

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of NAIK SHAIKH on 15/04/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	✓
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended 	
<ul style="list-style-type: none"> • Unfit 	

Dr. HVK
Medical Officer
The Apollo Clinic, (Location)

DR (MRS) HEMALATA
MBBS (MUMBAI)
MMC REG NO 66014
 Heritage Plaza, Telli Cross Lane
 Near Rly Stn, Ancheri (E), Mumbai-400069
 Sea Bird Medicare Centre

This certificate is not meant for medico-legal purposes

MER- MEDICAL EXAMINATION REPORT

Date of Examination		15-04-2024	
NAME		NAZIR SHAIKH	
AGE	34	Gender	MALE
HEIGHT(cm)	169cm	WEIGHT (kg)	78kg
B.P.	120/80 mmHg		
EKG	WNL		
X Ray	NAD		
Vision Checkup	Color Vision : Normal		
	Far Vision Ratio : Normal 6/6 unaided		
	Near Vision Ratio : Normal N/5 unaided		
Present Ailments	—		
Details of Past ailments (If Any)	As per Kidney calculi : 2017. Rxed conservatively. 17/10. Rt. hand # in childhood, Rxed cons.		
Comments / Advice : She /He is Physically Fit	FIT		
FIT			

HVR

Signature with Stamp of Medical Examiner

DR (MRS) HEMALATA
 MBBS (MUMBAI)
 MMC REG NO 66014
 A-101-102, Heritage Plaza, Telli Cross Lane
 Near Rly Stn, Andheri (E), Mumbai-400069
 Bird Medicare Centre



Sea Bird
Sea Bird Medicare Centre

Report ID : **NKSM154141330** Reg. : **15-Apr-2024**
Patient Name : **Mr. NAZIR KAMALUDDIN SHAIKH** Report Date : **15-Apr-2024**
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**
Ref By : **DR.HAVOVEE MISTRY KAPADIA** Age/Sex : **34 Year / Male**

CHEST X RAY REPORT

X-Ray No : 4266

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.

Dr. Jacob
Mathew MD

Proudly... Caring For You

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com



Report ID : **NKSM154141330**
Patient Name : **Mr. NAZIR KAMALUDDIN SHAIKH**
Rank :
Ref By : **DR.HAVOVEE MISTRY KAPADIA**
Location : **SEA BIRD- ANDHERI**

Reg. : **15-Apr-2024**
Report Date : **15-Apr-2024**
Company Name : **M/S. APOLLO HEALTH AND**
Age/Sex : **34 Year / Male**

HEMATOLOGY

INVESTIGATION

Complete Blood Count

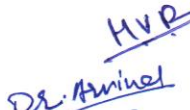
<u>INVESTIGATION</u>	<u>OBSERVED VALUE</u>	<u>UNITS</u>	<u>REFERENCE RANGE</u>
Haemoglobin	15.1	gm/dl	13-18 gm/dl
Total W.B.C	6500	/cu.mm	4000-11000 /cu.mm
Neutrophils	60	%	50-70 %
Lymphocytes	38	%	20-40 %
Eosinophils	02	%	0-7 %
Monocytes	00	%	0-8 %
Basophils	00	%	0-2 %
R.B.C Total	5.13	millions/cu .mm	4.5-5.5 millions/cu.mm
P.C.V	42.2	%	42-55 %
MCV	82.3	femolitre	80-96 femolitre
MCH	29.4	picogram	27-33 picogram
MCHC	35.7	%	32-36 %
W.B.C Morphology	Normal		
R.B.C Morphology	Normal		
Platelet Count	279000	/cu.mm	150000-450000 /cu.mm
Blood Group			
Blood Group	B Positive		
ESR			
ESR	18	mm/hr	0-15 mm/hr

---END OF REPORT---

Kindly Correlate with clinical conditions.

