

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No. MMC 2014/01-0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No : 7499913052



Name: Mr Ravindra kare Date: 22/3/21
Age: 32 y Sex: M Weight: 65.9 kg Height: 173.8 cm BMI: 22.8
BP: 125/74 mmHg Pulse: 64/m RBS: _____ mg/dl
SpO2: 97%

Name: Mr. Ravindra Kore Date: 22/03/24

Age: 32 yrs Sex: M/F Weight: _____ kg Height: _____ inc BMI: _____

BP: _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

Routine dental checkup.

H/o Pan chewing

O/E :- Stains +++

Calculus +

Mild crowding seen.

Supernumerary tooth with respect to 21.

Advice :-

OPG, extraction of supernumerary tooth i 21.

Orthodontic treatment.

Complete oral prophylaxis.

Dr. Megha



KIMS - Kingsway Hospitals
(A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.)
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Maharashtra, India - 440001.

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DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

RAVINDRA KORE 32Y(S) 0M(S) 0D(S)M LIMR2324041553 9637863146	CONSULT DATE : 22-03-2024 CONSULT ID : OPC2324128093 CONSULT TYPE : VISIT TYPE : NORMAL TRANSACTION TYPE :	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
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VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
- °F - /min - %RA - /10 - cms

Weight : BMI :
- kgs -

CHIEF COMPLAINTS

ROUTINE EYE CHECKUP

MEDICATION PRESCRIBED

#	Medicine	Route	Dose	Frequency	When	Duration
1	I SOFT EYE DROP	Eye	1-1-1-1	Every Day	NA	2 months
Instructions : BOTH EYES						
Composition : SODIUM HYALURONATE 0.1% WV						

NOTES

GLASS PRESCRIPTION :-
DISTANCE VISION

EYE SPH CYL AXIS VISION

RIGHT EYE -0.75 -0.25 20 6/6

LEFT EYE -0.75 -0.25 170 6/6

NEAR ADDITION

RIGHT EYE 00 N6

LEFT EYE 00 N6

REMARK-BLUE CUT GLASS

Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On :22-03-2024 12:22:53



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name : Mr. RAVINDRA KORE	Age / Gender : 32 Y(s)/Male
Bill No/ UMR No : BIL2324087266/UMR2324041553	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 22-Mar-24 10:38 am	Report Date : 22-Mar-24 11:40 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	15.6	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		45.2	40.0 - 50.0 %	Calculated
RBC Count		5.31	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		85	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		29.4	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		34.6	31.5 - 35.0 g/l	Calculated
RDW		13.9	11.5 - 14.0 %	Calculated
Platelet count		242	150 - 450 10^3 /cumm	Impedance
WBC Count		5500	4000 - 11000 cells/cumm	Impedance
<u>DIFFERENTIAL COUNT</u>				
Neutrophils		44.7	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		48.4	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		2.8	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		4.1	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		2458.5	2000 - 7000 /cumm	Calculated



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

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<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		2662	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		154	20 - 500 /cumm	Calculated
Absolute Monocyte Count		225.5	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated

PERIPHERAL SMEAR

RBC	Normochromic			
WBC	Normocytic			
Platelets	As Above			
E S R	Adequate	10	0 - 15 mm/hr	Automated Westergren's Method

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. RAVINDRA KORE	Age / Gender : 32 Y(s)/Male
Bill No/ UMR No : BIL2324087266/UMR2324041553	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 22-Mar-24 10:37 am	Report Date : 22-Mar-24 11:55 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	94	< 100 mg/dl	GOD/POD,Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HbA1c)				
HbA1c		4.7	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

*** End Of Report ***

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Dr. GAURI HARDAS, MBBS,MD

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Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF CHEMISTRY

Patient Name : Mr. RAVINDRA KORE	Age / Gender : 32 Y(s)/Male
Bill No/ UMR No : BIL2324087266/UMR2324041553	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 22-Mar-24 10:38 am	Report Date : 22-Mar-24 12:39 pm

LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Result</u>	<u>Method</u>
Total Cholesterol	Serum	114	Enzymatic(CHE/CHO/POD)
Triglycerides		97	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		24	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		67.51	Enzymatic
VLDL Cholesterol		19	Calculation
Tot Chol/HDL Ratio		5	Calculation

<u>Initiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>DC-C</u>
CHD OR CHD risk equivalent	>100	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%	>130	<130
Two or more additional major risk factors, 10 yrs CHD risk <20%	>160	<160
No additional major risk or one additional major risk factor	>90, optional at 100-129	<90

*** End of Report ***

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Dr. GAURI HARDAS, MBBS, MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSIS : LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. RAVINDRA KORE
Bill No/ UMR No : BIL2324087266/UMR2324041553
Received Dt : 22-Mar-24 10:38 am

Age / Gender : 32 Y(s)/Male
Referred By : Dr. Vimmi Goel MBBS,MD
Report Date : 22-Mar-24 12:39 pm

THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.52	- 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.41	- 1.70 ng/dl	Enhanced Chemiluminescence
TSH		2.47	- 4.80 uIU/ml	Enhanced chemiluminescence
		*** End Of Report	**	

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF CHEMISTRY

Patient Name : Mr. RAVINDRA KORE
Bill No/ UMR No : BIL2324087266/UMR2324041553
Received Dt : 22-Mar-24 10:38 am

Age / Gender : 32 Y(s)/Male
Referred By : Dr. Vimmi Goel MBBS,MD
Report Date : 22-Mar-24 12:39 pm

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Res.</u>	<u>Clinical Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.65	0.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.30	0.3 mg/dl	Calculated
Indirect Bilirubin		0.35	1.1 mg/dl	Dual wavelength spectrophotometric
Alkaline Phosphatase		71	0.6 U/L	pNPP/AMP buffer
SGPT/ALT		33	0.7 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		28	0.7 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		8.36	6.2 gm/dl	Biuret (Alkaline cupric sulphate)
Albumin Serum		4.67	3.0 gm/dl	Bromocresol green Dye Binding
Globulin		3.69	3.0 gm/dl	Calculated
A/G Ratio		1.3		

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



**CLINICAL DATA
DEPARTMENT**

**LABORATORY
CHEMISTRY**

Patient Name : Mr. RAVINDRA KORE
Bill No/ UMR No : BIL2324087266/UMR2324041553
Received Dt : 22-Mar-24 10:38 am

Age / Gender : 32 Y(s)/Male
Referred By : Dr. Vimmi Goel MBBS,MD
Report Date : 22-Mar-24 12:39 pm

RFT

<u>Parameter</u>	<u>Specimen</u>	<u>Re-</u>	<u>Unit</u>
Blood Urea	Serum	21	
Creatinine		1.0	
GFR		102.6	
Sodium		145	
Potassium		4.5	
*** End ***			

<u>Logical Reference</u>	<u>Method</u>
- 43.0 mg/dl	Urease with indicator dye
- 1.25 mg/dl	Enzymatic (creatinine amidohydrolase)
- mL/min/1.73m ² square.	Calculation by CKD-EPI 2021
- 145 mmol/L	Direct ion selective electrode
- 5.1 mmol/L	Direct ion selective electrode

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : 11100026

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**Dr. GAUKI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. RAVINDRA KORE	Age / Gender : 32 Y(s)/Male
Bill No/ UMR No : B1L2324087266/UMR2324041553	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 22-Mar-24 10:49 am	Report Date : 22-Mar-24 11:55 am

URINE MICROSCOPY

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
<u>PHYSICAL EXAMINATION</u>			
Volume	Urine	30 ml	
Colour.		Pale yellow	
Appearance		Clear	Clear
<u>CHEMICAL EXAMINATION</u>			
Reaction (pH)		5.0	4.6 - 8.0 Indicators
Specific gravity		1.005	1.005 - 1.025 ion concentration
Urine Protein		Negative	Negative protein error of pH indicator
Sugar		Negative	Negative GOD/POD
Bilirubin		Negative	Negative Diazonium
Ketone Bodies		Negative	Negative Legal's est Principle
Nitrate		Negative	Negative
Urobilinogen		Normal	Normal Ehrlich's Reaction
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells		0-1	0 - 4 /hpf Manual
R.B.C.		Absent	0 - 4 /hpf
Pus Cells		0-1	0 - 4 /hpf
Casts		Absent	Absent



