


855 / GOURI SHANKAR DASH / 34 Yrs / M / 163 Cms / 75 Kg Date: 14-Feb-2024 Refd By : MEDI-WHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:22	0:22	00.0	00.0	01.0	086	46 %	113/72	097	00	
Standing	00:38	0:16	00.0	00.0	01.0	088	47 %	113/72	099	00	
HV	00:55	0:17	00.0	00.0	01.0	090	48 %	113/72	101	00	
ExStart	01:12	0:17	00.0	00.0	01.0	085	46 %	113/72	096	00	
BRUCE Stage 1	04:12	3:00	01.7	10.0	04.7	119	64 %	114/73	135	00	
BRUCE Stage 2	07:12	3:00	02.5	12.0	07.1	144	77 %	115/74	165	00	
PeakEx	09:41	2:29	03.4	14.0	09.7	169	91 %	117/75	197	00	
Recovery	10:11	0:30	01.1	00.0	04.2	163	88 %	117/75	190	00	
Recovery	10:41	1:00	01.1	00.0	01.2	145	78 %	116/75	168	00	
Recovery	12:41	3:00	00.0	00.0	01.0	117	63 %	115/74	134	00	
Recovery	14:48	5:07	00.0	00.0	01.0	113	61 %	114/74	128	00	

FINDINGS :

Exercise Time : 08:29
 Max HR Attained : 169 bpm 91% of Target 186
 Max BP Attained : 117/75
 Max WorkLoad Attained : 9.7 Good response to induced stress
 Test End Reasons : Test Complete

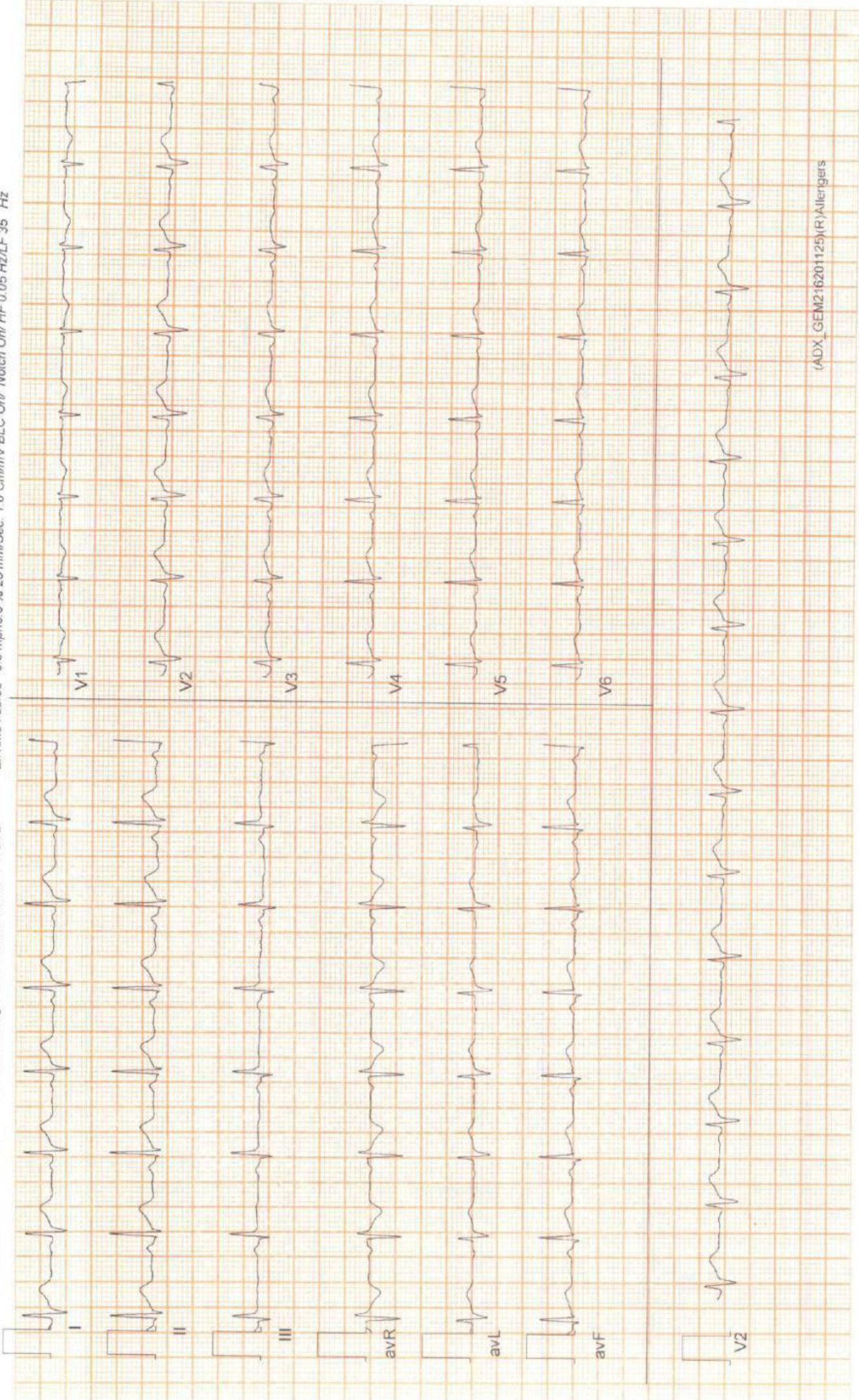
REPORT :

TMT is Negative

 M.B.B.S.
 REGD No. 699



Date: 14 - 02 - 2024 10:22:24 AM METs : 1.0 HR : 86 Target HR : 46% of 186 BP : 113/72

