

MER- MEDICAL EXAMINATION REPORT

|                                   |                                      |                    |
|-----------------------------------|--------------------------------------|--------------------|
| Date of Examination               | 31/8/2024.                           |                    |
| NAME                              | Babu Weshav Jadhav                   |                    |
| AGE                               | 35                                   | Gender Male.       |
| HEIGHT(cm)                        | 162 cm                               | WEIGHT (kg) 63 kg. |
| B.P.                              | 110/70 mmHg.                         |                    |
| ECG                               | Normal                               |                    |
| X Ray                             | NAD                                  |                    |
| Vision Checkup                    | Color Vision:                        | Normal.            |
|                                   | Far Vision Ratio:                    | 6/6 - corrected.   |
|                                   | Near Vision Ratio:                   | N5 - uncorrected.  |
| Present Ailments                  | N/A                                  |                    |
| Details of Past ailments (If Any) | Poliomyelitis in childhood.          |                    |
| Comments / Advice:                | <del>She</del> /He is Physically fit |                    |

Signature with Stamp of Medical Examiner

Dr. MUKUL ARTE MBBS, DNB  
 Regn. No: 44293 (MMC)  
 Approved By DG Shipping (GoI)  
 Consultant In Marine Medicine & Aviation Medicine  
 A-101-102, Heritage Plaza, Yeshi Cross Lane,  
 Andheri East, Mumbai-400 069  
 SEA BIRD MEDICARE CENTRE

# CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Babu Keshav Jadhav on 21/11/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

|   | Tick |
|---|------|
| <ul style="list-style-type: none"> <li>• Medically Fit</li> </ul>   | ✓    |
| <ul style="list-style-type: none"> <li>• Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after.....</p> |      |
| <ul style="list-style-type: none"> <li>• Currently Unfit. Review after..... recommended</li> </ul>  |      |
| <ul style="list-style-type: none"> <li>• Unfit</li> </ul>   |      |

Dr. [Signature]  
 Medical Officer  
 The Apollo Clinic, (Location)

*This certificate is not meant for medical purposes*

**Dr. MUKUL ARTE** MBBS, DNB  
 Regn. No: 44293 (MHC)  
 Approved by Maharashtra Shipping (GOI)  
 Consultant in Marine Medicine & Aviation Medicine  
 A-101-102, Heritage Plaza, 1st Cross Lane,  
 Andheri East, Mumbai-400 069  
**SEA BIRD MEDICARE CENTRE**



# SEA BIRD MEDICARE CENTRE

Report ID : **BJM318145949**  
Patient Name : **Mr. BABU KESHAV JADHAV**  
Rank :  
Ref By : **DR. MUKUL ARTE**

Reg. : **31-Aug-2024**  
Report Date : **02-Sep-2024**  
Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**  
Age/Sex : **34 Year / Male**

## CHEST X RAY REPORT

X-Ray No : 7389

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

**Impression :**

**Normal Chest X-Ray.**

  
Dr. Jacob  
Mathew MD

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Powai: 022-25701053 / 25704157

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Website: [www.seabirdhf.com](http://www.seabirdhf.com) | Email: [seabird@seabirdhf.com](mailto:seabird@seabirdhf.com)



PID NO. : CHA1536

Name : BABU KESHAV JADHAV

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE  
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

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REPORT

Complete Blood Count

| Test                      | Result | Units          | BIOLOGICAL REFERENCE INTERVAL |
|---------------------------|--------|----------------|-------------------------------|
| Hemoglobin                | 16.3   | gm/dl          | 13.0 - 17.0                   |
| <b>RED BLOOD CELLS</b>    |        |                |                               |
| R.B.C. Count              | 6.36   | million / cumm | 4.5- 5.5                      |
| HCT                       | 50     | %              | 40- 50                        |
| MCV                       | 78.6   | fL             | 83 - 101                      |
| MCH                       | 25.6   | pg             | 27 - 32                       |
| MCHC                      | 32.5   | gm / dl        | 31.5 - 34.5                   |
| RDW (CV)                  | 14     | %              | 11.6- 14.0                    |
| Total W.B.C. Count        | 9490   | /cu.mm.        | 4000 - 10000                  |
| <b>DIFFERENTIAL COUNT</b> |        |                |                               |
| Neutrophils               | 69     | %              | 40 - 80                       |
| Lymphocytes               | 27     | %              | 20 - 40                       |
| Eosinophils               | 02     | %              | 1 - 6                         |

