

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC-2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052



Name: Mr. Nishant Gondane Date: 29/2/24

Age: 41y Sex: M/F Weight: 80.7 kg Height: 172.3 Inc BMI: 27.2

BP: 142/88 mmHg Pulse: 65/m bpm RBS: _____ mg/dl

SpO2: 100%

Name: Ms. Nishikant Gondane Date: 29/02/24

Age: 41 yrs Sex: M/F Weight: _____ kg Height: _____ inc BMI: _____

BP: _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

Routine Dental Checkup

PMH - NRH

PDH - H/O extraction $\bar{3}$

OIE

Pit Caries $\bar{7}$

- Occlusal Caries $\bar{18}$

- Calculus + ; Stains +

Advice - Restoration $\bar{7}$

Extraction $\bar{18}$ (605)

Cresol Prophylaxis

Dr. Sidnyasa

Dr. Mayha

DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

NISHIKANT GONDANE 41Y(S) 0M(S) 1D(S)M UMR2324038897 7304125432	CONSULT DATE : 29-02-2024 CONSULT ID : OPC2324119442 CONSULT TYPE VISIT TYPE : NORMAL TRANSACTION TYPE : CASH	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
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VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
- °F - /min - %RA - /10 - cms
Weight : BMI :
- kgs -

CHIEF COMPLAINTS

ROUTINE CHECK UP

MEDICATION PRESCRIBED

#	Medicine	Route	Dose	Frequency	When	Duration
1	HYMOIST EYE DROP 10ML	Eye	1-1-1-1	Every Day	After Food	3 months
Instructions : -						
Composition : SODIUM HYALURONATE 0.1% WV						

NOTES

GLASS PRESCRIPTION :-
DISTANCE VISION

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE	00	00	00	6/6
LEFT EYE	00	00	00	6/6

NEAR ADDITION

RIGHT EYE	00	N6
LEFT EYE	00	N6

REMARK:-

REVIEW

Follow up Date :29-08-2024

Ashish Kamble

Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On :29-02-2024 11:35:44



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. NISHIKANT GONDANE	Age /Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2324081113/UMR2324038897	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 09:08 am	Report Date : 29-Feb-24 10:48 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	15.3	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		44.6	40.0 - 50.0 %	Calculated
RBC Count		5.27	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		85	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		29.0	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		34.3	31.5 - 35.0 g/l	Calculated
RDW		14.7	11.5 - 14.0 %	Calculated
Platelet count		212	150 - 450 10^3 /cumm	Impedance
WBC Count		5000	4000 - 11000 cells/cumm	Impedance

DIFFERENTIAL COUNT

Neutrophils	41.1	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes	49.9	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils	4.4	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes	4.6	2 - 10 %	Flow Cytometry/Light microscopy
Basophils	0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count	2055	2000 - 7000 /cumm	Calculated



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<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		2495	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		220	20 - 500 /cumm	Calculated
Absolute Monocyte Count		230	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
<u>PERIPHERAL SMEAR</u>				
RBC		Normochromic Normocytic, Anisocytosis +(Few).		Light microscopy
WBC		As Above		
Platelets		Adequate		
ESR		07	0 - 15 mm/hr	Automated Westergren's Method

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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**Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. NISHIKANT GONDANE	Age / Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2324081113/UMR2324038897	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 09:07 am	Report Date : 29-Feb-24 10:57 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	88	< 100 mg/dl	GOD/POD,Colorimetric
Post Prandial Plasma Glucose		79	< 140 mg/dl	GOD/POD, Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HbA1c)				
HbA1c		5.4	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

*** End Of Report ***

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Dr. VAIDEHEE NAIK, MBBS,MD

CONSULTANT PATHOLOGIST

SPANV Medical Research & Diagnostic Centre Limited
44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 0712 6789100
CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. NISHIKANT GONDANE	Age /Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2324081113/UMR2324038897	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 09:08 am	Report Date : 29-Feb-24 11:33 am

LIPID PROFILE

Parameter	Specimen	Results	Method
Total Cholesterol	Serum	134 < 200 mg/dl	Enzymatic(CHE/CHO/PO D)
Triglycerides		50 < 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		47 > 40 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		72.21 < 100 mg/dl	Enzymatic
VLDL Cholesterol		10 < 30 mg/dl	Calculated
Tot Chol/HDL Ratio		3 3 - 5	Calculation

<u>Initiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent >100	>130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%		
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130 10 yrs risk 10-20 % >130	<130
No additional major risk or one additional major risk factor >160	>190, optional at 160-189	<160

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. NISHIKANT GONDANE
Age / Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2324081113/UMR2324038897
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 09:08 am
Report Date : 29-Feb-24 11:33 am

