

# Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcofemi Healthcare Ltd) F-701A, Lado Sarai, Mehrauli, New Delhi - 110030 Email: wellness@mediwheel.in, Website: www.mediwheel.in

Tel: +91-11-41195959, Fax: +91-11-29523020

CIN: U24240DL2011PTC216307

# **MEDICAL FITNESS CERTIFICATE**

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that <u>Mr.Jagadish Chinnadurai</u> aged, <u>36yr</u>. Based on the examination, I certify that he is in good dental and physical health and it is free from any physical defects such as deafness, color blindness, and any chronic or contagious diseases.

Place: Chennai

Date: 23/07/2024

Dr. Nitesh Kumar

MTBCMB 47003

Name & Signature of

Medical officer







: Mr.JAGADISH CHINNADURAI

Age/Gender

: 36 Y 11 M 29 D/M : CVEL.0000145815

UHID/MR No

: CVELOPV209311

Ref Doctor

Visit ID

: Dr.SELF

Emp/Auth/TPA ID

Collected

: 23/Jul/2024 09:30AM

Received

: 23/Jul/2024 10:43AM

Reported

: 23/Jul/2024 12:56PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

### **DEPARTMENT OF HAEMATOLOGY**

#### PERIPHERAL SMEAR, WHOLE BLOOD EDTA

: 522579

**METHODOLOGY** 

: Microscopic

**RBC MORPHOLOGY** 

: Microcytic hypochromic RBCs admixed with predominantly normocytic normochromic

RBC's noted.

WBC MORPHOLOGY

: Mild eosinophilia noted.

**PLATELETS** 

: Adequate in number.

**PARASITES** 

: No haemoparasites seen.

NOTE/ COMMENT

: Please correlate clinically.

Page 1 of 9



Dr.MARQUESS RAJ M.D,DipRCPath,D.N.B(PATH) Consultant Pathologist

SIN No:BED240193058

This This Has been metformed at Handlan Health, and Life to Add Addrennai, Diagnostics Laboratory.

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744

Address:
D No.30, F – Block 2nd Avenue, Anna Nagar East, Chennai.600 102
Phone - 044.26224504 / 05









: Mr.JAGADISH CHINNADURAI

Age/Gender

: 36 Y 11 M 29 D/M

UHID/MR No

: CVEL.0000145815

Visit ID Ref Doctor : CVELOPV209311

Emp/Auth/TPA ID

: Dr.SELF : 522579

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#### **DEPARTMENT OF HAEMATOLOGY**

#### ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method		
HEMOGRAM , WHOLE BLOOD EDTA				·		
HAEMOGLOBIN	14.3	g/dL	13-17	Spectrophotometer		
PCV	43.70	%	40-50	Electronic pulse & Calculation		
RBC COUNT	5.56	Million/cu.mm	4.5-5.5	Electrical Impedence		
MCV	78.7	fL	83-101	Calculated		
MCH	25.7	pg	27-32	Calculated		
MCHC	32.6	g/dL	31.5-34.5	Calculated		
R.D.W	14.1	%	11.6-14	Calculated		
TOTAL LEUCOCYTE COUNT (TLC)	7,600	cells/cu.mm	4000-10000	Electrical Impedance		
DIFFERENTIAL LEUCOCYTIC COUNT (I	DLC)					
NEUTROPHILS	44.6	%	40-80	Electrical Impedance		
LYMPHOCYTES	37.9	%	20-40	Electrical Impedance		
EOSINOPHILS	8.4	%	1-6	Electrical Impedance		
MONOCYTES	8.4	%	2-10	Electrical Impedance		
BASOPHILS	0.7	%	<1-2	Electrical Impedance		
ABSOLUTE LEUCOCYTE COUNT						
NEUTROPHILS	3389.6	Cells/cu.mm	2000-7000	Calculated		
LYMPHOCYTES	2880.4	Cells/cu.mm	1000-3000	Calculated		
EOSINOPHILS	638.4	Cells/cu.mm	20-500	Calculated		
MONOCYTES	638.4	Cells/cu.mm	200-1000	Calculated		
BASOPHILS	53.2	Cells/cu.mm	0-100	Calculated		
Neutrophil lymphocyte ratio (NLR)	1.18		0.78- 3.53	Calculated		
PLATELET COUNT	283000	cells/cu.mm	150000-410000	Electrical impedence		
ERYTHROCYTE SEDIMENTATION RATE (ESR)	8	mm/hour	0-15	Capillary photometry		
PERIPHERAL SMEAR						

**METHODOLOGY** 

: Microscopic

RBC MORPHOLOGY

: Microcytic hypochromic RBCs admixed with predominantly normocytic normochromic

Page 2 of 9

Dr.MARQUESS RAJ M.D,DipRCPath,D.N.B(PATH) Consultant Pathologist

SIN No:BED240193058

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: Mr.JAGADISH CHINNADURAI

Age/Gender

: 36 Y 11 M 29 D/M

UHID/MR No

: CVEL.0000145815

Visit ID Ref Doctor : CVELOPV209311

Emp/Auth/TPA ID

: Dr.SELF : 522579 Collected

: 23/Jul/2024 09:30AM

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Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF HAEMATOLOGY**

#### ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

RBC's noted.

WBC MORPHOLOGY

: Mild eosinophilia noted.

**PLATELETS** 

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**PARASITES** 

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NOTE/ COMMENT

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Age/Gender

: 36 Y 11 M 29 D/M

UHID/MR No

: CVEL.0000145815

Visit ID Ref Doctor : CVELOPV209311

: Dr.SELF

Emp/Auth/TPA ID : 522579 Collected

: 23/Jul/2024 09:30AM

Received

: 23/Jul/2024 10:43AM

Reported

: 23/Jul/2024 01:37PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF HAEMATOLOGY**

#### ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method		
BLOOD GROUP ABO AND RH FAC	TOR , WHOLE BLOOD EDT	A				
BLOOD GROUP TYPE	A			Microplate Hemagglutination		
Rh TYPE	Positive			Microplate Hemagglutination		

PLEASE NOTE THIS SAMPLE HAS BEEN TESTED ONLY FOR ABO MAJOR GROUPING AND ANTI D ONLY

Page 4 of 9

M.B.B.S, M.D (Pathology) Consultant Pathologist

SIN No:BED240193058

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory. This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

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: Mr.JAGADISH CHINNADURAI

Age/Gender

: 36 Y 11 M 29 D/M

UHID/MR No

: CVEL.0000145815

Visit ID Ref Doctor : CVELOPV209311

Emp/Auth/TPA ID

: Dr.SELF : 522579 209311 Status Sponsor Name

Sponsor Na

Collected : 23/Jul/2024 09:30AM

: 23/Jul/2024 11:03AM

Reported : 23/Jul/2024 11:48AM Status : Final Report

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF BIOCHEMISTRY**

Received

#### ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING, NAF PLASMA	100	mg/dL	70-100	HEXOKINASE

#### **Comment:**

## As per American Diabetes Guidelines, 2023

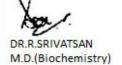
Fasting Glucose Values in mg/dL	Interpretation	
70-100 mg/dL	Normal	
100-125 mg/dL	Prediabetes	
≥126 mg/dL	Diabetes	
<70 mg/dL	Hypoglycemia	

#### Note:

- 1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- 2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Page 5 of 9





SIN No:PLF02192784

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Phone . 044.26224504 / 05







: Mr.JAGADISH CHINNADURAI

Age/Gender

: 36 Y 11 M 29 D/M

UHID/MR No

: CVEL.0000145815 : CVELOPV209311

Ref Doctor

Visit ID

: Dr.SELF

Emp/Auth/TPA ID : 522579

Collected

: 23/Jul/2024 09:30AM

Received

: 23/Jul/2024 11:04AM

Reported

: 23/Jul/2024 02:10PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF BIOCHEMISTRY**

#### ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA	98	mg/dL	70-140	HEXOKINASE
HOURS , SODIUM FLUORIDE PLASMA (2 HR)				

#### **Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Test Name	Result	Unit	Bio. Ref. Range	Method
ALANINE AMINOTRANSFERASE (ALT/SGPT), SERUM	80	U/L	<50	UV with P5P

#### **Comment:**

ALT elevations are noted in liver parenchymal diseases, leading to injury / destruction of hepatocytes.

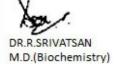
ALT levels are seen to be elevated even before the signs and symptoms of the liver injury appear.

The ALT levels remain high longer in blood as compared to AST levels. And though both the enzymes increase in liver injury, the rise in ALT is more compared to AST, thus also altering the ALT:AST ratio.

Test Name	Result	Unit	Bio. Ref. Range	Method
BILIRUBIN, TOTAL, SERUM	0.65	mg/dL	0.3-1.2	DPD







SIN No:SE04789627

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: Mr.JAGADISH CHINNADURAI

Age/Gender

: 36 Y 11 M 29 D/M

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: CVEL.0000145815

Visit ID Ref Doctor : CVELOPV209311

Emp/Auth/TPA ID

: Dr.SELF : 522579 Collected

: 23/Jul/2024 09:30AM

Received

: 23/Jul/2024 11:04AM

Reported

: 23/Jul/2024 01:27PM

Status

: Final Report

Sponsor Name

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#### **DEPARTMENT OF BIOCHEMISTRY**

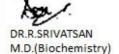
#### ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
BUN/CREATININE RATIO , SERUM	<u>'</u>	'		
BLOOD UREA NITROGEN	10.3	mg/dL	8.0 - 23.0	Calculated
CREATININE	0.88	mg/dL	0.72 – 1.18	JAFFE METHOD
BUN / CREATININE RATIO	11.68			Calculated

Test Name	Result	Unit	Bio. Ref. Range	Method
CREATININE, SERUM	0.88	mg/dL	0.72 – 1.18	JAFFE METHOD

Page 7 of 9





SIN No:SE04789627

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: Mr.JAGADISH CHINNADURAI

Age/Gender

: 36 Y 11 M 29 D/M

UHID/MR No

: CVEL.0000145815

Visit ID Ref Doctor : CVELOPV209311

Emp/Auth/TPA ID

: Dr.SELF

: 522579

Collected

: 23/Jul/2024 09:30AM

Received

: 23/Jul/2024 02:27PM

Reported

: 23/Jul/2024 04:15PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### DEPARTMENT OF CLINICAL PATHOLOGY

#### ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method	
COMPLETE URINE EXAMINATION (	CUE) , URINE			<u>'</u>	
PHYSICAL EXAMINATION					
COLOUR	PALE YELLOW		PALE YELLOW	Physical measuremen	
TRANSPARENCY	CLEAR		CLEAR	Physical measuremen	
рН	5.5		5-7.5	Bromothymol Blue	
SP. GRAVITY	1.008		1.002-1.030	Dipstick	
BIOCHEMICAL EXAMINATION	<u>'</u>				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR	
GLUCOSE	NORMAL		NEGATIVE	GOD-POD	
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING	
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	Sodium nitro prusside	
UROBILINOGEN	NORMAL		NORMAL (0.1- 1.8mg/dl)	Diazonium salt	
NITRITE	NEGATIVE		NEGATIVE	Griess reaction	
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Diazonium salt	
CENTRIFUGED SEDIMENT WET M	OUNT AND MICROSCOP	<b>′</b>			
PUS CELLS	1	/hpf	0-5	Automated Image based microscopy	
EPITHELIAL CELLS	1	/hpf	< 10	Automated Image Based Microscopy	
RBC	<i>.</i> 0	/hpf	0-2	Automated Image based microscopy	
CASTS	NEGATIVE	/lpf	0-2 Hyaline Cast	Automated Image based microscopy	
CRYSTALS	NEGATIVE	/hpf	Occasional-Few	Automated Image based microscopy	

### **Comment:**

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods.

Page 8 of 9

Dr THILAGA M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:UR2392284

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: Dr.SELF : 522579 Collected

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: 23/Jul/2024 02:27PM

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#### **DEPARTMENT OF CLINICAL PATHOLOGY**

#### ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Microscopy findings are reported as an average of 10 high power fields.

\*\*\* End Of Report \*\*\*

Page 9 of 9



Dr THILAGA M.B.B.S,M.D(Pathology)
Consultant Pathologist

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Patient Name : Mr. JAGADISH CHINNADURAI Age/Gender : 36 Y/M

UHID/MR No. :

: CVEL.0000145815

Sample Collected on

LRN#

: RAD2386271

**Ref Doctor** : SELF **Emp/Auth/TPA ID** : 522579

OP Visit No Reported on : CVELOPV209311 : 23-07-2024 16:41

Specimen :

.

#### DEPARTMENT OF RADIOLOGY

#### X-RAY CHEST PA

Both lung fields and hila are normal.

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear.

Both diaphragms are normal in position and contour.

Thoracic wall and soft tissues appear normal.

## **CONCLUSION:**

No obvious abnormality seen

Dr. PASUPULETI SANTOSH KUMAR M.B.B.S., DNB (RADIODIAGNOSIS)

Radiology

Name: Mr. JAGADISH CHINNADURAI Age/Gender: 36 Y/M Address: CHENNAI Location: CHENNAI, TAMIL NADU

Doctor:

Department: GENERAL
Rate Plan: VELACHERY\_16052024
Sponsor: ARCOFFMI HEALTHCA

ARCOFEMI HEALTHCARE LIMITED Sponsor: Consulting Doctor: Dr. YASODHA KUMARA REDDY MOKKALA

### HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

SYSTEMIC REVIEW

**HT-HISTORY** 

PHYSICAL EXAMINATION

SYSTEMIC EXAMINATION

**IMPRESSION** 

RECOMMENDATION

**Doctor's Signature** 

MR No: CVEL.0000145815 Visit ID: CVELOPV209311 Visit Date: 23-07-2024 09:22

Discharge Date:

Referred By: SELF Name: Mr. JAGADISH CHINNADURAI Age/Gender: 36 Y/M Address: CHENNAI Location: CHENNAI, TAMIL NADU

Doctor:

Department: GENERAL
Rate Plan: VELACHERY\_16052024
Sponsor: ARCOFFMI HEALTHCA

ARCOFEMI HEALTHCARE LIMITED Sponsor: Consulting Doctor: Dr. YASODHA KUMARA REDDY MOKKALA

### HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

SYSTEMIC REVIEW

**HT-HISTORY** 

PHYSICAL EXAMINATION

SYSTEMIC EXAMINATION

**IMPRESSION** 

RECOMMENDATION

**Doctor's Signature** 

MR No: CVEL.0000145815 Visit ID: CVELOPV209311 Visit Date: 23-07-2024 09:22

Discharge Date:

Referred By: SELF Established Patient: No

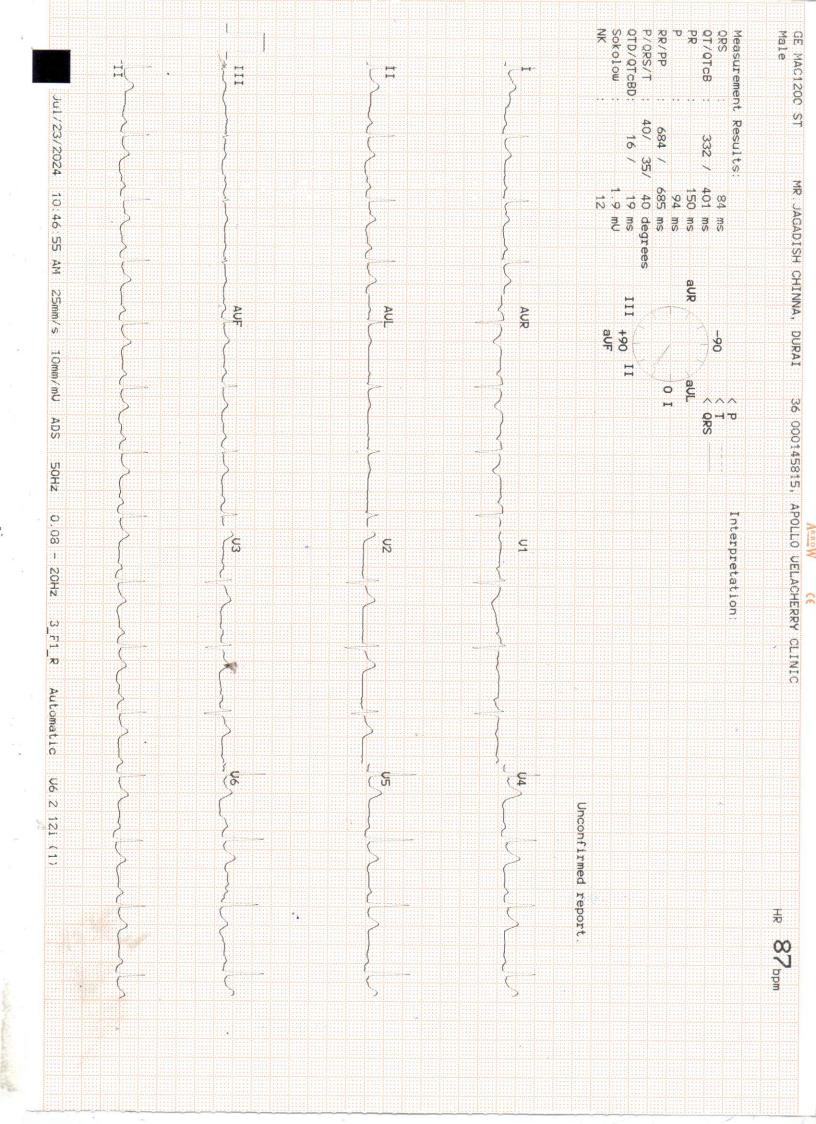
## **Vitals**

II )afe	Pulse (Beats/min)	Resp (Rate/min)	Temp (F)	Height (cms)	(Kgs)	Percentage	Fat Level	Body Age (Years)	BMI	Circum	Hip (cms)	(cms)	Waist & Hip Ratio	User
23-07-2024 10:46		 18 Rate/min	98 F		63.2 Kgs	%	%	Years	22.94	83 cms	84 cms	cms		AHLL02475

Established Patient: No

## **Vitals**

II )afe	Pulse (Beats/min)	Resp (Rate/min)	Temp (F)	Height (cms)	(Kgs)	Percentage	Fat Level	Body Age (Years)	BMI	Circum	Hip (cms)	(cms)	Waist & Hip Ratio	User
23-07-2024 10:46		 18 Rate/min	98 F		63.2 Kgs	%	%	Years	22.94	83 cms	84 cms	cms		AHLL02475



# **OPTHALMOLOGY**



Normal.

Name Mr. Jagadish Chinnacturai	Date 23 - 07 - 24
Age 36	UHID No. 145815
Sex: Male Female	я

# **OPHTHAL FITNESS CERTIFICATE**

DV-UCVA : 6/6

DV-BCVA : N4

NEAR VISION : N6

ANTERIOR SEGMENT :

IOP :

FIELDS OF VISION :

EOM :

COLOUR VISION : Normal

FUNDUS

IMPRESSION :

ADVICE :

# Your appointment is confirmed

# noreply@apolloclinics.info <noreply@apolloclinics.info>

Thu 7/18/2024 3:53 PM

To:network@mediwheel.in <network@mediwheel.in>

Cc:Velachery Apolloclinic <velachery@apolloclinic.com>;Manojkumar Murali <manojkumar@apolloclinic.com>;Syamsunder M <syamsunder.m@apollohl.com>

# Dear Jagadish Chinnadurai,

Greetings from Apollo Clinics,

Your corporate health check appointment is confirmed at VELACHERY clinic on 2024-07-20 at 08:15-08:30.

Payment Mode	
Corporate Name	ARCOFEMI HEALTHCARE LIMITED
Agreement Name	[ARCOFEMI MEDIWHEEL PMC CREDIT PAN INDIA OP AGREEMENT]
Package Name	[ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324]

"Kindly carry with you relevant documents such as HR issued authorization letter and or appointment confirmation mail and or valid government ID proof and or company ID card and or voucher as per our agreement with your company or sponsor."

Note: Video recording or taking photos inside the clinic premises or during camps is not allowed and would attract legal consequences.

Note: Also once appointment is booked, based on availability of doctors at clinics tests will happen, any pending test will happen based on doctor availability and clinics will be updating the same to customers.

# Instructions to be followed for a health check:

- 1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- 2. During fasting time do not take any kind of alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning. If any medications taken, pls inform our staff before health check.
- 3. Please bring all your medical prescriptions and previous health medical records
- 4. Kindly inform our staff, if you have a history of diabetes and cardiac problems.

#### For Women:

- 1. Pregnant women or those suspecting are advised not to undergo any X-Ray
- It is advisable not to undergo any health check during menstrual cycle.



## भारत सरकार Government of India





ஜெகதீஷ் சின்னதுரை Jagadish Chinnadurai பிறந்த நாள் / DOB : 25/07/1987 ஆண் / Male



आधार पहचान का प्रमाण है, नागरिकता का नहीं। Aadhaar is a proof of identity, not of citizenship.

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मेरा आधार, मेरी पहचान

3