Pritam Dhanawade  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No.200603168C





*Sea Bird*  
Sea Bird Medicare Centre



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## REPORT

### Complete Blood Count

| <u>Test</u>    | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|----------------|---------------|--------------|--------------------------------------|
| Monocytes      | 02            | %            | 2 - 10                               |
| Basophils      | 00            | %            | 0 - 1                                |
| Platelet Count | 303000        | /cumm        | 150000 - 410000                      |

#### MORPHOLOGY

|                    |  |
|--------------------|--|
| RBC Morphology     | Predominantly Normocytic and Normochromic. |
| WBC Morphology     | Normal Morphology.                         |
| Platelets on Smear | Adequate on smear                          |

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

----- End of Report -----

Pritam Dhanawade  
Lab Technician

DR. RITESH KHARCHE  
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Pathologist  
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## REPORT

### Erythrocyte Sedimentation Rate (ESR)

| <u>Test</u> | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|-------------|---------------|--------------|--------------------------------------|
| E.S.R       | 08            | mm at 1hr    | 0 - 15                               |

Method: Westergren.  
Sample: Whole Blood (EDTA)

----- End of Report -----

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## REPORT

### Blood Group

| <u>Test</u>        | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|--------------------|---------------|--------------|--------------------------------------|
| <b>BLOOD GROUP</b> |               |              |                                      |
| ABO Group          | "A"           |              |                                      |
| RH (D)             | Positive      |              |                                      |

Method : Cell (Forward) grouping by Manual Slide Method.  
Sample: Whole Blood (EDTA)

----- End of Report -----

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**REPORT**

**BIOCHEMISTRY**

| <u>Test</u>  | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|--|---------------|--------------|--------------------------------------|
| Serum S.G.P.T.<br>(Serum, Method- IFCC without/with PDP) | 30.03         | U/L          | 0 - 41                               |
| Bilirubin (Total)<br>(Serum, Method-Diazo- End point)    | 0.61          | mg/dl        | 0.0 - 1.20                           |
| Bilirubin (Direct)<br>(Serum, Method-Diazo-End point)    | 0.11          | mg/dl        | 0.0 - 0.40                           |
| Bilirubin (Indirect)<br>Calculated                       | 0.50          | mg/dl        | 0.0 - 0.90                           |
| Serum Creatinine<br>(Serum, Method- Kinetic Jaffe's)     | 0.81          | mg/dl        | 0.62 - 1.17                          |

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

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**REPORT**

**Biochemistry Report**

| <u>Test</u>  | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|--|---------------|--------------|--------------------------------------|
| BUN (Blood Urea Nitrogen)<br>Serum, Method: Urease | 10.14         | mg/dl        | 6.0 - 20.0                           |
| Creatinine<br>Serum, Method-Kinetic Jaffes         | 0.81          | mg / dL      | 0.62 - 1.17 mg/dl                    |
| BUN/Creatinine Ratio<br>Calculated                 | 12.5          |              | 10 - 20.1                            |
| Urea<br>(Serum, Method-Urease)                     | 21.72         | mg/dl        | 16.6 - 48.5                          |

----- End of Report -----

Pritam Dhanawade  
Lab Technician

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MMC Reg No. 2006031680

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Ref By : APOLLO HEALTH AND LIFESTYLE  
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REPORT