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.66	0.2 - 1.3 mg/dl	
Direct Bilirubin		0.17	0.1 - 0.3 mg/dl	
Indirect Bilirubin		0.49	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		61	38 - 126 U/L	
SGPT/ALT		33	10 - 40 U/L	
SGOT/AST		40	15 - 40 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		8.12	6.3 - 8.2 gm/dl	
Albumin Serum		4.49	3.5 - 5.0 gm/dl	
Globulin		3.63	2.0 - 4.0 gm/dl	
A/G Ratio		1.2		

*** End Of Report ***

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CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. NISHIKANT GONDANE	Age / Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2324081113/UMR2324038897	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 09:08 am	Report Date : 29-Feb-24 11:33 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
THYROID PROFILE				
T3	Serum	1.65	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.24	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		2.51	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence
PSA (Total)		0.355	< 4 ng/ml	Enhanced chemiluminescence

*** End Of Report ***

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Dr. VAIDEHEE NAIK, MBBS,MD

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Phone: 991 01 12 01 81 07
CIN: U74999MH2018PTC030510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. NISHIKANT GONDANE
Age / Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2324081113/UMR2324038897
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 09:08 am
Report Date : 29-Feb-24 11:33 am

RFT

Parameter

Blood Urea

Creatinine

GFR

Sodium

Potassium

Specimen

Serum

Result Values

20

0.8

114.0

143

5.15

Biological Reference

19.0 - 43.0 mg/dl

0.66 - 1.25 mg/dl

>90 mL/min/1.73m square.

136 - 145 mmol/L

3.5 - 5.1 mmol/L

Method

Urease with indicator dye

Enzymatic (creatinine amidohydrolase)

Calculation by CKD-EPI 2021

Direct ion selective electrode

Direct ion selective electrode

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. NISHIKANT GONDANE	Age / Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2324081113/UMR2324038897	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 09:38 am	Report Date : 29-Feb-24 11:39 am

URINE MICROSCOPY

Parameter	Specimen	Results	Method
PHYSICAL EXAMINATION			
Volume	Urine	30 ml	
Colour.		Yellow	
Appearance		Clear	Clear
CHEMICAL EXAMINATION			
Reaction (pH)		6.5	4.6 - 8.0
Specific gravity		1.015	1.005 - 1.025
Urine Protein		Negative	Negative
Sugar		Negative	Negative
Bilirubin		Negative	Negative
Ketone Bodies		Negative	Negative
Nitrate		Negative	Negative
Urobilinogen		Normal	Normal
MICROSCOPIC EXAMINATION			
Epithelial Cells		0-1	0 - 4 /hpf
R.B.C.		0-1	0 - 4 /hpf
Pus Cells		0-1	0 - 4 /hpf
Casts		Absent	Absent



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. NISHIKANT GONDANE
Age / Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2324081113/UMR2324038897
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 09:38 am
Report Date : 29-Feb-24 11:39 am

Parameter
Crystals

Specimen Results

Absent
*** End Of Report ***

Method
Manual

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100499

Test results related only to the item tested.

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY**

Patient Name : Mr. NISHIKANT GONDANE
Bill No/ UMR No : BIL2324081113/UMR2324038897
Received Dt : 29-Feb-24 09:08 am

Age /Gender : 41 Y(s)/Male
Referred By : Dr. Vimmi Goel MBBS,MD
Report Date : 29-Feb-24 12:37 pm

BLOOD GROUPING AND RH

Parameter
BLOOD GROUP.

Specimen **Results**
EDTA Whole " A "
Blood &
Plasma/
Serum

Gel Card Method

Rh (D) Typing.

" Positive "(+Ve)
*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : 11100245

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**Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST**

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	NISHANT GONDANE	STUDY DATE	29-02-2024 10:13:28
AGE/ SEX	41Y 1D / M	HOSPITAL NO.	UMR2324038897
ACCESSION NO.	BIL2324081113-17	MODALITY	DX
REPORTED ON	29-02-2024 12:09	REFERRED BY	Dr. Vinmi Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

No pleuro-parenchymal abnormality seen.

**DR R.R. KHANDELWAL****SENIOR CONSULTANT****MD, RADIODIAGNOSIS [MMC-55870]**

N.B: This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

PATIENT NAME:	MR. NISHIKANT GONDANE	AGE /SEX:	41Y/M
UMR NO:	2324038897	BILL NO:	2324081113
REF BY	DR. VIMMI GOEL	DATE:	29/02/2024

USG WHOLE ABDOMEN

LIVER is normal in size, shape and echotexture. D
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen.
Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.


BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture.

There is no free fluid seen.

IMPRESSION:

No significant abnormality seen.
Suggest clinical correlation / further evaluation.



