

NAME:	Dr. Kedar A. Patil	UHID:	
AGE:	37	DATE OF HEALTHCHECK:	27-1-2024
GENDER:	M		

HEIGHT:	168	MARITAL STATUS:	M
WEIGHT:	65.8	NO OF CHILDREN:	2
BMI:	23.3		

C/O: Lower back pain: 1 month
 Distress
 P/M/H: - Kochu. 11yr. back.
 K/C/O: -
 PRESENT MEDICATION: - NO
 P/S/H: - NO

ALLERGY: - ab.

PHYSICAL ACTIVITY: Active/Moderate/Sedentary

H/A: SMOKING:

ALCOHOL: - NO

TOBACCO/PAN:

FAMILY HISTORY FATHER: - *DM*

MOTHER: - *DM*

O/E:

BP: 140/80 PULSE: - 58/min

TEMPERATURE: - SCARS:

LYMPHADENOPATHY:

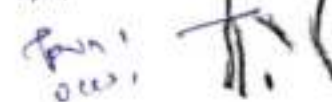
PALLOR/ICTERUS/CYNOSIS/CLUBBING: - *NO*

OEDEMA: -

S/E:
RS:



P/A:



CVS: *Silent*

Extremities & Spine: - *NO*

ENT: - *NO*

CNS: *Cerebellum 2-3mm med.*

Skin: - *NO*

Vision:

	Without Glass		With Glass	
	Right Eye	Left Eye	Right Eye	Left Eye
FAR :				
NEAR :				
COLOUR VISION:				

Name:	Age:	Date of Health check-up:
-------	------	--------------------------

Findings and Recommendation:

Findings:-

ly B polyp.

Recommendation:-

→ ref

Signature:

Consultant -


DR. ANIRBAN DASGUPTA
MBBS, D.N.B MEDICINE
DIPLOMA CARDIOLOGY
MMC- 2005/02/0920

OPHTHALMIC EVALUATION

UHID No.: _____

Date: 27/1/24.

Name: Mr. Kenay Age: 37 Gender: Male/Female

Without Correction :

Distance: Right Eye _____ Left Eye _____

Near : Right Eye _____ Left Eye _____

With Correction :

Distance: Right Eye 6/6 Left Eye 6/6

Near : Right Eye N6 Left Eye N6

	RIGHT					LEFT				
	SPH	CYL	AXIS	PRISM	VA	SPH	CYL	AXIS	PRISM	VA
Distance		<u>-0.50</u>	<u>175°</u>				<u>-0.50</u>	<u>175°</u>		
Near						<u>Prescribed PCOP</u>				

Colour Vision : Normal BL Antique

Anterior Segment Examination : Normal BL

Pupils : Normal BL

Fundus : _____

Intraocular Pressure : 12 mm Hg BL

Diagnosis : _____

Advice : Wear glasses

Re-Check on 6 mths (This Prescription needs verification every year)

Dr. [Signature]
(Consultant Ophthalmologist)

DR. RUCHIRA SHARMA
M. S. (OPHTH)
CONSULTING OPHTHALMOLOGIST
& MICRO-SURGEON
REG. No. 3262/09/02

■ Consultation ■ Diagnostics ■ Health Check-ups ■ Laser Treatment



Indira Health And Lifestyle Private Limited.

NABL Accredited Laboratory

The Emerald, 1st Floor, Plot No. 195, Sector-12,
Besides Neel Siddhi Tower, Vashi-Navi Mumbai-400703.

Tel:- (022) - 2788 1322 / 23 / 24 ☎ 8291490000

Email: apolloclinicvashi@gmail.com

Apollo Clinic
VASHI

Name : Mr. Kenaz Athota Gender : Male Age : 37 Years
UHID : FVAH 10405 Bill No : Lab No : V-3585-23
Ref. by : SELF Sample Col.Dt : 27/01/2024 09:25
Barcode No : 5855 Reported On : 27/01/2024 19:44

TEST

RESULTS

Blood Grouping (ABO & Rh)-WB(EDTA) Serum

ABO Group: **:O:**
Rh Type: **Positive**
Method : Matrix gel card method (forward and reverse)

Pooja Surve
Entered By

Ms Kaveri Gaonkar
Verified By

Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically

Name : Mr. Kenaz Athota Gender : Male Age : 37 Years
UHID : FVAH 10405 Bill No : Lab No : V-3585-23
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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

PLASMA GLUCOSE


Fasting Plasma Glucose : 84 mg/dL Normal < 100 mg/dL
Impaired Fasting glucose : 101 to 125 mg/dL
Diabetes Mellitus : \geq 126 mg/dL
(on more than one occasion)
(American diabetes association guidelines 2016)

Post Prandial Plasma Glucose : 85 mg/dL Normal < 140 mg/dL
Impaired Post Prandial glucose : 140 to 199 mg/dL
Diabetes Mellitus : \geq 200 mg/dL
(on more than one occasion)
(American diabetes association guidelines 2016)

