

Name : Mrs. PANGKHI MAYUR BORTHAKUR (38 /F)
 Address : REHABARI, GUWAHATI, KAMRUP(M), ASSAM, INDIA
 Examined by: Dr .PRABIN KUMAR SAIKIA
 Package : MediWheel Full Body Health Check up-Female below 40Yrs

Date : 26/10/2024
 UHID : AHLG2.0000045700
 AHC No : APHCAH29007



CHIEF COMPLAINTS

MediWheel Full Body Health Check up-Female below 40Yrs



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Adv: Scaling and polishing. Restoration

Gastrointestinal system

Bowel habits - regular

Genitourinary system

- Nil Significant

Central nervous system

Head ache - migranous



Surgical history

Caesarian section - 2020, 2023



Personal history

Marital status - Married
 No. of children - 2
 Female - 1
 Male - 1
 Diet - Non Vegetarian
 Alcohol - does not consume alcohol
 Smoking - No
 Chews tobacco - No
 Physical activity - Mild



Family history

Father - has expired

Aged - 72 yrs
 Cause - cancer
 Mother - alive
 Aged - 74 yrs
 Brothers - 1
 Sisters - 3
 Diabetes - father
 Hypertension - mother
 Coronary artery disease - none
 Cancer - father

PHYSICAL EXAMINATION



General

Height - 154
 Weight - 58
 BMI - 24.46
 Waist circumference - 94
 Hip - 95
 Waist/ Hip ratio - 0.99
 Pallor - No
 Oedema - no
 SpO2 - 99



Head and ENT

Nose - Deviation of septum to right
 Others - Nose: Bilateral HIT+



Cardiovascular system

Heart rate (Per minute) - 72
 Rhythm - Regular
 Systolic(mm of Hg) - 100
 Diastolic(mm of Hg) - 70
 Heart sounds - S1S2+

Respiratory system

Rate of respiration(per minute) - 22
 Breath sounds - Normal vesicular breath sounds

Name : Mrs. PANGKHI MAYUR BORTHAKUR
(38 /F)

UHID : AHLG2.0000045700

Date : 26/10/2024

Package : MediWheel Full Body Health Check up-Female below 40Yrs

AHC No : APHCAH29007

Abdomen

Organomegaly - No
Tenderness - No

Eyes

Eye vision - BE 6/6. N6
Pupil - Normal
Intraocular pressure - 22 mmHg (BE)
Advice for spectacle - No

Gynaec findings

Past surgical history - 2 LSCS
Marital status - married
No of Children - 2
Deliveries - LSCS
Last child birth - 1 Year
Periods - regular
L M P - 17 10 24
Contraception - Tubal Ligation done
Others - NAD
Breast examination - NAD
P/A - Soft, nontender
P/S - Cervix healthy, Vagina healthy
P/V - NAD
Pap smear - Taken

Printed By : HEALTH CHECK REPORT

Name : Mrs. PANGKHI MAYUR BORTHAKUR
(38 /F)

UHID : AHLG2.0000045700

Date : 26/10/2024

Package : MediWheel Full Body Health Check up-Female below 40Yrs

AHC No : APHCAH29007

Executive Summary

- 1. Fatty liver Grade II
- 2. Supraumbilical Hernia (Neck- 9 mm, SAC 19 X 8 mm)
- 3. Subclinical Hypothyroid (TSH 5.35 uIU/mL)
- 4. Normochromic normocytic Anaemia (Hb 11 g/dL)
- 5. Rule out UTI (Nitrite positive)

Wellness Prescription

Advice On Diet :-



Dietician consultation

Advice On Physical Activity :-



Regular exercise

Recommended Follow-up Tests

Test Name	Test Schedule	Repeat Frequency	Remarks
CULTURE AND SENSITIVITY [URINE]	Immediate/Urgent		
HB ELECTROPHORESIS	Immediate/Urgent		

Follow-up and Review Plan



Further Investigation
Fibroscan

Referred to General Surgeon



Scan the QR code in AskApollo App to book your follow-up appointments and investigations

Dr. PRABIN KUMAR SAIKIA

AHC Physician / Consultant Internal Medicine

Printed By : HEALTH CHECK REPORT

Dr. Prabin Kumar Saikia
MD (Gen Medicine), FCGP, FICP, PGDHHM
Registration No.-7523, Assam
Consultant Physician, APHC
Apollo Hospitals Guwahati-781005

Name : Mrs. PANGKHI MAYUR BORTHAKUR
(38 /F)

