

MER- MEDICAL EXAMINATION REPORT

Date of Examination	10/08/24		
NAME	NEHA SARKAR		
AGE	27	Gender	F.
HEIGHT(cm)	145	WEIGHT (kg)	53 Bmi - 25.2
B.P.	102/64		
EKG	normal		
X Ray	normal		
Vision Checkup	—		
Present Ailments	none		
Details of Past ailments (If Any)	no		
Comments / Advice : She /He is Physically Fit	medicines fit		




 Dr. Smita Rastogi
 M.B.B.S. D.C.P.
 Signature with Stamp of Medical Examiner
 Reg. No. 37370


 An Aadhaar card for Neha Shukla. It features a portrait photo on the left and a smaller photo on the right. The text on the card includes:

- नाम / Name: नेहा शुकला
- जन्म तिथि / DOB: 15/04/1996
- लिंग / Gender: महिला / Female
- UID Number: 8171 4750 0234
- Slogan: मेरा आधार, मेरी पहचान




 A second Aadhaar card for Neha Shukla, featuring a QR code on the right side. The text on the card includes:

- नाम / Name: नेहा शुकला
- जन्म तिथि / DOB: 15/04/1996
- लिंग / Gender: महिला / Female
- UID Number: 8171 4750 0234
- Address: C/O Aditya Shukla, 2/30 Sector D, Mansarovar, Yashwantrao Chavan Road, Park No. 8, Near Transport Nagar, C.A Colony, Lucknow, Uttar Pradesh, 226012
- Contact: 1247, help@uidai.gov.in, www.uidai.gov.in

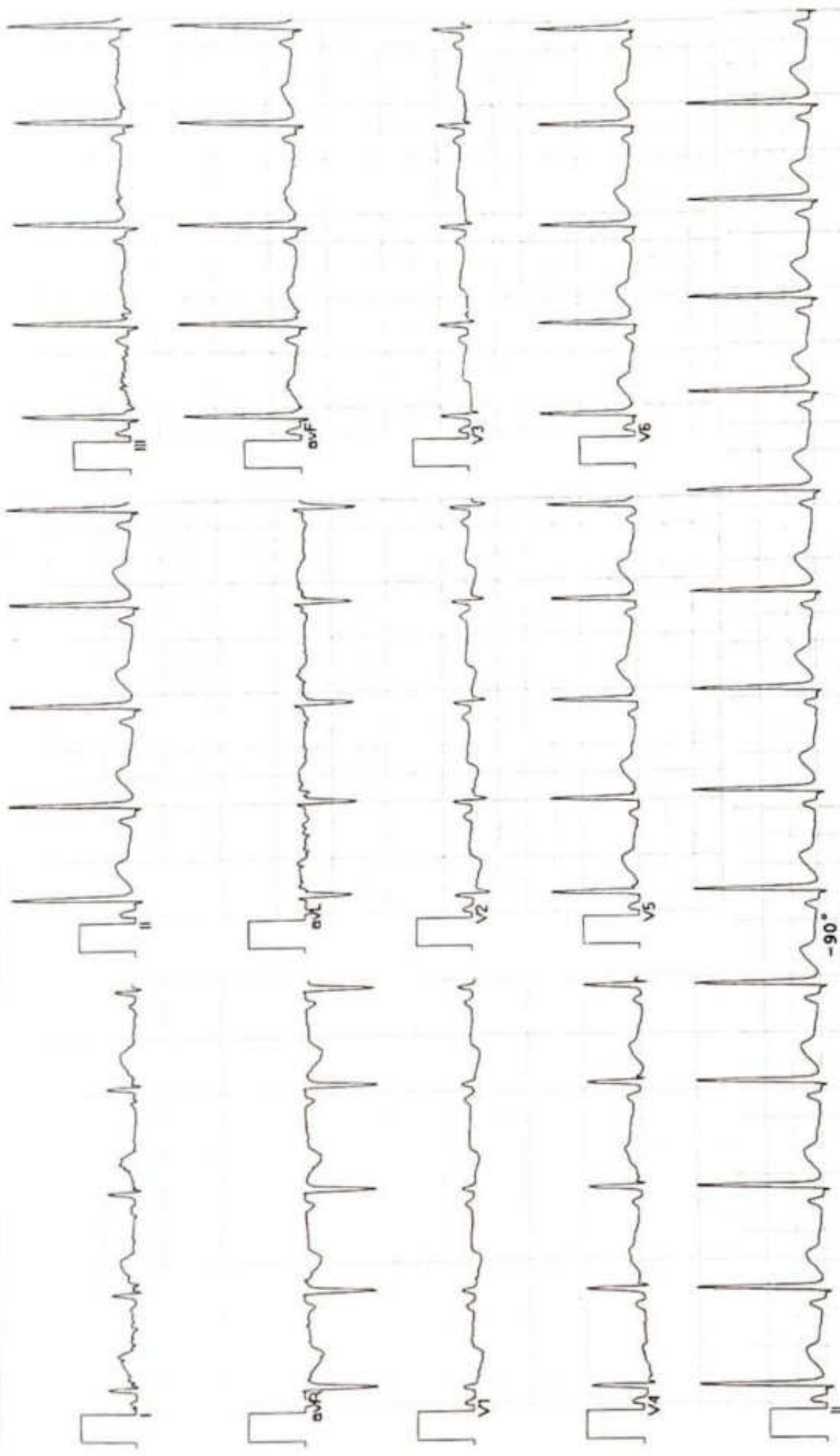
Neha Shukla

You have been informed that, ophthalmology, dental consultation or dietician consultation facility is not available at our centre. If you are ready then your test can be started.

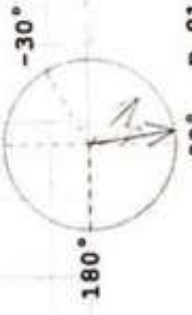
2D echo test facility is not available at our centre, instead we do TMT test.

Neha Shukla G
Neha Shukla G





Vent Rate : 85 bpm
 PR Interval : 120 ms
 QRS Duration: 78 ms
 QT/QTc Int : 342/384 ms
 P-QRS-T axis: 73.00 • 81.00 • 47.00



Normal ECG

Neelam Shukla

Dr. *Arjun Mohan* MD
 Reg. No. 44559

Axis
 90° R 81° T 47° P 73°



MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



CLINIC :
1/4A, Vineet Khand, (Opp Jaipuria Management)
Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323233
Mob.: 7618884441, 9450389932, 8177068888



TEST REQUEST ID :012408100023	SAMPLE DATE	:10/Aug/2024 10:11AM
NAME :Mrs. NEHA SHUKLA	SAMPLE REC. DATE	:10/Aug/2024 10:11AM
AGE/SEX :27 YRS/FEMALE	REPORTED DATE	:10/Aug/2024 10:42AM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01100023

USG WHOLE ABDOMEN-FEMALE

Liver: is normal in size (125 mm). Parenchymal echogenicity is normal. No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

Gall Bladder: is well distended. Lumen is anechoic. Wall is of normal thickness.

CBD: is normal in diameter. Portal vein is normal in diameter.

Pancreas: is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

Spleen: is normal in size (80 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

Right Kidney: is normal in size 98x36 mm, shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst, or calculi is seen. Pelvicalyceal systems are not dilated. Ureter is not dilated.

Left Kidney: is normal in size 97x44 mm, shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst, or calculi is seen. Pelvicalyceal systems are not dilated. Ureter is not dilated.



Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

DR. PANKAJ UPADHYAYA
Consultant Radiologist

Dr. Smita Rastogi
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

SAMPLE COLLECTION FACILITY AVAILABLE

Report needs clinicopathological correlation ♦ Not for Medico Legal Purpose

Print Date/Time: 10/08/2024 10:42 AM

e-mail : mpdcgn@gmail.com ♦ For online reports - www.modernpath.in

Checked By: Ashish Singh

Page 1 of 2

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Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)

CLINIC :

1/4A, Vineet Khand, (Opp Jaipuria Management)
Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 811232323
Mob.: 7618884441, 9450389932, 817708884



TEST REQUEST ID :012408100023

NAME	:Mrs. NEHA SHUKLA	SAMPLE DATE	:10/Aug/2024 10:11AM
AGE/SEX	:27 YRS/FEMALE	SAMPLE REC. DATE	:10/Aug/2024 10:11AM
REFERRED BY	: Apollo Health and Lifestyle Limited,	REPORTED DATE	:10/Aug/2024 10:42AM
		BARCODE NO	:01100023

Urinary bladder: is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.

Uterus: is normal in size (34x49x78 mms), shape and echotexture. It is anteverted. Myometrium is homogenous. No focal mass is seen. Endometrial thickness is normal 6.6 mm. Cervix appears normal in size, shape and echotexture. No evidence of collection in cervical canal.

Bilateral Ovaries and adnexae: Both ovaries are normal in size , shape and echotexture. No adnexal solid or cystic mass lesion is seen.

Both iliac fossae are clear. No obvious bowel pathology is noted. There is no free fluid in peritoneal cavity.