BLOOD GLUCOSE

| Test  | Result | Units | BIOLOGICAL REFERENCE INTERVAL |
|---|--------|-------|-------------------------------|
| Blood Glucose (Fasting), plasma<br>(Plasma, Method- Hexokinase)<br>Interpretation:<br>NORMAL : 70 - 100 mg/dl<br>Pre-Diabetic : 100 - 125 mg/dl<br>Diabetic : >125 mg/dl<br>(ON MORE THAN ONE OCCASION )<br>Reference : American diabetes association guidelines 2022 | 103.82 | mg/dl | 70.00 - 100.00 mg/dl          |
| Urine Glucose (Fasting)   | Absent |       | Absent                        |
| Urine Ketones (Fasting)   | Absent |       | Absent                        |
| Blood Glucose (PP) plasma<br>(Plasma, Method- Hexokinase)<br>Interpretation:<br>Non-Diabetic : 70 - 140 mg/dl<br>Pre-Diabetic : 140 - 199 mg/dl<br>Diabetic : >200 mg/dl<br>(ON MORE THAN ONE OCCASION )<br>Reference : American diabetes association guidelines 2022 | 105.88 | mg/dl | 70.00 - 140.00                |
| Urine Glucose (PP)  | Absent |       | Absent                        |
| Urine Ketones (PP)  | Absent |       | Absent                        |

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

Pritam Dhanawade  
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Pathologist  
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## REPORT

### BLOOD GLUCOSE

| <u>Test</u> | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|-------------|---------------|--------------|--------------------------------------|
|-------------|---------------|--------------|--------------------------------------|

----- End of Report -----

Pritam Dhanawade  
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DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
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**REPORT**

**URINE ANALYSIS**

| <u>Test</u>                        | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|------------------------------------|---------------|--------------|--------------------------------------|
| <b><u>PHYSICAL EXAMINATION</u></b> |               |              |                                      |
| Colour                             | Pale Yellow   |              | Pale Yellow                          |
| Quantity                           | 30 ml         | ml           | 20 - 50                              |
| Appearance                         | Clear         |              | Clear                                |
| Reaction (pH)                      | 5.0           |              | 5.0 - 9.0                            |
| Specific Gravity                   | 1.010         |              | 1.000 - 1.030                        |
| <b><u>CHEMICAL EXAMINATION</u></b> |               |              |                                      |
| Proteins                           | Absent        |              | Absent                               |
| Sugar                              | Absent        |              | Absent                               |
| Ketone Bodies                      | Absent        |              | Absent                               |
| Bilirubin                          | Absent        |              | Absent                               |
| Nitrite                            | Absent        |              | Absent                               |
| Urobilinogen                       | Normal        | mg/dl        | Normal (0.1 - 1.0 mg/dl)             |

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**Pathologist**  
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**REPORT**

**URINE ANALYSIS**

| <u>Test</u>                           | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|---------------------------------------|---------------|--------------|--------------------------------------|
| Ocult Blood                           | Absent        |              | Absent                               |
| <b><u>MICROSCOPIC EXAMINATION</u></b> |               |              |                                      |
| Pus Cells                             | 1 - 2 / hpf   |              | 2 - 3 / hpf                          |
| Red Blood Cells                       | Absent        |              | Absent                               |
| Epithelial cells                      | 1 - 2 / hpf   |              | 2 - 3 / hpf                          |
| Casts                                 | Absent        |              | Absent                               |
| Crystals                              | Absent        |              | Absent                               |
| Other Findings                        | Absent        |              |                                      |

**METHOD:**

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/ peroxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----

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Pathologist  
MMC Reg No.200603168C

