



Patient Name : Mr.RAHUL RAWAT	Collected : 19/Jul/2024 11:36AM <i>Expertise. Empowering you.</i>
Age/Gender : 33 Y 10 M 25 D/M	Received : 19/Jul/2024 12:24PM
UHID/MR No : CAOP.0000000810	Reported : 19/Jul/2024 03:08PM
Visit ID : CAOPPV1019	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : adhar card - 301997052059	

**DEPARTMENT OF HAEMATOLOGY**

**PERIPHERAL SMEAR , WHOLE BLOOD EDTA**

RBCs	Show mild anisocytosis, are predominantly Normocytic Normochromic .
WBCs	Normal in number and morphology Differential count is within normal limits
Platelets	Adequate in number, verified on smear
	No Hemoparasites seen in smears examined.
Impression	Normal peripheral smear study
Advice	Clinical correlation




Dr. Shivangi Chauhan  
M.B.B.S., M.D (Pathology)  
Consultant Pathologist

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**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>HEMOGRAM , WHOLE BLOOD EDTA</b>				
<b>HAEMOGLOBIN</b>	<b>12.8</b>	g/dL	13-17	Spectrophotometer
PCV	<b>38.30</b>	%	40-50	Electronic pulse & Calculation
RBC COUNT	<b>3.77</b>	Million/cu.mm	4.5-5.5	Electrical Impedence
MCV	<b>102</b>	fL	83-101	Calculated
MCH	<b>34</b>	pg	27-32	Calculated
MCHC	33.5	g/dL	31.5-34.5	Calculated
R.D.W	<b>16.2</b>	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	9,500	cells/cu.mm	4000-10000	Electrical Impedence
<b>DIFFERENTIAL LEUCOCYtic COUNT (DLC)</b>				
NEUTROPHILS	65	%	40-80	Electrical Impedence
LYMPHOCYTES	30	%	20-40	Electrical Impedence
EOSINOPHILS	02	%	1-6	Electrical Impedence
MONOCYTES	03	%	2-10	Electrical Impedence
BASOPHILS	00	%	<1-2	Electrical Impedence
<b>ABSOLUTE LEUCOCYTE COUNT</b>				
NEUTROPHILS	6175	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2850	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	190	Cells/cu.mm	20-500	Calculated
MONOCYTES	285	Cells/cu.mm	200-1000	Calculated
Neutrophil lymphocyte ratio (NLR)	2.17		0.78- 3.53	Calculated
<b>PLATELET COUNT</b>	190000	cells/cu.mm	150000-410000	Electrical impedence
<b>ERYTHROCYTE SEDIMENTATION RATE (ESR)</b>	<b>25</b>	mm at the end of 1 hour	0-15	Modified Westergren
<b>PERIPHERAL SMEAR</b>				



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UHID/MR No : CAOP.0000000810	Reported : 19/Jul/2024 04:32PM
Visit ID : CAOPOPV1019	Status : Final Report
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**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA</b>				
BLOOD GROUP TYPE	A			Gel agglutination
Rh TYPE	POSITIVE			Gel agglutination




**Dr. Shivangi Chauhan**  
**M.B.B.S, M.D (Pathology)**  
**Consultant Pathologist**

**Apollo Health and Lifestyle Limited**

SIN No: BED240189278  
 Lab Address  
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Patient Name : Mr.RAHUL RAWAT	Collected : 19/Jul/2024 11:37AM <i>Expertise. Empowering you.</i>
Age/Gender : 33 Y 10 M 25 D/M	Received : 19/Jul/2024 04:36PM
UHID/MR No : CAOP.000000810	Reported : 19/Jul/2024 04:57PM
Visit ID : CAOPPV1019	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : adhar card - 301997052059	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	98	mg/dL	70-100	GOD - POD

**Comment:**

**As per American Diabetes Guidelines, 2023**

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia


**Note:**

- 1.The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	120	mg/dL	70-140	GOD - POD

**Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other. Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

  
**Dr. Shivangi Chauhan**  
 M.B.B.S.,M.D(Pathology)  
 Consultant Pathologist



Patient Name : Mr.RAHUL RAWAT	Collected : 19/Jul/2024 11:36AM <i>Expertise. Empowering you.</i>
Age/Gender : 33 Y 10 M 25 D/M	Received : 19/Jul/2024 03:21PM
UHID/MR No : CAOP.000000810	Reported : 19/Jul/2024 04:16PM
Visit ID : CAOPPV1019	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>ALANINE AMINOTRANSFERASE (ALT/SGPT) , SERUM</b>	<b>65</b>	U/L	4-44	JSCC

**Comment:**

ALT elevations are noted in liver parenchymal diseases, leading to injury / destruction of hepatocytes.

