

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Deo Kumar Choudhary on 23/09/2023

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	<input type="checkbox"/>
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>High HbA1c / HbA1c (F)</u></p> <p>2. <u>High LFT levels</u></p> <p>3.</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> • Currently Unfit. <p>Review after _____ recommended</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> • Unfit 	<input type="checkbox"/>

Dr. Chinmay D. Naik
 Medical Officer
 The Apollo Clinic, (Location)
 MBBS., CDM.

This certificate is not meant for medico-legal purposes.

(certificate course in treatment of Diabetes Mellitus)
 Reg.No.:MCI-13/51948

Date : 23-09-2023
MR NO : CVIM.0000230577

Department : GENERAL
Doctor :

Name : Mr. DEO KUMAR CHOUDHARY

Registration No :
Qualification :

Age/ Gender : 49 Y / Male

Consultation Timing: 08:43

Height : 173	Weight : 75	BMI : 25	Waist Circum : 45
Temp : 98.4	Pulse : 78	Resp : 22	B.P : 130/80

General Examination / Allergies
History

Clinical Diagnosis & Management Plan

HOME SAMPLE COLLECTION
PH.: 7775870014
:020-26634331/32/34

• No complaints

• Post h/o : Hypertension (1 R (75kg) : 7 yr)

SYSTEMIC :

• CVS :

• CVS :

• R/S :

RIAD

FREE CHECK UP
- PHYSIOTHERAPY
- DENTAL
- AUDIO (HEARING)
- OPHTHAL (EYE)

Follow up date:

(Signature)
Apollo Clinic Viman Nagar
DR. CHINMAY NAIK
MBBS
Mob.: 9890000000
Reg.No.: MCI 1251948
Doctor Signature

Apollo Clinic, Viman Nagar

Nyati Millenium Premises, Cooperative Society Limited, Shop No. 51 & Stilt Floor,
Building "C", Viman Nagar, Pin: 411014 | Phone: (020) 2663 4331/32/34

Follow us  /ApolloClinicIndia  /ApolloClinics

BOOK YOUR APPOINTMENT TODAY!

Whatsapp Number : 970 100 3333

Toll Number : 1860 500 7788

Website : www.apolloclinic.com

23-Sep-23 9:23:41 AM

Deo choudhary(vn)
Male

230577
49 Years

Rate 70 Sinus rhythm.....normal P axis, V-rate 50- 99
ST elev, probable normal early repol pattern.....ST elevation, age<55

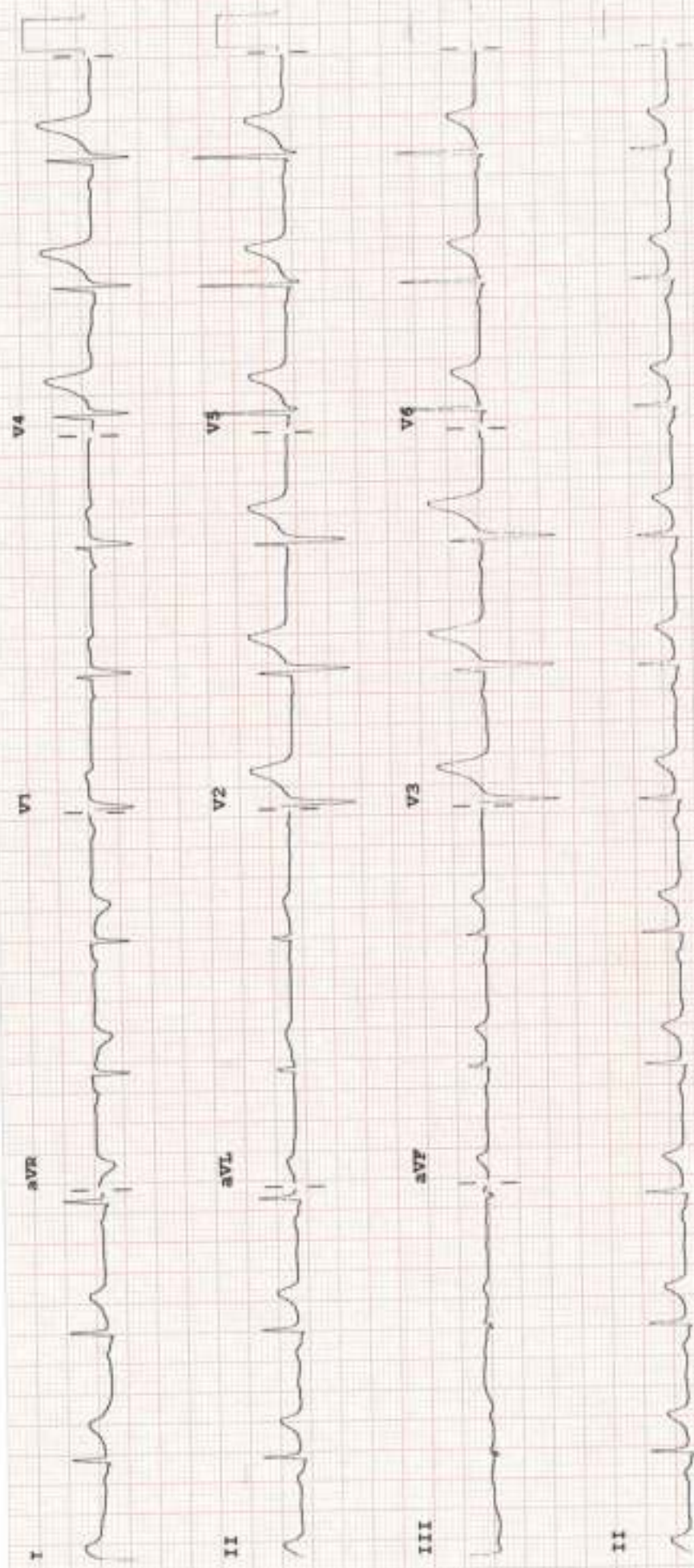
PR 182
QRS 78
QT 377
QTc 407

--AXIS--
P 51
QRS 32
T 32

12 Lead: Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50- 0.50- 40 Hz W PBI00B CL P?

EYE EXAMINATION

DATE:- 23/9/20

NAME:- Dr. B. D. Alavand

MO :-

AGE:- 22

CORPORATE:- Accor

	Right Eye	Left Eye
Distant vision	6/6	6/6
Near vision	N/6	N/6
Color vision	Normal	Normal
Fundus examination	Normal	Normal
Intraocular pressure	Normal	Normal
Slit lamp exam.	Normal	Normal

Dr. B. D. Alavand

Impression – Normal Eye Check Up.

(Ophthalmology)



The Apollo Clinic
DR. B. D. ALAVAND
MBBS, D.O.M.S.
Consulting Eye Surgeon
Reg. No.: 36319

Patient Name	: Mr.DEO KUMAR CHOUDHARY	Collected	: 23/Sep/2023 08:58AM
Age/Gender	: 49 Y 3 M 11 D/M	Received	: 23/Sep/2023 01:24PM
UHID/MR No	: CVIM.0000230577	Reported	: 23/Sep/2023 02:53PM
Visit ID	: CVIMOPV563581	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: UBOI2155		

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

LIVER FUNCTION TEST (LFT) , SERUM

BILIRUBIN, TOTAL	1.49	mg/dL	0.3-1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.36	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	1.13	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	50.56	U/L	<50	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	42.7	U/L	<50	IFCC
ALKALINE PHOSPHATASE	107.13	U/L	30-120	IFCC
PROTEIN, TOTAL	7.69	g/dL	6.6-8.3	Biuret
ALBUMIN	4.57	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	3.12	g/dL	2.0-3.5	Calculated
A/G RATIO	1.46		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

1. Hepatocellular Injury:

- AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.
- Disproportionate increase in AST, ALT compared with ALP.
- Bilirubin may be elevated.
- AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP – Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

3. Synthetic function impairment:

- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.

Patient Name : Mr.DEO KUMAR CHOUDHARY	Collected : 23/Sep/2023 08:58AM
Age/Gender : 49 Y 3 M 11 D/M	Received : 23/Sep/2023 01:24PM
UHID/MR No : CVIM.0000230577	Reported : 23/Sep/2023 02:53PM
Visit ID : CVIMOPV563581	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : UBOI2155	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM

CREATININE	0.72	mg/dL	0.72 - 1.18	Modified Jaffe, Kinetic
UREA	21.62	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	10.1	mg/dL	8.0 - 23.0	Calculated
URIC ACID	5.23	mg/dL	3.5-7.2	Uricase PAP
CALCIUM	9.59	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	3.05	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	138.22	mmol/L	136-146	ISE (Indirect)
POTASSIUM	4.5	mmol/L	3.5-5.1	ISE (Indirect)
CHLORIDE	100.71	mmol/L	101-109	ISE (Indirect)



Patient Name	: Mr. DEO KUMAR CHOUDHARY	Collected	: 23/Sep/2023 08:58AM
Age/Gender	: 49 Y 3 M 11 D/M	Received	: 23/Sep/2023 01:29PM
UHID/MR No	: CVIM.0000230577	Reported	: 23/Sep/2023 02:44PM
Visit ID	: CVIMOPV563581	Status	: Final Report
Ref Doctor	: Dr. SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: UBOI2155		

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM

Test Name	Result	Unit	Bio. Ref. Range	Method
TRI-IODOTHYRONINE (T3, TOTAL)	1.08	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	9.43	µg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	0.734	µIU/mL	0.34-5.60	CLIA

Comment:

Note:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma

Patient Name	: Mr.DEO KUMAR CHOUDHARY	Collected	: 23/Sep/2023 08:58AM
Age/Gender	: 49 Y 3 M 11 D/M	Received	: 23/Sep/2023 01:29PM
UHID/MR No	: CVIM.0000230577	Reported	: 23/Sep/2023 02:44PM
Visit ID	: CVIMOPV563581	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: UBOI2155		

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

--	--	--	--	--



Patient Name : Mr. DEO KUMAR CHOUDHARY	Collected : 23/Sep/2023 08:58AM
Age/Gender : 49 Y 3 M 11 D/M	Received : 23/Sep/2023 01:27PM
UHID/MR No : CVIM.0000230577	Reported : 23/Sep/2023 02:01PM
Visit ID : CVIMOPV563581	Status : Final Report
Ref Doctor : Dr. SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : UBOI2155	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
-----------	--------	------	-----------------	--------

COMPLETE URINE EXAMINATION (CUE) , URINE

PHYSICAL EXAMINATION

COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	6.0		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.010		1.002-1.030	Bromothymol Blue

BIOCHEMICAL EXAMINATION

URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
BLOOD	NEGATIVE		NEGATIVE	Peroxidase
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE

CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY

PUS CELLS	3 - 4	/hpf	0-5	Microscopy
EPITHELIAL CELLS	2 - 3	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

***** End Of Report *****

Sneha Shah
Dr Sneha Shah
MBBS, MD (Pathology)
Consultant Pathologist

Sanjay Ingole
DR. Sanjay Ingole
M.B.B.S.M.D(Pathology)
Consultant Pathologist



Patient Name : Mr. DEO KUMAR CHOUDHARY
UHID : CVIM.0000230577
Reported on : 23-09-2023 11:21
Adm/Consult Doctor :
Age : 49 Y M
OP Visit No : CVIMOPV563581
Printed on : 25-09-2023 13:21
Ref Doctor : SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

X-RAY CHEST PA

Trachea appears normal.

Both the lung fields are clear.

Cardiac shadows appear apparently normal.

Both domes of diaphragm appear normal.

Both costophrenic angles are clear.

Bony thoracic cage shows no deformity. Visualised bones appear normal.

Soft tissues appear normal.

Impression: Essentially Normal Study.

Printed on: 23-09-2023 11:21

---End of the Report---

Preeti

Dr. PREETI P KATHE
DMRE, MD, DNB
Radiology

Apollo Health and Lifestyle Limited

(CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016.
Ph No: 040-4904 7777, Fax No: 4904 7744 | Email ID: enquiry@apollohlt.com | www.apollohlt.com

APOLLO CLINICS NETWORK MAHARASHTRA


Pune (Aundh) | Kharadi | Nigdi Pradhikaran | Viman Nagar | Wanowrie

Online appointments: www.apolloclinic.com

Page 1 of 1
TO BOOK AN APPOINTMENT

1860 500 7788

T.No. 7

Name : Mr. DEO KUMAR CHOUDHARY Address : PUNE Plan : ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN INDIA OP AGREEMENT	Age : 49 Y Sex : M	UHID :CVIM.0000230577  OP Number :CVIMOPV563581 Bill No :CVIM-OCR-59773 Date : 23.09.2023 08:44
---	---	---

Sno	Service Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324	
✓1	GAMMA GLUTAMYL TRANSFERASE (GGT)	
2	HbA1c, GLYCATED HEMOGLOBIN	
✓3	LIVER FUNCTION TEST (LFT)	
✓4	X-RAY CHEST PA	
✓5	GLUCOSE, FASTING	
✓6	HEMOGRAM + PERIPHERAL SMEAR	
✓7	FITNESS BY GENERAL PHYSICIAN	
✓8	COMPLETE URINE EXAMINATION	
✓9	PERIPHERAL SMEAR	
✓10	ECG	
✓11	BLOOD GROUP ABO AND RH FACTOR	
✓12	LIPID PROFILE	
✓13	BODY MASS INDEX (BMI)	
✓14	OPHTHAL BY GENERAL PHYSICIAN	
✓15	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)	
✓16	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)	
✓17	GLUCOSE, POST PRANDIAL (PP) 2 HOURS (POST MEAL) <i>2hrs.</i>	