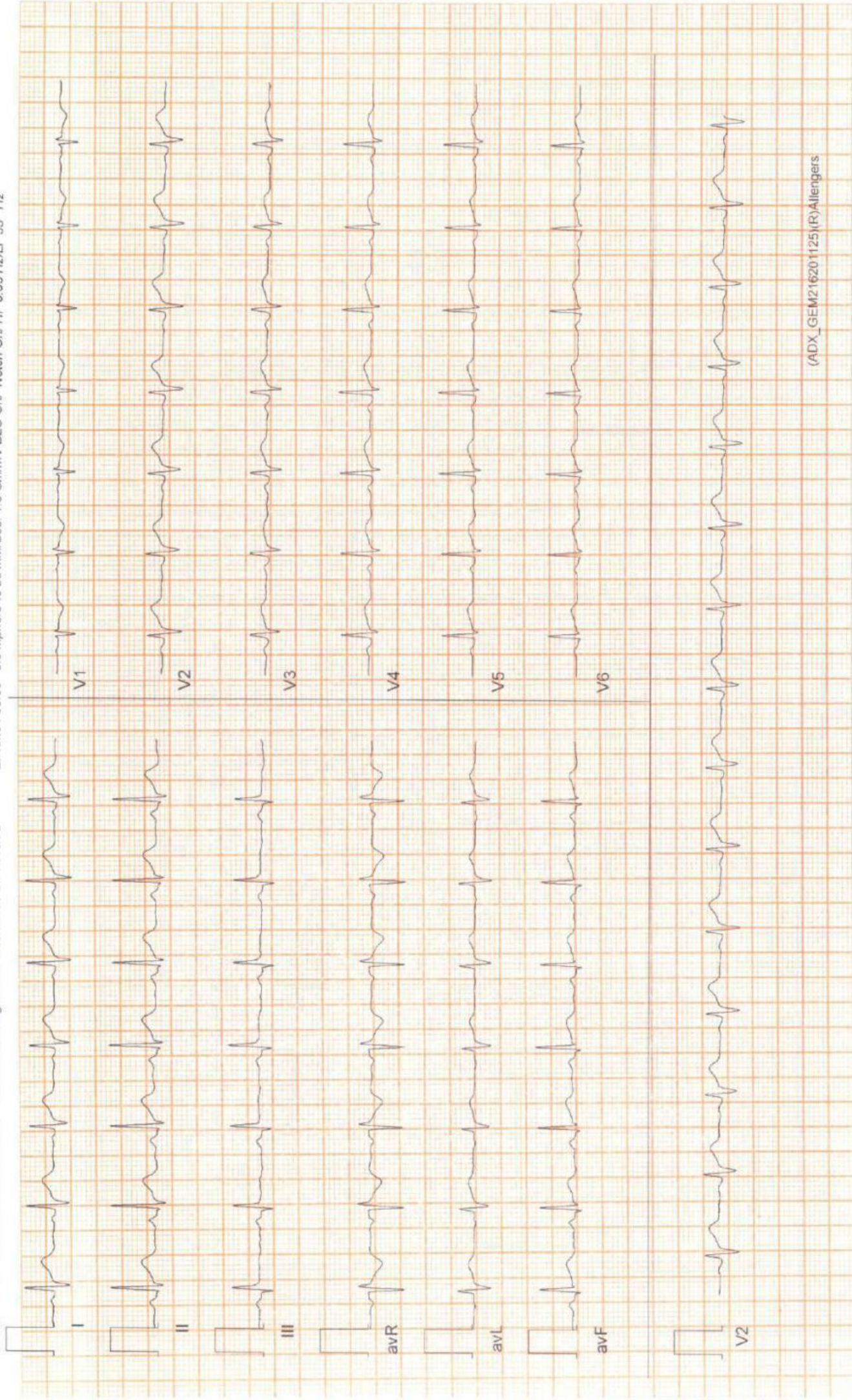
ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





Date: 14 - 02 - 2024 10:22:24 AM METs : 1.0 HR : 88 Target HR : 47% of 186 BP : 113/72