ALT levels are seen to be elevated even before the signs and symptoms of the liver injury appear.

The ALT levels remain high longer in blood as compared to AST levels. And though both the enzymes increase in liver injury, the rise in ALT is more compared to AST, thus also altering the ALT:AST ratio.

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>BILIRUBIN, TOTAL , SERUM</b>	0.50	mg/dL	0.1-1.2	Azobilirubin

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>BUN/CREATININE RATIO , SERUM</b>				
BLOOD UREA NITROGEN	11.8	mg/dL	8.0 - 23.0	Calculated
CREATININE	0.56	mg/dL	0.5-1.04	Creatinine amidohydrolase
BUN / CREATININE RATIO	21.11			Calculated

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>CREATININE , SERUM</b>	<b>0.56</b>	mg/dL	0.6-1.1	ENZYMATIC METHOD



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Patient Name : Mr.RAHUL RAWAT	Collected : 19/Jul/2024 11:36AM <i>Expertise. Empowering you.</i>
Age/Gender : 33 Y 10 M 25 D/M	Received : 19/Jul/2024 12:39PM
UHID/MR No : CAOP.000000810	Reported : 19/Jul/2024 01:38PM
Visit ID : CAOPOPV1019	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : adhar card - 301997052059	

**DEPARTMENT OF CLINICAL PATHOLOGY**

**ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>COMPLETE URINE EXAMINATION (CUE) , URINE</b>				
<b>PHYSICAL EXAMINATION</b>				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Physical measurement
pH	6.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.020		1.002-1.030	Dipstick
<b>BIOCHEMICAL EXAMINATION</b>				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
NITRITE	NEGATIVE		NEGATIVE	Griess reaction
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Diazonium salt
<b>CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY</b>				
PUS CELLS	1-2	/hpf	0-5	Microscopy
EPITHELIAL CELLS	3-4	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

**Comment:**

All urine samples are checked for adequacy and suitability before examination. Microscopy findings are reported as an average of 10 high power fields.

\*\*\* End Of Report \*\*\*

Page 6 of 6



Dr. Shivangi Chauhan  
M.B.B.S., M.D (Pathology)  
Consultant Pathologist



**Apollo Health and Lifestyle Limited**

SIN No: UR2389764

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Hyderabad, Telangana State 500038

Email ID: [customer.care@apollodiagnosics.in](mailto:customer.care@apollodiagnosics.in)

T: 040 44442424



<b>Patient Name</b>	: Mr. Rahul Rawat	<b>Age/Gender</b>	: 33 Y/M
<b>UHID/MR No.</b>	: CAOP.0000000810	<b>OP Visit No</b>	: CAOPOPV1019
<b>Sample Collected on</b>	:	<b>Reported on</b>	: 19-07-2024 16:24
<b>LRN#</b>	: RAD2382776	<b>Specimen</b>	:
<b>Ref Doctor</b>	: SELF		
<b>Emp/Auth/TPA ID</b>	: adhar card - 301997052059		

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**DEPARTMENT OF RADIOLOGY**

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**X-RAY CHEST PA**

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .



Both diaphragms are normal in position and contour .


Thoracic wall and soft tissues appear normal.