DR. R.R. KHANDELWAL
SENIOR CONSULTANT
MD RADIO DIAGNOSIS [MMC-55870]

Dr. Bhupendra Yadav
Resident Doctor

Report prepared by Farzana

Kingsway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mr. Nishikant, Gondane
Patient ID: 38897
Height:
Weight:
Study Date: 29.02.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 23.09.1982
Age: 41yrs
Gender: Male
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:

--

Medical History:

NIL

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:05	0.00	0.00	52	120/80	
	WARM-UP	00:04	0.00	0.00	52		
EXERCISE	STAGE 1	03:00	1.70	10.00	86	120/80	
	STAGE 2	03:00	2.50	12.00	106	130/80	
	STAGE 3	03:00	3.40	14.00	121	130/80	
	STAGE 4	01:01	4.20	16.00	136		
RECOVERY		01:00	0.00	0.00	102	160/100	
		02:00	0.00	0.00	71	140/90	
		00:15	0.00	0.00	78		

The patient exercised according to the BRUCE for 10:00 min's, achieving a work level of Max. METS: 13.40. The resting heart rate of 53 bpm rose to a maximal heart rate of 136 bpm. This value represents 75 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 160/100 mmHg. The exercise test was stopped due to Fatigue.

Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: THR not achieved.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.


Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant-Non Invasive Cardiology
Reg No.: 20147010113

MR NISHANT GONDANI
 Male

41 Years

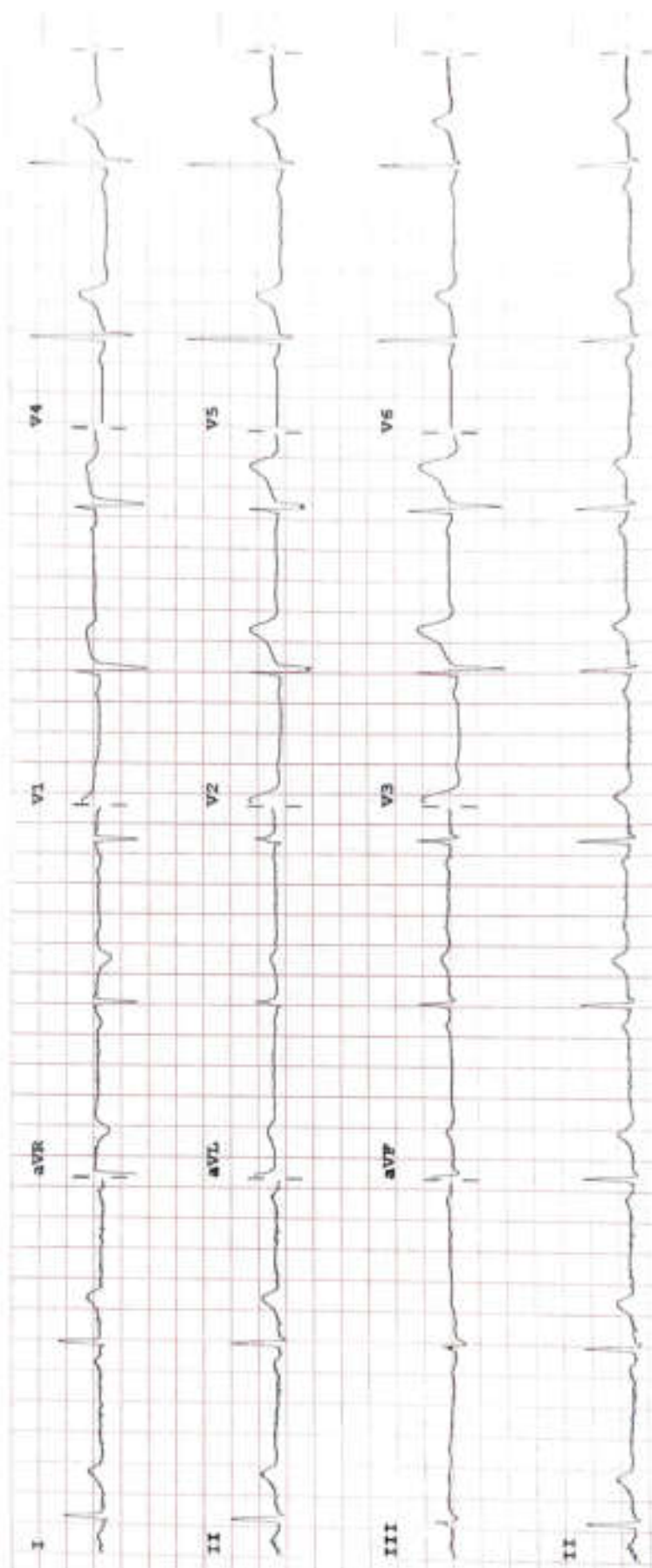
Rate 54 sinus rhythm.....normal P axis, V-rate 50-99
 PR 170 ST elev, probable normal early repol pattern.....ST elevation, age<55
 QRS 89 Artifact in lead(s) I, V1 and baseline wander in lead(s) V1, V2, V3
 QT 426
 QTc 404

--AXIS--
 P 44
 QRS 27
 T 31

- NORMAL ECG -

12 Lead: Standard Placement

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50- 0.50-150 Hz W

100B CL

P?