

Patient Name : Mr.LISTON FELIX MENDONSA	Collected : 09/Nov/2024 08:27AM
Age/Gender : 33 Y 9 M 8 D/M	Received : 09/Nov/2024 04:19PM
UHID/MR No : CSAR.0000146263	Reported : 09/Nov/2024 05:16PM
Visit ID : CSAROPV361546	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22S37409	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA				
HBA1C, GLYCATED HEMOGLOBIN	5.9	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	123	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

1. HbA1c is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.

2. Trends in HbA1c values is a better indicator of Glycemic control than a single test.

3. Low HbA1c in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.

4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.

5. In cases of Interference of Hemoglobin variants in HbA1c, alternative methods (Fructosamine) estimation is recommended for Glycemic Control

A: HbF >25%

B: Homozygous Hemoglobinopathy.

(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

Dr.Govinda Raju N L
MSc,PhD(Biochemistry)
Consultant Biochemistry

Dr Priya Murthy
M.B.B.S,M.D(Pathology)
Consultant Pathologist



SIN No: SAR241100375

This test has been performed at Apollo Health & Lifestyle Ltd, RRL BANGALORE Laboratory.

APOLLO HEALTH AND LIFESTYLE LIMITED | APOLLO HEALTH AND LIFESTYLE LIMITED - RRL BANGALORE

Apollo Health and Lifestyle Limited | Apollo Health and Lifestyle Limited - RRL BANGALORE

Regd. Office: 10/22/20, Anand Nagar, 4th Cross, 4th Stage, Bengaluru, Karnataka, India | Bangalore - 560016 |

www.apolloclinics.com | Email ID: enquiry@apolloclinics.com, Ph: No: 080-9661 7777, Fax No: 080-9661 7766

APOLLO CLINICS NETWORK

Telangana: Hyderabad | Andhra Pradesh: Vizag | Karnataka: Bangalore | Kerala: Kochi | Maharashtra: Mumbai | Odisha: Bhubaneswar | West Bengal: Kolkata | Gujarat: Gandhinagar | Rajasthan: Jaipur | Haryana: Gurgaon | Punjab: Ludhiana | Uttar Pradesh: Lucknow | Bihar: Patna | Jharkhand: Ranchi | Chhattisgarh: Raipur | Madhya Pradesh: Bhopal | Himachal Pradesh: Chandigarh | Jammu & Kashmir: Srinagar | Arunachal Pradesh: Itanagar | Assam: Dispur | Mizoram: Aizawl | Nagaland: Kohima | Manipal: Imphal | Tripura: Agartala | Meghalaya: Shillong | Assam: Dispur | Mizoram: Aizawl | Nagaland: Kohima | Manipal: Imphal | Tripura: Agartala | Meghalaya: Shillong

Patient Name : Mr.LISTON FELIX MENDONSA	Collected : 09/Nov/2024 08:27AM
Age/Gender : 33 Y 9 M 8 D/M	Received : 09/Nov/2024 04:26PM
UHID/MR No : CSAR.0000146263	Reported : 09/Nov/2024 06:24PM
Visit ID : CSAROPV361546	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22S37409	

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM				
TRI-iodothyronine (T3, TOTAL)	1.42	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	11.71	µg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	2.949	µIU/mL	0.34-5.60	CLIA

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 – 3.0
Third trimester	0.3 – 3.0

- TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes

Dr.Govinda Raju N L
 MSc,PhD(Biochemistry)
 Consultant Biochemistry

Dr Priya Murthy
 M.B.B.S,M.D(Pathology)
 Consultant Pathologist



SIN No: SAR241100379

This test has been performed at Apollo Health & Lifestyle Ltd, RRL BANGALORE Laboratory.

