

**Apollo Hospitals Enterprise Limited**

**Registered Office :** No. 19 Bishop Gardens, Raja Annamalaipuram,  
Chennai - 600 028, Corporate Identity Number (CIN) : L85110TN1979PLC008035

**Bhubaneswar Office :** Plot No. 251, Sainik School Road, Unit-15,  
Bhubaneswar - 751 005, Tel:+91 674 6661016 / 6661066, Fax:+91 674 6660408  
E-mail : apollo\_bbsr@apollohospitals.com, Web: www.apollohospitals.com



DATE – 27<sup>TH</sup> January 2024

The Apollo Hospital,  
251 , sainik school  
Bhubaneswar , Odisha

**TO WHOMSOEVER IT MAY CONCERN**

This is to certify that Mrs LIPIKA NAYAK , Age 25 YEARS  
years Female , UHID NO -- ODB1.0000 835340

Has come for health check up . She is clinically stable . Gravid uterus . She is fit .

Dr Ipsita Mohanty  
Senior Medical officer incharge  
AHC

*[Handwritten signature]*  
**Dr. IPSITA MOHANTY**  
Medical Officer In-Charge  
Master Health Check up  
Apollo Hospitals, BBSR

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**IMPRESSION**

GRAVID UTERUS

DYSLIPIDEMIA , TG HIGH

40 TO 45 RBC CELLS ON URINE

**RECOMMENDATION**

LOW FAT , LOW CALORIE DIET , HIGH FIBRE DIET

REGULAR WALKING 30 MINUTES

Regular blood pressure monitoring advice

REPEAT URIC ACID , LIPID PROFILE , LFT , FBS , PPBS , HbA1C TEST ADVICE AFTER 2 MONTHS

**GYNAECOLOGY OPINION**

DR IPSITA MOHANTY

MBBS, PGDGM [GERIATRIC MEDICINE ], CCEBDM [ DIABETES]

INCHARGE PREVENTIVE MEDICINE

*(Handwritten signature)*  
**Dr. IPSITA MOHANTY**  
Medical Officer In-Charge  
Master Health Check up  
Apollo Hospitals, BBSR



Name : Mrs. LIPIKA NAYAK

UHID : ODB1.0000835340

SIN \ LRN : 15534780 \ 15534785 \ 15534789 \ 15534784 \ 2332543

Specimen : Blood

Ref Doctor : Dr. Ipsita Mohanty

**LABORATORY REPORT**

W/B No/RefNo : AHC



Collected on : 27-JAN-2024 12:08:13 PM

Received on : 27-JAN-2024 12:59:03 PM

Reported on

: 27-JAN-2024 02:29:02 PM

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN  
 INDIA - FY2324

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - SERUM / PLASMA (FASTING) (Hexokinase)	75	Non-Diabetic: <=100 Impaired: upto125 Diabetic: >=126	mg/dL
ALT(SGPT) - SERUM / PLASMA (UV,Using Pyridoxal Phosphate:IFCC)	46	Healthy Adults:30 - 65	U/L
ALBUMIN - SERUM (Bromocresol Purple Dye)	3.4 *	Healthy Adults:3.5-5.0	g/dL
GLOBULIN - SERUM:(Calculated)	3.1	Healthy Adults:1.8 - 3.6	g/dL
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.1	Healthy Adults:1.1 - 1.8	
ALKALINE PHOSPHATASE - SERUM/PLASMA (Enzymatic-AMP Buffer)	159 *	Healthy Adults:50 - 136	U/L
AST (SGOT) - SERUM (Using Pyridoxal Phosphate:IFCC)	49 *	Healthy Adults:15 - 37	U/L
BILIRUBIN, TOTAL - SERUM (Modified Doumas Ref. method/Jendrassik & Grof.)	0.6	Healthy Adults:<=1.0	mg/dL
CHOLESTEROL - SERUM / PLASMA (Cholesterol Oxidase / Esterase)	318 *	Desirable:<200 Borderline:200 - 240 High Risk:>=240	mg/dL
CREATININE - SERUM / PLASMA (Enzymatic Method)	0.53 *	Healthy Women: 0.60 - 1.0	mg/dL





