



PID NO. : CIA2028

Name : KARTHIGA P

Sex / Age : Female / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

28-Sep-2024 / 8:48 am

Coll Date

28-Sep-2024 / 8:53 am

Report Date

28-Sep-2024 / 1:46 pm

REPORT

BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	90.89	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	97.50	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

Molly R
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



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28-Sep-2024 / 8:48 am

Coll Date

28-Sep-2024 / 8:53 am

Report Date

28-Sep-2024 / 3:45 pm

REPORT

BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
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----- End of Report -----

Molly R
Lab Technician

DR. RITESH KHARCHE
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Pathologist
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HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022



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28-Sep-2024 / 1:46 pm

REPORT

Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>BLOOD GROUP</u>			
ABO Group	"O"		
RH (D)	Positive		

Method : Cell (Forward) grouping by Manual Slide Method.
Sample: Whole Blood (EDTA)

----- End of Report -----

PRIYA PANDEY
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
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REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	10.5	gm/dl	12.0 - 15
<u>RED BLOOD CELLS</u>			
R.B.C. Count	4.33	million / cumm	3.8- 4.8
HCT	33.4	%	35-48
MCV	77.1	fL	83 - 101
MCH	24.3	pg	27 - 32
MCHC	31.5	gm / dl	31.5 - 34.5
RDW (CV)	13.7	%	11.6- 14.0
Total W.B.C. Count	6850	/cu.mm.	4000-10000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	69	%	40 - 80
Lymphocytes	27	%	20 - 40
Eosinophils	02	%	1 - 6

LATHA SONAWANE
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REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Monocytes	02	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	296000	/cumm	150000 - 410000

MORPHOLOGY

RBC Morphology Mild Anisocytosis with Microcytic and Hypochromic Cells.

WBC Morphology Normal Morphology.

Platelets on Smear Adequate on smear

Advice Serum Iron Studies profile

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

----- End of Report -----

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REPORT

Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	12	mm at 1hr	0 - 20

Method: Westergren.
Sample: Whole Blood (EDTA)

----- End of Report -----

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REPORT

Glycosylated Haemoglobin (HbA1c)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
HbA1c Pre-Diabetic : 5.7 - 6.4 % Diabetic : > = 6.5 (EDTA Whole Blood, Turbidimetric)	6.44	%	4 - 5.69
Mean Blood Glucose (MBG)	151.96	mg/dl	

Interpretation & Remark:

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association guideline 2022, for diagnosis of diabetes using a cut-off points of 6.5 %.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1C value, the following equation is used : $eAg(mg/dl) = 28.7 * A1c - 46.7$.
- Interference of Haemoglobinopathies in HbA1c estimation.
 - For HbF > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
 - Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status.
 - Heterozygous state detected.
- In known diabetic patients, following values can be considered as a guide for monitoring the glycemic control.
 - Excellent Control - 6 to 7 %
 - Fair to Good Control - 7 to 8 %
 - Unsatisfactory Control - 8 to 10 %
 - and Poor Control - More than 10 %
- Test done on Mispas i3 Automated Cartridge Based Specific Protein Analyser.

----- End of Report -----

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REPORT

LIPID PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Total Cholesterol Serum, Method: CHOD-PAP	138.78	mg/dl	CHILD Desirable - Less than : 170 CHILD Borderline High : 170 - 199 CHILD High - More than : 200 ADULT Desirable - Less than : 200 ADULT Borderline High : 200 - 239 ADULT High - More than : 240
Triglycerides Serum, Method: GPO-PAP	60.82	mg/dl	NORMAL : <150 Borderline High : 150 - 199 High : 200 - 499 Very High : >500
HDL Cholesterol-Direct Serum, Method: Cholesterol-esterase-Direct	72.87	mg/dl	Desirable - Above : 60 Borderline Risk : 40 - 59 Undesirable - Below : 40
LDL Cholesterol Calculated	53.75	mg/dl	Desirable - Below : 130 Borderline Risk : 130 - 159 Undesirable - Above : 160
VLDL-Cholesterol Calculated	12.16	mg/dl	5 - 51
T.CHOL/HDLC Ratio Calculated	1.90		Acceptable for Male : < 5.00 Acceptable for Female : <4.50

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REPORT

LIPID PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
LDLC/HDLC Ratio Calculated	0.74		Acceptable for Males : < 3.60 Acceptable for Females : < 3.20

NOTE:

- 1) Biological Reference Intervals are as per ATP III, NCEP Guidelines and National Lipid Association (NLA) 2014 Recommendations.
- 2) Tests done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.
- 3) The LDL-Cholesterol is calculated by the Friedewald equation which provides a reliable LDL-Cholesterol value estimate when triglyceride levels are below 400 mg/dL. A direct measurement is advised if the triglyceride levels are >400mg/dL.

----- End of Report -----

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REPORT

LIVER FUNCTION TEST

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
S.G.O.T. (Serum, Method-IFCC / UV without P5P)	14.23	U/L	0 - 32
Sr. Alkaline Phosphatase (Serum, Kinetic Method by IFCC)	77.17	U/L	35 - 104
S.G.P.T. (Serum, Method- IFCC / UV without P5P)	12.81	U/L	0 - 33
GGT (Serum, Method- IFCC Method)	13.94	U/L	5 - 36
Bilirubin (Total) (Serum, Method-Diazo- End point)	0.11	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.1	mg/dl	0.0 - 0.40
Bilirubin (Indirect) Calculated	0.01	mg/dl	0.0 - 0.90
Total Proteins (serum, Method-Biuret)	6.69	g/dl	6.6 - 8.7
Albumin (Serum, Method-Bromocresol Green)	4.3	g/dl	3.5 - 5.2
Globulin Calculated	2.39	g/dl	1.90 - 3.70
A/G ratio Calculated	1.80		

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

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Pathologist
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REPORT

LIVER FUNCTION TEST

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
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----- End of Report -----

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REPORT

RENAL PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Urea Serum, Method-Urease	16.4	mg/dl	16.6 - 48.5 mg/dl
Blood Urea Nitrogen Serum, Method-Urease	7.66	mg/dl	06 - 20 mg/dl
Creatinine Serum, Method-Kinetic Jaffes	0.55	mg/dL	0.5 - 0.95 mg/dl
Uric Acid Serum, Method: Uricase-POD	4.85	mg/dl	2.4 - 5.7

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

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Pathologist
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28-Sep-2024 / 8:53 am

Report Date

28-Sep-2024 / 3:39 pm

REPORT

THYROID FUNCTION TEST

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
TSH	2.77	µIU/ml	0.25-5 µIU/ml
T3	1.74	nmol/l	0.92-2.33 nmol/l
T4	93.42	nmol/l	60-120 nmol/l

The assay principle combines an enzyme immunoassay competition method with a final fluorescent detection (ELFA).

