



PID NO. : CBA0445

Name : ABHISHEK RANJAN SINHA

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

10-Feb-2024 / 11:47 am

Coll Date

10-Feb-2024 / 11:52 am

Report Date

11-Feb-2024 / 3:42 pm

REPORT

BLOOD GLUCOSE

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	132.34	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Present (++)		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	155.82	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Present (++)		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mspa CXL PRO PLUS Biochemistry Analyser.

Pritam Dhanawade
Lab Technician



RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



MC - 5321

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HO- Sea Bird Medicare Centre (ISO 9001:2015) A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69 Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

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BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
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MC - 5321

Pritam Dhanawade

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Lab Technician

Dr. Ritesh Kharche



DR. RITESH KHARCHE
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Pathologist

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REPORT

Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BLOOD GROUP			
ABO Group	"B"		
RH (D)	Positive		

Method : Cell (Forward) grouping by Manual Slide Method.
Sample: Whole Blood (EDTA)

———— End of Report ————

Pritam Dhanawade
Lab Technician



DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
Reg No. 2006031680

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REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	15.5	gm/dl	13.0 - 17.0
<u>RED BLOOD CELLS</u>			
R.B.C. Count	5.29	million / cumm	4.5- 5.5
PCV	47.3	%	40- 50
MCV	89.3	fL	83 - 101
MCH	29.2	pg	27 - 32
MCHC	32.7	gm / dl	31.5 - 34.5
RDW (CV)	13.7	%	11.6- 14.0
Total W.B.C. Count	7860	/cu.mm.	4000 - 10000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	53	%	40 - 80
Lymphocytes	40	%	20 - 40
Eosinophils	02	%	1 - 6



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REPORT

Complete Blood Count

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Monocytes	05	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	223000	/cumm	150000 - 410000

MORPHOLOGY

RBC Morphology Predominantly Normocytic and Normochromic.

WBC Morphology Normal Morphology.

Platelets on Smear Adequate on smear

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method, Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

———— End of Report ————



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Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	17	mm at 1hr	0 - 15

Method: Westergren.
Sample: Whole Blood (EDTA)

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Glycosylated Haemoglobin (HbA1c)

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
HbA1c	6.11	%	< 5.7
Non-diabetic : ≤ 5.7 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : ≥ 6.5 % (EDTA Whole Blood, Turbidimetric)			
Mean Blood Glucose (MBG)	140.22	mg/dl	

Interpretation & Remark:

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association guideline 2022, for diagnosis of diabetes using a cut-off points of 6.5 %.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1C value, the following equation is used : $eAG(mg/dl) = 28.7 * A1c - 46.7$.
- Interference of Haemoglobinopathies in HbA1c estimation.
 - For HbF > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
 - Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status.
 - Heterozygous state detected.
- In known diabetic patients, following values can be considered as a guide for monitoring the glycemic control.
 - Excellent Control - 6 to 7 %
 - Fair to Good Control - 7 to 8 %
 - Unsatisfactory Control - 8 to 10 %
 - and Poor Control - More than 10 %
- Test done on Mispia i3 Automated Cartridge Based Specific Protein Analyser.

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REPORT

LIPID PROFILE

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Total Cholesterol Serum, Method: CHOD-PAP	130.2	mg/dl	CHILD Desirable - Less than : 170 CHILD Borderline High : 170 - 199 CHILD High - More than : 200 ADULT Desirable - Less than : 200 ADULT Borderline High : 200 - 239 ADULT High - More than : 240
Triglycerides Serum, Method: GPO-PAP	152.76	mg/dl	NORMAL : <150 Borderline High : 150 - 199 High : 200 - 499 Very High : >500
HDL Cholesterol-Direct Serum, Method: Cholesterol-esterase-Direct	46.24	mg/dl	Desirable - Above : 60 Borderline Risk : 40 - 59 Undesirable - Below : 40
LDL Cholesterol Calculated	53.41	mg/dl	Desirable - Below : 130 Borderline Risk : 130 - 159 Undesirable - Above : 160
VLDL-Cholesterol Calculated	30.55	mg/dl	5 - 51
T.CHOL/HDL Ratio Calculated	2.82		Acceptable for Male : < 5.00 Acceptable for Female : <4.50

Pritam Dhanawade
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No. 2006031680



MC - 5321



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HQ: Sea Bird Medicare Centre (ISO 9001:2015) A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

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admin@seabirdhf.com

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PID NO. : CBA0445

Name : ABHISHEK RANJAN SINHA

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
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REPORT

LIPID PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
LDLC/HDL Ratio Calculated	1.16		Acceptable for Males : < 3.60 Acceptable for Females : < 3.20

NOTE:

- 1) Biological Reference Interval is as per National Cholesterol Education Program (NCEP) guidelines.
- 2) Tests done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

———— End of Report ————



MC - 5321

Pritam Dhanawade

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DR. Ritesh Kharche

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Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

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REPORT

LIVER FUNCTION TEST

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
S.G.O.T. (Serum, Method-IFCC / UV without P5P)	32.36	U/L	0 - 40
Sr. Alkaline Phosphatase (Serum, Kinetic Method by IFCC)	97.44	U/L	40 - 129
S.G.P.T. (Serum, Method- IFCC / UV without P5P)	85.38	U/L	0 - 41
GGT (Serum, Method- IFCC Method)	47.58	U/L	8 - 61
Bilirubin (Total) (Serum, Method-Diazo- End point)	0.48	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.12	mg/dl	0.0 - 0.30
Bilirubin (Indirect) Calculated	0.36	mg/dl	0.0 - 0.90
Total Proteins (serum, Method-Biuret)	6.96	g/dl	6.6 - 8.7
Albumin (Serum, Method-Bromocresol Green)	4.3	g/dl	3.5 - 5.2
Globulin Calculated	2.66	g/dl	1.90 - 3.70
A/G ratio Calculated	1.62		

Test Done on Fully Automated Mspa CXL PRO PLUS Biochemistry Analyser.