OPINION:

- NORMAL STUDY.

*** End Of Report ***



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Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



TEST REQUEST ID :012408100023	SAMPLE DATE	:10/Aug/2024 10:11AM
NAME :Mrs. NEHA SHUKLA	SAMPLE REC. DATE	:10/Aug/2024 10:11AM
AGE/SEX :27 YRS/FEMALE	REPORTED DATE	:10/Aug/2024 10:46AM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01100023

XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

Please correlate clinically.

*** End Of Report ***



Anjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

Surbhi
Dr.Surbhi
MBBS,MD (Radiodiagnosis)

Dr. Smita Rastogi
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

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Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877

Date	: 10-Aug-2024		
Name	: Mrs. NEHA SHUKLA	Age	: 27 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Female
Haemoglobin	13.4	gm%	11 - 14
Total Leucocyte Count	8700	Cells/cumm.	4000-11000
Differential Leucocyte Count			
Polymorphs	53	%	45 - 70
Lymphocytes	38	%	20 - 45
Eosinophils	04	%	0 - 6
Monocytes	05	%	0 - 8
Basophils	00	%	0 - 1
Erythrocyte Sedimentation Rate (Wintrobe)			
- ESR	14	mm in 1st Hr.	0 - 19
- PCV	42.5	cc%	40 - 52
Corrected ESR	04	mm in 1st Hr.	0 - 19
Platelet Count	1.96	lakh/cumm.	1.5 - 4.0
Red Cells Count	4.57	million/cmm	3.90 to 4.60
Absolute values			
MCV	84.4	fL	77 - 97
MCH	26.6	pg	27 - 31
MCHC	31.5	gm /dl	31 - 34

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIP (BARC)

Dr. Smith Rastogi
M.B.B.S., DCP

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Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 ☎ 8112323230
Mob.: 7618884441, 9450389932, 8177063877

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



Date	: 10-Aug-2024		
Name	: Mrs. NEHA SHUKLA	Age	: 27 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Female

General Blood Picture

RBCs	RBCs are Normocytic & Normochromic. No Normoblasts are seen.
WBCs	TLC is within normal range. DLC shows normal counts. No immature cells of WBC seen.
PLATELETS	Platelets are adequate in number and morphology.
OTHERS	No haemoparasites are seen.
IMPRESSION	Normal GBP

Dr. Sanjay Rastogi
M.B.B.S., DCP, QIP (FRCR)

Dr. Smita Rastogi
M.B.B.S., DCP

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Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877

Date	: 10-Aug-2024			
Name	: Mrs. NEHA SHUKLA		Age	: 27 Yrs.
Ref.By	: APOLLO HEALTH		Sex	: Female
Plasma Glucose - F GOD-POD Method	89	mg/dl	70 - 110	
Plasma Glucose - PP GOD POD Method	117	mg/dl	110 - 170	
KFT				
UREA	18.4	mg %	15 - 50	
CREATININE	0.72	mg %	0.5 - 1.5	
URIC ACID	5.1	mg %	2 - 6	
CALCIUM	9.4	mg %	8.8 - 10.0	
Blood Group & Rh	"B" Positive			
LFT T&D				
Total Bilirubin	0.56	mg%	0.2 - 1.0	
Direct Bilirubin	0.14	mg%	0.0 to 0.40	
Indirect Bilirubin	0.42	mg%	0.10 to 0.90	
S.G.P.T	16	IU/L	5 - 40	
S.G.O.T	10	IU/L	5 - 50	
ALP	65	IU/L	35 to 104	
Serum Gamma G.T.	16	IU/L	11 - 50	
Urine Sugar (Fasting)	NIL			
Urine Sugar (PP)	NIL			

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

Dr. Smiya Rastogi
Contd... M.B.B.S., DCP

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M.B.B.S., M.D. (Path & Bact)



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Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877

Date : 10-Aug-2024

Name : Mrs. NEHA SHUKLA

Age : 27 Yrs.

Ref.By : APOLLO HEALTH

Sex : Female

Glycosylated Haemoglobin

Glycosylated Haemoglobin 5.2 % 4.5 TO 6.0

INTERPRETATION AND COMMENTS

NON DIABETIC : 4.5 to 6.0 %
GOOD CONTROL: 6.0 to 7.0
FAIR CONTROLLED 7.0 AND 8.0
UNCONTROLLED 8.0 AND ABOVE

Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

Dr. Smita Rastogi
Contd... M.B.B.S., DCP

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M.B.B.S., M.D. (Path & Bact)



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Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323230
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Date	: 10-Aug-2024		
Name	: Mrs. NEHA SHUKLA	Age	: 27 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Female

Glycosylated Haemoglobin

Glycosylated Haemoglobin	5.2	%	4.5 TO 6.0
=====			
INTERPRETATION AND COMMENTS			
=====			
NON DIABETIC :	4.5 to 6.0 %		
GOOD CONTROL:	6.0 to 7.0		
FAIR CONTROLLED	7.0 AND 8.0		
UNCONTROLLED	8.0 AND ABOVE		
<p>Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.</p>			

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M.B.B.S., DCP, CRIAT (BARC)

Dr. Smith Rastogi
Contd... M.B.B.S., DCP

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Date	: 10-Aug-2024		
Name	: Mrs. NEHA SHUKLA	Age	: 27 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Female

LIPID PROFILE

Triglycerids	225	mg%	70 - 190
S. Cholesterol S.	162	mg%	130 - 230
S. HDL Cholesterol	41.6	mg%	35 - 75
S. LDL Cholesterol	75.4	mg%	75 - 150
VLDL	45	mg%	0 - 34
Chol / HDL factor	3.89		
LDL / HDL Factor	1.81		

COMMENTS

- * Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
- * LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lowers LDL and raises HDL. Raised chol. in females is mostly due to disturbed thyroid function.
- * Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

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Contd.. M.B.B.S., DCP

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Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



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1/4A, Vineet Khand, (Opp Jaipuria Management)
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Date	: 10-Aug-2024	Age	: 27 Yrs.
Name	: Mrs. NEHA SHUKLA	Sex	: Female
Ref.By	: APOLLO HEALTH		

THYROID TEST

Tri-iodothyronine (T3)	1.70	nmol/L	0.50 to 2.50
Thyroxine (T4)	6.45	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	1.58	mIU/ ml	0.3 to 6.0

COMMENTS

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels maybe encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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M.B.B.S., DCP, CRIAT (BARC)

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Contd...M.B.B.S., DCP

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Date	: 10-Aug-2024	Age	: 27 Yrs.
Name	: Mrs. NEHA SHUKLA	Sex	: Female
Ref.By	: APOLLO HEALTH		

Urine Examination

PHYSICAL		
Colour	Straw	
Turbidity	Nil	
Deposit	Nil	
Reaction	Acidic	
*Specific Gravity	1.010	
CHEMICAL		
Protein	Nil	
Sugar	Nil	
*Bile Salts	Nil	
*Bile Pigments	Nil	
Phosphate	Nil	
MICROSCOPIC		
Pus Cells	Nil	/hpf
Epithelial Cells	Occasional	/hpf
Red Blood Cells	Nil	/hpf
Casts	Nil	
Crystals	Nil	
Others	Nil	

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M.B.B.S., BCP, CRPA (BARC)

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MODERN PATHOLOGY AND DIAGNOSTIC CENTER

Report



Gomti Nagar Lucknow

NEHA SHUKLA / 27 Yrs / F / 145 Cms / 53 Kg

Date: 10 - 08 - 2024 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METS	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:06	0:06	00.0	00.0	01.0	086	45 %	102/64	087	00	
Standing	00:10	0:04	00.0	00.0	01.0	086	45 %	102/54	087	00	
HV	00:14	0:04	00.0	00.0	01.0	085	44 %	102/64	086	00	
ExStart	00:18	0:04	02.7	10.0	01.1	087	45 %	102/64	088	00	
BRUCE Stage 1	03:18	3:00	02.7	10.0	04.7	155	80 %	116/78	179	00	
BRUCE Stage 2	06:18	3:00	04.0	12.0	07.1	169	88 %	124/82	209	00	
PeakEx	07:07	0:49	05.5	14.0	08.0	176	91 %	130/85	228	00	
Recovery	08:07	1:00	00.0	00.0	01.2	146	76 %	128/82	186	00	
Recovery	09:07	2:00	00.0	00.0	01.0	132	68 %	124/80	163	00	
Recovery	10:07	3:00	00.0	00.0	01.0	119	62 %	120/80	142	00	
Recovery	10:25	3:18	00.0	00.0	01.0	118	61 %	118/78	139	00	

FINDINGS :

Exercise Time : 06:49
 Max HR Attained : 176 bpm 91% of Target 193
 Max BP Attained : 130/85 (mm/Hg)
 Max WorkLoad Attained : 8 Fair response to induced stress
 Test End Reasons : Test Complete, Fatigue

REPORT :

CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.

