

MER- MEDICAL EXAMINATION REPORT

Date of Examination	13-07-24.		
NAME	Mavanletha KRISHNAN.H.		
AGE	38	Gender	M.
HEIGHT(cm)	185 cm	WEIGHT (kg)	88 kg
B.P.	120/80		
ECCG	/ Report Attached		
X Ray			
Vision Checkup	Color Vision :	/ Report Attached.	
	Far Vision Ratio :		
	Near Vision Ratio :		
Present Ailments	-		
Details of Past ailments (If Any)	-		
Comments / Advice : She /He is Physically Fit	FIT		

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University School of Medicine - USA  
Cardio-Diabetologist & Obesity Consultant  
Regd.No: 72228  
Signature with Stamp of Medical Examiner

## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Navaneetha Krishnan on 13.07.21.

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>• Medically Fit</li> </ul>	✓
<ul style="list-style-type: none"> <li>• Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> <li>• Currently Unfit.</li> </ul> <p>Review after _____ recommended</p>	
<ul style="list-style-type: none"> <li>• Unfit</li> </ul>	

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Cardio-Diabetologist & Obesity Consultant  
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*This certificate is not meant for medico-legal purposes*

SDK-1A

**Optometry OP - Case Record**

Name : Mr. Navaneetha - Age/Gender : 38/m Date : 13/7/24  
 Reg.No.: 1717320 - Krishnan Occupation : 2220

**Complaints of**

PG months/years old

- Regular Check-up / Broken / Missed Spectacle
- Fall of Foreign body  Redness / Watering / Irritation
- Pain  LE  RE Duration
- Defective Vision  DV  NV Duration
- Headache  Duration

*Joh*

**Present Spectacle Power**

*run*

**Systemic Diseases :**

Diabetis	Hypertension	Cardiac Disease
	<i>run</i>	
Others		

**Relevant Lab Report :**

Parameters	OD	OS
Unaided Vision	<i>6/6</i>	<i>6/6</i>
Pin Hole Vision		
Vision With PG		
NCT		

**Automated Refractometry**

*ru -0.50 x 70*  
*c -0.50 x 150*

*+*                      *+*

**Subjective Refraction :**

	Sph	Cyl	Axis	V/A	Sph	Cyl	Axis	V/A
DV		<i>pluo</i>		<i>6/6</i>		<i>pluo</i>		<i>6/6</i>
NV ADD				<i>Nb</i>				<i>Nb</i>

