

**Mediwheel**  
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**Arcofemi Healthcare Pvt Ltd**

(Formerly known as Arcofemi Healthcare Ltd)

F-701A, Lado Sarai, Mehrauli, New Delhi - 110030

Email: [wellness@mediwheel.in](mailto:wellness@mediwheel.in), Website: [www.mediwheel.in](http://www.mediwheel.in)

Tel: +91-11-41195959, Fax: +91-11-29523020

CIN: U24240DL2011PTC216307

**MEDICAL FITNESS CERTIFICATE**

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **Mr. Prateek Agarwal** aged, **35yrs.** Based on the examination, I certify that he is in good mental and physical health and it is free from any physical defects such as deafness, colour blindness, and any chronic or contagious diseases.

Place: **Mohali**

Date: 25/04/2024

*Dr. Nitesh Kumar*

MBBS

BCMR 47093

Name & Signature of

Medical officer



PID NO. : CKA0061

Name : JAY MUKESHBHAI PATEL

Sex / Age : Male / 32 Years

Ref By : APOLLO HEALTH AND LIFESTYLE  
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare

A-101-102, Heritage Plaza,

Telli Cross Lane, Andheri East (Nr.Station).

Processing Location: - Seabird Medicare Pvt Ltd

Office no A/302, Vertex Vikas, Opposite Andheri

Station, Near Madhavbag Bldg, Andheri (East ).

Mumbai - 400069

Reg. Date

04-Nov-2024 / 10:13 am

Coll Date

04-Nov-2024 / 10:18 am

Report Date

04-Nov-2024 / 12:45 pm

## REPORT

### BIOCHEMISTRY

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Serum S.G.P.T. (Serum,Method- IFCC without/with PDP)	15.92	U/L	0 - 41
Bilirubin (Total) (Serum ,Method-Diazo- End point)	0.94	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum,Method-Diazo-End point)	0.14	mg/dl	0.0 - 0.40
Bilirubin (Indirect) Calculated	0.80	mg/dl	0.0 - 0.90
Serum Creatinine (Serum,Method- Kinetic Jaffe's)	0.8	mg/dl	0.62 - 1.17

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

SONALI ADELKAR

Lab Technician

DR.RITESH KHARCHE

MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680



PID NO. : CKA0061

Name : JAY MUKESHBHAI PATEL

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## REPORT

### Biochemistry Report

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BUN (Blood Urea Nitrogen) Serum, Method: Urease	12.27	mg/dl	6.0 - 20.0
Creatinine Serum, Method-Kinetic Jaffes	0.8	mg / dL	0.62 - 1.17 mg/dl
BUN/Creatinine Ratio Calculated	15.33		10 - 20.1
Urea (Serum, Method-Urease)	26.26	mg/dl	16.6 - 48.5

----- End of Report -----

SONALI ADELKAR

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04-Nov-2024 / 10:13 am

Coll Date

04-Nov-2024 / 10:18 am

Report Date

04-Nov-2024 / 2:17 pm

## REPORT

### BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Glucose (PP) plasma (Plasma,Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association guidelines 2022	112.39	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

SONALI ADELKAR

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**Pathologist**

MMC Reg No.2006031680



PID NO. : CKA0061

Name : JAY MUKESHBHAI PATEL

Sex / Age : Male / 32 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

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Reg. Date

04-Nov-2024 / 10:13 am

Coll Date

04-Nov-2024 / 10:18 am

Report Date

04-Nov-2024 / 12:45 pm

## REPORT

### Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<b>BLOOD GROUP</b>			
ABO Group	"O"		
RH (D)	Positive		

Method : Cell (Forward) grouping by Manual Slide Method.  
Sample: Whole Blood (EDTA)

