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- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR JONWAL SURENDRA KUMAR  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE      **Age** : 42 Years  
**Collected At** : THAKUR VILLAGE MAIN BRANCH

**Lab No.** : LBA6149 \*LBA6149\*  
**Reg. Date** : 24-Feb-2024 9:04 am  
**Report Date** : 25-Feb-2024 11:57 am  
**Print Date** : 28-Feb-2024 11:52 am

## BIOCHEMISTRY

TEST	RESULT		NORMAL VALUES
Blood Urea Nitrogen (BUN)	13.90		5 - 20 mg/dl
CREATININE	0.97	mg/dl	0.7 - 1.3 mg/dl
Serum Uric Acid	6.80	mg%	Male 3.5 - 7.2 mg%
Age of the Patient	42		
eGFR	90.21	ml/min	

eGFR calculation based on MDRD guideline 2012

More than 90 ml / min / 1.73 Sqm - Normal eGFR

60-89 ml / min / 1.73 Sqm - Mild decrease in eGFR is common in 30% healthy adults .

Suggest reapt testing in 6 to 12 months.

Exclude kidney disease in those at high risk (Diabetes & Hypertension

30-59 ml / min / 1.73 Sqm - consistent with modrate chronic kidney disease if confirmed over three month .

Consider nephrology referral if progressive deterioration of more than 20 % for Egfr or creatinine.

15 - 29 ml / min / 1.73 Sqm - Consistent with severe chronic kidney disease . Consider nephrology referral

----- End of Report -----

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DR. BHAVINI KAMDAR  
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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## BLOOD GROUP

TEST	RESULT
Blood Group	'A'
Rh Factor	Positive

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**Sex** : MALE **Age** : 42 Years  
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**Lab No.** : LBA6149 \*LBA6149\*  
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**Report Date** : 25-Feb-2024 12:42 pm  
**Print Date** : 28-Feb-2024 11:52 am

## BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	110	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: $\geq$ 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	128.4	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: $\geq$ 200 (on more than one occasion)
URINE SUGAR (Fasting)	Absent		
URINE SUGAR (Post prandial)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

**Comment:**

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

----- End of Report -----

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**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE **Age** : 42 Years  
**Collected At** : THAKUR VILLAGE MAIN BRANCH

**Lab No.** : LBA6149 \*LBA6149\*  
**Reg. Date** : 24-Feb-2024 9:04 am  
**Report Date** : 24-Feb-2024 5:36 pm  
**Print Date** : 28-Feb-2024 11:52 am

## COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	13.2	gm %	Male : 13 - 17.0 gm%
Erythrocytes ( Total RBCs)	4.25	mill. / cmm	Male : 4.2 - 5.8mill. / cmm
PCV	41.1	%	Male : 37 - 51 %
MCV	<b>96.60</b>	fl	80- 96 fl
MCH	31.00	pg	27 - 32 pg
MCHC	32.10	gm%	32 - 37 gm%
RDW	13.7	%	12 - 14.5
<u>TOTAL WBC COUNT</u>			
TOTAL WBC COUNT	6260	/ cumm	4,000 - 11,000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	65	%	40 - 75
Lymphocytes	30	%	20 - 40
Eosinophils	03	%	0 - 6
Monocytes	02	%	2 - 8
Platelet count	212000	Lacs/cmm	150000-450000
<u>PERIPHERAL SMEAR</u>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	10	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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## GLYCOSYLATED HAEMOGLOBIN (HbA1c)

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5.5	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	111.15		
METHOD : NEPHELOMETRY			

### DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%  
 Impaired glucose tolerance: 5.8% to 6.4%  
 Diabetes: 6.5% or more

### CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less  
 Fair control: 7.0% to 8.0%  
 Poor control: More than 8.0%

### Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

----- End of Report -----

\* RECHECKED & CONFIRMED

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## LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	197	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	195.1	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	50	mg / dl	35.3 - 79.5 mg / dl
VLDL	39.02	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	107.98	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	3.94		< 5
LDL / HDL	2.16		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.  
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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## LIVER FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	1.24	mg / dl	0 - 1.0 mg / dl
Bilirubin Direct	0.57	mg / dl	0 - 0.4 mg / dl
Bilirubin Indirect	0.67	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	40.70	U / L	Up to 45 U / L
S.G.O.T.	37.90	U / L	Up to 46 U / L
Alkaline Phosphatase	123.00	U/l	1 - 12 Years: 54 - 369 U/l 20 - 59 Years: 53 - 128 U/l > 60 Years: 56 - 119 U/l
Total Proteins	7.37	gm / dl	6.4 - 8.3 gm / dl
Albumin	3.92	gm / dl	3.5 - 5.2 gm / dl
Globulin	3.45	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.14		1.0- 2.3
GGT	103.1	IU/L	55 IU/L