Regd. Office: 10, 82nd, 4th & 5th Cross, 4th Stage, 4th Cross, Bengaluru, Karnataka, India. Phone: 98456 78910 | Email: info@apolloclinic.com




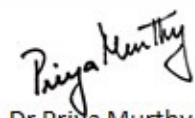
Patient Name : Mr.LISTON FELIX MENDONSA	Collected : 09/Nov/2024 08:27AM
Age/Gender : 33 Y 9 M 8 D/M	Received : 09/Nov/2024 04:26PM
UHID/MR No : CSAR.0000146263	Reported : 09/Nov/2024 06:24PM
Visit ID : CSAROPV361546	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22S37409	

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma
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Dr.Govinda Raju N L
 MSc,PhD(Biochemistry)
 Consultant Biochemistry


Dr Priya Murthy
 M.B.B.S,M.D(Pathology)
 Consultant Pathologist



SIN No: SAR241100379

Apollo Health and Lifestyle Limited

This test has been performed at Apollo Health & Lifestyle Ltd, RRL BANGALORE Laboratory

Regd Office: 10/22/02, A Block, Stage 2 of 4, Koradi, 4th Cross, Ring Road, Hyderabad, Telangana - 500016

www.apolloclinic.com | Email ID: enquiry@apolloclinic.com, Ph No: 040-6664 7777, Fax No: 4664 7766

APOLLO CLINIC'S NETWORK

Telangana: Hyderabad (45), Rao Nagar | Chanda Nagar | Koradigar | Palakurthi | Hyderabad | Vijayawada | Uppal | Andhra Pradesh: Vijaya Vittala | Karnataka: Bangalore - Basavanagudi | Solunadu | Electronic City | Frazer Town | HSR Layout | Indira Nagar | IT Madhya | Kalyan Nagar | Gurgaon | Haryana: Gurgaon | Madhya Pradesh: Indore | Maharashtra: Mumbai - Bandra | Pune | Chennai: Anna Nagar | Coimbatore | Kerala: Kochi | Karnataka: Mysore | Karnataka: Bangalore - Jayanagar | Karnataka: Bangalore - Jayanagar | Karnataka: Bangalore - Jayanagar



Patient Mr. Liston Felix Mendonsa
Age/Gender 33Y | Male
UHID CSAR.0000146263

Appt ID CSARAPT6459
Consult Date 14 Nov 2024
Order Bill ID CSAR-OCR-49764
Visit Display ID CSAROPV361546

VITALS

Weight : 94.3Kgs
Pulse : 87 BPM
BP : 139 / 86 MmHg
Temperature : 98.6 °F

Height : 185Cms
Spo2 : 98%
Respiratory Rate : 22 BPM



Patient Mr. Liston Felix Mendonsa
Age/Gender 33Y | Male
UHID CSAR.0000146263

Appt ID CSARAPT6460
Consult Date 14 Nov 2024
Order Bill ID CSAR-OCR-49764
Visit Display ID CSAROPV361546

VITALS

Weight : 94.3Kgs
Pulse : 87 BPM
BP : 139 / 86 MmHg
Temperature : 98.6 °F

Height : 185Cms
Spo2 : 98%
Respiratory Rate : 22 BPM



Patient Mr. Liston Felix Mendonsa
Age/Gender 33Y | Male
UHID CSAR.0000146263

Appt ID CSARAPT6461
Consult Date 14 Nov 2024
Order Bill ID CSAR-OCR-49764
Visit Display ID CSAROPV361546

VITALS

Weight : 94.3Kgs
Pulse : 87 BPM
BP : 139 / 86 MmHg
Temperature : 98.6 °F

Height : 185Cms
Spo2 : 98%
Respiratory Rate : 22 BPM



Patient Mr. Liston Felix Mendonsa
Age/Gender 33Y | Male
UHID CSAR.0000146263

Appt ID CSARAPT6462
Consult Date 14 Nov 2024
Order Bill ID CSAR-OCR-49764
Visit Display ID CSAROPV361546

VITALS

Weight : 94.3Kgs
Pulse : 87 BPM
BP : 139 / 86 MmHg
Temperature : 98.6 °F

Height : 185Cms
Spo2 : 98%
Respiratory Rate : 22 BPM

Patient Name	: Mr. Liston Felix Mendonsa	Age	: 33Yrs 9Mths 9Days
UHID	: CSAR.0000146263	OP Visit No.	: CSAROPV361546
Printed On	: 09-11-2024 10:15 AM	Advised/Pres Doctor	: --
Department	: Radiology	Qualification	: --
Referred By	: Self	Registration No.	: --
Employeer Id	: 22S37409		

DEPARTMENT OF RADIOLOGY

ULTRASONOGRAPHY OF ABDOMEN & PELVIS

LIVER : Normal in size & echotexture moderately increased. No focal lesion seen. No intra hepatic biliary duct dilatation. Portal & hepatic veins appears normal. CBD is not dilated.

