



**Mr. HARI DAS MANDAL (51 /M)**

UHID : AMHL.0002004328

AHC No : AMHLAH217256

Date : 09/09/2024

MEDIWHEEL - FULL BODY ANNUAL PLUS WITH  
TMT MALE HCK

**Dear Mr. HARI DAS MANDAL**

Thank you for choosing Apollo ProHealth, India's first personalized, predictive health screening program with health risk assessments curated just for you to guide targeted intervention, continuum of care and a path to wellness. Our holistic care continuum integrates clinical expertise and artificial intelligence to gauge and avert the risk, onset and progression of non-communicable diseases (NCDs).

**In this personalized health report, you will find your**

- Medical History and Physical examination results
- Investigations Results
- Artificial Intelligence powered risk scores
- Physician's Impressions on your Health
- Path to Wellness: A personalized management protocol, including follow-up assessments
- Vaccination counselling advice

**Apollo ProHealth encompasses the following processes:**

**Personalized Health Risk Assessment (pHRA):** Based on your online risk assessment, medical history, physical examination, and psychological evaluation, we recommended a health screening assessment for you, including diagnostic and imaging tests. Based on the results of these assessments, we have advised additional follow-up tests and consultations - details of which we have included in your report. Your physician will explain their relevance, and we strongly suggest you comply with the recommendations.

**Health Mentor:** We have assigned a dedicated health mentor to proactively work with you towards your health goals and ensure that you regularly adhere to the guidance and recommendations from clinical and nutrition consultants. Your health mentor will call you periodically to track your progress

**ProHealth App:** You will get access to the Apollo ProHealth App, which will facilitate easy navigation of personal health records, progress towards your health goals, appointment booking, customized tips and guidance for health and lifestyle management, and regularly connecting with your Health Mentor through the in-app chat. Until you return for your 2nd-year assessment, you will receive periodic updates and reminders to motivate you to keep up the momentum regarding health goal milestones.

**Follow- Up Consultation:**

For any follow-up consultations, you can visit your ProHealth physician in-person at the center or you can book a virtual consultation through <https://www.apollo247.com/specialties> or through the Apollo 247 app on your phone.

Scan the QR code to download the Apollo 247 App



You can also download the Apollo 247 app on

ANDROID IOS

***Disclaimer:*** *The services offered in the program may vary as per the respective agreements made in the program or center or agreed mutual consent.*

Name : Mr. HARI DAS MANDAL (51 /M)

Date : 09/09/2024

Address :

Examined by :

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### Chief Complaints

For corporate health checkup

### Present Known illness

No history of                   - Diabetes mellitus, Dyslipidemia, Thyroid disorder, Heart disease, Stroke,  
Asthma  
Hypertension                   Medication - regular



### Systemic Review

**Cardiovascular system** : High blood pressure - yes; Medication - yes  
**Respiratory system** : - Nil Significant  
**Oral and dental** : - Nil Significant  
**Gastrointestinal system** : - Nil Significant  
**Genitourinary system** : - Nil Significant  
**Gynaec history** : - Nil Significant  
**Central nervous system** : - Nil Significant  
**Eyes** : Vision - normal with glasses; Glasses - yes  
**ENT** : - Nil Significant  
**Musculoskeletal system** :  
**Spine and joints**  
- Nil Significant  
**Skin** : - Nil Significant



### Past medical history

Past medical history - nil significant



### Personal history

Marital status - Married  
No. of children - 2  
Diet - Non Vegetarian  
Alcohol - consumes alcohol occasionally



**Respiratory system**

Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Appearance - Normal

Organomegaly - No

Tenderness - No

Bowel sounds - Normal

**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	13.0	g/dl	●	13.0-17.0
RBC COUNT	4.20 *	Million/ul	●	4.5-5.5
Hematocrit - Hct:	37.9 *	%	●	41-53
MCV	90.3	fl	●	83-101
MCH	30.9	pg	●	27-32
MCHC	34.2	%	●	31.5-34.5
RDW	14.0	%	●	11.8-14.0
WBC Count	5100	/cu mm	●	4000-10000
Platelet Count	1.50	lacs/cumm	●	1.5-4.0
Neutrophils	68	%	●	40-80
Lymphocytes	26	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	21 *	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	50	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.025			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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RBC	Nil	/hpf
Pus Cells	Occasional	/hpf
Epithelial Cells	Occasional	/hpf
Casts:	Not Found	
Crystals:	Not Found	

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	41	U/L	●	0-50
ALBUMIN - SERUM	4.6	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	92	U/L	●	43-115
AST (SGOT) - SERUM	28	U/L	●	0-50
BILIRUBIN TOTAL - SERUM	1.2	mg/dL	●	0.3-1.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	194	mg/dL	●	0-200
Non-HDL Cholesterol	151			

● Within Normal Range    ● Borderline High/Low    ● Out of Range

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.3	mg/dL	●	0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	34	U/L	●	0-55

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	120 *	mg/dL	●	70-99

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	226 *	mg/dL	●	70-140

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	6.9 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TC/HDL-C ratio serum	5 *		●	Optimal<3.5
HDL CHOLESTEROL - SERUM	43	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	130	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	21	mg/dL	●	0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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● Within Normal Range    ● Borderline High/Low    ● Out of Range



PROTEIN TOTAL - SERUM	7.7	g/dL	●	6.4-8.3
Albumin/Globulin Ratio	1.5		●	1.0-2.0
GLOBULIN: (CALCULATED) - SERUM	3.1	g/dL	●	1.8-3.6

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.29	ng/ml	●	0.87-1.78
TOTAL T4: THYROXINE - SERUM	9.68	µg/dL	●	5.48-14.28

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	218 *	mg/dL	●	0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	0.96	µIU/mL	●	0.38-5.33

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	7.3 *	mg/dL	●	2.6-7.2

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

**PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM**

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	0.74	ng/mL	●	0.00-6.50

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
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● Within Normal Range    ● Borderline High/Low    ● Out of Range

BUN (BLOOD UREA NITROGEN) 10.7 mg/dL ● 7.0-18.0

**BUN/CREATININE RATIO**

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	8.2			

**ECG**

SINUS BRADYCARDIA WITH SINUS ARRHYTHMIA.

**TREADMILL TEST / STRESS TEST**

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

- \* Grade I fatty liver.
- \* Simple cyst in right kidney.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. SATYAM MISHRA  
DNB RESIDENT  
In Consultation with

Dr. PARTHA LODH  
DMRD  
Reg. No. 49816 (WBMC)

**X-RAY CHEST PA**

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\* Chest skiagram does not reveal any significant abnormality.

Dr. PARTHA LODH  
DMRD  
Reg. No. 49816 (WBMC)

Investigations Not Done / Not Yet Reported

**Biochemistry**

A/G - RATIO

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**Note :-** The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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