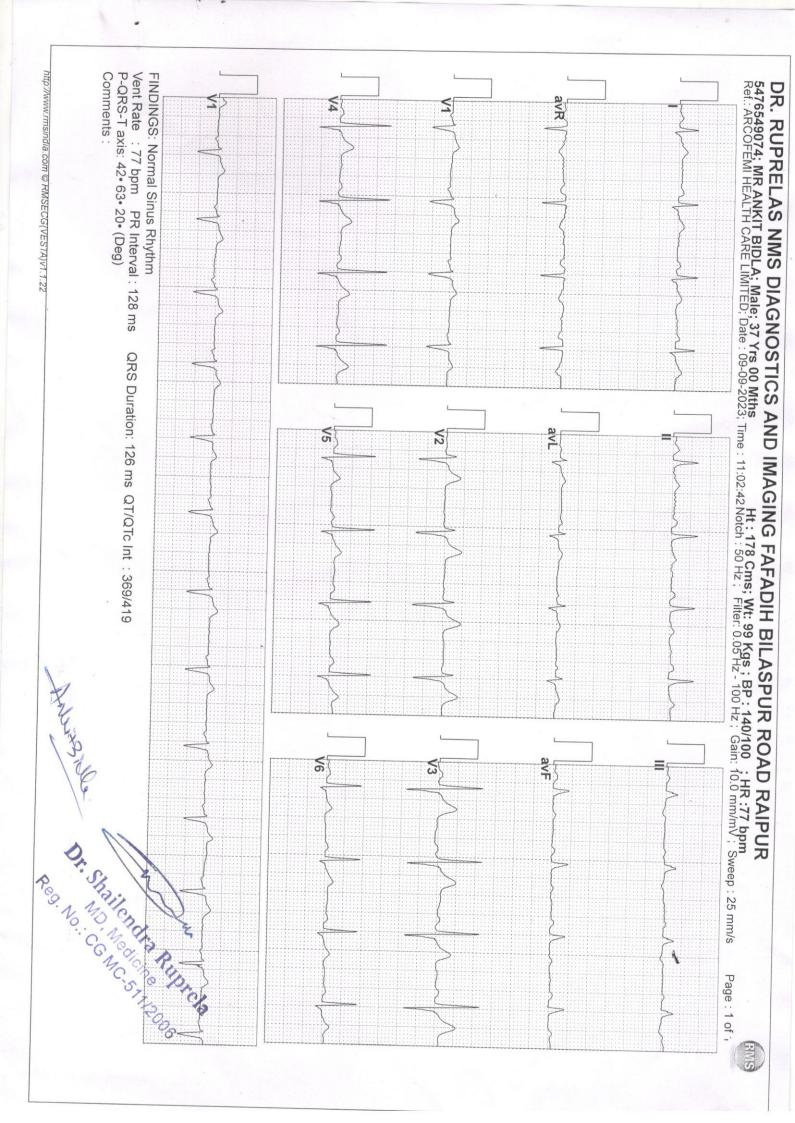




Dr. Shailendra Ruprela MD, Medicine Reg. No.: CG MC-511/2006





NAME

: MR. ANKIT BIDLA

AGE/SEX

: 37 Y/M

REFERRED BY: ARCOFEMI HEALTHCARE LTD

DATE

09.09.2023

PERIPHERAL SMEAR EXAMINATION

RBC: Macrocytic normochromic.

WBC: Total counts within normal range. No toxic granulation seen.

Band cells-9%, Neutrophils-46%, Lymphocytes-43%, Monocytes-2%.

Platelets: Appears adequate on smear.

Haemoparasite: No haemoparasite seen.











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X-RAY CHEST PA VIEW

- The lungs on the either side show equal translucency.
- The peripheral pulmonary vasculature is normal.
- No focal lung lesion is seen.
- The pleural spaces are normal.
- The cardiac size is normal.
- The domes of the diaphragms are normal in position, and show smooth outline.
- Both hila are normal in size, have equal density and bear normal relationship.
- The heart and trachea are central in position and no mediastinal abnormality is visible.
- IMPRESSION: No evidence of pulmonary, pleural or cardiac pathology is noted.
 - o radiograph of chest is within normal limits.