GALL BLADDER :Minimally distended.

PANCREAS : Obscured by bowel gas. However the visualized parts of the pancreas appear grossly normal. Para-Aortic areas could not be seen.

SPLEEN : Normal in size and echotexture normal. No focal / diffuse lesions.

KIDNEYS : RIGHT KIDNEY : 11.5 x 4.2cms, LEFT KIDNEY : 11.5 x 4.7cms, normal parenchymal thickness. Both kidneys are normal in size and echotexture. No calculi. No pelvicalyceal dilatation on both sides. Corticomedullary differentiation is well maintained.

URINARY BLADDER : Moderately distended. No intraluminal calculi/mass lesion seen.

PROSTATE : Normal in size & echotexture.

IMPRESSION : **Grade II fatty liver.**

(The sonography findings should always be considered in correlation with the clinical and other investigation findings where applicable).It is only a professional opinion. Not

valid for medico-legal purpose) Higher imaging techniques to be done, depending on the condition of the patient, if clinically needed.

---End Of The Report---

Dr. RAMESH G
MBBS, DMRD
27462
Radiology

Patient Name	: Mr. Liston Felix Mendonsa	Age	: 33Yrs 9Mths 9Days
UHID	: CSAR.0000146263	OP Visit No.	: CSAROPV361546
Printed On	: 09-11-2024 06:53 AM	Advised/Pres Doctor	: --
Department	: Cardiology	Qualification	: --
Referred By	: Self	Registration No.	: --
Employer Id	: 22S37409		

DEPARTMENT OF CARDIOLOGY

2D, TISSUE AND COLOR DOPPLER ECHOCARDIOGRAPHY REPORT

MEASUREMENTS

Vital Signs and Body Measurements

HR bpm B.P mmHg Height mm Weight kg BSA m²

M – Mode (Parasternal view)

Conventional and Tissue Doppler

AO 30 mm	LVID – d	40 mm	Mitral Valve	E : 0.6 A : 0.8 m/sec
LA 34 mm	LVID – s	26 mm	Aortic Valve	0.8 – m/sec
	IVS – d	10 mm	Pulmonary Valve	0.8 – m/sec
	PW – d	10 mm	E' Septal (TDI)	0.12 – mm/sec
	EF-	60 %	E' Lateral (TDI)	0.14 – mm/sec

DESCRIPTIVE FINDINGS: Technically Adequate Study. Normal sinus rhythm During Study

RIGHT ATRIUM	Normal in Size
LEFT ATRIUM	Normal in Size
RIGHT VENTRICLE	Normal in Size TAPSE > 18 mm
LEFT VENTRICLE	Normal in Size
WALL MOTION ANALYSIS	No RWMA
TRICUSPID VALVE	Normal, PASP= 10 mmHg
MITRAL VALVE	Normal
PULMONIC VALVE	Normal
AORTIC VALVE	Normal
IAS & IVS	Intact
AORTA	Normal in Size
SYSTEMIC & PULMONARY VEINS	Normally Draining
IVC	Normal

PERICARDIUM	Normal
OTHERS	No Intra Cardiac Thrombus, Tumour or Vegetation

IMPRESSION:

Cardiac Chambers & valves are normal

No RWMA

Normal Left Ventricular Systolic Function (LVEF- 60 %)

