

Patient Name	White Tanya		Date		
Age	30 yrs		UHID No		
Sex	Female		Ref By		
Occupation			Phone No		
			Email		
HEALTH ASSESSMENT FORM					
A - GENERAL EXAMINATION					
CHIEF COMPLAINTS	NONE				
MEDICAL HISTORY	HYPERTENSION	Asthma	Heart Disease	Thyroid Disorder	Allergy
	NO	NO	NO	Since 10 yrs Hypo	NO
	Diabetes	Stroke	Kidney Disorder	Tuberculosis	Liver Disor
	NO	NO	NO	NO	NO
	Other History	NONE			
SURGICAL HISTORY	Piles	Fissures	Fistula	Hernia	Gall Bladd Stone
	NO	NO	NO	NO	NO
	Other Surgical History	2011 - Fracture - Ankle - casting done			
GYNECOLOGICAL HISTORY	AGE MENOPAUSE	MENARCHE AT YEARS OF AGE	Regularity	Duration	OTHER
		13 yrs	Yes	2g - body	
	Other Gynecological History	Acne since 1-2 months @ Abortion - 20			
BREAST EXAMINATION		RIGHT	LEFT		
	Skin	Daisy		}	
	Nodule	}		}	
	Nipple	}		}	
	Pain	}		}	
	Other Remarks				
CURRENT MEDICATIONS	Sr. No	Complaints	Dosage	Duration	
		Tyrosinase	125mg	OD	

- Abortion - 2019
- Costochondralgia since 2019
- Detected with depression/Anxiety 2017
 ↓
 No Medication taken
- Thyroid - Hypothyroidism - since childhood
 ↓
 Medication taken

NAME	Kishika Fuyayagi	Weight	82.6 kg
BP	120/80	Height	160cm
Pulse	105 bpm	SPO2	95.1
Temperature	No fever	Peripheral Pulses	+
Oedema	No	Breath Sound	AFC
Heart Sound	S. S. heavy		

B - SYSTEMIC EXAMINATION

FILL YES/NO

CONSTITUTIONAL		GENITOURINARY SYSTEM	
Fever	3 weeks	Frequency of urine	6-7 times
Chills		Blood in urine	NO
Recent weight gain	Increased energy	Incomplete empty of bladder	NO
EYES		Nycturia	NO
Eye pain		Dysuria	NO
Spots before eyes		Urge incontinence	NO
Dry eyes		OBS/GYNE.	
Wearing glasses	NO	Abnormal bleed	NO
Vision changes		Vaginal Discharge	NO
Itchy eyes		Irregular menses	NO
EAR/NOSE/THROAT		Midcycle bleeding	NO
Earaches		MUSCULOSKELETAL	
Nose bleeds		Joint swelling	3 mo.
Sore throat	NO	Joint pain	3 mo.
Loss of hearing		Limb swelling	
Sinus problems		Joint stiffness	- knee - 2022
Dental problems		INTEGUMENTARY (SKIN)	
CARDIOVASCULAR		Acne	12 months
Chest pain	2019 - chest congestion	Breast pain	3 mo.
Heart rate is fast/slow	Fast	Change in mole	
Palpitations	Yes - diminished pulse	Breast	
Leg swelling	Yes	NEUROLOGICAL	
RESPIRATORY		Confused	
Shortness of breath		Sensation in limbs	
Cough		Migraines	
Orthopnoea		Difficulty walking	
Wheezing		PSYCHIATRIC	
Dyspnoea		Suicidal	
Respiratory distress in sleep		Change in personality	
GASTROINTESTINAL		Anxiety	
Abdominal pain		Sleep Disturbances	2017 - Haldol for not taken
Constipation	NO	Depression	
Heartburn	Sometimes	Emotional	
Vomiting			
Diarrhoea			
Melena			

- Recurrent GTI - no medications were taken.

I'll not be giving a stool
sample.

for
10/2/24

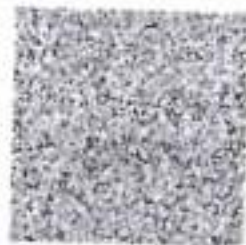


भारत सरकार
Government of India

भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India

Enrolment No.: 0000/00117/11743

To
Ritika Tyagi
Flat No. 25/104 EMP Phase I
Thakur Village
Near Federal Bank
Kandivali East
Mumbai
Mumbai Suburban Maharashtra - 400101
9088200108



आपका आधार क्रमांक / Your Aadhaar No. :