UHID : AHLG2.0000045700

Date : 26/10/2024

Package : MediWheel Full Body Health Check up-Female below 40Yrs

AHC No : APHCAH29007

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

Name : Mrs. PANGKHI MAYUR BORTHAKUR Age : 38Yr 4Mth 28Days Gender : Female
 UHID : AHLG2.0000045700 / APHCAH29007 W/BNo/RefNo : AHC
 SIN \ LRN : 125770186 \ 125770187 \ 125770191 \ 11211206
 Specimen : Serum
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 26-OCT-2024 10:19:28 AM Received on : 26-OCT-2024 12:15:05 PM Reported on : 26-OCT-2024 02:01:34 PM

MediWheel Full Body Health Check up-Female below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
VLDL CHOLESTEROL - SERUM CALCULATED.	24	Desirable:<30	
AST (SGOT) - SERUM (UV With P5P-IFCC)	27	Healthy Adults:15 - 37	U/L
ALT(SGPT) - SERUM (UV With P5P-IFCC)	51	Healthy Females:14-59 U/L	U/L
PROTEIN, TOTAL - SERUM (Biuret)	7.6	Healthy Adults:6.4-8.3	mg/dl
URIC ACID - SERUM (Modified Uricase)	4.9	Healthy Women:2.6 - 6.0	mg/dL
ALKALINE PHOSPHATASE - SERUM PNPP,AMP Buffer-IFCC	115	Healthy Adults:40-150	U/L
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM (L-gamma-glutamyl-3-carboxy-4-nitranilide)	37	Healthy Women:5 - 55	U/L
BILIRUBIN, TOTAL - SERUM (Modified Doumas Ref. method/Jendrassik & Grof.)	0.4	Healthy Adults:<=1.0	mg/dL
BILIRUBIN CONJUGATED (DIRECT) - SERUM (Jendrassik & Grof)	0.1	Healthy Adults:0.0-0.5	mg/dL
CREATININE - SERUM JAFKE METHOD	0.5 *	Healthy Women: 0.57 - 1.11	mg/dL

CONSULTANTS

DR. T. SARMA, DCP DR. P. GOSWAMI, MD DR. M. SAIKIA, MD(BIOCHEMISTRY) DR. A. VERMA, DCP DR. M. BARMAN, MD
 DR. D.J. LAHON, MD (MICRO) DR. M. SARMA, MD (MICRO) DR. POOJA KESHAN, MD (PATHO) DR. N. MAHANTA, MD (PATHO)

* The results relate to sample tested only. Partial reproduction of reports is prohibited.

Name : Mrs. PANGKHI MAYUR BORTHAKUR Age : 38Yr 4Mth 28Days Gender : Female
 UHID : AHLG2.0000045700 / APHCAH29007 W/BNo/RefNo : AHC
 SIN \ LRN : 125770186 \ 125770187 \ 125770191 \ 11211206
 Specimen : Serum
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 26-OCT-2024 10:19:28 AM Received on : 26-OCT-2024 12:15:05 PM Reported on : 26-OCT-2024 02:01:34 PM

ALBUMIN - SERUM (Brom Cresol Green)	4.1	Healthy Adults:3.5-5.2	g/dL
GLOBULIN-SERUM(Calculated)	3.5	Healthy Adults:1.8 - 3.6	
ALBUMIN:GLOBULIN-SERUM(RATIO)(Calculated)	1 *	0 - 0	
HDL CHOLESTEROL - SERUM / PLASMA (Direct Measurement)	36 *	Low: <40 High: >=60	mg/dL
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	4.7 *	Desirable :< 4.5	
LDL CHOLESTEROL - SERUM(DIRECT LDL) (Homogenous Method)	105 *	Optimal:<100 Near Optimal:100-129 Borderline High:130-159 High:160-189 Very High:>=190	mg/dL
CHOLESTEROL - SERUM (Cholesterol Oxidase)	169	Desirable:<200 Borderline:200 - 240 High Risk:>=240	mg/dL
TRIGLYCERIDES - SERUM (Glycerol Phosphate Oxidase)	122	Normal : <150 Borderline High :150-199 High : 200-499 Very High : >=500	mg/dL

CONSULTANTS

DR. T. SARMA, DCP DR. P. GOSWAMI, MD DR. M. SAIKIA, MD(BIOCHEMISTRY) DR. A. VERMA, DCP DR. M. BARMAN, MD
 DR. D.J. LAHON, MD (MICRO) DR. M. SARMA, MD (MICRO) DR. POOJA KESHAN, MD (PATHO) DR. N. MAHANTA, MD (PATHO)

* The results relate to sample tested only. Partial reproduction of reports is prohibited.