Ex Time : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

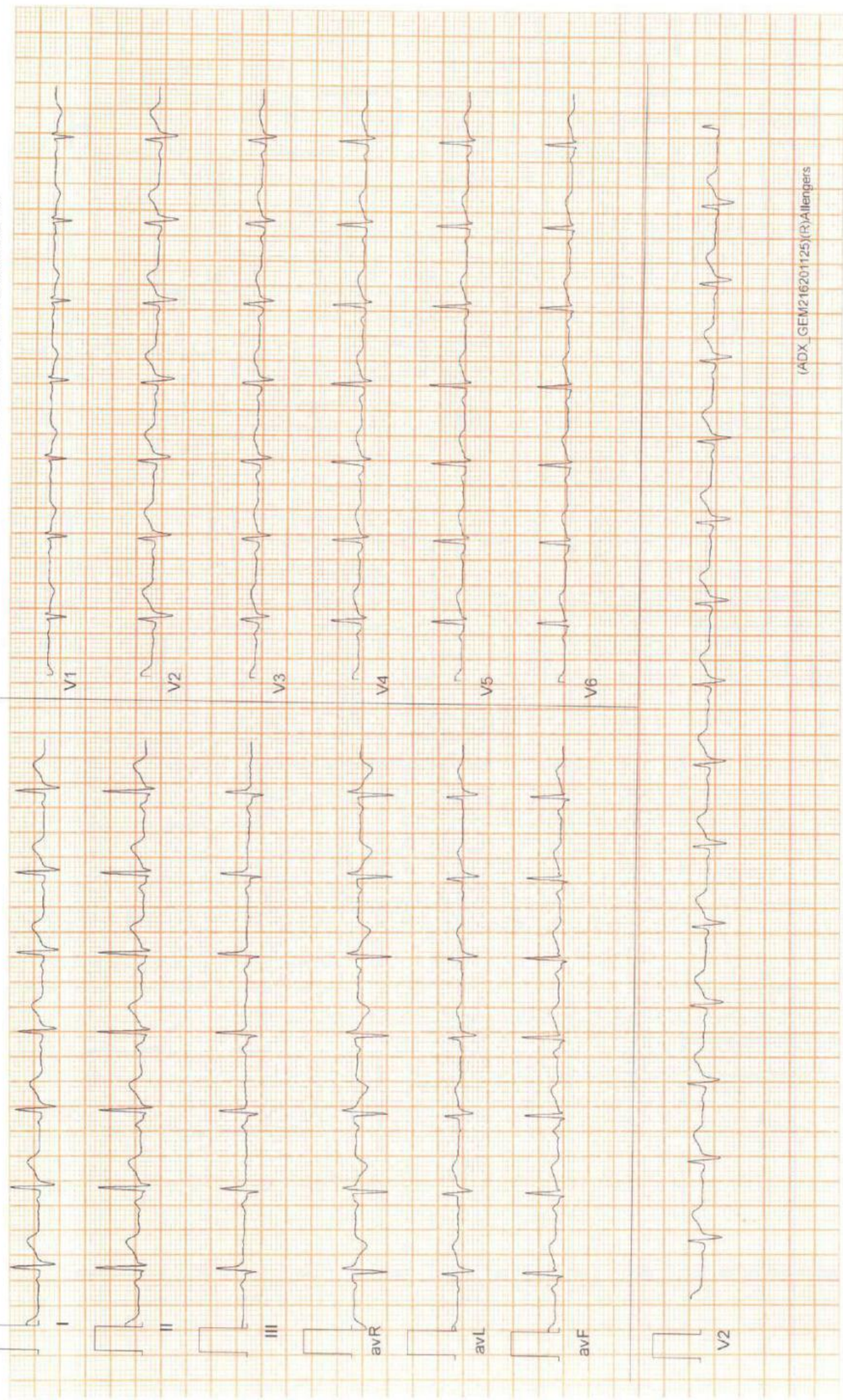


(ADX_GEM216201125(R))Allengers



Date: 14-02-2024 10:22:24 AM METs : 1.0 HR : 90 Target HR : 48% of 186 BP : 113/72

ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Allengers

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

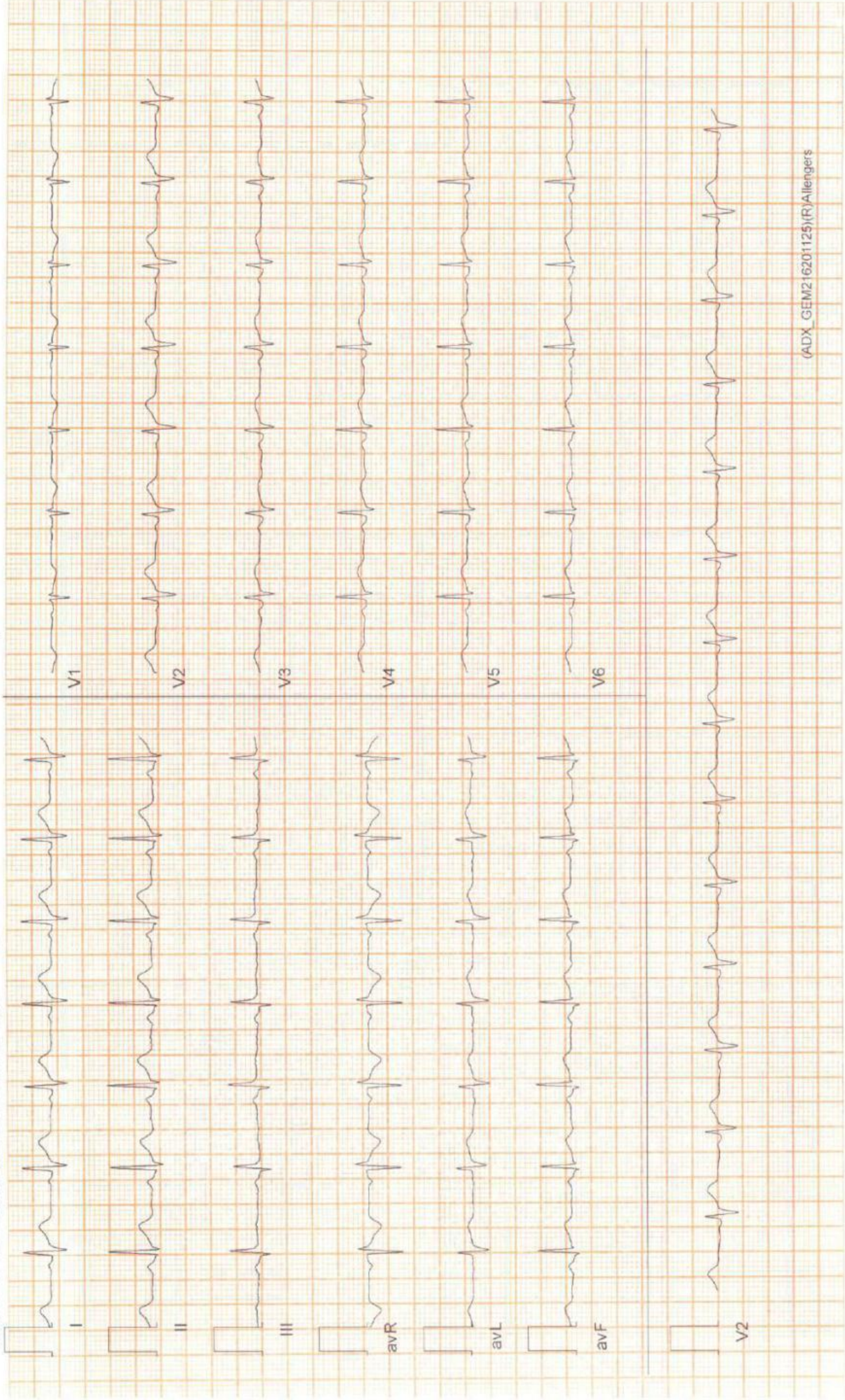
855 / GOURI SHANKAR DASH / 34 Yrs / Male / 163 Cm / 75 Kg

