

 CODE/NAME & ADDRESS : C000138364
 ACCESSION NO : 0321XB002850
 AGE/SEX : 36 Years
 Female

ARCOFEMI HEALTHCARE LTD (MEDIWHEEL PATIENT ID : NEELF240287321 DRAWN

F-703, LADO SARAI, MEHRAULISOUTH WEST CLIENT PATIENT ID: RECEIVED : 24/02/2024 09:17:14

Test Report Status <u>Preliminary</u> Results Biological Reference Interval Units

MEDI WHEEL FULL BODY HEALTH CHECKUP BELOWRESUFEMPAELED ING

XRAY-CHEST	RESULT PENDING
ECG	RESULT PENDING
MEDICAL HISTORY	RESULT PENDING
ANTHROPOMETRIC DATA & BMI	RESULT PENDING
GENERAL EXAMINATION	RESULT PENDING
CARDIOVASCULAR SYSTEM	RESULT PENDING
RESPIRATORY SYSTEM	RESULT PENDING
PER ABDOMEN	RESULT PENDING
CENTRAL NERVOUS SYSTEM	RESULT PENDING
MUSCULOSKELETAL SYSTEM	RESULT PENDING
BASIC EYE EXAMINATION	RESULT PENDING
SUMMARY	RESULT PENDING

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DELHI

NEW DELHI 110030

8800465156

PATIENT ID : NEELF240287321

CLIENT PATIENT ID: ABHA NO : DRAWN :

PRAWN :

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MEDI WHEEL FULL BODY HEALTH CHECKUP BELOWRENGEMAND ING
ULTRASOUND ABDOMEN RESULT PENDING
TMT OR ECHO RESULT PENDING

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HAEMATOLOGY - CBC MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE BLOOD COUNTS,EDTA WHOLE BLOOD

HEMOGLOBIN (HB)	11.2 Low	12.0 - 15.0	g/dL
RED BLOOD CELL (RBC) COUNT	4.61	3.8 - 4.8	mil/μL
WHITE BLOOD CELL (WBC) COUNT	4.47	4.0 - 10.0	thou/µL
PLATELET COUNT	243	150 - 410	thou/µL

RBC AND PLATELET INDICES

HEMATOCRIT (PCV)	36.2	36.0 - 46.0	%
MEAN CORPUSCULAR VOLUME (MCV)	78.5 Low	83.0 - 101.0	fL
MEAN CORPUSCULAR HEMOGLOBIN (MCH)	24.3 Low	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN	30.9 Low	31.5 - 34.5	g/dL
CONCENTRATION (MCHC)			
RED CELL DISTRIBUTION WIDTH (RDW)	18.5 High	11.6 - 14.0	%
MENTZER INDEX	17.0		
MEAN PLATELET VOLUME (MPV)	9.6	6.8 - 10.9	fL

WBC DIFFERENTIAL COUNT

NEUTROPHILS	48	40 - 80	%
LYMPHOCYTES	41 High	20 - 40	%
MONOCYTES	7	2.0 - 10.0	%
EOSINOPHILS	3	1.0 - 6.0	%
BASOPHILS	1	0 - 1	%
ABSOLUTE NEUTROPHIL COUNT	2.15	2.0 - 7.0	thou/µL
ABSOLUTE LYMPHOCYTE COUNT	1.83	1.0 - 3.0	thou/µL
ABSOLUTE MONOCYTE COUNT	0.31	0.2 - 1.0	thou/µL
ABSOLUTE EOSINOPHIL COUNT	0.13	0.02 - 0.50	thou/µL
ABSOLUTE BASOPHIL COUNT	0.04	0.02 - 0.10	thou/µL

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NEUTROPHIL LYMPHOCYTE RATIO (NLR) 1.2

MORPHOLOGY

MILD MICROCYTIC HYPOCHROMIC, ANISOCYTOSIS PRESENT(+). **RBC**

NORMAL MORPHOLOGY **WBC**

ADEQUATE PLATELETS

NO PREMATURE CELLS ARE SEEN. MALARIAL PARASITE NOT DETECTED. REMARKS

BLOOD COUNTS, EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology

RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait

(<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients A.-P. Yang, et al. International Immunopharmacology 84 (2020)

This ratio element is a calculated parameter and out of NABL scope.

