

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC- 2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052

**KIMS-KINGSWAY
HOSPITALS**

Name: Mr. Ashish Shukla Date: 14/12/23
Age: 414 Sex: M F Weight: 84 kg Height: 178.6 inc BMI: 26.3
BP: 132/84 mmHg Pulse: 79/m bpm RBS: _____ mg/dl
SpO2: 100%

DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

ASHISH SHUKLA 41Y(S) 0M(S) 0D(S)M UMR2324030686 7020485604	CONSULT DATE 14-12-2023 CONSULT ID OPC2324002007 CONSULT TYPE : VISIT TYPE NORMAL TRANSACTION TYPE CASH	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
--	--	--

VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
- °F - /min - %RA - /10 - cm

Weight : BMI :
- kgs -

CHIEF COMPLAINTS

ROUTINE CHECK UP

MEDICATION PRESCRIBED

#	Medicine	Route	Dose	Frequency	When	Duration
1	HYMOIST EYE DROP 10ML	Eye	1-1-1-1	Every Day	After Food	3 months
Instructions : -						
Composition : SODIUM HYALURONATE 0.1% MW						

NOTES

GLASS PRESCRIPTION :-

DISTANCE VISION

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE	-1.00	00	00	6/6
LEFT EYE	-1.50	00	00	6/6

NEAR ADDITION

RIGHT EYE	+1.00D	NS
LEFT EYE	+1.00D	NS

REMARK- PROGRESSIVE WITH BLUE CUT GLASS

REVIEW

Follow up Date :14-06-2024

Ashish Kamble

Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On :14-12-2023 11:39:39

Name: Mr Ashish Shukla Date: 14 12 23

Age: 41 y Sex: M/F Weight: _____ kg Height: _____ inc BMI: _____

BP: _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

PMH: — Nil

Ⓐ OTC calculus
Stain

Ant. open bite (class II)

Adv scaling Ⓡ

Ⓢ

Vishu



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mr. ASHISH SHUKLA	Age / Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2324062488/UMR2324030686	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 14-Dec-23 09:34 am	Report Date : 14-Dec-23 11:45 am

HAEMOGRAM

Parameter	Specimen	Results	Biological Reference	Method
Haemoglobin	Blood	14.1	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		42.0	40.0 - 50.0 %	Calculated
RBC Count		5.37	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		78	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		26.3	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		33.7	31.5 - 35.0 g/l	Calculated
RDW		14.4	11.5 - 14.0 %	Calculated
Platelet count		309	150 - 450 10 ³ /cumm	Impedance
WBC Count		8100	4000 - 11000 cells/cumm	Impedance
<u>DIFFERENTIAL COUNT</u>				
Neutrophils		69.7	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		23.7	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		2.9	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		3.7	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		5645.7	2000 - 7000 /cumm	Flow Cytometry/Light microscopy Calculated



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Parameter	Specimen	Results	Biological Reference	Method
Absolute Lymphocyte Count		1919.7	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		234.9	20 - 500 /cumm	Calculated
Absolute Monocyte Count		299.7	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
PERIPHERAL SMEAR				
RBC		Microcytosis +(Few), Hypochromia +(Few), Anisocytosis +(Few)		Light microscopy
WBC		As Above		
Platelets		Adequate		
ESR		10	0 - 15 mm/hr	Automated Westergren's Method

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Test results related only to the item tested.

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Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. ASHISH SHUKLA	Age / Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2324062488/UMR2324030686	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 14-Dec-23 09:30 am	Report Date : 14-Dec-23 11:10 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	103	< 100 mg/dl	GOD/POD, Colorimetric
Post Prandial Plasma Glucose		103	< 140 mg/dl	GOD/POD, Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HbA1c)				
HbA1c		6.0	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

*** End Of Report ***

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 CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. ASHISH SHUKLA	Age / Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2324062488/UMR2324030686	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 14-Dec-23 09:34 am	Report Date : 14-Dec-23 12:34 pm

LIPID PROFILE

Parameter	Specimen	Results	Reference Range	Method
Total Cholesterol	Serum	211	< 200 mg/dl	Enzymatic(CHE/CHO/POD)
Triglycerides		125	< 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		37	> 40 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		143.28	< 100 mg/dl	Enzymatic
VLDL Cholesterol		25	< 30 mg/dl	Calculated
Tot Chol/HDL Ratio		6	3 - 5	Calculation

Initiate therapeutic	Consider Drug therapy	LDC-C
CHD OR CHD risk equivalent	>100	>130, optional at 100-129
Multiple major risk factors conferring 10 yrs CHD risk >20%		<100
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130
No additional major risk or one additional major risk factor	>160	10 yrs risk <10% >160
		<160