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mr. RAVINDRA KORE	Age / Gender : 32 Y(s)/Male
Bill No/ UMR No : BIL2324087266/UMR2324041553	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 22-Mar-24 10:49 am	Report Date : 22-Mar-24 11:55 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Crystals		Absent	
		*** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mr. RAVINDRA KORE	Age / Gender : 32 Y(s)/Male
Bill No/ UMR No : BIL2324087266/UMR2324041553	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 22-Mar-24 10:49 am	Report Date : 22-Mar-24 11:55 am

USF(URINE SUGAR FASTING)

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Urine Glucose	Urine	Negative		STRIP
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100400

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. RAVINDRA KORE	Age / Gender : 32 Y(s)/Male
Bill No/ UMR No : BIL2324087266/UMR2324041553	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 22-Mar-24 01:48 pm	Report Date : 22-Mar-24 02:18 pm

URINE SUGAR

Parameter
Urine Glucose
NOTE:

Result Values
Negative
Urine Sugar Postmeal
*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100400

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mr. RAVINDRA KORE	Age / Gender : 32 Y(s)/Male
Bill No/ UMR No : BIL2324087266/UMR2324041553	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 22-Mar-24 10:38 am	Report Date : 22-Mar-24 12:39 pm

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	"AB"	Gel Card Method
Rh (D) Typing.		* Positive * (+Ve)	
		*** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST

PATIENT NAME:	MR. RAVINDRA KORE	AGE /SEX:	32 YRS/M
UMR NO:	2324041553	BILL NO:	2324087266
REFERRED BY	DR. VIMMI GOEL	DATE	22/03/2024

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

- No pleuro-parenchymal abnormality seen.



DR R.R KHANDLWAL
SENIOR CONSULTANT
MD, RADIODIAGNOSIS [MMC-55870]

PATIENT NAME:	MR. RAVINDRA KORE	AGE /SEX:	32 YRS/M
UMR NO:	2324041553	BILL NO:	2324087266
REFERRED BY	DR. VIMMI GOEL	DATE	22/03/2024

USG ABDOMEN AND PELVIS

LIVER is normal in size and echotexture.
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it.
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size, shape and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.


URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture.

There is no free fluid seen.

IMPRESSION:

No significant visceral abnormality seen.
Suggest clinical correlation / further evaluation.



DR. R.R. KHANDELWAL
SENIOR CONSULTANT
MD RADIO DIAGNOSIS [MMC-55870]



DR. NAYAN KAMBLE
RESIDENT DOCTOR

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Kingsway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mr. Ravindra, Kore
Patient ID: 041553
Height:
Weight:
Study Date: 22.03.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 28.07.1991
Age: 32yrs
Gender: Male
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:

Medical History:

NIL

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:09	0.00	0.00	77	120/80	
	WARM-UP	00:03	0.10	0.00	76		
EXERCISE	STAGE 1	03:00	1.70	10.00	108	120/80	
	STAGE 2	03:00	2.50	12.00	127	130/80	
	STAGE 3	02:58	3.40	14.00	157	140/80	
RECOVERY		01:00	0.00	0.00	123	140/80	
		02:00	0.00	0.00	101	130/80	
		00:16	0.00	0.00	99		

The patient exercised according to the BRUCE for 8:57 mins, achieving a work level of Max. METS: 10.10. The resting heart rate of 77 bpm rose to a maximal heart rate of 157 bpm. This value represents 83 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 140/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.

Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant Non Invasive Cardiology
Reg No: 2014/01/0113

32 Years

MR RAVINDRA KORE

Male

22-Mar-24 10:09:14

KIMS - KEMAY HOSPITALS

PBC DEPT.