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- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR JONWAL SURENDRA KUMAR  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE **Age** : 42 Years  
**Collected At** : THAKUR VILLAGE MAIN BRANCH

**Lab No.** : LBA6149 \*LBA6149\*  
**Reg. Date** : 24-Feb-2024 9:04 am  
**Report Date** : 25-Feb-2024 11:19 am  
**Print Date** : 28-Feb-2024 11:52 am

## PSA

TEST	RESULT	UNITS	NORMAL VALUES
Prostate Specific Antigen	0.571	ng/ml	< = 4.03 ng/ml
Method	CLIA		

Interpretation :

PSA exists in serum mainly in two forms, complexed to alpha- 1 -anti-chymotrypsin and unbound (free PSA). Increases in prostatic glandular size and tissue damage caused by benign prostatic hypertrophy, prostatitis, or prostate cancer may increase circulating PSA levels. Transient increase in PSA can also be seen following per rectal digital or sonological examinations.

----- End of Report -----

Printed By : SHARMILA

Checked By  
JAY

DR. BHAVINI KAMDAR  
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

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**HEALTHCARE**

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**Patient's Name : MR JONWAL SURENDRA KUMAR**  
**Referred By Dr : MEDIWHEEL**  
**Sex : MALE Age : 42 Years**  
**Collected At : THAKUR VILLAGE MAIN BRANCH**

**Lab No. : LBA6149 \*LBA6149\***  
**Reg. Date : 24-Feb-2024 9:04 am**  
**Report Date : 24-Feb-2024 9:39 pm**  
**Print Date : 28-Feb-2024 11:52 am**

**T3 T4 TSH**

TEST	RESULT	UNITS	NORMAL VALUES
T3 [ Tri - iodothyronine ]	155.395	ng/dl	91.14 - 237.61 ng/dl
T4 [ Thyroxine ]	6.594	ug/dl	4.71 - 13.20 ug/dl
TSH [Thyroid Stimulating Hormone]	1.506	uIU/mL	0.3 - 4.3 uIU/mL

METHOD: CLIA

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.
- 4.Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens,Estrogens. O C Pills,Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

----- End of Report -----

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**Sex** : MALE **Age** : 42 Years  
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**Lab No.** : LBA6149 \*LBA6149\*  
**Reg. Date** : 24-Feb-2024 9:04 am  
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## URINE ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Quantity	15 ml
Colour	Pale yellow
Appearance	clear
Deposit	Absent
pH	Acidic (5.0)
Specific Gravity	1.010
<u>CHEMICAL EXAMINATION</u>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u>	
Red Blood Cells	Absent
Pus Cells	Occasional /hpf
Epithelial Cells	Occasional /hpf
Casts	Not seen
Crystals	Not seen /hpf
Yeast	Not seen
Bacteria	Absent

----- End of Report -----

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Health Check up Booking Request(bobE8455), Beneficiary Code-100845

3 messages

Wed, Feb 7, 2024 at 4:03 PM

Mediwheel <wellness@mediwheel.in>  
To: healthcare.medicals@gmail.com  
Cc: customercare@mediwheel.in



011-41195959

Dear Healthcare Medical Centre and Diagnostic

We have received a booking request for the details are following. Please provide your confirmation by clicking on the yes button.

Are you sure to confirm the booking? Yes No

Name : MR. JONWAL SURENDRA KUMAR

Package Name : Mediwheel Full Body Health Checkup Male Above 40

Package Code : PKG10000476

Location : SHOP NO.44/49, EMP 71, OPP. RAHEJA REFLECTIONS BLDG., 120 FEET ROAD,THAKUR VILLAGE, EVERSHINE MILLENNIUM PARADISE, KANDIVALI EAST -400101

Contact Details : 8107939680

E-mail id : surendrajonwal2020@gmail.com

Booking Date : 07-02-2024

Appointment Date : 24-02-2024

Member Information		
Booked Member Name	Age	Gender
MR. JONWAL SURENDRA KUMAR	42 year	Male

Please login to your account to confirm the same. Also you mail us for confirmation