DEPARTMENT OF BIOCHEMISTRY

Name : Mrs. PANGKHI MAYUR BORTHAKUR Age : 38Yr 4Mth 28Days Gender : Female
 UHID : AHLG2.0000045700 / APHCAH29007 W/BN/RefNo : AHC
 SIN \ LRN : 125770186 \ 125770187 \ 125770191 \ 11211206
 Specimen : Serum
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 26-OCT-2024 10:19:28 AM Received on : 26-OCT-2024 12:15:05 PM Reported on : 26-OCT-2024 02:01:34 PM

Test Name	Result	Reference Range	Unit
UREA - SERUM (Enzymatic,Urease-GLDH) (Urease)	25	<50 years:15-40	mg/dL
GLUCOSE -PLASMA (FASTING) Hexokinase	98	Non-Diabetic: <=100 Pre-Diabetic: 100-125 Diabetic: >=126	mg/dL
TOTAL T3: TRI IODOTHYRONINE - SERUM (Eclia)	1.7	Healthy Adults Euthyroid:1.3-3.1	nmol/L
TOTAL T4: THYROXINE - SERUM (Eclia)	103	Healthy Adults Euthyroid: 66-181	nmol/L
TSH: THYROID STIMULATING HORMONE - SERUM (Eclia)	5.35 *	Healthy Adults Euthyroid: 0.270-4.20	uIU/mL
GLUCOSE - PLASMA (POST PRANDIAL) Hexokinase	168 *	Normal: <140 Pre-Diabetic: 140-199 Diabetic :->=200	mg/dL

Report Status:Final

* END OF REPORT *

CHECKED BY 1078452
1078550

First Report Printed On : 27-OCT-2024 11:59:04 AM
Printed On : 27-OCT-2024 11:59:54 AM

Dr. MOUSHUMI SAIKIA,
MBBS,MD
REG NO.14979 AMC
CONSULTANT BIOCHEMIST

CONSULTANTS

- DR. T. SARMA, DCP DR. P. GOSWAMI, MD DR. M. SAIKIA, MD(BIOCHEMISTRY) DR. A. VERMA, DCP DR. M. BARMAN, MD
 DR. D.J. LAHON, MD (MICRO) DR. M. SARMA, MD (MICRO) DR. POOJA KESHAN, MD (PATHO) DR. N. MAHANTA, MD (PATHO)

* The results relate to sample tested only. Partial reproduction of reports is prohibited.

Name : Mrs. PANGKHI MAYUR BORTHAKUR Age : 38Yr 4Mth 28Days Gender : Female
 UHID : AHLG2.0000045700 / APHCAH29007 W/BNo/RefNo : AHC
 SIN \ LRN : 125770188 \ 11211206
 Specimen : Whole blood
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 26-OCT-2024 10:19:28 AM Received on : 26-OCT-2024 12:06:38 PM Reported on : 26-OCT-2024 12:57:05 PM

MediWheel Full Body Health Check up-Female below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD	5.2	GOAL:<6.5% Prediabetic:5.7-6.4%	%
GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD		Diabetic:>6.5% Non-diabetic:<5.7%	
		Uncontrolled-diabetics>8%	
Mean Plasma Glucose (MPG) Estimate:	102.5400		mg/dL

Report Status:Final

* END OF REPORT *

CHECKED BY 1078450
155038

First Report Printed On : 27-OCT-2024 11:59:17 AM
Printed On : 27-OCT-2024 12:00:42 PM

Dr.Pooja Keshan MBBS,MD
Reg No 21460 AMC

Name : Mrs. PANGKHI MAYUR BORTHAKUR Age : 38Yr 4Mth 28Days Gender : Female
 UHID : AHLG2.0000045700 / APHCAH29007 W/BNo/RefNo : AHC
 SIN \LRN : 125770185 \ 125770184 \ 11211206
 Specimen : Urine
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 26-OCT-2024 10:19:28 AM Received on : 26-OCT-2024 01:12:48 PM Reported on : 26-OCT-2024 01:18:26 PM

