

MEDICAL SUMMARY

NAME:	Dr. Abhijit Lawrence	UHID:	
AGE:	24	DATE OF HEALTHCHECK:	24/2/2024
GENDER:	M		

HEIGHT:	182	MARITAL STATUS:	Single
WEIGHT:	118.2	NO OF CHILDREN:	0
BMI:	35.7		

C/O: Bone Arthritis.

K/C/O: Dyslipidemia,
PRESENT MEDICATION: - Tel - Atorvastatin 20
0-0-1.

P/M/H: - No

P/S/H: - No

ALLERGY: - No

PHYSICAL ACTIVITY: Active / Moderate / Sedentary

H/A: SMOKING: - Yes

FAMILY HISTORY FATHER: - DM

ALCOHOL: - Occ.

MOTHER: - DM

TOBACCO/PAN:

O/E:

LYMPHADENOPATHY:

BP: 120/80 PULSE: - 84/min

PALLOR/ICTERUS/CYNOSIS/CLUBBING:) (MAD)

TEMPERATURE: SCARS:

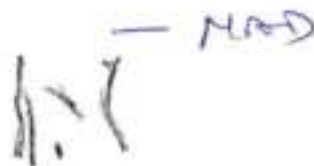
OEDEMA:

S/E:

RS:



P/A:



CVS: S, S, A

Extremities & Spine: - (MAD)

CNS: Cordless, cordless

ENT:) (MAD)

Skin:

Vision:

	Without Glass		With Glass	
	Right Eye	Left Eye	Right Eye	Left Eye
FAR :				
NEAR :				
COLOUR VISION:				

• ANDHERI • COLABA • NASHIK • VASHI

Name: Mr. Abhijit Soraikane Age: 34/M Date of Health check-up: 24/02/2024.

Findings and Recommendation:

Findings:-

Chest -

Renal calculi

Recommendation:-

- Diet/ exercise

- Urology - if

Signature:

Consultant -



DR. ANIRBAN DASGUPTA
MBBS, D.N.B MEDICINE
DIPLOMA CARDIOLOGY
MMC- 2005/02/0920

DR. ANIRBAN DASGUPTA
MBBS, D.N.B MEDICINE
DIPLOMA CARDIOLOGY
MMC- 2005/02/0920

OPHTHALMIC EVALUATION

UHID No.: _____

Date 24/2/24

Name : Mr Alekhit Age : 33 Gender : Male / Female

Without Correction :

Distance: Right Eye _____ Left Eye _____

Near : Right Eye _____ Left Eye _____

With Correction :

Distance: Right Eye 6/6 Left Eye 6/6

Near : Right Eye N6 Left Eye N6

	RIGHT					LEFT				
	SPH	CYL	AXIS	PRISM	VA	SPH	CYL	AXIS	PRISM	VA
Distance			<u>Plano</u>			<u>-0.25</u>				
Near										

Colour Vision : NAI

Anterior Segment Examination : NAI (R)

Pupils : _____

Fundus : _____

Intraocular Pressure : 12 mm Hg (R)

Diagnosis : _____

Advice : _____

Re-Check on yearly (This Prescription needs verification every year)

Dr. R
(Consultant Ophthalmologist)

DR. RUCHIRA SHARMA
M. S. (OPHTH)
CONSULTING OPHTHALMOLOGIST
& MICRO SURGEON

REG. No. 32627/23/02

DENTAL CHECKUP

Name: Abhijit Sonawane	MR NO:
Age/Gender : 34 / M	Date: 24/2/24

Medical history: Diabetes Hypertension

EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus & Stains				
Mobility			✓	✓
Caries (Cavities)				
a) Class 1 (Occlusal)				
b) Class 2 (Proximal)			✓	✓
c) Class 5 (Cervical)				
Faulty Restoration				
Faulty Crown				
Fractured Tooth				
Root Pieces				
Impacted Tooth			✓	✓
Missing Tooth				
Existing Denture				

TREATMENT ADVISED:

TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling				
Root Canal Therapy				
Crown			✓	✓
Extraction			✓	✓

Oral Prophylaxis: Scaling & polishing
 Orthodontic Advice for Braces: Yes / No
 Prosthetic Advice to Replace Missing Teeth: Denture Bridge Implant
 Oral Habits: Tobacco Cigarette Others since ___ years
 Advice to quit any form of tobacco as it can cause cancer.