Method : Hexokinase

Alsaba Shaikh
Entered By

Ms Kaveri Gaonkar
Verified By



Dr. Milind Patwardhan
N.D(Path)
Chief Pathologist

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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

LIPID PROFILE - Serum

S. Cholesterol(Oxidase)	187	mg/dL	Desirable < 200 Borderline: >200-<240 Undesirable: >240
S. Triglyceride(GPO-POD)	124	mg/dL	Desirable < 150 Borderline: >150-<499 Undesirable: >500
S. VLDL:(Calculated)	24.8	mg/dL	Desirable <30
S. HDL-Cholesterol(Direct)	43.6	mg/dL	Desirable > 60 Borderline: >40-<59 Undesirable: <40
S. LDL:(calculated)	118.6	mg/dL	Desirable < 130 Borderline: >130-<159 Undesirable: >160
Ratio Cholesterol/HDL	4.3		3.5 - 5
Ratio of LDL/HDL	2.7		2.5 - 3.5

Alsaba Shaikh
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Verified By



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Name : Mr. Kenaz Athota Gender : Male Age : 37 Years
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
TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL
LFT(Liver Function Tests)-Serum

S.Total Protein (Biuret method)	7.78	g/dL	6.6 - 8.7
S.Albumin (BCG method)	5.05	g/dL	3.5 - 5.2
S.Globulin (Calculated)	2.73	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.85		0.9 - 2
S.Total Bilirubin (DPD):	0.72	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.27	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.45	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P):	27	U/L	5 - 40
S.ALT (SGPT) (IFCC Kinetic with P5P):	48	U/L	5 - 41
S.Alk Phosphatase(pNPP-AMP Kinetic):	96	U/L	40 - 129
S.GGT(IFCC Kinetic):	125	U/L	11 - 50

Alsaba Shaikh
Entered By

Ms Kaveri Gaonkar
Verified By

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Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically

37 Years

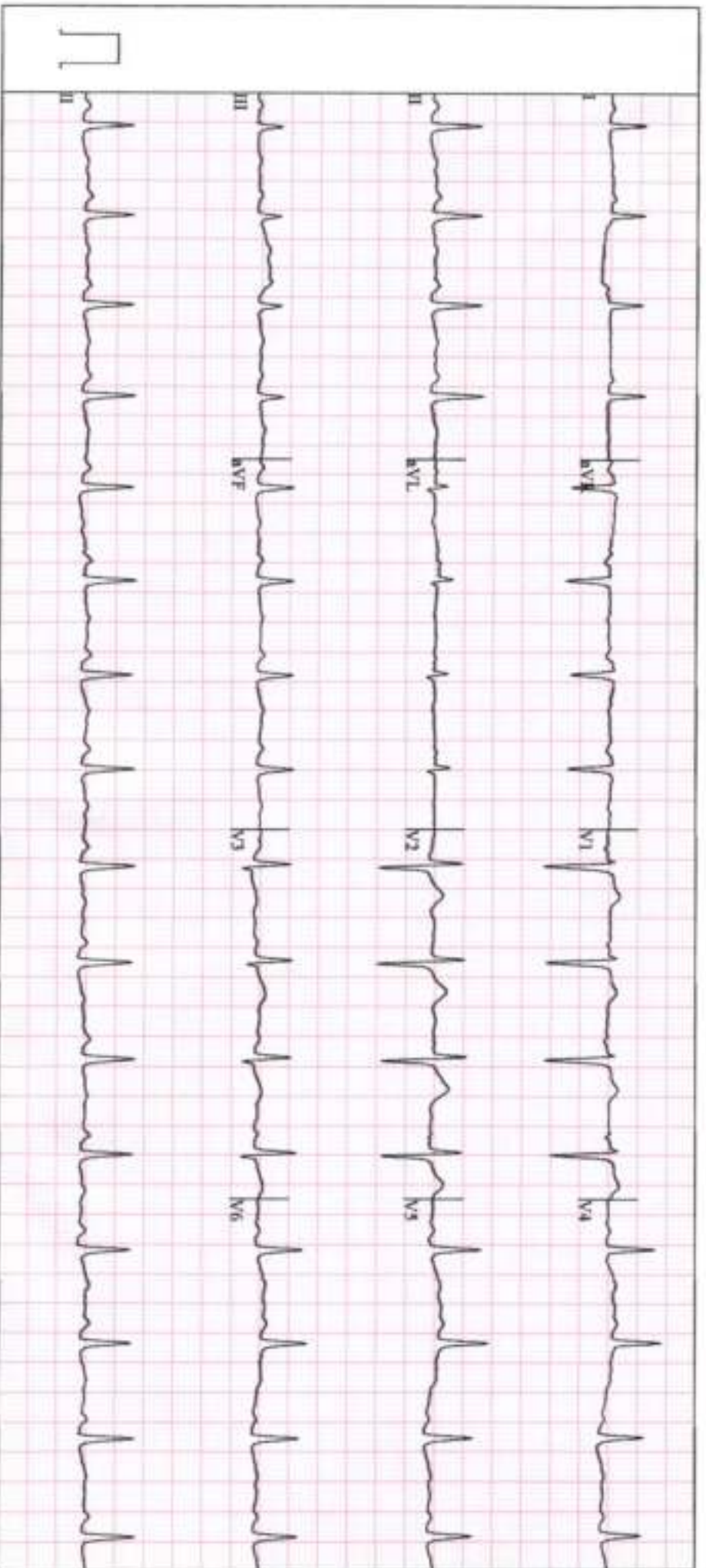
Male

NORMAL ECG

QRS	78 ms
QT / QTcBaz	344 / 430 ms
PR	134 ms
P	96 ms
RR / PP	636 / 638 ms
P / QRS / T	61 / 53 / 79 degrees

Normal sinus rhythm
Nonspecific T wave abnormality
Abnormal ECG

Dr. ANIRBAN DASGUPTA
 M.B.B.S, D.N.B. Medicine
 Diploma Cardiology
 MMC -2005/0210920



Apollo Clinic
The Emerald, Plot No-195/B, Sector-12,
Neel Siddhi Towers, Vashi-400703

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: KENAZ, ATHOTA
Patient ID: 10405
Height:
Weight:

DOB: 30.09.1986
Age: 37yrs
Gender: Male
Race: Asian

Study Date: 27.01.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR. ANIRBAN DASGUPTA
Technician: Anita Gaikwad

Medications:
NIL

Medical History:
NIL

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:25	0.00	0.00	96	140/80	
	STANDING	00:14	0.00	0.00	97		
	HYPERV.	00:16	0.00	0.00	93		
EXERCISE	WARM-UP	00:07	0.00	0.00	96		
	STAGE 1	03:00	1.70	10.00	131	140/80	
	STAGE 2	03:00	2.50	12.00	155	150/90	
	STAGE 3	00:16	3.40	14.00	169		
RECOVERY		01:04	0.00	0.00	129	180/90	

The patient exercised according to the BRUCE for 6:15 mins, achieving a work level of Max. METS: 7.70. The resting heart rate of 99 bpm rose to a maximal heart rate of 171 bpm. This value represents 93 % of the maximal, age-predicted heart rate. The resting blood pressure of 140/80 mmHg, rose to a maximum blood pressure of 180/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

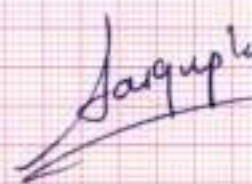
Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA AT THE WORKLOAD ACHIEVED.

Physician-DR. ANIRBAN DASGUPTA

 Dr. ANIRBAN DASGUPTA
M.B., B.S., D.N.B. Medicine
Diploma Cardiology
MMC -2005/02/0920

PATIENT'S NAME	KANAZ ATHOTA	AGE :- 37 YRS/M
UHID NO	10405	27 Jan 2024

DIGITAL RADIOGRAPH OF CHEST (PA VIEW)

The lung fields are clear.

Heart and aorta appears normal.

Both hila appear normal.

Both costo-phrenic angles are clear.

Visualized bony thorax appears normal.

IMPRESSION: NO SIGNIFICANT ABNORMALITY IS DETECTED IN CURRENT RADIOGRAPH.

Clinico-haematological correlation is recommended.

Thanking you for the referral,
With regards,



DR. SIDDHI PATIL
Cons. Radiologist

PATIENT'S NAME	MR KENAZ ATHOTA	37YRS /M
UHID NO	10405	27 jan 2024

USG WHOLE ABDOMEN

LIVER is normal in size, shape and shows bright echotexture .No evidence of any focal lesion. The portal vein appears normal & shows normal hepatopetal flow. No evidence of intra-hepatic biliary duct dilatation.

Gall Bladder appears well distended with normal wall thickness. There is no calculus or pericholecystic collection or free fluid noted. CBD appears normal. e/o 4.2 mm anterior wall polyp.

Visualised parts of head & body of pancreas appear normal. PD is not dilated.

SPLEEN is normal in size and echotexture. No focal lesion seen. SV is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or calculi or mass seen.
RIGHT KIDNEY measures 9.8 x 3.4 cm. **LEFT KIDNEY** measures 10.0 x 4.4 cm.

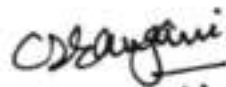
Urinary Bladder is adequately distended; no e/o any obvious wall thickening or mass or calculi seen.

PROSTATE is normal in size, shape & echotexture.

Visualised bowel loops appear normal. There is no free fluid seen.

IMPRESSION -

- Grade I fatty liver.
- Small gall bladder polyp.



DR.CHHAYA S. SANGANI
CONSULTANT SONOLOGIST
Reg: No. 073826