MediWheel Full Body Health Check up-Female below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
URINE- BENCE JONES PROTEINS	Negative	Negative	
URINE SUGAR	Nil		
URINE ROUTINE (CUE)			
Color,:	Pale yellow	Pale Yellow/amber	
Transparency:	Clear	Clear	
Specific Gravity(Strip Method)	1.015 *	1.016 - 1.026	
pH(Strip Method+ Ph Paper)	5.5	4.6 - 8	
Glucose:(Benedicts+Strip Method)	Nil	Negative	
Protein :(Strip+Heat Method)	Trace	Negative	
DEPOSITS:(Microscopy)			
RBC	Not seen	Upto 3 Cells/hpf	
WBC/Pus Cells	4-6/HPF	Upto to 5 Cells/hpf	
Squamous epithelial cells	+	Up to 20	
Casts:(Microscopy)	Not Detected	Absent	/lpf
Crystals:	Not Detected	Absent	/lpf
Nitrite	Positive	Negative	
HEMOGRAM(CBC+ESR+RECTIC+PS)			
Hemoglobin	11.0 *	12.0 - 15.0	g/dl
Haematocrit	36.6	34.0 - 48.0	%
RBC COUNT	4.30	3.8 - 4.8	Million/ul
MCV	85.1	82.0 - 92.0	fl
MCH	25.6 *	26.0 - 32.0	pg
MCHC	30.1 *	31.0 - 36.0	g/dl
RDW-CV	17.2 *	11.6 - 14	%

Name : Mrs. PANGKHI MAYUR BORTHAKUR Age : 38Yr 4Mth 28Days Gender : Female
 UHID : AHLG2.0000045700 / APHCAH29007 W/BNo/RefNo : AHC
 SIN \LRN : 125770185 \ 125770184 \ 11211206
 Specimen : Urine
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 26-OCT-2024 10:19:28 AM Received on : 26-OCT-2024 01:12:48 PM Reported on : 26-OCT-2024 01:18:26 PM

RETICULOCYTE COUNT	5.14 *	Healthy Adult :-0.5-2.5%	%
Platelet Count	138 *	150 - 400	10 ³ /mm ³
TLC/WBC Count	7.96	4.0 - 11.0	10 ³ /mm ³
ERYTHROCYTE SEDIMENTATION RATE (ESR)	28 *	0 - 20	mm/1st hr
Differential Count			
Neutrophils	68.1	40 - 70	%
Lymphocytes	25.4	20 - 40	%
Eosinophils	3.9	1 - 6	%
Monocytes	1.8 *	2 - 10	%
Basophils	0.8	0 - 2	%
PERIPHERAL SMEAR			
RBC:	Normocytic & normochromic		
WBC:	Total and Differential counts are within normal limits		
Platelets:	Adequate on the smear		
Hemoparasites	No hemoparasites		
PACKED CELL VOLUME [PCV]	36.6	36 - 46	%
Report Status:Final			

* END OF REPORT *

CHECKED BY : 1078438

Pooja Keshan

Printed On : 27-OCT-2024 12:00:57 PM

Dr.Pooja Keshan MBBS,MD
Reg No 21460 AMC

Page 2 of 2
CONSULTANTS

DR. T. SARMA, DCP DR. P. GOSWAMI, MD DR. M. SAIKIA, MD(BIOCHEMISTRY) DR. A. VERMA, DCP DR. M. BARMAN, MD
 DR. D.J. LAHON, MD (MICRO) DR. M. SARMA, MD (MICRO) DR. POOJA KESHAN, MD (PATHO) DR. N. MAHANTA, MD (PATHO)

* The results relate to sample tested only. Partial reproduction of reports is prohibited.

Patient Name: Mrs. PANGKHI MAYUR BORTHAKUR

Age: 38 Yr Sex: Female

Doctor Name: DR. PRABIN KUMAR SAIKIA

125770190/ 11211206 APHCAH29007

TEST NAME

RESULT

BLOOD GROUPING AND TYPING

ABO Group:


"B"

Rh (D) Type:

POSITIVE



Date : 25/10/2024


CONSULTANTS
DR. DEEPA BHUYAN
MOIC, BLOOD BANK

* The results relate to sample tested only. Partial reproduction of reports is prohibited.

DEPARTMENT OF RADIOLOGY & IMAGING

Division of Colour Doppler & Ultrasonography

Patient ID:	AHLG2.0000045700	Patient Name:	PANGKHI MAYUR BORTHAKUR
Age:	38 Years	Sex:	F
Accession Number:	17002.124283714	Modality:	DX
Study Date:	26-Oct-2024	Study:	X-RAY CHEST PA
Referring Physician:	Prabin Kumar Saikia		

CHEST PA VIEW

- No active parenchymal lesion is seen in the lung fields.
- Hilar shadows are normal.
- Cardiac size is normal.
- Hemidiaphragms are normal. CP angles are normal.
- Bony thorax is intact.

