

Hosp. Reg. No.: TMC - Zone C - 386

INDUSTRIAL HEALTH SERVICES

Aditi Sharma 32 yrs female 08 03 2024

Height-159 cm Wegy - 66 kg BMI - 26119/102 ONEs congret

No fresh complaints No co morbidities NOPIH NO SIN LMP- Amenosshea : 2022 ? lactational amenoschea (10 months) G. Male, 10 months, LSCS, heatthy. FIN-NAD BP-110/80 mntlg P- 72 min SPO_ 98%

Pt is fit and can resume her normal duties

Consult with physocian For 61000 changes - shelpsteral, Tg VLDL increased.



S-1, Vedant Complex, Vartak Nagar, Thane (W) 400 606 E: ohs.svh@gmail.com W: www.siddhivinayakhospitals.org T.: 022 - 2588 3531 M.: 9769545533







Imaging Department Sonography | Colour Doppler | 3D / 4D USG

Name - Mrs. ADITI SHARMA	Age - 32 Y/F
Ref by Dr Siddhivinayak Hospital	Date - 08 /03/2024

X- Ray chest (PA VIEW)

No obvious active parenchymal lesion seen in both lungs.

Cardiac and aortic shadows appear normal

No evidence of pleural of effusion is seen.

Both domes of diaphragm appear normal.

No obvious bony lesion is seen.

IMPRESSION:

· No significant abnormality seen.

Adv.: Clinical and lab correlation.

DR. AMOL BENDRE
MBBS; DMRE
CONSULTANT RADIOLOGIST

Note: The above report represents interpretation of various radiographic / sonographic shadows, and hence has its own limitations. This report has to be co-related clinic-pathologically by the referring / physician and it does NOT represent the sole diagnosis.









Imaging Department
Sonography | Colour Doppler | 3D / 4D USG

Name - Mr. Aditi Sharma	Age - 32 Y/M
Ref by Dr Siddhivinayak Hospital	Date - 08/03/2024

USG ABDOMEN & PELVIS

FINDINGS: -

The liver dimension is enlarged in size (16.1 cm). It appears normal in morphology with raised echogenicity. No evidence of intrahepatic ductal dilatation.

The GB-gallbladder is distended normally. Wall thickness is normal.

The CBD- common bile duct is normal. The portal vein is normal.

The pancreas appears normal in morphology.

The spleen is normal in size (10.9 cm) and morphology.

Both kidneys demonstrate normal morphology.

Both kidneys show normal cortical echogenicity.

The right kidney measures $9.3 \times 3.8 \, \text{cm}$

The left kidney measures 8.6 x 4.5 cm

Urinary bladder: normally distended. Wall thickness - normal.

Uterus: is normal in size

Endometrium: 8.7 mm, it appears normal in morphology.

Right ovary is normal in size and morphology. Left ovary is normal in size and morphology.

Adnexa appear normal

No free fluid is seen.

IMPRESSION:

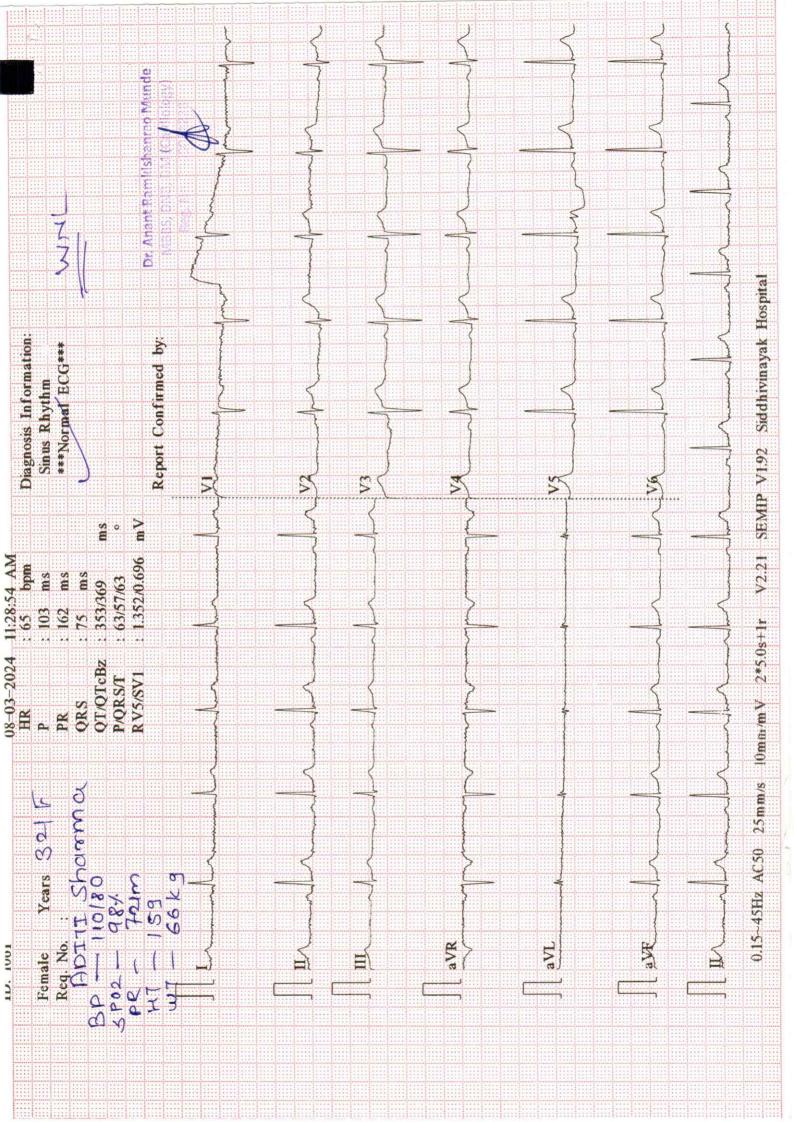
Hepatomegaly with fatty liver (Grade I)

DR. AMOL BENDRE MBBS; DMRE

CONSULTANT RADIOLOGIST











Imaging Department
Sonography | Colour Doppler | 3D / 4D USG

ECHOCARDIOGRAM

NAME :	MRS. ADITI SHARMA	
AGE/SEX	32 YRS/F	
REFERRED BY	SIDDHIVINAYAK HOSPITAL	
DATE OF EXAMINATION	08/03/2024	

2D/M-MODE ECHOCARDIOGRAPHY

VALVES:	CHAMBERS:
MITRAL VALVE:	LEFT ATRIUM: Normal
AML: Normal	 Left atrial appendage: Normal
PML: Normal	
 Sub-valvular deformity: Absent 	LEFT VENTRICLE: Normal
ADDITION AND AND AND AND AND AND AND AND AND AN	RWMA: No
AORTIC VALVE: Normal	Contraction: Normal
 No. of cusps: 3 	DICHT (TDUM)
PULMONARY VALVE: Normal	RIGHT ATRIUM: Normal
	RIGHT VENTRICLE: Normal
TRICUSPID VALVE: Normal	RWMA: No
	Contraction: Normal
GREAT VESSELS:	SEPTAE:
 AORTA: Normal 	IAS: Intact
 PULMONARY ARTERY: Normal 	IVS: Intact
CORONARIES: Proximal coronaries normal	VENACAVAE:
	SVC: Normal
CORONARY SINUS: Normal	 IVC: Normal and collapsing >20% with respiration
PULMONARY VEINS: Normal	PERICARDIUM: Normal

MEASUREMENTS:

AORT	1	LEFT VENTR	ICLE STUDY	RIGHT VENTR	ICLE STUDY
PARAMETER	OBSERVED VALUE	PARAMETER	OBSERVED VALUE	PARAMETER	OBSERVED VALUE
Aortic annulus	20 mm	Left atrium	30 mm	Right atrium	mm
Aortic sinus	mm	LVIDd	42.8 mm	RVd (Base)	mm
Sino-tubular junction	mm	LVIDs	27.0 mm	RVEF	%
Ascending aorta	mm	IVSd	8.8 mm	TAPSE	mm
Arch of aorta	mm	LVPWd	8.8 mm	MPA	mm
Desc. thoracic aorta	mm	LVEF	67 %	RVOT	mm
Abdominal aorta	mm	LVOT	mm	IVC	13.5 mm





OPTHAL CHECK UP SCREENING

NAME OF EMPLOYEE

ADITI SHARMA

AGE

32

DATE - 08.03.2024

Spects: Without Glasses

	RT Eye	Lt Eye
NEAR	N/6	N/5
DISTANT	6/6	6/6
Color Blind Test	NORMAL	

COLOR - FLOW & DOPPLER ECHOCARDIOGRAPHY

NAME	MRS. ADITI SHARMA	
AGE/SEX	32 YRS/F	
REFERRED BY	SIDDHIVINAYAK HOSPITAL	
DATE OF EXAMINATION	08/03/2024	

	MITRAL	TRICUSPID	AORTIC	PULMONARY
	MITKAL		1.1	0.92
FLOW VELOCITY (m/s)				
PPG (mmHg)				
MPG (mmHg)				
VALVE AREA (cm ²)				
DVI (ms)				
PR END DIASTOLIC VELOCITY (m/s)				
ACCELERATION/				
DECELERATION TIME (ms)				
PHT (ms)				
VENA CONTRACTA (mm)		TED IV- m/s		
REGURGITATION		TRJV= m/s PASP= mmHg		_
E/A	1.7			
E/E'	6.9			

FINAL IMPRESSION: NORMAL STUDY

- No RWMA
- Normal LV systolic function (LVEF 67 %)
- Good RV systolic function
- Normal diastolic function
- All cardiac valves are normal
- All cardiac chambers are normal
- IAS/IVS intact
- No pericardial effusion/ clot/vegetations

ADVICE: Nil

ECHOCARDIOGRAPHER:

Dr. ANANT MUNDE

DNB. DM (CARDIOLOGY)

INTERVENTIONAL CARDIOLOGIST

Dr. Anant Ramkishanrao Munde MBBS, DNB, DM (Cardiology) Reg. No. 2005021228



Ref By



: Mrs. ADITI SHARMA (A) Name

Collected On : 8/3/2024 10:47 am

Lab ID. : 186089

. 8/3/2024 10:57 am Received On

Reported On : 9/3/2024 10:03 am

Age/Sex : 32 Years / Female

Report Status : FINAL

: SIDDHIVINAYAK HOSPITAL CGHS /ESIS /

*LIPID PROFILE

TEST NAME	RESULTS	UNIT	REFERENCE RANGE
TOTAL CHOLESTEROL (CHOLESTEROL OXIDASE,ESTERASE,PEROXIDA SE)	220.0	mg/dL	Desirable blood cholesterol: - <200 mg/dl. Borderline high blood cholesterol: - 200 - 239 mg/dl. High blood cholesterol: - >239 mg/dl.
S.HDL CHOLESTEROL (DIRECT MEASURE - PEG)	42.3	mg/dL	Major risk factor for heart :<30 mg/dl. Negative risk factor for heart disease :>=80 mg/dl.
S. TRIGLYCERIDE (ENZYMATIC, END POINT)	215.6	mg/dL	Desirable level: <161 mg/dl. High:>= 161 - 199 mg/dl. Borderline High:200 - 499 mg/dl. Very high:>499mg/dl.
VLDL CHOLESTEROL (CALCULATED VALUE)	43	mg/dL	UPTO 40
S.LDL CHOLESTEROL (CALCULATED VALUE)	135	mg/dL	Optimal: <100 mg/dl. Near Optimal: 100 - 129 mg/dl. Borderline High: 130 - 159 mg/dl. High: 160 - 189mg/dl. Very high: >= 190 mg/dl.
LDL CHOL/HDL RATIO (CALCULATED VALUE)	3.19		UPTO 3.5
CHOL/HDL CHOL RATIO (CALCULATED VALUE)	5.20		<5.0

Above reference ranges are as per ADULT TREATMENT PANEL III recommendation by NCEP (May

Result relates to sample tested, Kindly correlate with clinical findings.

Checked By

Priyanka_Deshmukh

DR. SMITA RANVEER. M.B.B.S.M.D. Pathology(Mum) **Consultant Histocytopathologist**

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. 8/3/2024 10:57 am Lab ID. Received On : 186089

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Report Status : FINAL : SIDDHIVINAYAK HOSPITAL CGHS /ESIS / Ref By

COMPLETE BLOOD COUNT

TEST NAME	RESULTS	UNIT	REFERENCE RANGE
HEMOGLOBIN	12.8	gm/dl	12.0 - 15.0
HEMATOCRIT (PCV)	38.4	%	36 - 46
RBC COUNT	4.35	x10^6/uL	4.5 - 5.5
MCV	88	fl	80 - 96
MCH	29.4	pg	27 - 33
MCHC	33	g/dl	33 - 36
RDW-CV	14.5	%	11.5 - 14.5
TOTAL LEUCOCYTE COUNT	7110	/cumm	4000 - 11000
DIFFERENTIAL COUNT			
NEUTROPHILS	57	%	40 - 80
LYMPHOCYTES	30	%	20 - 40
EOSINOPHILS	03	%	0 - 6
MONOCYTES	10	%	2 - 10
BASOPHILS	00	%	0 - 1
PLATELET COUNT	191000	/ cumm	150000 - 450000
MPV	13.9	fl	6.5 - 11.5
PDW	16.8	%	9.0 - 17.0
PCT	0.260	%	0.200 - 0.500
RBC MORPHOLOGY	Normocytic Norm	ochromic	
WBC MORPHOLOGY	Normal		
PLATELETS ON SMEAR	Adequate		

Method: EDTA Whole Blood- Tests done on Automated Six Part Cell Counter.RBC and Platelet count by Electric Impedance ,WBC by SF Cube method and Differential by flow cytometry . Hemoglobin by Cyanide free reagent for hemoglobin test (Colorimetric Method). Rest are calculated parameters.

Result relates to sample tested, Kindly correlate with clinical findings.

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URINE ROUTINE EXAMINATION

TEST NAME UNIT REFERENCE RANGE **RESULTS**

URINE ROUTINE EXAMINATION PHYSICAL EXAMINATION

VOLUME

COLOUR Pale Yellow Pale Yellow

APPEARANCE Slightly hazy Clear

20ml

CHEMICAL EXAMINATION

REACTION Acidic Acidic

(methyl red and Bromothymol blue indicator)

1.005 - 1.022 SP. GRAVITY 1.010

(Bromothymol blue indicator)

PROTEIN Absent Absent

(Protein error of PH indicator)

BLOOD Absent Absent

(Peroxidase Method)

SUGAR Absent Absent

(GOD/POD)

KETONES Absent Absent

(Acetoacetic acid)

BILE SALT & PIGMENT Absent Absent

(Diazonium Salt)

UROBILINOGEN Normal Normal

(Red azodye)

LEUKOCYTES Absent Absent

(pyrrole amino acid ester diazonium salt)

Negative

(Diazonium compound With tetrahydrobenzo quinolin 3-phenol)

MICROSCOPIC EXAMINATION

RED BLOOD CELLS Absent / HPF Absent **PUS CELLS** 1-3 / HPF 0 - 5 **EPITHELIAL** 4-6 / HPF 0 - 5

CASTS Absent

Checked By

SHAISTA Q

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Report Status : FINAL : SIDDHIVINAYAK HOSPITAL CGHS /ESIS / Ref By

URINE ROUTINE EXAMINATION

TEST NAME	RESULTS	UNIT	REFERENCE RANGE	
CRYSTALS	Absent			
BACTERIA	Absent		Absent	
YEAST CELLS	Absent		Absent	
ANY OTHER FINDINGS	Absent		Absent	
REMARK	Result relates to sample tested. Kindly correlate with clinical findings.			

Result relates to sample tested, Kindly correlate with clinical findings.

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IMMUNO ASSAY

TEST NAME	RESULTS	UNIT	REFERENCE RANGE	
TFT (THYROID FUNCTION TEST)				
SPECIMEN	Serum			
Т3	85.1	ng/dl	84.63 - 201.8	
T4	6.20	μg/dl	5.13 - 14.06	
TSH	4.18	μIU/ml	0.270 - 4.20	
DONE ON FULLY AUTOMATED ANALYSER COBAS e411.				
INTERPRETATION	T3 (Triiodo Thyronine)	T4	(Thyroxine)	

AGE	RANGE	AGE	RANGES
1-30 days	100-740	1-14 Days	11.8-22.6
1-11 months	105-245	1-2 weeks	9.9-16.6
1-5 years	105-269	1-4 months	7.2-14.4
6-10 years	94-241	4-12months	7.8-16.5
11-15 years	82-213	1-5 years	7.3-15.0
15-20 years	80-210	5-10 years	6.4-13.3
		11-15 years	5.6-11.7

TSH(Thyroid stimulating hormone)

AGE	RANGES
0-14 Days	1.0-39
2 weeks -5 mo	nths 1.7-9.1
6 months-20 y	ears 0.7-6.4
Pregnancy	
1st Trimester	0.1-2.5
2nd Trimester	0.20-3.0
3rd Trimester	0.30-3.0

INTERPRETATION:

TSH stimulates the production and secretion of the metabolically active thyroid hormones, thyroxine (T4) and triiodothyronine (T3), by interacting with a specific receptor on the thyroid cell surface. The synthesis and secretion of TSH is stimulated by Thyrotropin releasing hormone (TRH), in response to low levels of circulating thyroid hormones. Elevated levels of T3 and T4 suppress the production of TSH via a classic negative feedback mechanism. Failure at any level of regulation of the hypothalamic-pituitary-thyroid axis will result in either underproduction (hypothyroidism) or overproduction (hyperthyroidism) of T4 and/or T3.

Checked By

Priyanka Deshmukh

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Result relates to sample tested, Kindly correlate with clinical findings.

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: FINAL

HAEMATOLOGY

UNIT REFERENCE RANGE TEST NAME **RESULTS**

BLOOD GROUP

Ref By

SPECIMEN WHOLE BLOOD EDTA & SERUM

* ABO GROUP '0'

RH FACTOR **POSITIVE**

Method: Slide Agglutination and Tube Method (Forward grouping & Reverse grouping)

Result relates to sample tested, Kindly correlate with clinical findings.

----- END OF REPORT -----

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*RENAL FUNCTION TEST TEST NAME UNIT REFERENCE RANGE **RESULTS BLOOD UREA** 19.7 mg/dL 13 - 40 (Urease UV GLDH Kinetic) **BLOOD UREA NITROGEN** 9.21 mg/dL 5 - 20 (Calculated) S. CREATININE 0.61 0.6 - 1.4mg/dL (Enzymatic) S. URIC ACID 2.6 - 6.0 2.60 mg/dL (Uricase) S. SODIUM 137 - 145 136.0 mEq/L (ISE Direct Method) S. POTASSIUM 3.88 mEq/L 3.5 - 5.1(ISE Direct Method) S. CHLORIDE 98 - 110 98.0 mEq/L (ISE Direct Method) S. PHOSPHORUS 3.19 mg/dL 2.5 - 4.5(Ammonium Molybdate) S. CALCIUM 10.2 8.6 - 10.2 mg/dL (Arsenazo III) 6.4 - 8.3 **PROTEIN** 7.25 g/dl (Biuret) S. ALBUMIN 4.53 3.2 - 4.6 g/dl (BGC) **S.GLOBULIN** 2.72 1.9 - 3.5 g/dl (Calculated) A/G RATIO 1.67 0 - 2calculated NOTE BIOCHEMISTRY TEST DONE ON FULLY AUTOMATED (EM 200) ANALYZER.

Result relates to sample tested, Kindly correlate with clinical findings.

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: FINAL

Peripheral smear examination

TEST NAME RESULTS

SPECIMEN RECEIVED Whole Blood EDTA

RBC Normocytic Normochromic

WBC Total leucocyte count is normal on smear.

> Neutrophils:55 % Lymphocytes:32 % Monocytes:10 % Eosinophils:03 % Basophils:00 % Adequate on smear.

PLATELET HEMOPARASITE No parasite seen.

Result relates to sample tested, Kindly correlate with clinical findings.

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LIVER FUNCTION TEST

TEST NAME	RESULTS	UNIT	REFERENCE RANGE	
TOTAL BILLIRUBIN	0.54	mg/dL	0.2 - 1.2	
(Method-Diazo)				
DIRECT BILLIRUBIN	0.28	mg/dL	0.0 - 0.4	
(Method-Diazo)				
INDIRECT BILLIRUBIN	0.26	mg/dL	0 - 0.8	
Calculated				
SGOT(AST)	20.3	U/L	0 - 37	
(UV without PSP)				
SGPT(ALT)	7.1	U/L	UP to 40	
UV Kinetic Without PLP (P-L-P)				
ALKALINE PHOSPHATASE	87.0	U/L	42 - 98	
(Method-ALP-AMP)				
S. PROTIEN	7.25	g/dl	6.4 - 8.3	
(Method-Biuret)				
S. ALBUMIN	4.53	g/dl	3.5 - 5.2	
(Method-BCG)				
S. GLOBULIN	2.72	g/dl	1.90 - 3.50	
Calculated				
A/G RATIO	1.67		0 - 2	
Calculated				

Result relates to sample tested, Kindly correlate with clinical findings.

Checked By

Priyanka_Deshmukh

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		Ш					
*	1	8	6	0	8	9	*

HAEMATOLOGY					
TEST NAME	RESULTS	UNIT	REFERENCE RANGE		
<u>ESR</u>					
ESR	05	mm/1hr.	0 - 20		

METHOD - WESTERGREN

Result relates to sample tested, Kindly correlate with clinical findings.

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BIOCHEMISTRY

TEST NAME	RESULTS	UNIT	REFERENCE RANGE			
GLYCOCELATED HEMOGLOBIN (HBA1C)						
HBA1C (GLYCOSALATED HAEMOGLOBIN)	5.8	%	Hb A1c > 8 Action suggested			
HALMOGLOBIN)			< 7 Goal			
			< 6 Non - diabetic level			
AVERAGE BLOOD GLUCOSE (A. B. G.)	119.8	mg/dL	65.1 - 136.3			

METHOD Particle Enhanced Immunoturbidimetry

HbA1c: Glycosylated hemoglobin concentration is dependent on the average blood glucose concentration which is formed progressively and irreversibly over a period of time and is stable till the life of the RBC/erythrocytes. Average Blood Glucose (A.B.G) is calculated value from HbA1c: Glycosylated hemoglobin concentration in whole Blood. It indicates average blood sugar level over past three months.

BLOOD GLUCOSE FASTING & PP

BLOOD GLUCOSE FASTING	104.1	mg/dL	70 - 110
BLOOD GLUCOSE PP	135.0	mg/dL	70 - 140

Method (GOD-POD). DONE ON FULLY AUTOMATED ANALYSER (EM200).

- 1. Fasting is required (Except for water) for 8-10 hours before collection for fasting speciman. Last dinner should consist of bland diet.
- 2. Don't take insulin or oral hypoglycemic agent until after fasting blood sample has been drawn

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BIOCHEMISTRY

UNIT REFERENCE RANGE TEST NAME **RESULTS**

INTERPRETATION

- Normal glucose tolerance : 70-110 mg/dl

- Impaired Fasting glucose (IFG) : 110-125 mg/dl

- Diabetes mellitus : >=126 mg/dl

POSTPRANDIAL/POST GLUCOSE (75 grams)

- Normal glucose tolerance : 70-139 mg/dl - Impaired glucose tolerance: 140-199 mg/dl

- Diabetes mellitus : >=200 mg/dl

CRITERIA FOR DIAGNOSIS OF DIABETES MELLITUS

- Fasting plasma glucose >=126 mg/dl
- Classical symptoms +Random plasma glucose >=200 mg/dl
- Plasma glucose >=200 mg/dl (2 hrs after 75 grams of glucose)
- Glycosylated haemoglobin > 6.5%

***Any positive criteria should be tested on subsequent day with same or other criteria. **GAMMA GT** 15.5 5 - 55

Result relates to sample tested, Kindly correlate with clinical findings.

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