

Dr. Vimmi Goel
Head - Non Invasive Cardiology
Incharge - Preventive Health Care
MBBS, MD (Internal Medicine)
Reg. No: MMC-2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052

Medi-Whed No - 11/09/20
**KIMS-KINGSWAY
HOSPITALS**

Name: Mrs. pranjali pimpalkar Date: 28/9/24
Age: 33y Sex: M/F Weight: 49.7 kg Height: 143.2 inc BMI: 23.9
BP: 117/73 mmHg Pulse: 106/m. bpm RBS: _____ mg/dl
SPO2: 98% LMP: 9/9/24

33/F

FH - Mother - Ca Breast

LDL - 138

USG - B/L polycystic ovaries

No compl.

Cr
Lr
PIA / N.

Adv.

Sonomammography

T. Az for 10 x $\frac{1}{(90)} \frac{1}{A/D}$

Diet, walking

RIA 3mths \bar{c} FLP

Cr. F.U. \bar{c} Dr. Mugdha


Dr. Vimmi Goel
Head - Non Invasive Cardiology
Reg. No: MMC-2014/01/0113

Name: Poojali Pimpalkar Date: 28/09/24

Age: 33 Sex: M/F M Weight: _____ kg Height: _____ inc BMI: _____

BP: _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

Routine Dental Check-up

PMH - Nil

DMH - Nil

O/E -

- Stain +

- Calculus +

Adv:

- oral prophylaxis


Dr. Sushobhan

DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

PRANJALI KISHORRAO PPIMPALKAR 33Y(S) 0M(S) 0D(S)F MRNP2425022648 8329061586 MARRIED	CONSULT DATE : 28-09-2024	DEPT
	CONSULT ID : OPC2425072919	
	CONSULT TYPE : WALK IN	
	VISIT TYPE : NORMAL	
	TRANSACTION TYPE : CASH	

VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
 - °F - /min - %RA -- /10 - cms
 Weight : BMI :
 - kgs --

CHIEF COMPLAINTS

ROUTINE EYE CHECKUP

MEDICATION PRESCRIBED

#	Medicine	Route	Dose	Frequency	When	Duration
1	LUBIMOIST EYE DROPS 10ML	Eye	1-1-1-1	Every Day	NA	2 months
		Instructions : -				
		Composition : SODIUM HYALURONATE 0.1% WV				

NOTES

GLASS PRESCRIPTION :-
 DISTANCE VISION

EYE SPH CYL AXIS VISION

RIGHT EYE 00 00 00 6/6

LEFT EYE 00 00 00 6/6

NEAR ADDITION

RIGHT EYE 00 N6

LEFT EYE 00 N6

REMARK-

Ashish Kamble

Dr. Ashish Prakashchandra Kamble
 MBBS, MS, FVRS, FICO
 Consultant

Printed On : 28-09-2024 13:00:50



KIMS
CUD DLES™
MOTHER & CHILD CENTRE

Dr. Mugdha Jungari (Gill)
MBBS, MS, DNB (OBGY), FMAS
Sr. Consultant Obstetrics & Gynaecology
High Risk Pregnancy Expert & Laparoscopic Surgeon
Reg. No: 2020126915

Name: Poojili Pimpalkar Date: 28/3/24
Age: 33 yrs Sex: M/F Weight: _____ kg Height: _____ inc BMI: _____

Ms - Gyns.

• 1h - 0^s / USG / 4 1/2 / Puri Hospital

LMP - 9/9/24

PLCS

P/A soft No GR

PS - pap taken

• UV Ut(n)

Q

fig & pap smen

MJG



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. PRANJALI KISHORRAO	Age / Gender : 33 Y(s)/Female
Bill No/ UMR No : PPIMPALKAR BIL2425051520/MRNP2425022648	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Sep-24 09:52 am	Report Date : 28-Sep-24 11:41 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	13.1	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		39.5	36.0 - 46.0 %	Calculated
RBC Count		4.55	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		87	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		28.7	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		33.1	31.5 - 35.0 g/l	Calculated
RDW		14.2	11.5 - 14.0 %	Calculated
Platelet count		332	150 - 450 10 ³ /cumm	Impedance
WBC Count		15200	4000 - 11000 cells/cumm	Impedance
<u>DIFFERENTIAL COUNT</u>				
Neutrophils		74.8	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		14.0	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		2.7	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		8.5	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		11369.6	2000 - 7000 /cumm	Flow Cytometry/Light microscopy Calculated



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

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Received Dt : 28-Sep-24 09:52 am	Report Date : 28-Sep-24 11:41 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference Method</u>
Absolute Lymphocyte Count		2128	1000 - 4800 /cumm
Absolute Eosinophil Count		410.4	20 - 500 /cumm
Absolute Monocyte Count		1292	200 - 1000 /cumm
Absolute Basophil Count		0	0 - 100 /cumm