DEPARTMENT OF BIOCHEMISTRY AND THERAPEUTIC DRUG  
**Apollo Hospitals Enterprise Limited**  
**MONITORING**

251, Sainik School Road, Bhubaneswar - 751 005

Tel.:+91 674 6661016 / 6661066

E-mail : apollo\_bbsr@apollohospitals.com

Website : www.apollohospitals.com Age : 24Yr 6Mth 7Days



Gender: Female

**LABORATORY REPORT**

Name : Mrs. LIPIKA NAYAK

UHID : ODB1.0000835340

SIN \ LRN : 15534780 \ 15534785 \ 15534789 \ 15534784 \ 2332543

Specimen : Blood

Ref Doctor : Dr. Ipsita Mohanty

Ward/Room/Bed No : AHC



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<b>GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM</b> (L-gamma-glutamyl-3-carboxy-4-nitranilide)	<b>11</b>	Healthy Women:5 - 55	U/L
<b>HDL CHOLESTEROL - SERUM / PLASMA</b> (Direct Measurement)	<b>93 *</b>	Low: <40 High: >=60	mg/dL
<b>TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)</b>	<b>3.4</b>	Desirable :< 4.5	
<b>LDL CHOLESTEROL - SERUM / PLASMA (DIRECT LDL)</b> (Direct Measurement)	<b>197 *</b>	Optimal:<100 Near Optimal:100-129 Borderline High:130-159 High:160-189 Very High:>=190	mg/dL
<b>POTASSIUM - SERUM / PLASMA</b> (Indirect ISE)	<b>4.0</b>	Healthy Adults: 3.5 - 5.1	mmol/L
<b>PROTEIN, TOTAL - SERUM / PLASMA</b> (Modified Biuret)	<b>6.5</b>	Healthy Adults:6.4 - 8.2	g/dL
<b>SODIUM - SERUM / PLASMA</b> (Indirect ISE)	<b>133 *</b>	Healthy Adults:136-145	mmol/L
<b>TRIGLYCERIDES - SERUM</b> (Enzymatic Method)	<b>204 *</b>	Normal: <150 Borderline High:150-199 High: 200-499 Very High: >=500	mg/dL
<b>UREA - SERUM / PLASMA</b> (Urease-GLDH,Enzymatic)	<b>13 *</b>	Healthy Adults:15 - 38	mg/dL
<b>UREA NITROGEN SERUM/PLASMA:(Calculated)</b>	<b>6 *</b>	Healthy Adults:7 - 18	mg/dL



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Gender: Female

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UHID : ODB1.0000835340

SIN \ LRN : 15534780 \ 15534785 \ 15534789 \ 15534784 \ 2332543

Specimen : Blood

Ref Doctor : Dr. Ipsita Mohanty

LABORATORY REPORT

WB Code No : AHC



Collected on : 27-JAN-2024 12:08:13 PM Received on : 27-JAN-2024 12:59:03 PM Reported on : 27-JAN-2024 02:29:02 PM

**VLDL CHOLESTEROL - SERUM §**

(Calculated Measurement)

<b>VLDL CHOLESTEROL - SERUM - CALCULATED</b>	<b>28</b>	Normal:<30 mg/dL	
<b>BILIRUBIN CONJUGATED (DIRECT) - SERUM</b>	<b>0.1</b>	Healthy Adults:0.0-0.3	mg/dL
(Modified Doumas Ref. method/Jendrassik & Grof.)			
<b>BILIRUBIN UNCONJUGATED - SERUM(Calculated)</b>	<b>0.5</b>	Healthy Adults:0.0 - 0.7	mg/dL
<b>GLUCOSE - SERUM / PLASMA (2 HR)</b>	<b>125</b>	Normal: <140	mg/dL
		Impaired: 140 - 200	
		Diabetic: >200	

