

## MEDICAL EXAMINATION REPORT (MER)

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee	: Mr./Mrs./Ms. <b>VRINDA MOHANDAS.</b>
2. Mark of Identification	: (Mole/Scar/any other (specify location)):
3. Age/Date of Birth	: <b>32, 19/02/1991</b> Gender: <b>F/M</b>
4. Photo ID Checked	: (Passport/Election Card/PAN Card/Driving Licence/Company ID)

### PHYSICAL DETAILS:

a. Height <b>163</b> (cms)	b. Weight <b>71</b> (Kgs)	c. Girth of Abdomen <b>92</b> (cms)
d. Pulse Rate <b>78</b> (/Min)	e. Blood Pressure:	Systolic <b>110</b> Diastolic <b>70</b>
	1 <sup>st</sup> Reading	
	2 <sup>nd</sup> Reading	

### FAMILY HISTORY:

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father		/NS	
Mother			
Brother(s)			
Sister(s)			

### HABITS & ADDICTIONS: Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol
—	—	—

### PERSONAL HISTORY

- |   |   |
|---|---|
| a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. <b>Y/N</b> | c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? <b>Y/N</b> |
| b. Have you undergone/been advised any surgical procedure? <b>Y/N</b>   | d. Have you lost or gained weight in past 12 months? <b>Y/N</b>   |

### Have you ever suffered from any of the following?

- |  |   |
|--|---|
| • Psychological Disorders or any kind of disorders of the Nervous System? <b>Y/N</b> | • Any disorder of Gastrointestinal System? <b>Y/N</b>                               |
| • Any disorders of Respiratory system? <b>Y/N</b>                                    | • Unexplained recurrent or persistent fever, and/or weight loss <b>Y/N</b>          |
| • Any Cardiac or Circulatory Disorders? <b>Y/N</b>                                   | • Have you been tested for HIV/HBsAg / HCV before? If yes attach reports <b>Y/N</b> |
| • Enlarged glands or any form of Cancer/Tumour? <b>Y/N</b>                           | • Are you presently taking medication of any kind? <b>Y/N</b>                       |
| • Any Musculoskeletal disorder? <b>Y/N</b>   |   |

• Any disorders of Urinary System?

Y/N

• Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin

Y/N

**FOR FEMALE CANDIDATES ONLY**

a. Is there any history of diseases of breast/genital organs?

Y/N

d. Do you have any history of miscarriage/abortion or MTP

Y/N

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)

Y/N

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

Y/N

c. Do you suspect any disease of Uterus, Cervix or Ovaries?

Y/N

f. Are you now pregnant? If yes, how many months?

Y/N

**CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER**

➤ Was the examinee co-operative?

Y/N

➤ Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job?

Y/N

➤ Are there any points on which you suggest further information be obtained?

Y/N

➤ Based on your clinical impression, please provide your suggestions and recommendations below;

*Medical consult*

➤ Do you think he/she is **MEDICALLY FIT** or **UNFIT** for employment.

*FIT*

**MEDICAL EXAMINER'S DECLARATION**

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner :

**Dr. GEORGE THOMAS**  
MD, FCSI, FIAE  
**MEDICAL EXAMINER**  
Reg: 86614

Seal of Medical Examiner :

Name & Seal of DDRC SRL Branch :



Date & Time :

*30/01/2024*

**DDRC agilus Pathlabs Limited.**

Corp. Office : Express House, Second Floor, Opp. Pothys Silks, Banerjee Road, Kaloor -682017  
Contact :- 93334 93334, Web :- www.ddrcagilus.com Email :- info.ddrc@agilus.in

**PATIENT NAME : VRINDA MOHANDAS**

**REF. DOCTOR : DR. MEDIWHEEL**

<b>CODE/NAME &amp; ADDRESS :</b> CA00010147 - MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI,SOUTH DELHI, DELHI, SOUTH DELHI 110030 8800465156	<b>ACCESSION NO :</b> <b>4126XA009442</b>	<b>AGE/SEX :</b> 32 Years Female
	<b>PATIENT ID :</b> VRINF1908914126	<b>DRAWN :</b>
	<b>CLIENT PATIENT ID:</b>	<b>RECEIVED :</b> 27/01/2024 09:05:48
	<b>ABHA NO :</b>	<b>REPORTED :</b> 27/01/2024 13:58:59