भारत सरकार  
GOVERNMENT OF INDIA

बाबु केशव जाधव  
Babu Keshav Jadhav  
जन्म तिथि / DOB: 04/11/1989  
पुरुष / MALE

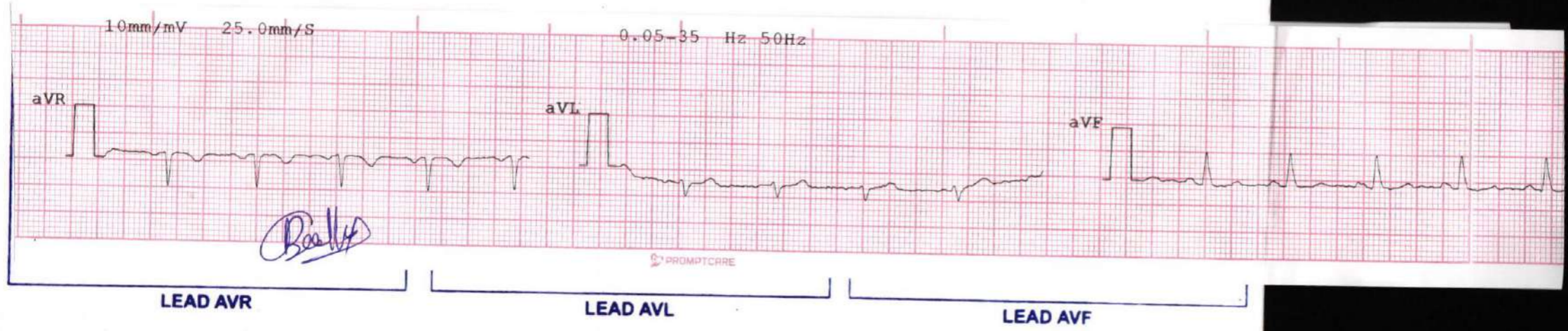
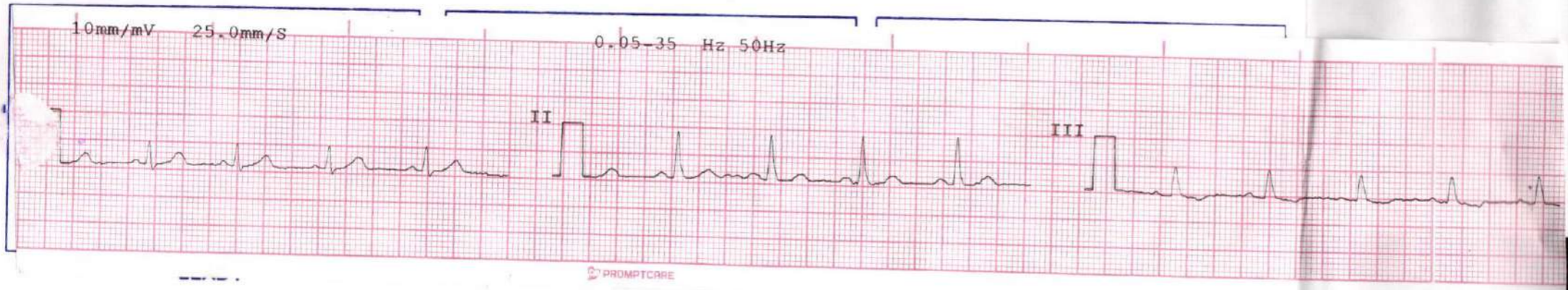
9719 2337 6897

मेरा आधार, मेरी पहचान



*Beehary*







10mm/mV 25.0mm/s

0.05-35 Hz 50Hz



PROMPTCARE

10mm/mV 25.0mm/s

0.05-35 Hz 50Hz



*Beckus*

PROMPTCARE

|         |            |      |
|---------|------------|------|
| HR      | : 89       | BPM  |
| QRS DUR | : 95       | mS   |
| QT INT  | : 348      | mS   |
| QTc INT | : 424      | mS   |
| PR INT  | : 130      | mS   |
| RR INT  | : 672      | mS   |
| QT/QTc  | : 82       | %    |
| QT/RR   | : 51       | %    |
| P/QRS/T | : 56/73/16 | degr |



**E. C. G. REPORT**

REMARKS \_\_\_\_\_  
QRS COMPLEX \_\_\_\_\_ N  
P WAVE \_\_\_\_\_ N  
RATE \_\_\_\_\_ 87 bpm  
RHYTHM \_\_\_\_\_ Regular  
PR INTERVAL \_\_\_\_\_ N  
ST SEGMENT \_\_\_\_\_ ST. SEGMENT *ST. segment*  
T. WAVE \_\_\_\_\_ T. WAVE *ST. segment*  
VOLTAGE \_\_\_\_\_ N

SEA BIRD MEDICARE CENTRE  
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A-101-102, Heritage Plaza, Telli Cross Lane,  
Consent in Marine Medicine  
Approved By DG Shipping (GD)  
Regn. No: 44293 (MNC)  
DR. JYOTI ARTE MBBS, DNB

**ELECTROCARDIOGRAPHIC REPORT**



**Sea Bird**  
Sea Bird Medicare Centre  
(ISO: 9001 - 2015)

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NAME Baby Jadhav

AGE 35 DATE 31/08/24