Pritam Dhanawade

Pritam Dhanawade
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Ritesh Kharche



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REPORT

LIVER FUNCTION TEST

Test

Result

Units

BIOLOGICAL REFERENCE INTERVAL

----- End of Report -----



MC - 5321

Dhanawade

Pritam Dhanawade
Lab Technician

Ritesh Kharche



DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
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LIMITED

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REPORT

RENAL PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Urea Serum, Method-Urease	42.2	mg/dl	16.6- 48.5 mg/dl
Blood Urea Nitrogen Serum, Method-Urease	19.71	mg/dl	06 - 20 mg/dl
Creatinine Serum, Method-Kinetic Jaffes	0.95	mg/dL	0.7 - 1.2 mg/dl
Uric Acid Serum, Method: Uricase-POD	5.39	mg/dl	3.4 - 7.0

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

———— End of Report ————



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REPORT

THYROID FUNCTION TEST

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
TSH	5.39	µIU/ml	0.25-5 µIU/ml
T3	1.8	nmol/l	0.92-2.33 nmol/l
T4	101.66	nmol/l	60-120 nmol/l

The assay principle combines an enzyme immunoassay competition method with a final fluorescent detection (ELFA).

INTERPRETATION

TSH : A high TSH result often means an under active thyroid gland that is not responding adequately to the stimulation of TSH due to some type of acute or chronic thyroid dysfunction. A high TSH value can also occur when someone with a known thyroid disorder or who has had their thyroid gland removed is receiving too little thyroid hormone medication. A low TSH result can indicate an over active thyroid gland (hyperthyroidism) or excessive amounts of thyroid hormone medication in those who are being treated for an under active (or removed) thyroid gland. An abnormal TSH test result is usually followed by additional testing to investigate the cause of the increase or decrease.

T3: Triiodothyronine T3 contributes significantly to the maintenance of the euthyroid state, and the total T3 concentration has a role in screening for thyroid disease in conjunction with other tests. T3 alone cannot diagnose hypothyroidism, but it may be more sensitive than thyroxine (T4) for hyperthyroidism.

T4: Thyroxine accounts for at least 90% of circulating protein-bound iodine. While >99.9% of T4 is protein-bound, primarily to thyrokin-binding globulin (TBG), it is the free fraction that is biologically active. In most patients the total T4 level is a good indicator of thyroid status, however it can sometimes be inadequate, and diagnostic efficiency may be improved by use of a total T4 test in conjunction with other tests.

———— End of Report ————

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REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>PHYSICAL EXAMINATION</u>			
Colour	Pale Yellow		Pale Yellow
Quantity	35 ml	ml	20 - 50
Appearance	Slightly Hazy		Clear
Reaction (pH)	5.5		5.0 - 9.0
Specific Gravity	1.020		1.000 - 1.030
<u>CHEMICAL EXAMINATION</u>			
Proteins	Absent		Absent
Sugar	Present (+ +)		Absent
Ketone Bodies	Absent		Absent
Bile Salts	Absent		Absent
Bile Pigment	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

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URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Ocult Blood	Absent		Absent
<u>MICROSCOPIC EXAMINATION</u>			
Pus Cells	2 - 3 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

METHOD:

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/oxidase reaction), Ketone(Rother's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----

Pritam Dhanawade
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No. 2006031680



MC - 5321



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SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

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A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or
admin@seabirdhf.com

C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



Sea Bird

Sea Bird Medicare Centre

Name: Mr. ABHISHEK SINHA	Age : 35Y	Sex : Male
Date : 10/02/2024	Ref Dr : SELF	

USG ABDOMEN AND PELVIS

LIVER: Liver appears normal in size 14.0cm and shows diffuse increased echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

GALL BLADDER: Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus. Portal vein is normal. CBD is normal.

PANCREAS: Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

KIDNEYS: Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

Right kidney measures 10.5 x 4.3cm. Left kidney measures 10.4 x 4.0cm.

SPLEEN: Spleen is normal in size, shape and echotexture. No focal lesion is seen.

URINARY BLADDER: Urinary bladder is distended and normal. Wall thickness is within normal limits.

PROSTATE: Prostate is normal in size measuring 3.1 x 2.7 x 3.2cm (24gm) and echotexture. No evidence of any focal lesion.

No free fluid or significant lymphadenopathy is seen.

IMPRESSION: Fatty liver grade I.

Advice: Clinical co-relation and further evaluation.