Remark : ---


DR.SANDIP MOHANRAO HUDDEDAR
MBBS, DCP
Pathologist


M O I C


SONALI VASANT ADELKAR
Lab Technician

Proudly... Caring For You

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com



Sea Bird

Sea Bird Medicare Centre

Report ID : **NKSM154141330**
Patient Name : **Mr. NAZIR KAMALUDDIN SHAIKH**
Rank :
Ref By : **DR.HAVOVEE MISTRY KAPADIA**
Location : **SEA BIRD- ANDHERI**

Reg. : **15-Apr-2024**
Report Date : **15-Apr-2024**
Company Name : **M/S. APOLLO HEALTH AND**
Age/Sex : **34 Year / Male**

BIO-CHEMISTRY

INVESTIGATION

Liver Function Test

	<u>OBSERVED VALUE</u>	<u>UNITS</u>	<u>REFERENCE RANGE</u>
SGPT	50	IU/L	9-43 IU/L
Sr.Bilirubin (T)	0.8	mg/dl	0.2-1.2 mg/dl
Sr.Bilirubin (D)	0.1	mg/dl	0.0-0.3 mg/dl
Sr.Bilirubin (I)	0.7	mg/dl	

Renal Function Test

BUN	12.1	mg/dl	6-21 mg/dl
Sr.Creatinine	0.8	mg/dl	0.7-1.4 mg/dl

Blood Sugar Estimation

Fasting Blood Sugar	91	mg/dl	70-110 mg/dl
Fasting Urine Sugar	Absent		
Post Prandial Blood Sugar	109	mg/dl	70-140 mg/dl
Post Prandial Urine Sugar	Absent		
BUN/Creatinine Ratio	15.1		

---END OF REPORT---

Kindly Correlate with clinical conditions.

Remark : ---


DR.SANDIP MOHANRAO HUDDEDAR
MBBS, DCP
Pathologist


M O I C


SONALI VASANT ADELKAR
Lab Technician

Proudly... Caring For You

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com



Sea Bird

Sea Bird Medicare Centre

Report ID : **NKSM154141330** Reg. : **15-Apr-2024**
Patient Name : **Mr. NAZIR KAMALUDDIN SHAIKH** Report Date : **15-Apr-2024**
Rank : Company Name : **M/S. APOLLO HEALTH AND**
Ref By : **DR.HAVOVEE MISTRY KAPADIA** Age/Sex : **34 Year / Male**
Location : **SEA BIRD- ANDHERI**

URINE ROUTINE

INVESTIGATION

OBSERVED VALUE UNITS REFERENCE RANGE

Colour	PALE YELLOW		PALE YELLOW
Appearance	CLEAR		CLEAR
Specific Gravity	1.020		1.030
pH	ACIDIC		ACIDIC
Odour	AROMATIC		AROMATIC
Proteins (UR)	ABSENT		ABSENT
Sugar	ABSENT		ABSENT
Bile Salts	ABSENT		ABSENT
Bile Pigments	ABSENT		ABSENT
Ketones (UR)	ABSENT		ABSENT
Occult Blood	ABSENT		ABSENT
Urobilinogen(UR)	ABSENT		ABSENT
Pus Cells (UR)	2-3	/hpf	2-3/hpf
RBC cells	ABSENT	/hpf	2-3/hpf
Epithelial Cells	1-2	/hpf	1-2/hpf
Casts (UR)	ABSENT	/hpf	
Crystals	ABSENT	/hpf	
Bacteria (UR)	ABSENT		ABSENT
Others (UR)	ABSENT		

---END OF REPORT---

Kindly Correlate with clinical conditions.

