

CONCLUSION OF HEALTH CHECKUP

ECU Number	: 9058	MR Number	: 23227470	Patient Name:	RICHA CHAUDHARY
Age	: 39	Sex	: Female	Height	: 158
Weight	: 72.5	Ideal Weight	: 58	BMI	: 29.04
Date	: 03/02/2024				

Dyslipidemia

to

*Lifestyle
modification*



Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.

ECU Number : 9058 MR Number : 23227470 Patient Name : RICHA CHAUDHARY
Age : 39 Sex : Female Height : 158
Weight : 72.5 Ideal Weight : 58 BMI : 29.04
Date : 03/02/2024

Past H/O : K/C/O ASTHMA - ON REGULAR MEDICATIONS.

Present H/O : NO MEDICAL COMPLAINTS AT PRESENT.

Family H/O : NO F/H/O ANY MAJOR ILLNESS.

Habits : NO
Gen.Exam. : G.C. GOOD
B.P : 128/80
Pulse : 74/MIN REG.
Others : SPO2 98 %
C.V.S : NAD
R.S. : NAD
Abdomen : NP
Spleen : NP
Skin : NAD
C.N.S : NAD
Advice :



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Patient Name: RICHA CHAUDHARY
Height : 158
BMI : 29.04

Ophthalmic Check Up :

	Right	Left
Ext Exam		-
Vision Without Glasses	6/6 N.5	6/6 N.5
Vision With Glasses	-	-
Final Correction	NORMAL	NORMAL
Fundus	NORMAL	
Colour Vision	NORMAL	
Advice	NIL	

Orthopaedic Check Up :

Ortho Consultation

Ortho Advice

ENT Check Up :

Ear

Nose

Throat

Hearing Test

ENT Advice

General Surgery Check Up :

General Surgery

Abdominal Lump

Hernia

External Genitals

PVR

Proctoscopy

Any Other

Surgical Advice



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Gynaec Check Up :

OBSTETRIC HISTORY	2 FT LSCS
MENSTRUAL HISTORY	-
PRESENT MENSTRUAL CYCLE	LMP : 22/01/24
PAST MENSTRUAL CYCLE	-
CHIEF COMPLAINTS	-
PA	SOFT
PS	Cx - (N) Vg - (N)
PV	UT NS Fx CLEAR
BREAST EXAMINATION RIGHT	NORMAL
BREAST EXAMINATION LEFT	NORMAL
PAPSMEAR	TAKEN
BMD	
MAMMOGRAPHY	
ADVICE	FOLLOWUP WITH REPORTS.



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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mrs. RICHA CHAUDHARY
Gender / Age : Female / 39 Years 6 Months 23 Days
MR No / Bill No. : 23227470 / 242079673
Consultant : Dr. Manish Mittal
Location : OPD

Type : OPD
Request No. : 196427
Request Date : 03/02/2024 08:36 AM
Collection Date : 03/02/2024 10:04 AM
Approval Date : 03/02/2024 03:00 PM

CBC + ESR

Test	Result	Units	Biological Ref. Range
Haemoglobin.			
Haemoglobin	<u>10.7</u>	gm/dL	12 - 15
Red Blood Cell Count (T-RBC)	4.48	mill/cmm	3.8 - 4.8
Hematocrit (HCT)	<u>35.2</u>	%	36 - 46
Mean Corpuscular Volume (MCV)	<u>78.6</u>	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	<u>23.9</u>	pg	27 - 32
MCH Concentration (MCHC)	<u>30.4</u>	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	<u>15.5</u>	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	44.6	fl	39 - 46
Total Leucocyte Count (TLC)			
Total Leucocyte Count (TLC)	6.24	thou/cmm	4 - 10
Differential Leucocyte Count			
Polymorphs	49	%	40 - 80
Lymphocytes	38	%	20 - 40
Eosinophils	06	%	1 - 6
Monocytes	07	%	2 - 10
Basophils	00	%	0 - 2
Polymorphs (Abs. Value)	3.11	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	2.41	thou/cmm	1 - 3
Eosinophils (Abs. Value)	0.41	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	0.27	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.04	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.2	%	1 - 3 : Borderline > 3 : Significant
Platelet Count			
Platelet Count	261	thou/cmm	150 - 410
Remarks	This is counter generated CBC Report, smear review is not done		
ESR	<u>22</u>	mm/1 hr	0 - 12

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings & corroborated investigations before any firm opinion is made. Recheck / repeat may be required.

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CBC + ESR

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.
Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter by Fluorescent flow cytometry using a semi-conductor laser and hydrodynamic focusing in dedicated channels. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification.