DR. PRIYANKA NERULKAR

CONSULTANT RADIOLOGIST

Thanks For Reference: Note the above report represents interpretation of various radiographic shadows, and has its own limitations. This report has to be co-related clinico-pathologically by the referring physician and it does not represent the sole diagnosis.



Proudly... Caring For You

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Power: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com



Sea Bird
Sea Bird Medicare Centre

Report ID : ARSM102122236 Reg. : 10-Feb-2024
Patient Name : Mr. ABHISHEK RANJAN SINHA Report Date : 10-Feb-2024
Rank : Company Name : M/S. APOLLO HEALTH AND LIFESTYLE
Ref By : DR.PARAG ARVIND PRADHAN Age/Sex : 35 Year / Male

CHEST X RAY REPORT

X-Ray No : 914

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.


Dr. Jacob
Mathew MD



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HQ- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 49. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com

SEA BIRD MEDICARE CENTRE POWAI

Patient Details **Date:** 10-Feb-24 **Time:** 11:02:29 AM
Name: ABHISHEK SINHA ID: 2082
Age: 35 y **Sex:** M **Height:** 167 cms. **Weight:** 84 Kg.
Clinical History: DM & HTN

Medications: ON TREATMENT

Test Details

Protocol: Bruce **Pr.MHR:** 185 bpm **THR:** 157 (85 % of Pr.MHR) bpm
Total Exec. Time: 7 m 41 s **Max. HR:** 158 (85% of Pr.MHR)bpm **Max. Mets:** 10.20
Max. BP: 150 / 90 mmHg **Max. BP x HR:** 23700 mmHg/min **Min. BP x HR:** 7680 mmHg/min
Test Termination Criteria: THR ACHIEVED

Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 14	1.0	0	0	96	110 / 80	-1.27 aVR	1.42 II
Standing	0 : 2	1.0	0	0	96	110 / 80	-1.27 aVR	1.42 II
Hyperventilation	0 : 2	1.0	0	0	96	110 / 80	-1.27 aVR	1.42 II
1	3 : 0	4.6	1.7	10	125	120 / 80	-2.34 aVR	3.18 II
2	3 : 0	7.0	2.5	12	145	130 / 90	-2.34 aVR	3.89 II
Peak Ex	1 : 41	10.2	3.4	14	158	150 / 90	-2.12 aVR	4.95 II
Recovery(1)	1 : 0	1.8	1	0	142	150 / 90	-2.12 aVR	4.25 II
Recovery(2)	1 : 0	1.0	0	0	126	140 / 90	-1.70 aVR	3.54 II
Recovery(3)	1 : 0	1.0	0	0	122	130 / 80	-1.06 aVR	2.83 II
Recovery(4)	0 : 21	1.0	0	0	127	130 / 80	-1.06 aVR	2.12 II

Interpretation

The patient exercised according to the Bruce protocol for 7 m 41 s achieving a work level of Max. METS : 10.20. Resting heart rate initially 96 bpm, rose to a max. heart rate of 158 (85% of Pr.MHR) bpm. Resting blood Pressure 110 / 80 mmHg, rose to a maximum blood pressure of 150 / 90 mmHg. No significant ST- T changes, TMT negative for inducible ischemia for the workload achieved.

Dr. PARAG A. PRADHAN

MBBS

Approved By DG Shipping (GOI)

Reg. No. (MMC) 61264

102-103-104, Gateway Plaza, Central

Avenue Road, Hiranandani Gardens,

Powai, Mumbai-400076

Doctor: 

SEA BIRD MEDICARE CENTRE Schiller Healthcare India Pvt. Ltd. V4.7

Ref. Doctor: APOLLO

(Summary Report edited by user)

SEA BIRD MEDICARE CENTRE POWAI

ABHISHEK SINHA (35 M)

ID: 2082

Date: 10-Feb-24

Exec Time: 0 m 0 s

Stage Time: 0 m 14 s

HR: 96 bpm

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0%

(THR: 157 bpm)