*** End Of Report ***

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. ASHISH SHUKLA	Age / Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2324062488/UMR2324030686	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 14-Dec-23 09:35 am	Report Date : 14-Dec-23 12:53 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	
URINE SUGAR Urine Glucose		Negative	
THYROID PROFILE			
T3	1.46	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4	0.91	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH	1.21	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence
PSA (Total)	3.85	< 4 ng/ml	Enhanced chemiluminenscence

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. ASHISH SHUKLA	Age / Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2324062488/UMR2324030686	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 14-Dec-23 09:34 am	Report Date : 14-Dec-23 11:10 am

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
RFT				
Blood Urea	Serum	17	19.0 - 43.0 mg/dl	Urease with indicator dye
Creatinine		0.79	0.66 - 1.25 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		114.5		Calculation by CKD-EPI 2021
Sodium		138	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.63	3.5 - 5.1 mmol/L	Direct ion selective electrode
LIVER FUNCTION TEST(LFT)				
Total Bilirubin		0.61	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.29	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.32	0.1 - 1.1 mg/dl	Dual wavelength spectrophotometric
Alkaline Phosphatase		89	38 - 126 U/L	pNPP/AMP buffer
SGPT/ALT		25	10 - 40 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		26	15 - 40 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		8.02	6.3 - 8.2 gm/dl	Biuret (Alkaline cupric sulphate)
Albumin Serum		4.37	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		3.65	2.0 - 4.0 gm/dl	Calculated
A/G Ratio		1.20		

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. ASHISH SHUKLA	Age / Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2324062488/UMR2324030686	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 14-Dec-23 09:35 am	Report Date : 14-Dec-23 12:53 pm

URINE MICROSCOPY

Parameter	Specimen	Results	Method
<u>PHYSICAL EXAMINATION</u>			
Volume	Urine	20 ml	
Colour.		Pale yellow	
Appearance		Clear	
<u>CHEMICAL EXAMINATION</u>			
Reaction (pH)		6	4.6 - 8.0 Indicators
Specific gravity		1.015	1.005 - 1.025 ion concentration
Urine Protein		1+ (Approx 25mg/dl)	protein error of pH indicator
Sugar		Negative	GOD/POD
Bilirubin		Negative	Diazonium
Ketone Bodies		Negative	Legal's est Principle
Nitrate		Negative	
Urobilinogen		Normal	Ehrlich's Reaction
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells		0-1	0 - 4 /hpf Manual
R.B.C.		Absent	0 - 4 /hpf Manual
Pus Cells		5-10	0 - 4 /hpf Manual
Casts		Absent	Manual



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. ASHISH SHUKLA	Age / Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2324062488/UMR2324030686	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 14-Dec-23 09:35 am	Report Date : 14-Dec-23 12:53 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Crystals		Absent	Manual
*** End Of Report ***			

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100499

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Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mr. ASHISH SHUKLA
Age / Gender : 41 Y(s)/Male
Bill No/ UMR No : BIL2324062488/UMR2324030686
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 14-Dec-23 09:34 am
Report Date : 14-Dec-23 01:04 pm

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" O "
Rh (D) Typing.		" Positive "(+Ve)

Gel Card Method

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

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Dr. PURVA JAISWAL, MBBS,MD,DNB
CONSULTANT PATHOLOGIST

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	ASHISH SHUKLA	STUDY DATE	14-12-2023 10:54:30
AGE/ SEX	41Y / M	HOSPITAL NO.	UMR2324030686
ACCESSION NO.	BIL2324062488-17	MODALITY	DX
REPORTED ON	14-12-2023 11:13	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

No pleuro-parenchymal abnormality seen.



DR R.R KHANDELWAL

SENIOR CONSULTANT

MD, RADIODIAGNOSIS [MMC-55870]

N.B : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations.

Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

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44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 0712 6789100

CIN: U74999MH2018PTC003510

PATIENT NAME:	MR ASHISH SHUKLA	AGE /SEX:	41 YRS/M
UMR NO:	2324030686	BILL NO:	2324062486
REF BY	DR. VIMMI GOEL	DATE:	14/12/2023

USG WHOLE ABDOMEN

LIVER is normal in size, shape and echotexture.

No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.

PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen.

Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.

No evidence of calculus or hydronephrosis seen.

URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is enlarged in size. Approximate volume is – 35 cc.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

Prostatomegaly.

Suggest clinical correlation / further evaluation.



