

Name : MR.RAYAL NAV PRABHAT

Age / Gender : 31 Years / Male

Consulting Dr. Collected :08-Jan-2024 / 10:28 Reported Reg. Location : Malad West (Main Centre)

Authenticity Check

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:08-Jan-2024 / 14:47

# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

CBC	(Complete	Blood	Count),	Blood

<u>PARAMETER</u>	<u>RESULTS</u>	<b>BIOLOGICAL REF RANGE</b>	<u>METHOD</u>
RBC PARAMETERS			
Haemoglobin	14.3	13.0-17.0 g/dL	Spectrophotometric
RBC	4.83	4.5-5.5 mil/cmm	Elect. Impedance
PCV	44.0	40-50 %	Calculated
MCV	91.1	80-100 fl	Measured
MCH	29.5	27-32 pg	Calculated
MCHC	32.4	31.5-34.5 g/dL	Calculated
RDW	14.3	11.6-14.0 %	Calculated
WBC PARAMETERS			
WBC Total Count	6200	4000-10000 /cmm	Elect. Impedance
WBC DIFFERENTIAL AND A	BSOLUTE COUNTS		
Lymphocytes	30.6	20-40 %	
Absolute Lymphocytes	1890	1000-3000 /cmm	Calculated
Monocytes	7.1	2-10 %	
Absolute Monocytes	440	200-1000 /cmm	Calculated
Neutrophils	60.4	40-80 %	
Absolute Neutrophils	3750	2000-7000 /cmm	Calculated
Eosinophils	1.1	1-6 %	
Absolute Eosinophils	70	20-500 /cmm	Calculated
Basophils	0.8	0.1-2 %	
Absolute Basophils	50	20-100 /cmm	Calculated
Immature Leukocytes	-		

WBC Differential Count by Absorbance & Impedance method/Microscopy.

# **PLATELET PARAMETERS**

Platelet Count	271000	150000-400000 /cmm	Elect. Impedance
MPV	9.1	6-11 fl	Measured
PDW	16.9	11-18 %	Calculated

# **RBC MORPHOLOGY**

Hypochromia Microcytosis



Name : MR.RAYAL NAV PRABHAT

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Macrocytosis -

Anisocytosis -

Poikilocytosis -

Polychromasia -

Target Cells -

Basophilic Stippling -

Normoblasts -

Others Normocytic, Normochromic

WBC MORPHOLOGY -

PLATELET MORPHOLOGY -

COMMENT -

Specimen: EDTA Whole Blood

ESR, EDTA WB-ESR 9 2-15 mm at 1 hr. Sedimentation

Clinical Significance: The erythrocyte sedimentation rate (ESR), also called a sedimentation rate is the rate red blood cells sediment in a period of time.

#### Interpretation:

Factors that increase ESR: Old age, Pregnancy, Anemia

Factors that decrease ESR: Extreme leukocytosis, Polycythemia, Red cell abnormalities- Sickle cell disease

# Limitations:

- It is a non-specific measure of inflammation.
- · The use of the ESR as a screening test in asymptomatic persons is limited by its low sensitivity and specificity.

Reflex Test: C-Reactive Protein (CRP) is the recommended test in acute inflammatory conditions.

#### Reference:

- Pack Insert
- Brigden ML. Clinical utility of the erythrocyte sedimentation rate. American family physician. 1999 Oct 1;60(5):1443-50.

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD CPL, Andheri West
\*\*\* End Of Report \*\*\*





Dr.JYOT THAKKER M.D. (PATH), DPB Pathologist & AVP( Medical Services)