Trivial TR ,NO PAH

No clot vegetation/pericardial effusion

Dr. SUMANJITA BORA,MBBS AMC.PGDCC(Cardiology)
CONSULTANT CARDIOLOGIST

---End Of The Report---



Dr. SUMANJITA BORA
MBBS, PGDCC
MCI-IMR-13/903
Cardiology

Patient Name	: Mr. Liston Felix Mendonsa	Age	: 33Yrs 9Mths 9Days
UHID	: CSAR.0000146263	OP Visit No.	: CSAROPV361546
Printed On	: 09-11-2024 06:54 AM	Advised/Pres Doctor	: --
Department	: Cardiology	Qualification	: --
Referred By	: Self	Registration No.	: --
Employer Id	: 22S37409		

DEPARTMENT OF CARDIOLOGY

Observation :-

1. Normal Sinus Rhythm.
2. Heart rate is Normal
3. No pathological Q wave or ST-T changes seen.
4. Normal P,QRS,T waves and axis.
5. No evidence of chamber, hypertrophy or enlargement seen.

Impression:-

NORMAL RESTING ECG.

NOTE:-KINDLY TAKE A PHOTOCOPY OF THE GRAPH FOR FUTURE REFERENCE IF NEEDED

---End Of The Report---



Dr. SUMANJITA BORA
MBBS, PGDCC
MCI-IMR-13/903
Cardiology

APOLLO CLINIC
CONSENT FORM

Patient name Liston Felix Mendousa Age 33 yrs.

UHID Number _____ Company Name _____

I Mr/Mrs/Ms _____ Employee of _____

Diet
fitness by gp.
Company want to inform u that I am not interested in getting Skipp my Xray, Denal, Eye check, ENT

.....And I claim the above statement in my full Consciousness.

Patient signature  Date _____

1000

1000

1000

1000

Name : Mr. Liston Felix Mendonsa

Age : 33Y 9M 8D

UHID : CSAR.0000146263

Address : Carmelaram Bangalore Rural Karnataka INDIA 560035

sex : Male



CSAR.0000146263

Plan : ARCOFEMI MEDIWHEEL MALE AHC CREDIT
PAN INDIA OP AGREEMENT

OP No: CSAROPV361546

Bill No: CSAR-OCR-49764

Date: Nov 9th, 2024, 8:11 AM

Sno.	Service Type/Service Name	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324	
1	DENTAL CONSULTATION - 15	Consultation
2	ENT CONSULTATION - 3 10:30am	Consultation
3	FITNESS BY GENERAL PHYSICIAN - After reports	Consultation
4	OPHTHAL BY GENERAL PHYSICIAN - Idrishti Skip	Consultation
5	GAMMA GLUTAMYL TRANSFERASE (GGT)	Biochemistry
6	LIPID PROFILE	Biochemistry
7	HBA1c, GLYCATED HEMOGLOBIN	Biochemistry
8	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)	Biochemistry
9	GLUCOSE, FASTING	Biochemistry
10	PERIPHERAL SMEAR	Haematology
11	HEMOGRAM + PERIPHERAL SMEAR	Haematology
12	BLOOD GROUP ABO AND RH FACTOR	Blood Bank
13	COMPLETE URINE EXAMINATION	Clinical Pathology
14	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)	Biochemistry
15	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)	Biochemistry
16	ULTRASOUND - WHOLE ABDOMEN - 18	Ultrasound Radiology
17	X-RAY CHEST PA - 9 Skip	X Ray Radiology
18	URINE GLUCOSE(POST PRANDIAL)	Clinical Pathology
19	URINE GLUCOSE(FASTING)	Clinical Pathology
20	LIVER FUNCTION TEST (LFT)	Biochemistry
21	2 D ECHO - 18 10:00 am	Cardiology
22	ECG - 10	Cardiology
23	BODY MASS INDEX (BMI)	General
24	DIET CONSULTATION - After reports	General