B.P: 110 / 80

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

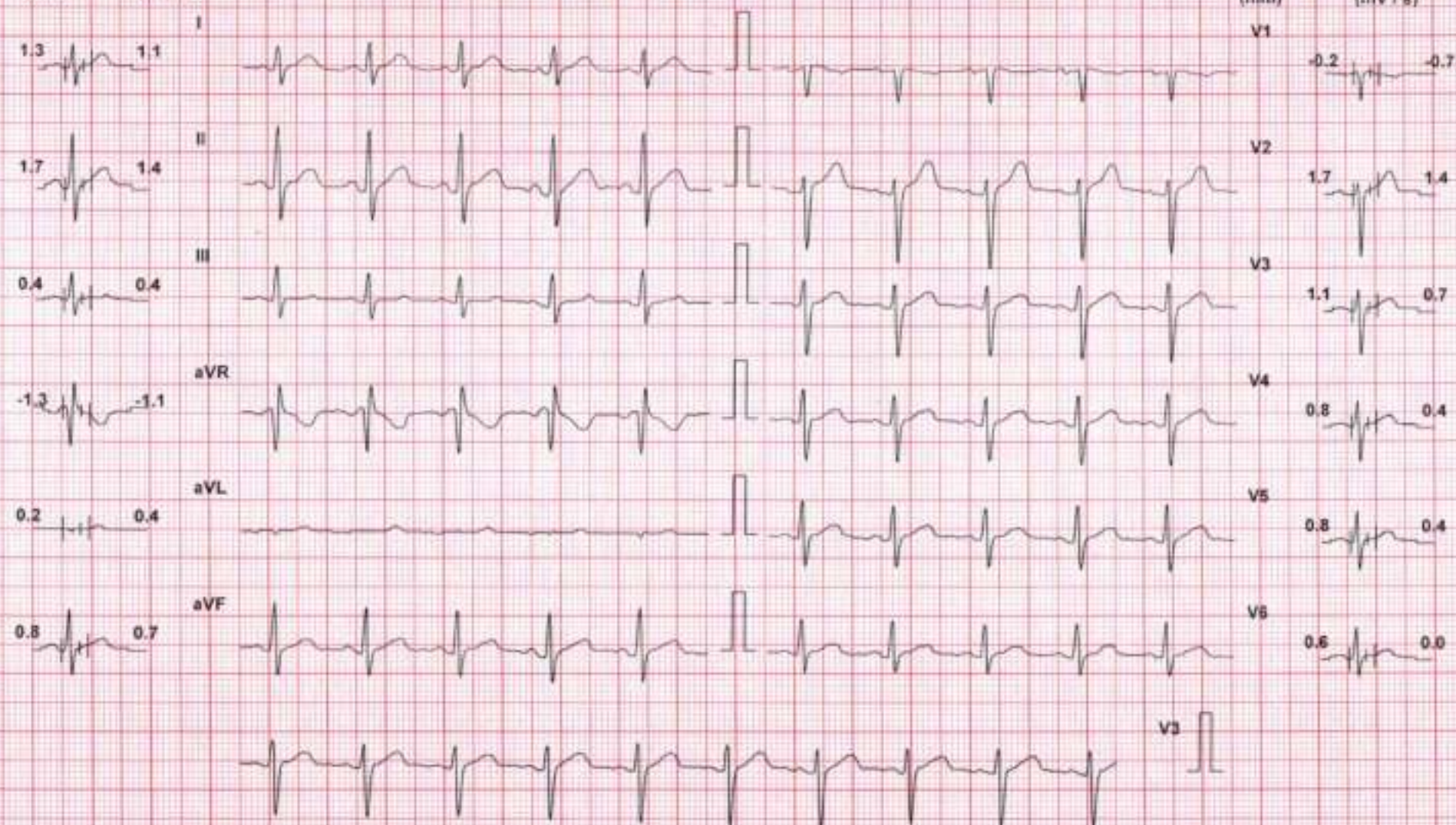


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

30° R - 60 ms

J - R + 60 ms

Post J - J + 60 ms

Schiller Spacelab V47

SEA BIRD MEDICARE CENTRE POWAI

ABHISHEK SINHA (35 M)

ID: 2082

Date: 10-Feb-24

Exec Time: 0 m 0 s

Stage Time: 0 m 2 s

HR: 96 bpm

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0%

(THR: 157 bpm)

B.P: 110/80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)



Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Is - R - 50 ms

J - R - 50 ms

Post J - J - 50 ms

Schöler Spender V4.7

SEA BIRD MEDICARE CENTRE POWAI

ABHISHEK SINHA (35 M)

ID: 2082

Date: 10-Feb-24

Exec Time: 0 m 0 s

Stage Time: 0 m 2 s

HR: 96 bpm

Protocol: Bruce

Stage: Hyperventilation

Speed: 0 mph

Grade: 0%

(THR: 157 bpm)

