

Name : Mr. RANJITH RAJ ANBALAGAN (34 /M)

Date : 10/02/2024

Address : PLOT NO 30 VISWAS NAGAR, TRICHY, TIRUCHIRAPPALLI, TAMIL NADU, INDIA

Examined by:

UHID : AT01.0000170573

Package : MEDIWHEEL WHOLE BODY HEALTH CHECK MALE BELOW 40YRS

AHC No : TRYMH56241



CHIEF COMPLAINTS

For general health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Thyroid
disorder, Heart disease,
Stroke, Asthma, COPD,
Cancer, Impaired Glycemia



DRUG ALLERGY

NO KNOWN ALLERGY

:10/02/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Central nervous system

- Nil Significant

Eyes

- Nil Significant

ENT

- Nil Significant

Musculoskeletal system

Spine and joints

- Nil Significant

Skin

- Nil Significant

General symptoms

- Nil Significant

Mind Health screening

Emotional Wellness
Assessment (PHQ9)
Score - 0
Depression Level -
None-Minimal

Anxiety Assessment
(GAD7) Score - 0
Anxiety Level - No to
Low risk level

Sleep Assessment

Sleep Score:0-2
Risk Level:
Low risk of Obstructive
sleep apnea



Past medical history

Do you have any - Yes
allergies?
Allergies - dust
Do you have any drug - No
allergies?
Covid 19 - No



Surgical history

Surgical history - Nil

Immunization history

- Covid Dose1,Covid Dose2

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Personal history

Marital status - Married
No. of children - 1
Male - 1
Occupation - Professional
Profession - corporate employed
Diet - Mixed Diet
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild

Family history

Father - alive
Mother - alive
Brothers - 1
Diabetes - father,mother
Coronary artery disease - father
Cancer - None
Thyroid/other endocrine disorder - mother

PHYSICAL EXAMINATION

General

General appearance - normal
Build - moderate
Height - 172
Weight - 77.50
BMI - 26.2
Pallor - No
Oedema - no
SpO2 - 98%

Cardiovascular system

Heart rate (Per minute) - 78
Rhythm - Regular
Systolic(mm of Hg) - 120
Diastolic(mm of Hg) - 80
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Organomegaly - No
Tenderness - No

Printed By : Sankar S

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URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.030 *		●	1.016 - 1.026
Colour:	Pale Straw			
Transparency:	Clear			
pH	5.5 *		●	4.6 -8.0
Protein :	Nil			Negative
Sugar:	Nil			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal	E.U./dL		
RBC	Nil	/hpf		0-5
Pus Cells	2-4 /h.p.f			
Epithelial Cells	1-2 /h.p.f			0-5 /HPF
Reaction:	Acidic			
Blood:	Absent			

CBC

Test Name	Result	Unit	Level	Range
Hemoglobin	14.4	gm%	●	13.0-18.0
Packed cell volume(Calculated)	43.4	%	●	40-54
WBC Count	6.53	10 ⁹ /m ³	●	4-11
Platelet Count	256	10 ⁹ /m ³	●	150-450
ESR	02	mm/hr	●	0-15
Neutrophils	62	%	●	40-80
Lymphocytes	27	%	●	20-40
Eosinophils	05	%	●	01-06
Monocytes	06	%	●	2-10

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group	A			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST WITH GGTP

Test Name	Result	Unit	Level	Range
ALT(SGPT)	21	U/L	●	Adult Male : < 45
Globulin - Serum: (Calculated)	2.7	g/dL	●	Adult (2.0 - 3.5)
Alkaline Phosphatase - Serum	75	U/L	●	ADULT(MALE) < 129 ADULT(FEMALE) < 104
AST (SGOT)	28	U/L	●	Adult Male: <35
Bilirubin, Total - Serum	0.5	mg/dL		

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	182	mg/dL	●	Adult Desirable: <200 Borderline High: 200 - 239 High: >=240

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
Creatinine - Serum	1.1	mg/dL	●	Male: 0.9 - 1.3

LIVER FUNCTION TEST WITH GGTP

Test Name	Result	Unit	Level	Range
GGTP: Gamma Glutamyl Transpeptidase	45	U/L	●	Male: < 55

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Serum / Plasma (Fasting)	114 *	mg/dL	●	70 - 100

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Serum / Plasma (Post Prandial)	119	mg/dL	●	< 140

● Within Normal Range ● Borderline High/Low ● Out of Range

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GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.1	%	●	4 - 6 % (NGSP)

Total Cholesterol / HDL Cholesterol Ratio (Calculated) 6.7 * ● < 4.5

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL Cholesterol	27 *	mg/dL	●	Low: <40 High: >=60
LDL Cholesterol (Direct LDL)	117	mg/dL	●	Optimal: <100 Near/above optimal: 100 - 129 Borderline High: 130 - 159 High: 160 - 189 Very High: >=190

TOTAL T3 T4 TSH

Test Name	Result	Unit	Level	Range
TSH: Thyroid Stimulating Hormone	4.0	µIU/mL	●	Adults(21 - 54 Years): 0.5 - 5.0

UREA - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
Urea	20	mg/dL	●	Adult: 13 - 43

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
Uric Acid - Serum	8.2 *	mg/dL	●	Adult Male: 3.5 - 7.2

LIVER FUNCTION TEST WITH GGTP

Test Name	Result	Unit	Level	Range
Protein Total - Serum	7.0	g/dL	●	>2 Year: 6.0 - 8.0
Albumin - Serum	4.3	g/dL	●	Adult(20 - 60 Yr): 3.5 - 5.2

LIVER FUNCTION TEST WITH GGTP

Test Name	Result	Unit	Level	Range
Bilirubin Conjugated - Serum	0.2	mg/dL	●	0.0-0.2
Bilirubin Unconjugated - Serum (Calculated)	0.3	mg/dL	●	0.0-1.0

TOTAL T3 T4 TSH

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	91	ng/dL	●	Adults(20-50 Yrs Male): 70 - 204
TOTAL T4: THYROXINE - SERUM	6.4	µg/dL	●	Adults(15-60 Yrs Male): 4.6 - 10.5

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.1	mg/dL	●	Adult : 6 - 20

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES/HDL CHOLESTROL	6.2			

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	168 *	mg/dL	●	Normal: <150 High: 150 - 199 Hypertriglyceridemic: 200 - 499 Very High: >=500

2D-ECHO WITH COLOUR DOPPLER

NO REGIONAL WALL MOTION ABNORMALITY
LEFT VENTRICLE NORMAL IN SIZE
NORMAL LEFT VENTRICULAR FUNCTION
NO LV CLOT
TRIVIAL MITRAL REGURGITATION
TRIVIAL TRICUSPID REGURGITATION
NO PULMONARY ARTERY HYPERTENSION
NO PERICARDIAL EFFUSION
IAS/IVS INTACT

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ULTRASOUND - WHOLE ABDOMEN

IMPRESSION:

- Grade I fatty liver.

Suggested Clinical Correlation and Further Evaluation.

Reported by DR. ZAKIR HUSSIAN MDRD.,

Please note that this report is a radiological professional opinion. It has to be correlated clinically and interpreted along with other investigations.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA



Within Normal Range



Borderline High/Low



Out of Range

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

3

ACCEPTABLE SCORE

4

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515