Meghali

Dr. Meghali Gohain, MD
Consultant Radiology

Date: 26-Oct-2024 17:15:16

APOLLO
HOSPITALS
GUWAHATI
TOUCHING LIVES

Patient ID:	0000045700	Patient Name:	PANGKHI MAYUR BORTHAKUR
Age:	38	Sex:	F
Accession Number:		Modality:	US
Study Date:	26-Oct-2024	Study:	W/ABD
Referring Physician:	DR P K SAIKIA		

USG OF WHOLE ABDOMEN

LIVER

The liver is normal in size with increased parenchymal echotexture. No focal lesion is seen. The intrahepatic portal and hepatic venous system are normal. The intrahepatic bile ducts are not dilated.

GALL BLADDER

The gall bladder is normally distended and shows smooth contour. There is no obvious echoreflexive calculus in the gall-bladder. GB wall thickness is within normal limit.

CBD

The CBD is normal in course and calibre. No obvious luminal pathology in visualized portion.

SPLEEN

The spleen is normal in size and echotexture. No focal lesion is noted.

PANCREAS

The pancreas is normal in size and echotexture. No focal lesion is seen. Pancreatic duct is not dilated.

KIDNEYS

Both the kidneys are normal in size, shape, position and echotexture. Cortico-medullary differentiation is maintained. No evidence of calculi or calyceal dilatation on either side. Ureters are not dilated.

Right kidney measures – 100 mm Left kidney measures – 110 mm

URINARY BLADDER

The urinary bladder is normal in capacity and contour. The wall is not thickened. No intraluminal calculus or mass is seen.

UTERUS

The uterus is normal in size and is anteverted in position. The midline endometrial echo is normal. The myometrium shows homogenous echotexture. No focal myometrial lesion is seen. Cervix appears normal. Uterus measures about 87 x 50 x 34 mm.

ADNEXAE

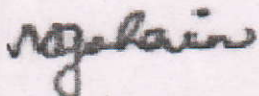
Both the ovaries are normal in size and echoanatomy. There is no evidence of any abnormal solid or cystic lesion in the ovaries.

No ascites is seen.

There is a supraumbilical hernia containing mesenteric fat. The neck of the hernia measures 9 mm. hernial sac measures 19 x 8 mm.

Impression: Grade II hepatic steatosis.

Supraumbilical hernia.



Dr. Meghali Gohain, MD
Consultant Radiology

Date: 26-Oct-2024 13:08:37

APOLLO HOSPITALS GHY
RG BARUAH ROAD
GUWAHATI

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: MRS. MAYUR PANGKHI, BORTHAKUR DOB: 28.05.1986
Patient ID: 77836 Age: 38yrs
Height: Gender: Female
Weight: Race: Indian

Study Date: 26.10.2024 Referring Physician: --
Test Type: -- Attending Physician: --
Protocol: BRUCE Technician: --

Medications:

--

Medical History:

--

Reason for Exercise Test:

--

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:59	0.00	0.00	81	120/80	
	STANDING	00:11	0.00	0.00	93		
	HYPERV.	00:01	0.00	0.00	91		
	WARM-UP	00:09	1.60	0.00	72		
EXERCISE	STAGE 1	03:00	2.70	10.00	122	120/80	
	STAGE 2	03:00	4.00	12.00	150	130/80	
	STAGE 3	01:04	5.50	14.00	173	140/80	
RECOVERY		03:05	0.00	0.00	102	120/80	

The patient exercised according to the BRUCE for 7:04 min:s, achieving a work level of Max. METS: 10.20. The resting heart rate of 69 bpm rose to a maximal heart rate of 173 bpm. This value represents 95 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 140/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Overall impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA.

Physician **DR. MOHITREYEE BARUAH** Technician
MBBS, PGDCC
Jr. Consultant Cardiologist
Apollo Hospitals, Guwahati
Unit: International Hospital

Patient Details : Mrs. PANGKHI MAYUR BORTHAKUR | Female | 38Yr 4Mth 28Days

UHID : AHLG2.0000045700 **Patient Location:** AHC

Patient Identifier: APHCAH29007 

DRN : 100206910 **Completed on :** 26-OCT-2024 09:37

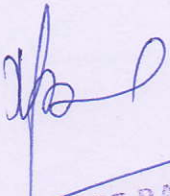
Ref Doctor : Dr. Prabin Kumar Saikia

ECG

IMPRESSION .:

POOR R WAVE PROGRESSION V1 - V3

--- END OF THE REPORT ---


DR. MOTIYEE BARUAN
MBBS, PGDCC
Jr. Consultant Cardiologist
Apollo Hospitals, Guwahati
Unit: International Hospital