B.P: 110/80

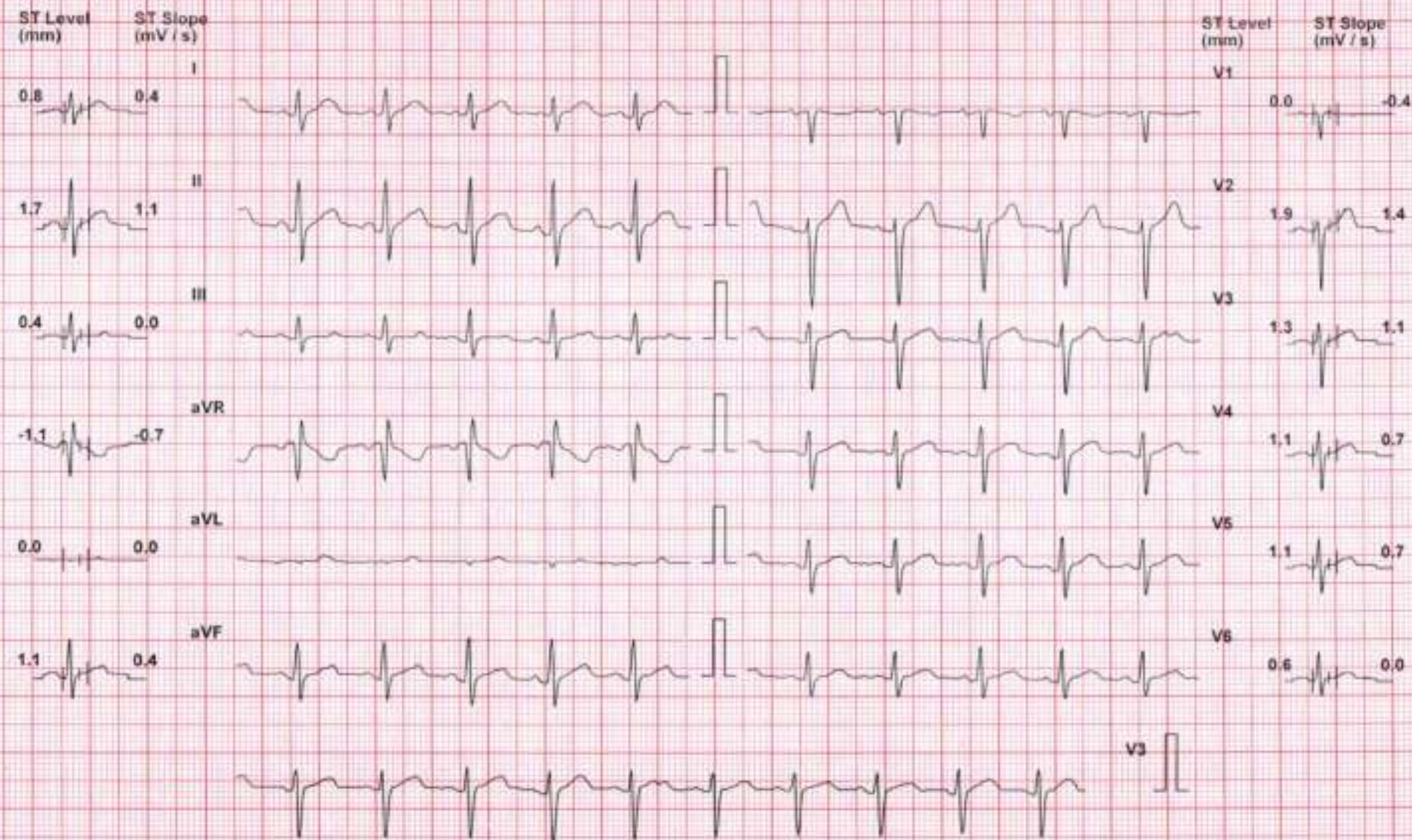


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 50 ms

J = R + 60 ms

Post J = J + 60 ms

Schäfer Spandke V4.7

SEA BIRD MEDICARE CENTRE POWAI

ABHISHEK SINHA (35 M)

ID: 2082

Date: 10-Feb-24

Exec Time: 3 m 0 s

Stage Time: 3 m 0 s

HR: 125 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

Grade: 10 %

(THR: 157 bpm)

B.P: 120 / 80

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

1.1 1.1

0.2 -0.4

-0.4 1.8

2.5 2.1

-1.7 0.4

2.5 2.1

-0.2 -1.4

2.1 1.4

1.5 0.7

1.9 1.1

-1.3 1.1

1.7 1.1

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

to + R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandax V4.7

SEA BIRD MEDICARE CENTRE POWAI

ABHISHEK SINHA (35 M)

ID: 2082

Date: 10-Feb-24 Exec Time: 6 m 0 s Stage Time: 3 m 0 s **HR: 145 bpm**

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

Grade: 12%

(THR: 157 bpm)

B.P: 130 / 90

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

1.1 1.1

V1 -0.4 -1.4

2.5 3.5

V2 0.8 0.7

1.3 2.1

V3 1.5 1.8

-1.7 2.1

V4 1.7 1.8

0.2 0.0

V5 1.3 1.1

1.9 2.8

V6 0.8 1.1

V3

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 50 ms

Schiller Spandau V 4.7

SEA BIRD MEDICARE CENTRE POWAI

ABHISHEK SINHA (35 M)

ID: 2082

Date: 10-Feb-24 Exec Time: 7 m 41 s Stage Time: 1 m 41 s HR: 158 bpm

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph

Grade: 14 %

(THR: 157 bpm)

B.P: 150 / 90

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

0.6 1.4

-0.4 -1.1

2.1 2.8

1.1 1.8

1.1 1.1

1.9 2.5

-1.3 -1.8

1.7 2.5

-0.2 0.0

1.7 2.5

1.7 2.1

1.3 1.8

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

PR = R = 60 ms

QR = R = 60 ms

Post QR = R = 60 ms

Schiller Spardan V4.7

SEA BIRD MEDICARE CENTRE POWAI

ABHISHEK SINHA (35 M)

ID: 2082

Date: 10-Feb-24 Exec Time: 7 m 41 s Stage Time: 1 m 0 s HR: 142 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 157 bpm)