**Need Dilation / Cycloplegic Refraction**

Tropicamide Plus / Cyclopentolate

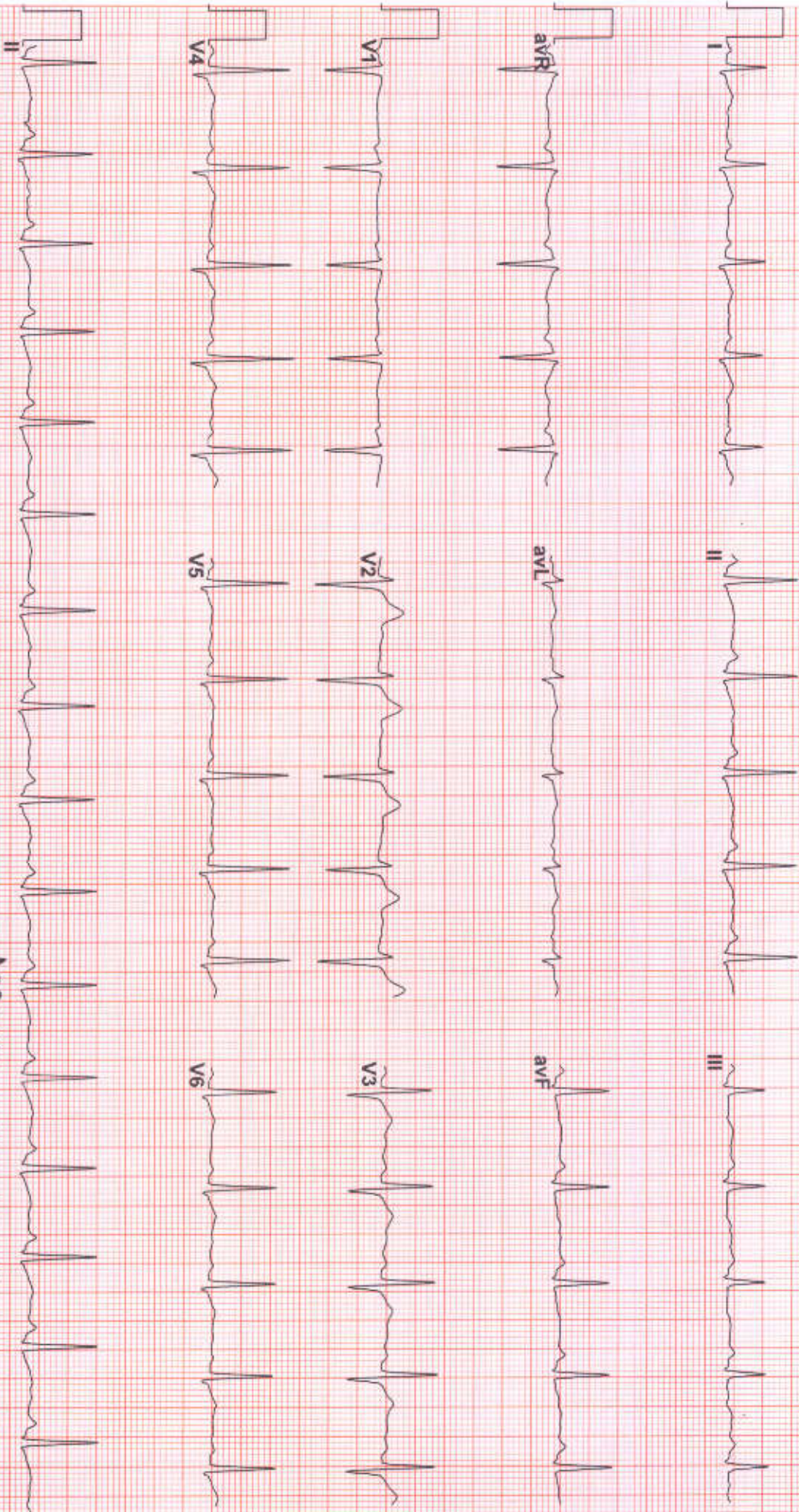
	Sph	Cyl	Axis	V/A	Sph	Cyl	Axis	V/A
DV								

**Lens Prescription**

**Need PMT**

*cu B.L. Normal*

*R. Chub*  
Optometrist Signature



INDICATIONS: Normal Sinus Rhythm( Normal)

Vent Rate : 95 bpm PR Interval : 144 ms QRS Duration: 92 ms QT/QTc Int : 328/414

P-QRS-T axis: 65° 59° 33° (Deg)

Comments :

**NORMAL**

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Advice:



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Patient Name:	Mr. NAVANEETHA KRISHNAN . M	Registered on:	13/07/2024 11:11 AM
Age / Sex:	38 YRS / M	Collected on:	13/07/2024
Referred By:	Dr. RAMESH PRABHOO (MBBS, FRSH )	Received on:	13/07/2024
LAB.REGN NO: / UHID:	2081 /	Reported on:	13/07/2024 02:40 PM



2081

HAEMATOLOGY  
CBC WITH ESR

TEST	VALUE	UNIT	REFERENCE
Hemoglobin	15.3	g/dl	13 - 17
Total Leukocyte Count	6,200	cumm	4,000 - 10,000
Differential Leucocyte Count			
Neutrophils	56	%	40 - 75
Lymphocyte	39	%	20 - 45
Eosinophils	03	%	0 - 7
Monocytes	02	%	0 - 8
Basophils	00	%	< 2
Platelet Count	2.20	lakhs/cumm	1.5 - 4.1
Total RBC Count	4.84	million/cumm	4 - 5.5
Hematocrit Value, Hct	47.2	%	40 - 50
Mean Corpuscular Volume, MCV	97.5	fL	83 - 101
Mean Cell Haemoglobin, MCH	31.6	Pg	27 - 32
Mean Cell Haemoglobin CON, MCHC	32.4	%	31.5 - 34.5
Mean Platelet Volume, MPV	8.3	fL	7 - 13
Erythrocyte Sedimentation Rate (Wintrobe)	10	mm for 1st hour	0 - 15

VERIFIED BY LAB INCHARGE



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TEST	VALUE	UNIT	REFERENCE
Blood Group & Rh.			
ABO	B		
Rh (ANTI -D)	POSITIVE		

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**BIOCHEMISTRY**  
**LIPID PROFILE (T.CHOL)**

TEST	VALUE	UNIT	REFERENCE
Total Cholesterol	191.0	mg/dl	50 - 200

**LIVER FUNCTION TEST(ALL BILLU, PT)**

TEST	VALUE	UNIT	REFERENCE
Serum Bilirubin (Total)	0.8	mg/dl	0.2 - 1.2
SGPT (ALT)	30.2	U/l	0 - 40
Serum Bilirubin (Direct)	0.5	mg/dl	0 - 0.6
Serum Bilirubin (Indirect)	0.3	mg/dl	0 - 0.8

**RENAL FUNCTION TEST (CRE,BUN)**

TEST	VALUE	UNIT	REFERENCE
Serum Creatinine	1.20	mg/dl	0.5 - 1.4
Blood Urea Nitrogen Method: Venipuncture Instrument: Biochemical Analyzer	12.6	mg/dl	5 - 20

TEST	VALUE	UNIT	REFERENCE
Fasting Blood Sugar	H 242.9	mg/dl	70 - 110
PP 2HRS BLOOD SUGAR	H 300.2	mg/dl	90 - 160
BUN / Creatinine Ratio	10.5	mg/dL	7 - 20

VERIFIED BY LAB IMAGE



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**ROUTINE URINE ANALYSIS**

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2081

ROUTINE URINE ANALYSIS

TEST	VALUE	UNIT	REFERENCE
Urine Routine Examination			
Physical Examination			
Quantity	30	ml	
Colour	Pale Yellow		Pale Yellow
Transparency	Clear		Clear
Specific Gravity	1.020		1.005 - 1.03
pH	6.0		5 - 7
Blood	Absent		Absent
Chemical Examination			
Protein / Albumin	Absent		Absent
<b>Sugar / Glucose</b>	<b>REDDISH BROWN (++++)</b>		<b>Absent</b>
Bilirubin	Absent		Absent
Microscopic Examination			
R.B.C.	Absent	/HPF	Absent
Pus Cells	0-3	/HPF	Absent
Epithelial Cells	1-2	/HPF	Absent
Casts	Absent		Absent
Crystals	Absent		
Bacteria	Absent		Absent
Others	Absent		

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Name MR.NAVANEETHA KRISHNAN Date 13.07.2024

AGE/SEX 38/M

**CHEST X- RAY (PA VIEW)**

- Both the lung fields are clear.
- Hilar shadows are normal.
- CP recesses are free bilaterally.
- Cardiac size and contour within normal limits.
- Diaphragmatic domes are regular bilaterally.

**Impression: Normal X-Ray Chest.**

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