**6 x 2 + Rhythm
ExStart**



Date: 14 - 02 - 2024 10:22:24 AM METs : 1.0 HR : 85 Target HR : 45% of 186 BP : 113/72

ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ HF 0.05 Hz/LF 35 Hz

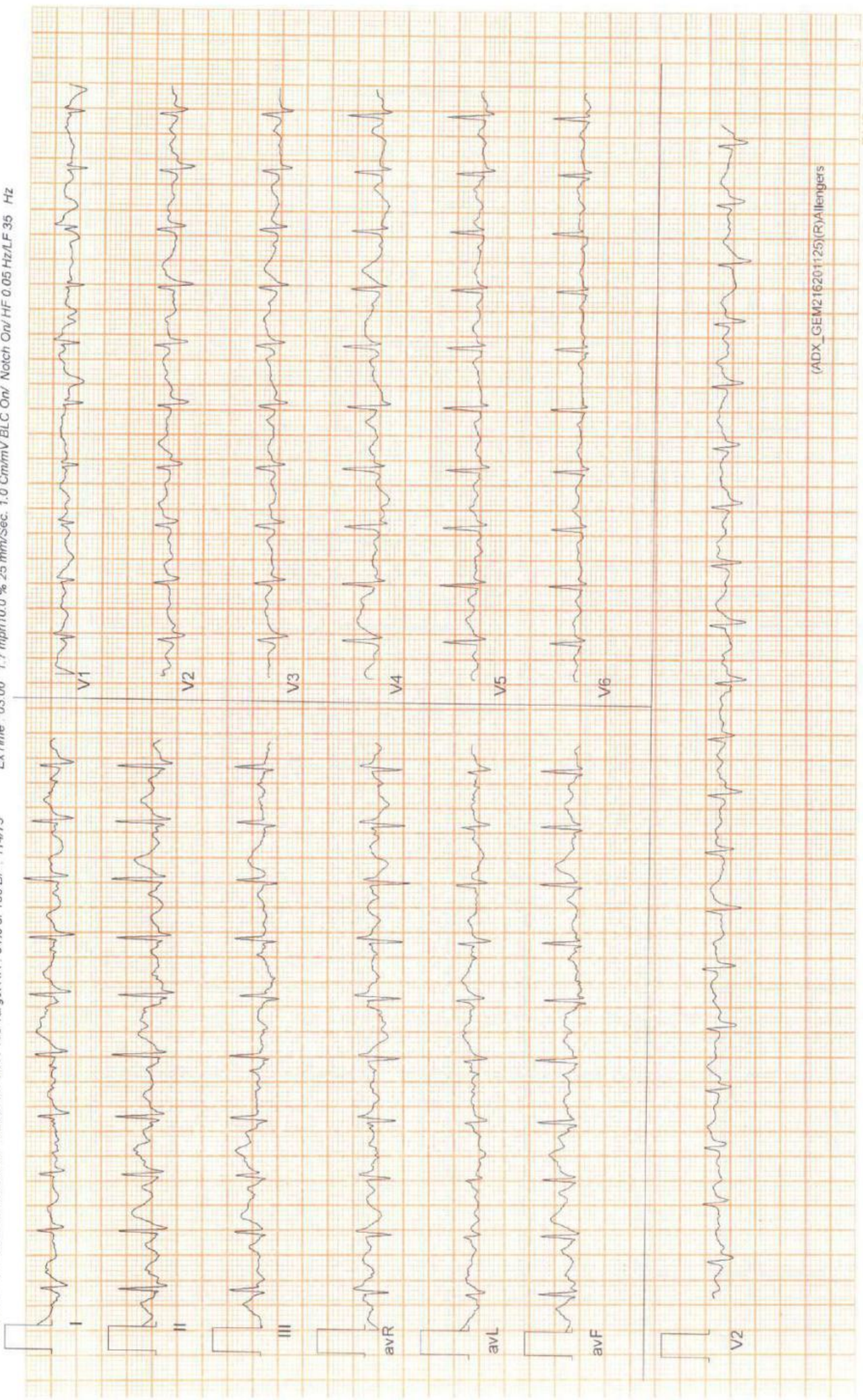


(ADX_GEM2-6201125)(R)Allengers



Date: 14-02-2024 10:22:24 AM METs : 4.7 HR : 119 Target HR : 64% of 186 BP : 114/73