Hospital Package Name : Mediwheel Full Body Health Checkup Male Above 40

User Package Name : Mediwheel Full Body Health Checkup Male Above 40

- 22 Tests included in this Package :
- Stool Test
  - Thyroid Profile
  - ESR
  - Blood Glucose (Fasting)
  - General Physician Consultation
  - TMT OR 2D ECHO
  - Blood Group
  - Blood Glucose (Post Prandial)
  - Chest X-ray
  - ECG
  - USG Whole Abdomen
  - Eye Check-up consultation
  - Urine Sugar Fasting
  - Urine Sugar PP
  - Dental Consultation
  - Urine analysis
  - CBC
  - HbA1c



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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME		MR SURENDRA JONWAL		DATE	24/02/2024
HEIGHT: 174CM		WEIGHT : 91.8 KG		AGE	42YEARS
REFERRED BY	MEDIWHEEL			SEX	MALE
PRESENT COMPLAINT: NIL					
CURRENT MEDICATION: NIL					
PAST HISTORY : NIL					
ALLERGY: NIL		APPETITE : GOOD		HABITS : ALOCOHOLTWICE A WEEK	
BLADDER: NONE		BOWEL: NONE			
FAMILY HISTORY :- FATHER-DM MOTHER - NIL					
<b>GENERAL EXAMINATION:</b>			<b>ADVICE-</b>		
P: 80/MIN BP: 130/70 MMHG			Tab LIV 52 H		
PALLOR: NIL ICTERUS: NIL			1 - 0 - 0		
OEDEMA: NIL OTHERS: NAD			x 2 months		
RS: NAD CNS : NAD			Eat for enjoyment		
PA : SOFT, NAD					
INVESTIGATION :					

**Dr. NUPUR RAI**  
 MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
 Reg. No.: 2016115643

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## DENTAL CHECK UP

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NAME: Mrs *Susandha Jomwal* AGE: *42* (27/11)

CHIEF COMPLAINT:- *NIL*

PAST DENTAL HISTORY:- *Root canal in lower 2nd and 3rd molar and upper 2nd molar*

MEDICAL HISTORY:- *NIL*

HABITS:- *Alcohol twice a week*

ORAL EXAMINATION:- *Yours healthy  
Tongue clean.*

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## EYE CHECK UP & COLOUR VISION

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NAME: <i>Shreenda Jorwal</i>		DATE: <i>24/12/14</i>	
REF. BY: <i>Medicureal</i>	AGE: <i>22</i>	SEX: <i>M</i>	

	RIGHT EYE	LEFT EYE
CORNEA	<i>Normal</i>	<i>Normal</i>
PUPIL	<i>Normal</i>	<i>Normal</i>
SCLERA	<i>Normal</i>	<i>Normal</i>
EYE MOVEMENTS	<i>Normal</i>	<i>Normal</i>
REFRACTIVE ERROR	<i>Normal</i>	<i>Normal</i>
COLOUR VISION	<i>Normal</i>	<i>Normal</i>

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Thakur Village, Vashi (E), Mumbai - 101.  
**DR SIGNATURE**  
Mob.: 89288 41541 / 2685 1471

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- VASAI NALLSOPARA (E)** A/4, JAI VIJAY GREEN CHS. BLDG. NO. 2, JAI VIJAY NAGAR, 1833 ACHOLE, LINK ROAD, VASAI - NALLASOPARA (E), THANE - 401209 • MOB.: 8591601677 / 8591922640

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DATE 24/2/24

TO,

Mediowheel

This is regarding your client Miss/Mrs./Mr. Jenwad

Sumanika Proposal number

Visited to our centre at 24/2/24 for her/his proposed tests.

All tests are done as scheduled except

Pending/skipped tests: Stool

Reason: Mediowheel not willing

We are canceling / will reschedule it as per her/his convenience.

Thank you.

Client's sign

**Dr. NUPUR RAI**  
MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No.: 2018115643

Medical Examiner

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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

NAME	MR JONWAL SURENDRA KUMAR	DATE	24.02.24
INVESTIGATION	2 D ECHO	AGE	42 YRS
REF. BY DR	MEDIWHEEL	SEX	MALE

## 2D-ECHOCARDIOGRAPHY & DOPPLER REPORT.

No diastolic dysfunction by PWD seen  
 No left ventricular hypertrophy seen.  
 No regional wall motion abnormality seen at rest at present.  
 All cardiac valves appear normal in structure.  
 No significant stenosis nor regurgitation of the valves seen.  
 RA and RV are normal in size.  
 LA and LV are normal in size.  
 No evidence of intracardiac clot or vegetation.  
 IAS / IVS: no defect visualized.  
 TAPSE and MAPSE measured to 17 mm and 16 mm respectively  
 Visual LVEF of 65 %.  
 PASP by TR jet measured to 22 mm hg  
 No evidence of pericardial effusion.

