

# DDRC AGILUS DIAGNOSTICS PVT.LTD. KOTTAYAM

**Patient Details**

Date: 27-Jan-24

Time: 15:06:24

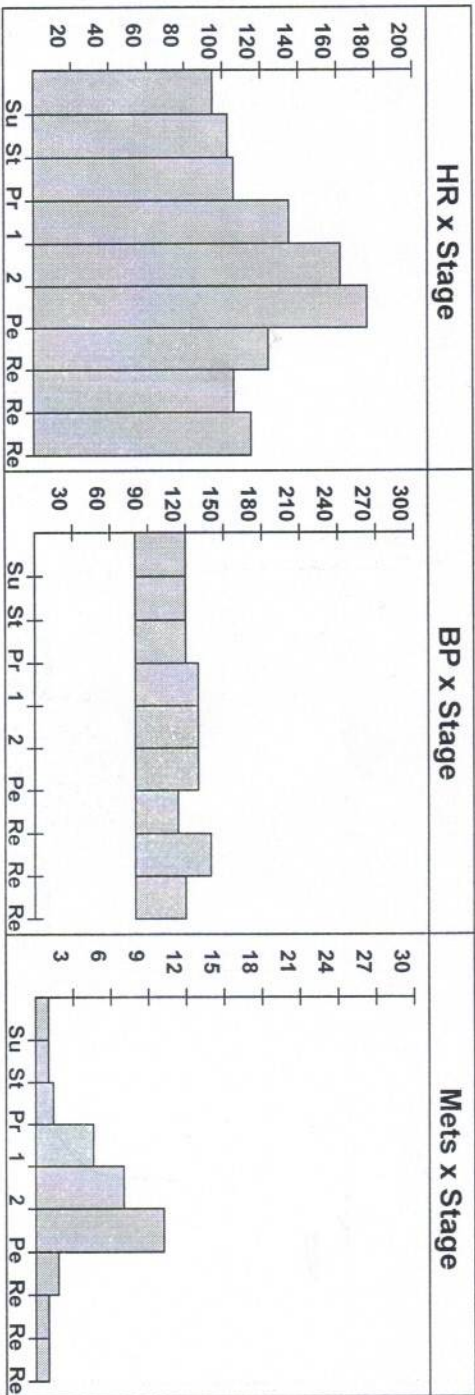
Name: ANSALINA NOUSHAD ID: 442

Age: 27 y

Sex: F

Height: 152 cms

Weight: 61 Kgs



**Interpretation**

No significant ST/T changes noted during exercise & recovery  
 No Angina/Arrhythmia.  
 Attained THR.  
 Good effort tolerance.  
 Test is **NEGATIVE** for inducible ischemia at a workload of 10.20 METS.



*Dr. Austin Varghees*  
 Dr. Austin Varghees  
 MBBS  
 TCMC Reg. No: 77017

Ref. Doctor: \_\_\_\_\_

Doctor: \_\_\_\_\_

# DDRC AGILUS DIAGNOSTICS PVT.LTD. KOTTAYAM

**Patient Details**

Date: 27-Jan-24

Time: 15:06:24

Name: ANSALNA NOUSHAD ID: 442

Sex: F

Height: 152 cms

Weight: 61 Kgs

Age: 27 y

Clinical History: NIL

Medications: NIL

**Test Details**

Protocol: Bruce

Pr.MHR: 193 bpm

THR: 173 (90 % of Pr.MHR) bpm

Total Exec. Time: 8 m 0 s

Max. HR: 176 ( 91% of Pr.MHR ) bpm

Max. Mets: 10.20

Max. BP: 140 / 80 mmHg

Max. BP x HR: 24640 mmHg/min

Min. BP x HR: 7600 mmHg/min

Test Termination Criteria: Attained THR.

**Protocol Details**

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	1 : 44	1.0	0	0	95	120 / 80	-4.88 V1	-5.31 V2
Standing	0 : 36	1.0	0	0	103	120 / 80	-0.85 aVR	0.71 II
1	3 : 0	4.6	1.7	10	135	130 / 80	-1.49 III	1.42 II
2	3 : 0	7.0	2.5	12	162	130 / 80	-2.34 III	3.54 V4
Peak Ex	2 : 0	10.2	3.4	14	176	130 / 80	-2.34 III	5.31 II
Recovery(1)	2 : 0	1.8	1	0	124	114 / 80	-2.76 aVR	5.66 V2
Recovery(2)	2 : 0	1.0	0	0	106	140 / 80	-1.49 aVR	3.54 II
Recovery(3)	0 : 32	1.0	0	0	115	120 / 80	-0.85 aVR	2.12 V4