**TOTAL T3: TRI IODOTHYRONINE - SERUM/PLASMA**

(Chemiluminescence)

<b>TOTAL T3: TRI IODOTHYRONINE - SERUM</b>	<b>154</b>	Healthy Adults: 82 - 179	ng/dL
		Pregnant Women:	
		1st Trimester:121-308	
		2nd & 3rd Trimesters:152-362	

**TOTAL T4: THYROXINE - SERUM/PLASMA**

(Chemiluminescence)

<b>TOTAL T4:THYROXINE - SERUM</b>	<b>11.4</b>	Healthy Adults: 4.82-15.65	µg/dL
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**TSH: THYROID STIMULATING HORMONE - SERUM /PLASMA**

(Chemiluminescence)

<b>TSH: THYROID STIMULATING HORMONE - SERUM</b>	<b>1.32</b>	Healthy Adults- 0.38-5.33	uIU/mL
		Pregnant women:	
		1st Trimester:0.05-3.70	
		2nd Trimester: 0.31-4.35	
		3rd Trimester: 0.41-5.18	



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Gender: Female

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Specimen : Blood

Ref Doctor : Dr. Ipsita Mohanty

LABORATORY REPORT

Member No : AHC



Collected on : 27-JAN-2024 12:08:13 PM

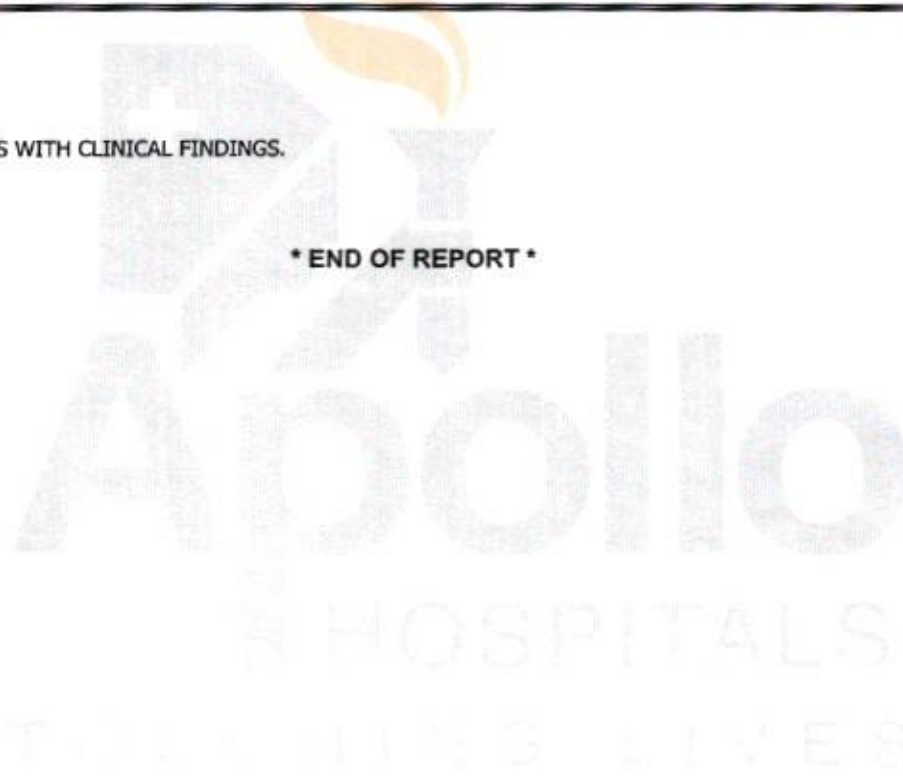
Received on : 27-JAN-2024 12:59:03 PM

Reported on : 27-JAN-2024 02:29:02 PM

Report Status:Final

KINDLY CORRELATE RESULTS WITH CLINICAL FINDINGS.