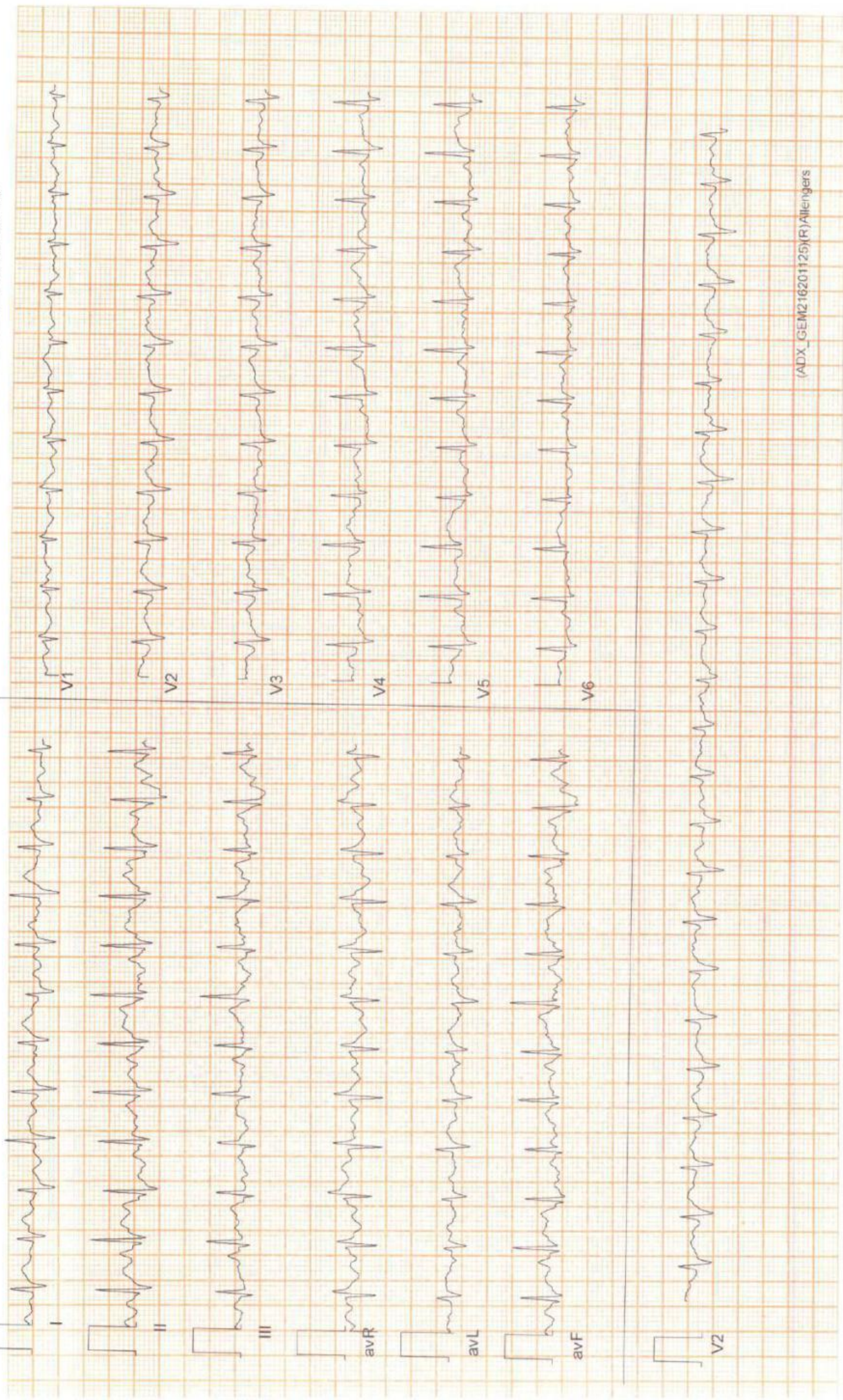
ExTime : 03:00 1.7 mph 10.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Allengiers



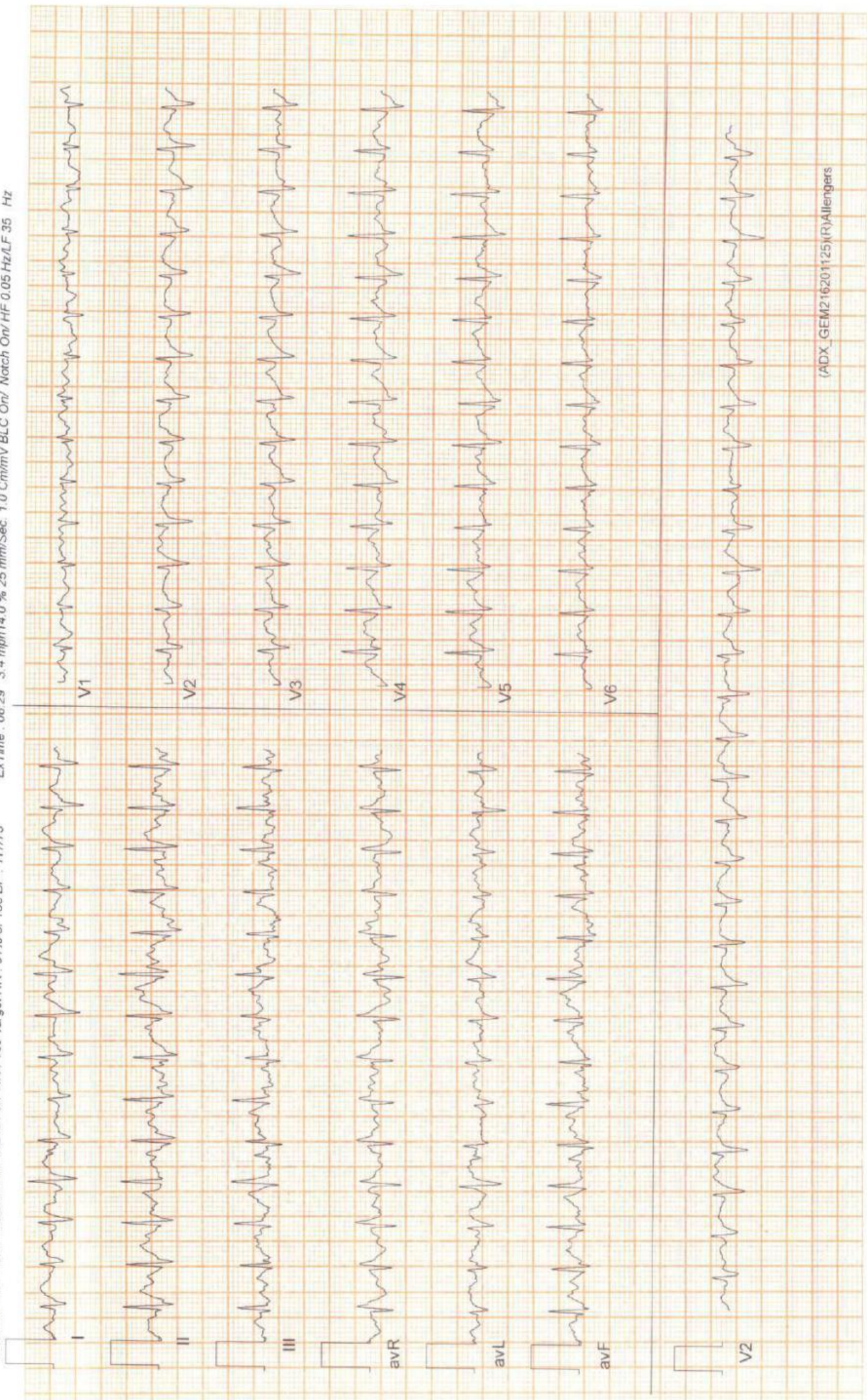
Date: 14-02-2024 10:22:24 AM METs: 7.1 HR: 144 Target HR: 77% of 186 BP: 115/74
Ex Time: 06:00 2.5 mph 12.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Allengers