PERIPHERAL SMEAR

RBC	Normochromic
WBC	Normocytic
Platelets	As above
ESR	Adequate
	17
	0 - 20 mm/hr

*** End Of Report ***

Automated
Westergren's Method

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. PRANJALI KISHORRAO
Age / Gender : 33 Y(s)/Female
Bill No/ UMR No : PPIMPALKAR BIL2425051520/MRNP2425022648
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Sep-24 09:50 am
Report Date : 28-Sep-24 11:41 am

Parameter	Specimen	Results	Biological Reference	Method
Fasting Plasma Glucose	Plasma	100	< 100 mg/dl	GOD/POD, Colorimetric
Post Prandial Plasma Glucose		74	< 140 mg/dl	GOD/POD, Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HbA1c)		4.9	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

*** End Of Report ***

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Dr. GAURI HARDAS, MBBS,MD

CONSULTANT PATHOLOGIST
 SPANV Medisearch Lifesciences Private Limited

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Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. PRANALI KISHORRAO
Bill No/ UMR No : ~~PRIPAKR~~ BIL2425051520/MRNP2425022648
Received Dt : 28-Sep-24 09:52 am
Age /Gender : 33 Y(s)/Female
Referred By : Dr. Vimmi Goel MBBS,MD
Report Date : 28-Sep-24 11:41 am

LIPID PROFILE

Parameter	Specimen	Results	Method
Total Cholesterol	Serum	201	Enzymatic(CHE/CHO/PO D)
Triglycerides		86	
HDL Cholesterol Direct		47	
LDL Cholesterol Direct		138.61	
VLDL Cholesterol		17	
Tot Cho/HDL Ratio		4	

Initiate therapeutic
 CHD OR CHD risk equivalent
 Multiple major risk factors conferring
 10 yrs CHD risk>20%
 Two or more additional major risk factors;10 yrs CHD risk <20%
 No additional major risk or one additional major risk factor

*** End Of Report ***

Consider Drug therapy	LDC-C
>130, optional at 100-129	<100
10 yrs risk 10-20 %>130 10 yrs risk <10% >160 >190,optional at 160-189	<130 <160 <160

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : 11100026

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CONSULTANT PATHOLOGIST**

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. PRANJALI KISHORRAO	Age / Gender : 33 Y(s)/Female
Bill No / UMR No : PIMPALKAR 2425021520/MRNP2425022648	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Sep-24 09:52 am	Report Date : 28-Sep-24 11:41 am

LIVER FUNCTION TEST (LFT)

Parameter	Specimen	Results	Biological Reference	Method
Total Bilirubin	Serum	0.67	0.2 - 1.3 mg/dl	
Direct Bilirubin		0.28	0.1 - 0.3 mg/dl	
Indirect Bilirubin		0.39	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		70	38 - 126 U/L	
SGPT/ALT		25	13 - 45 U/L	
SGOT/AST		30	13 - 35 U/L	
Serum Total Protein		7.96	6.3 - 8.2 gm/dl	
Albumin Serum		4.57	3.5 - 5.0 gm/dl	
Globulin		3.39		Bromocresol green Dye Binding
A/G Ratio		1.35	2.0 - 4.0 gm/dl	

*** End Of Report ***

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CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. PRANJALI KISHORRAO	Age /Gender : 33 Y(s)/Female
Bill No / UMR No : PRIMPALKAR BIL2425051520/MRNP2425022648	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Sep-24 09:52 am	Report Date : 28-Sep-24 11:41 am

THYROID PROFILE

Parameter	Specimen	Results	Biological Reference	Method
T3	Serum	1.42	0.55 - 1.70 ng/ml	Enhanced
Free T4		1.12	0.80 - 1.70 ng/dl	Chemiluminescence
TSH		2.18	0.50 - 4.80 uIU/ml	
*** End Of Report ***				

Suggested Clinical Correlation • If necessary, Please discuss

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Dr. GAURI HARDAS, MBBS, MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name	: Mrs. PRANJALI KISHORRAO	Age / Gender	: 33 Y(s)/Female
Bill No / UMR No	: PIMPAPAKAR BIL2425051520/MRNP24250222648	Referred By	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 28-Sep-24 11:12 am	Report Date	: 28-Sep-24 12:22 pm

USF (URINE SUGAR FASTING)

Parameter	Specimen	Result Values	Biological Reference	Method
Urine Glucose	Urine	Negative		STRIP
Comment		Fasting Urine Sugar		
		*** End Of Report ***		

Suggested Clinical Correlation * If neccessary, Please discuss
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DR. GAURI HARDAS, MBBS, MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. PRANJALI KISHORRAO	Age /Gender : 33 Y(s)/Female
Bill No / UMR No : PRIMPALKAR BIL2425051520/MRNP2425022648	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Sep-24 11:12 am	Report Date : 28-Sep-24 12:22 pm

URINE MICROSCOPY

Parameter	Specimen	Results	Biological Reference	Method
PHYSICAL EXAMINATION				
Volume	Urine	40 ml		
Colour.		Pale yellow		
Appearance		Clear		
CHEMICAL EXAMINATION				
Specific gravity		1.010	1.005 - 1.025	Ion concentration
Reaction (pH)		7.0	4.6 - 8.0	Indicators
Nitrate		Negative	Negative	protein error of pH
Urine Protein		Negative	Negative	indicator
Sugar		Negative	Negative	GOD/POD
Ketone Bodies		Negative	Negative	Legal's est Principle
Urobilinogen		Normal	Normal	Ehrlich's Reaction
Bilirubin		Negative	Negative	Diazonium
MICROSCOPIC EXAMINATION				
Pus Cells		0-1	0 - 4 /hpf	
R.B.C.		Absent	0 - 4 /hpf	
Epithelial Cells		0-1	0 - 4 /hpf	
Casts		Absent	Absent	



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. PRANJALI KISHORRAO
I No / UMR No : P01MPALKAR
: BIL2425051520/MRNRP2425022648
Received Dt : 28-Sep-24 11:12 am
Age / Gender : 33 Y(s)/Female
Referred By : Dr. Vimmi Goel MBBS,MD
Report Date : 28-Sep-24 12:22 pm

Parameter	Specimen	Results	Biological Reference Method
Crystals		Absent	

*** End Of Report ***

Suggested Clinical Correlation * If necessary, please discuss
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Page 2 of 2

DR. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST

NAME OF PATIENT:	MRS. PRANJALI PIMPALKAR	AGE & SEX:	33 Y / FEMALE
UMR NO:	2425022648	BILL NO	2425051520
REF BY:	DR. VIMMI GOEL	DATE:	28/09/2024

USG WHOLE ABDOMEN

LIVER is normal in size (12.5cm), shape and echotexture.

No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.

PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen.
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size (8.7cm) shape and echotexture. No focal lesion seen.

Right kidney measures 11 x 3.7cm. Left kidney measures 11.9 x 5.3 cm.
Both KIDNEYS are normal in shape, size and echotexture.

No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Uterus appears normal in size, shape and echotexture. It measures 4.6 x 2.8 x 7.4cm.
No focal myometrial lesion seen.
Endometrial echo-complex appears normal. ET - 9.7 mm.

Right ovary volume 15cc. Left ovary volume 14cc.
Multiple small peripherally arranged follicles in both ovaries with central echogenic stroma in both ovaries. No evidence of dominant follicle.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

- Possible bilateral polycystic ovarian morphology. Kindly correlate with hormonal assay.
 - No significant visceral abnormality seen.
- Suggest clinical correlation.



DR. RUTUJA RANGRE
MBBS, MD
CONSULTANT RADIOLOGIST.

Kingway Hospitals
44 Kingway, Madhav Nagar,
Near Kasturba Hospital Park, Nagpur

Station
Telephone: _____

EXERCISE STRESS TEST REPORT

Patient Name: Mrs Pranjali, Pimpri/Kar
Patient ID: 022648
Height: _____
Weight: _____
Study Date: 28.09.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 21.08.1991
Age: 33yr
Gender: Female
Race: Indian
Referring Physician: Mediwheel HCL
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:

Medical History:

Ni:

Reason for Exercise Test: Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comments
PRETEST	SEUPNE	00:12	0.00	0.00	109	110/70	
	WARM-UP	00:08	1.00	0.00	109		
	STAGE 1	03:00	1.70	0.00	134	110/70	
	STAGE 2	03:00	2.50	12.00	142	110/70	
	STAGE 3	02:48	3.40	14.00	160	120/70	
		01:20	0.00	0.00	131	120/70	
		02:30	0.00	0.00	116	110/70	
		00:43	0.00	0.00		110/70	

The patient exercised according to the BRUCE for 8:48 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 112 bpm rose to a maximal heart rate of 160 bpm. This value represents 85 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/70 mmHg, rose to a maximum blood pressure of 120/70 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: Insignificant ST-T changes seen.

Overall impression: Normal stress test.

Conclusions:

TMT is Negative for inducible ischemia.

Insignificant ST-T changes seen.



DR. VIMMI GOEL

MBBS MD

Sr. Consultant Non Invasive Cardiology

Reg. No. 2014101/01113

Rate 101 Sinus tachycardia. Rate > 99

PR 118

QRS 80

QT 329

QTc 427

--AXIS--

P 58

QRS 42

T 42

12 lead: Standard Placement

Unconfirmed Diagnosis

- OTHERWISE NORMAL ECG -