Test Report Status	Final	Results	Biological Reference Interval	Units
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**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**

**TREADMILL TEST**

TREADMILL TEST COMPLETED

**OPHTHAL**

OPHTHAL Completed

**PHYSICAL EXAMINATION**

PHYSICAL EXAMINATION Completed

**DR.JOPHY VARGHESE,MD(PATH)**  
 (Reg No - TCMC:32627)  
**CONSULTANT PATHOLOGIST**

**DR.NILA THERESA DAVIS,MBBS**  
**MD(PATH)**  
 (Reg No - TCMC:47450)  
**CONSULTANT PATHOLOGIST**

**DR.SMITHA PAULSON,MD**  
**(PATH),DPB**  
 (Reg No - TCMC:35960)  
**LAB DIRECTOR & HEAD-**  
**HISTOPATHOLOGY & CYTOLOGY**



View Details



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**PERFORMED AT :**

DDRC AGILUS PATHLABS LIMITED  
 DDRC agilus TOWER, G-131,PANAMPILLY NAGAR,  
 ERNAKULAM, 682036  
 KERALA, INDIA  
 Tel : 93334 93334  
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**Patient Ref. No. 66600007640468**

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**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**

**ECG WITH REPORT**

**REPORT**

**COMPLETED**

**USG ABDOMEN AND PELVIS**

**REPORT**

**COMPLETED**

**CHEST X-RAY WITH REPORT**

**REPORT**

**COMPLETED**

**HAEMATOLOGY**

**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**

**GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD**

HBA1C	5.5	Normal	: 4.0 -	%
			5.6%.	
		Non-diabetic level	: < 5.7%.	
		Diabetic	: >6.5%	

Glycemic control goal  
 More stringent goal : < 6.5 %.  
 General goal : < 7%.  
 Less stringent goal : < 8%.

Glycemic targets in CKD :-  
 If eGFR > 60 : < 7%.  
 If eGFR < 60 : 7 - 8.5%.

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MEAN PLASMA GLUCOSE 111.2 < 116.0 mg/dL

**BLOOD COUNTS,EDTA WHOLE BLOOD**

HEMOGLOBIN 14.1 12.0 - 15.0 g/dL  
 RED BLOOD CELL COUNT 4.46 3.80 - 4.80 mil/ $\mu$ L  
 WHITE BLOOD CELL COUNT 6.96 4.0 - 10.0 thou/ $\mu$ L  
 PLATELET COUNT 257 150 - 410 thou/ $\mu$ L

**RBC AND PLATELET INDICES**

HEMATOCRIT 42.2 36.0 - 46.0 %  
 MEAN CORPUSCULAR VOL 94.6 83.0 - 101 fL  
 MEAN CORPUSCULAR HGB. 31.6 27.0 - 32.0 pg  
 MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION 33.4 31.50 - 34.50 g/dL  
 RED CELL DISTRIBUTION WIDTH 12.0 11.60 - 14.0 %  
 MENTZER INDEX 21.2  
 MEAN PLATELET VOLUME 10.4 6.80 - 10.90 fL

**WBC DIFFERENTIAL COUNT**

SEGMENTED NEUTROPHILS 56 40.0 - 80.0 %  
 LYMPHOCYTES 36 20.0 - 40.0 %  
 MONOCYTES 5 2.0 - 10.0 %  
 EOSINOPHILS 3 1.0 - 6.0 %  
 BASOPHILS 0 0.0 - 1.0 %  
 ABSOLUTE NEUTROPHIL COUNT 3.90 2.0 - 7.0 thou/ $\mu$ L  
 ABSOLUTE LYMPHOCYTE COUNT 2.51 1.0 - 3.0 thou/ $\mu$ L  
 ABSOLUTE MONOCYTE COUNT 0.35 0.20 - 1.0 thou/ $\mu$ L  
 ABSOLUTE EOSINOPHIL COUNT 0.21 0.02 - 0.50 thou/ $\mu$ L  
 ABSOLUTE BASOPHIL COUNT 0.00 0.00 - 0.10 thou/ $\mu$ L