5708 8167 1170
VID : 9168 0242 1919 7270

मेरा आधार, मेरी पहचान



भारत सरकार
Government of India



Ritika Tyagi
Date of Birth/DOB: 06/05/1993
Female/FEMALE

Dr. Sander Deshpande
MD (CARDIOLOGIST)
REG - 72944

5708 8167 1170
VID : 9168 0242 1919 7270

मेरा आधार, मेरी पहचान



Government of India



सूचना / INFORMATION

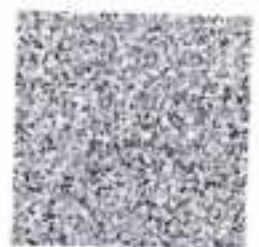
- आधार पहचान का प्रमाण है, नागरिकता का नहीं।
- आधार विशिष्ट और सुरक्षित है।
- सुरक्षित क्यूआर कोड/ऑफलाइन एक्सट्रानेटिव/ऑनलाइन फरजीकरण की उपयोग करके पहचान स्थापित करें।
- आधार के साथै हम जैसे आधार पर, पीपीसी कार्ड, ई-आधार और एन-आधार समान रूप से मान्य हैं। 12 अंकों की आधार संख्या के स्थान पर आभासी (वर्चुअल) आधार पहचान (ViD) का भी उपयोग किया जा सकता है।
- 1+ साल में कम से कम एक बार आधार अपडेट करवाएं।
- आधार आपको विभिन्न सरकारी और गैर-सरकारी योजनाओं/सेवाओं का लाभ उठाने में मदद करता है।
- आधार में अपना मोबाइल नंबर और ई-मेल आईडी अपडेट रखें।
- आधार सेवाओं का लाभ उठाने के लिए स्मार्टफोन पर mAadhaar ऐप डाउनलोड करें।
- आधार/बायोमेट्रिक्स को ऑन/ऑफलाइन कारने की विशेषता का उपयोग सुरक्षित सुनिश्चित करने के लिए करें।
- आधार (पत्र/संख्या) पालने वाली संस्थाओं को उचित सहायता देने के लिए बाध्य किया गया है।
- Aadhaar is a proof of identity, not of citizenship.
- Aadhaar is unique and secure.
- Verify identity using secure QR code/offline XML/online Authentication.
- All forms of Aadhaar like Aadhaar letter, PVC Cards, eAadhaar and mAadhaar are equally valid. Virtual Aadhaar Identity (ViD) can also be used in place of 12 digit Aadhaar number.
- Update Aadhaar at least once in 10 years.
- Aadhaar helps you avail various Government and Non-Government benefits/services.
- Keep your mobile number and email id updated in Aadhaar.
- Download mAadhaar app on smart phones to avail Aadhaar Services.
- Use the feature of lock/unlock Aadhaar/biometrics to ensure security.
- Entities seeking Aadhaar are obligated to seek due consent.



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Address:
Flat No. 25/104 EMP Phase I, Thakur Village,
Near Federal Bank, Kandivali East, Mumbai,
Mumbai Suburban,
Maharashtra - 400101



5708 8167 1170
VID : 9168 0242 1919 7270



Name	: MS. RITIKA TYAGI	Id	: VRX-36934
Age / Gender	: 30 Years 9 Months / F	Registered On	: 10/02/2024 10:33
Referred By	: MEDIWHEEL	Collected Time	: 10/02/2024 10:38
		Reported On	: 10/02/2024 15:40

Investigations	Observed Value	Blo. Ref. Interval	METHOD
MEDIWHEEL FULL BODY CHECK UP BELOW 40 FEMALE			
CBC-COMplete Blood Count			
HAEMOGLOSIN	11.1	12.0 - 15.0 gm/dl	
RBC COUNT	4.02	3.8 - 4.8 Millions/Cmm	
PACKED CELL VOLUME	34.2	40.0 - 50.0 %	
MEAN CORP VOL (MCV)	85.07	83.0 - 101.0 fL	
MEAN CORP HB (MCH)	27.61	27.0 - 32.0 pg	
MEAN CORP HB CONC (MCHC)	32.46	31.5 - 34.5 g/dl	
RDW	14.6	11.6 - 14.0 %	
WBC COUNT	7.7	4.0 - 10.0 *1000/cmm	
NEUTROPHILS	51	40 - 80 %	
LYMPHOCYTES	36	20 - 40 %	
EOSINOPHILS	09	1 - 6 %	
MONOCYTES	04	2 - 10 %	
BASOPHILS	00		
PLATELETS COUNT	298	150 - 410 *1000/Cmm	
PLATELETS ON SMEAR	Adequate		
MPV	11.5	6.78 - 13.46 %	
PDW	16.2	9 - 17 %	
RBC MORPHOLOGY	NORMOCYTIC NORMOCHROMIC		
REMARKS EDTA Whole Blood - Tests done on Automated NIHON KOHDEN MEK-7300K 5 Part Analyzer. (Haemoglobin by Photometric and WBC, RBC, Platelet count by impedance method, WBC differential by Floating Discriminator Technology and other parameters are calculated) All Abnormal Haemograms are reviewed and confirmed microscopically. Differential count is based on approximately 20,000 cells.			

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N. S. Jain

Dr. Vipul Jain
M.D.(PATH)
APPROVED BY

ENTERED BY - SANTOSH M

CHECKED BY - SNEHA G





Name	: MS. RITIKA TYAGI	Id	: VRX-36934
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Investigations	Observed Value	Bio. Ref. Interval	METHOD
MEDIWHEEL FULL BODY CHECK UP BELOW 40 FEMALE			
ESR	61	< 20 mm at the end of 1Hr.	WESTERGREIN
<p>INTERPRETATION <i>ESR(Erythrocyte Sedimentation Rate)-The ESR measures the time required for erythrocytes from a whole blood sample to settle to the bottom of a vertical tube. Factors influencing the ESR include red cell volume, surface area, density, aggregation, and surface charge. The ESR is a sensitive, but nonspecific test that is frequently the earliest indicator of disease. It often rises significantly in widespread inflammatory disorders due to infection or autoimmune mechanisms. Such elevations may be prolonged in localized inflammation and malignancies.</i> <i>Increased ESR: may indicate pregnancy, acute or chronic inflammation, tuberculosis, rheumatic fever, paraproteinemias, rheumatoid arthritis, some malignancies, or anemia.</i> <i>Decreased ESR: may indicate polycythemia, sickle cell anemia, hyperviscosity, or low plasma protein.</i></p>			
BLOOD GROUP	O POSITIVE		SLIDE AGGLUTINATION - FORWARD GROUPING

--- End of the Report ---

VRX HEALTHCARE PVT. LTD.
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 Mobile No. : 7506153709 / 7045955008

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CHECKED BY - SNEHA G





Report

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Name	: MS. RITIKA TYAGI	Id	: VRX-36934
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Investigations	Observed Value	Bio. Ref. Interval	METHOD
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MEDIWHEEL FULL BODY CHECK UP BELOW 40 FEMALE

URINE ROUTINE

COLOUR	PALE YELLOW		
APPEARANCE	HAZY		
SPECIFIC GRAVITY	1.025		
REACTION (PH)	6.5		
PROTEIN	Absent		
SUGAR	Absent		
KETONE	Absent		
BILE SALT	Absent		
BILIRUBIN	Absent		
OCCULT BLOOD	Absent		
PUS CELLS	6-8	< 6 hpf	
EPITHELIAL CELLS	20-30	< 5 hpf	
RBC	NIL	< 2 hpf	
CASTS	NIL		
CRYSTALS	NIL		
AMORPHOUS DEBRIS	Absent		
BACTERIA	Bacteria seen		
YEAST CELLS	Absent		
SPERMATOZOA	Absent		

--- End of the Report ---

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Investigations	Observed Value	Bio. Ref. Interval	METHOD
----------------	----------------	--------------------	--------

MEDIWHEEL FULL BODY CHECK UP BELOW 40 FEMALE

FASTING BLOOD SUGAR

FBS	81.84	< 100 mg/dl	GODPOD
URINE SUGAR	ABSENT		GODPOD
URINE KETONE	ABSENT		GODPOD

INTERPRETATION

SAMPLE : FLUORIDE PLASMA

Plasma Glucose Fasting : Non-Diabetic : < 100 mg/dl

Diabetic : \geq 126 mg/dl

Pre-Diabetic : 100 - 125 mg/dl

Plasma Glucose Post Lunch : Non-Diabetic : < 140

Diabetic : \geq 200 mg/dl

Pre-Diabetic : 140-199 mg/dl

Random Blood Glucose : Diabetic : \geq 200 mg/dl

References : ADA(American Diabetic Association Guidelines 2016)

Technique : Fully Automated PENTRA C-200 Clinical Chemistry Analyser.

**All Test Results are subjected to stringent International External and Internal Quality Control Protocols

PPBS

PPBS	99.81	< 140 mg/dl	GODPOD
URINE SUGAR	ABSENT		GODPOD
URINE KETONE	ABSENT		GODPOD

INTERPRETATION

SAMPLE : FLUORIDE PLASMA

Plasma Glucose Fasting : Non-Diabetic : < 100 mg/dl

Diabetic : \geq 126 mg/dl

Pre-Diabetic : 100 - 125 mg/dl

Plasma Glucose Post Lunch : Non-Diabetic : < 140

Diabetic : \geq 200 mg/dl

Pre-Diabetic : 140-199 mg/dl

Random Blood Glucose : Diabetic : \geq 200 mg/dl

References : ADA(American Diabetic Association Guidelines 2016)

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Name	: MS. RITIKA TYAGI	Id	: VRX-36934
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Investigations	Observed Value	Bio. Ref. Interval	METHOD
----------------	----------------	--------------------	--------

MEDIWHEEL FULL BODY CHECK UP BELOW 40 FEMALE

Lipid Test

Investigations	Observed Value	Bio. Ref. Interval	METHOD
TOTAL CHOLESTEROL	181.31	130 - 200 mg/dl	
TRIGLYCERIDES	147.80	25 - 160 mg/dl	
HDL CHOLESTEROL	54.25	35 - 80 mg/dl	
LDL CHOLESTEROL	97.5	< 100 mg/dl	
VLDL CHOLESTEROL	29.56	7 - 35 mg/dl	
LDL-HDL RATIO	1.8	< 3.5 mg/dl	
TC-HDL CHOLESTEROL RATIO	3.34	2.5 - 4.0 mg/dl	

INTERPRETATION

SAMPLE : SERUM, PLAIN

Note : Non HDL is the best risk predictor of all cholesterol measures, both for CAD(Coronary Artery Diseases) events and for strokes. High Risk patients (ie Diabetic,Hypertension .With family history of IHD, Smokers, the Desirable reference values for cholesterol & Triglyceride are further reduced by 10 mg % each.

*VLDL and LDL Calculated.

(References : Interpretation of Diagnostic Tests by Wallach's)

Technique : Fully Automated Pentra C-200 Biochemistry Analyzer.

**All Test Results are subjected to stringent international External and Internal Quality Control Protocols.

--- End of the Report ---

VRX HEALTHCARE PVT. LTD.
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 Mumbai - 401101
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NRJain

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Name	: MS. RITIKA TYAGI	Id	: VRX-36934
Age/Gender	: 30 Years 9 Months /F	Registered On	: 10/02/2024 10:33
Referred By	: MEDIWHEEL	Collected Time	: 10/02/2024 10:38
		Reported On	: 10/02/2024 15:40

Investigations	Observed Value	Bio. Ref. Interval	METHOD
MEDIWHEEL FULL BODY CHECK UP BELOW 40 FEMALE			
LIVER FUNCTION TEST			
SGOT	17.3	< 34 U/L	
SGPT	12.7	10 - 49 U/L	
TOTAL BILIRUBIN	0.43	0.3 - 1.2 mg/dl	
DIRECT BILIRUBIN	0.15	Adult: < 0.2 mg/dl Infant: 0.2 - 8 mg/dl	
INDIRECT BILIRUBIN	0.28	< 1.2 mg/dl	
TOTAL PROTEINS	6.18	6.0 - 8.3 g/dl	
ALBUMIN	3.90	3.5 - 5.2 g/dl	
GLOBULIN	2.28	2.0 - 3.5 g/dl	
A/G RATIO	1.71	1.0 - 2.0 mg/dl	
ALKALINE PHOSPHATASE	69.8	42 - 98 U/L	
GGT	9.2	< 38 U/L	
<small> REMARKS SAMPLE : SERUM, PLAIN PERFORMED ON FULLY AUTOMATED PENTRA C-200 BIOCHEMISTRY ANALYZER. </small>			

--- End of the Report ---

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Report

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Name	: MS. RITIKA TYAGI	Id	: VRX-36934
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		Reported On	: 10/02/2024 15:40

Investigations	Observed Value	Bio. Ref. Interval	METHOD
MEDIWHEEL FULL BODY CHECK UP BELOW 40 FEMALE			
URIC ACID	4.43	2.6 - 6.0 mg/dl	URICASE
BUN			
UREA	13.79	15 - 40 mg/dl	
BLOOD UREA NITROGEN	6.44	7.3 - 18.8 mg/dl	
CREATININE	0.59	0.5 - 1.4 mg/dl	Jaffe/Alkaline Picrate
TOTAL PROTEINS			
TOTAL PROTEINS	6.18	6.0 - 7.8 g/dl	BIURET
ALBUMIN	3.90	3.5 - 5.2 g/dl	BIURET
GLOBULIN	2.28	2.0 - 3.5 g/dl	BIURET
AG RATIO	1.71	1.0 - 2.0 g/dl	BIURET
BUN / CREAT RATIO			
BUN (Blood Urea Nitrogen)	6.44	7.9 - 21.1 mg/dL	
Creatinine	0.59	0.5 - 1.4 mg/dL	
BUN/Creatinine Ratio	10.92	5.0 - 23.5	

--- End of the Report ---

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 Mumbai, Maharashtra - 400 101.
 Contact No. 7506155999 / 7048099999

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Dr. Vipul Jain
 M.D.(PATH)
 APPROVED BY

ENTERED BY - SANTOSH M

CHECKED BY - SNEHA G





Report

VRX HEALTH CARE PVT. LTD

UHID : AM10.24000000001
 Patient Name : MRS. RITIKA TYAGI
 Age : 30 Yrs
 Gender : FEMALE
 Ref. Doctor : DR MEDIWHEEL
 Client Name : DIAGNO LOUNGE(ADVANCED DIAGNOSTIC CENTRE)KANDIVALI

Bill No. : A025410
 Registered On : 10/02/2024,03:07 PM
 Collected On : 10/02/2024,03:23 PM
 Reported On : 11/02/2024,01:56 AM
 SampleID :

REPORT

Biochemistry

Test Name	Result	Unit	Biological Reference Interval
HbA1c (Glycylated Haemoglobin) WB-EDTA			
HbA1c (Glycylated Haemoglobin)	5.6	%	Normal <5.7 % Pre Diabetic 5.7 - 6.4 % Diabetic >6.5 % Target for Diabetes on therapy < 7.0 % Re-evaluation of therapy > 8.0 % Reference ADA Diabetic Guidelines 2013

Method : HPLC (High Performance Liquid Chromatography)

Mean Blood Glucose 114.0 mg/dL

Method : Calculated

Corelation of A1C with average glucose

A1C (%)	Mean Blood Glucose (mg/dl)
6	126
7	154
8	183
9	212
10	240
11	269
12	298

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 Contact No. 022-25411111

Interpretation :

1.The HbA1c levels correlate with the mean glucose concentration prevailing in the course of Pts recent history (apprx 6-8 weeks) & therefore provides much more reliable information for glycemia control than the blood glucose or urinary glucose. This Methodology is better then the routine chromatographic methods & also for the diabetic pts.having HEMOGLBINOPATHIES OR UREMIA as Hb variants and uremia does not INTERFERE with the results in this methodology.

2.It is recommended that HbA1c levels be performed at 4 - 8 weeks during therapy in uncontrolled DM pts.& every 3 - 4 months in well controlled dalbetics.

3.Mean blood glucose (MBG) in first 30 days (0-30)before sampling for HbA1c contributes 50% whereas MBG in 90 - 120 days contribute to 10% in final HbA1c levels

Scan to Validate



APARNA-JAIRAM
 Entered By

APARNA-JAIRAM
 Verified By

Dr Suvarna Deshpande
 MD (Path)
 Reg.No.83385

Dr Aparna Jairam
 MD (Path)
 Reg.No.76516

"Sample Processed At Asavlee Dr Aparna's Pathology Laboratory"

Physio Lounge & Diagno Lounge (VRX Health Care Pvt. Ltd.)





Report

VRX HEALTH CARE PVT. LTD

UHID : AM10.24000000001
Patient Name : MRS. RITIKA TYAGI
Age : 30 Yrs
Gender : FEMALE
Ref. Doctor : DR MEDIWHEEL
Client Name : DIAGNO LOUNGE(ADVANCED DIAGNOSTIC CENTRE)KANDIVALI

Bill No. : A025410
Registered On : 10/02/2024,03:07 PM
Collected On : 10/02/2024,03:23 PM
Reported On : 11/02/2024,01:56 AM
SampleID :

REPORT

Immunology

Test Name	Result	Unit	Biological Reference Interval
Total T3 Method : ECLIA	86.0	ng/dL	58-159
Total T4 Method : ECLIA	7.2	mcg/dl	4.2-11.2
TSH-Ultrasensitive Method : Chemiluminescent Microparticle Immunoassay	2.000	uIU/ml	0.2-5.7
Trimester Ranges	T3- 1st Trimester - 138-278 ng/dl 2nd Trimester- 155-328 ng/dl 3rd Trimester - 137-324 ng/dl T4- 1st Trimester - 7.31-15.0 mcg/dl 2nd Trimester- 8.92-17.38 mcg/dl 3rd Trimester - 7.98-17.7 mcg/dl TSH- 1st Trimester - 0.04-3.77 uIU/ml 2nd Trimester- 0.30-3.21 uIU/ml 3rd Trimester - 0.6-4.5 uIU/ml		

VRX HEALTH CARE PVT. LTD.
Shop 102 3rd-08, D. J. Somaiya Building,
Behind Vardhaji Park, Kandivali East,
Thakur Village, Kandivali East,
Mumbai, Maharashtra - 400 101.
Mobile No. - 7506155999 / 7045095009

Scan to Validate



APARNA-JAIRAM
Entered By

APARNA-JAIRAM
Verified By

Dr Suvarna Deshpande
MD (Path)
Reg.No.83385

Dr Aparna Jairam
MD (Path)
Reg.No.76516

"Sample Processed At Asavlee Dr Aparna's Pathology Laboratory"

Physio Lounge & Diagno Lounge (VRX Health Care Pvt. Ltd.)



022 49628800 / 8811 | +91 98695 12512 | 77770 90855 | 022 4749 2469 | 75061 55999



Patient Name: MS.RITIKA TYAGI

F/ 30 Yrs

Ref. by: MEDIWHEEL

Date: 10/02/2024

XRAY CHEST PA VIEW

The lung on either side shows adequate translucency and exhibit normal vasculature.

Both hila are symmetrical in outline size and shape.

Trachea is central in position and no mediastinal abnormality is visible.

Bilateral costophrenic angles are clear.

Cardiac shadow is unremarkable.

Bone thorax appears unremarkable.

*Thanks for the reference.
With regards,*

VRX HEALTH CARE PVT. LTD.
B-11, 1st Floor, 25, Park Road, Sector 17
Gurgaon, Haryana 122001, India
Phone: +91 98695 12512
11th Floor, Tower 2, Sector 17 - 407 101
Gurgaon, Haryana 122001, India

DR FORAM KOTHARI
Consultant Radiologist DMRD DNB





Patient Name: MS. RITIKA TYAGI

F / 30 Yrs.

Ref. by: MEDIWHEEL

Date: 10/02/2024

SONOGRAPHY OF ABDOMEN AND PELVIS

TECHNIQUE: Real time, B mode, gray scale sonography of the abdominal and pelvic organs was performed with convex transducer.

LIVER: The liver is normal (12.4 cm) in size, shape and has smooth margins. The hepatic parenchyma shows homogeneous echotexture without solid or cystic mass lesion or calcification. No evidence of intrahepatic biliary radical dilatation.

PORTAL VEIN: It measures 11 mm in transverse diameter.

GALL BLADDER: The gall bladder is well distended. There is no evidence of calculus, wall thickening or pericholecystic collection.

COMMON BILE DUCT: The visualised common bile duct is normal in caliber. No evidence of calculus is seen in the common bile duct.

PANCREAS: The head and body of pancreas is normal in size, shape, contours and echo texture.

SPLEEN: The spleen measures 9.1 cm and is normal in size and shape. Its echotexture is homogeneous.

KIDNEYS:

Right kidney	Left kidney
8.7 x 4.0 cm	10.3 x 6.0 cm

The kidneys are normal in size and have smooth renal margins. Cortical echotexture is normal. The central echo complex does not show evidence of hydronephrosis. No evidence of hydroureter or calculi, bilaterally.

URINARY BLADDER: The urinary bladder is well distended. It shows uniformly thin walls and sharp mucosa. No evidence of calculus is seen. No evidence of mass or diverticulum is noted.

.....Continue On Page 2



(MS. RITIKA TYAGI PG2)

PELVIS:

The uterus is anteverted. It measures 7.2 x 3.3 x 5.4 cm in the longitudinal, antero-posterior and transverse dimensions, respectively. The uterine margins are smooth and do not reveal any contour abnormalities.

A subserosal fibroid measuring 1.5 x 1.2 cm in size is seen in the anterior uterine wall

The endometrial echo is in the midline and measures 6 mm.

Bilateral ovaries are normal in size and echo pattern.

Right ovary measures 2.3 x 2.6 cm.

Left ovary measures 2.7 x 1.8 cm.

No adnexal mass is seen.

There is no free fluid in the cul-de-sac. There is no obvious evidence of significant lymphadenopathy.

IMPRESSION:

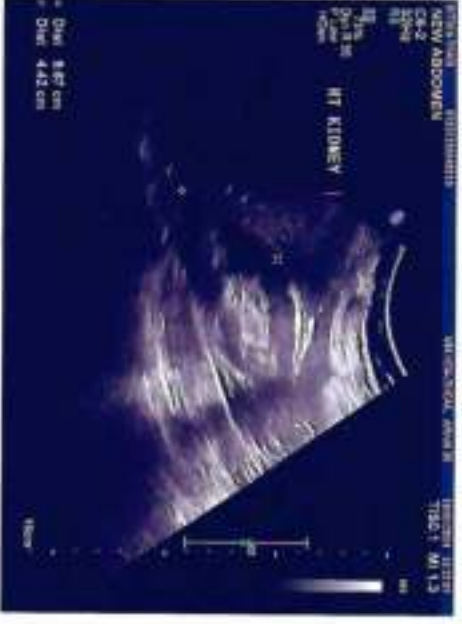
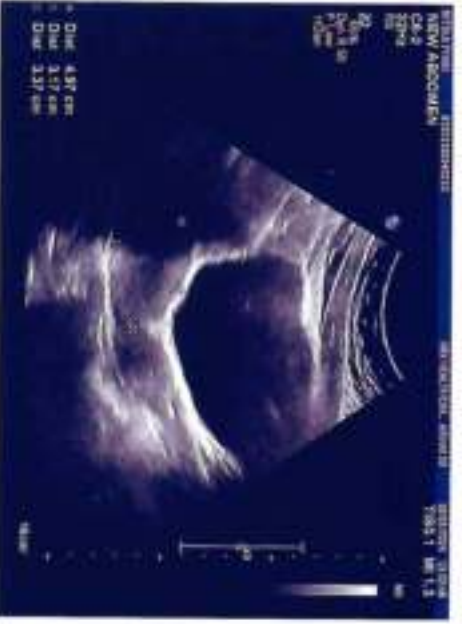
- Subserosal anterior wall uterine fibroid.
- No other significant abnormality is seen in present scan.

Thanks for the reference.

With regards,

VRX HEALTHCARE PVT. LTD.
Shop No. 34-35, Ground Floor, Building
Eating Villa - 2, Jyoti Park
Thane West, Mumbai-400 074
Mumbai Maharashtra - 400 074
Mobile No: 7500185100 / 7500185102

DR FORAM KOTHARI
Consultant Radiologist DMRD DNB



VRX HEALTHCARE PVT. LTD

SHOP NO. 34-38, GAYATRI SATSANG BUILDING, BEHIND VISHNU SHIVAM MALL, THAKUR VILLAGE,

KANDIVALI EAST, (400101)

TREADMILL TEST REPORT

Patient Information

Name : MS. RITIKA TYAGI

AGE : 30

RES. BY : MEDICAL

ID : 57
SEX : F

DATE : 10-02-2024

HEIGHT : 160
WEIGHT : 43

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST. DEVIAT. (mm)		MET'S	
								TI	V1		V5
SUPINE		0:11			84	120 / 80	100	0.2	-0.3	-0.2	
STANDING					96	120 / 80	115	0.2	-0.1	-0.2	
HYPERVENT					109	120 / 80	130	0.2	-0.3	-0.2	
Stage 1	2:55	2:55	2.7	10	151	120 / 80	181	0.4	-1	-0.5	4.67
Stage 2	5:55	2:55	4	12	180	130 / 80	234	1.1	-1.2	-0.8	7.04
Stage 3	8:55	2:55	5.4	14	195	150 / 80	292	1.6	-0.9	-0.5	9.92
PR-EXERCISE	9:4	0:5	6.7	16	148	150 / 80	222	3.1	-1.9	1.1	10.11
RECOVERY	10:25	1:0			127	130 / 80	165	1.3	-0.7	0.4	
RECOVERY	11:59	2:34			126	130 / 80	163	0.8	-0.5	0.3	
RECOVERY	12:20	2:55			126	130 / 80	163	0.8	-0.5	0.3	
RECOVERY	13:19	3:44			126	120 / 80	151	0.4	-0.3	0	

CARDIO BEATS

Technician : DIKSHITA

Dr. Sandeep Deshpande
 MD (CARDIOLOGIST)
 REG - 72944
 10/02/2024
 10:00 AM
 10/02/2024
 10:00 AM
 10/02/2024
 10:00 AM

Dr. Sandeep Deshpande
 MD (CARDIOLOGIST)
 REG - 72944

DR. SANDEEP DESHPANDE (M.D.)

VRX HEALTHCARE PVT. LTD

SHOP NO. 34-38, GAYATRI SATSANG BUILDING, BEHIND VISHNU SHIVAM MALL, THAKUR VILLAGE,
KANDIVALI EAST, (400101)
TREADMILL TEST REPORT

Patient Information

Name : MS RITIKA TYAGI
 AOS : 30
 REF. BY : MEDWHEEL
 ID : 57
 SEX : M
 DATE : 10-02-2024
 TMO/gnt : 160
 Wt/ght : 83

Medication

THYRONORM 125 MG OD

Indication

HEALTH CHECK UP

Test Results

PROTOCOL : Bruce
 Target H.R. : 190 bpm
 H.R. Achieved : 195 bpm 102 %
 ABEY-THMIA : NONE
 EXERCISE TIME : 9:5
 MAX B.P. : 150 / 80 mm Hg
 R.R. RESPONSE : Normal Chronotropic Response
 MAX WORK LOAD: 10.11 METS
 RR RESPONSE : NORMAL

REASON OF TERMINATION :

Achieved TBR,

HISTORY

HYPOTHYROIDISM

IMPRESSIONS :

GOOD EFFORT TOLERANCE
 NORMAL CHRONOTROPIC RESPONSE
 NORMAL THORACIC RESPONSE
 NO ANGINA OR ARRHYTHMIA
 NO SIGNIFICANT ST-T CHANGES AS COMPARED TO BASELINE ECG
 CONCLUSION:- STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA AT HIGH WORK LOAD

Technician : DIKSHITA

VRX386 | Indent. Tel : 02-23-489025 | Fax : 02-23-480119 | Email: vr@vrhealthcare.com | www.vrxhealthcare.com | VRX Ver 24.1.3

Dr Sandeep Deshpande
 MD (CARDIOLOGIST)
 REG - 72944

CARDIO BEATS

VRX HEALTHCARE PVT. LTD

MS RITIKA TYAGI
I.D. 57
Age 30/M
Date 10-02-2024

RATE 109bpm
B.P. 120/80

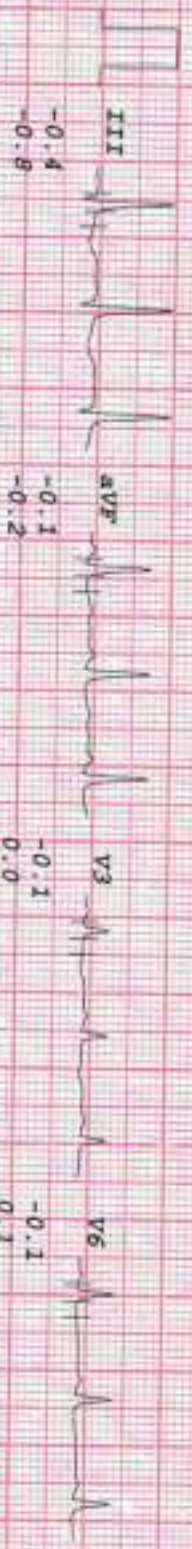
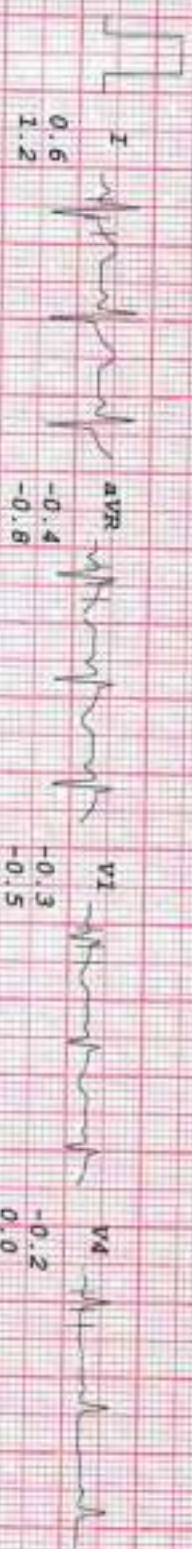
PRETEST
HYPERVENT
PHASE TIME 0:11

SV @ 10mm/mV
80ms PostJ

LINKED MEDIAN

Mag. X 2

III



CARDIO BEATS

Anytime Fitness India - Gyms/Health - Stores/Spa/Club/Tempo/24 Hr/24 Hr - Mumbai - Toll - 02-26-600000, Fax - 02-26-600000, www.anytimefitness.com, Toll - 02-26-600000, www.anytimefitness.com, Toll - 02-26-600000

VRX HEALTHCARE PVT. LTD

MS RITIKA TYAGI
 I.D. 57
 Age 30/M
 Date 10-02-2024

Rate 195bpm
 B.P. 150/80

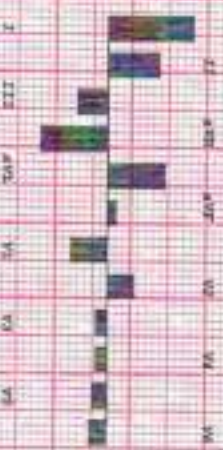
Bruce
 Stage 3
 TOTAL TIME 8:55
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ
 Speed 5.4 km/hr
 SLOPE 14 g

LINKED MEDIAN

Mag. x 2

III



CARDIO BEATS

VRX HEALTHCARE PVT. LTD

MS RITIKA TYAGI
 I.D. 57
 Age 30/M
 Date 10-02-2024

RATE 195bpm
 B.P. 150/80

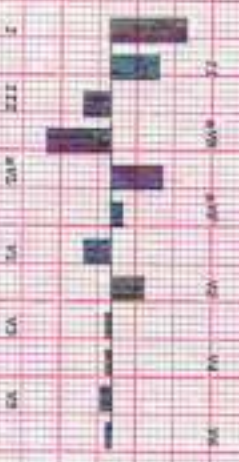
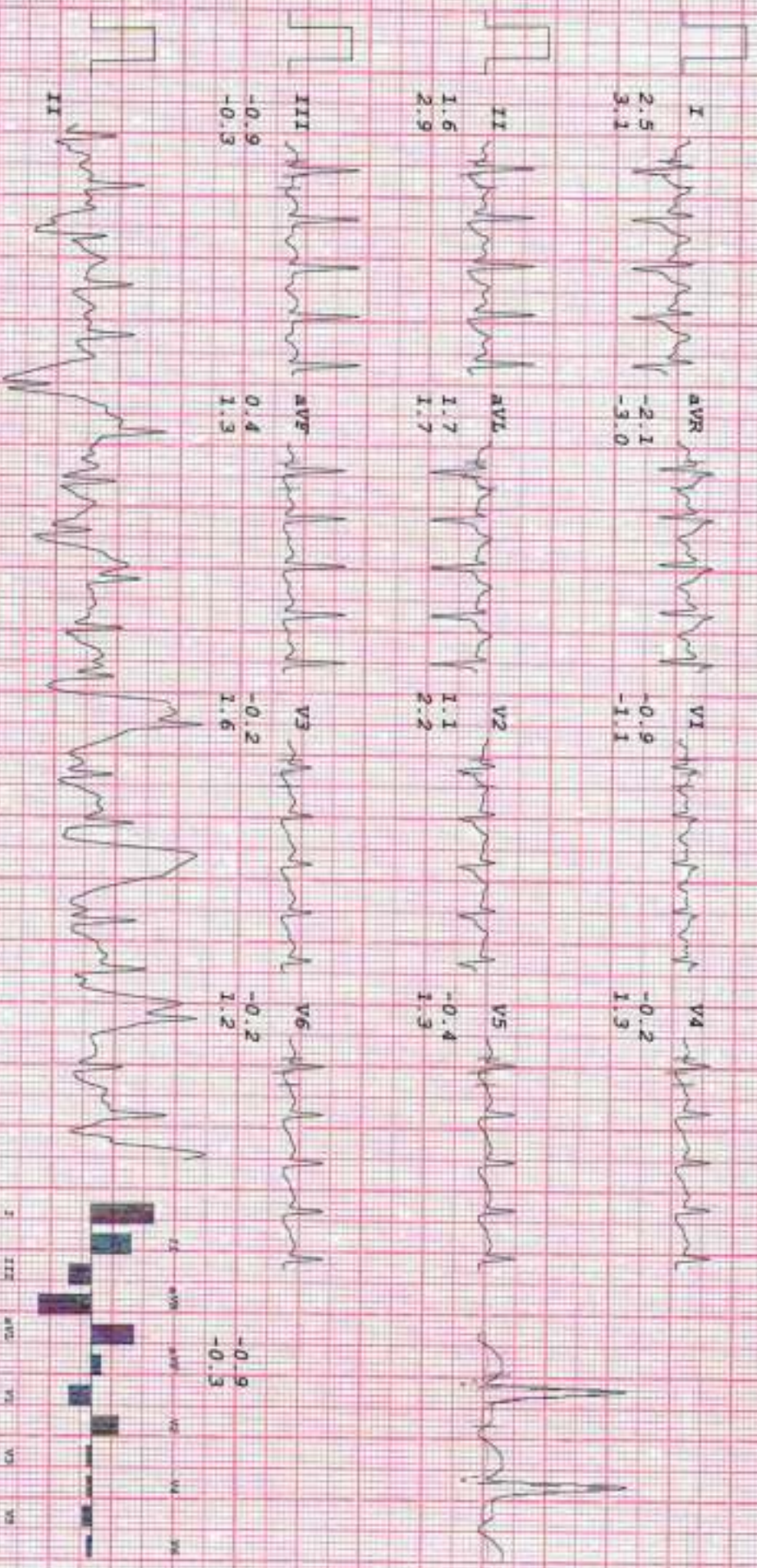
Bruce
 PR-EXERCISE
 TOTAL TIME 9:05
 PHASE TIME 0:05