ESR on ESL-30, comparable to Westergrens method and in accordance to ICSH reference method.

---- End of Report ----

Dr. Rakesh Vaidya
MD (Path). DCP.

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Haematology

Test	Result	Units	Biological Ref. Range
Blood Group			
ABO system	B		
Rh system.	Positive		

By Gel Technology / Tube Agglutination Method

Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontrol.
- This method check's group both on Red blood cells and in Serum for "ABO" group.

---- End of Report ----

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HbA1c (Glycosylated Hb)

Test	Result	Units	Biological Ref. Range
HbA1c (Glycosylated Hb)			
Glycosylated Hemoglobin (HbA1c)	5.6	%	
estimated Average Glucose (e AG) *	114.02	mg/dL	

(Method:

By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.

* Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.

Guidelines for Interpretation:

Indicated Glycemic control of previous 2-3 months

HbA1c%	e AG (mg/dl)	Glycemic control
> 8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
7 - 8	154 - 183	Good
< 7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
6 - 7	126 - 154	Near Normal
< 6	< 126	Nondiabetic level)

---- End of Report ----

Dr. Rakesh Vaidya
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Test Results are dependent on accuracy of specimens & technical limitations. Hence, it is advised to correlate with clinical findings & other related investigations. If there is any firm opinion is made, Re-check / re-test may be suggested.

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Complete Lipid Profile

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and/or advised investigations before any firm opinion is made. Recheck / retest may be envisaged.

Test	Result	Units	Biological Ref. Range
Complete Lipid Profile			
Appearance	Clear		
Triglycerides <i>(Done by Lipase /Glycerol kinase on Vitros 5600)</i> < 150 Normal 150-199 Borderline High 200-499 High > 499 Very High)	149	mg/dL	1 - 150
Total Cholesterol <i>(Done by Colorimetric - Cholesterol Oxidase, esterase, peroxidase on Vitros 5600.)</i> <200 mg/dL - Desirable 200-239 mg/dL - Borderline High > 239 mg/dL - High)	214	mg/dL	1 - 200
HDL Cholesterol <i>(Done by Colorimetric: non HDL precipitation method PTA/MgCl2 on Vitros 5600)</i> < 40 Low > 60 High)	40	mg/dL	40 - 60
Non HDL Cholesterol (calculated) <i>(Non- HDL Cholesterol)</i> < 130 Desirable 139-159 Borderline High 160-189 High > 191 Very High)	174	mg/dL	1 - 130
LDL Cholesterol <i>(Done by Enzymatic (Two Step CHE/CHO/POD) on Vitros 5600)</i> < 100 Optimal 100-129 Near / above optimal 130-159 Borderline High 160-189 High > 189 Very High)	144	mg/dL	1 - 100
VLDL Cholesterol (calculated)	29.8	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	3.35		2.1 - 3.5
T. Ch./HDL Ch. Ratio <i>(Recent NECP / ATP III Guidelines / Classification (mg/dl) :)</i>	5.35		3.5 - 5

--- End of Report ---

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Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea <i>(Done by Endpoint/Colorimetric - Urease on Vitros 5600)</i>	23	mg/dL	10 - 45
BUN	10.75	mg/dL	5 - 21
Creatinine <i>(By Modified Kinetic Jaffe Technique)</i>	<u>0.58</u>	mg/dL	0.6 - 1.1
Estimate Glomerular Filtration rate <i>(Ref. range : > 60 ml/min for adults between age group of 18 to 70 yrs. EGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)</i>	More than 60		
Uric acid <i>(Done by Colorimetric - Uricase, Peroxidase on Vitros 5600)</i>	3.6	mg/dL	2.2 - 5.8

--- End of Report ---

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Test Results are dependent on a number of variables & essential limitations. Hence, it is advised to correlate with clinical findings & refer to advanced investigations if there any firm opinion is made. Recheck / retest may be required.

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Liver Function Test (LFT)

Test	Result	Units	Biological Ref. Range
Bilirubin			
Bilirubin - Total	0.46	mg/dL	0 - 1
Bilirubin - Direct	0.20	mg/dL	0 - 0.3
Bilirubin - Indirect	0.26	mg/dL	0 - 0.7
<i>(Done by Dual Wavelength - Reflectance Spectrophotometry on Vitros 5600)</i>			
Aspartate Aminotransferase (SGOT/AST)	26	U/L	13 - 35
<i>(Done by Multipoint Rate Colorimetric with P-5-P on Vitros 5600)</i>			
Alanine Aminotransferase (SGPT/ALT)	24	U/L	14 - 59
<i>(Done by Multipoint-Rate/Colorimetric with P-5-P (pyridoxa-5-phosphate) on Vitros 5600)</i>			
Alkaline Phosphatase	103	U/L	42 - 98
<i>(Done by Multipoint-Rate - p-nitrophenyl Phosphate, AMP buffer on Vitros 5600)</i>			
Gamma Glutamyl Transferase (GGT)	16	U/L	5 - 55
<i>(Done by Multipoint Rate - L-γ³-glutamyl-p-nitroanilide on Vitros 5600)</i>			
Total Protein			
Total Proteins	7.46	gm/dL	6.4 - 8.2
Albumin	4.22	gm/dL	3.4 - 5
Globulin	3.24	gm/dL	3 - 3.2
A : G Ratio	1.3		1.1 - 1.6
<i>(Done by Biuret endpoint and Bromocresol green method on vitros 5600.)</i>			

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings & other related investigations and take any firm opinion is made. Recheck / retest may be suggested.

---- End of Report ----

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Approval Date : 03/02/2024 01:40 PM

Fasting Plasma Glucose

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>Biological Ref. Range</u>
<i>Fasting Plasma Glucose</i>			
Fasting Plasma Glucose	87	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	101	mg/dL	70 - 140

By Hexokinase method on EXL Dade Dimension

---- End of Report ----

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Patient Name : Mrs. RICHA CHAUDHARY
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Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
Triiodothyronine (T3)	1.55	ng/ml	
<i>(Done by CLIA based method on automated immunoassay Vitros 5600.</i>			
<i>Reference interval (ng/ml)</i>			
1 - 3 days	: 0.1 - 7.4		
1-11 months	: 0.1 - 2.45		
1-5 years	: 0.1 - 2.7		
6-10 years	: 0.9 - 2.4		
11-15 years	: 0.8 - 2.1		
16-20 years	: 0.8 - 2.1		
Adults (20 - 50 years)	: 0.7 - 2.0		
Adults (> 50 years)	: 0.4 - 1.8		
Pregnancy (in last 5 months)	: 1.2 - 2.5		
<i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition)</i>			
Thyroxine (T4)	9.16	mcg/dL	
<i>(Done by CLIA based method on automated immunoassay Vitros 5600.</i>			
<i>Reference interval (mcg/dL)</i>			
1 - 3 days	: 11.8 - 22.6		
1- 2 weeks	: 9.8 - 16.6		
1 - 4 months	: 7.2 - 14.4		
4 - 12 months	: 7.8 - 16.5		
1-5 years	: 7.3 - 15.0		
5 - 10 years	: 6.4 - 13.3		
10 - 20 years	: 5.6 - 11.7		
Adults / male	: 4.6 - 10.5		
Adults / female	: 5.5 - 11.0		
Adults (> 60 years)	: 5.0 - 10.7		
<i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition)</i>			
Thyroid Stimulating Hormone (US-TSH)	3.34	microIU/ml	
<i>(Done by CLIA based method on automated immunoassay Vitros 5600.</i>			
<i>Reference interval (microIU/ml)</i>			
Infants (1-4 days)	: 1.0 - 39		
2-20 weeks	: 1.7 - 9.1		
5 months - 20 years	: 0.7 - 6.4		
Adults (21 - 54 years)	: 0.4 - 4.2		
Adults (> 55 years)	: 0.5 - 8.9		
<i>Pregnancy :</i>			
1st trimester	: 0.3 - 4.5		
2nd trimester	: 0.5 - 4.6		
3rd trimester	: 0.8 - 5.2		
<i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition)</i>			

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---- End of Report ----

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Pap Smear

Test	Result	Units	Biological Ref. Range
------	--------	-------	-----------------------

Pap Smear

Pap Smear Screening Report / Cervico-Vaginal Cytology...

Cyto No : P/287/23
Received at 01:15 pm.

Clinical Details : No complain
P/V findings : Cx.- NAD / Vg. - NAD
LMP : 22/01/2024

TBS Report / Impression :
* Satisfactory for evaluation; transformation zone components identified.
* No significant inflammatory cellularity.
* No epithelial cell abnormality favouring squamous intraepithelial lesion or frank malignancy (NILM).

Note / Method :

The material received in LBC container, cytosmear was stained by rapid pap method and reported with due consideration to The Bethesda system (Modified 2014)

---- End of Report ----

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Urine routine analysis (Auto)

Test	Result	Units	Biological Ref. Range
Physical Examination			
Quantity	40	mL	
Colour	Pale Yellow		
Appearance	Clear		
Chemical Examination (By Reagent strip method)			
pH	6.5		
Specific Gravity	1.004		
Protein	Negative	gm/dL	0 - 5
Glucose	Negative	mg/dL	0 - 5
Ketones	Negative		0 - 5
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Leucocytes	Negative		Negative
Nitrite	Negative		Negative
Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex urine sedimentation analyzer UF4000)			
Red Blood Cells	0 - 1	/hpf	0 - 2
Leucocytes	1 - 5	/hpf	0 - 5
Epithelial Cells	1 - 5	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	Absent	/hpf	Absent
Organism	Absent		

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---- End of Report ----

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DEPARTMENT OF DIAGNOSTIC RADIOLOGY

Patient No. : 23227470 Report Date : 03/02/2024
 Request No. : 190100705 03/02/2024 8.36 AM
 Patient Name : Mrs. RICHA CHAUDHARY
 Gender / Age : Female / 39 Years 6 Months 23 Days

X-Ray Chest AP

- A well defined tiny nodular opacity noted in left upper zone--sequele of an old infection. Rest of the lung fields are clear.
- Both costophrenic sinuses appear clear.
- Heart size is normal.
- Hilar shadows show no obvious abnormality.
- Aorta is normal.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
 • NOT VALID FOR MEDICO-LEGAL PURPOSES
 • CLINICAL CORRELATION RECOMMENDED

Dr. Priyanka Patel, MD.

Consultant Radiologist

📍 Bhailal Amin Marg, Gorwa, Vadodara, Gujarat - 390 003

🌐 www.baghospital.com





Computerized Radiography
Ultra Sensitive Colour Doppler
Ultra High Resolution Sonography
Multi-Detector CT Scan
Magnetic Resonance Imaging (MRI)
Mammography
Interventional Radiology
Digital Subtraction Angiography (DSA)
Foetal Echocardiography
Echocardiography
4D USG & Doppler

DEPARTMENT OF DIAGNOSTIC RADIOLOGY

Patient No. : 23227470 Report Date : 03/02/2024
 Request No. : 190100675 03/02/2024 8.36 AM
 Patient Name : Mrs. RICHA CHAUDHARY
 Gender / Age : Female / 39 Years 6 Months 23 Days

USG : Abdomen (Excluding Pelvis) Or Upper Abdomen

Liver is normal in size and echo pattern. No mass lesion identified. The hepatic veins are clear and patent.

Gall bladder is well distended and shows no obvious abnormality. Common bile duct measures 4 mm in diameter.

Pancreas shows no obvious abnormality. Tail obscured.
 Spleen is normal in size and echo pattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

No ascites.

COMMENT:

- **No obvious abnormality seen.**

Kindly correlate clinically.

ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
 NOT VALID FOR MEDICO-LEGAL PURPOSES
 CLINICAL CORRELATION RECOMMENDED

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Patient No. : 23227470 Report Date : 03/02/2024
Request No. : 190100685 03/02/2024 8.36 AM
Patient Name : **Mrs. RICHA CHAUDHARY**
Gender / Age : Female / 39 Years 6 Months 23 Days

Echo Doppler Screening

MITRAL VALVE : NORMAL, NO MR, NO MS
AORTIC VALVE : NORMAL, NO AR, NO AS
TRICUSPID VALVE : NORMAL, NO TR, NO PAH
PULMONARY VALVE : NORMAL
LEFT ATRIUM : NORMAL
AORTA : NORMAL
LEFT VENTRICLE : NORMAL LV SIZE AND SYSTOLIC FUNCTION LVEF -- 65%, NO
RESTING REGIONAL WALL MOTION ABNORMALITY
RIGHT ATRIUM : NORMAL
RIGHT VENTRICLE : NORMAL
I.V.S. : INTACT
I.A.S. : INTACT
PULMONARY ARTERY : NORMAL
PERICARDIUM : NORMAL
COLOUR/DOPPLER
FLOW MAPPING : NO MR, NO AR, NO TR, NO PAH

FINAL CONCLUSION:

1. NORMAL SIZED ALL CARDIAC CHAMBERS, NO LVH
2. NORMAL LV SYSTOLIC FUNCTION, LVEF -- 65%
3. NO RESTING REGIONAL WALL MOTION ABNORMALITY
4. NORMAL DIASTOLIC FUNCTION
5. NORMAL RIGHT HEART SIZE AND RV PRESSURES
6. NORMAL CARDIAC VALVES, NO MITRAL // AORTIC STENOSIS
7. NO PERICARDIAL EFFUSION, CLOT OR VEGETATION SEEN, SR+.


Dr. KILLO KANERIA, D.M., CARD.

Name: Mrs. Richa Chaudhary -
Patient ID: ECU/23227470

03.02.2024 10:59:10
Standard 12-Lead

BHAJAL AMIN GENERAL HOSPITAL

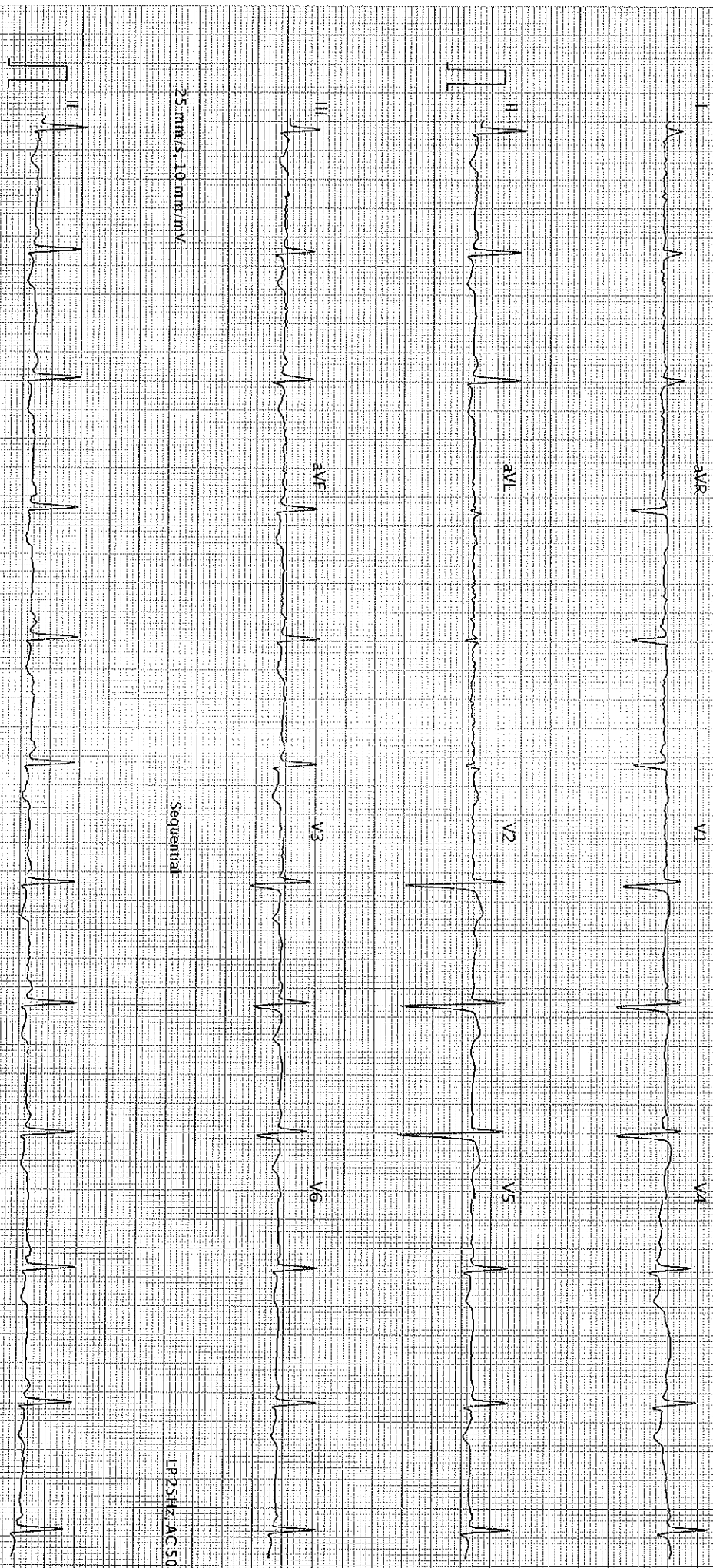
Age: 039Y
Gender: Female
Ref. phys.:
Pacemaker: Unknown

HR: 67 bpm
RR: 890 ms
P axis: 103 ms
PR: 125 ms
QRS axis: 43° QRS: 84 ms
T axis: 256° QT: 326 ms
QTcB: 346 ms

Unconfirmed report

Remark:

*ST-T DM
or DM*



25 mm/s, 10 mm/mV

Sequential

LP25Hz, AC50Hz

25 mm/s, 10 mm/mV

LP25Hz, AC50Hz

AT-102-G2-12-0 (J080-011030)

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