----- End of Report -----

PRIYA PANDEY

Lab Technician

DR. RITESH KHARCHE

MBBS, MD PATHOLOGY

**Pathologist**

MMC Reg No.2006031680



PID NO. : CKA0061

Name : JAY MUKESHBHAI PATEL

Sex / Age : Male / 32 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

**Sample Collected At :**

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Mumbai - 400069

Reg. Date

04-Nov-2024 / 11:16 am

Coll Date

04-Nov-2024 / 10:19 am

Report Date

04-Nov-2024 / 12:45 pm

## REPORT

### BLOOD SUGAR

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Glucose- Random (Plasma,Method- Hexokinase) Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association guidelines 2022	93.73	mg/dl	70.00 - 140.00
Urine Sugar	Absent		Absent
Urine Ketone	Absent		Absent

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

SONALI ADELKAR

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## REPORT

### Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	13.3	gm/dl	13.0 -17.0
<b>RED BLOOD CELLS</b>			
R.B.C. Count	<b>4.26</b>	million / cumm	4.5- 5.5
HCT	<b>38.9</b>	%	40- 50
MCV	91.4	fL	83 - 101
MCH	31.2	pg	27 - 32
MCHC	34.2	gm / dl	31.5 - 34.5
RDW (CV)	12.6	%	11.6- 14.0
Total W.B.C. Count	6470	/cu.mm.	4000 - 10000
<b>DIFFERENTIAL COUNT</b>			
Neutrophils	55	%	40 - 80
Lymphocytes	40	%	20 - 40
Eosinophils	02	%	1 - 6

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Sex / Age : Male / 32 Years

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## REPORT

### Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Monocytes	03	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	366000	/cumm	150000 - 410000

#### MORPHOLOGY

RBC Morphology Predominantly Normocytic and Normochromic.

WBC Morphology Normal Morphology.

Platelets on Smear Adequate on smear

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

----- End of Report -----

SONALI ADELKAR

Lab Technician

DR. RITESH KHARCHE

MBBS, MD PATHOLOGY

**Pathologist**

MMC Reg No.2006031680





PID NO. : CKA0061

Name : JAY MUKESHBHAI PATEL

Sex / Age : Male / 32 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

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## REPORT

### Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	25	mm at 1hr	0 - 15

Method: Westergren.

Sample: Whole Blood (EDTA)

----- End of Report -----

PRIYA PANDEY

Lab Technician

DR. RITESH KHARCHE

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**Pathologist**

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## REPORT

### URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<b><u>PHYSICAL EXAMINATION</u></b>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	5.0		5.0 - 9.0
Specific Gravity	1.010		1.000 - 1.030
<b><u>CHEMICAL EXAMINATION</u></b>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bilirubin	Absent		Absent
Nitrite	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

PRIYA PANDEY

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## REPORT

### URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Ocult Blood	Absent		Absent
<b><u>MICROSCOPIC EXAMINATION</u></b>			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

**METHOD:**

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/oxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----

PRIYA PANDEY

Lab Technician

DR. RITESH KHARCHE

MBBS, MD PATHOLOGY

**Pathologist**

MMC Reg No.2006031680



# SEA BIRD MEDICARE CENTRE

## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of

Jay Mukeshbhai Patel on 4/11/24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>Medically Fit</li> </ul>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> <li>Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p>However, the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>Currently Unfit.</li> </ul> <p>Review after _____ recommended</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>Unfit</li> </ul>	<input type="checkbox"/>

Dr. \_\_\_\_\_

**DR. MUKHARBE** MBBS, DNB  
Medical Officer

Approved By DG Shipping (GOI)

Consultant in Marine Medicine & Aviation Medicine

A-101-102, Heritage Plaza, Teli Cross Lane

Andheri East, Mumbai-400 069.