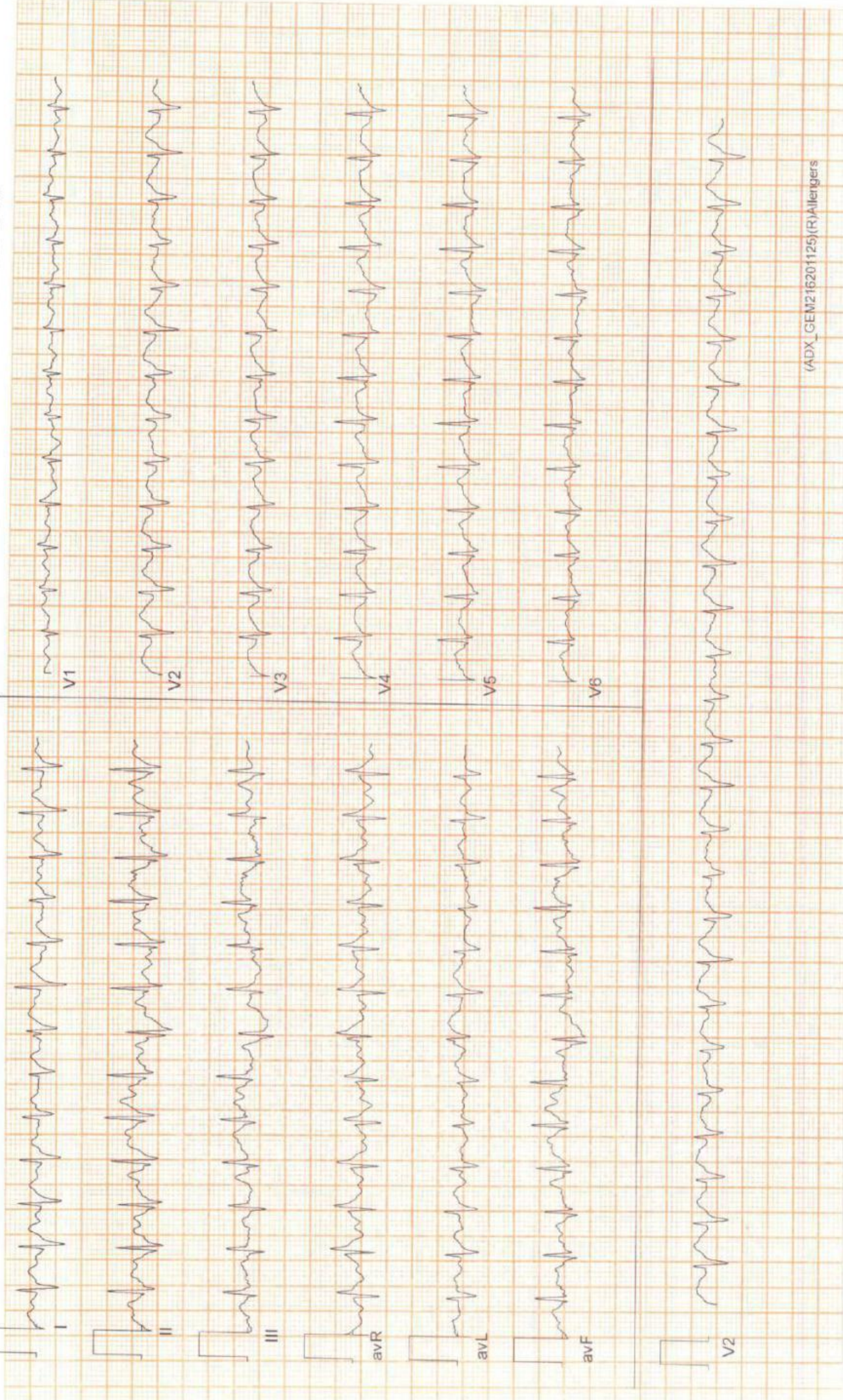
Date: 14 - 02 - 2024 10:22:24 AM METs : 9.7 HR : 169 Target HR : 91% of 186 BP : 117/75 ExTime : 08:29 3.4 mph 14.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Allengers

Date: 14 - 02 - 2024 10:22:24 AM METs : 4.2 HR : 163 Target HR : 88% of 186 BP : 117/75