INTERPRETATION

TSH : A high TSH result often means an under active thyroid gland that is not responding adequately to the stimulation of TSH due to some type of acute or chronic thyroid dysfunction. A high TSH value can also occur when someone with a known thyroid disorder or who has had their thyroid gland removed is receiving too little thyroid hormone medication. A low TSH result can indicate an over active thyroid gland (hyperthyroidism) or excessive amounts of thyroid hormone medication in those who are being treated for an under active (or removed) thyroid gland. An abnormal TSH test result is usually followed by additional testing to investigate the cause of the increase or decrease.

T3: Triiodothyronine T3 contributes significantly to the maintenance of the euthyroid state, and the total T3 concentration has a role in screening for thyroid disease in conjunction with other tests. T3 alone cannot diagnose hypothyroidism, but it may be more sensitive than thyroxine (T4) for hyperthyroidism.

T4 :Thyroxine accounts for at least 90% of circulating protein-bound iodine. While >99.9% of T4 is protein-bound, primarily to thyroglobulin (TBG), it is the free fraction that is biologically active. In most patients the total T4 level is a good indicator of thyroid status, however it can sometimes be inadequate, and diagnostic efficiency may be improved by use of a total T4 test in conjunction with other tests.

----- End of Report -----

LATHA SONAWANE
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REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>PHYSICAL EXAMINATION</u>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	6.0		5.0 - 9.0
Specific Gravity	1.010		1.000 - 1.030
<u>CHEMICAL EXAMINATION</u>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bilirubin	Absent		Absent
Nitrite	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

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REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Ocult Blood	Absent		Absent
<u>MICROSCOPIC EXAMINATION</u>			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 5 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

METHOD:

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/oxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----

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SEA BIRD MEDICARE CENTRE POWAI

Patient Details

Date: 28-Sep-24

Time: 1:15:36 PM

Name: KARTHIGA ID: 2955

Age: 35 y

Sex: F

Height: 174 cms.

Weight: 86 Kg.

Clinical History: NIL

Medications: NIL

Test Details

Protocol: Bruce

Pr.MHR: 185 bpm

THR: 157 (85% of Pr.MHR) bpm

Total Exec. Time: 7 m 36 s

Max. HR: 158 (85% of Pr.MHR) bpm

Max. Mets: 10.20

Max. BP: 160 / 100 mmHg

Max. BP x HR: 25280 mmHg/min

Min. BP x HR: 680 mmHg/min

Test Termination Criteria: THR ACHIEVED

Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 21	1.0	0	0	85	120 / 8	-0.85 aVR	1.06 II
Standing	0 : 3	1.0	0	0	86	120 / 8	-0.85 aVR	1.06 II
Hyperventilation	0 : 4	1.0	0	0	86	120 / 8	-0.85 aVR	1.06 II
1	3 : 0	4.6	1.7	10	118	130 / 80	-0.85 aVR	1.77 I
2	3 : 0	7.0	2.5	12	141	140 / 90	-1.06 aVL	2.83 II
Peak Ex	1 : 36	10.2	3.4	14	158	150 / 100	-1.06 II	2.48 II
Recovery(1)	1 : 0	1.8	1	0	121	160 / 100	-0.85 II	3.18 II
Recovery(2)	1 : 0	1.0	0	0	99	140 / 90	-0.84 aVR	2.83 II
Recovery(3)	1 : 0	1.0	0	0	95	120 / 80	-0.21 III	1.42 II
Recovery(4)	0 : 2	1.0	0	0	95	120 / 80	-0.21 III	1.06 II

Interpretation

The patient exercised according to the Bruce protocol for 7 m 36 s achieving a work level of Max. METS : 10.20. Resting heart rate initially 85 bpm, rose to a max. heart rate of 158 (85% of Pr.MHR) bpm. Resting blood Pressure 120 / 8 mmHg, rose to a maximum blood pressure of 160 / 100 mmHg. No significant ST-T changes, TMT negative for inducible ischemia for the workload achieved



Dr. Prashant K. Joshi
Consulting Physician
MBBS, DNB, Fellowship, EDIC
Reg. No. 2019/02/0392

Ref. Doctor: APOLLO

(Summary Report edited by user)

Doctor: ---

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SEA BIRD MEDICARE CENTRE POWAI

KARTHIGA (35 F)

ID: 2955

Date: 28-Sep-24

Exec Time : 0 m 0 s

Stage Time : 0 m 21 s

HR: 85 bpm

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 157 bpm)

