

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC- 2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052

 **KIMS-KINGSWAY
HOSPITALS**

Name: Mrs. Sukeshini M/Goel Date: 23/12/23

Age: 324 Sex: MF Weight: 54.2 kg Height: 157.1 inc BMI: 21.8

BP: 94/57 mmHg Pulse: 83, SpO₂-99.1 bpm RBS: _____ mg/dl

Lmp - 7/12/23

Mrs. Sukheshini Mool.

32 yr / F

23.12.2023

Imp: a) Skin tags
b) ? Acanthosis nigricans.

R:

① glyco - 6 cream

Apply on underarms
at night

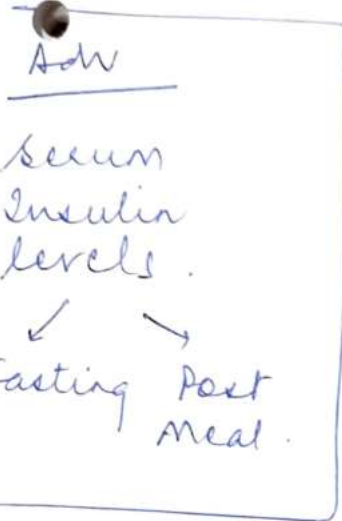
(stop if
burning
sensation)

15 mins . . . 30 mins → wash

↓
moisturizer

② Sunstop gold 55 sunscreen

8am — 11am — 2pm.



AF

Dr. Bejal Chandak
Dr. Bejal Chandak

SPANV Medisearch Lifesciences Private Limited
44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510

R/W Report

DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

SUKESHINI MOOL 32Y(S) 0M(S) 0D(S) F UMR2324031600 7387980417 MARRIED	CONSULT DATE : 23-12-2023 CONSULT ID : OPC2324095048 CONSULT TYPE : VISIT TYPE : NORMAL TRANSACTION TYPE :	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPTHALMOLOGY
--	--	--

VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
-- °F -- /min -- %RA -- /10 -- cms
Weight : BMI :
-- kgs --

CHIEF COMPLAINTS

ROUTINE CHECK UP

MEDICATION PRESCRIBED

#	Medicine	Route	Dose	Frequency	When	Duration
1	HYMOIST EYE DROP 10ML	Eye	1-1-1-1	Every Day ✓	After Food	3 months
		Instructions : --				
		Composition : SODIUM HYALURONATE 0.1% W/V				

NOTES

GLASS PRESCRIPTION :-

DISTANCE VISION

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE	-1.25	00	00	6/6
LEFT EYE	-1.25	00	00	6/6

NEAR ADDITION

RIGHT EYE	00	N6
LEFT EYE	00	N6

REMARK- CONT. OLD GLASS

REVIEW

Follow up Date : 23-06-2024

Ashish Kamble

Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On : 23-12-2023 12:39:45



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. SUKESHINI MOOL	Age / Gender : 32 Y(s)/Female
Bill No/ UMR No : BIL2324064595/UMR2324031600	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Dec-23 09:36 am	Report Date : 23-Dec-23 12:41 pm

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	12.1	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		36.8	36.0 - 46.0 %	Calculated
RBC Count		4.62	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		80	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		26.2	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		32.9	31.5 - 35.0 g/l	Calculated
RDW		16.9	11.5 - 14.0 %	Calculated
Platelet count		194	150 - 450 10 ³ /cumm	Impedance
WBC Count		4500	4000 - 11000 cells/cumm	Impedance
<u>DIFFERENTIAL COUNT</u>				
Neutrophils		57.6	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		35.1	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		3.7	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		3.6	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		2592	2000 - 7000 /cumm	Calculated



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mrs. SUKESHINI MOOL	Age /Gender : 32 Y(s)/Female
Bill No/ UMR No : BIL2324064595/UMR2324031600	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Dec-23 09:36 am	Report Date : 23-Dec-23 12:41 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		1579.5	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		166.5	20 - 500 /cumm	Calculated
Absolute Monocyte Count		162	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
<u>PERIPHERAL SMEAR</u>				
RBC		Microcytosis +(Few), Hypochromia +(Few), Anisocytosis +(Few)		Light microscopy
WBC		As Above		
Platelets		Adequate		
E S R		06	0 - 20 mm/hr	Automated Westergren's Method
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss
 Verified By : : 11100245
 Test results related only to the item tested.
 No part of the report can be reproduced without written permission of the laboratory.