(Signature)
 Dr. N. J. D. HAN, MD
 Reg. No. 44559

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NEHA SHUKLA / 27 Yrs / F / 145 Cms / 53 Kg / HR : 86

BRUCE:Supine(0:06)



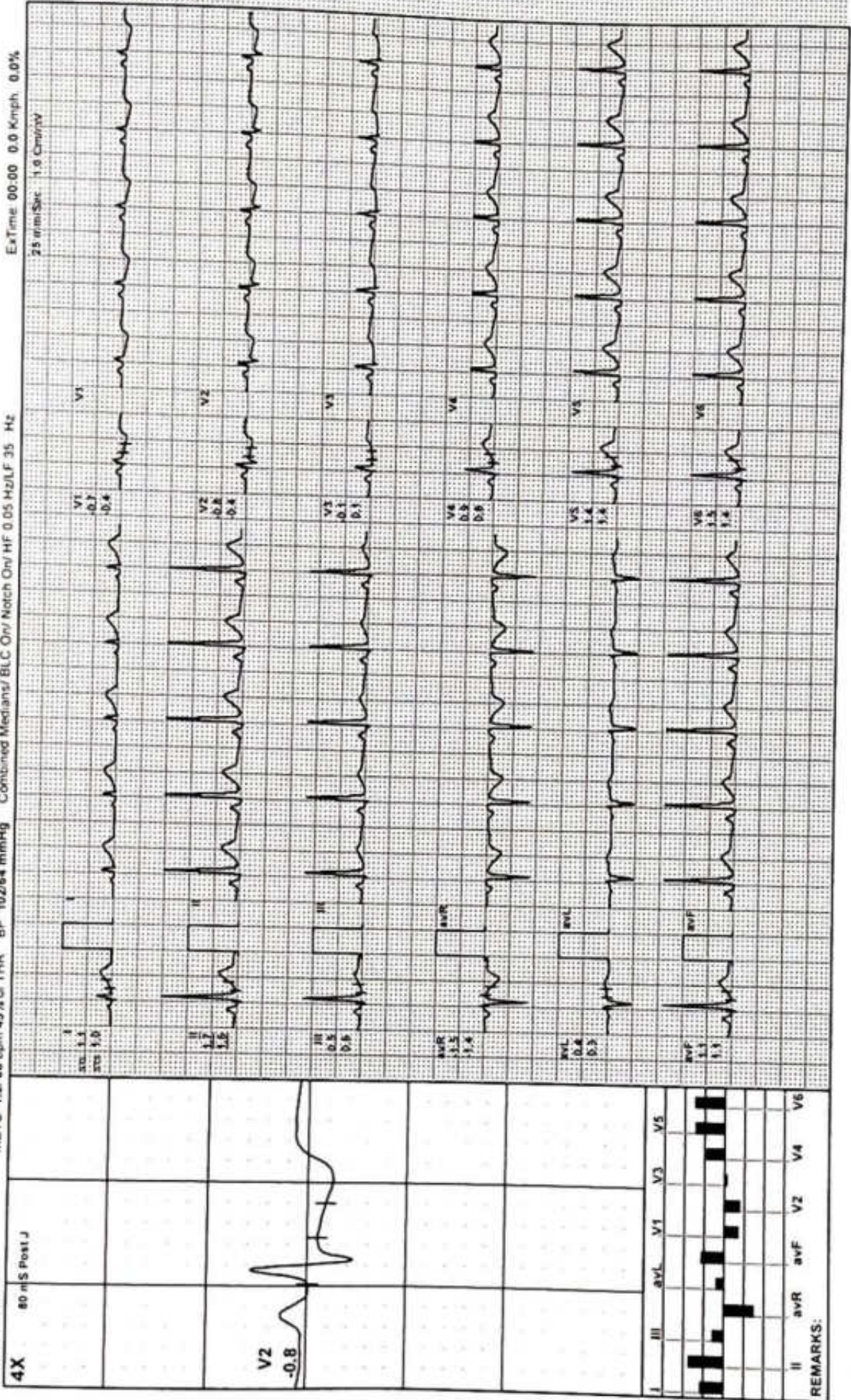
AGHDL

Date: 10 - 06 - 2024

METS: 1.0/ 86 bpm 45% of THR BP: 102/64 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 Kmph 0.0%

25 mm/Sec. 1.0 Cm/mV



REMARKS:

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

NEHA SHUKLA / 27 Yrs / F / 145 Cms / 53 Kg / HR : 86

BRUCE: Standing(0:05)

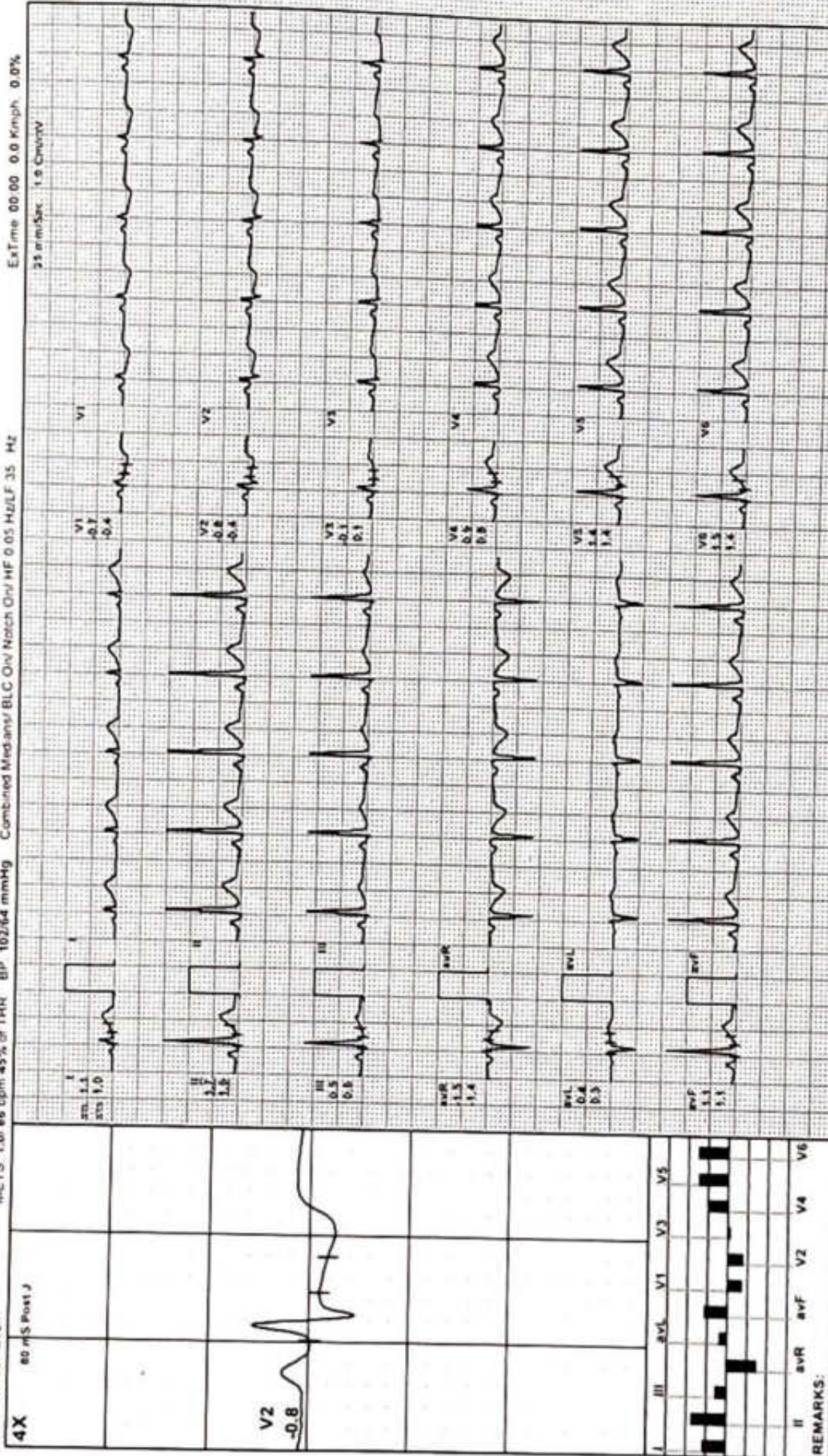


Date: 10 - 08 - 2024

METS: 1.0/ 86 bpm 45% of THR BP: 102/64 mmHg Combined Medians/ BLC Oiv Notch Oiv HF 0.05 Hz/LF 35 Hz