\* END OF REPORT \*



CHECKED BY 109518  
109518

Printed On : 27-JAN-2024 03:34:37 PM

Dr Nihar Ranjan Dash

MD Biochemistry





DEPARTMENT OF BIOCHEMISTRY AND THERAPEUTIC DRUG  
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Tel.: +91 674 6661016 / 6661066

E-mail: apollo\_bber@apollohospitals.com

Website: www.apollohospitals.com Age: 24Yr 6Mth 7Days



Name : Mrs. LIPIKA NAYAK

UHID : ODB1.0000835340

SIN \ LRN : 15534782 \ 2332543

Specimen : Whole blood

Ref Doctor : Dr. Ipsita Mohanty

LABORATORY REPORT

WB No / Ref No : AHC



Collected on : 27-JAN-2024 10:10:32 AM Received on : 27-JAN-2024 10:44:04 AM Reported on : 27-JAN-2024 12:18:27 PM

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN  
INDIA - FY2324

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD (Ion Exchange High Performance Liquid Chromatography)	5.2	HbA1C Degree of Control <6.0 Non-diabetic level <7.0 Goal* >8.0 Action Suggested**	%
Mean Plasma Glucose (MPG) Estimate:	107.82		mg/dL

\*Some danger of hypoglycemic reaction in Type I diabetics. Some glucose intolerant individuals and "sub-clinical" diabetics may show (elevated) HbA1c in this area.  
\*\*High risk of developing long term complications. "Action Suggested" depends on individual patient circumstances.

Report Status: Final

KINDLY CORRELATE RESULTS WITH CLINICAL FINDINGS.

\* END OF REPORT \*

CHECKED BY 109518  
109518

Printed On : 27-JAN-2024 03:34:56 PM

Dr Nihar Ranjan Dash

MD Biochemistry



Name : Mrs. LIPIKA NAYAK E-mail : apollo\_bbsr@apollohospitals.com Age : 24Yr 6Mth 7Days Gender : Female  
 UHID : ODB1.0000835340 Website : www.apollohospitals.com / ODB1AH107318 WBS No/RefNo : AHC  
 SIN ILRN : 15534786 \ 15534787 \ 2332543  
 Specimen : Whole Blood ( EDTA )  
 Ref Doctor : Dr. Ipsita Mohanty

**LABORATORY REPORT**



Collected on : 27-JAN-2024 10:10:32 AM Received on : 27-JAN-2024 10:55:59 AM Reported on : 27-JAN-2024 02:28:15 PM

**ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN  
INDIA - FY2324**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>HEMOGRAM(CBC+ESR+PS+RET) : (Automation+Standard Method)</b>			
Hemoglobin	10.0 *	11 - 15.5	g/dL
Haematocrit	31.8 *	37 - 50	%
RBC COUNT	4.01	3.5 - 5.5	Million/ul
MCV	79.3	76 - 96	fL
MCH	24.9 *	27 - 32	pg
MCHC	31.4	30 - 35	g/dL
RDW	15.9 *	11.5 - 14.5	%
RETICULOCYTE COUNT	3.12 *	0.5 - 2.5	%
TLC Count	10.8	4 - 11	10 <sup>9</sup> /μl
Platelet Count	185	140 - 440	10 <sup>9</sup> /mm <sup>3</sup>
ERYTHROCYTE SEDIMENTATION RATE (ESR)	86 *	0 - 20	mm/1st hr
<b>Differential Count</b>			
Neutrophils	82 *	40 - 75	%
Lymphocytes	12 *	20 - 45	%
Eosinophils	03	1 - 6	%
Monocytes	03	1 - 10	%
Basophils	00	0 - 1	%
<b>PERIPHERAL SMEAR</b>			
RBC:	Normocytic normochromic to hypochromic, mild anisopoikilocytosis, polychromatic cells present		
WBC:	Neutrophilia present		