25, physio-02

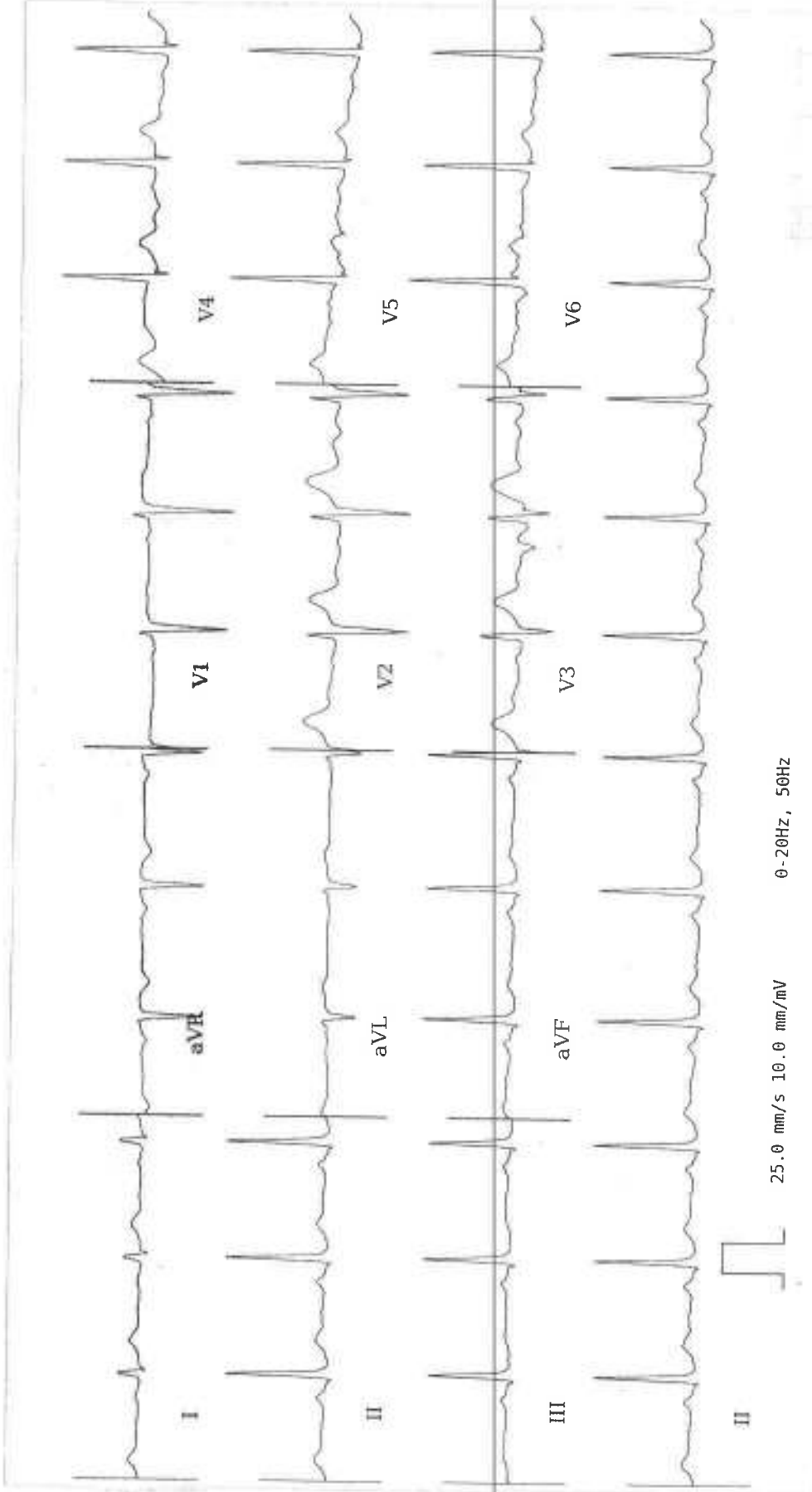
wt? 94-3 kg
Ht? 185 cm
BP? 139/86 mmHg
P? 87 bpm
B? 27.5



Apollo Clinic, Kaikondrahalli

Age / Gender: 33/Male
Patient ID: LISTON

Date and Time: 9th Nov 24 11:02 AM



AR: 76bpm VR: 76bpm QRS: 106ms QT: 368ms QTcB: 414ms PRI: 164ms P-R-T: 63° 81° 44°

ECG Within Normal Limits: Poor Quality ECG, interpretation may be impaired, Sinus Rhythm. Please correlate clinically.