B.P: 120 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

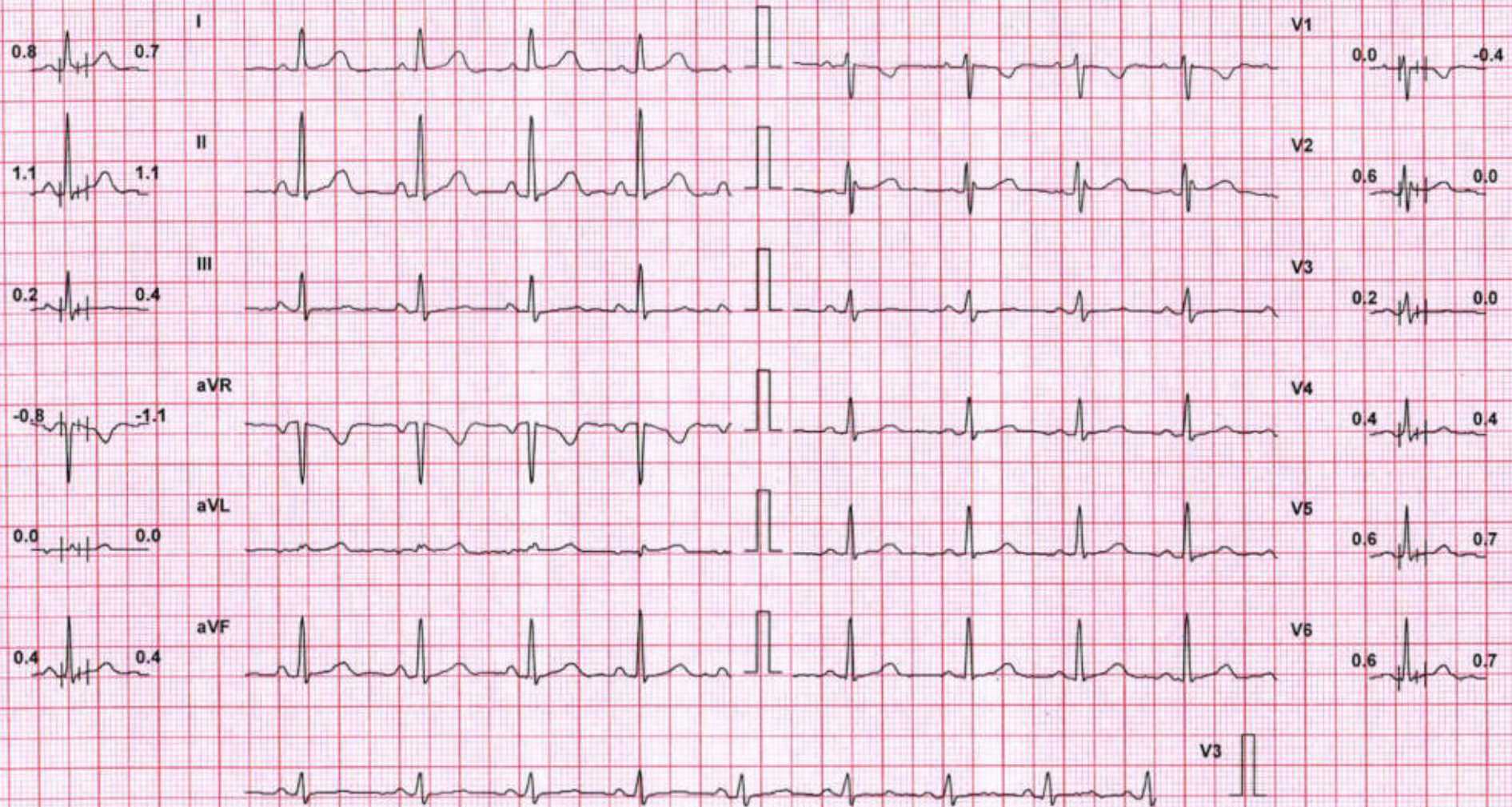


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Iso = R - 50 ms

J = R + 60 ms

Post J = J + 60 ms

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SEA BIRD MEDICARE CENTRE POWAI

KARTHIGA (35 F)

ID: 2955

Date: 28-Sep-24

Exec Time : 0 m 0 s

Stage Time : 0 m 3 s

HR: 86 bpm

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 157 bpm)

B.P: 120 / 80

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

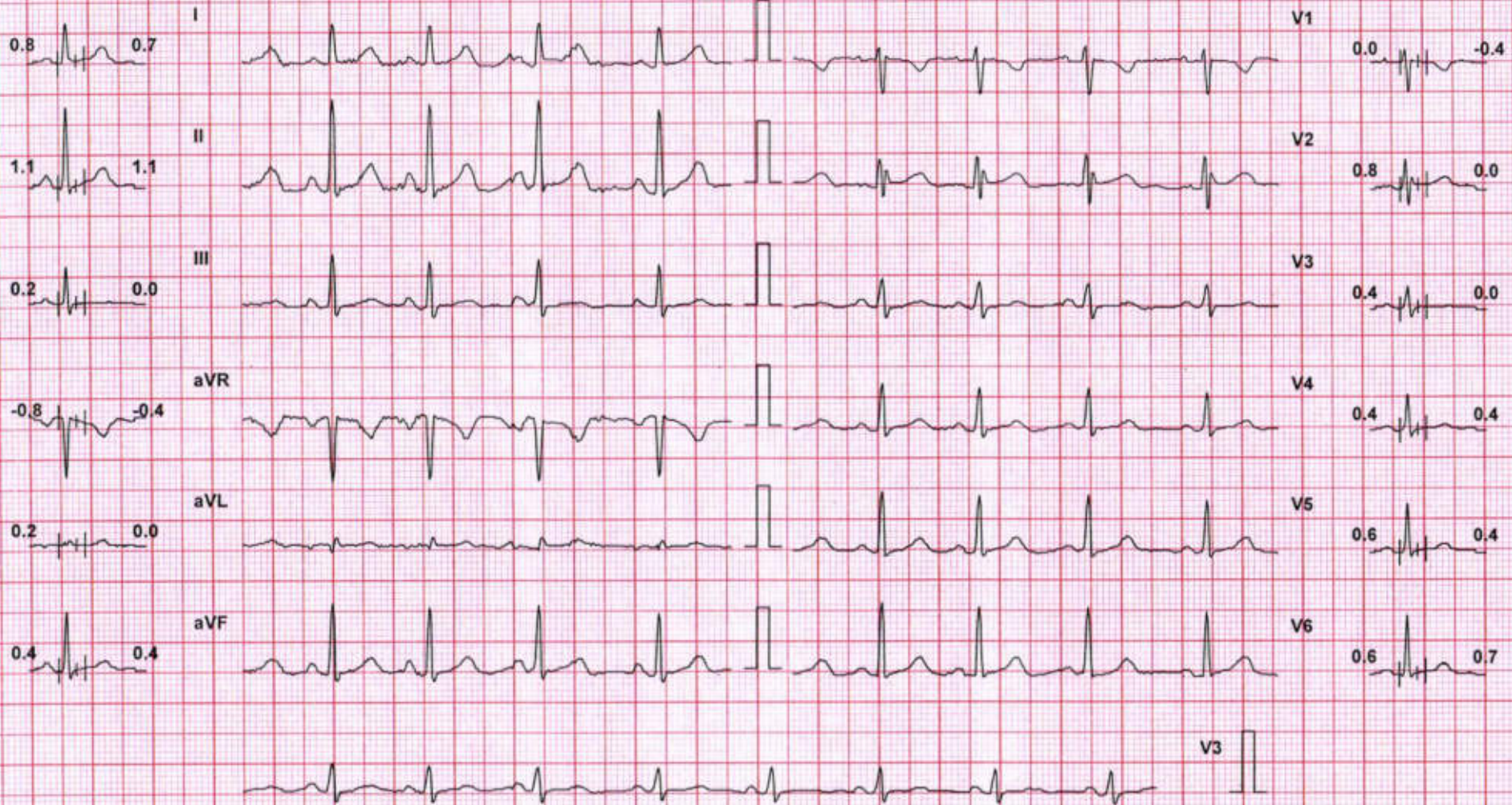


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEA BIRD MEDICARE CENTRE POWAI

KARTHIGA (35 F)

ID: 2955

Date: 28-Sep-24

Exec Time : 0 m 0 s

Stage Time : 0 m 4 s

HR: 86 bpm

Protocol: Bruce

Stage: Hyperventilation

Speed: 0 mph

Grade: 0 %

(THR: 157 bpm)