Ext Time 00:00 0.0 Km/Ph 0.0%

25 mm/Sec 1.5 Cm/mV



MODERN PATHOLOGY AND DIAGNOSTIC CENTER

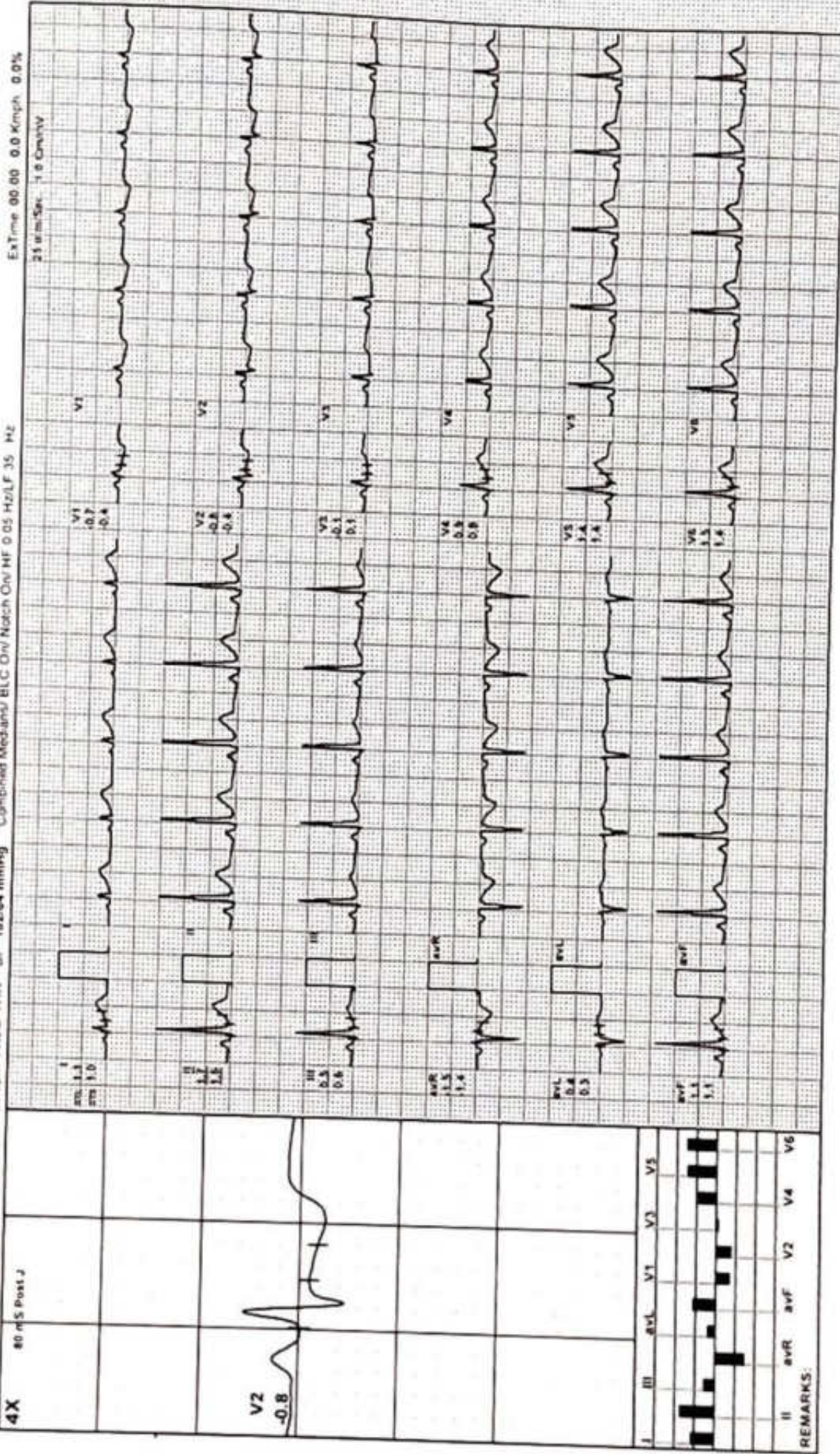
NEHA SHUKLA / 27 Yrs / F / 145 Cms / 53 Kg / HR . 85

BRUCE:HV(0:04)



Date 10 - 08 - 2024

METS 1.0/ 85 bpm 44% of THR BP 102/84 mmHg Combined Meds/aml/ BLC Div Match Ov HF 0.05 Hz/LF 35 Hz



ExtTime 00:00 0.0 Km/Ph 0.0%

25 mm/Sec 1.0 Cm/mV

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NEHA SHUKLA / 27 Yrs / F / 145 Cms / 53 Kg / HR : 87

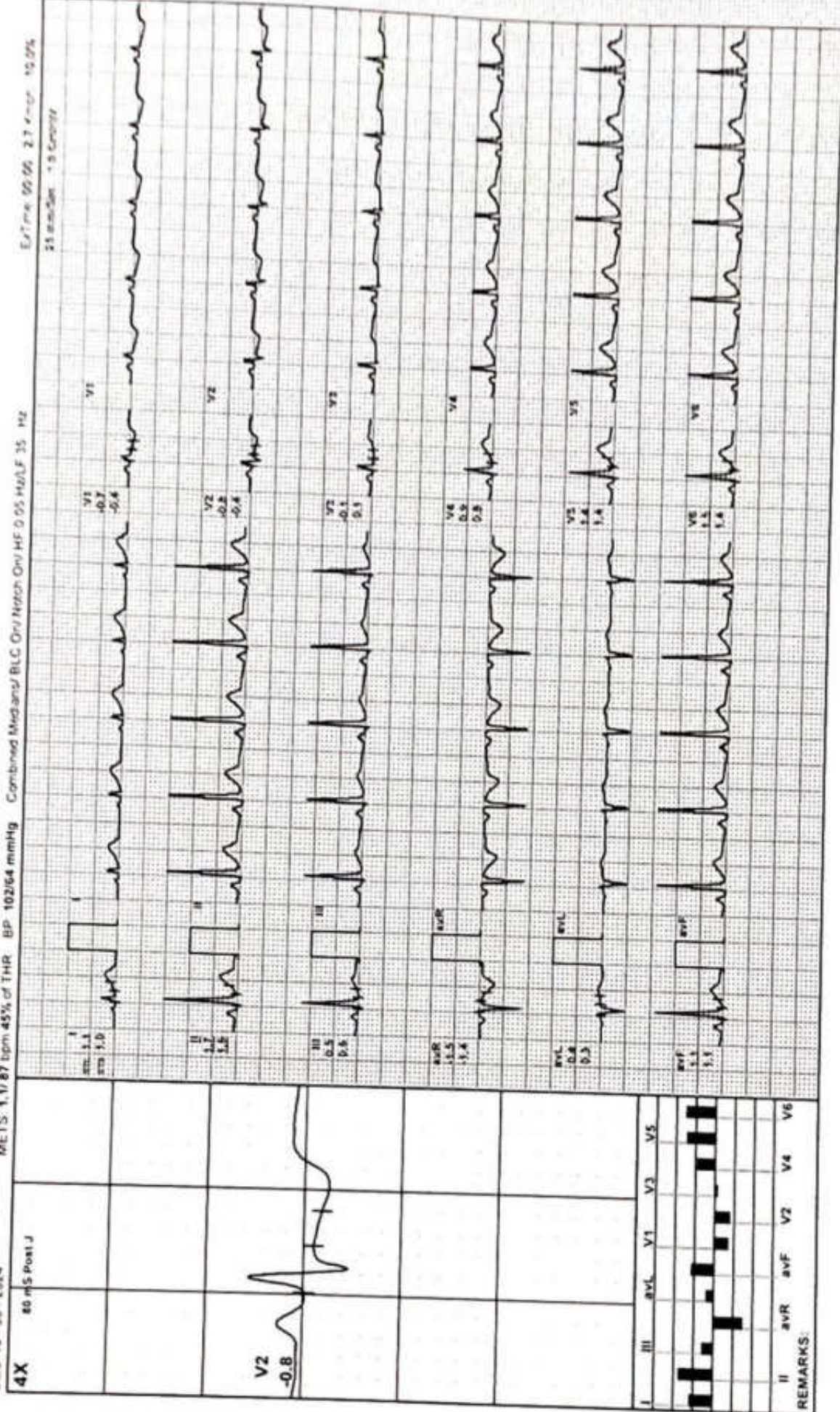
Date: 10-08-2024

METS: 1, 1/87 bpm, 45% of THR. BP: 102/64 mmHg

Combined Medians/ BLC. Oni Netch Oni HF 0.05 Hz/LF 35 Hz

ExStart

25 min/Sec 1.5 cm/Div



REMARKS:

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

NEHA SHUKLA / 27 Yrs / F / 145 Cms / 53 Kg / HR : 155

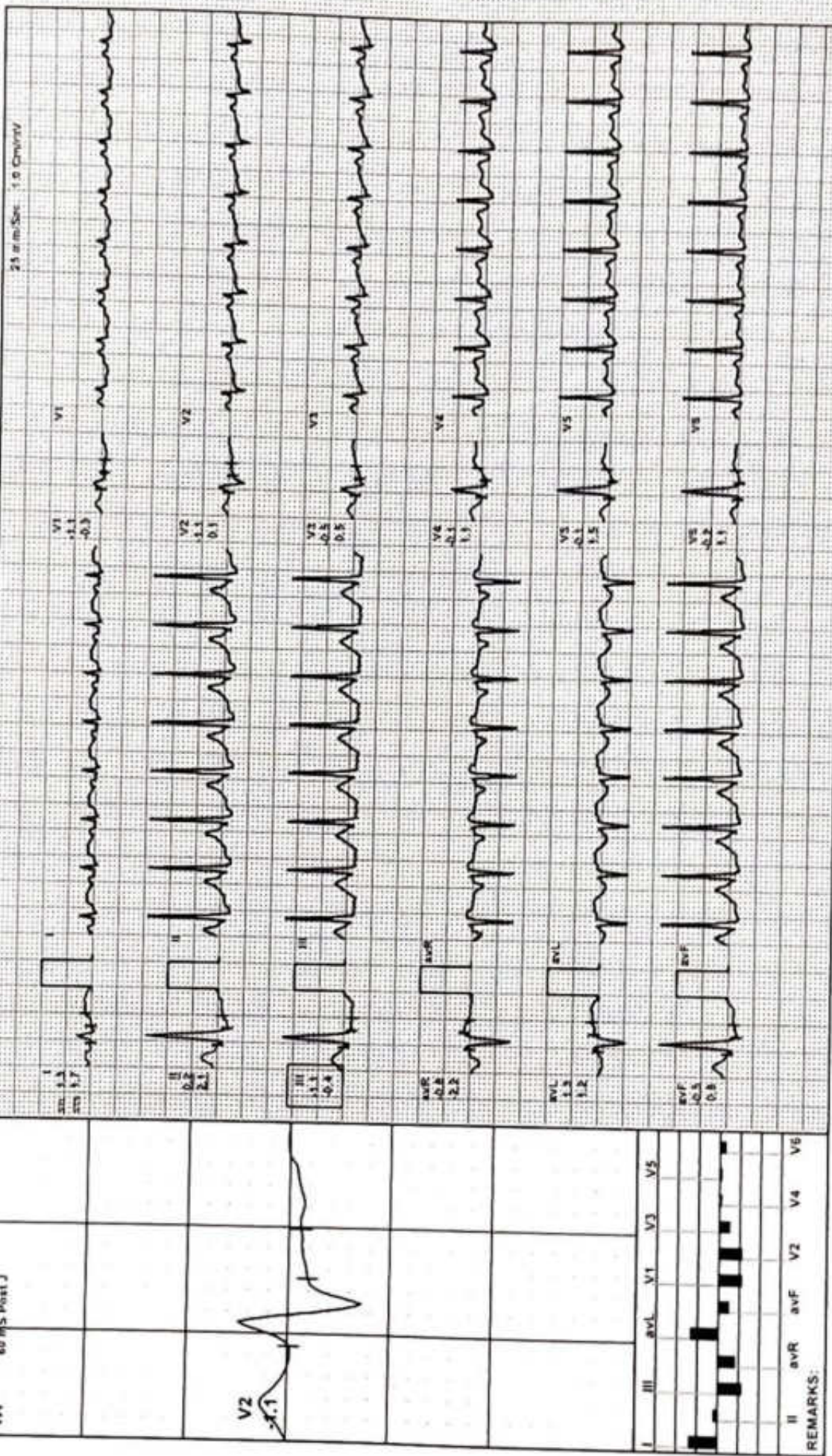
BRUCE: Stage 1 (3:00)



Date: 10-08-2024

METS: 4.7/155 bpm 80% of THR BP: 116/78 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime 03:00 2.7 Km/Ph 10.0%



REMARKS:

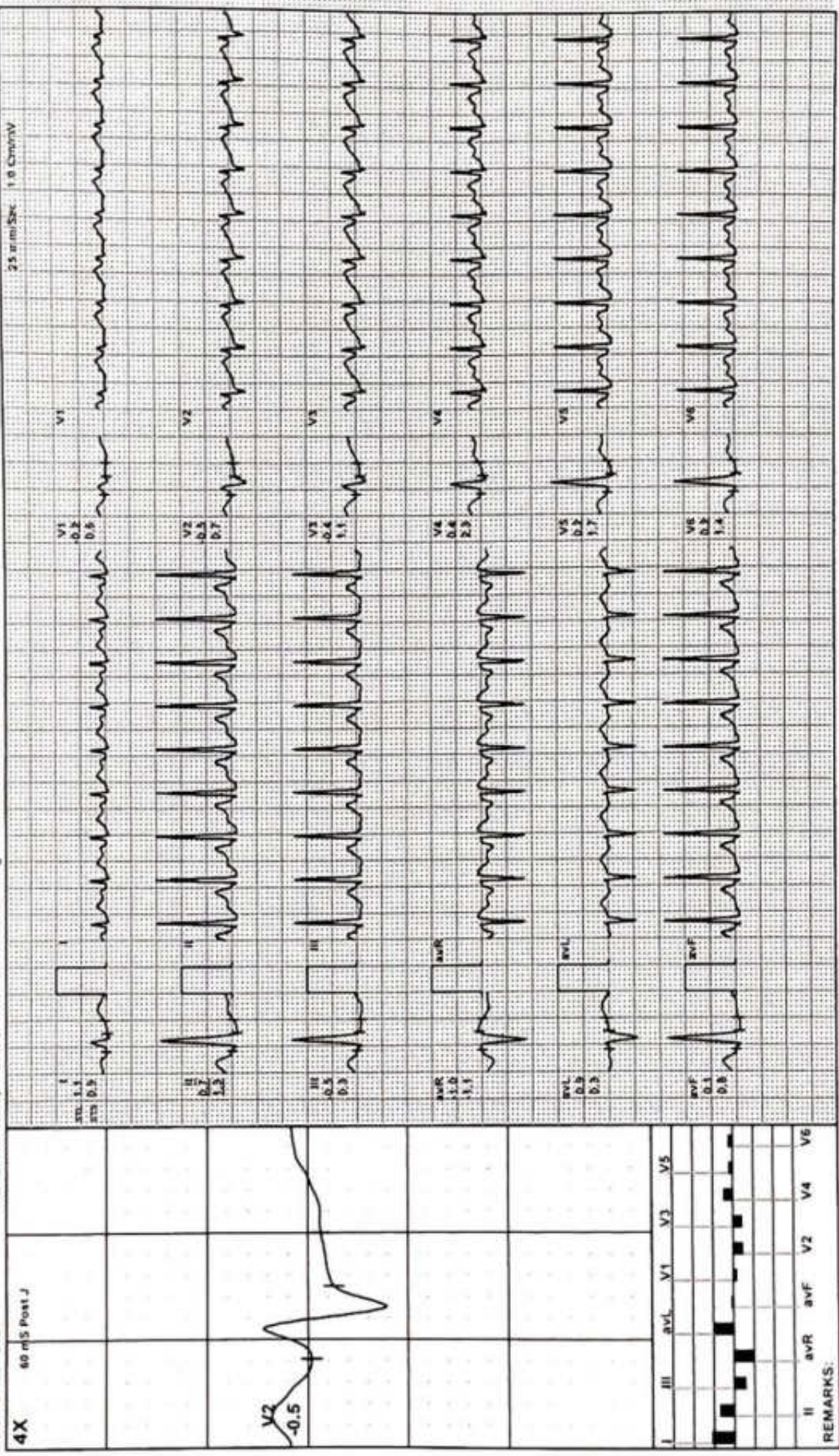
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

NEHA SHUKLA / 27 Yrs / F / 145 Cms / 53 Kg / HR : 169

BRUCE: Stage 2(3:00)



Date: 10 - 08 - 2024 METS: 7.1/ 169 bpm 88% of THR BP: 124/82 mmHg Combined Meds: BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz ExTime: 06:00 4.0 Km/Ph 12.0%



