



MEDICOVER  
HOSPITALS

# MEDICOVER HOSPITALS

## MEDICAL HEALTH CHECK- UP ASSESMENT FORM

NAME : Mr / Mrs sahoo peenam P

DATE: 23/3/14

AGE : 40y

SEX: Male / Female

NMU: NMU000 48873

DOCTOR'S NAME: Health-Packag

TEMP :	<u>97</u> ° f	BP :	<u>94/60</u> mm
PULSE :	<u>76</u> b/m	HEIGHT :	<u>150.5</u>
RR :	<u>20</u> b/m	WEIGHT :	<u>66.6</u>
SPO2 :	<u>99</u> %RA	HGT:	<u>-</u>

REMARK:



**DEPARTMENT OF LABORATORY**

NAVI MUMBAI

<b>Patient Name</b> : Miss. SAHOO POONAM P	<b>Age /Gender</b> : 40 Y(s)/Female
<b>Bill No/ UMR No</b> : NMBC63402/NMU0048873	<b>Referred By</b> : Dr. DMO
<b>Received Dt</b> : 23-Mar-24 10:08 am	<b>Report Date</b> : 23-Mar-24 05:34 pm

**FINAL REPORT**

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference Intervals</u>	<u>Method</u>
<b>CUE (COMPLETE URINE EXAMINATION)</b>				
<b><u>PHYSICAL EXAMINATION</u></b>				
VOLUME	Urine	15 ML		
COLOUR		PALE YELLOW	PALE YELLOW	
APPEARANCE		SLIGHTLY HAZY	CLEAR	
DEPOSIT		ABSENT	ABSENT	
<b><u>CHEMICAL EXAMINATION</u></b>				
SPECIFIC GRAVITY	Urine	1.015	1.000 - 1.030	Dipstick
PH		6.0	5.0 - 8.0	Dipstick
PROTEIN		NEGATIVE	NEGATIVE	Dipstick/Heat coagulation test
GLUCOSE		ABSENT	ABSENT	Dipstick/Benedict's test
UROBILINOGEN		NORMAL	NORMAL	Dipstick
KETONE		NEGATIVE	NEGATIVE	Dipstick/Rothera's Nitroprusside test.
BLOOD		NEGATIVE	NEGATIVE	Dipstick/Microscopy
BILIRUBIN		NEGATIVE	NEGATIVE	Dipstick/Fouchet's test
BILE SALT		NEGATIVE	NEGATIVE	Hay's sulphur powder test
BILE PIGMENT		NEGATIVE	NEGATIVE	Fouchet test
NITRITE		NEGATIVE	NEGATIVE	Dipstick
LEUCOCYTE ESTERASE		NEGATIVE	NEGATIVE	
<b><u>MICROSCOPIC EXAMINATION</u></b>				
PUS CELLS	Urine	2-3	0 - 5 /hpf	MICROSCOPIC EXAMINATION
RBC		NIL	0 - 5 /hpf	MICROSCOPIC EXAMINATION
EPITHELIAL CELLS		4-6	0 - 5 /hpf	MICROSCOPIC EXAMINATION
CRYSTALS		NIL	NIL	MICROSCOPIC EXAMINATION
CASTS		NIL	NIL	MICROSCOPIC EXAMINATION
BACTERIA		ABSENT		MICROSCOPIC EXAMINATION
YEAST		ABSENT		MICROSCOPIC EXAMINATION
AMORPHOUS DEPOSITS		ABSENT		MICROSCOPIC EXAMINATION
SPERMATOOZA				MICROSCOPIC EXAMINATION
MUCUS THREAD		ABSENT		MICROSCOPIC EXAMINATION







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<b>Patient Name</b> : Miss. SAHOO POONAM P	<b>Age / Gender</b> : 40 Y(s)/Female
<b>Bill No/ UMR No</b> : NMBC63402/NMU0048873	<b>Referred By</b> : Dr. DMO
<b>Received Dt</b> : 23-Mar-24 10:08 am	<b>Report Date</b> : 23-Mar-24 05:34 pm

**Parameters**  
NOTE

**Specimen**

**Result**

**Biological Reference In Method**

Microscopic examination of urine is carried out on centrifuged urinary sediment.