B.P: 150/90

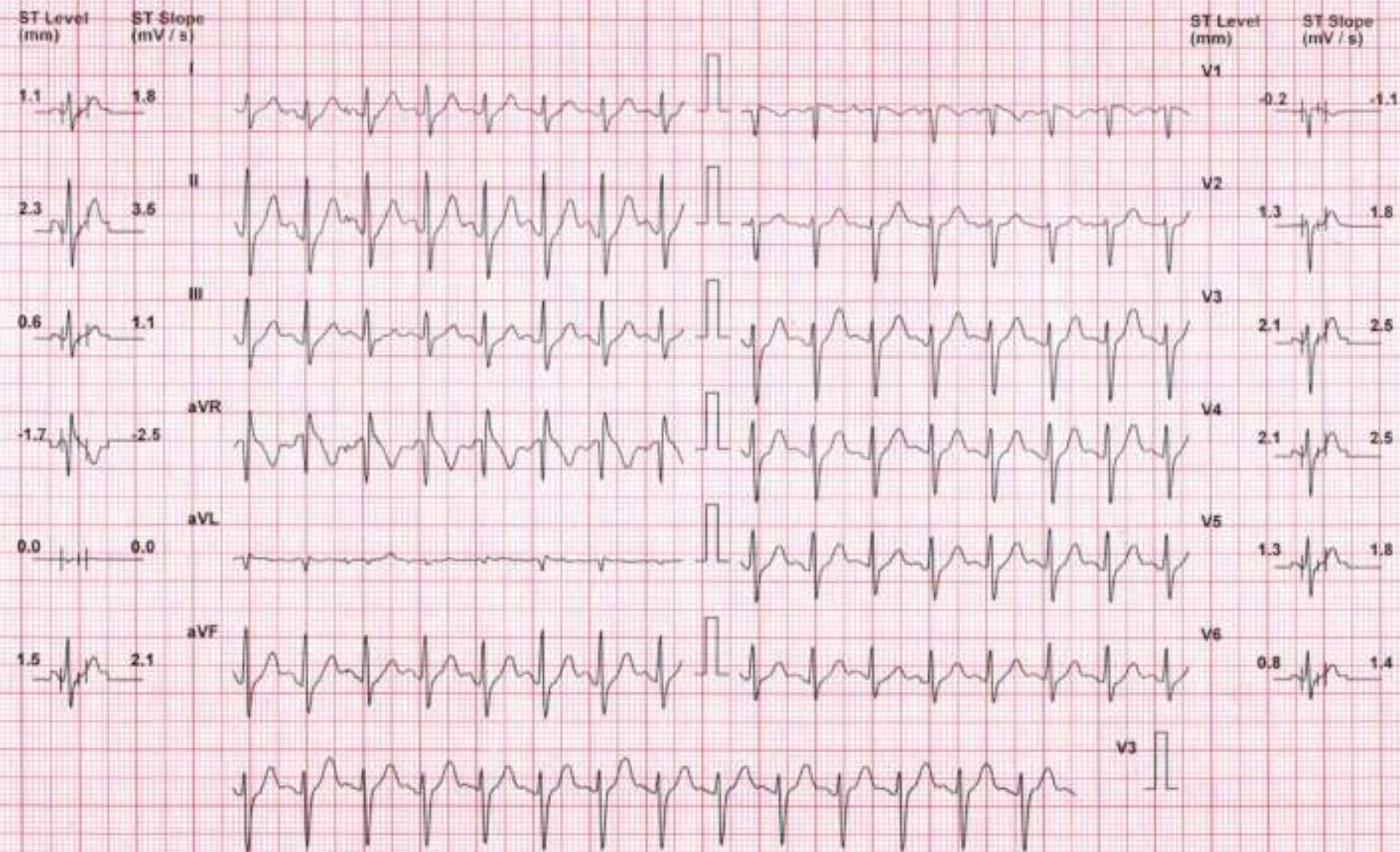


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Sciller Sprinter V4.7

SEA BIRD MEDICARE CENTRE POWAI

ABHISHEK SINHA (35 M)

ID: 2082

Date: 10-Feb-24

Exec Time: 7 m 41 s

Stage Time: 1 m 0 s

HR: 126 bpm

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 157 bpm)

B.P: 140 / 90

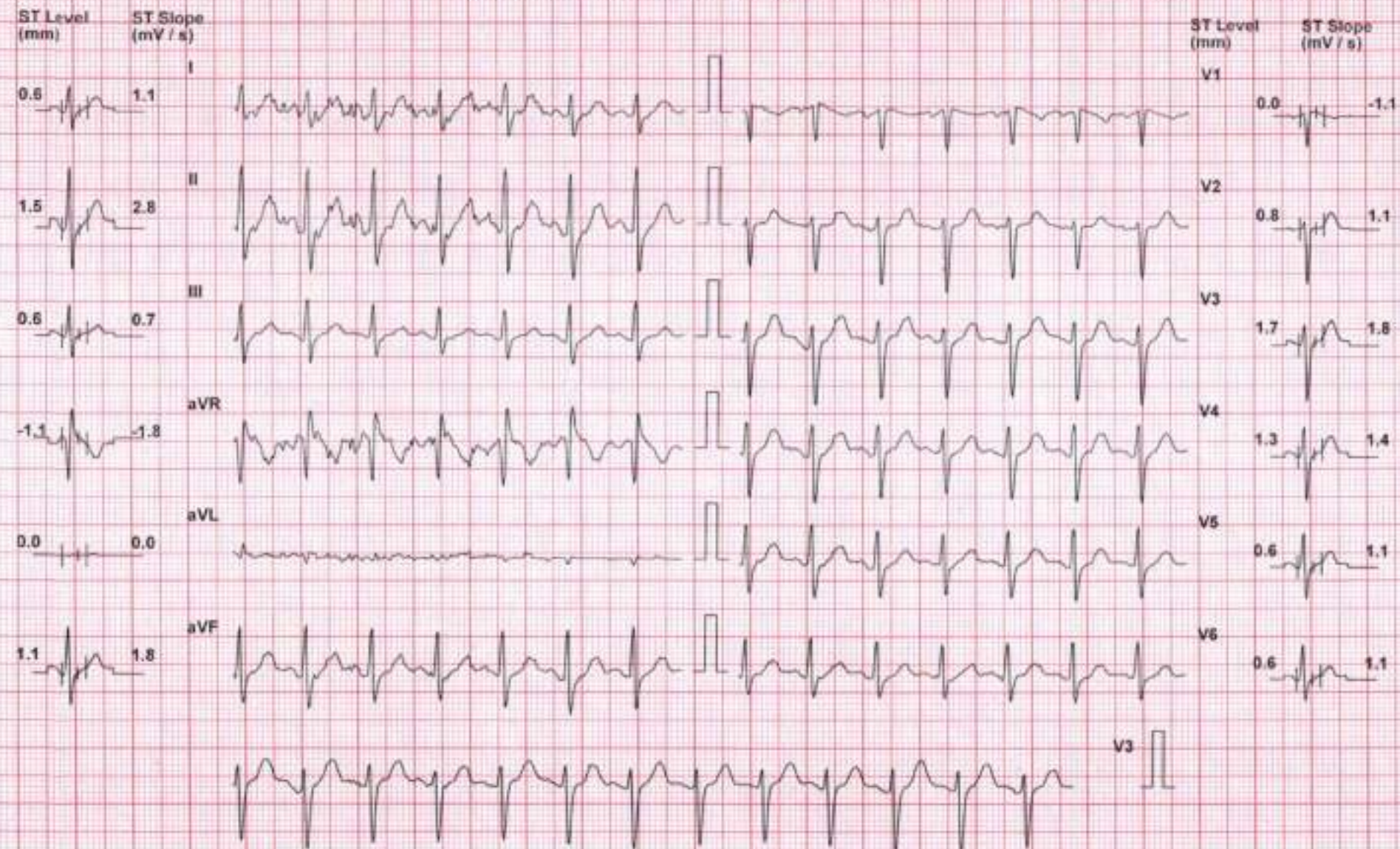


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

ISO - R - 60 ms

J - R - 60 ms

Post J - J - 60 ms

Schiller Spedlan V4.7

SEA BIRD MEDICARE CENTRE POWAI

ABHISHEK SINHA (35 M)

ID: 2092

Date: 10-Feb-24 Exec Time: 7 m 41 s Stage Time: 1 m 0 s **HR: 122 bpm**

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 157 bpm)

B P: 130 / 80

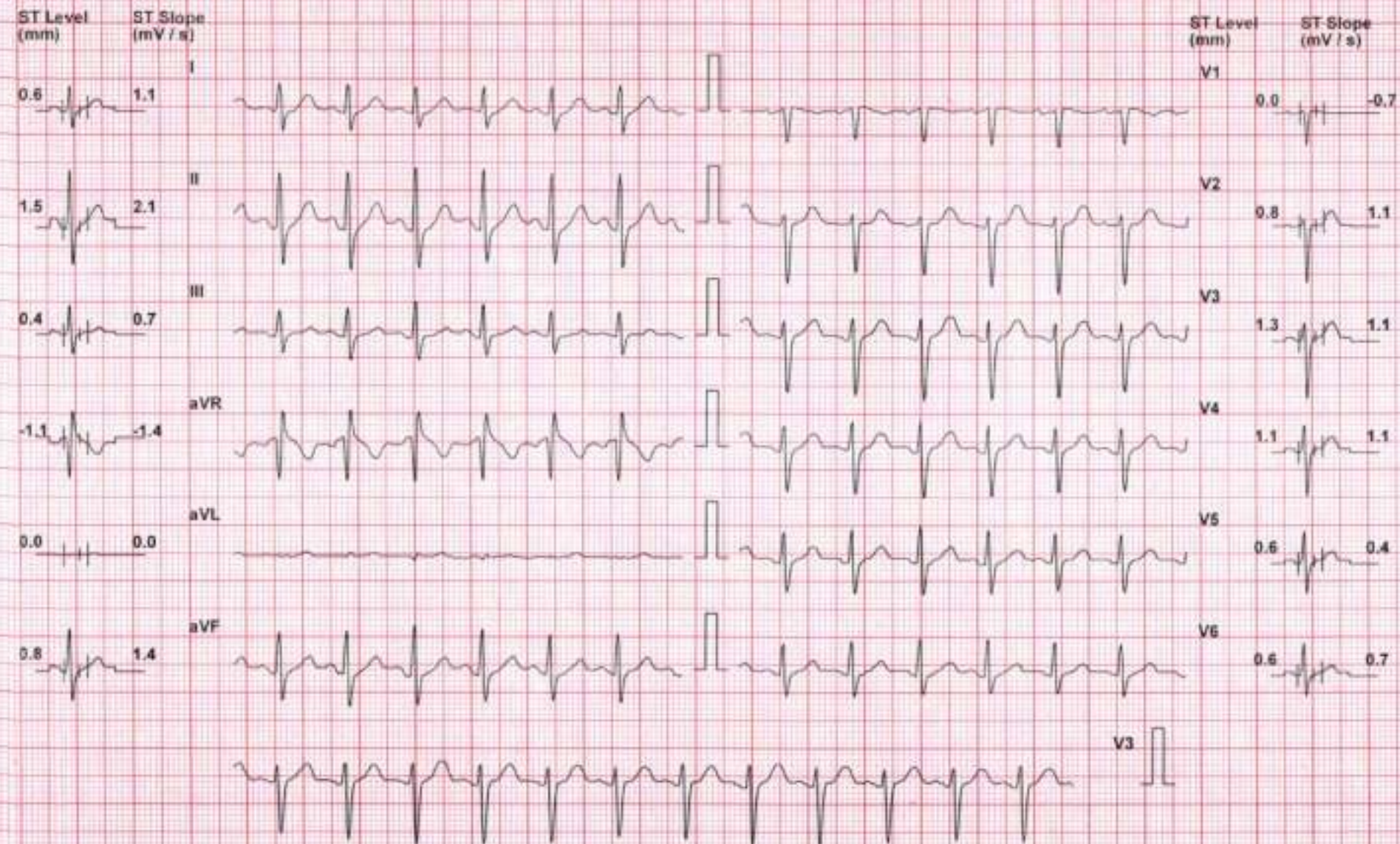


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Is = R - 60 ms

J = R + 50 ms

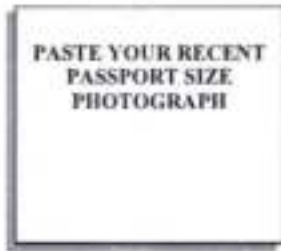
Post J = J + 50 ms

Schiller Seiden V 4 7

Annexure-2

Self-Health Declaration

(Please ✓ Mark Where Applicable)



1 PERSONAL DETAILS:

Name: ABHISHEK KANJAN SINHA
Address: C/A - 804, Pawan CHS, Kankunang (East)
Mumbai - 400042
City: Mumbai Pin: 400042
Birth Place: Bihar Birth Date: 25/09/1988 Religion: Hindu
(dd/mm/yyyy)
Post applied for: N/A Marital Status: Married / Unmarried Gender: M / F

2 PREVIOUS EMPLOYMENT: Yes / No If yes specify

Name	Nature of work	Duration
i)	N/A	
ii)		
iii)		

3 NAME OF FAMILY DOCTOR:

Address: Dr. M. Satish

Contact Details:

4 PERSONAL HABITS:

- i) Smoking
- ii) Tobacco chewing
- iii) Alcohol
- iv) Any other

5 MEDICAL HISTORY:

i) **ANY DISABILITY:** Yes / No If yes specify with disability %
NO

ii) **PERSONAL HISTORY:**

Are you in good health and capable of full work
Have you ever suffered from job related disease or injury?
Have you ever been discharged or rejected on medical grounds?

Yes	No
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Types of Previous Occupation (Pl. describe in brief about company, nature of work, duration in years)

N/A

iii) Have you ever suffered from any of the following (Answer Yes or No. if yes, give details)

Y	N		Y	N	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Hypertension	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Hepatitis-B
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Diabetes	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Cancer
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Heart disease	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Stroke
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Kidney diseases	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Bronchitis
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Tuberculosis	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Any allergy
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Chronic lung disease (e.g. Pleurisy Pneumonia etc.)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Any chronic ear or hearing problem (e.g. sinusitis, rhinitis otitis etc.)
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Epilepsy, Fits, Fainting or Dizziness	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Mental disorder of any kind
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Any major operation or injury	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Any other illness

Details of the above if "Yes")

— Diabetic —

(For female candidates only)

Are you pregnant at present? Y N

N/A

Date of L.M.P. _____

iv) Immunization:

	Yes	No
Tetanus Toxoid	<input type="checkbox"/>	<input type="checkbox"/>
Hepatitis B	<input type="checkbox"/>	<input type="checkbox"/>
Others	<input type="checkbox"/>	<input type="checkbox"/>

6 FAMILY HISTORY:

Has anyone of your parents suffered from any of the following: Yes / No

(If yes, Please ✓ Mark Where Applicable)

	Father	Mother
Hypertension	<input type="checkbox"/>	<input type="checkbox"/>
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>
Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>
Any other Disease	<input type="checkbox"/>	<input type="checkbox"/>

	IF LIVING		IF DEAD	
	AGE	HEALTH (Good, Bad, Fair)	AGE AT DEATH	CAUSE OF DEATH
Father	70	Good	—	—
Mother	—	—	48	Low BP
Spouse	29	Good	—	—
Children-1	3 1/2 yrs	Good	—	—
Children -2			—	—

7 I declare that the above statements are true and complete to the best of my knowledge and belief. In case this information is found to be false by the company, then the company reserves the right to terminate my services without giving any notice. I agree that the results of this medical examination in general terms may be revealed to the company if required. I also fully understand that in case I am declared medically unfit due to any reason, I shall not be entitled for the employment in the company. However, the decision taken by recruitment committee about my medical fitness will be final and binding to me.

Date: 10/2/2024

(Signature of Candidate)



Abhishek Ranjan Sinha
25/09/24

Only for annual
medical health
check up at Subodh
medical Centre.