REPORTED BY

Dr. A. Saras Monikka

Disclaimer: Analysis in this report is based on ECG alone and should only be used as an adjunct to clinical history, symptoms and results of other invasive and non-invasive tests and must be interpreted by a qualified physician

2D, TISSUE AND COLOR DOPPLER ECHOCARDIOGRAPHY REPORT



NAME	MR. Liston Felix Mendonsa	DATE: 09/11/2024	
AGE	33 YEARS	GENDER	Male
REF BY	DR. SUMANJITA BORA	ID	146263

MEASUREMENTS

Vital Signs and Body Measurements										
HR	bpm	B.P	mmHg	Height	mm	Weight	kg	BSA	m ²	
M - Mode (Parasternal view)						Conventional and Tissue Doppler				
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LA	34	mm	LVID - s	26	mm	Aortic Valve	0.8	-	m/sec	
			IVS - d	10	mm	Pulmonary Valve	0.8	-	m/sec	
			PW - d	10	mm	E' Septal (TDI)	0.12	-	mm/sec	
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IMPRESSION:

Cardiac Chambers & valves are normal
 No RWMA
 Normal Left Ventricular Systolic Function (LVEF- %)
 Trivial TR ,NO PAH
 No clot vegetation/pericardial effusion

**Dr. SUMANJITA BORA, MBBS AMC.PGDCC(Cardiology)
 CONSULTANT CARDIOLOGIST**

Apollo Health and Lifestyle Limited

(CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016.

Ph No: 040-4904 7777, Fax No: 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

APOLLO CLINICS NETWORK KARNATAKA

Bangalore (Basavanagudi | Bellandur | Electronic City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road) **Mysore** (VV Mohalla)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

1860 500 7788

Outlook

Liston Felix Mendonsa

From Ioana Coutinho <coutinhoioana@gmail.com>

Date Sat 09-11-2024 08:13

To Sarjapur Apolloclinic <sarjapur@apolloclinic.com>



----- Forwarded message -----

From: <noreply@apolloclinics.info>

Date: Thu, 7 Nov 2024 at 5:19 PM

Subject: Your appointment is confirmed

To: <coutinhoioana@gmail.com>

Cc: <sarjapur@apolloclinic.com>, <lrfanali.s@apolloclinic.com>, <syamsunder.m@apollohl.com>

Dear liston selix mendonsa,

Greetings from Apollo Clinics,

Your corporate health check appointment is confirmed at SARJAPUR ROAD clinic on 2024-11-09 at 08:00-08:15.

भारत सरकार
GOVT. OF INDIA



आयकर विभाग
INCOME TAX DEPARTMENT

LISTON FELIX MENDONSA
FELIX MENDONCA

12/10/1991

Permanent Account Number
BJUPM9061M

Signature

Payment Mode	
Corporate Name	ARCOFEMI HEALTHCARE LIMITED
Agreement Name	[ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN INDIA OP AGREEMENT]
Package Name	[ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324]

"Kindly carry with you relevant documents such as HR issued authorization letter and or appointment confirmation mail and or valid government ID proof and or company ID card and or voucher as per our agreement with your company or sponsor."

Note: Video recording or taking photos inside the clinic premises or during camps is not allowed and would attract legal consequences.

Note: Also once appointment is booked, based on availability of doctors at clinics tests will happen, any pending test will happen based on doctor availability and clinics will be updating the same to customers.

Instructions to be followed for a health check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning. If any medications taken, pls inform our staff before health check.
3. Please bring all your medical prescriptions and previous health medical records with you.
4. Kindly inform our staff, if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any health check during menstrual cycle.

For further assistance, please call us on our Help Line #: 1860 500 7788.

**Clinic Address: GYR CHAMBERS, OPP. SOUTH INDIAN BANK ,
KAIKONDANAHALLI, SARJAPUR ROAD, BANGALORE – 560034.**

Contact No: (080) 40900327/40940563/42017340.

P.S: Health Check-Up may take 4 - 5hrs for completion on week days & 5 - 6hrs on Saturdays, kindly plan accordingly, Doctor Consultation will be completed after all the Reports are ready.

**Warm Regards,
Apollo Clinic**