Jaiswal
Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. SUKESHINI MOOL	Age /Gender : 32 Y(s)/Female
Bill No/ UMR No : BIL2324064595/UMR2324031600	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Dec-23 09:35 am	Report Date : 23-Dec-23 12:16 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	90	< 100 mg/dl	GOD/POD,Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HBA1C)				
HbA1c		4.7	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC
COMMENT			In view of S-window of 40.2% in HbA1c graph, advised HPLC to rule out hemoglobinopathy. *** End Of Report ***	

Suggested Clinical Correlation * If neccessary, Please discuss
 Verified By : : 11100245
 Test results related only to the item tested.
 No part of the report can be reproduced without written permission of the laboratory.

Jaiswal

Dr. PURVA JAISWAL, MBBS,MD,DNB
 SPANV Medisearch Lifesciences Private Limited
 44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.
 Phone: +91 0712 6789100
 CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. SUKESHINI MOOL
Age / Gender : 32 Y(s)/Female
Bill No/ UMR No : BIL2324064595/UMR2324031600
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Dec-23 11:50 am
Report Date : 23-Dec-23 01:08 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Post Prandial Plasma Glucose	Plasma	73	< 140 mg/dl	GOD/POD, Colorimetric

Interpretation:

Clinical Decision Value as per ADA Guidelines 2021

Diabetes Mellites If,
Fasting \geq 126 mg/dl
Random/2Hrs. OGTT \geq 200 mg/dl
Impaired Fasting = 100-125 mg/dl
Impaired Glucose Tolerance = 140-199 mg/dl

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100026

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. SUKESHINI MOOL	Age /Gender : 32 Y(s)/Female
Bill No/ UMR No : BIL2324064595/UMR2324031600	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Dec-23 09:36 am	Report Date : 23-Dec-23 12:16 pm

LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	122 < 200 mg/dl	Enzymatic(CHE/CHO/POD)
Triglycerides		49 < 150 mg/dl	Enzymatic
HDL Cholesterol Direct		48 > 50 mg/dl	(Lipase/GK/GPO/POD)
LDL Cholesterol Direct		68.54	Phosphotungstic acid/mgcl-Enzymatic (microslide)
VLDL Cholesterol		10 < 100 mg/dl	Enzymatic
Tot Chol/HDL Ratio		3 < 30 mg/dl	Calculated
		3 - 5	Calculation

<u>Intiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129
Multiple major risk factors conferring 10 yrs CHD risk >20%	>130	10 yrs risk 10-20 % >130
Two or more additional major risk factors, 10 yrs CHD risk <20%	>160	10 yrs risk <10% >160
No additional major risk or one additional major risk factor		>190, optional at 160-189

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100026

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Jaiswal

**Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. SUKESHINI MOOL	Age / Gender : 32 Y(s)/Female
Bill No/ UMR No : BIL2324064595/UMR2324031600	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Dec-23 09:36 am	Report Date : 23-Dec-23 12:16 pm

THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.46	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.11	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		1.21	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100026

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. PURVA JAISWAL, MBBS,MD,DNB

CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. SUKESHINI MOOL	Age /Gender : 32 Y(s)/Female
Bill No/ UMR No : BIL2324064595/UMR2324031600	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Dec-23 09:36 am	Report Date : 23-Dec-23 12:16 pm

Parameter	Specimen	Result Values	Biological Reference	Method
RFT				
Blood Urea	Serum	13	15.0 - 36.0 mg/dl	Urease with indicator dye
Creatinine		0.6	0.52 - 1.04 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		122.2	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		140	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.08	3.5 - 5.1 mmol/L	Direct ion selective electrode
LIVER FUNCTION TEST(LFT)				
Total Bilirubin		0.59	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.05	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.54	0.1 - 1.1 mg/dl	Duel wavelength spectrophotometric
Alkaline Phosphatase		66	38 - 126 U/L	pNPP/AMP buffer
SGPT/ALT		17	13 - 45 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		21	13 - 35 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		6.51	6.3 - 8.2 gm/dl	Biuret (Alkaline cupric sulphate)
Albumin Serum		3.72	3.5 - 5.0 gm/dl	Bromocresol green Dye
Globulin		2.79	2.0 - 4.0 gm/dl	Binding
A/G Ratio		1.3		Calculated