**CONCLUSION :**

No obvious abnormality seen


**Dr. SEEMA PRAJAPATI**  
**MBBS MD Radio**  
Radiology

 भारत सरकार  आधार

 राहुल रावत  
Rahul Rawat  
जन्म तिथि/DOB: 25/08/1990  
पुरुष/ MALE

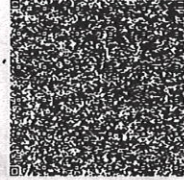
**3019 9705 2059**  
VID : 9128 0327 8574 6708


मेरा आधार, मेरी पहचान

 भारतीय विशिष्ट पहचान प्राधिकरण  AADHAAR

पता:  
द्वारा: जसवंत सिंह, एच न-डी-7/57, दयालपुर,  
मुस्तफाबाद, उत्तर पूर्वी दिल्ली,  
दिल्ली - 110094

Address :  
C/O: Jaswant Singh, H No-D-7/57,  
Dayalpur, Mustafabad, North East Delhi,  
Delhi - 110094



 1947 |  [help@uidai.gov.in](mailto:help@uidai.gov.in) |  [www.uidai.gov.in](http://www.uidai.gov.in)



MR- Rahul Rawat  
Age- 33y/m

Height : 166cm	Weight : 75kg	BMI : 27.2	Waist Circum :
Temp :	Pulse : 93/mf	Resp : 18/mf	B.P : 120/80

General Examination / Allergies  
History

P. history - No.

Sx history - No

Family history - No

Married

Allergy - No.

Addiction - Smoking  
Alcohol

Diet - Mixed

Physical  
activity - Moderate.

Clinical Diagnosis & Management Plan <sup>OP-2 - 987.</sup>

Pt came for general physical checkup.

OK - CVS } MHO  
CNS } MHO

PIB - Soft, NT.

No fresh complaints

Adv

- Maintain healthy  
lifestyle



APOLLO HEALTH AND LIFESTYLE LTD.  
APOLLO ONE  
Plot No. 3, Block No. 34, Metro Pillar No. 77  
Pusa Road, WEA Karol Bagh  
New Delhi-110005

Follow up date:

Doctor Signature

**Eye Checkup**

**NAME:-** MR Rahul Rawat

**Age:-** 33

**Date:** 19/7/24

**SELF / CORPORATE:-**

	Right Eye	Left Eye
Distant Vision	6/6	6/6
Near vision	6/6	6/6
Color vision	6/6	6/6
Fundus examination		
Intraocular pressure		
Slit lamp exam		

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**Apollo One** (Unit of Apollo Health and Lifestyle Ltd )  
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New Delhi - 110005. Contact Number 011- 40393610 / Helpline No: 1860 500 7788  
Emergency: 1066 / Email: ApolloOnePusaRoad@apolloclinic.com

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Ameerpet, Hyderabad-500038, U85110TG2000PLC115819

www.apolloclinic.com



ID: 000000810

19-07-2024 10:50:10 AM

ARROW CE

MR RAHUL RAWAT

Male 33Years

Req. No. :

HR : 70 bpm

P : 76 ms

PR : 117 ms

QRS : 90 ms

QT/QTcBz : 358/388 ms

PQRS/T : -23/22/16 °

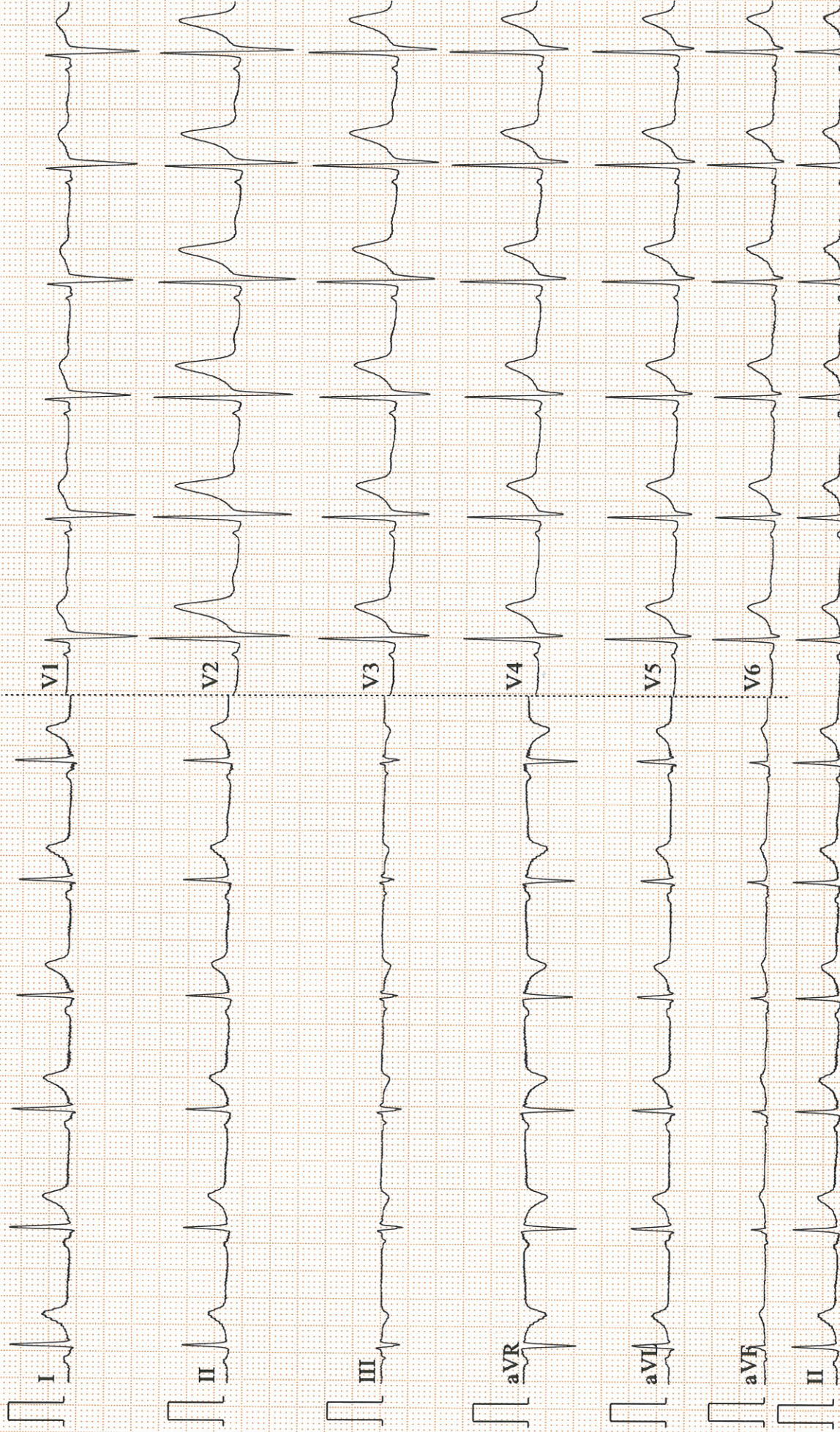
RV5/SV1 : 1.346/1.167 mV

Diagnosis Information:

Sinus Rhythm

Short PR Interval

Report Confirmed by:





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UHID	: CAOP.0000000810	OP Visit No	: CAOPOPV1019
Reported By:	: Dr. RAJNI SHARMA	Conducted Date	: 19-07-2024 14:32
Referred By	: SELF		

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### **ECG REPORT**

#### **Observation :-**

1. Normal Sinus Rhythm.
2. Heart rate is 70beats per minutes.
3. No pathological Q wave or S-T,T changes seen.
4. Normal P,Q,R,S,T waves and axis.
5. No evidence of chamber, hypertrophy or enlargement see

#### **Impression:**

NORMAL RESTING ECG.

----- END OF THE REPORT -----



Dr. RAJNI SHARMA



**Mediwheel**  
...Your wellness partner

**Arcofemi Healthcare Pvt Ltd**

(Formerly known as Arcofemi Healthcare Ltd)

F-701A, Lado Sarai, Mehrauli, New Delhi - 110030

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Tel: +91-11-41195959, Fax: +91-11-29523020

CIN: U24240DL2011PTC216307

**MEDICAL FITNESS CERTIFICATE**

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **Mr. Rahul Rawat** aged, **33yr**. Based on the examination, I certify that he is in good dental and physical health and it is free from any physical defects such as deafness, colour blindness, and any chronic or contagious diseases.

Place: **New Delhi**

Date: **19/07/2024**

*Dr. Nitesh Kumar*  
MBBS  
*Nitesh Kumar*  
1310241093

Name & Signature of

Medical officer