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Name : MR.RAYAL NAV PRABHAT

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	METHOD
GLUCOSE (SUGAR) FASTING, Fluoride Plasma	85.9	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl	Hexokinase
GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R	72.6	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl	Hexokinase
BILIRUBIN (TOTAL), Serum	1.37	0.1-1.2 mg/dl	Colorimetric
BILIRUBIN (DIRECT), Serum	0.38	0-0.3 mg/dl	Diazo
BILIRUBIN (INDIRECT), Serum	0.99	0.1-1.0 mg/dl	Calculated
TOTAL PROTEINS, Serum	7.6	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	4.9	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	2.7	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.8	1 - 2	Calculated
SGOT (AST), Serum	22.5	5-40 U/L	NADH (w/o P-5-P)
SGPT (ALT), Serum	18.3	5-45 U/L	NADH (w/o P-5-P)
GAMMA GT, Serum	19.5	3-60 U/L	Enzymatic
ALKALINE PHOSPHATASE, Serum	73.5	40-130 U/L	Colorimetric
BLOOD UREA, Serum	22.0	12.8-42.8 mg/dl	Kinetic
BUN, Serum	10.3	6-20 mg/dl	Calculated
CREATININE, Serum	0.82	0.67-1.17 mg/dl	Enzymatic



Name : MR.RAYAL NAV PRABHAT

Age / Gender :31 Years / Male

Consulting Dr.

eGFR, Serum

Reg. Location

: Malad West (Main Centre)

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(ml/min/1.73sqm)

Normal or High: Above 90 Mild decrease: 60-89

Mild to moderate decrease: 45-

Moderate to severe decrease:30

-44

Severe decrease: 15-29 Kidney failure:<15

Note: eGFR estimation is calculated using 2021 CKD-EPI GFR equation w.e.f 16-08-2023

URIC ACID, Serum 5.5 3.5-7.2 mg/dl

Enzymatic

Calculated

Urine Sugar (Fasting) Urine Ketones (Fasting) Absent

Absent **Absent** 

Urine Sugar (PP) Urine Ketones (PP) Absent Absent Absent Absent

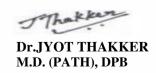
Absent

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD CPL, Andheri West

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE GLYCOSYLATED HEMOGLOBIN (HbA1c)

PARAMETER RESULTS BIOLOGICAL REF RANGE METHOD

Glycosylated Hemoglobin 5.4 Non-Diabetic Level: < 5.7 % HPLC (HbA1c), EDTA WB - CC Prediabetic Level: 5.7-6.4 %

Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 %

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Estimated Average Glucose 108.3 mg/dl Calculated

(eAG), EDTA WB - CC

#### Intended use:

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

### Clinical Significance:

- · HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

# Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

# Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD CPL, Andheri West
\*\*\* End Of Report \*\*\*



Dr.JYOT THAKKER
M.D. (PATH), DPB
Pathologist & AVP( Medical Services)

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Age / Gender : 31 Years / Male

Consulting Dr. : - Collected : 08-Jan-2024 / 10:28
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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE URINE EXAMINATION REPORT

<u>PARAMETER</u>	<u>RESULTS</u>	<b>BIOLOGICAL REF RANGE</b>	<u>METHOD</u>
PHYSICAL EXAMINATION			
Color	Yellow	Pale Yellow	-
Reaction (pH)	6.0	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.015	1.001-1.030	Chemical Indicator
Transparency	Clear	Clear	-
Volume (ml)	30	-	-
<b>CHEMICAL EXAMINATION</b>			
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
MICROSCOPIC EXAMINATION	<u>I</u>		
Leukocytes(Pus cells)/hpf	1-2	0-5/hpf	
Red Blood Cells / hpf	Absent	0-2/hpf	
Epithelial Cells / hpf	0-1		
Casts	Absent	Absent	
Crystals	Absent	Absent	
Amorphous debris	Absent	Absent	
Bacteria / hpf	2-3	Less than 20/hpf	
Others	-		

Interpretation: The concentration values of Chemical analytes corresponding to the grading given in the report are as follows:

- Protein (1+ = 25 mg/dl , 2+ =75 mg/dl , 3+ = 150 mg/dl , 4+ = 500 mg/dl )
- Glucose(1+ = 50 mg/dl , 2+ =100 mg/dl , 3+ =300 mg/dl ,4+ =1000 mg/dl )
- Ketone (1+ =5 mg/dl , 2+ = 15 mg/dl , 3+= 50 mg/dl , 4+ = 150 mg/dl )

Reference: Pack inert

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD CPL, Andheri West
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Dr.MILLU JAIN M.D.(PATH) Pathologist

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Name : MR.RAYAL NAV PRABHAT

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:08-Jan-2024 / 20:42

# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE BLOOD GROUPING & Rh TYPING

PARAMETER RESULTS

ABO GROUP AB

Rh TYPING Positive

NOTE: Test performed by automated column agglutination technology (CAT) which is more sensitive than conventional methods.