MODERN PATHOLOGY AND DIAGNOSTIC CENTER

NEHA SHUKLA / 27 Yrs / F / 145 Cms / 53 Kg / HR : 176

PeakEx

ACHPL

Date: 10 - 08 - 2024

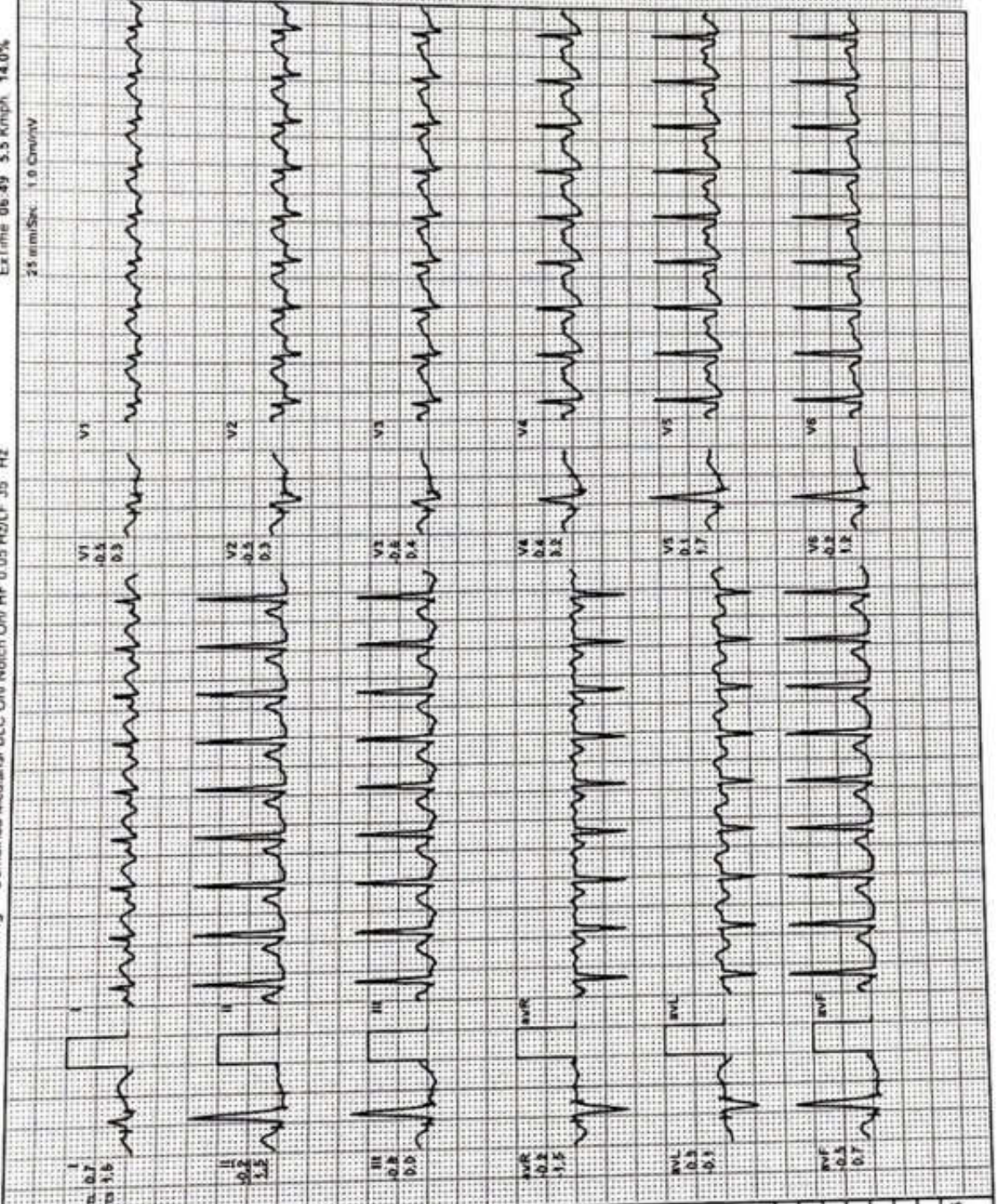
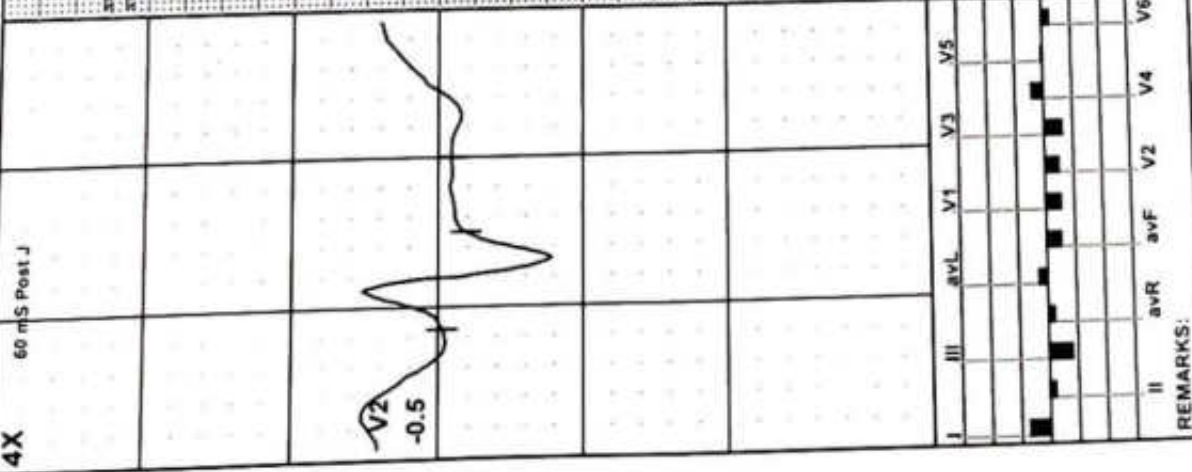
METS: 8.0/ 176 bpm 91% of THR BP: 130/86 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

4X

60 mS Post J

ExTime 06:49 5.5 Km/h 14.0%

25 mm/Sec 1.0 Cm/mV



REMARKS:

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

NEHA SHUKLA / 27 Yrs / F / 145 Cms / 53 Kg / HR : 146

Recovery(1:00)

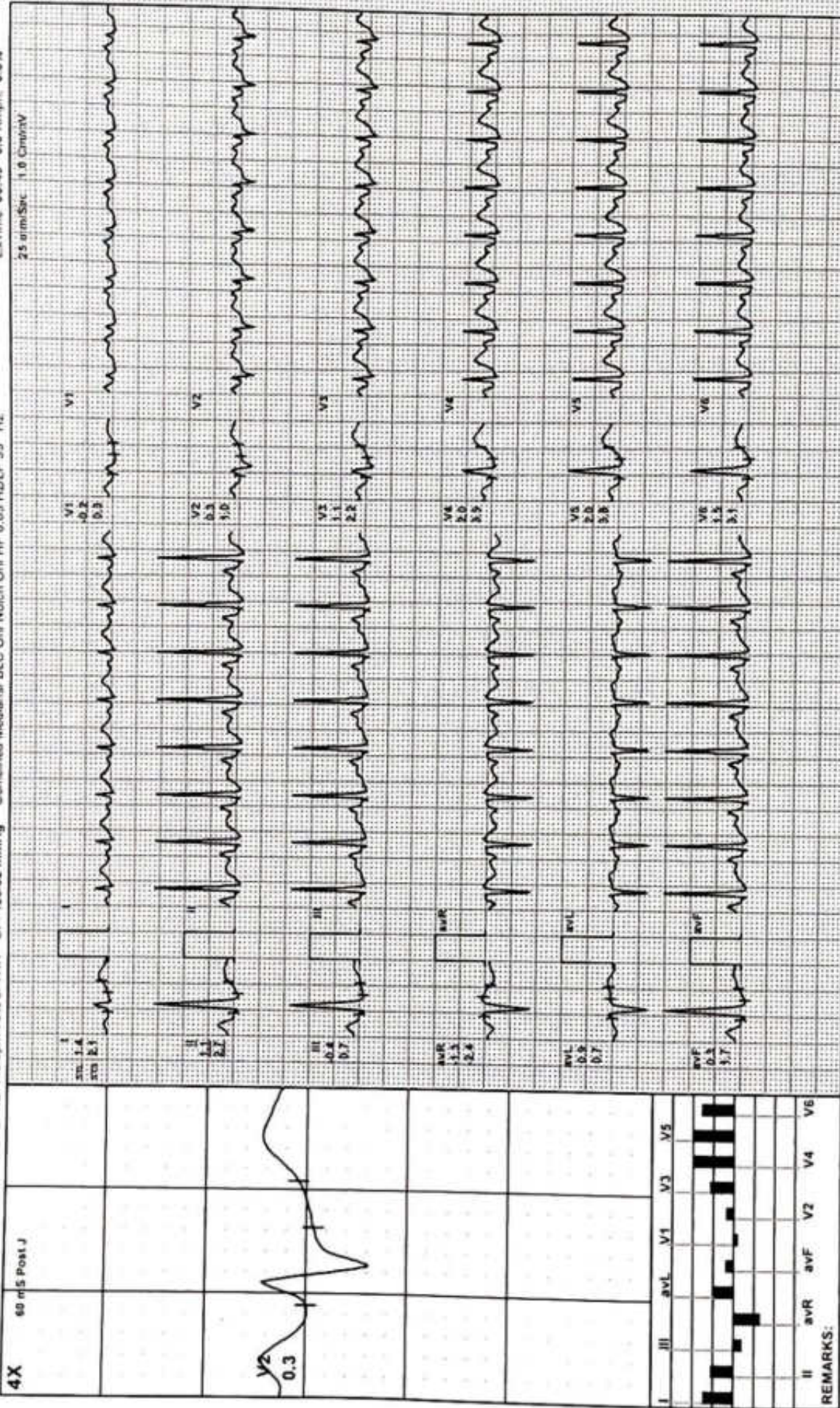


Date 10 - 08 - 2024

METS: 1.2/ 146 bpm 76% of THR BP: 128/82 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime 05:49 0.0 Km/ph. 0.0%