Rate 63 Sinus rhythm.....
 PR 145 - RSR' in V1 or V2, probably normal variant.....normal P axis, V-rate 50-99
 QRS 104 - ST elev, probable normal early repol pattern.....small R' only
 QT 389ST elevation, age<55
 QTc 399

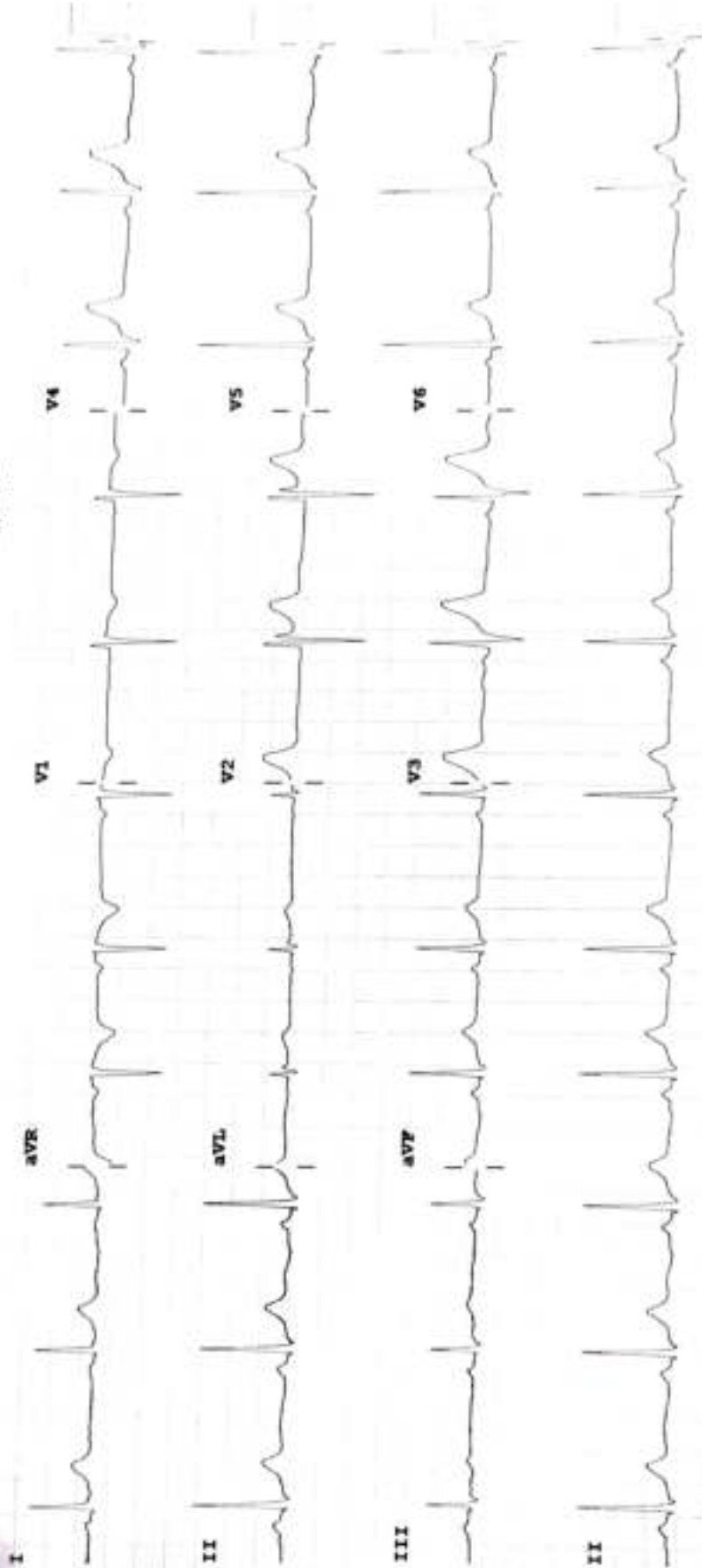
--AXIS--

P 64
 QRS 46
 T 40

12 Lead; Standard Placement

- OTHERWISE NORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

P 50- 0.50-150 Hz W

100B CL

P?