B.P: 120 / 80

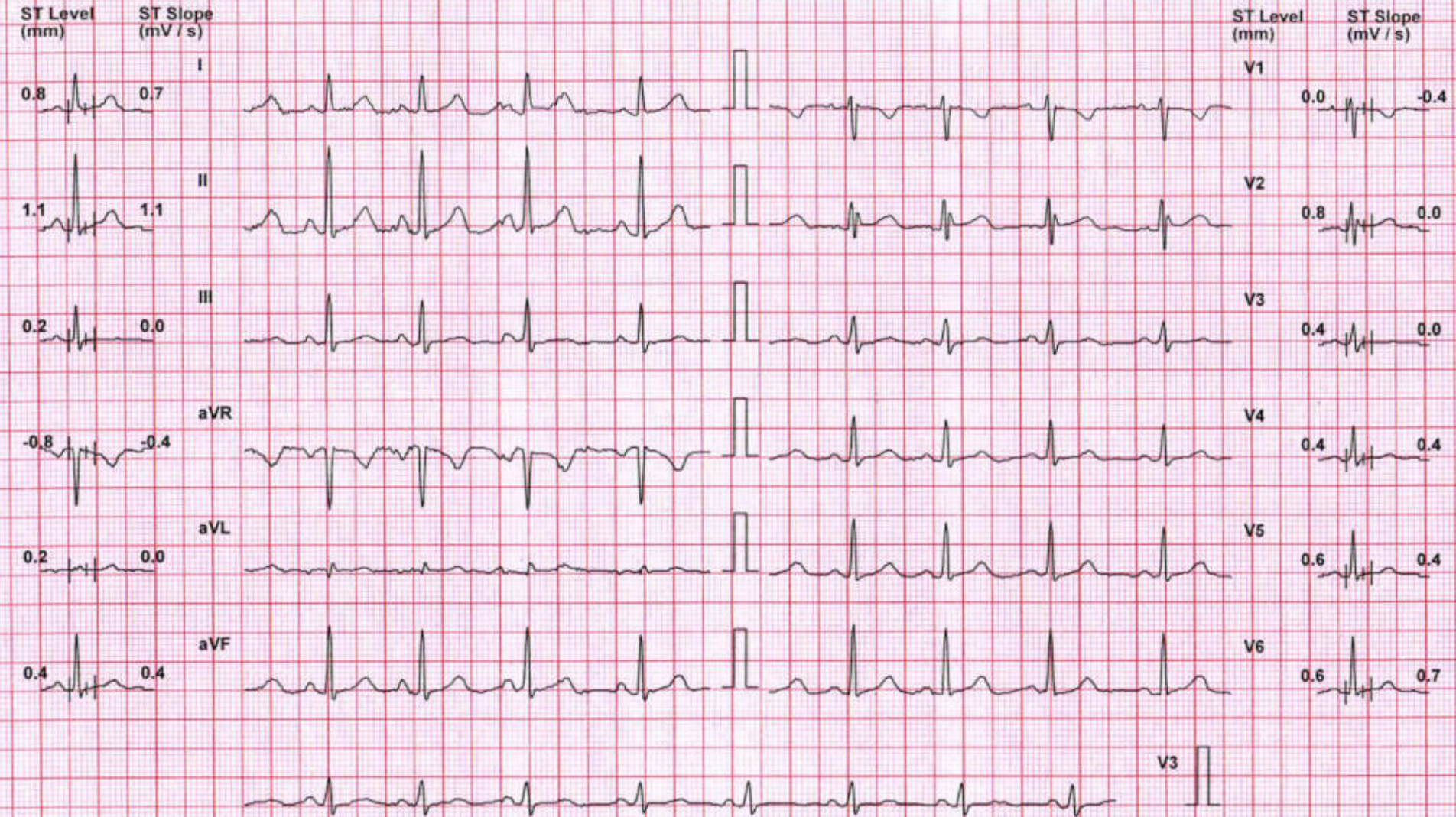


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEA BIRD MEDICARE CENTRE POWAI

KARTHIGA (35 F)

ID: 2955

Date: 28-Sep-24

Exec Time : 3 m 0 s

Stage Time : 3 m 0 s

HR: 118 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

Grade: 10 %

(THR: 157 bpm)

B.P: 130 / 80

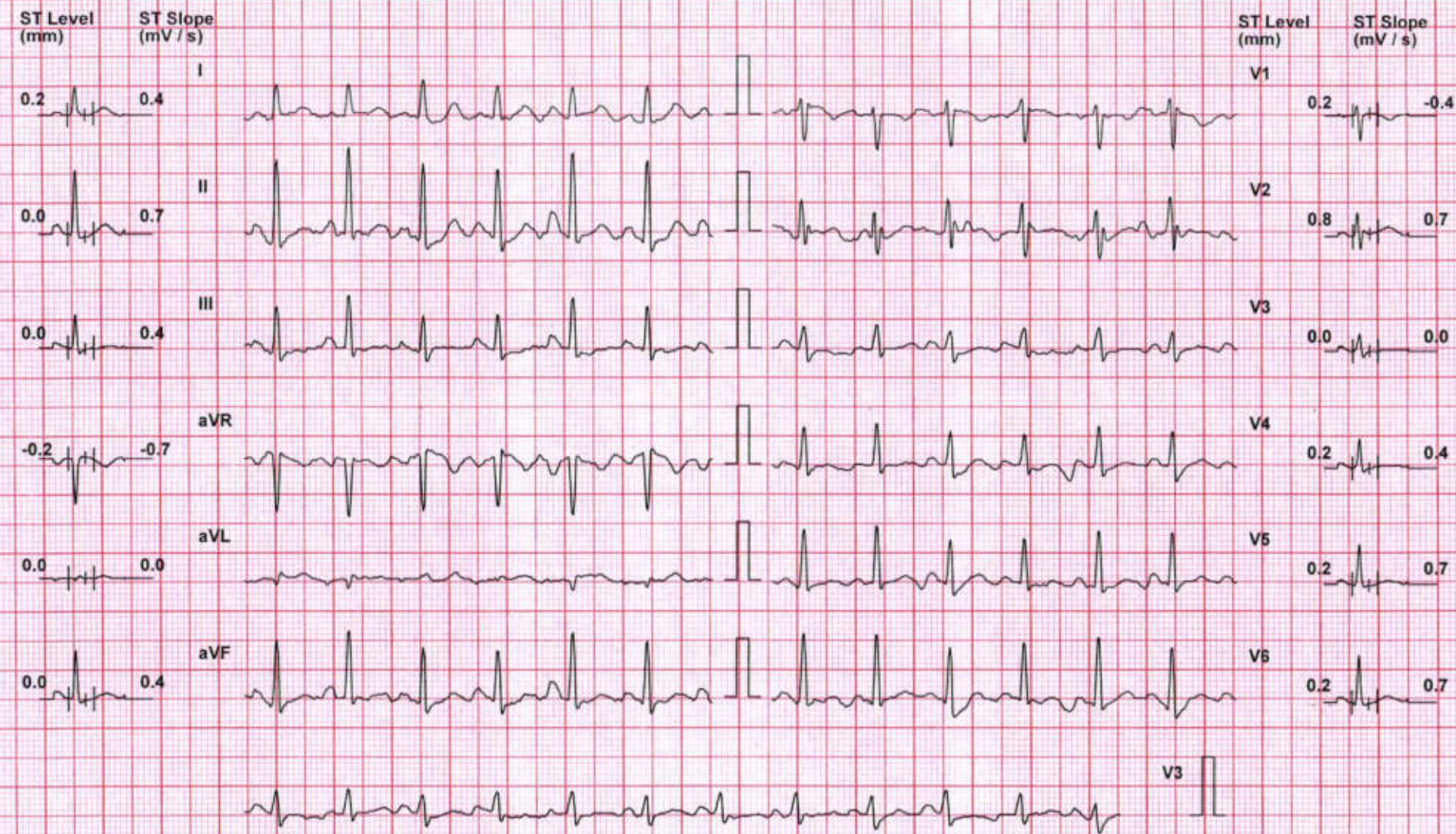


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 50 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEA BIRD MEDICARE CENTRE POWAI

KARTHIGA (35 F)

ID: 2955

Date: 28-Sep-24

Exec Time : 6 m 0 s

Stage Time : 3 m 0 s

HR: 141 bpm

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 157 bpm)