Name : Mrs. LIPIKA NAYAK      E-mail : apollo\_bbsr@apollohospitals.com      Age : 24Yr 6Mth 7Days      Gender : Female  
 UHID : ODB1.0000835340      Website : www.apollohospitals.com      WBS No/RefNo : AHC  
 SIN \LRN : 15534786 \ 15534787 \ 2332543  
 Specimen : Whole Blood ( EDTA )  
 Ref Doctor : Dr. Ipsita Mohanty

**LABORATORY REPORT**



Collected on : 27-JAN-2024 10:10:32 AM      Received on : 27-JAN-2024 10:55:59 AM      Reported on : 27-JAN-2024 02:28:15 PM

Platelets: Adequate on the smear

**BLOOD GROUPING AND TYPING (ABO and Rh)**

ABO Group: B  
Rh (D) Type: POSITIVE

Comments : Advice: Serum IRON & TIBC

Report Status:Final

KINDLY CORRELATE RESULTS WITH CLINICAL FINDINGS.

\* END OF REPORT \*

CHECKED BY : 1117181  
918003

Printed On : 27-JAN-2024 03:35:26 PM

Dr.Snehalata Jagati  
Junior Consultant



Name : Mrs. LIPIKA NAYAK  
UHID : ODB1.0000835340  
SIN \LRN : 15534788 \ 2332543  
Specimen : Urine  
Ref Doctor : Dr. Ipsita Mohanty

E-mail : apollo\_bbsr@apollohospitals.com  
Website : www.apollohospitals.com

Age : 24Yr 6Mth 7Days

Gender : Female

WBN/RefNo : AHC

LABORATORY REPORT



Collected on : 27-JAN-2024 10:10:32 AM Received on : 27-JAN-2024 11:00:24 AM Reported on : 27-JAN-2024 11:14:17 AM

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN  
INDIA - FY2324

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>URINE ROUTINE (CUE) : (Automation+Standard Method)</b>			
Specific Gravity	1.010 *	1.016 - 1.026	
Colour:	Pale-Yellow		
Transparency:	Clear		
Reaction:	Neutral		
Glucose:	Nil		
Protein :	Nil		
pH	7.0	4.6 - 8	
Blood::	Negative		
Ketone	Negative		
Bile Pigments:	Negative		
Bile Salts(Hay's Test):	Negative		
Urobilinogen	Normal		
Nitrite	Negative		
<b>DEPOSITS:</b>			
RBC	Nil		/hpf
WBC/Pus Cells	40-45		/hpf
Tc/Sqc(Transitional/Squamous epithelial cells)	7-8		/hpf