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HAEMATOLOGY

MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

ERYTHROCYTE SEDIMENTATION RATE (ESR), EDTA BLOOD

E.S.R

07

0 - 20

mm at 1 hr

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE **BLOOD**

HBA1C

4.9

Non-diabetic: < 5.7

%

Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5Therapeutic goals: < 7.0 Action suggested: > 8.0

(ADA Guideline 2021)

ESTIMATED AVERAGE GLUCOSE(EAG)

93.9

< 116.0

mg/dL

Interpretation(s)

ERYTHROCYTE SEDIMENTATION RATE (ESR), EDTA BLOOD-TEST DESCRIPTION:

Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change. TEST INTERPRETATION

 Pregnancy, Estrogen medication, Aging.
Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease

(Paraproteinemias, Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).

LIMITATIONS

 False elevated ESR : Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia
b>False Decreased: Poikilocytosis, (SickleCells, spherocytes), Microcytosis, Low fibrinogen, Very high WBC counts, Drugs (Quinine,

salicylates)

REFERENCE :

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin 3. The reference

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for the adult reference range is "Practical Haematology by Dacie and Lewis,10th edition. GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-Used For

- 1. Evaluating the long-term control of blood glucose concentrations in diabetic patients.
- 2. Diagnosing diabetes.3. Identifying patients at increased risk for diabetes (prediabetes).

The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range.

- 1. eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels.
- 2. eAG gives an evaluation of blood glucose levels for the last couple of months. 3. eAG is calculated as eAG (mg/dl) = 28.7 * HbA1c 46.7

b>HbA1c Estimation can get affected due to :

- 1. Shortened Erythrocyte survival: Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss, hemolytic anemia) will falsely lower HbA1c test results. Fructosamine is recommended in these patients which indicates diabetes control over 15 days. 2. Vitamin C & E are reported to falsely lower test results. (possibly by inhibiting glycation of hemoglobin.
- 3. Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism,chronic ingestion of salicylates & opiates addiction are reported to interfere with some assay methods,falsely increasing results.
- 4. Interference of hemoglobinopathies in HbA1c estimation is seen in

- a) Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.
 b) Heterozygous state detected (D10 is corrected for HbS & HbC trait.)
 c) HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c.Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy

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IMMUNOHAEMATOLOGY

MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD

ABO GROUP TYPE O **POSITIVE** RH TYPE

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same.

The test is performed by both forward as well as reverse grouping methods.

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Test Report Status Results Biological Reference Interval Units **Preliminary**

BIOCHEMISTRY

MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

GLUCOSE FASTING, FLUORIDE PLASMA

FBS (FASTING BLOOD SUGAR)

91

74 - 99

mg/dL

GLUCOSE, POST-PRANDIAL, PLASMA

PPBS(POST PRANDIAL BLOOD SUGAR)

105

70 - 140

mg/dL

LIPID PROFILE WITH CALCULATED LDL

LIPID PROFILE WITH CALCULATED LDL			
CHOLESTEROL, TOTAL	141	Desirable: < 200 BorderlineHigh: 200 - 239 High: > or = 240	mg/dL
TRIGLYCERIDES	93	Desirable: < 150 BorderlineHigh: 150 - 199 High: 200 - 499 Very High: > or = 500	mg/dL
HDL CHOLESTEROL	60	< 40 Low > or = 60 High	mg/dL
CHOLESTEROL LDL	62	Adult levels: Optimal < 100 Near optimal/above optimal 100-129 Borderline high: 130-159 High: 160-189 Very high: = 190	mg/dL
NON HDL CHOLESTEROL	81	Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189	mg/dL

High: 190 - 219 Very high: > or = 220

VERY LOW DENSITY LIPOPROTEIN 18.6 < or = 30CHOL/HDL RATIO

3.3 - 4.4 2.4 Low

1.0

0.5 - 3.0 Desirable/Low Risk

3.1 - 6.0 Borderline/Moderate

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LDL/HDL RATIO



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mg/dL



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 Female

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Risk

>6.0 High Risk

LIVER FUNCTION PROFILE, SERUM

0.38	Upto 1.2	mg/dL
0.19	Upto 0.2	mg/dL
0.19	0.00 - 1.00	mg/dL
6.6	6.4 - 8.3	g/dL
4.6	3.5 - 5.2	g/dL
2.0	2.0 - 4.1	g/dL
2.3 High	1.0 - 2.0	RATIO
19	0 - 32	U/L
11	0 - 33	U/L
61	35 - 104	U/L
9	5 - 36	U/L
217 High	135 - 214	U/L
	0.19 0.19 6.6 4.6 2.0 2.3 High 19 11 61	0.19