Specimen: EDTA Whole Blood and/or serum

#### Clinical significance:

ABO system is most important of all blood group in transfusion medicine

#### Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

# Refernces:

- 1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- 2. AABB technical manual

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD CPL, Andheri West
\*\*\* End Of Report \*\*\*



Dr.ANUPA DIXIT M.D.(PATH) Consultant Pathologist & Lab Director

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Name : MR.RAYAL NAV PRABHAT

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE LIPID PROFILE

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
CHOLESTEROL, Serum	181.6	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	CHOD-POD
TRIGLYCERIDES, Serum	127.7	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	GPO-POD
HDL CHOLESTEROL, Serum	39.4	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Homogeneous enzymatic colorimetric assay
NON HDL CHOLESTEROL, Serum	142.2	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
LDL CHOLESTEROL, Serum	116.0	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Calculated
VLDL CHOLESTEROL, Serum	26.2	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	4.6	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	2.9	0-3.5 Ratio	Calculated

<sup>\*</sup>Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD CPL, Andheri West  $^{***}$  End Of Report  $^{***}$ 



Dr.JYOT THAKKER M.D. (PATH), DPB Pathologist & AVP( Medical Services)

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Name : MR.RAYAL NAV PRABHAT

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE THYROID FUNCTION TESTS

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
Free T3, Serum	5.0	3.5-6.5 pmol/L	ECLIA
Free T4, Serum	16.6	11.5-22.7 pmol/L	ECLIA
sensitiveTSH, Serum	2.85	0.35-5.5 microIU/ml mIU/ml	ECLIA



Name : MR.RAYAL NAV PRABHAT

:31 Years / Male Age / Gender

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#### Interpretation:

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

#### Clinical Significance:

- 1)TSH Values between high abnormal upto15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological
- can give falsely high TSH.
- 2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

Diurnal Variation: TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid , TSH receptor Antibody. Thyroglobulin, Calcitonin

## Limitations:

- 1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
- 2. Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

# Reference:

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2.Interpretation of the thyroid function tests, Dayan et al. THE LANCET. Vol 357
- 3. Tietz , Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4. Biological Variation: From principles to Practice-Callum G Fraser (AACC Press)

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD CPL, Andheri West \*\*\* End Of Report \*\*\*



Dr.ANUPA DIXIT M.D.(PATH) Consultant Pathologist & Lab Director

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SUBURBAN CID# NO ST 2400801253

Name : MR.RAYAL NAV PRABHAT

Age / Gender : 31 Years/Male

Consulting Dr. :

Reg.Location : Malad West (Main Centre) Collected

: 08-Jan-2024 / 10:21

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: 09-Jan-2024 / 09:24

# PHYSICAL EXAMINATION REPORT

History and Complaints:

Nil

**EXAMINATION FINDINGS:** 

Height (cms): 167 Temp (0c):

Afebrile Blood Pressure (mm/hg): 120/80 Pulse:

72/min

Weight (kg):

Skin:

Normal Normal

65

Nails: Lymph Node:

Not palpable

Systems

Cardiovascular: Normal Respiratory: Normal Genitourinary: Normal GI System: Normal CNS: Normal

IMPRESSION:

Mild dydipidemia

ADVICE:

Lafertyle modification

: MR.RAYAL NAV PRABHAT

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Name

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# CHIEF COMPLAINTS:

1)	Hypertension:	
	IHD	No
4.1	Arrhythmia	No
w)	Armythmia	11200

Arrhythmia No 4) Diabetes Mellitus No

5) Tuberculosis No 6) Asthama

No 7) Pulmonary Disease

No 8) Thyroid/ Endocrine disorders No

9) Nervous disorders No 10) GI system

No

11) Genital urinary disorder Kidney stone 12years ago

12) Rheumatic joint diseases or symptoms No 13) Blood disease or disorder

No 14) Cancer/lump growth/cyst No

15) Congenital disease No 16) Surgeries No

17) Musculoskeletal System No

# PERSONAL HISTORY:

1) Alcohol No 2) Smoking No



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3) Diet

4) Medication

Non-veg

No

\*\*\* End Of Report \*\*\*

Dr. SONALI HONRAC

REG. NO. 2001/04/1882

Dr.Sonali Honrao MD physician

Sr. Manager-Medical Services

(Cardiology)

SUBURBAN DIAGNOSTICS (DICA) DVT. LTD.