Name : Mrs. LIPIKA NAYAK

UHID : ODB1.0000835340

SIN \LRN : 15534788 \ 2332543

Specimen : Urine

Ref Doctor : Dr. Ipsita Mohanty

E-mail : apollo\_bbsr@apollohospitals.com

Website : www.apollohospitals.com

Age : 24Yr 6Mth 7Days

WBNo/RefNo : ODB1AH107218

: AHC

**LABORATORY REPORT**

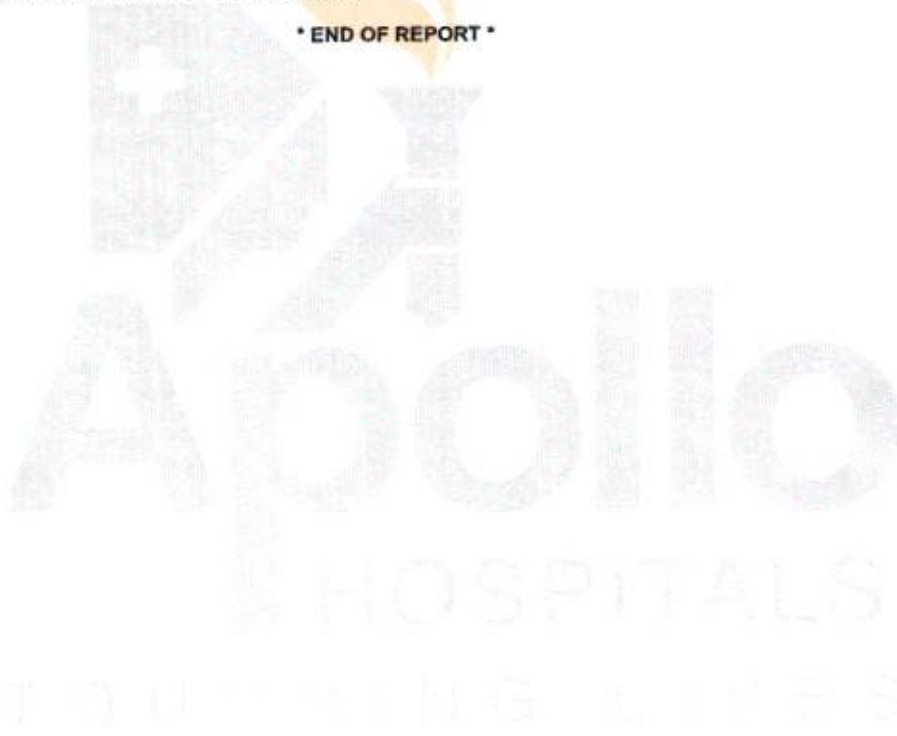


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Report Status: Final

PLEASE CORRELATE RESULTS WITH CLINICAL FINDINGS.

\* END OF REPORT \*



CHECKED BY : 109529  
918003

*Jagati*

Dr. Snehalata Jagati  
Junior Consultant

Printed On : 27-JAN-2024 03:35:44 PM



HR 86bpm

Interpretation:

normal ECG

Measurement Results:

QRS	:	72 ms	< P
QT/QTcB	:	425 ms	< T
PR	:	130 ms	< QRS
P	:	100 ms	aVL
RR/PP	:	694 / 590 ms	O I
P/QRS/T	:	45 / 35 / 35 degrees	
QTd/QTsd	:	58 / 70 ms	III +90 II
Sokolow	:	3.0 mV	aVF
NK	:	11	

P 25 YRS JAN 27 2024  
 I.A00083549 ODBIAH107318  
 LIPIKA NAYAK  
 BIOCHE-TP  
 SIN.15534785

Unconfirmed report.



**APOLLO HOSPITALS, BHUBANESWAR**  
**DEPARTMENT OF CARDIOLOGY**



HEART INSTITUTES

Name: NAYAK, MRS LIPIKA

Age:

Patient Id: 835340

Sex: Female

Date: 27/01/2024

**ECHO REPORT**

**2D & M-MODE MEASUREMENTS**

Ao Diam	2.5 cm
LA Diam	2.8 cm
AV Cusp	1.3 cm
IVSd	0.9 cm
LVIDd	4.4 cm
LVPWd	1.0 cm
IVSs	1.0 cm
LVIDs	2.9 cm
LVPWs	1.3 cm

**MITRAL VALVE**

MV E Vel	0.81 m/s
MV DecT	265 ms
MV Dec Slope	3.0 m/s <sup>2</sup>
MV A Vel	0.52 m/s
MV E/A Ratio	1.54

**TRICUSPID VALVE**

TR Vmax	1.62 m/s
TR maxPG	10.48 mmHg

**2D & M-MODE CALCULATIONS**

LA/Ao	1.11
EDV(Teich)	86 ml
ESV(Teich)	31 ml
EF(Teich)	64 %
%FS	34 %
SV(Teich)	55 ml
RWT	0.47

**AORTIC VALVE**

AV Vmax	1.32 m/s
AV maxPG	6.99 mmHg

**PULMONARY VALVE**

PV Vmax	1.08 m/s
PV maxPG	4.70 mmHg

**IMPRESSION:**

NORMAL CHAMBERS AND VALVES  
NO RWMA  
NORMAL LV FUNCTION  
NO MR/TR/AR/PR  
NO PE/CLOT/VEG

**ECHO CARDIOGRAPHER**

DR B DIKSHIT / DR SANGHAMITRA



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E-mail : apollo\_bbsr@apollohospitals.