\*\*\* End Of Report \*\*\*





**DEPARTMENT OF LABORATORY**

NAVI MUMBAI

**Patient Name** : Miss. SAHOO POONAM P      **Age /Gender** : 40 Y(s)/Female  
**Bill No/ UMR No** : NMBC63402/NMU0048873      **Referred By** : Dr. DMO  
**Received Dt** : 23-Mar-24 10:08 am      **Report Date** : 23-Mar-24 12:41 pm

**FINAL REPORT**

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
<b>COMPLETE BLOOD COUNT</b>				
<b>RBC</b>				
R B C COUNT	Blood	5.09	3.8 - 4.8 $10^6/\mu\text{L}$	
HEMOGLOBIN		13.0	12.0 - 15.0 g/dl	
PCV/HCT		39.9	40 - 50 % 36 - 46 %	
MCV		78	83 - 101 fl 83 - 101 fl	
MCH		25.5	27 - 32 pg	
MCHC		32.5	31.5 - 34.5 g/dL	
RDW(cv)		13.6	11.6 - 14.0 %	
<b>PLATELETS</b>				
PLATELET COUNT	Blood	430	150 - 400 $10^3/\mu\text{L}$	
MPV		7.6	7.5 - 11.5 fl	
<b>WBC</b>				
TC (TOTAL LEUCOCYTE COUNT)	Blood	8.8	4.0 - 11.0 $10^3/\mu\text{l}$	
<b>DIFFERENTIAL COUNT</b>				
NEUTROPHILS	Blood	68	40 - 80 %	
LYMPHOCYTES		23	20 - 40 %	
MONOCYTES		05	02 - 10 %	
EOSINOPHILS		04	00 - 06 %	
BASOPHILS		00	00 - 01 %	
ESR	CITRATED BLOOD	46	0 - 20 mm/1st hour	WESTERGREN'S METHOD

\*\*\* End Of Report \*\*\*







**DEPARTMENT OF LABORATORY**

NAVI MUMBAI

<b>Patient Name</b> : Miss. SAHOO POONAM P	<b>Age / Gender</b> : 40 Y(s)/Female
<b>Bill No/ UMR No</b> : NMBC63402/NMU0048873	<b>Referred By</b> : Dr. DMO
<b>Received Dt</b> : 23-Mar-24 10:08 am	<b>Report Date</b> : 23-Mar-24 01:57 pm

**FINAL REPORT**

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference Intervals</u>	<u>Method</u>
<b>SERUM ELECTROLYTES</b>				
SERUM SODIUM		140	136 - 145 mmol/L	ISE INDIRECT
SERUM POTASSIUM		4.9	3.5 - 5.1 mmol/L	ISE INDIRECT
SERUM CHLORIDES		106	98 - 107 mmol/L	ISE INDIRECT
<b>FBS (FASTING BLOOD GLUCOSE WITH URINE GLUCOSE)</b>				
FASTING BLOOD GLUCOSE		98	Normal Range : 70 - 99 mg/dL	Hexokinase
FASTING URINE SUGAR		NIL		
<b>T3, T4 AND TSH</b>				
T3		141.0	70 - 204 ng/dL	Method : ECLIA
T4		8.96	5.1 - 14.1 ug/dL	
TSH (THYROID STIMULATING HORMONE)		5.74	0.270 - 4.20 uIU/mL	Method : ECLIA
<b>PLBS (POST LUNCH BLOOD SUGAR WITH URINE SUGAR)</b>				
PLBS (POST LUNCH BLOOD GLUCOSE)		117	110 - 180 mg/dL	Hexokinase
URINE SUGAR		NIL		Dipstick
<b>SERUM CREATININE</b>				
CREATININE		0.75	0.6 - 1.2 mg/dl	Method : jaffe
<b>BUN / CREATININE RATIO</b>				
BUN (Blood Urea Nitrogen.)		9	7.0 - 21.0 mg/dL	Calculated
SERUM CREATININE		0.75	0.6 - 1.2 mg/dL	
BUN / CREATININE RATIO		12	10 - 20	
<b>LFT (LIVER FUNCTION TEST)</b>				
TOTAL BILIRUBIN		0.2	< 1.2 mg/dL	Method : Diazo Method
DIRECT BILIRUBIN		0.1	<= 0.20 mg/dL	
INDIRECT BILIRUBIN		0.1	<= 1.0 mg/dL	
SGPT (ALT)		9	<= 33 U/L	Method : UV without P5P
SGOT (AST)		12	<= 32 U/L	Method : UV without P5P
ALKALINE PHOSPHATASE (ALP)		78	40 - 129 U/L 35 - 105 U/L	Method : PNPP, AMP Buffer - IFCC Ref.
TOTAL PROTEINS		7.9	6.0 - 8.0 g/dL	Method : Biuret method





**DEPARTMENT OF LABORATORY**

NAVI MUMBAI

<b>Patient Name</b> : Miss. SAHOO POONAM P	<b>Age /Gender</b> : 40 Y(s)/Female
<b>Bill No/ UMR No</b> : NMBC63402/NMU0048873	<b>Referred By</b> : Dr. DMO
<b>Received Dt</b> : 23-Mar-24 10:08 am	<b>Report Date</b> : 25-Mar-24 10:37 am

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference In</u>	<u>Method</u>
SERUM ALBUMIN		4.5	3.5 - 5.2 g/dL	Method : Bromcresol Green (BCG)
GLOBULINS		3.4	2.5 - 3.5 g/dL	
A/G RATIO		1.32	1.2 - 2.5	
GAMMA GLUTAMYL TRANSFERASE(GGT)		20	6 - 42 U/L	Method : G-glutamyl-carboxy-nitr oanilide - IFCC Ref.
<b>BUN(BLOOD UREA NITROGEN)</b>				
BUN (Blood Urea Nitrogen.)		9	7.0 - 21.0 mg/dL	Calculated
<b>TOTAL PROTEIN</b>				
TOTAL PROTEINS		7.9	6.0 - 8.0 g/dL	Method : Biuret method
<b>LIPID PROFILE</b>				
TOTAL CHOLESTEROL		195	Desirable : : < 200 mg/dL Borderline High : : 200 - 239 mg/dL High risk : > 240 mg/dL	METHOD : Enzymatic colorimetric
HDL CHOLESTEROL		35	Low : : < 40 mg/dL High : : > 60 mg/dL	Homogeneous enzymatic colorimetric
LDL CHOLESTEROL		138	Optimal : - < 100 mg/dL Near Optimal : 100 - 129 mg/dL Borderline High : 130 - 159 mg/dL High : 160 - 189 mg/dL Very High : - > 190 mg/dL	Direct-Enzymatic colorimetric
VLDL		25		
SERUM TRYGLYCERIDES		125	< 150 mg/dL Borderline High : 150 - 199 mg/dL High : 200 - 499 mg/dL	METHOD: Enzymatic colorimetric
CHO/HDL RATIO		5.57	Normal : - < 3.5 High Risk : - > 5.0	
LDL/HDL RATIO		3.94		
SERUM URIC ACID		4.6	2.4 - 5.7 mg/dL	uricase
<b>HBA1C (GLYCOSYLATED HAEMOGLOBIN)</b>				
HBA1C		6.1	< 5.7 Normal Prediabetic 5.7 - 6.4 & >=6.5 Diabetic %	TINIA
MPG(Mean Plasma Glucose)		128	Excellent Control : 90 - 120 mg/dL Good Control : 121 - 150 mg/dL	

\*\*\* End Of Report \*\*\*







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NAVI MUMBAI

<b>Patient Name</b> : Miss. SAHOO POONAM P	<b>Age / Gender</b> : 40 Y(s)/Female
<b>Bill No/ UMR No</b> : NMBC63402/NMU0048873	<b>Referred By</b> : Dr. DMO
<b>Received Dt</b> : 23-Mar-24 10:09 am	<b>Report Date</b> : 25-Mar-24 10:37 am

**Lab Incharge**

**Dr. VISHAL MEHROTRA, MD Pathology**  
Head of Laboratory Services

Verified By : : 026560

Test results related only to the item tested.

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<b>Patient ID:</b>	NMU0048873	<b>Patient Name:</b>	SAHOO POONAM 40YRS/F
<b>Age:</b>		<b>Sex:</b>	O
<b>Accession Number:</b>		<b>Modality:</b>	CR
<b>Referring Physician:</b>		<b>Study:</b>	BREAST
<b>Study Date:</b>	23-Mar-2024		

### X-RAY MAMMOGRAPHY

**INDICATION:** Routine screening.

#### MAMMOGRAPHY

Bilateral mammograms were obtained in the oblique mediolateral and craniocaudad projections. The film markers are placed on the axillary / lateral part of the breast.

Both breasts display scattered areas of fibroglandular density, which limits the mammographic evaluation (ACR category b).

11 x 8 mm sized well defined oval smooth marginated radiodense opacity is seen in upper and outer quadrant of left breast.

There is no focal spiculated mass lesion seen.

There are no clusters of microcalcification, distortion of the lobular architecture or nipple retraction.

Skin and subcutaneous tissues are normal.

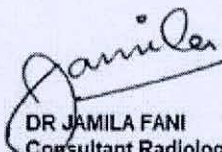
Small lymph nodes are seen in both axilla.

#### IMPRESSION :-

**11 x 8 mm sized well defined oval smooth marginated radiodense opacity in upper and outer quadrant of left breast.**

**BIRADS O - Suggest sonomammography for further evaluation.**

**BIRADS CATEGORY :** BIRADS O - Requires additional evaluation, I - Negative, II - Benign findings, III - Probably benign findings, IV - Suspicious abnormality, V - Highly suggestive of malignancy, VI - Known biopsy proven malignancy.)



DR JAMILA FANI  
Consultant Radiologist  
MBBS, MD

Date: 23-Mar-2024 16:13:12



<b>Patient ID:</b>	<b>NMU0048873</b>	<b>Patient Name:</b>	<b>SAHOO POONAM P</b>
<b>Age:</b>	<b>40 Years</b>	<b>Sex:</b>	<b>F</b>
<b>Accession Number:</b>	<b>NMBC63402</b>	<b>Modality:</b>	<b>DX</b>
<b>Referring Physician:</b>	<b>DR.DMO</b>	<b>Study:</b>	<b>CHEST</b>
<b>Study Date:</b>	<b>23-Mar-2024</b>	<b>Study Time:</b>	<b>12:02:26</b>

**X RAY CHEST PA VIEW**

Both lungs are clear.

The frontal cardiac dimensions are normal.

The pleural spaces are clear.

Both hilar shadows are normal in position and density.

No diaphragmatic abnormality is seen.

The soft tissues and bony thorax are normal.

**Impression:**

**No significant abnormality is seen.**



DR. ANUPKUMAR AGRAWAL  
Consultant & HOD Radiology  
MBBS, MD

Date: 23-Mar-2024 12:03:54

<b>Patient ID:</b>	NMU0048873	<b>Patient Name:</b>	SAHOO POONAM P
<b>Age:</b>	40 Years	<b>Sex:</b>	F
<b>Accession Number:</b>	NMBC63402	<b>Modality:</b>	US
<b>Referring Physician:</b>	DR.DMO	<b>Study:</b>	USG ABDOMEN WHOLE
<b>Study Date:</b>	23-Mar-2024	<b>Study Time:</b>	12:35:13

**USG ABDOMEN & PELVIS**

**The Liver** is enlarged in size (19.3 cm) and shows grade I fatty liver. No focal lesion is seen. The Hepatic veins appear normal. There is no IHBR dilatation. The portal vein appears normal.

**The gall bladder** is physiologically distended with normal wall thickness. There is no evidence of gallstones. C.B.D. is of normal caliber.

**The Pancreas** is normal in size and echotexture.

**The spleen** is normal size (8.3 cm). No focal lesion is seen.

Right kidney shows compensatory hypertrophy and measures 12.8 x 4.0 cm.

The Left Kidney is atrophic measuring 5.1 x 2.6 cm.

**Left kidney** shows normal cortical echogenicity with maintained cortico-medullary distinction.

There is no evidence of a calculus, hydronephrosis, or hydroureter.

**The Urinary bladder** is adequately distended and shows normal wall thickness. No evidence of any intraluminal mass or calculi.

**The uterus** is normal in size and echotexture. It measures 6.5 x 4.8 x 3.9 cm.

No focal lesion is seen. The Endometrial thickness is 9.5 mm.

**Both ovaries** are well visualized and appear normal in size and echotexture.

The Right ovary measures 2.4 x 2.5 cm

The Left ovary measures 3.0 x 2.0 cm

There is no evidence of any ovarian or adnexal mass lesion.

Visualised bowel loops are unremarkable.

There is no evidence of significant lymphadenopathy.

No ascitis is seen.

**IMPRESSION:**

**Hepatomegaly with grade I fatty liver.**

**Atrophic left kidney with compensatory hypertrophy of right kidney.**



DR. ANUPKUMAR AGRAWAL  
Consultant & HOD Radiology  
MBBS, MD

Date: 23-Mar-2024 14:43:44



## 2D ECHO CARDIOGRAPHY WITH COLOUR DOPPLER

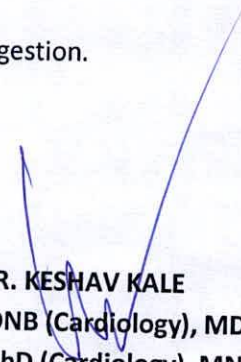
<i>Name</i>	: Mrs. Poonam Sahoo	Date:- 23/03/2024
<i>Age / Sex</i>	: 41 Yrs / Female	UMR No. 0048871
<i>Referred By</i>	: Health Checkup	

### FINDINGS:

- No left ventricle regional wall motion abnormality.
- Normal left ventricle systolic function. LVEF = 60%.
- No left ventricle diastolic dysfunction. No e/o raised LVEDP.
- Trivial mitral regurgitation.
- No aortic regurgitation. No aortic stenosis.
- No tricuspid regurgitation. No pulmonary hypertension.
- No left ventricle clot / vegetation.
- Intact IAS and IVS.
- Normal right atrium and right ventricle dimensions.
- Normal left atrium and left ventricle dimensions.
- Normal right ventricle systolic function. No hepatic congestion.

### IMP:

- No RWMA.
- Trivial MR.
- Normal LV and RV systolic function.



**DR. KESHAV KALE**  
DNB (Cardiology), MD (Medicine), MBBS  
PhD (Cardiology), MNAMS, LL.B (Law)  
FSCAI (USA), AFACC (USA), FESC (EU)  
Consultant & Interventional Cardiologist



**M-MODE MEASUREMENTS:**

LA	35	mm
AO root	28	mm
AO CUSP SEP	19	mm
LVID( s)	32	mm
LVID(d)	43	mm
IVS(d)	11	mm
LVPW(d)	10	mm
RVID(d)	29	mm
RA	32	mm
LVEF	60	%

	PEAK	MEAN	Vmax	Gradient of Regurgitation
MITRAL	N			Trivial
AORTIC	7			Nil
TRICUSPID	N			Nil
PULMONERY	5.3			Nil





# DEPARTMENT OF OPHTHALMOLOGY

# MEDICOVER HOSPITALS

DATE: 23/03/24

PATIENT NAME: Miss Poonam Sahoo AGE / SEX: 40 / F NAVI MUMBAI

UMR NO: NMU 00 48873

	RE	LE
VA (DISTANCE)	6/6	6/6
VA (NEAR)	NG	NG
COLOUR VISION	Normal	Normal

		SPHERE	CYLINDER	AXIS	VA
MRx	O D	Plano	_____		6/6, NG
	O S	Plano	_____		6/6, NG

### HISTORY :

No HT ⊕ ∴ 2023  
 No DM ⊕ ∴ 2022  
 No Thyroid ∴ 2017 } on Rf.

### OCULAR FINDINGS :

No glo spectacle use.

(BE) Ant seg (WNL)  
 Disc (BE) - 0.3

### ADVICE:

- Refresh Tears 1777 X 1 month -  
 - Fundoscopy (BE) if/ulo DM/HT

AS  
 CDR. ANUSHREE VANWANE





Age: 40yrs

Rate 72 . Age not entered, assumed to be 50 years old for purpose of ECG interpretation  
 . Sinus rhythm.....normal P axis, V-rate 50- 99  
 PR 118 . Borderline short PR interval.....PR int <120ms  
 QRSD 104 . Borderline T wave abnormalities.....T/QRS ratio < 1/20 or flat T  
 QT 394 . Baseline wander in lead(s) V2  
 QTc 432

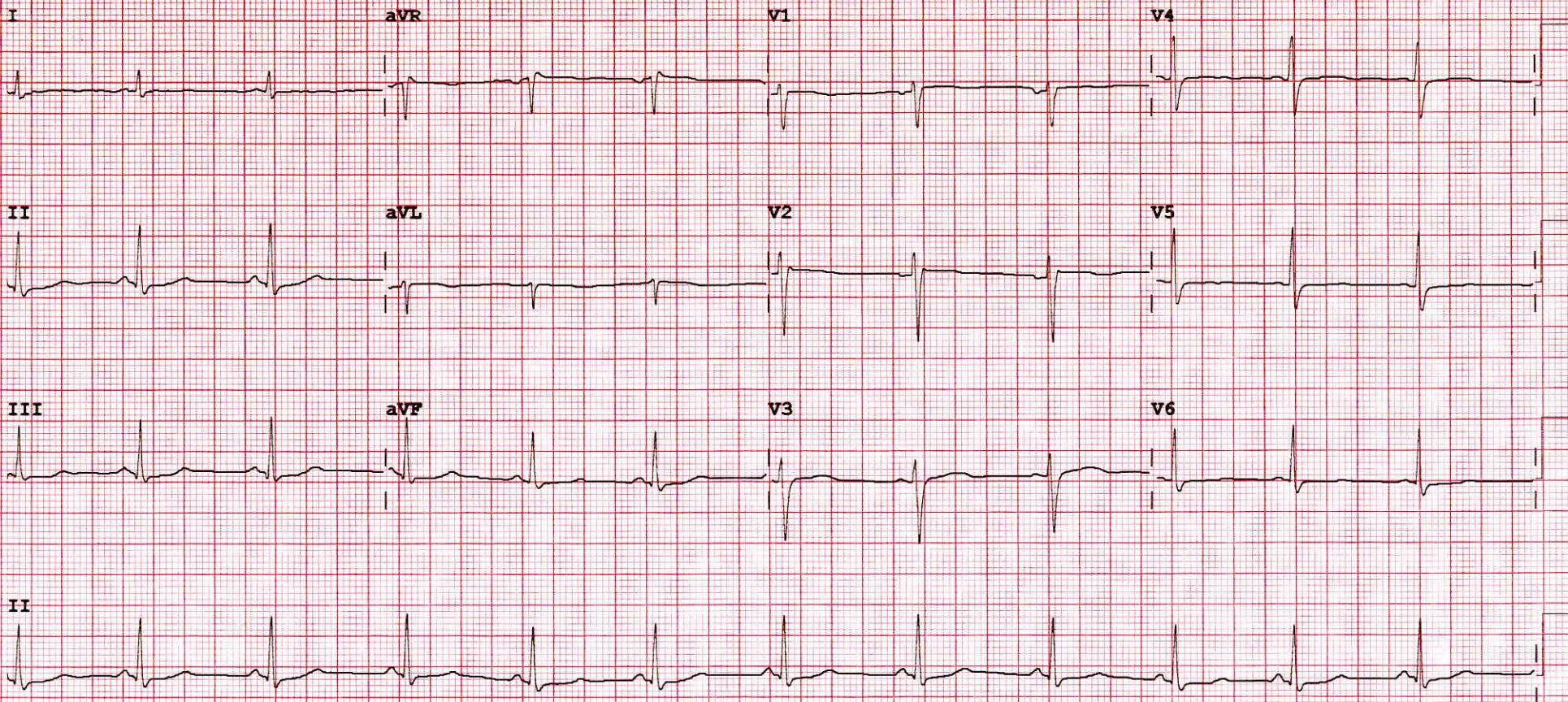
--AXIS--

P 73  
 QRS 69  
 T 72

- BORDERLINE ECG -

12 Lead; Standard Placement

Unconfirmed Diagnosis



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV F 60~ 0.15-100 Hz 100B CL P?