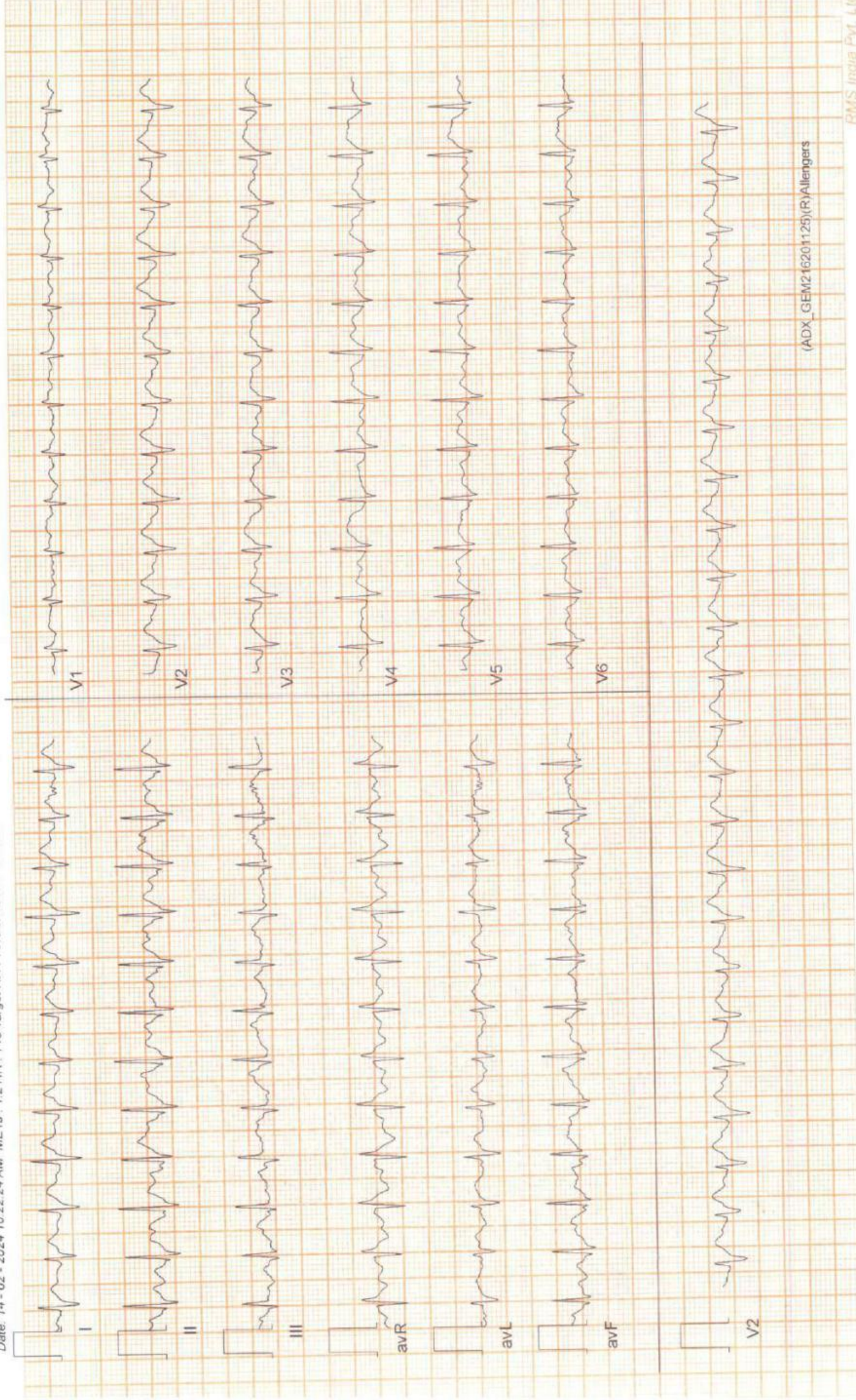
Ex Time : 08:29 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Allergers

Date: 14-02-2024 10:22:24 AM METs : 1.2 HR : 145 Target HR : 78% of 186 BP : 116/75

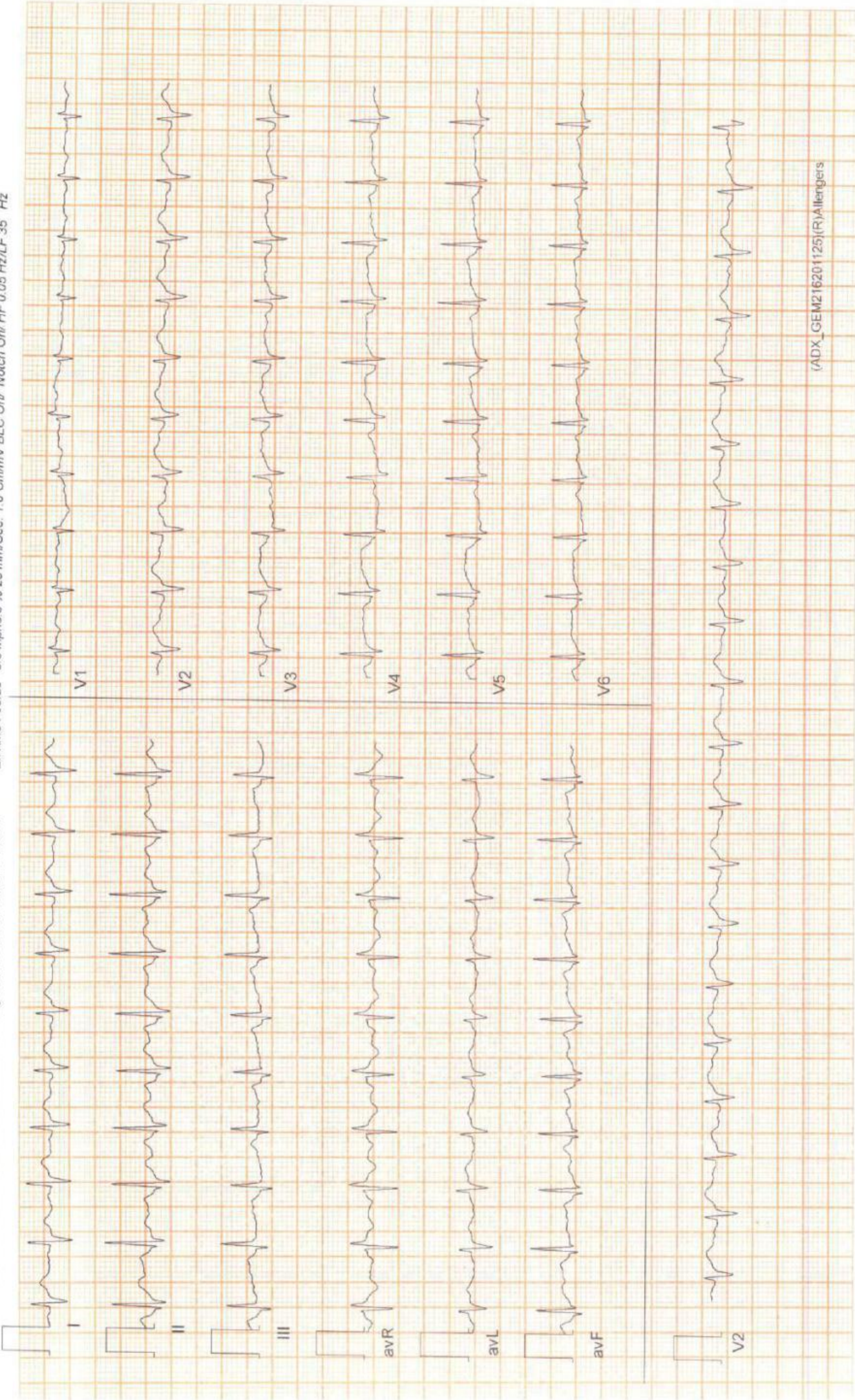
ExTime : 08:29 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