B.P: 140 / 90

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

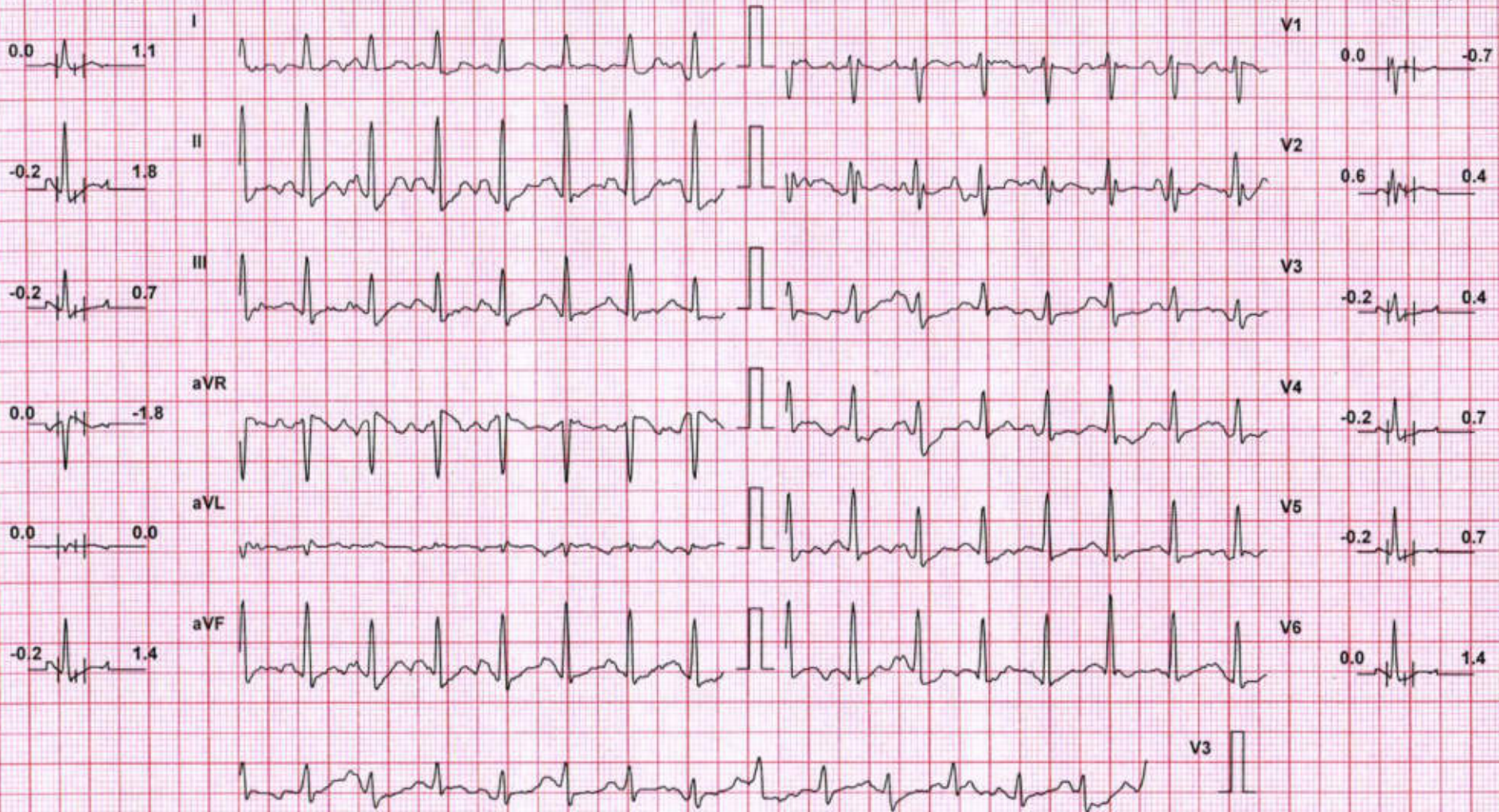


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEA BIRD MEDICARE CENTRE POWAI

KARTHIGA (35 F)

ID: 2955

Date: 28-Sep-24 Exec Time : 7 m 36 s Stage Time : 1 m 36 s **HR: 158 bpm**

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph

Grade: 14 %

(THR: 157 bpm)