Other Findings: _____

DR. AQSA SHAIKH

B. D. S

Reg. No: A 42611

Dr. Aqsa Shaikh
[Signature]

- Scaling & polishing - 800
- Start using floss.
- Ec RCT 7/7, prosthesis 7/7
- Extraction 6/6, Implant 6/6

• ANDHERI • COLABA • NASHIK • VASHI

Name : Mr. Abhijit Suresh Sonawane Gender : Male Age : 34 Years
UHID : FVAH 10738. Bill No : Lab No : V-3208-23
Ref. by : SELF Sample Col.Dt : 24/02/2024 09:05
Barcode No : 9886 Reported On : 24/02/2024 15:07

TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
HAEMOGRAM(CBC,ESR,P/S)-WB (EDTA)		
Haemoglobin(Colorimetric method)	14.7 g/dl	13 - 18
RBC Count (Impedance)	5.36 Millions/cumm.	4 - 6.2
PCV/Haematocrit(Calculated)	45.6 %	35 - 55
MCV:(Calculated)	85.2 fl	78 - 98
MCH:(Calculated)	27.5 pg	26 - 34
MCHC:(Calculated)	32.3 gm/dl	30 - 36
RDW-CV:	16.2 %	11.5 - 16.5
Total Leucocyte count(Impedance)	7300 /cumm.	4000 - 10500
Neutrophils:	59 %	40 - 75
Lymphocytes:	33 %	20 - 40
Eosinophils:	06 %	0 - 6
Monocytes:	02 %	2 - 10
Basophils:	00 %	0 - 2
Platelets Count(Impedance method)	2.33 Lakhs/c.mm	1.5 - 4.5
MPV	9.5 fl	6.0 - 11.0
ESR(Westergren Method)	10 mm/1st hr	0 - 20

Peripheral Smear (Microscopic examination)

RBCs: Normochromic, Normocytic

WBCs: Normal

Platelets: Adequate

Note: Test Run on 5 part cell counter. Manual diff performed.

Neha More
Entered By

Ms Kaveri Gaonkar
Verified By

Page 7 of 8
Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically

Name : Mr. Abhijit Suresh Sonawane Gender : Male Age : 34 Years
UHID : FVAH 10738. Bill No : Lab No : V-3208-23
Ref. by : SELF Sample Col.Dt : 24/02/2024 09:05
Barcode No : 9886 Reported On : 24/02/2024 15:07

TEST

RESULTS

Blood Grouping (ABO & Rh)-WB(EDTA) Serum

ABO Group: **:A:**
Rh Type: **Positive**
Method : Matrix gel card method (forward and reverse)

Sheetal Nakate
Entered By

Ms Kaveri Gaonkar
Verified By



Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically

Name : Mr. Abhijit Suresh Sonawane Gender : Male Age : 34 Years
UHID : FVAH 10738. Bill No : Lab No : V-3208-23
Ref. by : SELF Sample Col.Dt : 24/02/2024 09:05
Barcode No : 9886 Reported On : 24/02/2024 15:07

TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

PLASMA GLUCOSE


Fasting Plasma Glucose : 91 mg/dL Normal < 100 mg/dL
Impaired Fasting glucose : 101 to 125 mg/dL
Diabetes Mellitus : \geq 126 mg/dL
(on more than one occasion)
(American diabetes association guidelines 2016)

Post Prandial Plasma Glucose : 75 mg/dL Normal < 140 mg/dL
Impaired Post Prandial glucose : 140 to 199 mg/dL
Diabetes Mellitus : \geq 200 mg/dL
(on more than one occasion)
(American diabetes association guidelines 2016)

Method : Hexokinase

Vasanti Gondal
Entered By

Ms Kaveri Gaonkar
Verified By



Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

Page 2 of 2

End of Report
Results are to be correlated clinically

Name : Mr. Abhijit Suresh Sonawane Gender : Male Age : 34 Years
UHID : FVAH 10738. Bill No : Lab No : V-3208-23
Ref. by : SELF Sample Col.Dt : 24/02/2024 09:05
Barcode No : 9886 Reported On : 24/02/2024 15:07

TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

LIPID PROFILE - Serum

S. Cholesterol(Oxidase)	204	mg/dL	Desirable < 200 Borderline: >200-<240 Undesirable: >240
S. Triglyceride(GPO-POD)	118	mg/dL	Desirable < 150 Borderline: >150-<499 Undesirable: >500
S. VLDL:(Calculated)	23.6	mg/dL	Desirable <30
S. HDL-Cholesterol(Direct)	44.6	mg/dL	Desirable > 60 Borderline: >40-<59 Undesirable: <40
S. LDL:(calculated)	135.8	mg/dL	Desirable < 130 Borderline: >130-<159 Undesirable: >160
Ratio Cholesterol/HDL	4.6		3.5 - 5
Ratio of LDL/HDL	3		2.5 - 3.5

Vasanti Gondal
Entered By

Ms Kaveri Gaonkar
Verified By



Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically

Page 5 of 9

Name : Mr. Abhijit Suresh Sonawane Gender : Male Age : 34 Years
UHID : FVAH 10738. Bill No : Lab No : V-3208-23
Ref. by : SELF Sample Col.Dt : 24/02/2024 09:05
Barcode No : 9886 Reported On : 24/02/2024 15:07

TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL


LFT(Liver Function Tests)-Serum

S.Total Protein (Biuret method)	7.50	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.51	g/dL	3.5 - 5.2
S.Globulin (Calculated)	2.99	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.51		0.9 - 2
S.Total Bilirubin (DPD):	0.50	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.18	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.32	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with PSP):	21	U/L	5 - 40
S.ALT (SGPT) (IFCC Kinetic with PSP):	27	U/L	5 - 41
S.Alk Phosphatase(pNPP-AMP Kinetic):	148	U/L	40 - 129
S.GGT(IFCC Kinetic):	31	U/L	11 - 50

Vasanti Gondal
Entered By

Ms Kaveri Gaonkar
Verified By

Page 4 of 9


Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically

Name : Mr. Abhijit Suresh Sonawane Gender : Male Age : 34 Years
UHID : FVAH 10738, Bill No : Lab No : V-3208-23
Ref. by : SELF Sample Col.Dt : 24/02/2024 09:05
Barcode No : 9886 Reported On : 24/02/2024 15:07

TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
	BIOCHEMISTRY	
S.Urea(Urease Method)	20.6 mg/dl	10.0 - 45.0
BUN (Calculated)	9.61 mg/dL	5 - 20
S.Creatinine(Jaffe's Method)	0.77 mg/dl	0.50 - 1.3
BUN / Creatinine Ratio	12.48	9:1 - 23:1
S.Uric Acid(Uricase Method)	5.3 mg/dl	3.4 - 7.0

Vasanti Gondal
Entered By

Ms Kaveri Gaonkar
Verified By



Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically

Name : Mr. Abhijit Suresh Sonawane Gender : Male Age : 34 Years
 UHID : FVAH 10738. Bill No : Lab No : V-3208-23
 Ref. by : SELF Sample Col.Dt : 24/02/2024 09:05
 Barcode No : 9886 Reported On : 24/02/2024 15:07

TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
Thyroid (T3,T4,TSH)- Serum			
Total T3 (Tri-iodo Thyronine) (ECLIA)	2.20	nmol/L	1.3 - 3.1 nmol/L
Total T4 (Thyroxine) (ECLIA)	106.0	nmol/L	66 - 181 nmol/L
TSH-Ultrasensitive (Thyroid-stimulating hormone) Method : ECLIA	5.23	□IU/ml	Euthyroid : 0.35 - 5.50 □IU/ml Hyperthyroid : < 0.35 □IU/ml Hypothyroid : > 5.50 □IU/ml

Grey zone values observed in physiological/therapeutic effect.

Note:

T3 :

1. Decreased values of T3 (T4 and TSH normal) have minimal Clinical significance and not recommended for diagnosis of hypothyroidism.
2. Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites ,Pregnancy, Drugs (Androgens,Estrogens,O C pills, Phenytoin) etc. In such cases Free T3 and free T4 give corrected Values.
3. Total T3 may decrease by < 25 percent in healthy older individuals

T4 :

1. Total T3 and T4 Values may also be altered in other condition due to changes in serum proteins or binding sites, Pregnancy Drugs (Androgens,Estrogens,O C pills, Phenytoin), Nerphrosis etc. In such cases Free T3 and Free T4 give Corrected values.

TSH :

1. TSH Values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart failure. Severe burns, trauma and surgery etc.
2. Drugs that decrease TSH values e.g L dopa, Glucocorticoids.
3. Drugs that increase TSH values e.g. Iodine,Lithium, Amiodarone

Vasanti Gondal
Entered By

Ms Kaveri Gaonkar
Verified By



Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically

Name : Mr. Abhijit Suresh Sonawane Gender : Male Age : 34 Years
 UHID : FVAH 10738. Bill No : Lab No : V-3208-23
 Ref. by : SELF Sample Col.Dt : 24/02/2024 09:05
 Barcode No : 9886 Reported On : 24/02/2024 15:07

TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

URINE REPORT

PHYSICAL EXAMINATION

QUANTITY	20	mL	
COLOUR	Pale Yellow		
APPEARANCE	Clear		Clear
SEDIMENT	Absent		Absent

CHEMICAL EXAMINATION(Strip Method)