Date: 14 - 02 - 2024 10:22:24 AM METs : 1.0 HR : 117 Target HR : 63% of 186 BP : 115/74

Ex Time : 08:29 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



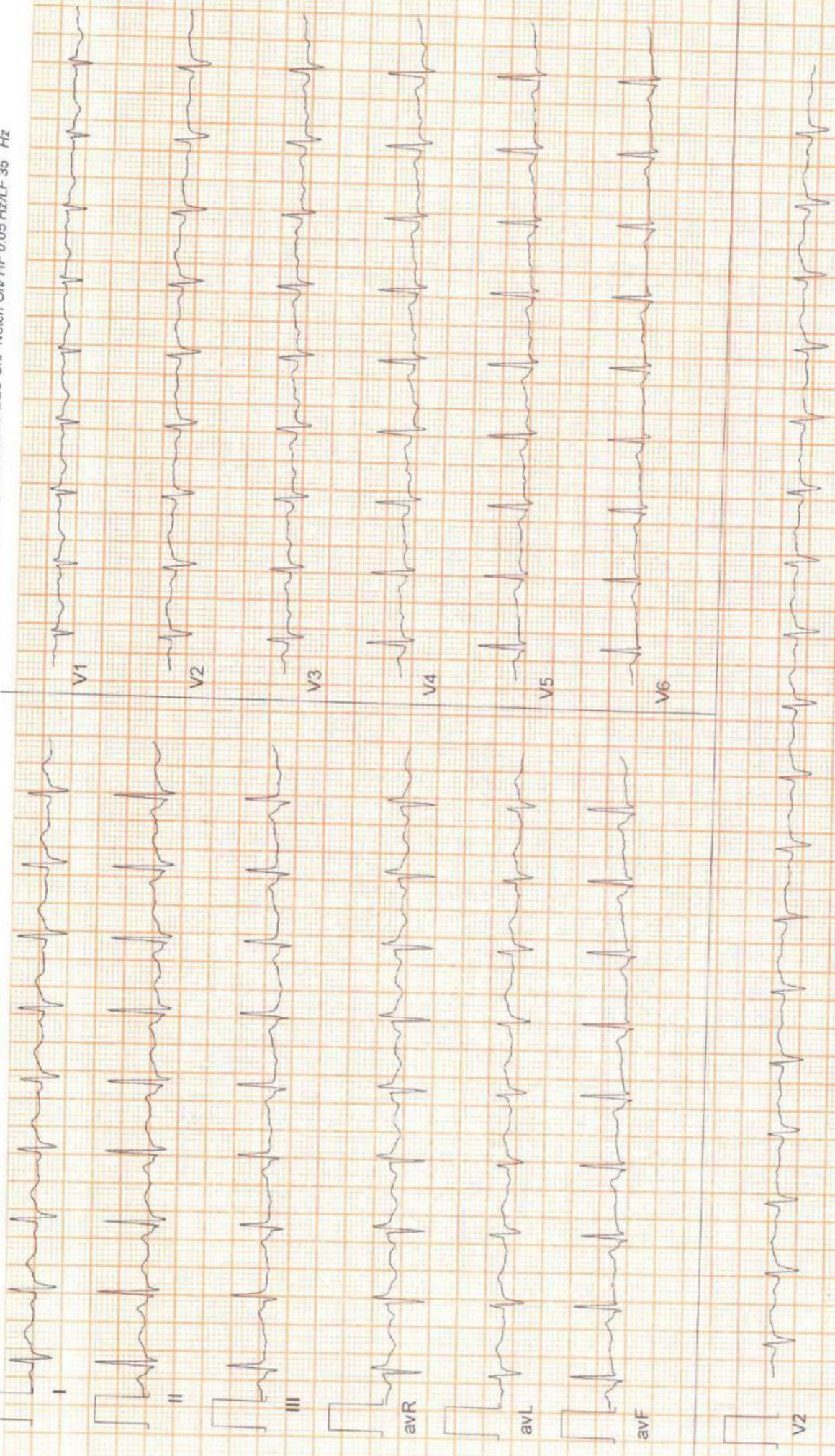
(ADX_GEM216201125)(R)Allengers

6 x 2 + Rhythm Recovery(5:07)



Date: 14-02-2024 10:22:24 AM METs : 1.0 HR : 113 Target HR : 61% of 186 BP : 114/74

Ex Time : 08:29 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM2 16201125)(R)Allengiers