**DR.HARI SHANKAR, MBBS MD**  
(Reg No - TCMC:62092)  
**HEAD - Biochemistry & Immunology**

**DR.SMITHA PAULSON,MD**  
(PATH),DPB  
(Reg No - TCMC:35960)  
**LAB DIRECTOR & HEAD-HISTOPATHOLOGY & CYTOLOGY**

**DR.NISHA G,MBBS MD(PATH),**  
(Reg No - TCMC:45399)  
**CONSULTANT PATHOLOGIST**



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NEUTROPHIL LYMPHOCYTE RATIO (NLR) 1.6

**ERYTHROCYTE SEDIMENTATION RATE (ESR),EDTA BLOOD**

SEDIMENTATION RATE (ESR) 20 0 - 20 mm at 1 hr  
METHOD : WESTERGREN METHOD

**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**

**SUGAR URINE - POST PRANDIAL**

SUGAR URINE - POST PRANDIAL NOT DETECTED NOT DETECTED

**SUGAR URINE - FASTING**

SUGAR URINE - FASTING NOT DETECTED NOT DETECTED

**IMMUNOHAEMATOLOGY**

**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**

**ABO GROUP & RH TYPE, EDTA WHOLE BLOOD**

ABO GROUP TYPE B  
RH TYPE POSITIVE

<b>Interpretation(s)</b>

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."



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The test is performed by both forward as well as reverse grouping methods.

**BIO CHEMISTRY**

**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**

**BLOOD UREA NITROGEN (BUN), SERUM**

BLOOD UREA NITROGEN 15 Adult(<60 yrs) : 6 to 20 mg/dL

**BUN/CREAT RATIO**

BUN/CREAT RATIO 19.6

**CREATININE, SERUM**

CREATININE 0.76 18 - 60 yrs : 0.6 - 1.1 mg/dL

**GLUCOSE, POST-PRANDIAL, PLASMA**

GLUCOSE, POST-PRANDIAL, PLASMA 88 Diabetes Mellitus : > or = 200. mg/dL  
Impaired Glucose tolerance/  
Prediabetes : 140 - 199.  
Hypoglycemia : < 55.

**GLUCOSE FASTING,FLUORIDE PLASMA**

FBS (FASTING BLOOD SUGAR) 88 Diabetes Mellitus : > or = 126. mg/dL  
Impaired fasting Glucose/  
Prediabetes : 101 - 125.  
Hypoglycemia : < 55.

**LIVER FUNCTION TEST WITH GGT**

BILIRUBIN, TOTAL 0.34 General Range : < 1.1 mg/dL



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BILIRUBIN, DIRECT		0.16	General Range : < 0.3 mg/dL
BILIRUBIN, INDIRECT		0.18	General Range : <0.85 mg/dL
TOTAL PROTEIN		7.3	Ambulatory : 6.4 - 8.3 g/dL Recumbant : 6 - 7.8
ALBUMIN		4.2	20-60yrs : 3.5 - 5.2 g/dL
GLOBULIN		3.1	General Range : 2 - 3.5 g/dL Premature Neonates : 0.29 - 1.04
ALBUMIN/GLOBULIN RATIO		1.4	General Range : 1.1 - 2.5 RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)		18	Adults : < 33 U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)		22	Adults : < 34 U/L
ALKALINE PHOSPHATASE		61	Adult (<60yrs) : 35 - 105 U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)		33	Adult (female) : < 40 U/L
<b>TOTAL PROTEIN, SERUM</b>			
TOTAL PROTEIN		7.3	Ambulatory : 6.4 - 8.3 g/dL Recumbant : 6 - 7.8
<b>URIC ACID, SERUM</b>			
URIC ACID		5.9	Adults : 2.4-5.7 mg/dL