SEA BIRD MEDICARE CENTRE

*This certificate is not meant for medico-legal purposes.*

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East, Mumbai- 400069

Tel: 022-46032704 / 8104606813

Website: www.seabirdhf.com | Email: admin@seabirdhf.com



MER- MEDICAL EXAMINATION REPORT

DATE OF EXAMINATION	4/11/2024		
NAME	Jay Mukeshbhai Patel		
AGE	32 yrs	GENDER	Male
HEIGHT (CM)	180 cm	WEIGHT (KG)	65 kg
B.P.	110/80 mmHg		
ECG	Normal		
X Ray	4th Right Rib Anatomical Variation		
Vision Checkup	Color Vision: Normal Far Vision Ratio: 6/6 } Unaided Near Vision Ratio: NS } Unaided		
Present Ailments	Nil		
Details of Past ailments (If Any)	Burn Scar in R Arm (burn injury in childhood)		
Comments / Advice:	MAD		

  
 Signature with Stamp of Medical Examiner  
**DR. MUKUL ARTE** MBBS, DNB  
 Reg. No: 44293 (MMC)  
 Approved By DG Shipping (GOI)  
 Consultant in Marine Medicine & Aviation Medicine  
 A-101-102, Heritage Plaza, Teli Cross Lane  
 Andheri East, Mumbai-400 069.  
 SEA BIRD MEDICARE CENTRE





# SEA BIRD MEDICARE CENTRE

Report ID : **JMPM411104618**  
Patient Name : **Mr. JAY MUKESHBHAI PATEL**  
Rank :  
Ref By : **DR. MUKUL ARTE**  
Reg. : **04-Nov-2024**  
Report Date : **04-Nov-2024**  
Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**  
Age/Sex : **33 Year / Male**

## CHEST X RAY REPORT

X-Ray No : 9642

Investigation : Chest PA View.

Anatomical variation in 4th right rib noted.

Cardiac silhouette appears normal in size and configuration.


Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

### **Impression :**

**Anatomical variation in 4th right rib noted.**

  
Dr. Jacob  
Mathew MD

**Proudly... Caring For You**

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Website: [www.seabirdhf.com](http://www.seabirdhf.com) | Email: [seabird@seabirdhf.com](mailto:seabird@seabirdhf.com)

Kochi: 0484- 2322022 / 4032022



ભારત સરકાર  
Government of India



પટેલ જય

Patel Jay

જન્મનું વર્ષ / Year of Birth : 1991

પુરુષ / Male



9630 1711 5125

આધાર - સામાન્ય માણસનો અધિકાર





भारतीय विशिष्ट ओजभाए प्राधिकरण  
Unique Identification Authority of India

सरनामूं: S/O: मुकेशभाई, सी/२, पार्थना  
अपार्टमेंट, महावीरनगर, हिरावाडी रोड,  
सैजपुर बोधा, अमदावाद शहर, सैजपुर बोधा,  
अमदावाद, गुजरात, 382345

Address: S/O: Mukeshbhai, C/2, Parthna  
Appartment, Mahavirnagar, Hiravadi road,  
Saijpur Bogha, Ahmedabad City, Saijpur  
Bogha, Ahmedabad, Gujarat, 382345

9630 1711 5125



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1800 300 1947



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www

www.uidai.gov.in



NAME Jay Patel

AGE 32y DATE 04/11/24

Website: [www.seabirdhnl.com](http://www.seabirdhnl.com) / Email: [seabird@seabirdhnl.com](mailto:seabird@seabirdhnl.com)

102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai - 400076. Tel: 2570 4157 / 2570 1053

101-102, Heritage Plaza, Tell Cross Lane, Andheri East (Nr. Station), Mumbai - 400069. Tel: 022-4603 2704 / 81046 06813



### ELECTROCARDIOGRAPHIC REPORT

### E. C. G. REPORT

RATE 77/min RHYTHM Regular VOLTAGE N  
 P WAVE N PR. INTERVAL N Q. WAVE -  
 QRS COMPLEX N ST. SEGMENT isokardic T. WAVE -