DR. R.R. KHANDELWAL

SENIOR CONSULTANT

MD RADIO DIAGNOSIS [MMC-55870]

EXERCISE STRESS TEST REPORT

Patient Name: Mr. Ashish, Shukla
Patient ID: 030686
Height:
Weight:
Study Date: 14.12.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 01.08.1982
Age: 41yrs
Gender: Male
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:

Medical History:

NIL

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:07	0.00	0.00	74	120/80	
	WARM-UP	00:06	0.70	0.00	74		
EXERCISE	STAGE 1	03:00	1.70	10.00	127	120/80	
	STAGE 2	03:00	2.50	12.00	146	140/80	
	STAGE 3	03:00	3.40	14.00	173	150/80	
	STAGE 4	00:20	4.20	16.00	179		
RECOVERY		01:00	0.00	0.00	144	160/80	
		02:00	0.00	0.00	115	140/80	
		00:16	0.00	0.00			

The patient exercised according to the BRUCE for 9:20 min:s, achieving a work level of Max. METS: 11.10. The resting heart rate of 73 bpm rose to a maximal heart rate of 181 bpm. This value represents 101 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 160/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

ECG Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.

Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant-Non Invasive Cardiology
Reg. No.: 2014/01/0113

Rate 71 . Sinus rhythm.....Normal P axis, V-rate 50- 99
 . Borderline intraventricular conduction delay.....QRSd >112ms
 . Abnormal R-wave progression, early transition.....QRS area>0 in V2
 . Borderline ST elevation, lateral leads.....ST >0.05mV, I aVL V5 V6

QTc 378
 QTc 411

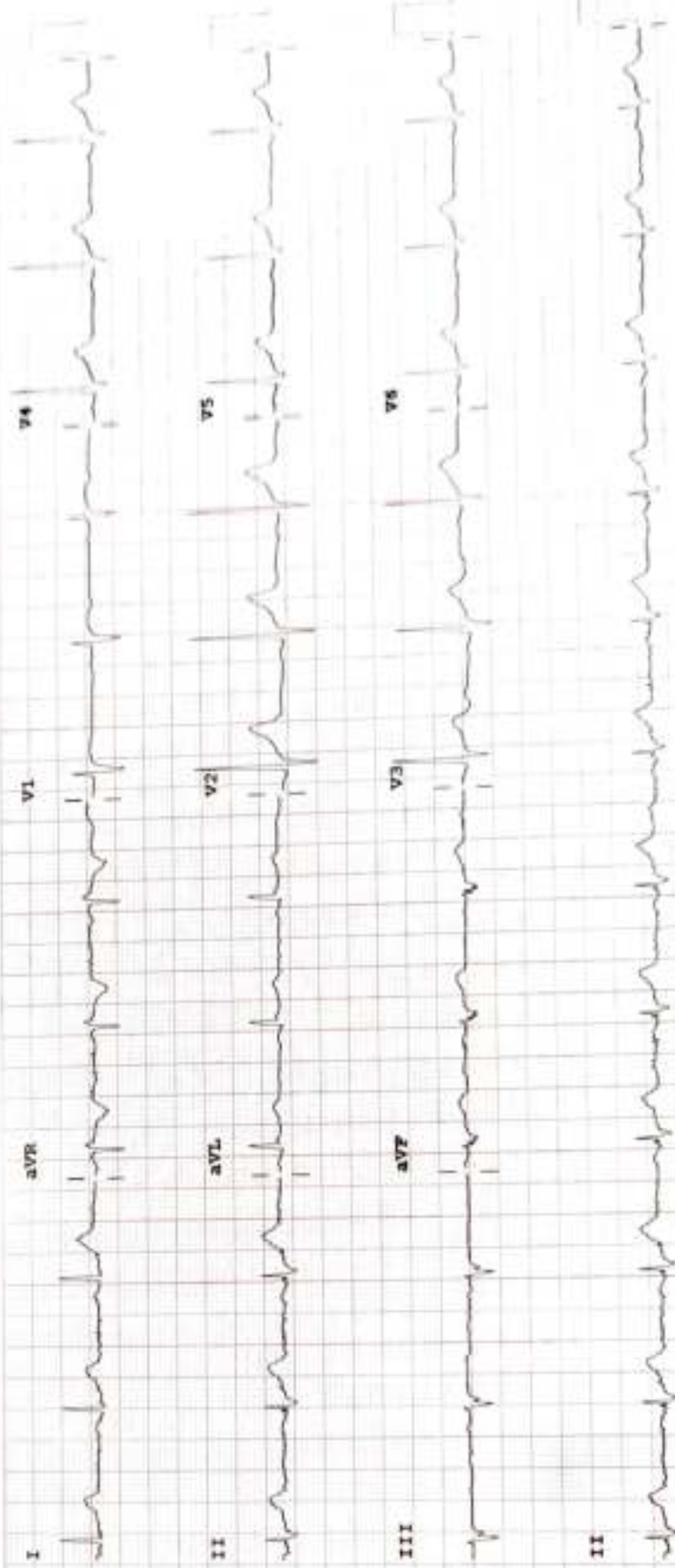
--AXIS--

P 14
 QRS -27
 T 36

12 Lead; Standard Placement

- BORDERLINE ECG -

Unconfirmed Diagnosis



Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50- 0.50-150 Hz W 100B CL F