ANSALNA NOUSHAD (27 F)

DDRC AGILUS DIAGNOSTICS PVT.LTD, KOILAIYAM  
ID: 442 Date: 27-Jan-24 Exec Time : 0 m 0 s Stage Time : 1 m 44 s HR: 95 bpm  
Stage: Supine Speed: 0 mph Grade: 0 % (THR: 173 bpm) B.P: 120 / 80

Protocol: Bruce

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

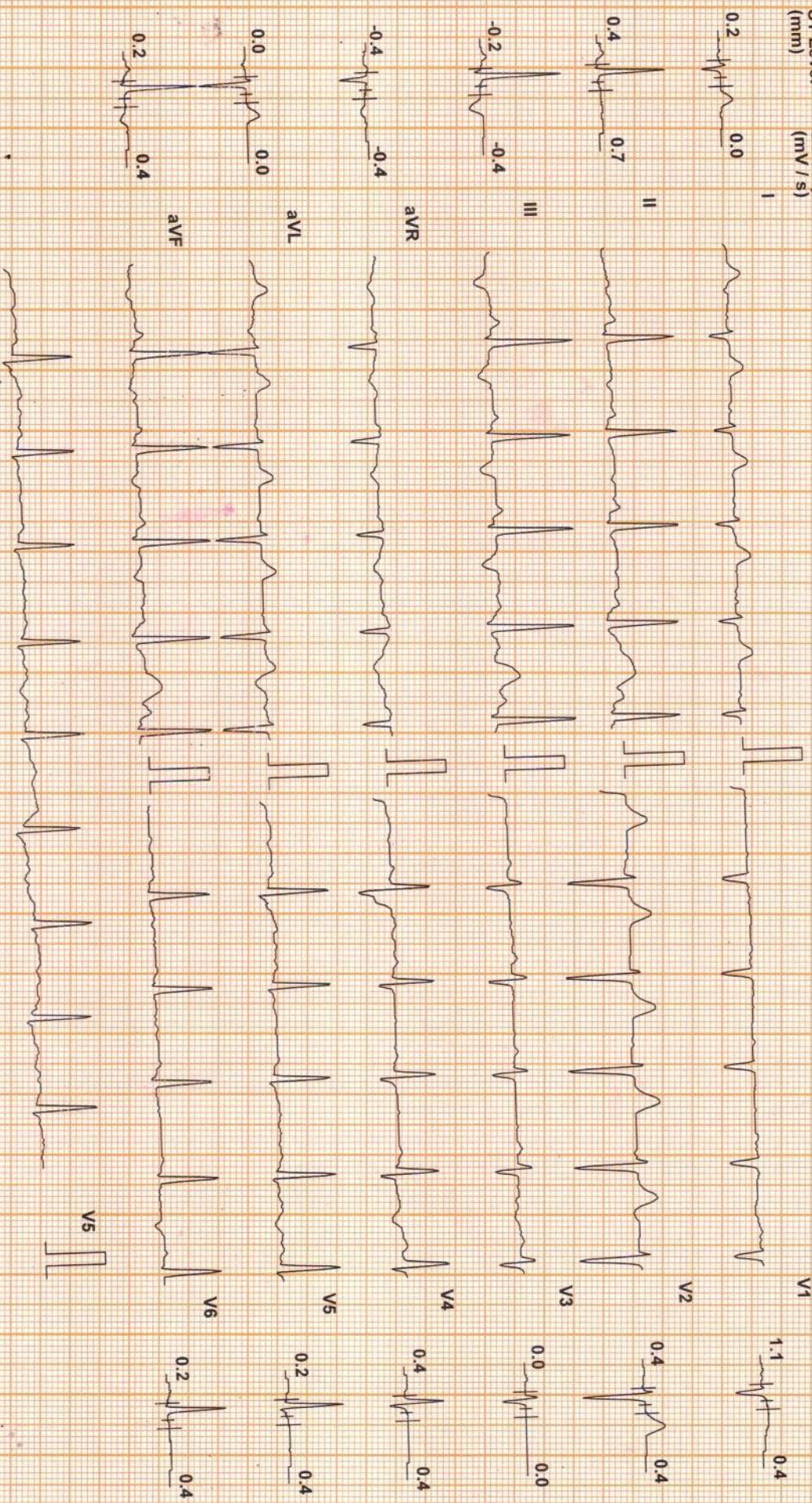


Chart Speed: 25 mm/sec  
Schlier Spandah V 4.7

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

ISO = R - 60 ms

J = R + 60 ms

Posi J = J + 60 ms

ANSALNA NOUSHAD (27 F)