FAFADIH, NEAR OVER BRIDGE, RUPRELA MARG (SINCE 1937), RAIPUR (C.G.)

Ph.: 0771-4048886, 2888800, Mob.: 9406396296, Email: nmsdiagnostic.service@gmail.com, Website: www.nmsdiagnostics.co.in









TO WHOM SO EVER IT MAY CONCERN

THIS IS TO DECLARE THAT MR. ANKIT BIDLA AGE 37 YEAR/MALE HAS UNDERGONE MEDICAL EXAMINATION ON 09.09.2023 DURING HIS GENERAL EXAMINATION NO ABNORMALITIES WERE DETECTED.

HE WAS FULLY ORIENTED, NO DISABILITY WITH NORMAL GAIT.

NO SIGNS OF PALPABLE OR ENLARGED LYMPH NODES.

NO GROWTH / SWELLING OBSERVED.

HIS VITALS PARAMETERS ARE HEIGHT: 178cms, WEIGHT: 99kg, BP:138/88mmhg, HR: 77bpm, BMI: 31.2

HIS BOWEL HABITS ARE REGULAR. NO BURNING DURING MICTURITION.

ALL REFLEXES WERE NORMAL.

NO ABNORMALITIES WERE DETECTED DURING PALPATION, PERCUSSION AND AUSCULTATION OF VISCERA.

HE DOES NOT CARRY ANY COMMUNICABLE/TRANSFERRABLE DISEASE.

HE APPEARS TO BE PHYSICALLY FIT AND WE WISH HIS ALL THE BEST.

Dr. Shailendra Ruprela
MD, Medicine
Reg. No.: CG MC-511/2006

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NAME: MR. ANKIT BIDLA

AGE: 37 Y/Sex/M

Ref. By: ARCOFEMI HEALTHCARE LTD

DATE: 09.09.2023

Complain Of: No Complaints

Ocular H/O: Nil

Family Ocular H/O: Nil

Drug Allergy (If Any): Not Aware

DISTANCE VISION:

(With / without PGP)

RE

6/6 LE

6/6

NEAR VISION:

(With / without PGP)

RE

N/6 LE

N/6

REFRACTION:

EYE	SPH	CYL	AXIS	ADD	VISION
RE	-3	PLAIN		6/6	N/6
LE		PLAIN		6/6	N/6

EXTERNAL EYE EXAMINATION:

RE

EOM:

NAD

SQUINT EVALUATION:

ABSENT

NYSTAGMUS:

ABSENT

COLOR VISION TEST: NORMAL

NYCTALOPIA (Night Blindness): ABSENT

Dr. Valbhay Sharma **Ophthalmologist** Reg. No. MCI/10-37782

FAFADIH, NEAR OVER BRIDGE, RUPRELA MARG (SINCE 1937), RAIPUR (C.G.)

PID No. :- 20239917124737 **Name** :- Mr. ANKIT BIDLA

Age/Sex :- 37 Y / M Sample Received on/at : Reported on/at

09/09/2023 9:38AM

Ref. By. :- ARCOFEMI HEALTHCARE LIMITED



09/09/2023 12:48PM

	BIOCHEMISTRY		
Investigation		11:4	Dialogical Defendes Denge
Investigation GGT/GammaGT	Observed Value	Unit	Biological Reference Range
Gamma GT	20	U/L	11 - 34
Szasz method	20	U/L	11 - 34
BLOOD SUGAR F			
Glucose Fasting	78	mg/dl	60 - 110
BLOOD SUGAR PP	70	mg/ai	00 1.0
Glucose PP	82	mg/dl	70 - 140
	02	mg/ai	70 - 140
LFT (LIVER FUNCTION TEST)	0.00		<1.0
Bilirubin (Total) (Serum,Diazo)	0.89	mg/dL	<1.0
Bilirubin (Direct)	0.23	mg/dL	0 - 0.3
(Serum,Diazo)	0.20	mg/aL	0 0.0
Bilirubin (Indirect)	0.66	mg/dL	UPTO 1.0
(Serum,Calculated)		9	
SGOT (AST)	28	U/L	5 - 37
(Serum,Enzymatic)			
SGPT (ALT)	36	U/L	10 - 40
(Serum,Enzymatic			
Alkaline Phosphatase	196	U/L	80 - 290
(Serum,pNPP)			
Total Proteins	7.33	g/dL	6.4 - 8.3
(Serum,Biuret)	4.00		27.50
Albumin	4.00	g/dL	3.7 - 5.6
Globulin (Serum)	3.33	g/dL	1.8 - 3.6
A/G Ratio	1.20	a/dl	1.1 - 2.2
(Serum)	1.20	g/dl	1.1 ~ 2.2
Gamma GT	20	U/L	11 - 34
Szasz method		J. L	-
Szasz method			