REMARKS under 10

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 SEA BIRD MEDICARE CENTRE

10mm/mV 25.0mm/S

0.05-35 Hz 50Hz



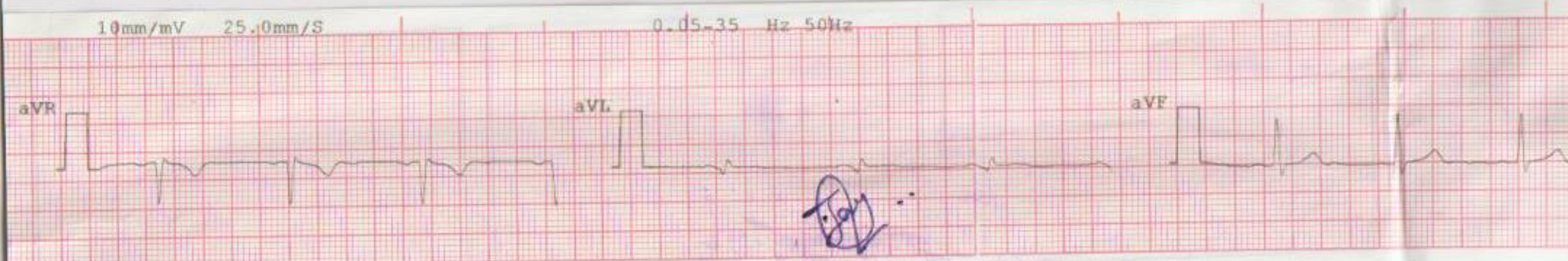
LEAD I

LEAD II

LEAD III

10mm/mV 25.0mm/S

0.05-35 Hz 50Hz

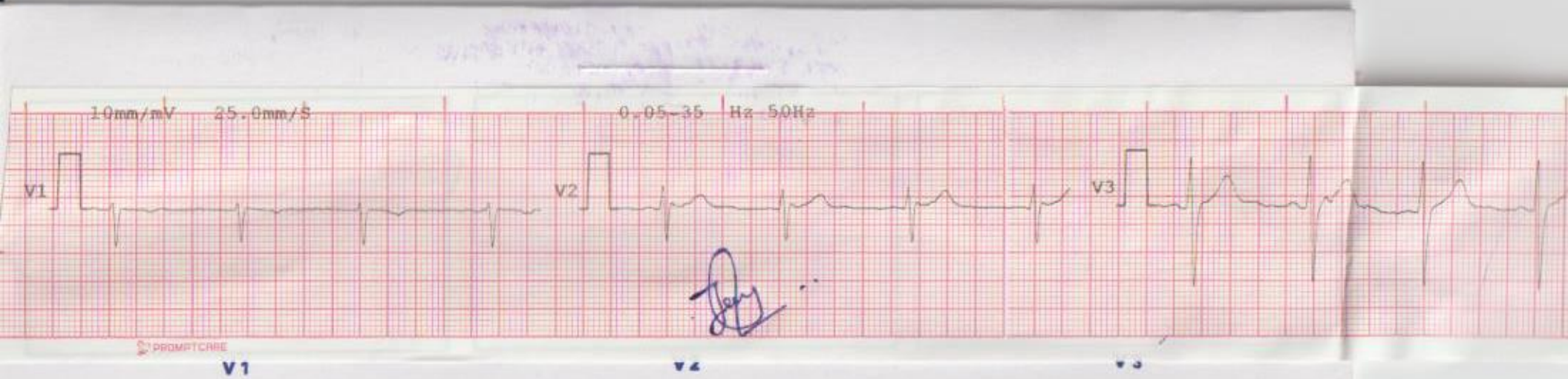


LEAD AVR

LEAD AVL

LEAD AVF







HR : 67 BPM  
 QRS DUR : 108 mS  
 QT INT : 390 mS  
 QTc INT : 413 mS  
 PR INT : 76 mS  
 RR INT : 888 mS  
 QT/QTc : 94 %  
 QT/RR : 43 %  
 P/QRS/T : 0/0/0 degr

PROMPTCARE