REACTION(PH)	6.0		4.6 - 8.0
SPECIFIC GRAVITY	1.015		1.005 - 1.030
URINE ALBUMIN	Absent		Absent
URINE SUGAR(Qualitative)	Absent		Absent
KETONES	Absent		Absent
BILE SALTS	Absent		Absent
BILE PIGMENTS	Absent		Absent
UROBILINOGEN	Normal(<1 mg/dl)		Normal
OCCULT BLOOD	Absent		Absent
Nitrites	Absent		Absent

MICROSCOPIC EXAMINATION

PUS CELLS	0 - 1 / hpf		0 - 3/hpf
RED BLOOD CELLS	Nil /HPF		Absent
EPITHELIAL CELLS	Occasional		3 - 4/hpf
CASTS	Absent		Absent
CRYSTALS	Absent		Absent
BACTERIA	Absent		Absent

Anushka Chavan
Entered By

Ms Kaveri Gaonkar
Verified By


 Dr. Milind Patwardhan
 M.D(Path)
 Page 1 of Chief Pathologist

End of Report
 Results are to be correlated clinically

34 Years

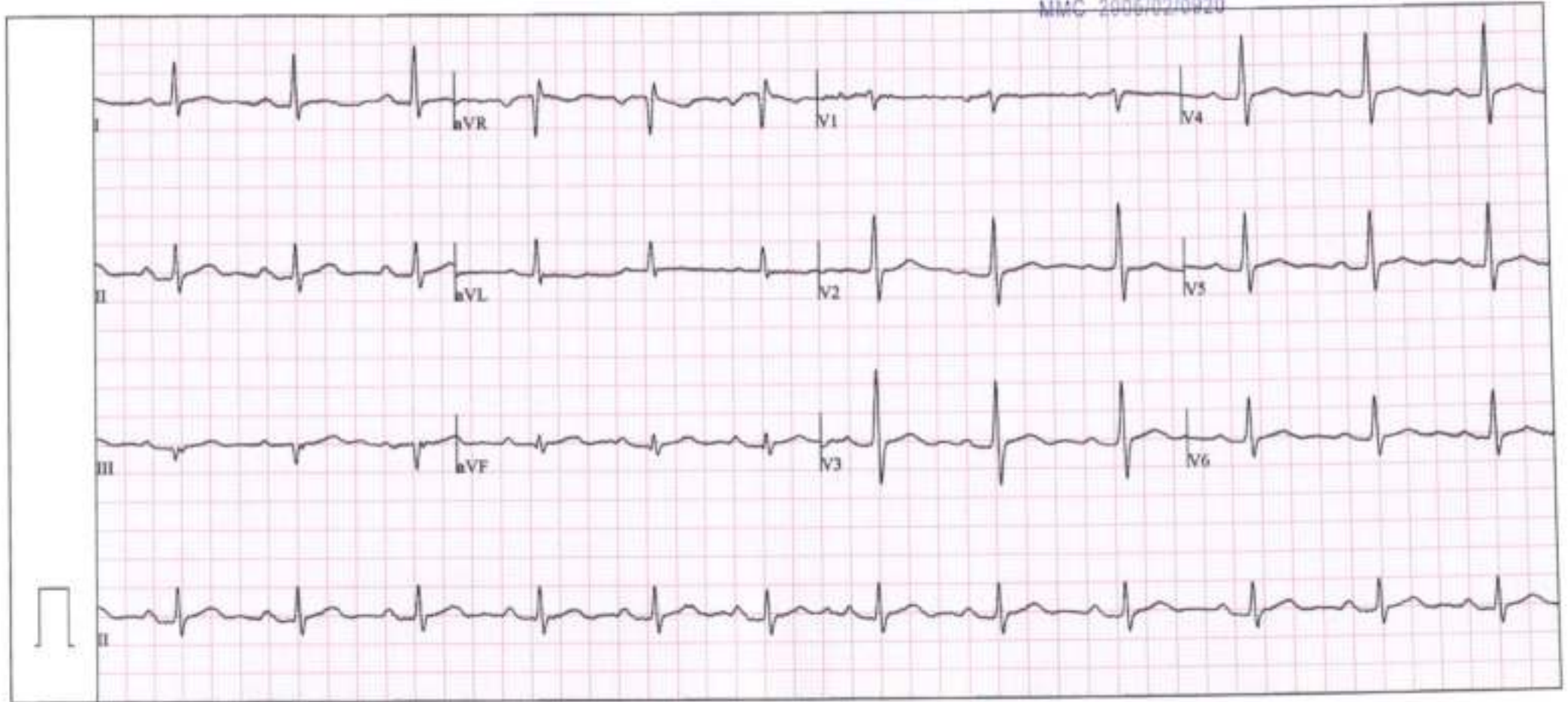
Male

QRS : 98 ms
QT / QTcBaz : 404 / 445 ms
PR : 206 ms
P : 116 ms
RR / PP : 820 / 821 ms
P / QRS / T : 43 / 7 / 61 degrees