**BIOCHEMISTRY - LIPID**

**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**

**LIPID PROFILE, SERUM**

CHOLESTEROL	182	Desirable : < 200 mg/dL Borderline : 200-239 High : >or= 240
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TRIGLYCERIDES	78	Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499	mg/dL
HDL CHOLESTEROL	50	General range : 40-60	mg/dL
LDL CHOLESTEROL, DIRECT	121	Optimum : < 100 Above Optimum : 100-129 Borderline High : 130-159 High : 160-189 Very High : >or= 190	mg/dL
NON HDL CHOLESTEROL	132	Desirable : < 130 Above Desirable : 130 -159 Borderline High : 160 - 189 High : 190 - 219 Very high : > / = 220	mg/dL
VERY LOW DENSITY LIPOPROTEIN CHOL/HDL RATIO	15.6 3.6	</= 30.0 Low Risk : 3.3 - 4.4 Average Risk : 4.5 - 7.0 Moderate Risk : 7.1 - 11.0 High Risk : > 11.0	mg/dL
LDL/HDL RATIO	2.4	Desirable/Low Risk - 0.5-3 Borderline/Moderate Risk- 3.1-6 High Risk- >6.0	

**SPECIALISED CHEMISTRY - HORMONE**

**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**

**THYROID PANEL, SERUM**

T3	112.00	Non-Pregnant : 80-200 Pregnant Trimester-wise 1st : 81-190 2nd : 100-260 3rd : 100-260	ng/dL
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T4	7.35	Adults : 4.5-12.1	µg/dl
TSH 3RD GENERATION	1.070	Non-Pregnant : 0.4-4.2	µIU/mL
		Pregnant Trimester-wise :	
		1st : 0.1 - 2.5	
		2nd : 0.2 - 3	
		3rd : 0.3 - 3	

**CLINICAL PATH - URINALYSIS**

**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**

**PHYSICAL EXAMINATION, URINE**

**COLOR** PALE YELLOW  
**APPEARANCE** CLEAR

**CHEMICAL EXAMINATION, URINE**

PH	5.0	4.8 - 7.4
SPECIFIC GRAVITY	1.025	1.015 - 1.030
PROTEIN	NOT DETECTED	NOT DETECTED
GLUCOSE	NOT DETECTED	NOT DETECTED
KETONES	NOT DETECTED	NOT DETECTED
BLOOD	NOT DETECTED	NOT DETECTED
BILIRUBIN	NOT DETECTED	NOT DETECTED
UROBILINOGEN	NORMAL	NORMAL
NITRITE	NOT DETECTED	NOT DETECTED
LEUKOCYTE ESTERASE	NOT DETECTED	NOT DETECTED

**MICROSCOPIC EXAMINATION, URINE**

**RED BLOOD CELLS** NOT DETECTED NOT DETECTED /HPF

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**Patient Ref. No. 66600007640468**



MC-5897

**PATIENT NAME : VRINDA MOHANDAS**

**REF. DOCTOR : DR. MEDIWHEEL**

**CODE/NAME & ADDRESS :** CA00010147 -  
MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED  
F701A, LADO SARAI, NEW DELHI,SOUTH DELHI,  
DELHI,  
SOUTH DELHI 110030  
8800465156

**ACCESSION NO :** **4126XA009442**  
**PATIENT ID :** VRINF1908914126  
**CLIENT PATIENT ID:**  
**ABHA NO :**

**AGE/SEX :** 32 Years Female  
**DRAWN :**  
**RECEIVED :** 27/01/2024 09:05:48  
**REPORTED :** 27/01/2024 13:58:59

Test Report Status	<u>Final</u>	Results		Units
WBC		2-3	0-5	/HPF
EPITHELIAL CELLS		1-2	0-5	/HPF
CASTS		NOT DETECTED		
CRYSTALS		NOT DETECTED		
BACTERIA		NOT DETECTED	NOT DETECTED	
YEAST		NOT DETECTED	NOT DETECTED	