### M-MODE MEASUREMENT:

LEFT VENTRICULAR	
IVSd	09 mm
IVSs	15 mm
LVIDd	46 mm
LVIDs	30 mm
LVPWd	09 mm
LVPWs	12 mm
EDV (Teich)	84 ml
ESV (Teich)	20 ml
EF (Teich)	65 %
SV (Teich)	64 ml
% FS	33 %

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INVESTIGATION	2 D ECHO	AGE	42 YRS
REF. BY DR	MEDIWHEEL	SEX	MALE

MITRAL VALVE	
DE	16 mm
EF (slope)	90
EPSS	01 mm

AORTA	
AO	36 mm
LA	34mm
AVO	15

**DOPPLER STUDY:**

PWD left ventricular inflow shows E / A.

Mitral velocity: 0.7 m/s

Tricuspid velocity: 0.8 m/s

Aortic velocity: 0.8 m/s

Pulmonary velocity: 0.8 m/s

DR. P. BHATJIWALE, M.D.

Cert. in 2 D Echo & Doppler Studies

Note: 2 D Echo has a poor sensitivity in cases of angina pectoris and does not rule out CAD.

ADV: Please correlate clinically. CAG/ Further cardiac evaluation if clinically indicated. TDI for further diastolic evaluation



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NAME	MR JONWAL SURENDRA	DATE	24.02.2024
		AGE	42 YRS
REF. BY DR.	MEDIWHEEL	SEX	FEMALE

## X-RAY CHEST (PAVIEW).

The lungs on the either side show equal translucency.

The pleural spaces are normal.

The cardiac size is normal.


The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

### **IMPRESSION :**

**NO EVIDENCE OF PLEURAL OR PARENCHYMAL PATHOLOGY IS NOTED.**

**Correlate clinically .**

  
**DR. SACHIN JADKAR**  
 (Consultant Radiologist)

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly



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- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



# ELECTROCARDIOGRAM (ECG)

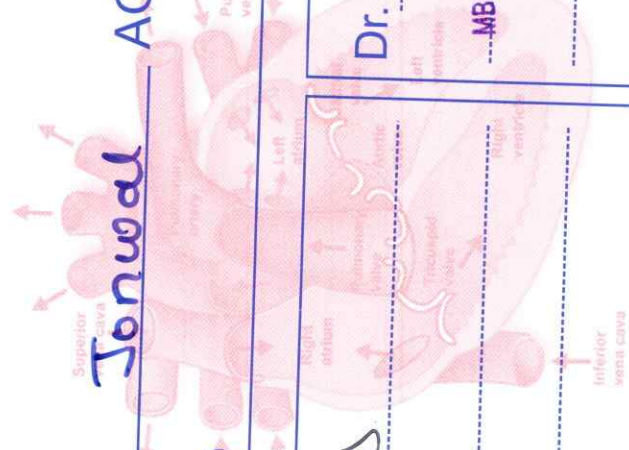
MR JONWAL SURENDRA KUMI  
ELBA6149 24-Feb-2024