Normal sinus rhythm
Possible inferior infarct, age undetermined
Abnormal ECG

*- q wave in lead II
- Co relate clinically*

ed Dr. ANIRBAN DASGUPTA
M.B.B.S., D.N.B. Medicine
Diploma Cardiology
MMC 2006/02/0920



Apollo Clinic
The Emerald, Plot No-195/B, Sector-12,
Neel Siddhi Towers, Vashi-400703

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: ABHIJIT, SONAWANE
Patient ID: 10738
Height:
Weight:

DOB: 28.03.1990
Age: 33yrs
Gender: Male
Race: Asian

Study Date: 24.02.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR. ANIRBAN DASGUPTA
Technician: Anita Galkwad

Medications:
NIL

Medical History:
NIL

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:16	0.00	0.00	94	120/80	
	STANDING	00:07	0.00	0.00	94		
	HYPERV.	00:15	0.00	0.00	97		
EXERCISE	WARM-UP	00:08	0.10	0.00	100		
	STAGE 1	03:00	1.70	10.00	126	130/80	
	STAGE 2	03:00	2.50	12.00	150	150/90	
	STAGE 3	00:34	3.40	14.00	160		
RECOVERY		01:04	0.00	0.00	133	180/90	

The patient exercised according to the BRUCE for 6:33 mins, achieving a work level of Max. METS: 8.70. The resting heart rate of 100 bpm rose to a maximal heart rate of 160 bpm. This value represents 85 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 180/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

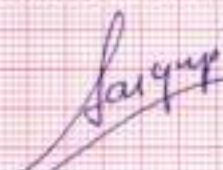
Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA AT THE WORKLOAD ACHIEVED.

Physician-DR. ANIRBAN DASGUPTA

 **Dr. ANIRBAN DASGUPTA**
M.B.B.S., D.N.B. Medicine
Diploma Cardiology
MMC - 2005/02/0920

PATIENT'S NAME	ABHIJIT S SONAWANE	AGE :- 34Y/M
UHID NO	10738	24 Feb 2024

DIGITAL RADIOGRAPH OF CHEST (PA VIEW)

The lung fields are clear.
Heart and aorta appears normal.
Both hila appear normal.
Both costo-phrenic angles are clear.
Visualized bony thorax appears normal.

IMPRESSION: NO SIGNIFICANT ABNORMALITY IS DETECTED IN CURRENT RADIOGRAPH.

Clinico-haematological correlation is recommended.

Thanking you for the referral,
With regards,



DR. SIDDHI PATIL
Cons. Radiologist

PATIENT'S NAME	ABHIJIT S SONAWANE	AGE :- 34 y/M
UHID NO	10738	24 Feb 2024

USG WHOLE ABDOMEN

LIVER is normal in size, shape and shows bright echotexture .No evidence of any focal lesion. The portal vein appears normal & shows normal hepatopetal flow. No evidence of intra-hepatic biliary duct dilatation.

Gall Bladder appears well distended with normal wall thickness. There is no calculus or pericholecystic collection or free fluid noted. CBD appears normal.

Visualised parts of head & body of pancreas appear normal. PD is not dilated.

SPLEEN is normal in size and echotexture. No focal lesion seen. SV is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation

RIGHT KIDNEY measures 10.9 x 4.9 cm. . No hydronephrosis or calculi or mass seen.

LEFT KIDNEY measures 10.5 x 5.8 cm. calyceal calculi seen 9 mms. mid region and another at lower region 7 mms. Mild PCS fullness seen.

Urinary Bladder is adequately distended; no e/o any obvious wall thickening or mass or calculi seen.

PROSTATE is normal in size, shape & echotexture. It measures approximately 17 gms.

Visualised bowel loops appear normal. There is no free fluid seen.

IMPRESSION –

- **Grade I fatty liver.**
- **Left renal Mid and lower region calculi with mild PCS fullness.**
- **No other significant abnormality detected.**

THIS REPORT IS NOT TO BE USED FOR MEDICOLEGAL PURPOSE.THE CONTENTS OF THIS REPORT REQUIRE CLINICAL CO-RELATION BEFORE ANY APPLICATION.



DR. DISHA MINOCHA
DMRE (RADIOLOGIST)