

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
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- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MRS PUJA S SURWASE
Referred By Dr : MEDIWHEEL
Sex : FEMALE Age : 25 Years
Collected At : YOGI NAGAR MAIN BRANCH

Lab No. : LBA6096 *LBA6096*
Reg. Date : 24-Feb-2024 8:38 am
Report Date : 24-Feb-2024 4:51 pm
Print Date : 28-Feb-2024 12:05 pm

BIOCHEMISTRY

TEST	RESULT		NORMAL VALUES
Blood Urea Nitrogen (BUN)	15.00		5 - 20 mg/dl
CREATININE	0.93	mg/dl	0.5 - 1.3 mg/dl
Serum Uric Acid	3.80	mg%	Female : 2.6 - 6.0 mg%
Age of the Patient	25		
eGFR	78.07	ml/min	

eGFR calculation based on MDRD guideline 2012

More than 90 ml / min / 1.73 Sqm - Normal eGFR

60-89 ml / min / 1.73 Sqm - Mild decrease in eGFR is common in 30% healthy adults .

Suggest reapt testing in 6 to 12 months.

Exclude kidney disease in those at high risk (Diabetes & Hypertension

30-59 ml / min / 1.73 Sqm - consistent with modrate chronic kidney disease if confirmed over three month .

Consider nephrology referral if progressive deterioration of more than 20 % for Egfr or creatinine.

15 - 29 ml / min / 1.73 Sqm - Consistent with severe chronic kidney disease . Consider nephrology referral

----- End of Report -----

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JAY

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BLOOD GROUP

TEST	RESULT
Blood Group	'A'
Rh Factor	Positive

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BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	85.2	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	88.6	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: >= 200 (on more than one occasion)
URINE SUGAR (Fasting)	Absent		
URINE SUGAR (Post prandial)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

Comment:

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

----- End of Report -----

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COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	11.8	gm %	Female : 11.5 - 14.5 gm%
Erythrocytes (Total RBCs)	4.11	mill. / cmm	Female : 3.8 - 5.2 mill. / cmm
PCV	37.5	%	Female : 32 - 47 %
MCV	91.30	fl	80- 96 fl
MCH	28.80	pg	27 - 32 pg
MCHC	31.50	gm%	32 - 37 gm%
RDW	13.5	%	12 - 14.5
<u>TOTAL WBC COUNT</u>			
TOTAL WBC COUNT	7190	/ cumm	4,000 - 11,000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	60	%	40 - 75
Lymphocytes	35	%	20 - 40
Eosinophils	03	%	0 - 6
Monocytes	02	%	2 - 8
Platelet count	214000	Lacs/cmm	150000-450000
<u>PERIPHERAL SMEAR</u>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	22	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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GLYCOSYLATED HAEMOGLOBIN (HbA1c)

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	96.80		
METHOD : NEPHELOMETRY			

DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%
 Impaired glucose tolerance: 5.8% to 6.4%
 Diabetes: 6.5% or more
 CONTROL CRITERIA IN DIABETICS:
 Optimal control: 7.0% or less
 Fair control: 7.0% to 8.0%
 Poor control: More than 8.0%

Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

----- End of Report -----

* RECHECKED & CONFIRMED

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LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	173	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	47.8	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	40	mg / dl	35.3 - 79.5 mg / dl
VLDL	9.56	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	123.44	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	4.33		< 5
LDL / HDL	3.09		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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LIVER FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.68	mg / dl	0 - 1.0 mg / dl
Bilirubin Direct	0.3	mg / dl	0 - 0.4 mg / dl
Bilirubin Indirect	0.38	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	15	U / L	Up to 45 U / L
S.G.O.T.	10	U / L	Up to 46 U / L
Alkaline Phosphatase	59.00	U/l	4 - 15 Years: 54 - 369 U/l 20 - 59 Years: 42 - 98 U/l > 60 Years: 53 - 141 U/l
Total Proteins	6.99	gm / dl	6.4 - 8.3 gm / dl
Albumin	4.05	gm / dl	3.5 - 5.2 gm / dl
Globulin	2.94	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.38		1.0- 2.3
GGT	15	IU/L	55 IU/L

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T3 T4 TSH

TEST	RESULT	UNITS	NORMAL VALUES
T3 [Tri - iodothyronine]	132.461	ng/dl	91.14 - 237.61 ng/dl
T4 [Thyroxine]	5.325	ug/dl	4.71 - 13.20 ug/dl
TSH [Thyroid Stimulating Hormone]	2.497	uIU/mL	0.3 - 4.3 uIU/mL

METHOD: CLIA

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.
- 4.Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens,Estrogens. O C Pills,Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