ST @ 10mm/mV
 60ms PostJ
 Speed 6.7 km/hr
 SLOPE 16 %

LINKED MEDIAN

Mag X 2

CARDIO BEATS



VRX HEALTHCARE PVT. LTD

MS RITIKA TYAGI
 I.D. 57
 Age 30/M
 Date 10-02-2024

RATE 148bpm
 B.P. 150/80

REUSE
 RECOVERY
 TOTAL TIME 10:25
 PHASE TIME 1:00

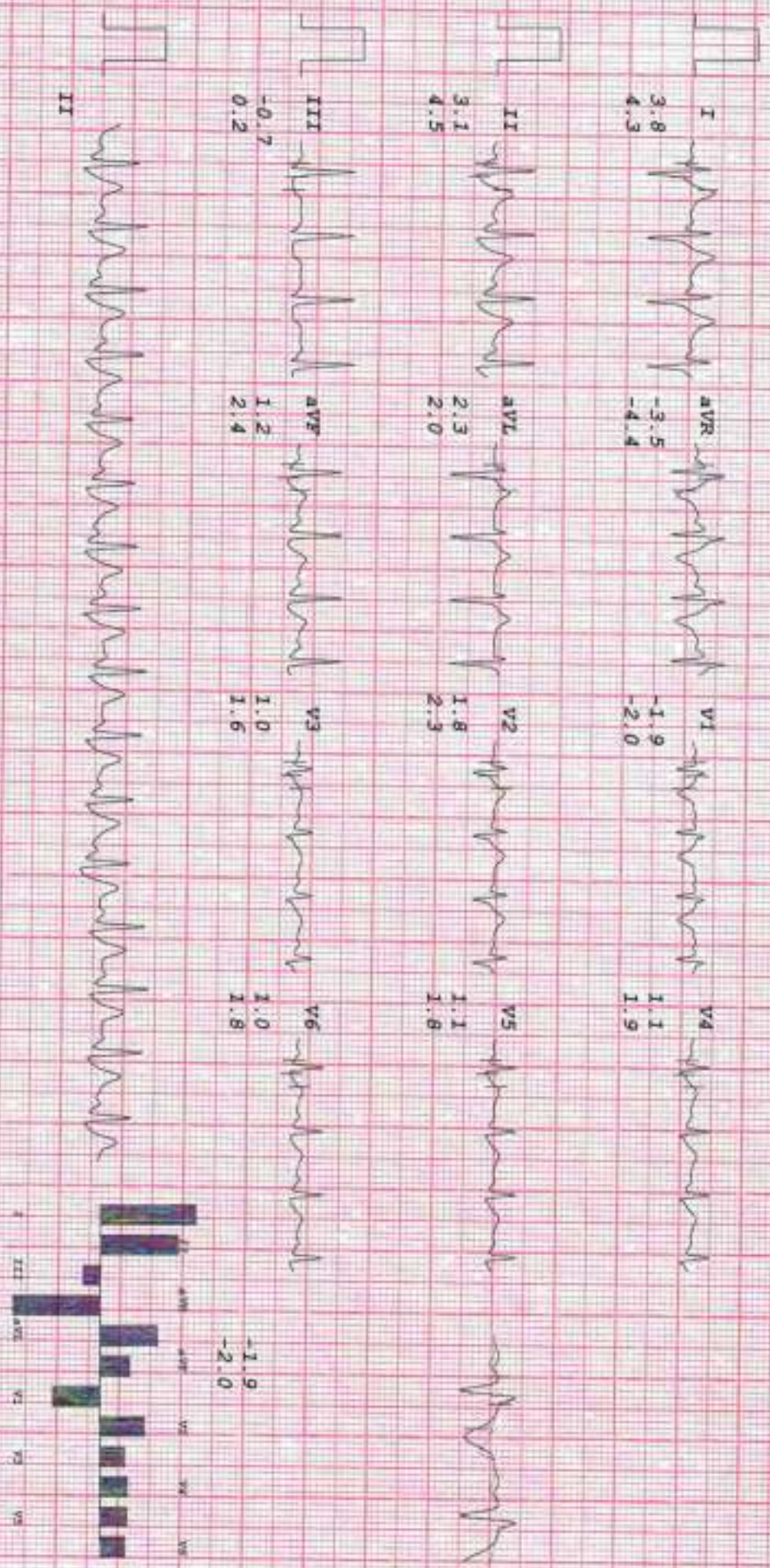
ST @ 10mm/mV
 80ms Post J

LINKED MEDIAN

MAG. X 2

VI

CARDIO BEATS





HOOURS
0%
10%
Rs.150

FREE

• IRRITATED OR WOUNDED FEET

IDENTIFYING SYMPTOMS

- NO ULCER BUT FOOT AT RISK
- ULCER PRESENT BUT NO INFECTION
- ULCER DEEP, EXPOSING JOINTS & TENDONS
- EXTENSIVE ULCERS OR ABSCESSES FROM INFECTION

RISK FACTORS FOR FOOT ULCERS

- POORLY FITTED SHOES
- POOR HYGIENE (NO CLEANING EARLY OR THOROUGHLY)
- IMPROPER TRIMMING
- ALCOHOL
- OBE
- T
- H
- FBS
- PUS
- ANNU
- ANNU
- SKIN CA
- PROPER S

WV W CLINIC



GPS Map Camera



Mumbai, Maharashtra, India
6V7C+755, Kandivali, Chikhali Wadi, Thakur Village, Kandivali East,
Mumbai, Maharashtra 400101, India
Lat 19.213211°
Long 72.870563°
10/02/24 02:05 PM GMT +05:30