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100026

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Jaiswal

Dr. PURVA JAISWAL, MBBS,MD,DNB
 SPANV Medisearch Lifesciences Private Limited
 CONSULTANT PATHOLOGIST
 44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.
 Phone: +91 0712 6789100
 CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. SUKESHINI MOOL	Age / Gender : 32 Y(s)/Female
Bill No/ UMR No : BIL2324064595/UMR2324031600	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Dec-23 10:25 am	Report Date : 23-Dec-23 12:16 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
URINE MICROSCOPY			
<u>PHYSICAL EXAMINATION</u>			
Volume	Urine	30 ml	
Colour.		Pale yellow	
Appearance		Clear	Clear
<u>CHEMICAL EXAMINATION</u>			
Reaction (pH)	Urine	7	4.6 - 8.0
Specific gravity		1.010	1.005 - 1.025
Urine Protein		Negative	Negative
Sugar		Negative	Negative
Bilirubin		Negative	Negative
Ketone Bodies		Negative	Negative
Nitrate		Negative	Negative
Urobilinogen		Normal	Normal
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells	Urine	0-1	0 - 4 /hpf
R.B.C.		Absent	0 - 4 /hpf
Pus Cells		0-1	0 - 4 /hpf
Casts		Absent	Absent
Crystals		Absent	Absent
USF(URINE SUGAR FASTING)			
Urine Glucose	Urine	Negative	

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss
 Verified By : : 11100499
 Test results related only to the item tested.
 No part of the report can be reproduced without written permission of the laboratory.

Jaiswal

Dr. PURVA JAISWAL, MBBS,MD,DNB
 SPANV Medisearch Lifesciences Private Limited
 44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.
 Phone: +91 0712 6789100
 CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mrs. SUKESHINI MOOL
Age / Gender : 32 Y(s)/Female
I No/ UMR No : BIL2324064595/UMR2324031600
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Dec-23 09:36 am
Report Date : 23-Dec-23 11:58 am

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" O "	Gel Card Method
Antibody (D) Typing.		" Positive "(+Ve)	

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100499

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	SUKESHINI MOOL	STUDY DATE	23-12-2023 10:41:11
AGE/ SEX	32Y / F	HOSPITAL NO.	UMR2324031600
ACCESSION NO.	BIL2324064595-10	MODALITY	DX
REPORTED ON	23-12-2023 13:31	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION:

No pleuro-parenchymal abnormality seen.



DR R.R KHANDELWAL

SENIOR CONSULTANT

MD, RADIODIAGNOSIS [MMC-55870]

PATIENT NAME:	MRS. SUKESHINI MOOL	AGE /SEX:	32 YRS/FEMALE
UMR NO:	2324031600	BILL NO:	2324064595
REF BY	DR. VIMMI GOEL	DATE:	23/12/2023

USG WHOLE ABDOMEN

LIVER is normal in size, shape and shows normal echotexture.
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and calibre.

GALL BLADDER is physiologically distended. No sludge or calculus seen.
Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Uterus is anteverted and normal.
No focal myometrial lesion seen.
Endometrial echo-complex appear normal.
No adnexal mass lesion seen.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION -

No significant abnormality seen.
Suggest clinical correlation / further evaluation.



DR. R.R. KHANDELWAL
SENIOR CONSULTANT
MD RADIO DIAGNOSIS [MMC-55870]

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mrs. Sukeshini, Mool
Patient ID: 031600
Height:
Weight:
Study Date: 23-12-2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 02.04.1991
Age: 32yrs
Gender: Female
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: ..

Medications:

Medical History:

Nil

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:04	0.00	0.00	81	120/80	
	WARM-UP	00:27	1.00	0.00	100		
EXERCISE	STAGE 1	03:00	1.70	10.00	115		
	STAGE 2	03:00	2.50	12.00	139	130/80	
	STAGE 3	00:06	3.40	14.00	148		
RECOVERY		01:00	0.00	0.00	93		
		02:00	0.00	0.00	80	120/80	
		00:39	0.00	0.00			

The patient exercised according to the BRUCE for 6:06 min:s, achieving a work level of Max. METS: 7.20. The resting heart rate of 82 bpm rose to a maximal heart rate of 151 bpm. This value represents 80 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 130/80 mmHg. The exercise test was stopped due to Fatigue.

Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.


Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia at low work load.

Physical deconditioning noted.

To be correlated clinically


Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant-Non Invasive Cardiology
Reg. No.: 2014/01/0113

MRS SUKESHNI MOOL
 Female

32 Years

Rate 84 . Sinus rhythm.....normal P axis, V-rate 50- 99

PR 126
 QRSD 100
 QT 375
 QTC 444

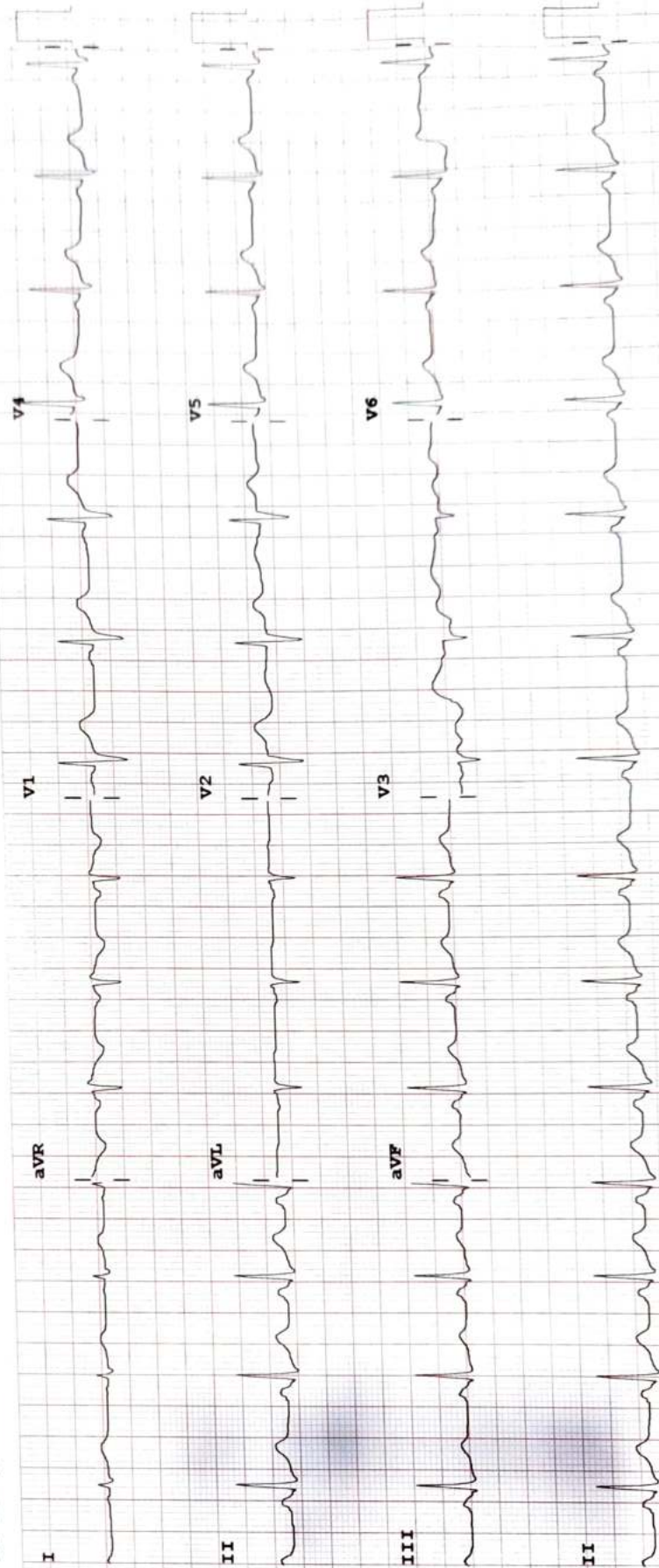
--AXIS--

P 79
 QRS 83
 T 57

12 Lead; Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50~ 0.50-150 Hz W 100B CL?

P?