B.P: 150 / 100

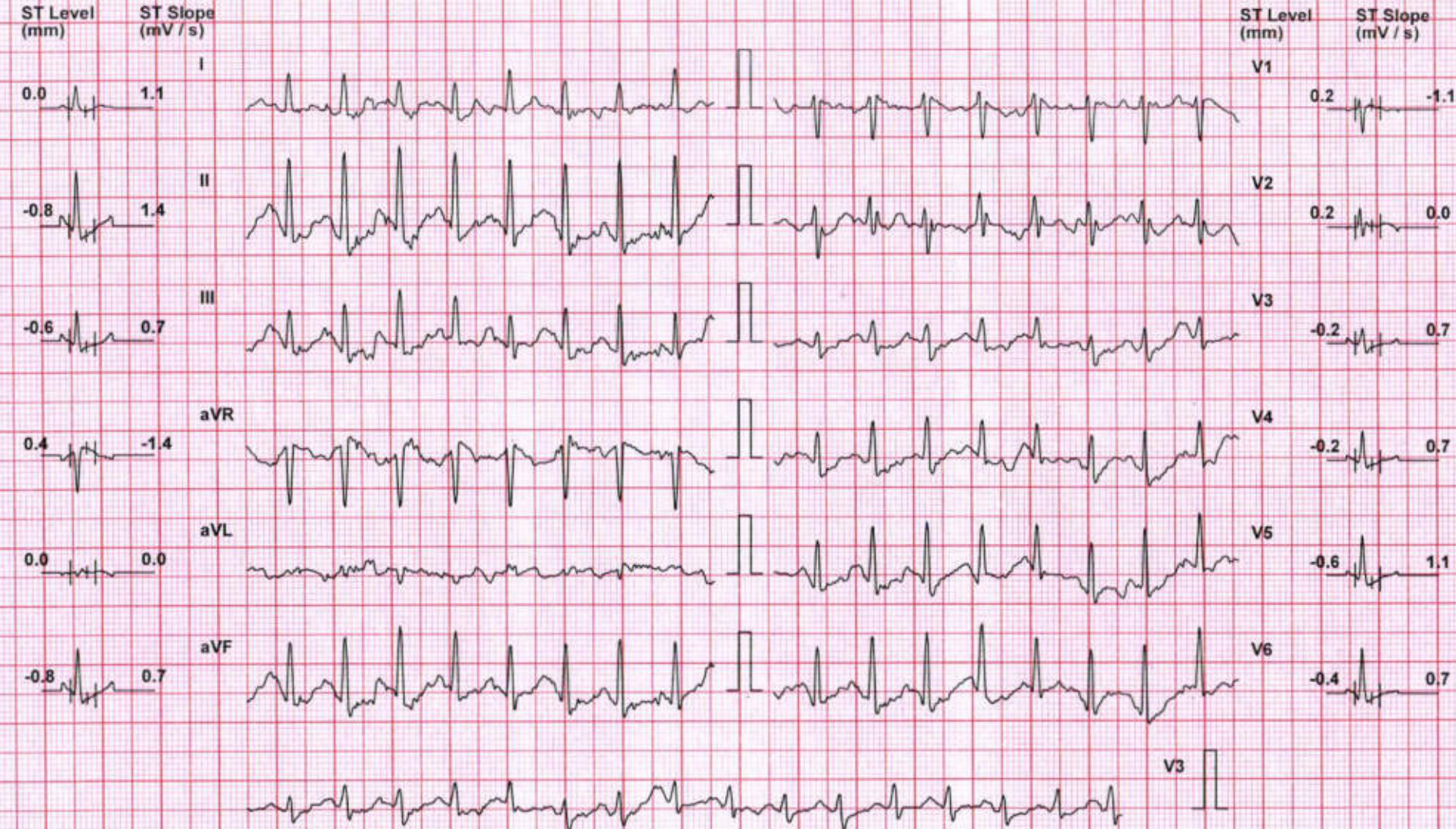


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEA BIRD MEDICARE CENTRE POWAI

KARTHIGA (35 F)

ID: 2955

Date: 28-Sep-24

Exec Time : 7 m 36 s

Stage Time : 1 m 0 s

HR: 121 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 157 bpm)

B.P: 160 / 100

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

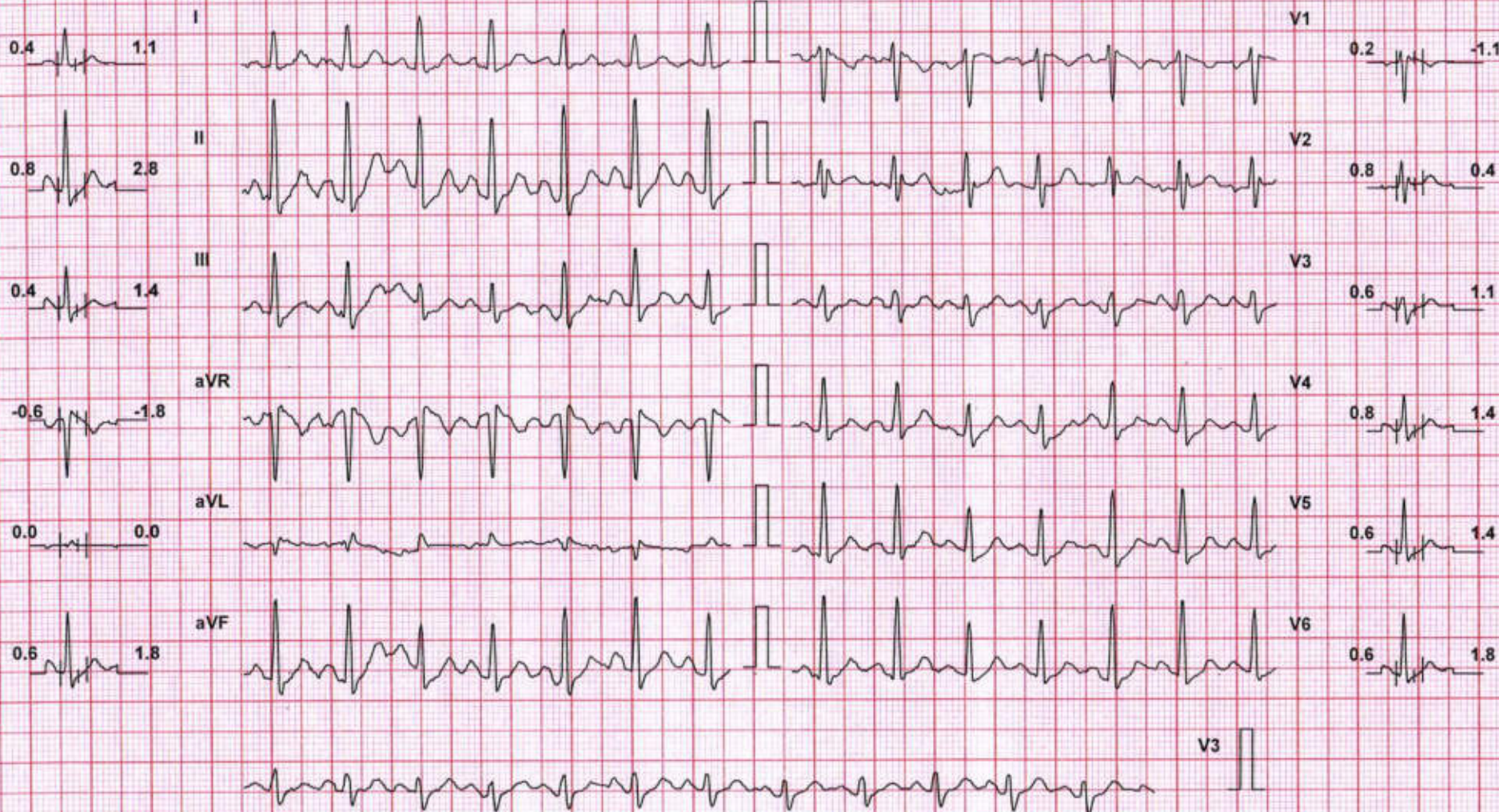


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spanden V4.7

SEA BIRD MEDICARE CENTRE POWAI

KARTHIGA (35 F)

ID: 2955

Date: 28-Sep-24 Exec Time : 7 m 36 s Stage Time : 1 m 0 s **HR: 99 bpm**

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 157 bpm)