Remark : ---


DR.SANDIP MOHANRAO HUDDEDAR
MBBS, DCP
Pathologist


M O I C


SONALI VASANT ADELKAR
Lab Technician

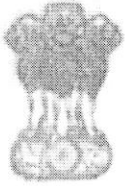
Proudly... Caring For You

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

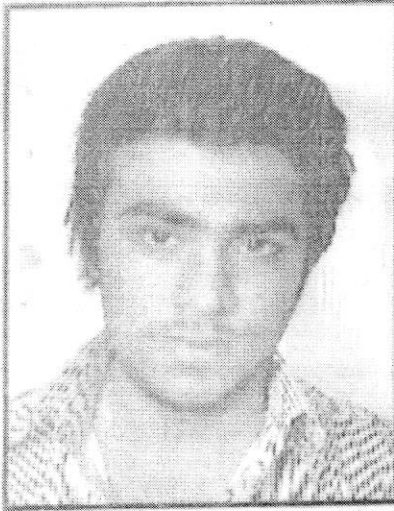
Website: www.seabirdhf.com | Email: seabird@seabirdhf.com



सत्यमेव जयते

भारत सरकार

GOVERNMENT OF INDIA

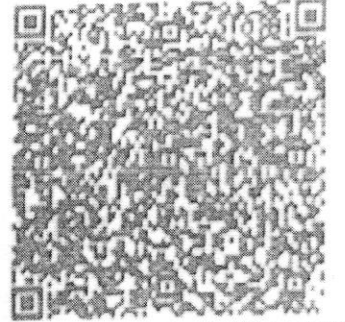


नजीर कमालुद्दिन शेख

Nazir Kamaluddin Shaikh

जन्म तारीख / DOB: 25/03/1990

पुरुष / MALE



7328 2289 5859

माझे आधार, माझी ओळख

E. C. G. REPORT

RATE 75/min Q. WAVE (N)

RHYTHM Regular QRS COMPLEX

VOLTAGE 10mm. ST. SEGMENT (N)

P. WAVE (N) T. WAVE (N)

PR. INTERVAL (N)

REMARKS Normal

HWA
DR (MRS) HEMALATA
MBBS (MUMBAI)
MIG REG NO 68014
-101-103, Heritage Plaza, Telli Cross Lane
Near Rly. Station (E), Mumbai-400069
Sea Bird Medicare Centre

ELECTROCARDIOGRAPHIC REPORT



Sea Bird
Sea Bird Medicare Centre

NAME Mr. Nazir Shaikh.

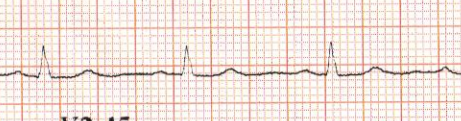
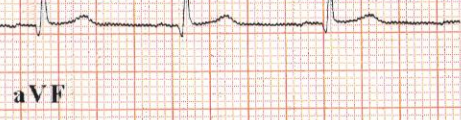
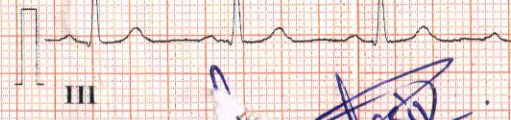
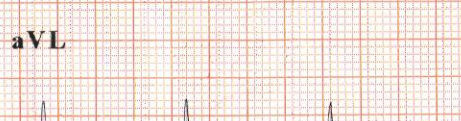
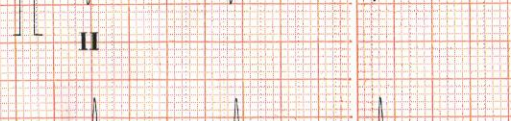
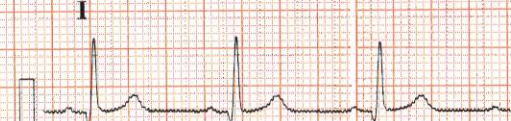
AGE 34y DATE 15/02/2024

• 102, Heritage Plaza, Telli Cross Lane, Nr. Andheri (E) Stn., Andheri (East), Mumbai - 400 069.
Tel.: 2682 1823, 5578 3905

• 102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai - 400076
Tel.: 2570 4157

10mm/mV 0.67~25Hz AC50

08-06-2005 11:52:47



25mm/s

V2.45

Handwritten signature