----- End Of Report -----

PID No. :- 20239917124737 **Name** :- Mr. ANKIT BIDLA



Age/Sex:- 37 Y / MSample Received on/at :Reported on/atRef. By.:- ARCOFEMI HEALTHCARE LIMITED09/09/2023 9:38AM09/09/2023 12:48PM

ipid Profile (Fasting Sample Requ	uired)		
Cholesterol - Total	188	mg/dL	Desirable <200 Borderline High : 200-239 High :>=240
Triglycerides Level	122	mg/dL	Normal : <150 Borderline High :150-199 High : 200-499 Very High : >=500
HDL Cholesterol	42	mg/dl	Major risk factor for heart Disease :<40 Negative risk factor for heart Disease:>=60
LDL Cholesterol	121.6	mg/dL	Optimal : <100 Near Optimal : 100-129 Borderline High : 130 - 159 High :160 - 189 Very High : >190
VLDL Cholesterol	24.4	mg/dL	6-38
_DL/HDL RATIO	2.90		2.5-3.5
CHOL/HDL RATIO	4.48		3.5 - 5

Note: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

RFT (RENAL FUNCTION TEST)

Renal (Kidney) Function Test

Renai (Riuney) i unction rest			
Urea	26	mg/dL	15 - 43
(Serum)			
Creatinine	0.79	mg/dL	0.57 - 1.4
(Serum, Jaffe)			
Sodium	139	mmol/L	135 - 145
Potassium	3.82	mmol/L	3.5 - 5.1
Uric Acid	4.25	mg/dL	2.6 - 6
(Serum, Uricase)			
Chlorides	100	mmol/L	98 - 107

The performance of the Roche cobas c 111 was evaluated using sigma metrics. The calculations were performed using James O. Westgard methodology.[2] This approach uses an assays total allowable error (TEa), accuracy (bias), and precision (SD) to calculate a Sigma metric to characterize the performance of that assay.

----- End Of Report -----

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HBA1C

 HbA1c Value
 5.31
 %
 4-6=Normal Control Fair Control
 6-7=Good Control Fair Control

8-10=Unsatisfactory Control >10%=Poor Control

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Glycosylated Hemoglobin/Glycated Hemoglobin/GlycoHemoglobin/HbA1c. [1]

Its primary use is to monitor diabetic patient's compliance and long term blood glucose level control. It is an index of diabetic control (direct relationship between poor control and development of complications). It predicts development and progression of diabetic microvascular complications.

----- End Of Report -----

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CLINICAL PATHOLOGY

	<u> </u>	<u>v :</u>	
Investigation	Observed Value	Unit	Biological Reference Range
URINE R/M			
Physical Examination			
Specific Gravity	1.015		1.003-1.030
Appearance	Clear		Clear
Colour	Pale Yellow		Pale Yellow
pH (Reaction)	Acidic		Acidic
Chemical Examination			
Protein	NIL		NIL
Glucose	NIL		NIL
Microscopic Examination			
PUS CELLS	3 - 5	/hpf	0-5
Epithelial Cells	2 - 4	/hpf	0-5
RBC	Absent	/hpf	Absent
Bacteria	Absent		Absent
Crystals	Absent		Absent
Casts	Absent		Absent

Test Done by Urisys 1100 (ROCHE) Fully Automatic.