**DEPARTMENT OF MEDICAL HEALTH CHECK**

NAME OF THE PATIENT : \_\_\_\_\_ E... YRS SEX ... DATE

ADDRESS PLOT 251 ,SAINIK SCHOOL ROAD ,UNIT 15 ,S ... APURU ,BHUBANESWAR 751005

CHIEF COMPLAINT - ANNUAL HEALTH CHECK UP

LMP 19<sup>TH</sup> MAY , GRAVID UTERUS

PRESENT ILLNESS --- Type II Diabetes Mellitus NIL / Systemic Hypertension Nil / Bronchial Asthma NIL/ Coronary Artery Disease Nil / Hypothyroid Disease Nil / CANCER NIL / SNORING NIL

PAST ILLNESS ;; NIL , COVID INFECTION ; NIL

SURGICAL HISTORY ; NIL SURGERY HISTORY

DRUG ALLERGY --- NIL DRUG ALLERGY HISTORY MODERATE MEDICATION ;; CALCIUM , IRON

PERSONAL HISTORY ... MARRIED , 0KID , ADDICTION ;; NIL / PHYSICAL ACTIVITY ;; MODERATE / DIET ;  
NON VEGETARIAN / COVID VACCINE TWO DOSES TAKEN , TITANUS TOXOID TWO DOSES

FAMILY HISTORY ;; FATHER ALIVE 49 YEARS , MOTHER ALIVE 47 YEARS BROTHER 1 SISTER 0

EYE ;; NORMAL ENT NORMAL WEIGHT CONSTANT OCCUPATION HOUSEWIFE

**PHYSICAL EXAMINATION General PHYSICAL EXAMINATION General**

Height (in cms) ; 164 CM Weight (in kg) : 69.6 KG BODY BUILT AVERAGE

Anemia : NO Icterus : NO  
Cyanosis : NO Clubbing : NO  
Oedema : NO Enlarged Glands :

**Cardiovascular System**

Heart Rate (Per] 92 MINUTE/REGULAR B. P. supine (mm of Hg] 124/76 mmHg

Chest shape Symmetrical Heart sounds S1-S2 present  
Murmur NIL Thrills NIL

Respiratory System Rate & Type : 20/MIN Vesicular Breath Sounds : vesicular No added sound

**Abdominal Examination**

Palpable Liver : Normal Palpable Spleen: Normal Tenderness : NIL

Central Nervous System Cranial Nervous : Normal Sensor System : NORMAL Motor System : Normal

Reflexes Intact

Spine and Extremities;; NORMAL [MUSCULOSKELETAL]

Psychological Assessment :NORMAL

*Dr. Ipsita Mohanty*  
Master Health Check up  
Apollo Hospitals, BBSR



OP CONSULTATION REQUEST



Date: 27/1/24

Name: Lipika

Age: 25

Sex: M/F

Primary Consultant:

Nayak

UHID No.:

Referred to Dr.

Speciality: ophthal

Reason for Referral

Sub: PMB

M/G/6/26

Asymmetric  
Cor

CP  
Bilateral  
Osteodermis

see (RR)

(LR)

unc

u

CP

Signature:

Name:

Date:

Time:

Dr. C. K. Deepa  
MS, FAH (O&A, Ant. Seg.)  
Sr. Consultant - Ophthalmology  
Regn. - 15101/OR/2009  
Apollo, Bhubaneswar

OP CONSULTATION REQUEST



Date: 27/1/24

Name: Lipika Nayak Age: 24 Sex: M/F Female  
Primary Consultant: UHID No.:

Referred to Dr.

Speciality: Dental

Reason for Referral

for Pain on lower back  
for tooth reg. /

for crown (+)  
crown (+)

Impacted tooth at 8. /

Ar  
⊙

exposed & impacted  
tooth at pt.

⊙

lower arch  
dentist.

Dr.

Signature:

Name:

Date:

Time: