

Name : Mrs. MANSI D K (36 /F)

Date : 09/11/2023

Address : SARINMEDOS NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by:

UHID : MHN1.0000155233

Package : MediWheel Full Body Health Checkup Female Below 40 Package

AHC No : NSKAH35983



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints



DRUG ALLERGY

NO KNOWN ALLERGY

:11/11/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant



Past medical history

Do you have any allergies? - No



Surgical history

Appendectomy - 2002

Immunization history

- Covid Dose1,Covid Dose2



Personal history

Marital status - Single
Diet - Mixed Diet
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Active
- home exercise,level ground walking,yoga



Family history

Father - has expired
Mother - alive
Aged - 64
Sisters - 1
Diabetes - mother

Hypertension - mother
Coronary artery disease - none
Cancer - None
Liver problems - None

PHYSICAL EXAMINATION



General

General appearance - normal
Build - normal
Height - 161
Weight - 64
BMI - 24.69
Pallor - No
Oedema - no
SpO2 - 96



Cardiovascular system

Heart rate (Per minute) - 80
Rhythm - Regular
- B.P. Supine
Systolic(mm of Hg) - 110
Diastolic(mm of Hg) - 70
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No

Printed By : Leena Ganpat Wakare

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URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.030 *		●	1.016-1.026
Color,:	PALE YELLOW			
Transparency:	Clear			
Reaction:	Acidic			7.2-7.8
Protein :	Negative			
Sugar:	Negative			
pH	6.0		●	4.6-8
Blood:	Negative			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	00	/hpf	●	0-2
WBC/Pus Cells	0-1/HPF	/hpf		
Tc/Sqc(Transitional/Squamous epithelial cells)	1-2/HPF	/hpf		

Monocytes	03	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	16	mm/1st hr	●	0-20

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	25 *	U/L	●	30-65
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	3.9 *	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.2		●	1.1-1.8

C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	12	g/dl	●	11.0-16.0
Haematocrit	36.6	%	●	34.0-48.0
RBC COUNT	4.11	Million/ul	●	3.7-5.6
MCV	89	fl	●	75.0-95.0
MCH	29.3	pg	●	26.0-32.0
MCHC	32.9	g/dl	●	31.0-36.0
RDW	13.5	%	●	11-16
Platelet Count(Optical/Impedance)	282	10 ⁹ /m ³	●	140-440
TLC Count	4.97	10 ⁹ /m ³	●	4.0-11.0
Neutrophils	54	%	●	40-75
Lymphocytes	42	%	●	20-45
Eosinophils	01	%	●	1-6

ALKALINE PHOSPHATASE - SERUM/PLASMA	72	U/L	●	0-100
AST (SGOT) - SERUM	34	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	0.3	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	214 *	mg/dL	●	0-200

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.7	mg/dL	●	0.6-1.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range
 ● Borderline High/Low
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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 19 U/L ● 0-50

TOTAL T3: TRI IODOTHYRONINE - SERUM 168 ng/dL ● Healthy Adults: 69 - 215 Pregnant Women: 1st Trimester:121-308 2nd & 3rd Trimesters:152-362

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name Result Unit Level Range
Glucose - Plasma (Fasting) 85 mg/dL ● 70-100

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
Glucose - Plasma (POST PRANDIAL) 95 mg/dL ● 70-140

TOTAL T4: THYROXINE - SERUM 10.8 µg/dL ● Healthy Adults: 5.2 - 12.7
Pregnancy:1st Trimester:7.8 - 16.2 2nd & 3rd Trimesters: 9.1 - 18.3

GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

Test Name Result Unit Level Range
Glycosylated Hemoglobin (HbA1c) 5.7 % ● 0.0-6.0
Mean Plasma Glucose (MPG) Estimate: 125.62 mg/dL

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
Triglycerides - Serum 141 mg/dL ● 0-150

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM / PLASMA 43 mg/dL ● 40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated) 5.0 * ● 0.0-4.5
LDL Cholesterol (Direct LDL) 166 mg/dL

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 1.8 uIU/mL ● Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75.0 Pregnancy(All Trimesters):0.2 -3.5

UREA - SERUM / PLASMA

Test Name Result Unit Level Range
UREA - SERUM / PLASMA 18 mg/dL ● 15-38
UREA NITROGEN SERUM/PLASMA: (Calculated) 8 mg/dL ● 7-18

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN, TOTAL - SERUM / PLASMA 8.2 g/dL ● 6.4-8.2
PROTEIN, TOTAL - SERUM / PLASMA 8.2 g/dL ● 6.4-8.2

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 3.6 mg/dL ● 2.6-6.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range

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BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.2	mg/dL	●	0.0-0.7

CERVICAL/VAGINAL SMEAR II SLIDE

Brief Clinical History:

last menstrual period-31/10/2023

SOURCE OF SPECIMEN :

Cervical Smear-Conventional

I. Specimen Adequacy

Satisfactory for evaluation

II. General Categorization :

Negative for intraepithelial lesion or malignancy

Other non neoplastic findings:

Smears show Intermediate and few parabasal squamous cells. Moderate neutrophilic infiltrate is seen. Focal reactive epithelial atypia There is no evidence of dysplasia or malignancy. There is no evidence of candida or trichomonas. Negative for intraepithelial lesion or malignancy suggests benign cellular changes of inflammation with focal reactive epithelial atypia

Adv: Follow up .

Epithelial abnormalities:

Absent

Comments :

CARDIAC STRESS TEST - (TMT)

ECG

ULTRASOUND - WHOLE ABDOMEN

No significant abnormality is detected.

Suggest : Clinical correlation.

X-RAY CHEST PA

No significant abnormality is detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

● Within Normal Range ● Borderline High/Low ● Out of Range

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

YOUR SCORE

ACCEPTABLE SCORE

Low Risk

2

3

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician’s advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515