030	
Reaction	: ACIDIC	
Deposits	: ABSENT	
<u>CHEMICAL EXAMINATION</u>		
Albumin	: NIL	
Sugar	: NIL	
Acetone	: ABSENT	
Bile Salts	: ABSENT	
Bile Pigments	: ABSENT	
Urobilinogen	: NORMAL :- < 1.0 mg/dL	
Occult Blood	: ABSENT	
Nitrate	: ABSENT	
<u>MICROSCOPIC EXAMINATION</u>		
Pus Cells	: 0-1 / hpf	
RBC	: NIL	
Epithelial Cells	: NIL	
Crystals	: NIL	
Amorphous Phosphate	: NIL	
Cast	: NIL	

THYROID FUNCTIONS

Total Triiodothyronine - T3	: 1.12	ng/mL	0.58 - 1.59 ng/mL
Total Thyroxine - T4	: 8.10	ng/ml	4.87 - 11.72 microgram% ng/dL
Thyroid Stim. Hormone -TSH	: 1.88	ng/mL	0.35 - 4.94 IU/mL
Free Triiodothyronine - FT3	: 1.80	pg/mL	1.4 - 4.2 pg/mL
Free Thyroxine - FT4	: 1.20	ng/mL	0.7 - 1.8 ng/dL

END OF REPORT