----- End of Report -----

Printed By : SHARMILA

Checked By
JAY

DR. BHAVINI KAMDAR
MD (PATH) MUM

BORIVALI CENTRE 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
KANDIVALI CENTRE MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
KANDIVALI CENTRE SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TE.: 2885 7171 / 89288 41541
DAHISAR CENTRE NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
GORAI CENTRE VICTORY HEIGHTS, GORAI MAIN ROAD, OPP: SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 80354 / 72080 02565
GOREGAON CENTRE M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

Website : www.healthcarediag.com • E-mail : healthcare.medicals@gmail.com
"Home Visit Facility Call On 76667 66307"

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MRS PUJA S SURWASE
Referred By Dr : MEDIWHEEL
Sex : FEMALE Age : 25 Years
Collected At : YOGI NAGAR MAIN BRANCH

Lab No. : LBA6096 *LBA6096*
Reg. Date : 24-Feb-2024 8:38 am
Report Date : 24-Feb-2024 2:07 pm
Print Date : 28-Feb-2024 12:05 pm

URINE ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Quantity	15 ml
Colour	Pale yellow
Appearance	clear
Deposit	Absent
pH	Acidic (5.0)
Specific Gravity	1.010
<u>CHEMICAL EXAMINATION</u>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u>	
Red Blood Cells	Absent
Pus Cells	Occasional /hpf
Epithelial Cells	Occasional /hpf
Casts	Not seen
Crystals	Not seen /hpf
Yeast	Not seen
Bacteria	Absent

----- End of Report -----

Printed By : SHARMILA

Checked By
JAY

DR. BHAVINI KAMDAR
MD (PATH) MUM

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Website : www.healthcarediag.com • E-mail : healthcare.medicals@gmail.com
 "Home Visit Facility Call On 76667 66307"

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	PUJA SANTOSH SURWASE
DATE OF BIRTH	27-03-1998
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	24-02-2024
BOOKING REFERENCE NO.	23M118762100092848S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. SURWASE SANTOSH VITTHALRAO
EMPLOYEE EC NO.	118762
EMPLOYEE DESIGNATION	SINGLE WINDOW OPERATOR A
EMPLOYEE PLACE OF WORK	SAPHALE
EMPLOYEE BIRTHDATE	04-07-1992

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **21-02-2024** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



भारत सरकार
Government of India



पूजा संतोष सुरवसे
Puja Santosh Surwase
जन्म तारीख/DOB: 16/08/1998
महिला/ FEMALE

Signature

Dr. NUPUR RAI
MBBS, DIPLOMA CARDIOLOGY (PGDCC)
Reg. No.: 2018115643

Issue Date: 09/03/2021

Download Date: 17/03/2021

7403 4135 1329

VID : 9140 9286 9368 9936

माझे आधार, माझी ओळख

HEALTHCARE
Medical centre And Diagnostics
Yogi Avenue, Yogi Nagar,
Borivali (West), Mumbai - 400 092
Tel :- 28996565 / 28996535

- COMPUT. PATHOLOGY - ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
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NAME MR PUJA S SURWASE
 HEIGHT: 158 CM WT: 47.9KGS

DATE 24/02/2024
 AGE 25 YRS

REFERRED BY MEDIWHEEL

SEX FEMALE

PRESENT COMPLAINTS: NIL

CURRENT MEDICATION- NIL

PAST HISTORY: NIL

ALLERGY: NONE HABIT: NIL

SLEEP: GOOD BLADDER: NAD BOWEL: NAD

1FTND- MENSES REGULAR 30 DAYS CYCLE 4 DAYS FLOW

FAMILY HISTORY- NIL

GENERAL EXAMINATION:

ADVICE-

P:77/min BP: 98/60 mmHg

PALLOR: NIL ICTERUS: NIL
 OEDEMA: NIL OTHERS: NAD

Medically fit

RS: A E B E clear

CVS: NAD CNS: NAD

Ref to Gynaecologist

PA: SOFT, NON TENDER

INVESTIGATION:

Dr. NUPUR RAI
 MBBS, DIPLOMA: CARDIOLOGY (PGDCC)
 Reg. No.: 2018115643

HEALTHCARE
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 Yogi Avenue, Yogi Nagar,
 Borivali (West), Mumbai - 400 092
 Tel :- 28996565 / 28996535

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OPHTHALMIC REPORT

NAME <i>Puja Surwase</i>	DATE <i>24/2/24</i>
R- NO	AGE <i>25</i>
REF. BY DR. <i>Mediwheel</i>	SEX <i>Female</i>

	RIGHT EYE	LEFT EYE
V.A. WITHOUT GLASSES:	<i>6/24</i>	<i>6/24</i>
V.A. WITH GLASSES:	<i>6/6</i>	<i>6/6</i>

ANTERIOR SEGMENT EXAMINATION:

FUNDUS:

COLOUR VISION:
(ISHIHARA CHART)

OCULAR MOVEMENTS:

RETINOSCOPY:

Prescription:

	SPH	CYL	AXIS	SPH	CYL	AXIS
DISTANCE	<i>0.50</i>	<i>0.50</i>	<i>180°</i>	<i>0.50</i>	<i>0.50</i>	<i>20°</i>
NEAR						

CLINICAL IMPRESSION:
ADVICE:

[Signature]
HEALTHCARE
Medical centre And Diagnostics
Yogi Avenue, Yogi Nagar,
Borivali (West), Mumbai - 400 092
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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

DATE : / /

TO,
Mediwheel

This is regarding your client Miss/Mrs/MR Puja. S. Sarwase

Visited to our centre on _____ for her/his _____

proposed tests. All tests are done as scheduled except

Pending/skipped tests: Stool (R)

Reason: Client not

We are canceling / will reschedule it as per her/his convenience.

Thank you.

Client's sign [Signature]

HEALTHCARE
Medical Centre And Diagnostics
Yogi Avenue, Yogi Nagar
Borivali (West), Mumbai - 400 092
Tel :- 28996565 / 28996535

Dr. NUPUR RAI
MBBS, DIPLOMA CARDIOLOGY (PCC)
Reg. No.: 2018115843

• COMPL. PATHOLOGY • ALLERGY TESTING
• DIGITAL WHOLE BODY X-RAYS
• DIGITAL 3D SONOGRAPHY
• DIGITAL WHOLE BODY COLOUR DOPPLER
• DIGITAL 2-D ECHO WITH COLOUR DOPPLER
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• AUDIOMETRY & SPEECH THERAPY
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• CORPORATE HEALTH CHECKUPS



HEALTHCARE
MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MRS PUJA S SURWASE

Lab No. : LBA6096 *LBA6096*

Referred By Dr : MEDIWHEEL

Reg. Date : 24-Feb-2024 8:38 am

Sex : FEMALE Age : 25 Years

Report Date: 24-Feb-2024 10:54 am

Collected At : YOGI NAGAR MAIN BRANCH

Print Date : 24-Feb-2024 2:00 pm

USG ABDOMEN & PELVIS (FEMALE)

REAL TIME SONOGRAPHY OF WHOLE ABDOMEN SHOWS,

LIVER :

Liver is normal in size showing homogenous paranchymal echotexture. There is no evidence of solid or cystic mass. The Portal vein and the hepatic venous system appears normal..

(a) Portal vein measure: 8,6mms.

(b) C.B.D measures: 1,9mms.

Gall bladder :

Gall bladder is physiologically distended. The gall bladder wall of normal thickness. No evidence of gall stones..

PANCREAS :

Pancreas is normal in size with smooth margin and homogenous paranchymal echotexture. No e/o focal lesion seen.

KIDNEYS :

Both kidneys are normal in size and shows homogenous cortical echotexture. Central calyceal echoes appear normal. There is no evidence of hydronephrosis or renal calculus

(a) Right kidney measures: 87 x 36 mm.

(b) Left kidney measures: 94 x 42 mm.

SPLEEN :

The spleen is normal in size with homogenous paranchymal echotexture. No focal lesion are seen.

URINARY BLADDER :

The Urinary bladder is well distended. No evidence of calculus or intraluminal mass seen int the bladder.

DR. SHAILESH SANGALE
CONS. RADIOLOGIST

DR. SHRIKANT BODKE
CONS. RADIOLOGIST

DR. NIKUNJ KOTHIA
CONS. RADIOLOGIST

DR. BHAGYA SANNANANJA
CONS. RADIOLOGIST

• COMPLETE PATHOLOGY • ALLERGY TESTING
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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MRS PUJA S SURWASE

Lab No. : LBA6096 *LBA6096*

Referred By Dr : MEDIWHEEL

Reg. Date : 24-Feb-2024 8:38 am

Sex : FEMALE Age : 25 Years

Report Date: 24-Feb-2024 10:54 am

Collected At : YOGI NAGAR MAIN BRANCH

Print Date : 24-Feb-2024 2:00 pm

USG ABDOMEN & PELVIS (FEMALE)

The Urinary bladder is well distended.No evidence of calculus or intraluminal mass seen int the bladder.

UTERUS :

Uterus is bulky and shows homogenous myometrial echopattern .Endometrium lining appears normal 10.4mm...No evidence of focal lesion.

Uterus measures: 84 x 46 x 63mm.

ADNEXa ::

Both ovaries are normal in size and shows homogenous echopattern.No evidence of focal lesion.

(a) Right ovary measures: 38 x 18 mm.

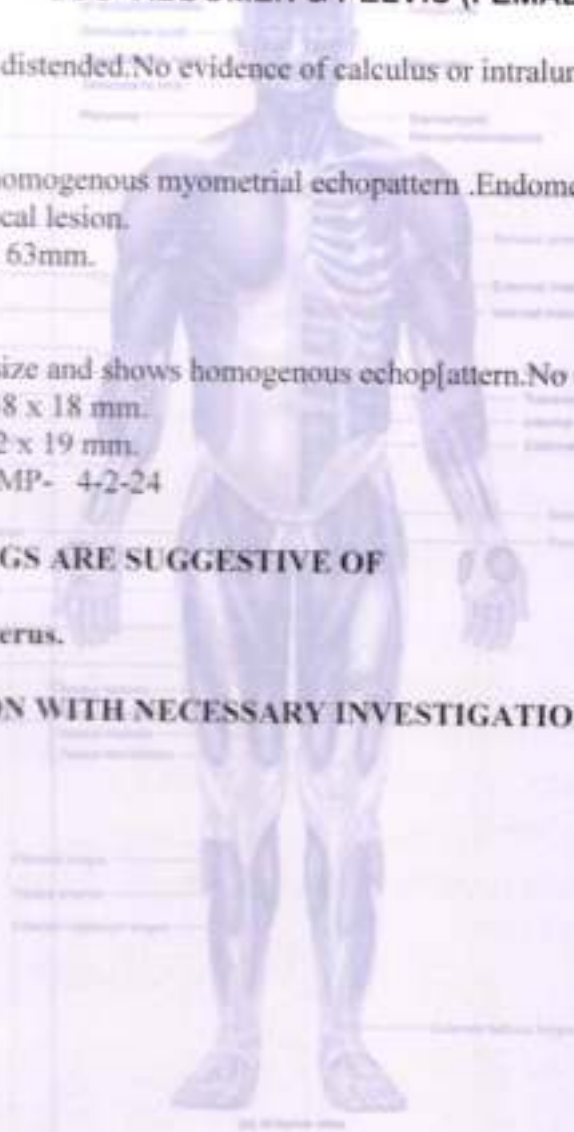
(b) Left ovary measures: 32 x 19 mm.

No evidence of free fluid. LMP- 4-2-24

IMPRESSION : FINDINGS ARE SUGGESTIVE OF

Bulky uterus.

CLINICAL CORELATION WITH NECESSARY INVESTIGATIONS.




DR. SHAILESH SANGALE
CONS. RADIOLOGIST

DR. SHRIKANT BODKE
CONS. RADIOLOGIST

DR. NIKUNJ KOTHIA
CONS. RADIOLOGIST

DR. BHAGYA SANNANANJA
CONS. RADIOLOGIST

- COMPL. PATHOLOGY • ALLERGY TESTING
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NAME	MRS PUJA S SURWASE	DATE	24.02.2024
		AGE	25 YRS
REF. BY	MEDIWHEEL	SEX	FEMALE

X-RAY CHEST (PAVIEW).

The lungs on the either side show equal translucency.

The pleural spaces are normal.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

IMPRESSION :

NO EVIDENCE OF PLEURAL OR PARENCHYMAL PATHOLOGY IS NOTED.


DR.SUDHANSHU SAXENA
CONS.RADIOLOGIST.

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly

- COMPU. PATHOLOGY
- DIGITAL X-RAY
- DIGITAL SONOGRAPHY
- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY (BMD)
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



MRS PUJA S SURWASE

KLBA6096

24-Feb-2024



ECG

ELECTROCARDIOGRAM (ECG)

PATIENT Mrs. Puja Surwase AGE: 25 yrs SEX Female

REF. BY DR. Mediwheel DATE 24 Feb 2024

INTERPRETATION: Unremarkable ECG

Investors

24/02/24

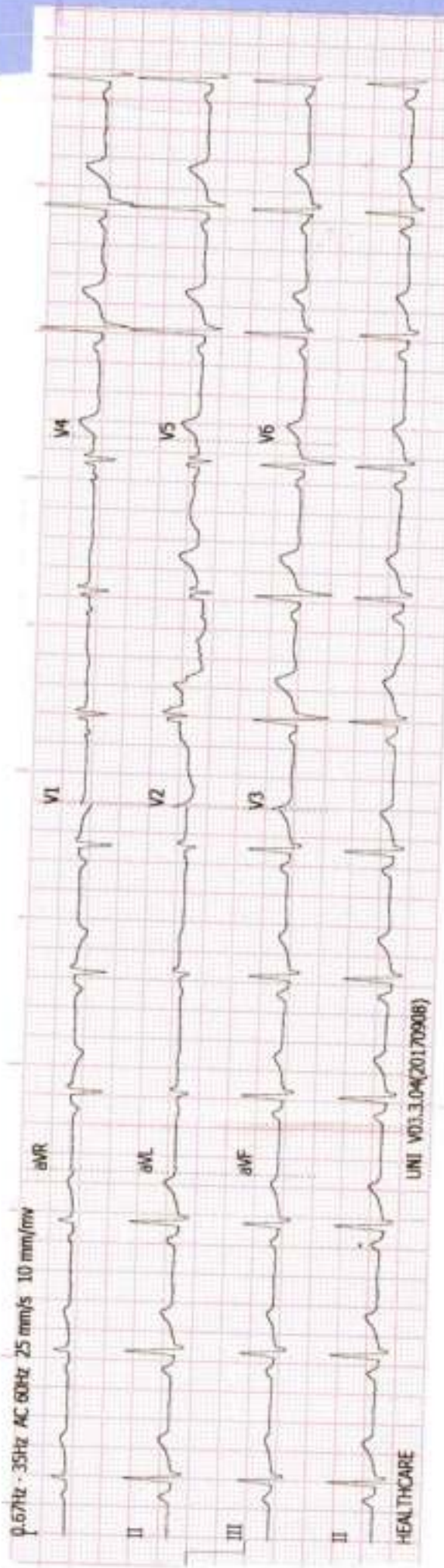
06565 / 26996335

Dr. Dr. Nidhur RAI

MBBS, DIPLOMA IN RADIOLOGY (PDDCC)

Reg. No.: ZU18115643

Normal sinus rhythm



History :

B.P. :

Drugs :

Standard :

Auricular Rate :

Ventricular Rate : 76 bpm

Rhythm : R

Mechanism :

Voltage :

Axis :

P Waves :

PR Interval :

Q Waves :

QRS Interval : (L)

ST Segment :

T Waves :

QT Interval :

Extra Systoles :

REMARKS & CONCLUSIONS : Isomorphic RAA.

HEALTHCARE BORIVALI

MRS PUJA S. SUBWASE
 ID : 781

DATE : 26/02/2024

AGE/SEX : 25 / F

HT/WT : 158 / 48

REF. BY : MEDIMHETL

TREADMILL TEST REPORT

PROTOCOL : 1 Bruce

HISTORY : 1 Checkup/physical fitness, *

INDICATION : 1 CARDIAC EVALUATION

MEDICATION : 1 NONE

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	R.R. bpm	B.P. mmHg	HRP x100	ST. LEVEL (MM)		
								I	II	III
SUPINE					85	98 / 60	83	0.4	0.7	0.3
STANDING					88	98 / 60	86	0.4	0.9	0.5
HYPERVENT					92	98 / 60	90	0.4	1	0.6
Stage 1	2:55	0:12	2.7	10	126	98 / 60	123	2	2.3	0.3
Stage 2	5:55	2:55	4	12	141	100 / 60	141	2	1.7	-0.3
PK-EXERCISE	8:24	2:24	5.4	14	169	110 / 70	185	0.7	0.2	-0.5
RECOVERY	9:36	1:14			117	140 / 70	163	0.4	-0.5	-0.9
RECOVERY	10:35	2:13			97	130 / 70	126	0	-0.5	-0.5
RECOVERY	11:27	2:55			94	120 / 70	112	0.2	0.1	-0.2

RESULTS

EXERCISE DURATION : 8:24

MAX HEART RATE : 169 bpm 86 % of target heart rate 195 bpm

MAX BLOOD PRESSURE : 140 / 70 mm Hg

REASON OF TERMINATION : Achieved TB, *

BP RESPONSE : Normal, *

ARRHYTHMIA : None, *

H.R. RESPONSE : Normal Chronotropic Response, *

IMPRESSIONS : *

Fair effort tolerance, *

No angina, No arrhythmia, *

No significant ST change noted, *

Normal HR, Normal BP response, *

Stress test negative for inducible ischemia, *

MAX WORK LOAD : 9.42 METS

Technician : 1

Dr. Anupam Kulkarni
 M.D. (DIPLOMA IN CARDIOLOGY/PHYSICIAN)
 Regd No. 2018115562

HEALTHCARE
 Medical Centre And Diagnostics
 Yogi Avenue, Yogi Nagar,
 Borivali (West), Mumbai - 400 092.
 Tel.: 28935565 / 28995535

HEALTHCARE BORIVALLI

MRS PUJA S. SURWASE
I.D. 791
Age 25/F
Date 24/02/2024

RATE 88bpm
B.P. 98/60

PRETEST
STANDING

SP @ 10mm/mV
80ms Post J

LINKED MEDIAL

Mag. X 2

V5

I
0.4
-0.3

aVR
-0.7
-0.7

V1
0.5
-0.5

V4
0.7
0.0

II
0.9
1.5

aVL
0.0
-1.0

V2
0.7
0.0

V5
0.2
-0.1

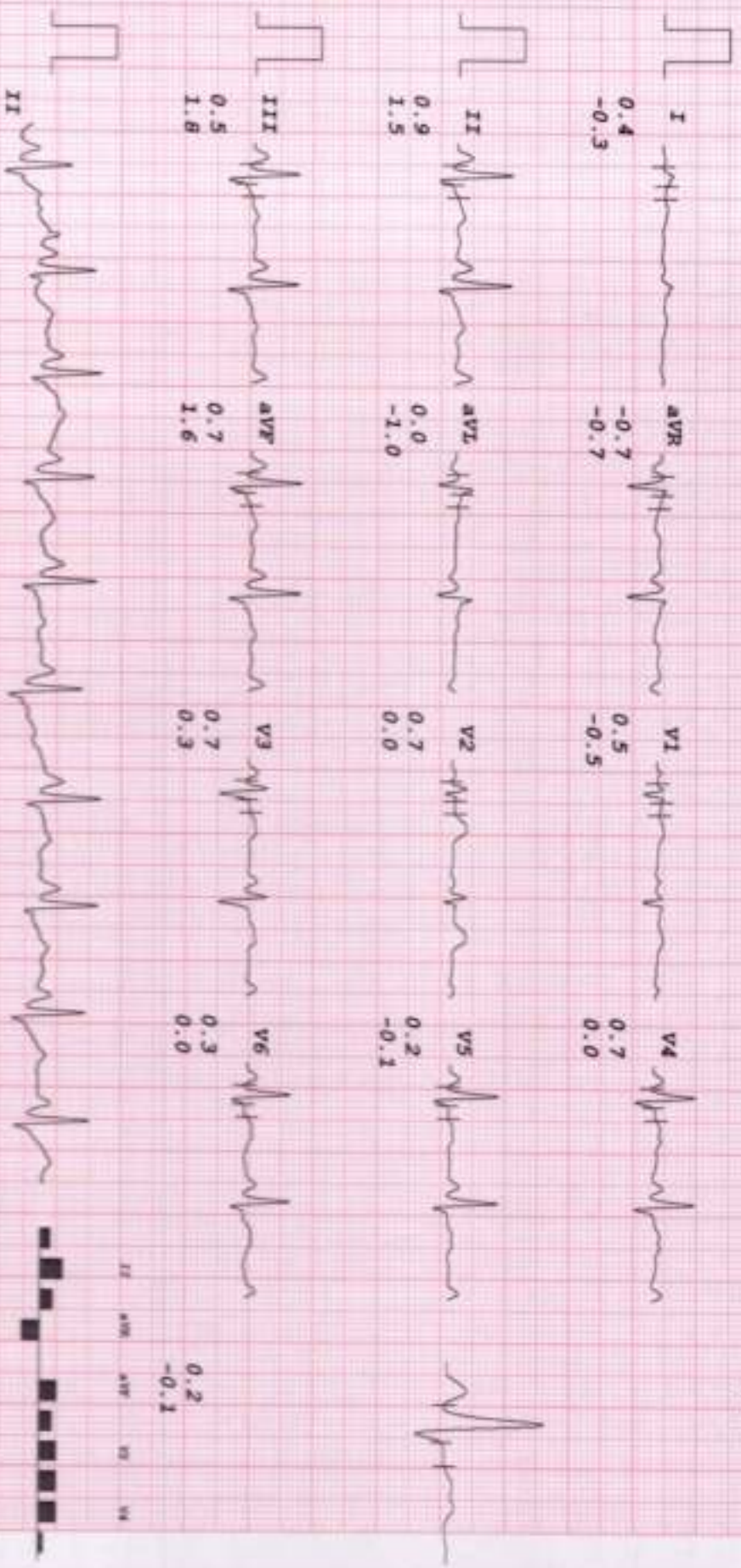
III
0.5
1.6

aVF
0.7
1.6

V3
0.7
0.3

V6
0.3
0.0

0.2
-0.1



HEALTHCARE BORI VALLI

MRS PUJA S. SURRASE
I.D. 781
Age 25/F
Date 24/02/2024

HAWE 141bpm
B.P. 100/60

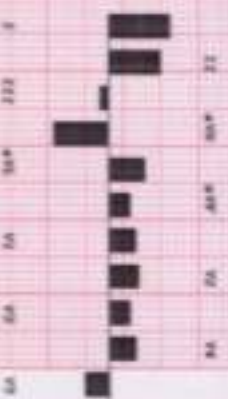
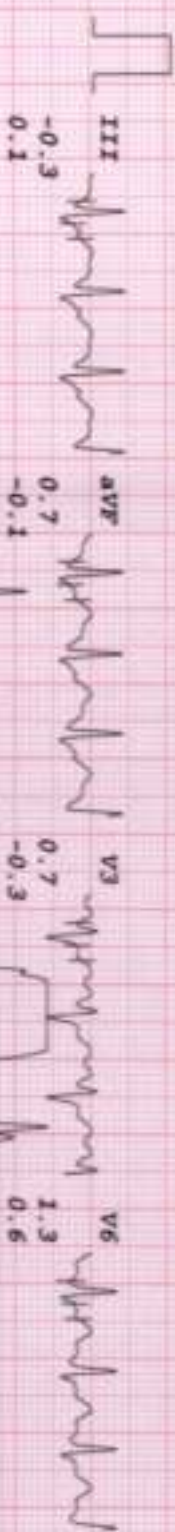
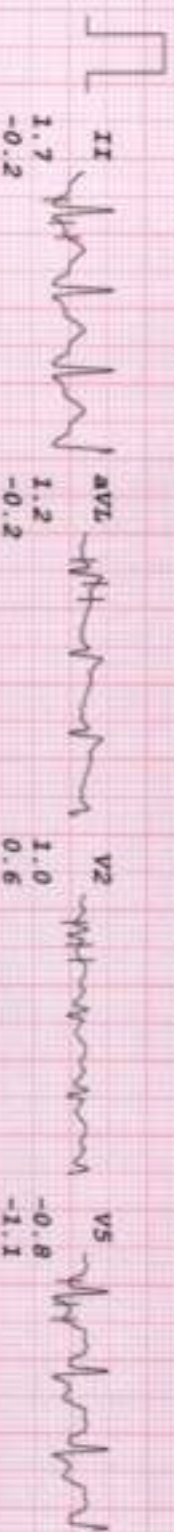
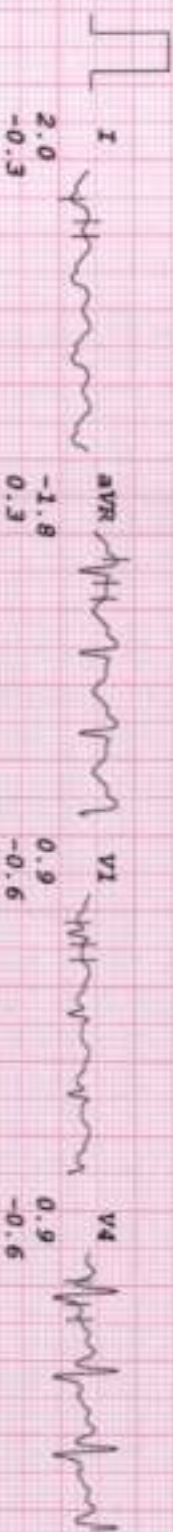
Bruce
Stage 2
TOTAL TIME 5:55
PHASE TIME 2:55

ST @ 10mm/mV
80ms post J
Speed 4 km/hr
SLOPE 12 %

LINKED MEDIAL

Mag. X 2

V5



HEALTHCARE BORIVALLI

MRS PUJA S. SURWASE
I.D. 781
Age 25/F
Date 24/02/2024

Rate 169bpm
B.P. 110/70

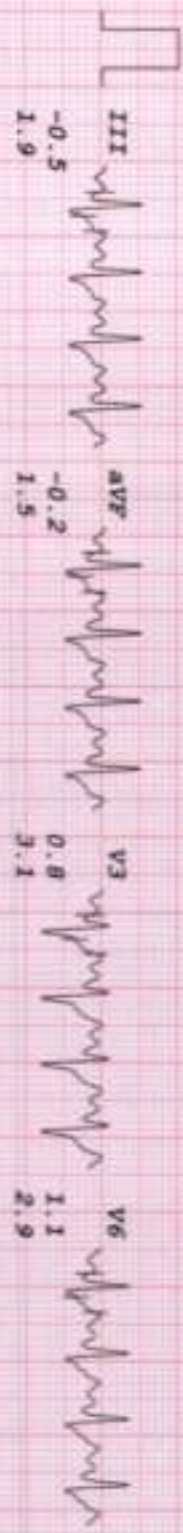
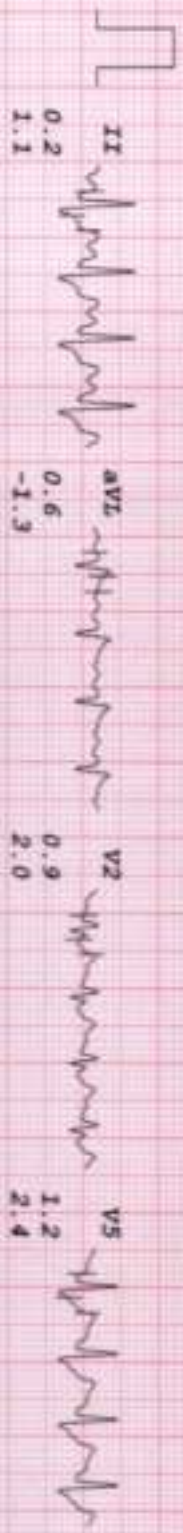
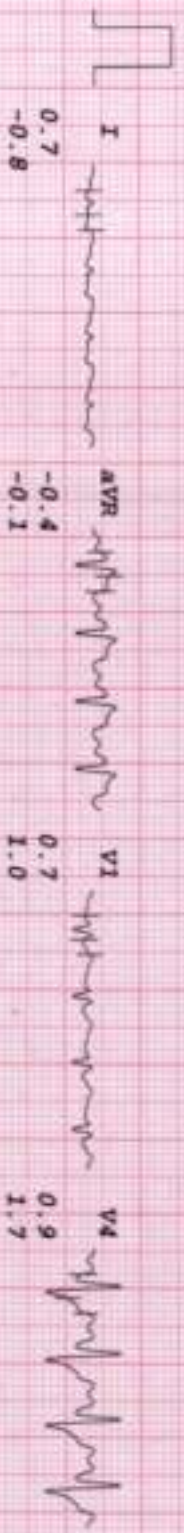
Bruce
PR-EXERCISE
TOTAL TIME 8:24
PHASE TIME 2:24

ST @ 10mm/mV
80ms PostJ
Speed 5.4 km/hr
SLOPE 14 °

LINKED MEDIAL

Mag. X 2

V5



HEALTHCARE BORIVALLI

MRS PUJA S. SURWASE
I.D. 781
Age 25/F
Date 24/02/2024

RATE 97bpm
B.P. 130/70

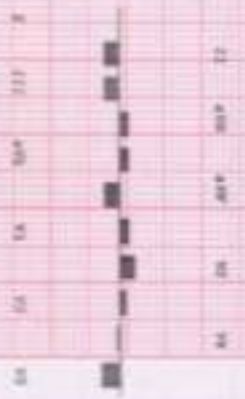
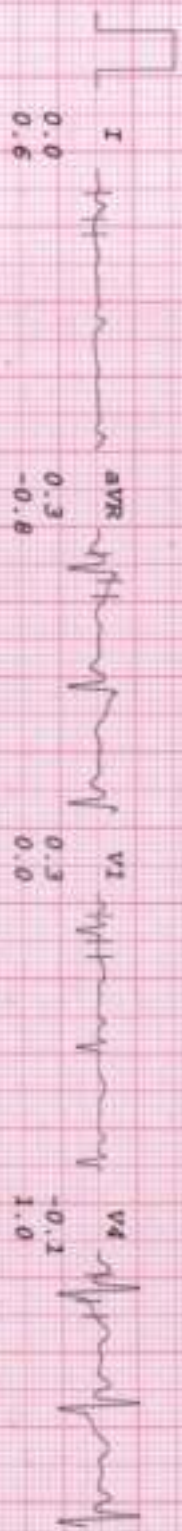
Bruce
RECOVERY
TOTAL TIME 10:35
PHASE TIME 2:03

ST # 10mm/mV
80ms PostJ

LINKED MEDIAL

Mag. X-2

V5



HealthCARE BORIVALLI is a leading provider of diagnostic services. All our services are performed by qualified and experienced staff. For more information, please contact us at 020-2610-1234.

HEALTHCARE BORIVALI

MRS PUJA S. SURWASE
I.D. 781
Age 25/F
Date 24/02/2024

RATE 94bpm
B.P. 120/70

Brute
RECOVERY
TOTAL TIME 11:27
PHASE TIME 2:55

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAL

Mag. X 2

V5