BLOOD UREA NITROGEN (BUN), SERUM

BLOOD UREA NITROGEN	4 Low	6 - 20	mg/dL
---------------------	-------	--------	-------

CREATININE, SERUM

CREATININE	0.47 Low	0.60 - 1.10	mg/dL
------------	----------	-------------	-------

BUN/CREAT RATIO

BUN/CREAT RAΤΙΟ 8.51 5.0 - 15.0

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URIC ACID	1.5 Low	2.4 - 5.7	mg/dL
TOTAL PROTEIN, SERUM TOTAL PROTEIN	6.6	6.4 - 8.3	g/dL
ALBUMIN, SERUM ALBUMIN	4.6	3.5 - 5.2	g/dL
GLOBULIN GLOBULIN	2.0	2.0 - 4.1	g/dL

ELECTROLYTES (NA/K/CL), SERUM

SODIUM, SERUM	141.9	136 - 145	mmol/L
POTASSIUM, SERUM	3.14 Low	3.3 - 5.1	mmol/L
CHLORIDE, SERUM	106.9 High	98 - 106	mmol/L

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Interpretation(s)

GLUCOSE FASTING,FLUORIDE PLASMA-TEST DESCRIPTION

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in

d>-Increased in
 b>Increased in
 Pancreatic islet cell disease with increased insulin, insulinoma, adrenocortical insufficiency, hypopituitarism, diffuse liver disease, malignancy (adrenocortical,stomach,fibrosarcoma),infant of a diabetic mother,enzyme deficiency diseases(e.g.galactosemia),Drugs-insulin,ethanol,propranolol sulfonylureas, tolbutamide, and other oral hypoglycemic agents.



Female

REF. DOCTOR: SELF PATIENT NAME: NEELAM VIJAYPRAKASH MALLAH

CODE/NAME & ADDRESS: C000138364 ARCOFEMI HEALTHCARE LTD (MEDIWHEEL F-703, LADO SARAI, MEHRAULISOUTH WEST

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:36 Years

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within individuals. Thus, glycosylated hemoglobin (HbA1c) levels are favored to monitor glycemic control.

High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment,Renal Glyosuria,Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.

GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin

treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. Additional test HbA1c LIVER FUNCTION PROFILE, SERUM-

 bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors &Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

enzyme in the blood.ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health. AST levels increase during acute hepatitis, sometimes due to a viral infection, is chemia to the liver, chronic hepatitis, obstruction of bile ducts, cirrhosis.

ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilsons disease.

ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilsons disease.

<br intestine, spleen, heart, Irain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc.

 disease.Lower-than-normal levels may be due to: Agammaglobulinemia,Bleeding (hemorrhage),Burns,Glomerulonephritis,Liver disease,
Malabsorption,Malnutrition,Nephrotic syndrome,Protein-losing enteropathy etc.

<br

albumin levels (hypoalbuminemia) can be caused by:Liver disease like cirrhosis of the liver, nephrotic syndrome,protein-losing enteropathy,Burns,hemodilution,increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc

BLOOD UREA NITROGEN (BUN), SERUM-

SER

CREATININE, SERUM-

- Seru

• blockage in the unitary tract, Kloney problems, such as kidney damage of railarle, infection, or reduced blood flow, Loss of body fluid (dehydration), Muscle prosuch as breakdown of muscle fibers, Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

<br

 Nephrotic syndrome, Protein-losing enteropathy etc.

ALBUMIN, SERUM-Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc.

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CLINICAL PATH - URINALYSIS

MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

PHYSICAL EXAMINATION, URINE

Yellow **COLOR APPEARANCE** Clear

CHEMICAL EXAMINATION, URINE

PH	7.0	4.7 - 7.5
SPECIFIC GRAVITY	1.010	1.003 - 1.035
PROTEIN	NOT DETECTED	NEGATIVE
GLUCOSE	NOT DETECTED	NEGATIVE
KETONES	NOT DETECTED	NOT DETECTED
BLOOD	NOT DETECTED	NEGATIVE
BILIRUBIN	NOT DETECTED	NOT DETECTED
UROBILINOGEN	NORMAL	NORMAL
NITRITE	NOT DETECTED	NOT DETECTED
LEUKOCYTE ESTERASE	NOT DETECTED	NOT DETECTED

MICROSCOPIC EXAMINATION, URINE

/HPF RED BLOOD CELLS **NOT DETECTED** NOT DETECTED PUS CELL (WBC'S) /HPF 0-1 0-5 **EPITHELIAL CELLS** 8-10 0-5 /HPF

NOT DETECTED **CASTS** NOT DETECTED **CRYSTALS**

BACTERIA NOT DETECTED NOT DETECTED YEAST **NOT DETECTED NOT DETECTED**

MICROSCOPIC EXAMINATION OF URINE IS CARRIED OUT ON REMARKS

CENTRIFUGED URINARY SEDIMENT.

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CYTOLOGY

MEDI WHEEL FULL BODY HEALTH CHECKUP BELOWRESUFEMPAILED ING

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CODE/NAME & ADDRESS: C000138364 ACCESSION NO: 0321XB002850 AGE/SEX :36 Years Female

ARCOFEMI HEALTHCARE LTD (MEDIWHEEL F-703, LADO SARAI, MEHRAULISOUTH WEST

DELHI

NEW DELHI 110030

8800465156

PATIENT ID : NEELF240287321

CLIENT PATIENT ID: ABHA NO

RECEIVED: 24/02/2024 09:17:14 REPORTED :24/02/2024 17:27:30

Test Report Status Results **Biological Reference Interval Units Preliminary**

SPECIALISED CHEMISTRY - HORMONE

MEDI WHEEL FULL BODY HEALTH CHECKUP BELOW 40FEMALE

THYDOTO DANIEL CEDIM

THYROID PANEL, SERUM			
Т3	100.10	Non-Pregnant Women 80.0 - 200.0 Pregnant Women 1st Trimester:105.0 - 230.0 2nd Trimester:129.0 - 262.0 3rd Trimester:135.0 - 262.0)
T4	6.97	Non-Pregnant Women 5.10 - 14.10 Pregnant Women 1st Trimester: 7.33 - 14.80 2nd Trimester: 7.93 - 16.10 3rd Trimester: 6.95 - 15.70	μg/dL
TSH (ULTRASENSITIVE)	2.130	Non Pregnant Women 0.27 - 4.20 Pregnant Women (As per American Thyroid Associatio 1st Trimester 0.100 - 2.500 2nd Trimester 0.200 - 3.000 3rd Trimester 0.300 - 3.000)

End Of Report Please visit www.agilusdiagnostics.com for related Test Information for this accession

Dr.Miral Gajera **Consultant Pathologist**





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CONDITIONS OF LABORATORY TESTING & REPORTING

- 1. It is presumed that the test sample belongs to the patient named or identified in the test requisition form.
- 2. All tests are performed and reported as per the turnaround time stated in the AGILUS Directory of Services.
- 3. Result delays could occur due to unforeseen circumstances such as non-availability of kits / equipment breakdown / natural calamities / technical downtime or any other unforeseen event.
- 4. A requested test might not be performed if:
 - i. Specimen received is insufficient or inappropriate
 - ii. Specimen quality is unsatisfactory
 - iii. Incorrect specimen type
 - iv. Discrepancy between identification on specimen container label and test requisition form

- 5. AGILUS Diagnostics confirms that all tests have been performed or assayed with highest quality standards, clinical safety & technical integrity.
- Laboratory results should not be interpreted in isolation; it must be correlated with clinical information and be interpreted by registered medical practitioners only to determine final diagnosis.
- Test results may vary based on time of collection, physiological condition of the patient, current medication or nutritional and dietary changes. Please consult your doctor or call us for any clarification.
- Test results cannot be used for Medico legal purposes.
- 9. In case of queries please call customer care (91115 91115) within 48 hours of the report.

Agilus Diagnostics Ltd

Fortis Hospital, Sector 62, Phase VIII, Mohali 160062

Dr.Miral Gaiera Consultant Pathologist



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