B.P: 140 / 90

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

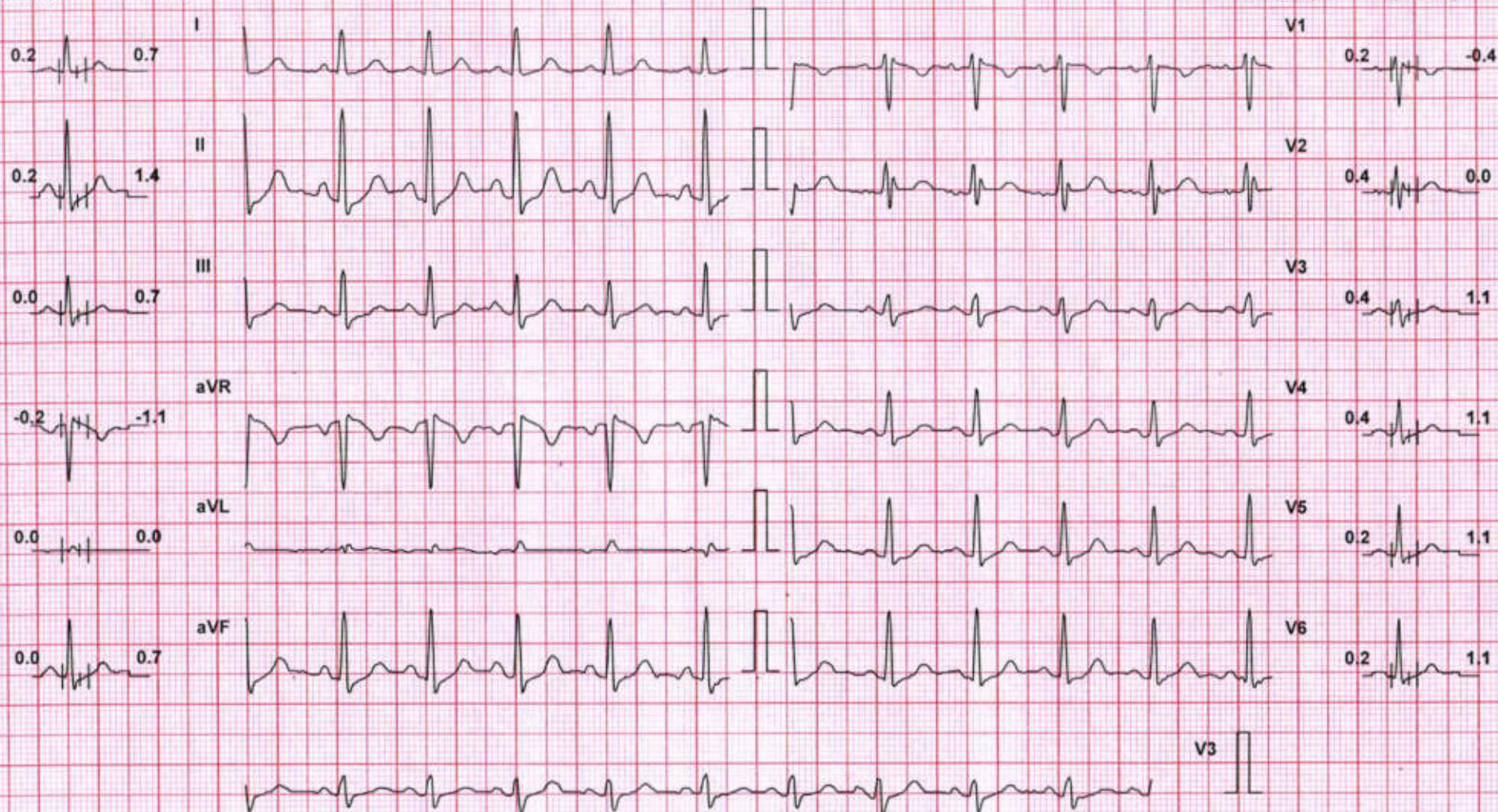


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V4.7

SEA BIRD MEDICARE CENTRE POWAI

KARTHIGA (35 F)

ID: 2955

Date: 28-Sep-24

Exec Time : 7 m 36 s

Stage Time : 1 m 0 s

HR: 95 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 157 bpm)

B.P: 120 / 80

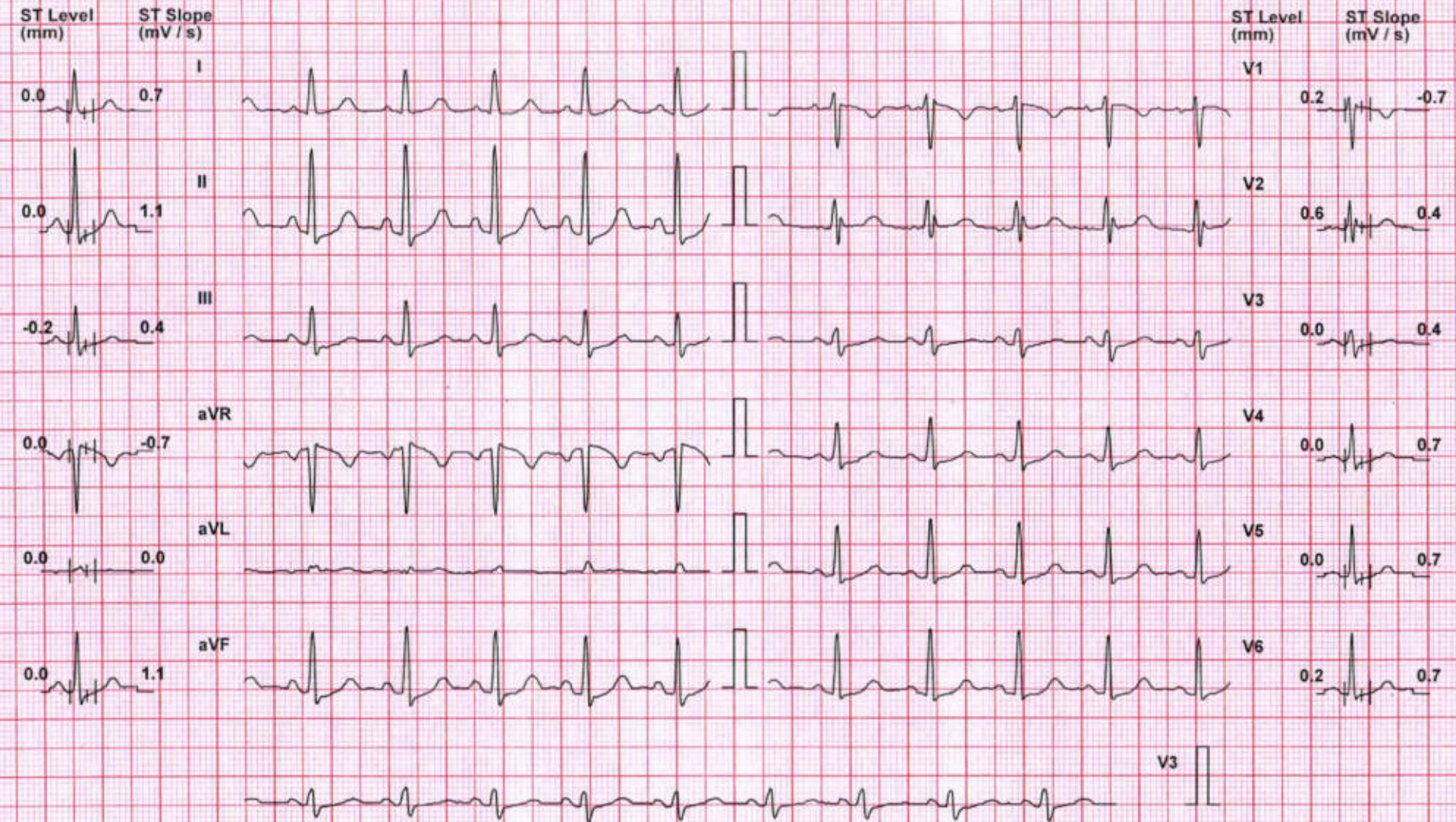


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

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Annexure-2

Self-Health Declaration

(Please ✓ Mark Where Applicable)

**PASTE YOUR RECENT
PASSPORT SIZE
PHOTOGRAPH**

1 PERSONAL DETAILS:

Name: P. Karthiga (First Name) _____ (Middle Name) _____ (Surname)

Address: Flat No: 902, 9th floor, Subh-Heritage, Padmarati Devi Marg, Opp. IIT market Powai - 400076.