102-104. Bhoomi Carrie.

Opg. Griegeon Spores

Link Rosu, Mussell - NO. Co4.

EPORT

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Date: Rayal Nav Prabhat

CID: 2400801253

Name:-

Sex/Age: 31/Male.

EYE CHECK UP

Chief complaints:

Systemic Diseases:

Past history:

Unaided Vision:

BE-6/6 al N-6

Aided Vision:

Refraction:

(Right Eye)

(Left Eye)

	Sph	Cyl	Axis	Vn	Sph	Cyl	Axis	Vn
Distance	-							
Near								

Colour Vision: Normal / Abnormal

Remark:

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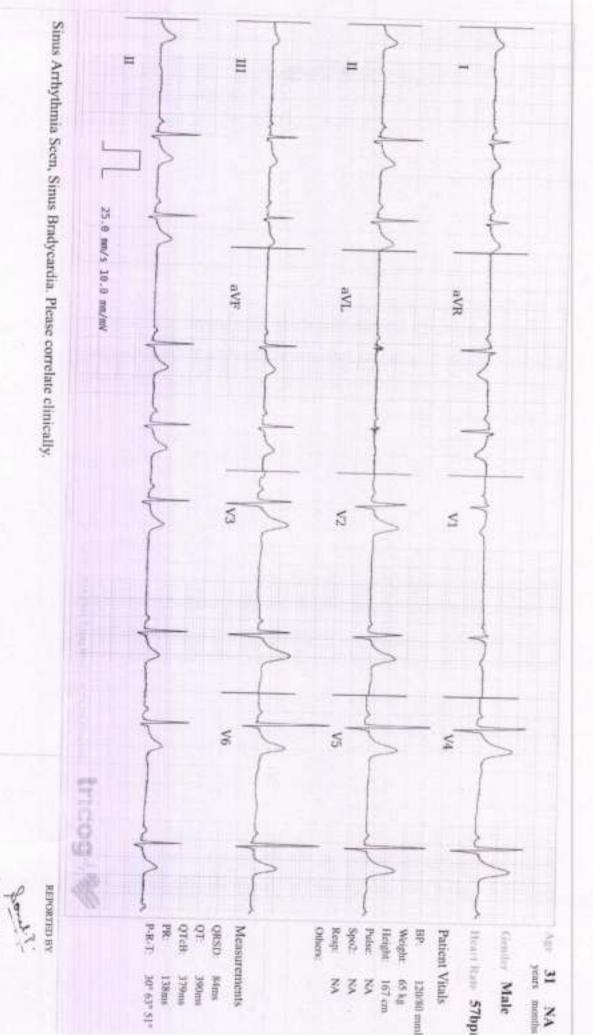
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# SUBURBAN

# SUBURBAN DIAGNOSTICS - MALAD WEST

Patient ID: 2400801253

Date and Time: 8th Jan 24 11:02 AM



Designations of Adadysts on this region to beyond the UNAS taking and debadably most of the adjusted to otherwal beaming the most 21 Parkets made are and determined by the relationship and our developed to on the UNAS.

DR SCHWALL HIGHLAG MD ( General Madicine) Physician 2001/04/1982



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: 08-Jan-2024 / 11:52

Reg. Date

CID : 2400801253

Name : Mr RAYAL NAV PRABHAT Age / Sex : 31 Years/Male

Ref. Dr

Reg. Location : Malad West Main Centre

# X-RAY CHEST PA VIEW

Reported

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

# IMPRESSION:

NO SIGNIFICANT ABNORMALITY IS DETECTED.

Kindly correlate clinically.

Note: Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. X- ray is known to have inter-observer variations. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests further / follow-up imaging may be needed in some case for confirmation of findings. Please interpret accordingly.