Protocol: Bruce

DDRC AGILUS DIAGNOSTICS PVT.LTD. KOTTAYAM

ID: 442

Date: 27-Jan-24

Exec Time : 0 m 0 s

Stage Time : 0 m 36 s HR: 103 bpm

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 173 bpm)

B.P: 120 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

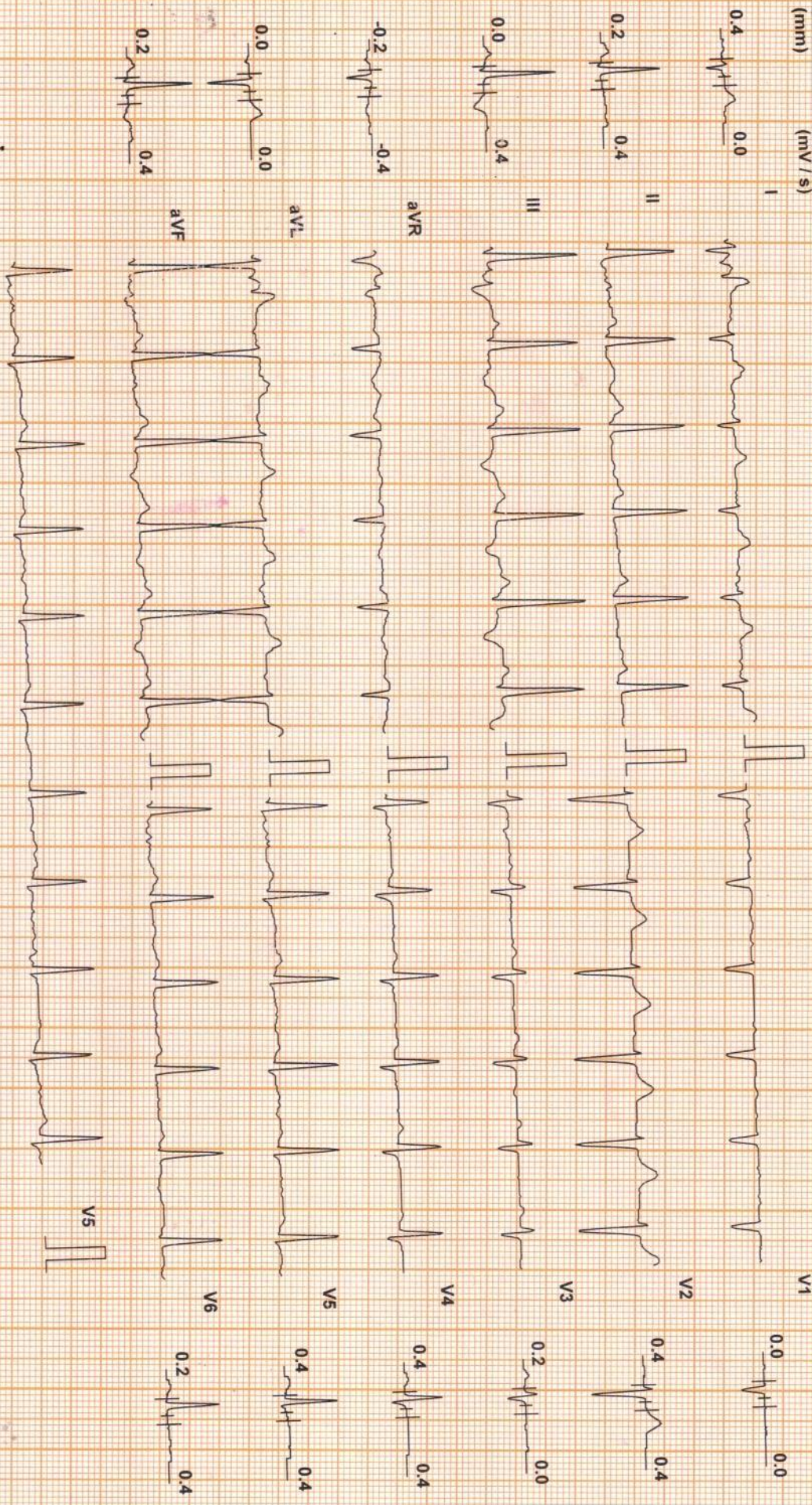


Chart Speed: 25 mm/sec  
Schiller Spandan V4.7

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

ISO = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

ANSALNA NOUSHAD (27 F)

DDRC AGILUS DIAGNOSTICS PVT.LTD. KOTTAYAM

Protocol: Bruce

ID: 442

Date: 27 Jan-24

Exec Time : 3 m 0 s

Stage Time : 3 m 0 s

HR: 135 bpm

Stage: 1

Speed: 1.7 mph

Grade: 10 %

(THR: 173 bpm)

B.P: 130 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

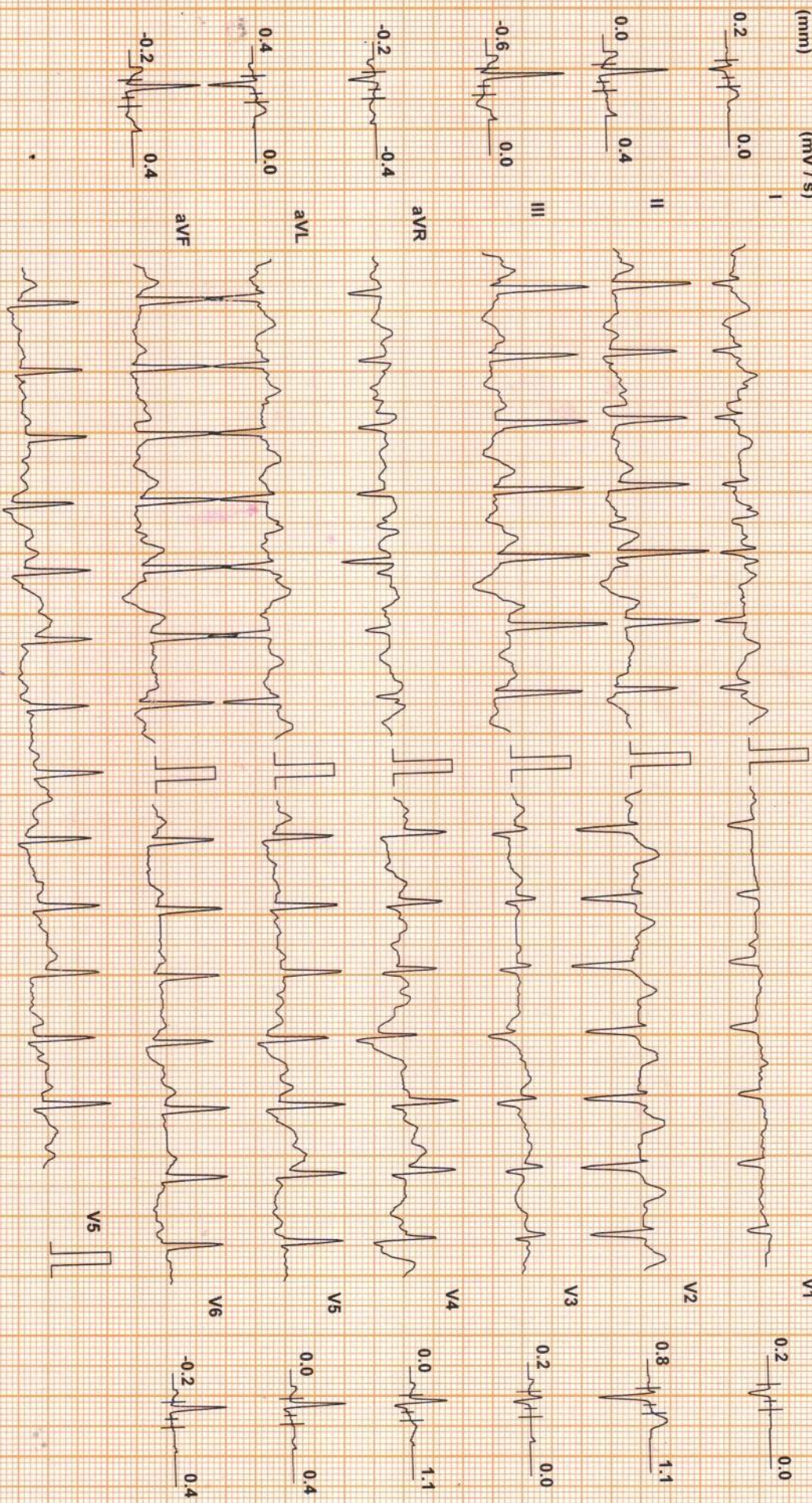


Chart Speed: 25 mm/sec  
Schiller Spandan V.4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

ISO = R + 60 ms

J = R + 60 ms

Post J = J + 60 ms



ANSALNA NOUSHAD (27 F)

ID: 442

Date: 27 Jan-24

Exec Time : 8 m 0 s

Stage Time : 2 m 0 s

HR: 176 bpm

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph

Grade: 14 %

(THR: 173 bpm)

B.P: 130 / 80

ST Level (mm)

ST Slope (mV/s)

ST Level (mm)

ST Slope (mV/s)

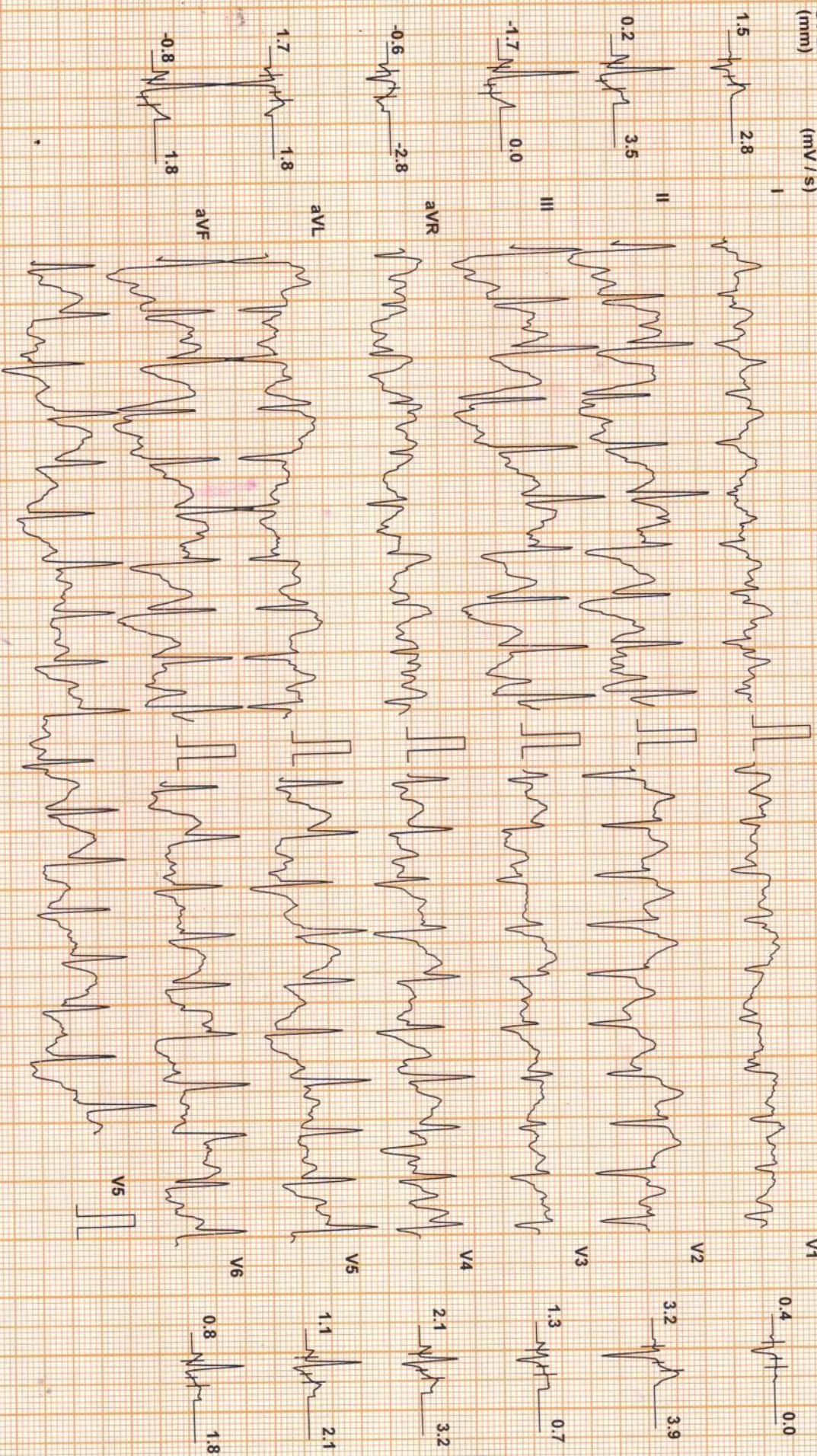


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

ANSALNA NOUSHAD (27 F)

DDRC AGILUS DIAGNOSTICS PVT. LTD. KOTTAYAM

ID: 442

Date: 27-Jan-24

Exec Time : 8 m 0 s

Stage Time : 2 m 0 s

HR: 124 bpm

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 173 bpm)

B.P: 114 / 80

Protocol: Bruce

ST Level (mm)

ST Slope (mV/s)

ST Level (mm)

ST Slope (mV/s)

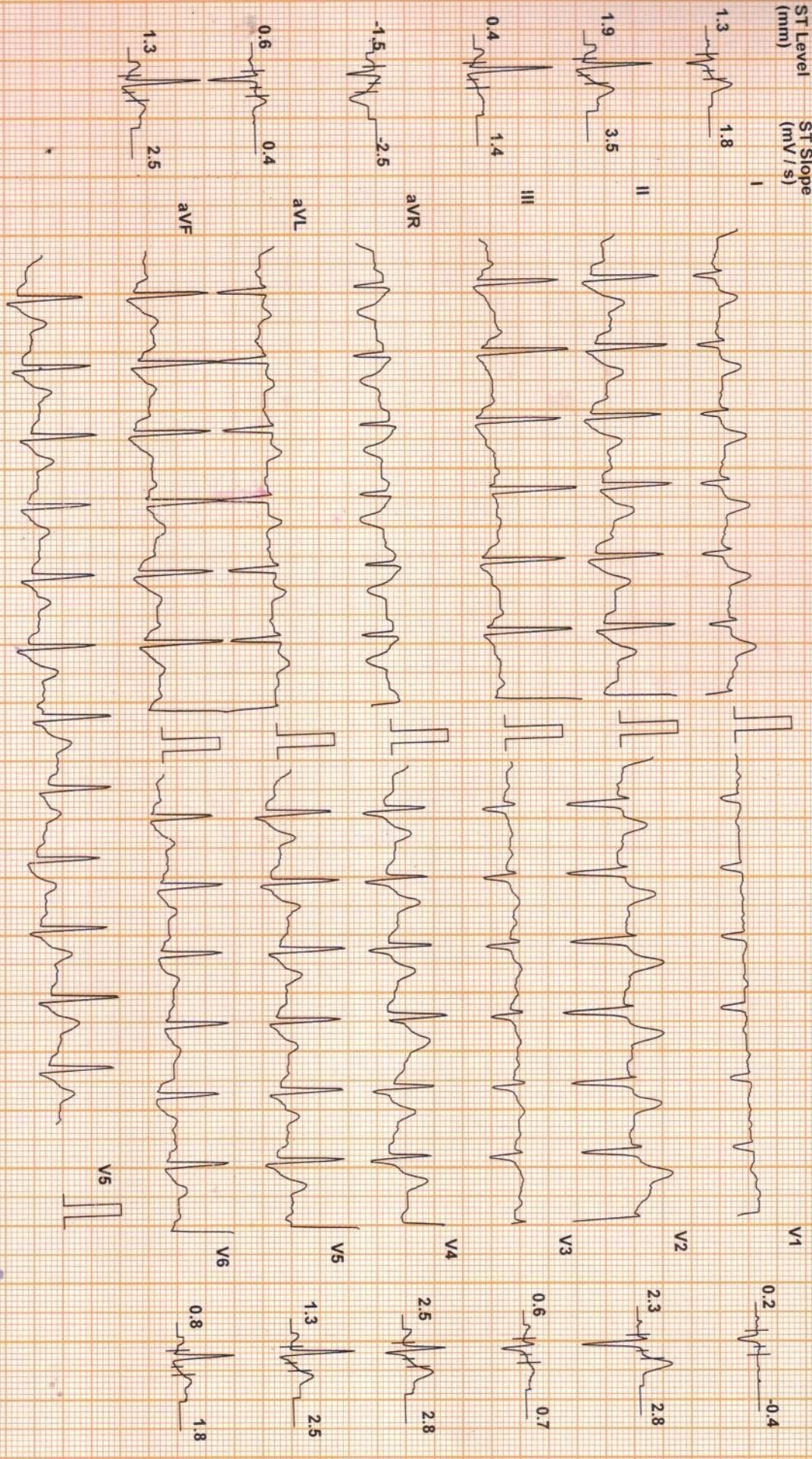


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

ISO = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V4.7



ANSALNA NOUSHAD (27 F)

Protocol: Bruce

DDRC AGILUS DIAGNOSTICS PVT.LTD. KOI IAYAMI

ID: 442

Date: 27 Jan-24

Exec Time : 8 m 0 s

Stage Time : 2 m 0 s

HR: 106 bpm

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 173 bpm)

B.P: 140 / 80

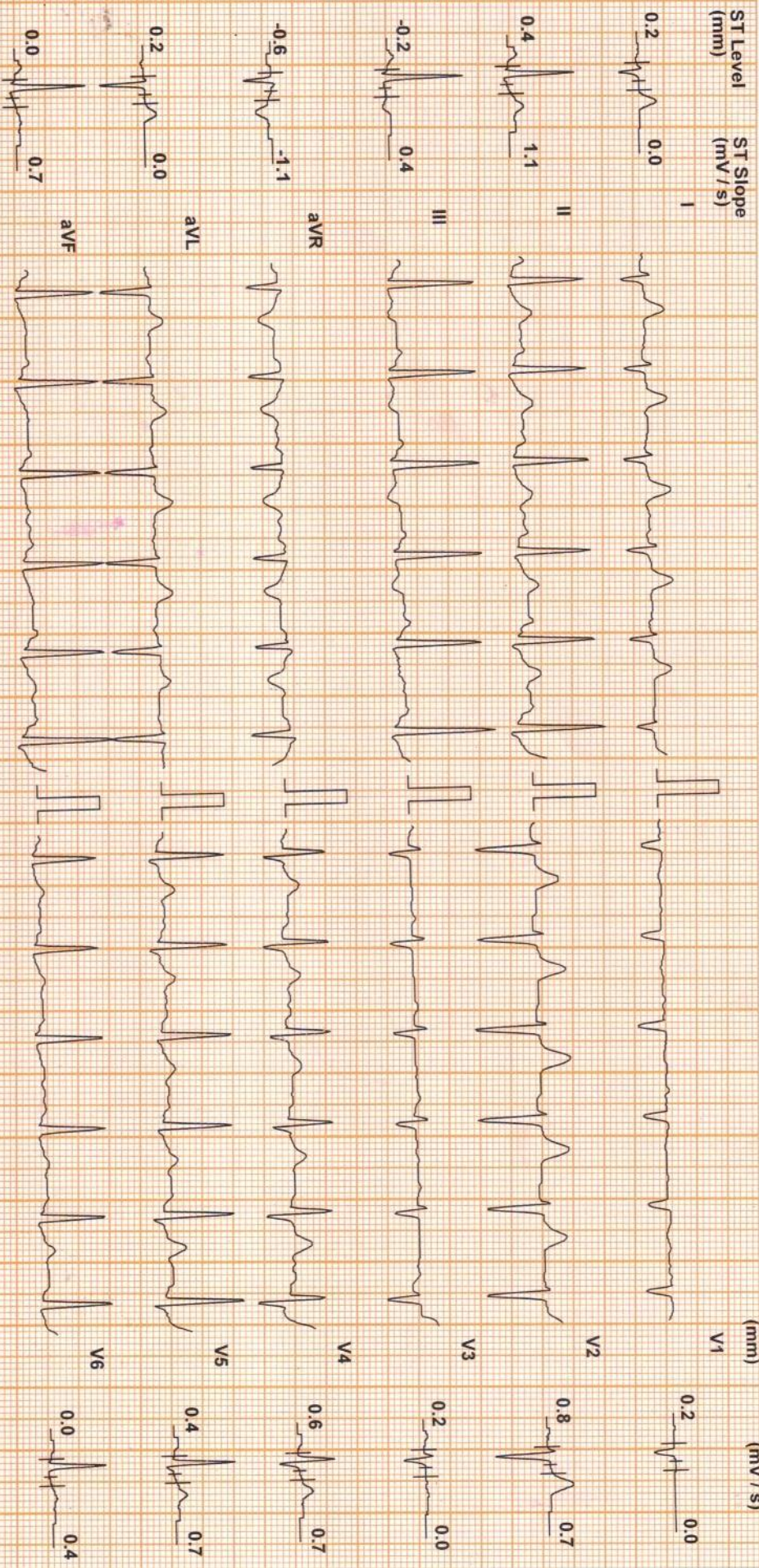


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

ANSALNA NOUSHAD (27 F)

DDRC AGILUS DIAGNOSTICS PVT.LTD. KOTTAYAM

ID: 442

Date: 27 Jan-24

Exec Time : 8 m 0 s

Stage Time : 0 m 15 s HR: 107 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 173 bpm)

B.P: 120 / 80

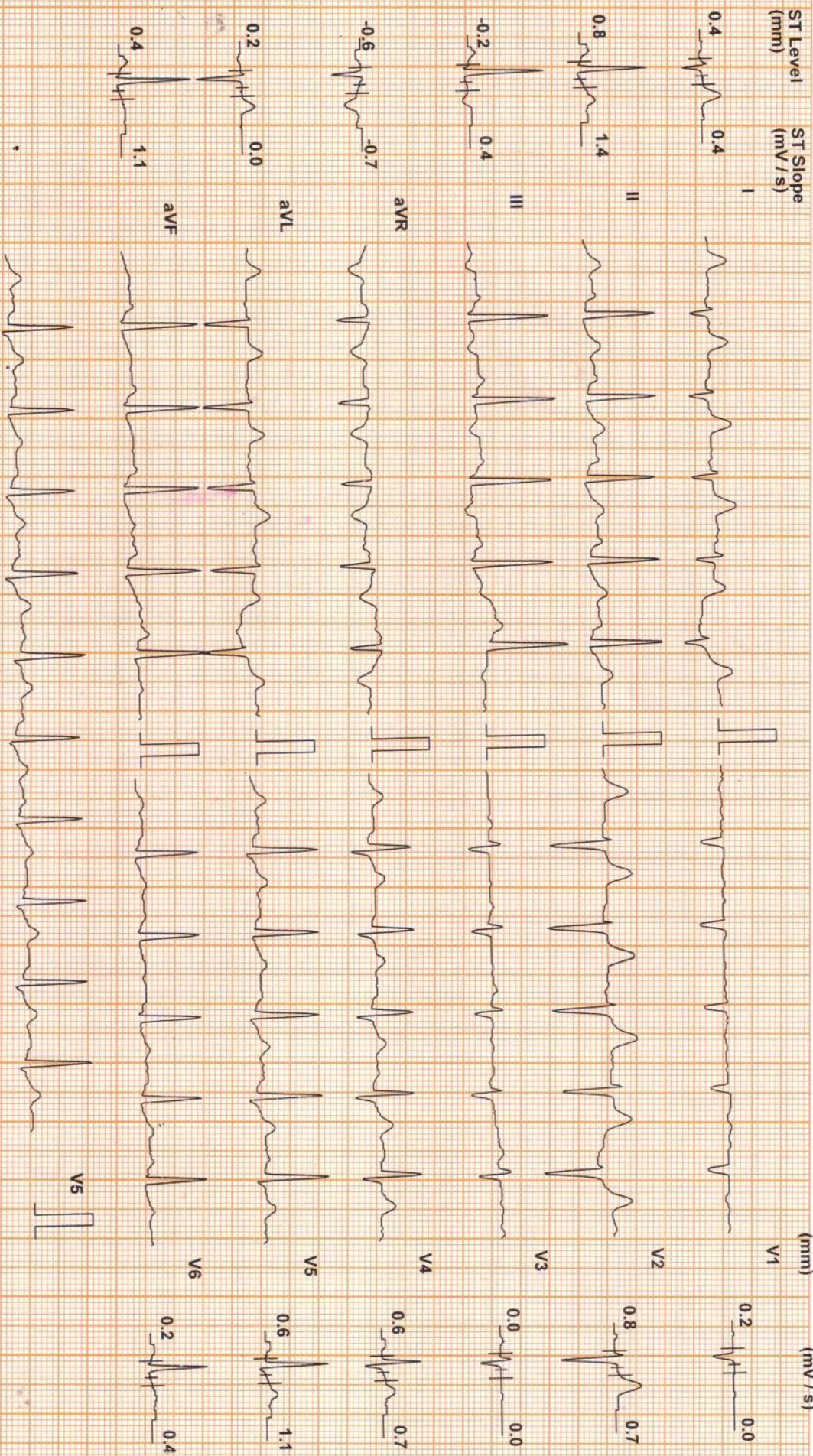


Chart Speed: 25 mm/sec  
Schiller Spardan V4.7

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

ISO = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

From Anshu

To

DDRC

Dear team,

With ref to the captioned matter I Anshu Nourhad  
here by confirm that I am int. interested to  
undergo for stool examination in my whole body  
check up

Yours faith fully

Dr. Anshu  
Anshu Nourhad