City: Mumbai Pin: _____

Birth Place: ARUPPUKKOTTAI TN. Birth Date: 19/07/1989 Religion: Hindu
(dd/mm/yyyy)

Post applied for: _____ Marital Status: Married / Unmarried Gender: M / F

2 PREVIOUS EMPLOYMENT: Yes / No If yes specify

	Name	Nature of work	Duration
i)	_____		
ii)			
iii)			

3 NAME OF FAMILY DOCTOR:

Address: _____

Contact Details:

4 PERSONAL HABITS:

- i) Smoking
- ii) Tobacco chewing
- iii) Alcohol
- iv) Any other

NA

5 MEDICAL HISTORY:

i) ANY DISABILITY: Yes / No If yes specify with disability %

NA

ii) PERSONAL HISTORY:

Are you in good health and capable of full work

Have you ever suffered from job related disease or injury?

Have you ever been discharged or rejected on medical grounds?

Yes	No
<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>	<input type="checkbox"/>

C-Section

Types of Previous Occupation (Pl. describe in brief about company, nature of work, duration in years)

NA

iii) Have you ever suffered from any of the following (Answer Yes or No. if yes, give details)

Y	N		Y	N	
	<input checked="" type="checkbox"/>	Hypertension			Hepatitis-B
	<input checked="" type="checkbox"/>	Diabetes			Cancer
	<input checked="" type="checkbox"/>	Heart disease			Stroke
	<input checked="" type="checkbox"/>	Kidney diseases			Bronchitis
	<input checked="" type="checkbox"/>	Tuberculosis			Any allergy
	<input checked="" type="checkbox"/>	Chronic lung disease (e.g. Pleurisy Pneumonia etc.)			Any chronic ear or hearing problem (e.g. sinusitis, rhinitis otitis etc.)
	<input checked="" type="checkbox"/>	Epilepsy, Fits, Fainting or Dizziness			Mental disorder of any kind
	<input checked="" type="checkbox"/>	Any major operation or injury			Any other illness

Details of the above if "Yes"

(For female candidates only)

Are you pregnant at present?

Y N

Date of L.M.P.

14/9/24

iv) Immunization:

Yes No

Tetanus Toxoid

	<input checked="" type="checkbox"/>
	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Hepatitis B

Others

and (5 doses)

6 FAMILY HISTORY:

Has anyone of your parents suffered from any of the following: Yes / No

(If yes, Please ✓ Mark Where Applicable)

	Father	Mother
Hypertension	<input type="checkbox"/>	<input type="checkbox"/>
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>
Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>
Any other Disease	<input type="checkbox"/>	<input type="checkbox"/>

	IF LIVING		IF DEAD	
	AGE	HEALTH (Good, Bad, Fair)	AGE AT DEATH	CAUSE OF DEATH
Father	64	Good.	/	
Mother	58	Good.		
Spouse	39	Good.		
Children-1	7	Good.		
Children-2	4	Good.		

7 I declare that the above statements are true and complete to the best of my knowledge and belief. In case this information is found to be false by the company, then the company reserves the right to terminate my services without giving any notice. I agree that the results of this medical examination in general terms may be revealed to the company if required. I also fully understand that in case I am declared medically unfit due to any reason, I shall not be entitled for the employment in the company. However, the decision taken by recruitment committee about my medical fitness will be final and binding to me.


Date: 28/9/24.

P. S. Singh
(Signature of Candidate)

MER- MEDICAL EXAMINATION REPORT

Date of Examination	28-09-2024		
NAME	P. KARTHIGA		
AGE	35	Gender	F
HEIGHT(cm)	174	WEIGHT (kg)	86
B.P.	120/80 mm/Hg		
ECG	ITMT		
X Ray	Normal		
Vision Checkup	Color Vision : N		
	Far Vision Ratio : 6/6N		
	Near Vision Ratio : N/5N		
Present Ailments	—		
Details of Past ailments (If Any)	—		
Comments / Advice : She / He is Physically Fit			

Signature with Stamp of Medical Examiner


Dr. Mrinalini Singh
 Consultant Physician
 MBBS, DNB, MRCP (UK), EDIC
 Reg. No. 2019/02/0392

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of P. KARTHIGA on 28/9/24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none">• Medically Fit	<input type="checkbox"/>
<ul style="list-style-type: none">• Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>Pre-diabetes</u>.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input type="checkbox"/>
<ul style="list-style-type: none">• Currently Unfit. Review after _____ recommended	<input type="checkbox"/>
<ul style="list-style-type: none">• Unfit	<input type="checkbox"/>


Dr. Mrinalini Singh
Consultant Physician
MBBS, DNB, MRCP (UK), EDIC
Reg. No. 2019/02/0392

Dr. _____
Medical Officer
The Apollo Clinic, (Location)

This certificate is not meant for medico-legal purposes



இந்திய அரசாங்கம் / Unique Identification Authority of India

இந்திய அரசாங்கம்
Unique Identification Authority of India
Government of India

பதிவு அடையாளம் / Enrollment No.: 2043/66313/01096

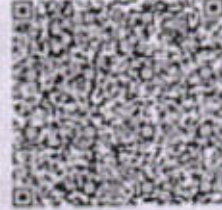
To
கார்த்திகா
Karthiga
W/O: Nagaraj
PLOT no 35 19th cross street
padmavalthy nagar extn
Madambakkam
Madambakkam
Tambaram Kancheepuram
Tamil Nadu 600126
9790804174

07/11/2015

300766398



MA007663980FT



உங்கள் ஆதார் எண் / Your Aadhaar No. :

4907 0464 1317

ஆதார் - சாதாரண மனிதனின் அதிகாரம்

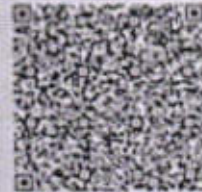


இந்திய அரசாங்கம்

Government of India



கார்த்திகா
Karthiga
பிறந்த நாள் / DOB : 19/07/1989
புண்பால் / Female



4907 0464 1317

PKK

Report ID : **PKM289141322** Reg. : **28-Sep-2024**
Patient Name : **Ms. P KARTHIGA** Report Date : **28-Sep-2024**
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**
Ref By : **DR.PARAG ARVIND PRADHAN** Age/Sex : **35 Year / Female**

CHEST X RAY REPORT

X-Ray No : 5682

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.




Dr. Jacob
Mathew MD

Proudly... Caring For You

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com

ID: 1400

28-09-2024 12:18:30

P KARTHIGA

HR : 65 bpm

Diagnosis Information:

WNL ML

Years (/ /)

P : 118 ms

PR : 154 ms

QRS : 92 ms

QT/QTcBz : 422/439 ms

P/QRS/T : 63/38/33 °

RV5/SV1 : 1.565/0.447 mV

Unconfirmed Report

Dr. Mrinalni Singh
Consultant Physician
MBBS, DNB, FRCGP (UK), EDIC
Reg. No. 2019/02/0392