MODERN PATHOLOGY AND DIAGNOSTIC CENTER

NEHA SHUKLA / 27 Yrs / F / 145 Cms / 53 Kg / HR : 132

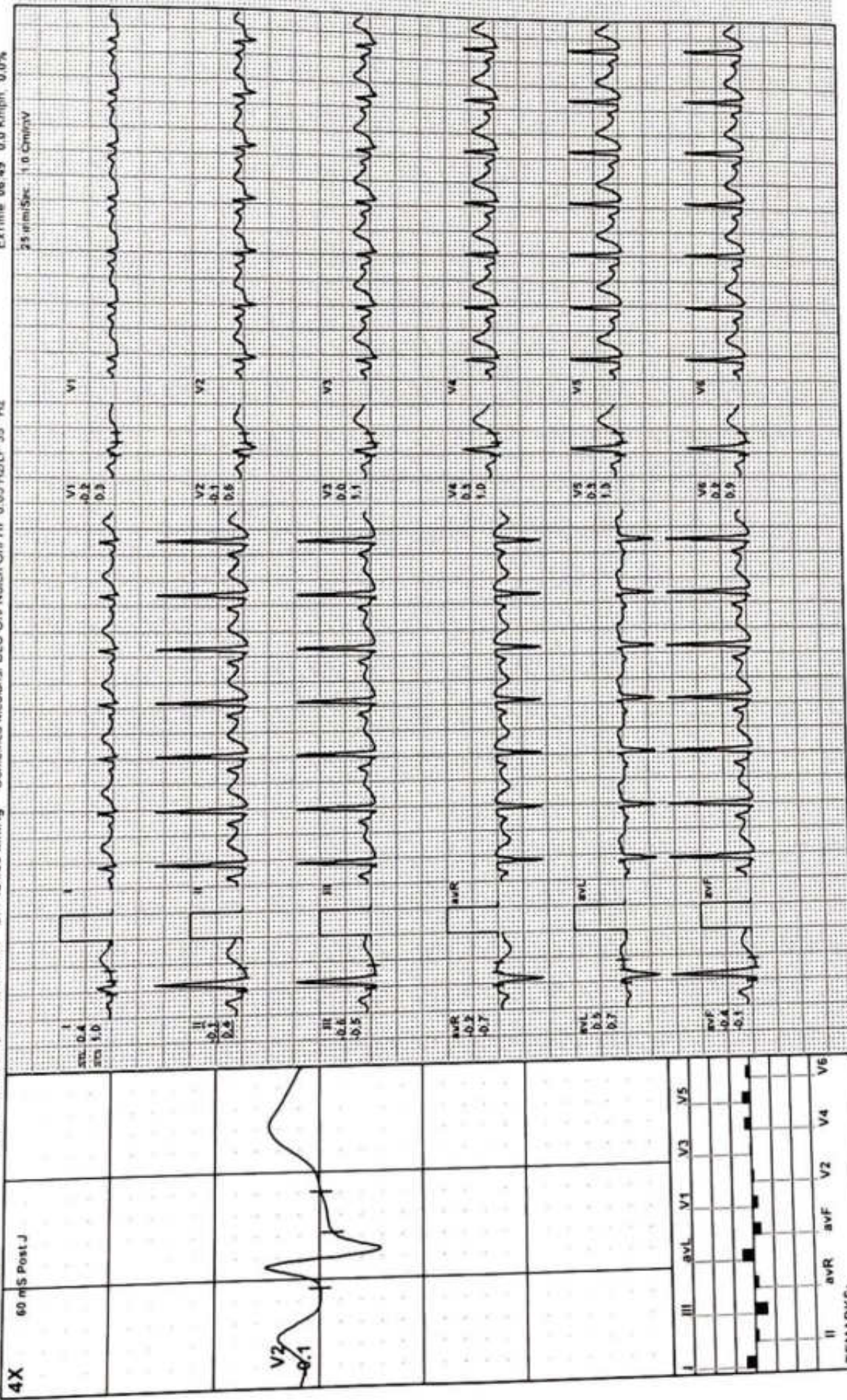
Recovery(2:00)



Date: 10 - 08 - 2024

METS 1.0/ 132 bpm 68% of THR BP 124/80 mmHg Combined Medians/ BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

ExTime 06:49 0.0 Km/Ph 0.0%



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NEHA SHUKLA / 27 Yrs / F / 145 Cms / 53 Kg / HR : 119

Recovery(3:00)

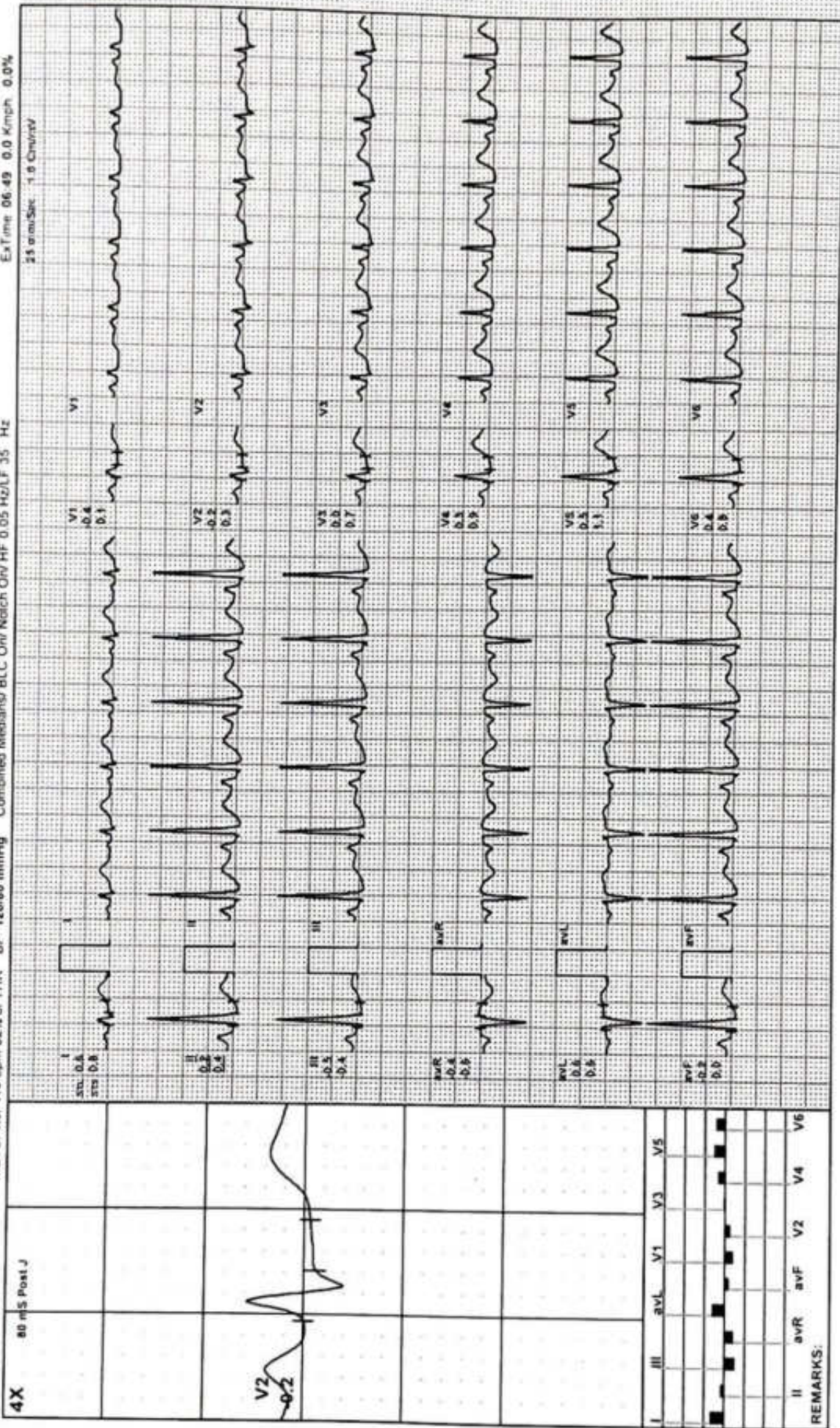


Date: 10 - 08 - 2024

METS: 1.0/ 119 bpm 62% of THR BP: 120/80 mmHg

Combined Medians/ BLC On/ Match On/ HF 0.05 Hz/L/F 35 Hz

ExTime: 06:49 0.0 Km/h 0.0%



REMARKS:

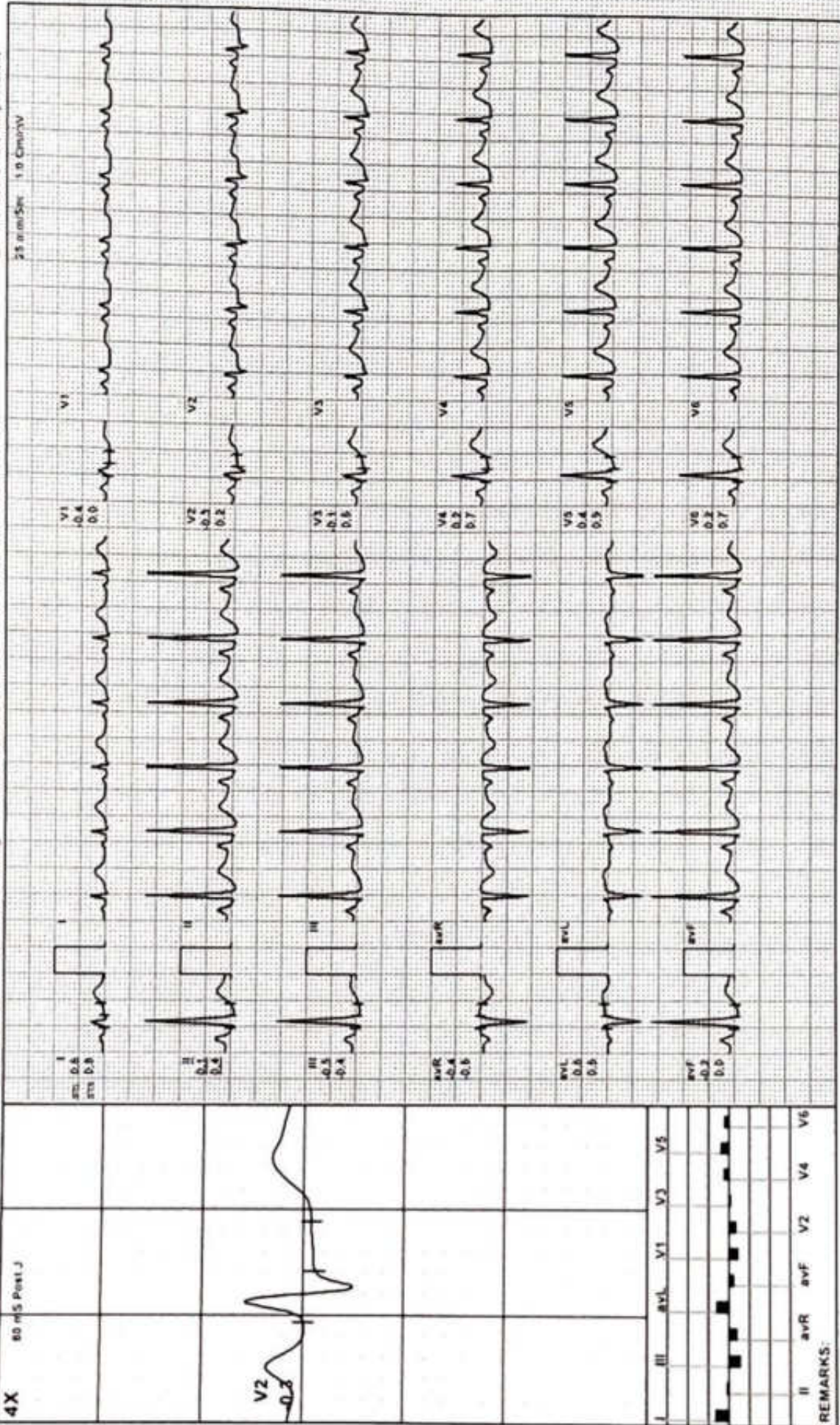
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

NEHA SHUKLA / 27 Yrs / F / 145 Cms / 53 Kg / HR : 118

Recovery(3:18)



Date: 10-08-2024 METS: 1.0/ 118 bpm 61% of THR BP: 118/78 mmHg Combined Med:ans/ BLC Oxi/ Notch Oxi/ HF 0.05 Hz LF 35 Hz ExTime: 06:49 0.0 Kmph 0.0%



REMARKS:



MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



CLINIC :

1/4A, Vineet Khand, (Opp Jaipuria Management)
Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877

SAMPLE DATE : 10/08/2024
NAME : Mrs Neha Shukla
AGE/SEX : 27/YRS/FEMALE
REFERRED BY : Apollo Health :

Test Name	Result	Bio. Ref. Range	Unit
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CLINICAL PATHOLOGY TEST REPORT

PAP

GROSS:

Smears collected from the ecto and the endo cervix. Slides prepared and stained with PAP stain.

MICROSCOPIC:

Smears studied show adequate representing material, comprising mainly of squamous epithelial cells. These cells have abundant pale pink eosinophilic cytoplasm and normal appearing round to oval nuclei. Smears from the endocervix show fair number of "stripped nuclei" of the endometrial cells. Occasional small cluster of the endometrial cells are seen. These cells have indistinct cellular borders, scanty basophilic cytoplasm and oval nuclei with clumped chromatin. Smears from both the sites are mildly infiltrated with inflammatory cells, mostly polymorphs

IMPRESSION: SMEARS SUGGESTIVE OF NORMAL PAP SMEAR WITH MODERATE INFLAMMATION

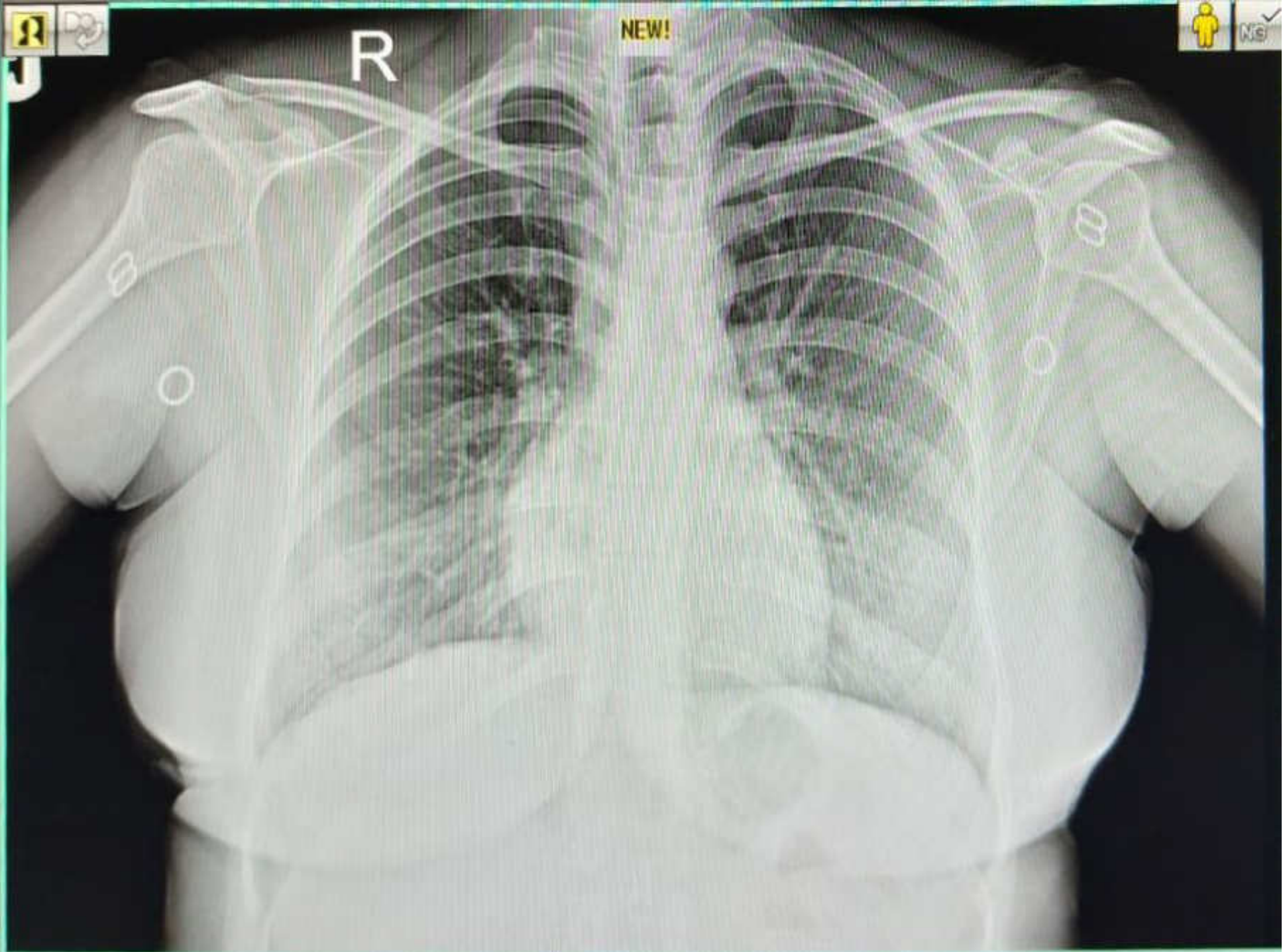
*** End Of Report ***

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

Dr. Smita Rastogi
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.
SAMPLE COLLECTION FACILITY AVAILABLE

Report needs clinicopathological correlation ♦ Not for Medico Legal Purpose
e-mail : mpdcgn@gmail.com ♦ For online reports - www.modernpath.in
♦ Please ask for your computerized bill ♦ Pay only the printed collection charges



24081005479 MRS NEHA SHUKLA 27YRS F SELF CHEST PA
08/10/2024 MODERN PATHOLOGY & DIAGNOSTIC CENTRE GOMTI NAGAR LUCKNOW