ECG

PATIENT Mr. Surendra Jonwal AGE: 42yrs SEX Male

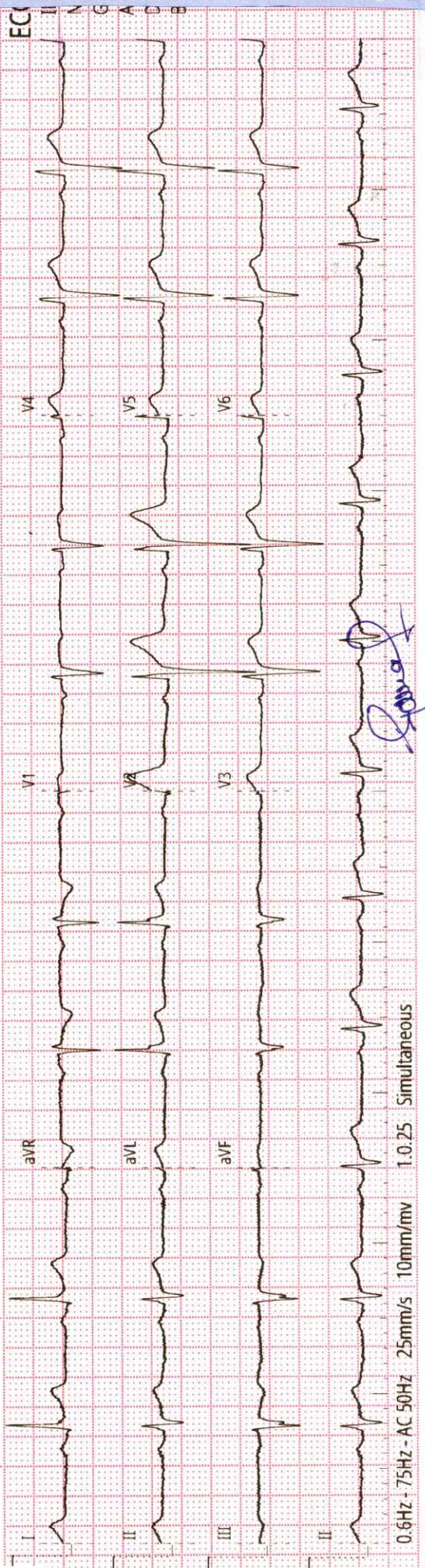
REF. BY DR. Mediwheel DATE 24/02/24



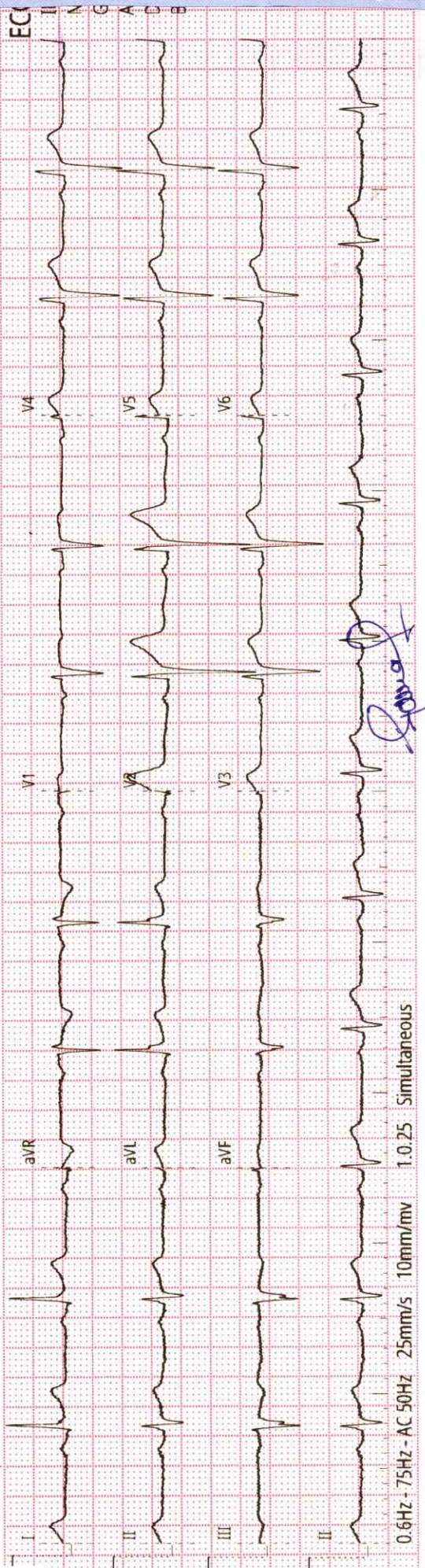
INTERPRETATION : LAS

Dr. [Signature]  
**Dr. NUPUR RAI**  
MBBS, DIPLOMA CARDIOLOGY (DCCO)  
Reg. No.: 2018115643

**HEALTHCARE**  
**MEDICAL CENTRE & DIAGNOSTICS**  
Shop No.78, Venus CHS, Evershine  
Millennium No.15 / Phase-4, Gyrat-Tw Gardens,  
Thakur Villages, Kandivali (E), Mumbai - 401.  
Mob.: 89288 41541 / 2655 7171







History : .....

B.P. : .....

Drugs : .....

Standard : .....

Auricular Rate : 70 bpm

Ventricular Rate : 70 bpm

Rhythm : NS

Mechanism : NS

Voltage : .....

Axis : LAD

P Waves : LAD

PR Interval : LAD

Q. Waves : LAD

QRS Interval : LAD

ST Segment : LAD

T. Waves : LAD

QT Interval : LAD

Extra Systoles : LAD

REMARKS & CONCLUSIONS : LAD