



Name

: KESHAV HARISHANKAR TIWARI

Sex / Age : Male / 33 Years

Ref By : APOLLO HEALTH AND LIFESTYLE

LIMITED

Reference:

Sample Collected At:

Sea Bird Medicare

A-101-102, Heritage Plaza,

Telli Cross Lane, Andheri East (Nr.Station).

**Processing Location:** - Seabird Medicare Pvt Ltd Office no A/302, Vertex Vikas, Opposite Andheri

Station, Near Madhavbag Bldg, Andheri (East ).

Mumbai - 400069

Reg. Date

18-Oct-2024 /10:58 am

Coll Date

18-Oct-2024 /11:03 am

Report Date

18-Oct-2024 / 2:26 pm

### **REPORT**

### **BIOCHEMISTRY**

<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
Sr. Calcium (Serum, BAPTA)	9.5	mg/dl	8.6 - 10.0

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

Pigm

PRIYA PANDEY

Lab Technician

DR.RITESH KHARCHE
MBBS, MD PATHOLOGY

Pathologist
MMC Reg No.2006031680

Page 1 of 15

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70.00 - 140.00

Mumbai - 400069

Reg. Date

18-Oct-2024 /10:58 am

Coll Date

18-Oct-2024 /11:03 am

Report Date

18-Oct-2024 / 2:26 pm

### **REPORT**

### **BLOOD GLUCOSE**

<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
Blood Glucose (Fasting), plasma	81.77	ma/dl	70.00 - 100.00 mg/dl

mg/dl

Blood Glucose (Fasting), plasma

(Plasma, Method-Hexokinase)

Interpretation:

NORMAL: 70 - 100 mg/dl Pre-Diabetic: 100 - 125 mg/dl Diabetic: >125 mg/dl

(ON MORE THAN ONE OCCASION)

Reference: American diabetes association guidelines 2022

Urine Glucose (Fasting) Absent Absent

Urine Ketones (Fasting) Absent Absent

98.59

Blood Glucose (PP) plasma

(Plasma, Method-Hexokinase)

Interpretation:

Non-Diabetic: 70 - 140 mg/dl Pre-Diabetic: 140 - 199 mg/dl

Diabetic: >200 mg/dl

(ON MORE THAN ONE OCCASION )

Reference: American diabetes association guidelines 2022

Urine Glucose (PP) Absent Absent

Urine Ketones (PP) Absent Absent

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

SONALI ADELKAR

Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY **Pathologist** 

MMC Reg No.2006031680

Kochi: 0484- 2322022 / 4032022

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Powai: 022-25701053 / 25704157

Name

: KESHAV HARISHANKAR TIWARI

Sex / Age : Male / 33 Years

: APOLLO HEALTH AND LIFESTYLE Ref By

LIMITED

Reference:

Sample Collected At:

Sea Bird Medicare

A-101-102, Heritage Plaza,

Telli Cross Lane, Andheri East (Nr.Station).

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Office no A/302, Vertex Vikas, Opposite Andheri Station, Near Madhavbag Bldg, Andheri (East ).

Mumbai - 400069

Reg. Date

18-Oct-2024 /10:58 am

Coll Date

18-Oct-2024 /11:03 am

Report Date

18-Oct-2024 / 3:28 pm

### **REPORT**

### **BLOOD GLUCOSE**

**Units BIOLOGICAL REFERENCE INTERVAL Test Result** 

----- End of Report -----

**SONALI ADELKAR** 

Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY

MMC Reg No.2006031680

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HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

**Pathologist** 





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18-Oct-2024 /11:03 am

Report Date

18-Oct-2024 / 2:26 pm

### **REPORT**

### **Blood Group**

**Units BIOLOGICAL REFERENCE INTERVAL** Result **Test** 

**BLOOD GROUP** 

**ABO Group** "B"

RH (D) Positive

Method: Cell (Forward) grouping by Manual Slide Method.

Sample: Whole Blood (EDTA)

----- End of Report -----

SUPARNA DAREKAR

Lab Technician

DR.RITESH KHARCHE

MBBS, MD PATHOLOGY

**Pathologist** 

Kochi: 0484- 2322022 / 4032022

MMC Reg No.2006031680

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### **REPORT**

### **Complete Blood Count**

	•		
<u>Test</u>	Result	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
Hemoglobin	13.3	gm/dl	13.0 -17.0
RED BLOOD CELLS	5.00		45.55
R.B.C. Count	5.33	million / cumm	4.5- 5.5
HCT	42.3	%	40- 50
MCV	79.5	fL	83 - 101
MCH	25	pg	27 - 32
MCHC	31.5	gm / dl	31.5 - 34.5
		g, <u></u>	
RDW (CV)	14.4	%	11.6- 14.0
Total W.B.C. Count	9110	/cu.mm.	4000 - 10000
DIFFERENTIAL COUNT			
DIFFERENTIAL COUNT	64	%	40 - 80
Neutrophils	04	70	40 - 60
Lymphocytes	28	%	20 - 40
, . , , , , , , , , , , , , , , , , , ,			
Eosinophils	02	%	1 - 6

PRIYA PANDEY Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY **Pathologist** MMC Reg No.2006031680

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Powai: 022-25701053 / 25704157

Name

: KESHAV HARISHANKAR TIWARI

Sex / Age : Male / 33 Years

: APOLLO HEALTH AND LIFESTYLE Ref By

LIMITED

Reference:

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18-Oct-2024 / 2:26 pm

### **REPORT**

### Complete Blood Count

	Complete	Dioou Count		
Test	Result	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL	
Monocytes	06	%	2 - 10	
Basophils	00	%	0 - 1	
Platelet Count	211000	/cumm	150000 - 410000	
MORPHOLOGY  RBC Morphology Predominantly Normocytic and Normochromic.				
WBC Morphology	Normal Morphology.			
Platelets on Smear	Adequate on smear			
(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)				
End of Report				

PRIYA PANDEY Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY **Pathologist** 

MMC Reg No.2006031680

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### **REPORT**

### **Erythrocyte Sedimentation Rate (ESR)**

<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
E.S.R	24	mm at 1hr	0 - 15

Method: Westergren. Sample: Whole Blood (EDTA)

----- End of Report -----

Pritam Dhanawade

Lab Technician

anawade

DR.RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist

MMC Reg No.2006031680

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Powai: 022-25701053 / 25704157







PID NO. · CIA1188

Name

Ref By

Reference:

Sample Collected At: Sea Bird Medicare

: KESHAV HARISHANKAR TIWARI

: APOLLO HEALTH AND LIFESTYLE

A-101-102, Heritage Plaza,

Sex / Age : Male / 33 Years

LIMITED

Telli Cross Lane, Andheri East (Nr.Station).

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Reg. Date

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18-Oct-2024 / 2:26 pm

### **REPORT**

### Glycosylated Haemoglobin (HbA1c)

<u>Test</u>	Result	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
HbA1c Pre-Diabetic : 5.7 - 6.4 % Diabetic : > = 6.5 (EDTA Whole Blood, Turbidimetric)	5.72	%	4 - 5.69
Mean Blood Glucose (MBG)	126.33	mg/dl	

### Interpretation & Remark:

- 1. HbA1c is used for mointoring diabetic control. It reflects the estimated average glucose (eAG).
- 2. HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association guideline 2022, for diagnosis of diabetes using a cut-off points of 6.5 %.
- 3. Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- 4. Low glycated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation sugested.
- 5. To estimate the eAG from the HbA1C value, the following equation is used : eAg(mg/dl)=28.7\*A1c-46.7.
- 6. Interference of Haemoglobinopathies in HbA1c estimation.
  - A. For HbF> 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
  - B. Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status.
  - C. Heterozygous state detected.
- 7. In known diabetic patients, following values can be considered as a guide for monitoring the glycemic control. Excellent Control - 6 to 7 % Fair to Good Control - 7 to 8 %

Unsatisfactory Control - 8 to 10 % and Poor Control - More than 10 %

Powai: 022-25701053 / 25704157

8. Test done on Mispa i3 Automated Cartridge Based Specific Protein Analyser.

----- End of Report ------

PRIYA PANDEY Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY

**Pathologist** MMC Reg No.2006031680

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### **REPORT**

### LIPID PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
Total Cholesterol Serum, Method: CHOD-PAP	178.13	mg/dl	CHILD Desirable - Less than: 170 CHILD Borderline High: 170 - 199 CHILD High - More than: 200 ADULT Desirable - Less than: 200 ADULT Borderline High: 200 - 239 ADULT High - More than: 240
Triglycerides Serum, Method: GPO-PAP	208	mg/dl	NORMAL : <150 Borderline High : 150 - 199 High : 200 - 499 Very High : >500
HDL Cholesterol-Direct Serum, Method: Cholesterol-esterase-Direct	58.68	mg/dl	Desirable - Above : 60 Borderline Risk : 40 - 59 Undesirable - Below : 40
LDL Cholesterol Calculated	77.85	mg/dl	Desirable - Below : 130 Borderline Risk : 130 - 159 Undesirable - Above : 160
VLDL-Cholesterol Calculated	41.60	mg/dl	5 - 51
T.CHOL/HDLC Ratio Calculated	3.04		Acceptable for Male : < 5.00 Acceptable for Female : <4.50

PRIYA PANDEY
Lab Technician

DR.RITESH KHARCHE
MBBS, MD PATHOLOGY

Pathologist
MMC Reg No.2006031680

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### **REPORT**

### LIPID PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
LDLC/HDLC Ratio	1.33		Acceptable for Males : < 3.60
Calculated			Acceptable for Females : < 3.20

### NOTE

- 1) Biological Reference Intervals are as per ATP III, NCEP Guidelines and National Lipid Association (NLA) 2014 Recommendations.
- 2) Tests done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.
- 3) The LDL-Cholesterol is calculated by the Friedewald equation which provides a reliable LDL-Cholesterol value estimate when triglyceride levels are below 400 mg/dL. A direct measurement is advised if the triglyceride levels are >400mg/dL.

----- End of Report -----

Pig-

PRIYA PANDEY

Lab Technician

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### **REPORT**

### LIVER FUNCTION TEST

<u>Test</u>	Result	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
Sr. Alkaline Phosphatase (Serum, Kinetic Method by IFCC)	92.49	U/L	40 - 129
S.G.O.T. (Serum ,Method-IFCC / UV without P5P)	21.66	U/L	0 - 40
S.G.P.T. (Serum,Method- IFCC / UV without P5P)	36.34	U/L	0 - 41
GGT (Serum ,Method- IFCC Method)	26.25	U/L	8 - 61
Bilirubin (Total) (Serum ,Method-Diazo- End point)	0.6	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum,Method-Diazo-End point)	0.1	mg/dl	0.0 - 0.40
Bilirubin (Indirect) Calculated	0.50	mg/dl	0.0 - 0.90
Total Proteins (serum,Method-Biuret)	8.28	g/dl	6.6 - 8.7
Albumin (Serum,Method-Bromocresol Green)	4.58	g/dl	3.5 - 5.2
Globulin Calculated	3.70	g/dl	1.90 - 3.70
A/G ratio Calculated	1.24		

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

PRIYA PANDEY

Lab Technician

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### **REPORT**

### LIVER FUNCTION TEST

Result **BIOLOGICAL REFERENCE INTERVAL Test Units** ----- End of Report -----

PRIYA PANDEY

Lab Technician

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### **REPORT**

### **RENAL PROFILE**

<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
Blood Urea Serum, Method-Urease	28.47	mg/dl	16.6- 48.5 mg/dl
Blood Urea Nitrogen Serum, Method-Urease	13.30	mg/dl	06 - 20 mg/dl
Creatinine Serum, Method-Kinetic Jaffes	0.93	mg/dL	0.62 - 1.17 mg/dl
Uric Acid Serum, Method: Uricase-POD	6.78	mg/dl	3.4 - 7.0

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

PRIYA PANDEY

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### **REPORT**

### **URINE ANALYSIS**

<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
PHYSICAL EXAMINATION Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	6.0		5.0 - 9.0
Specific Gravity	1.015		1.000 - 1.030
CHEMICAL EXAMINATION Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bilirubin	Absent		Absent
Nitrite	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

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### **REPORT**

### **URINE ANALYSIS**

<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
Ocult Blood	Absent		Absent
MICROSCOPIC EXAMINATION			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

### METHOD:

Powai: 022-25701053 / 25704157

Physical Examination: Visual Strip Method.

Chemical Examination: Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/peroxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of

Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination: Automation/Manual Microscopy

---- End of Report -----

PRIYA PANDEY Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY **Pathologist** 

MMC Reg No.2006031680

Page 15 of 15

# Proudly... Caring For You

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704



## CERTIFICATE OF MEDICAL FITNESS

This is to certify that Lhave conducted the clinical examination of keshee house on 18/10/24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
Medically Fit	
<ul> <li>Fit with restrictions/recommendations</li> </ul>	
Though following restrictions have been revealed, i opinion, these are not impediments to the job.	in my
1.	
3	
2	
3	
However, the employee should follow the advice/medication that has been communicated to	
him/her.	
Review after	
Currently Unfit.	1
Review after	
commended	
Unfit	

SEABIRD MEDICARE CENTRE

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East, Mumbai- 400069

Teli Cross Lane

This certificate is not meant for medico-lega-



### MER- MEDICAL EXAMINATION REPORT

	hankar						
AGE	3342	GENDER	M				
HEIGHT (CM)   67	,	WEIGHT (KG)	69				
B.P.	11	110180 mm Hg					
ECG	W	WWL					
X Ray	Nt	NAD					
Vision Chockup	Color Visio	Color Vision: Normal					
Vision Checkup		Far Vision Ratio: 6/6 - Un corrected					
	Fai Vision	Far Vision Ratio. 6 0 - 011-011-014					
	Near Visio	Near Vision Ratio: N5 - Uncorrected					
Present Ailments	_	-					
Details of Past ailments (If Any)							
Comments / Advice:		MAD					

Signature with Stamp of Medical Examiner
DR: MUKUL ARTE uses and
Reg. No:44293 (MMC)
Approved By DG Shipping(GOI)
Consultant in Marine Medicine & Avistion Medicine
-101-102, Heritage Plaza, Tell Cross Lane
Andherl East, Mumbai-400 069.
SEA BIRD MEDICARE CENTRE



Report ID

: KHTM1810131757

Reg.

: 18-Oct-2024

Patient Name : Mr. KESHAV HARISHANKAR TIWARI

Report Date

: 18-Oct-2024

Rank

Company Name : M/S. APOLLO HEALTH AND LIFESTYLE

Ref By

: DR. MUKUL ARTE

Age/Sex

: 33 Year / Male

### CHEST X RAY REPORT

X-Ray No: 9129

Investigation: Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression:

Normal Chest X-Ray.





Report ID

: KHTM1810131757

: DR. MUKUL ARTE

Reg.

: 18-Oct-2024

Patient Name

: Mr. KESHAV HARISHANKAR TIWARI

: 18-Oct-2024

Rank Ref By

Company Name : M/S. APOLLO HEALTH AND LIFESTYLE

Age/Sex

: 33 Year / Male

### **DENTAL REPORT**

Report Date

Name: Mr. Keshav Tiwari

Age 33Yrs.

Company: Apollo

Sub: Dental Check up

Dental examination of the above mentioned candidate reveals satisfactory condition.

His oral hygiene is fair.

He is Fit for Duty.





Report ID

: KHTM1810131757

Reg.

: 18-Oct-2024 : 18-Oct-2024

Patient Name : Mr. KESHAV HARISHANKAR TIWARI

Report Date

Company Name : M/S. APOLLO HEALTH AND LIFESTYLE

Rank Ref By

: DR. MUKUL ARTE

Age/Sex

: 33 Year / Male

### SONOGRAPHY (ABDOMEN)

Ref No: 18/10/2024

Investigation: Abdomen Sonography

The real-time Sonography using 3.5 MHZ transducer shows:

Liver normal in size and echotexture.

The GB, Pancreas & Spleen are within normal limits.

Both Kidneys are normal in size, position and echogenicity; CM differentiation normal. No hydronephrosis or calculi noted.

Bladder normal in contour, capacity and wall thickness; No vesical calculi noted.

This sonography study does not rule out intestinal lesions or mucosal lesions of other Viscera.

Impression:

No Significant abnormality noted on the study.

Dr. Jacob Mathew MD mohan L Dr.Asghar Majeed

# Proudly... Caring For You



# ECHOCARDIOGRAPHIC EVALUTION

NAME: MR. KESHAV TIWARI

AGE/SEX: 33YRS/ M

REF: APOLLO

DATE: 18/10/2024

### IMPRESSION:-

1) All chambers normal in size.

- Normal LV systolic function and grade II diastolic dysfunction.
- 3) No regional wall motion abnormality.
- 4) LV ejection fraction = 60 %.
- 5) Great vessels are normal in size, relation & position.
- 6) IVS & IAS are intact.
- 7) Pericardium appears normal.
- 8) IVC normal in size and well collapsing with respiration.
- No pulmonary hypertension present. RVSP by TR jet velocity = 29mmHG
- 10) No evidence of clot in la & left ventricle.

DR. JACOB MATHEW MD,DMM,DTCD
PHYSICIAN MARINE MEDICINE

# INCOME TAX DEPARTMENT



# भारत सरकार GOVT OF INDIA



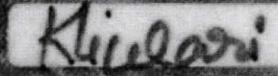
स्यायी लेखा संख्या कार्ड Permanent Account Number Card AOIPT2764G



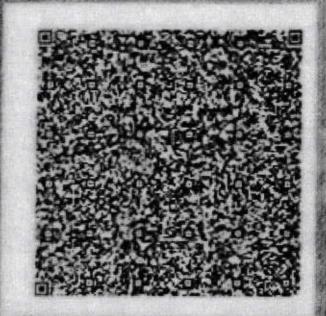
पिया का नाम / Father's Name HARISHANKAR DEVAKANT TIWARI

जना को वारोख (Date of Direct

15/06/1991



PAN Application Digitally Signed, Card Not Valid unless Physically Signed



104244

Killari

### Seabird Medicare Center

A-101-102, Heritage Plaza , Telli cross Lane

Patient: KESHAV TIWARI

Refd. By:

16

14

12

10

8

6

4

2

0

-2

-4

Pred.Eqns: RECORDERS

F(Litres/Sec)

FEF25%

DFEF50%

□FEF75%

FVC<sup>V</sup>(Litres)

Date : 18-Oct-2024 12:57 PM

PEFR

: 33 Years

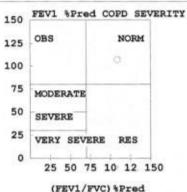
Height: 167 Cms

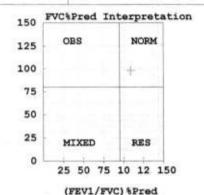
Gender : Male Smoker : No

Weight: 69 Kgs ID: 3474

Eth. Corr: 100

Temp :

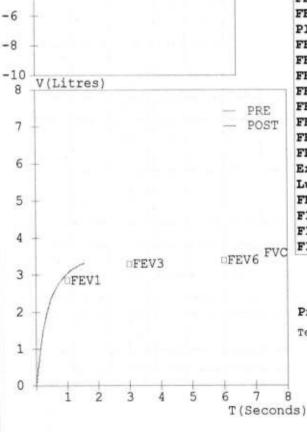




(FEV1/FVC) %Pred

Spirometry (FVC Results)

Parameter	Pred	M.Pre	%Pred	M. Post	%Pred	%Imp	
FVC (L	) 03.40	03.33	098				П
FEV1 (L	) 02.86	03.06	107				
FEV1/FVC (%	84.12	91.89	109				
FEF25-75 (L/s	) 04.20	03.85	092				
PEFR (L/s	08.88	07.86	089				
FIVC (L	)	02.53					
FEV.5 (I	)	02.42					
FEV3 (I	) 03.30	03.33	101				
PIFR (L/s	)	03.03					
FEF75-85 (L/s	)	01.46					
FEF.2-1.2(L/s	) 07.21	06.92	096				
FEF 25% (L/s	07.92	07.20	091				
FEF 50% (L/s	) 05.75	04.44	077				
FEF 75% (L/s	) 02.96	01.95	066				
FEV.5/FVC (%	)	72.67					
FEV3/FVC (8	97.06	100.00	103				
FET (Sec	:)	01.56					
ExplTime (Sec	)	00.08					
Lung Age (Yrs	033	031	094				
FEV6 (I	) 03.40						
FIF25% (L/s	)	00.58					
FIF50% (L/s		02.80					
FTF75% (T./e		02 11					



Pre Test COPD Severity

Test within normal limits

Pre Medication Report Indicates Spirometry within normal limits as (FEV1/FVC) %Pred >95 and FVC%Pred >80.

DR SANJEEVANI