----- End Of Report -----

PID No. :- 20239917124737 **Name** :- Mr. ANKIT BIDLA



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Complete Blood Count (Haemogram)

	•		
Investigation	Observed Value	Unit	Biological Reference Range
CBC			
Erythrocytes			
Haemoglobin (Hb)	14.7	gm/dL	12.5 - 16.5
Erythrocyte (RBC) Count	5.19	mill/cu.mm	4.2 - 5.6
PCV (Packed Cell Volume)	44.9	%	36 - 47
MCV (Mean Corpusculer Volume)	86	fl	78 - 95
MCH (Mean Corpusculer Hb)	28.3	pg	26 - 32
MCHC (Mean Corpuscular Hb Concn.)	32.7	g/dL	32 - 36
RDW (Red Cell Distribution Width)	13.9	%	11.5 - 14
<u>Leucocytes</u>			
Total Leucocytes (WBC) Count	5200	cells/cu.mm	4000 - 11000
Neutrophils	50	%	40 - 75
Lymphocytes.	43	%	20 - 40
Monocytes	06	%	2-10
Eosinophils	01	%	1-6
Basophils	00	%	0 - 1
Platelets-			
Platelet count	287	x10^9/L	150 - 450
MPV (Mean Platelet Volume)	7.1	fL.	6 - 9.5
PCT (Platelet Haematocrit)	0.204	%	0.15 - 0500
PDW (Platelet Distribution Width)	15.2	%	11 - 18

EDTA Whole Blood - Tests done on Automated ABX Micros ES60(HORIBA) Cell Counter. WBC, RBC & Platelet count by impedance method, WBC differential by VCS technology & other parameters calculated) All abnormal Haemograms are reviewed & confirmed microscopically. Differential count is based on approximately 10,000 cells.

----- End Of Report -----

PID No. :- 20239917124737

:- Mr. ANKIT BIDLA Name

Age/Sex :- 37 Y / M Sample Received on/at: Reported on/at 09/09/2023 9:38AM 09/09/2023 12:48PM Ref. By. :- ARCOFEMI HEALTHCARE LIMITED

Hematology

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Investigation **Observed Value Biological Reference Range** Unit

Blood Group & RH Type Screening

ABO Group

NEGATIVE Rh Type

Method: Column agglutination technology (CAT) is an automated. System for blood grouping which is superior in sensitivity to conventional tube method.

ESR

ESR - Erythrocyte Sedimentation Rate 12 mm at 1hr 0 - 15

(Citrate Blood) Method: Westergren

Interpretation:

- 1. It indicates presence and intensity of an inflammatory process, never diagnostic of a specific disease. Changes are more significant than a single abnormal test.
- 2. It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis, polymyalgia
- 3. It is also increased in pregnancy, multiple myeloma.

----- End Of Report -----

PID No. :- 20239917124737

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Sample Received on/at :

Reported on/at

09/09/2023 9:38AM

09/09/2023 12:48PM

PATHOLOGY

Investigation	Observed Value	Unit	Biological Reference Range
Thyroid Panel 1 (T3, T4, TSH)			
T3	0.89	ng/dl	0.6-1.8

Remarks: 1. Decreased values of T3 (T4 and TSH normal) have minimal clinical significance and not recommended for diagnosis of hypothyroidism 2. Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy, Drugs (Androgens, Estrogens, O C pills, Phenytoin), Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

T4 8.27 ug/dl 4.5-12.6

Remark:1.Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy, Drugs (Androgens, Estrogens, O C pills, Phenytoin) Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

TSH 3.87 uIU/ml 0.25-5.5

Remarks : 1.4.51 to 15 μ IU/mL - Suggested clinical co-relation or repeat the test with new sample as physiological factors can give falsely high TSH.

- 2.TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure, severe burns, trauma and surgery etc
- 3.Drugs that decrease TSH values e.g:L-dopa, Glucocorticoids Drugs that increase TSH values e.g lodine, Lithium, Amiodarone

Remark

Method Used: ELFA (Enzyme Linked Fluorescence Assay) on Mini Vidas most Efficient Analyzer Internationally accepted most advanced technology with high quality result.

----- End Of Report -----