End of Report-

Dr. Sunil Bhutka DMRD DNB

MMC REG NO:2011051101

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Reg. Date

: 08-Jan-2024

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: 08-Jan-2024 / 10:46

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# USG WHOLE ABDOMEN

The liver is normal in size, shape and smooth margins. It shows normal parenchymal echo pattern. The intra hepatic biliary and portal radical appear normal. No evidence of any intra hepatic cystic or solid lesion seen. The main portal vein and CBD appears normal.

The gall bladder is physiologically distended and appears normal. No evidence of gall stones or mass lesions seen.

Pvt. Ltd., Aston, 2" Floor, Sundervan Complex, Above Mercedes Sho

The pancreas is well visualized and appears normal. No evidence of solid or cystic mass lesion.

# KIDNEYS:

Both the kidneys are normal in size, shape and echotexture. No evidence of any calculus, hydronephrosis or mass lesion seen. Right kidney measures 10.0 x 4.1 cm. Left kidney measures 10.4 x 5.1 cm.

# SPLEEN:

The spleen is normal in size and echotexture. No evidence of focal lesion is noted. There is no evidence of any lymphadenopathy or ascites.

# URINARY BLADDER:

The urinary bladder is well distended and reveal no intraluminal abnormality.

# PROSTATE:

The prostate is normal in size and echotexture.

Click here to view images << ImageLink>>



CID

: 2400801253

Name

: Mr RAYAL NAV PRABHAT

Age / Sex

: 31 Years/Male

Ref. Dr

100

Reg. Location

: Malad West Main Centre

Reg. Date

: 08-Jan-2024

Reported

: 08-Jan-2024 / 10:46

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# IMPRESSION:

No significant abnormality is seen.

# Suggestion: Clinicopathological correlation.

Note: Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have inter-observer variations. Further / Follow-up imaging may be needed in some case for confirmation of findings. Patient has been explained in detail about the USG findings including its limitations and need for further imaging if clinically indicated. Please interpret accordingly. All the possible precaution have been taken under covid-19 pandemic.

----End of Report-----

Dr. Sunil Bhutka DMRD DNB

MMC REG NO:2011051101

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Station Telephone

Malad West

EXERCISE STRESS TEST REPORT

DOB: 10.04.1992

Referring Physician: -

Attending Physician: DR SONALI HONRAO

Age: 31vrs

Technician: -

Gender: Male Race: Asian

Patient Name: RAYAL N., PRABHAT

Patient ID: 2400801253 Height: 167 cm Weight: 65 kg

Study Date: 08.01.2024

Test Type: --Protocol: BRUCE

Medications:

Medical History:

Reason for Exercise Test:

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR	BP	Comment	
PRETEST  EXERCISE  RECOVERY	SUPINE STANDING HYPERV. WARM-UP STAGE 1 STAGE 2 STAGE 3 STAGE 4	00:17 00:25 00:14 00:18 03:00 03:00 03:00 00:15 03:04	0.00 0.00 0.00 1.00 1.70 2.50 3.40 4.20 0.00	0.00 0.00 0.00 0.00 10.00 12.00 14.00 16.00 0.00	(bpm) 87 95 85 91 113 142 169 173 112	(mmHg) 120/80 120/80 120/80 120/80 130/80 150/80 160/80		

The patient exercised according to the BRUCE for 9:14 min:s, achieving a work level of Max. METS: 10.80. The resting heart rate of 86 bpm rose to a maximal heart rate of 173 bpm. This value represents 91 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 160/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

# Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Arrhythmias: none. ST Changes: none.

Overall impression: Normal stress test.

# Conclusions

Good effort tolerance. No Significant ST- T changes as compared to baseline. No chest pain / arrythmia noted. Stress test is negative for inducible ischemia.

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Disclaimer: Negative stress test does not rule out possibility of Coronary Artery Disease. Positive stress test suggestive but not confirmatory of Coronary Artery Disease. Hence clinical correlation is mandatory.  Physician  Technician  Dr. SONALI HONEAC  MD PRINCIPIAN  REG. NO. 2004/04/1882  SUBURBAN DW SHOSTICS DRIVE PTELTD.  102-104, Shoom Casas.  Cro., Gregood Scott. Clin.  Link Rost, Last (M), Linksh-s01664.						
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