**DR.NISHA G,MBBS MD(PATH),**  
**(Reg No - TCMC:45399)**  
**CONSULTANT PATHOLOGIST**



View Details



View Report

**PERFORMED AT :**

DDRC AGILUS PATHLABS LIMITED  
DDRC agilus TOWER, G-131,PANAMPILLY NAGAR,  
ERNAKULAM, 682036  
KERALA, INDIA  
Tel : 93334 93334  
Email : customercare.ddrc@agilus.in



**Patient Ref. No. 66600007640468**



भारत सरकार  
Government of India

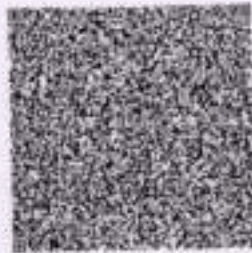
भारतीय विशिष्ट पहचान प्राधिकरण  
Unique Identification Authority of India

Enrolment No.: 2720/73005/65663

Download Date: 17/01/2021

To  
Vrinda Mohandas  
C/O: Jini Raj P  
Pothummal  
Pavangad  
Puthiyangad  
Puthiyangad  
Kozhikode Kerala - 673021  
8075406080

Issue Date: 14/01/2021



आपका आधार क्रमांक / Your Aadhaar No. :

**3527 1686 3693**

VID : 9198 4654 8874 7240

मेरा आधार, मेरी पहचान



भारत सरकार  
Government of India



Download Date: 17/01/2021



Vrinda Mohandas  
Date of Birth/DOB: 19/08/1991  
Female: FEMALE

Issue Date: 14/01/2021

**3527 1686 3693**

VID : 9198 4654 8874 7240

मेरा आधार, मेरी पहचान



Government of India



सूचना

- आधार पहचान का प्रमाण है, नागरिकता का नहीं।
- सुरक्षित QR कोड / ऑफलाइन XML / ऑनलाइन ऑथेंटिकेशन से पहचान प्रमाणित करें।
- यह एक इलेक्ट्रॉनिक प्रक्रिया द्वारा बना हुआ पत्र है।

INFORMATION

- Aadhaar is a proof of identity, not of citizenship.
- Verify identity using Secure QR Code/ Offline XML/ Online Authentication.
- This is electronically generated letter.

- आधार देश भर में मान्य है।
- आधार कई सरकारी और गैर सरकारी सेवाओं को पाना आसान बनाता है।
- आधार में मोबाइल नंबर और ईमेल ID अपडेट रखें।
- आधार को अपने स्मार्ट फोन पर रखें, mAadhaar App के साथ।

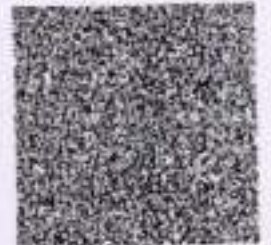
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- Aadhaar helps you avail various Government and non-Government services easily.
- Keep your mobile number & email ID updated in Aadhaar.
- Carry Aadhaar in your smart phone – use mAadhaar App.



भारतीय विशिष्ट पहचान प्राधिकरण  
Unique Identification Authority of India



Address:  
C/O: Jini Raj P, Pothummal, Pavangad,  
Puthiyangad, Kozhikode,  
Kerala - 673021



**3527 1686 3693**

VID : 9198 4654 8874 7240

1047 | help@uidai.gov.in | www.uidai.gov.in

*Handwritten signature*

Stool test Not Required

by VRINDA MOHANDAS



VRINDA MOHANDAS (32 F)

DDRC agilus DIAGNOSTICS P NAGAR

ID: XA009442

Date: 27-Jan-24

Exec Time : 0 m 0 s

Stage Time : 0 m 24 s

HR: 94 bpm

Test Report

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 159 bpm)

B.P: 110 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

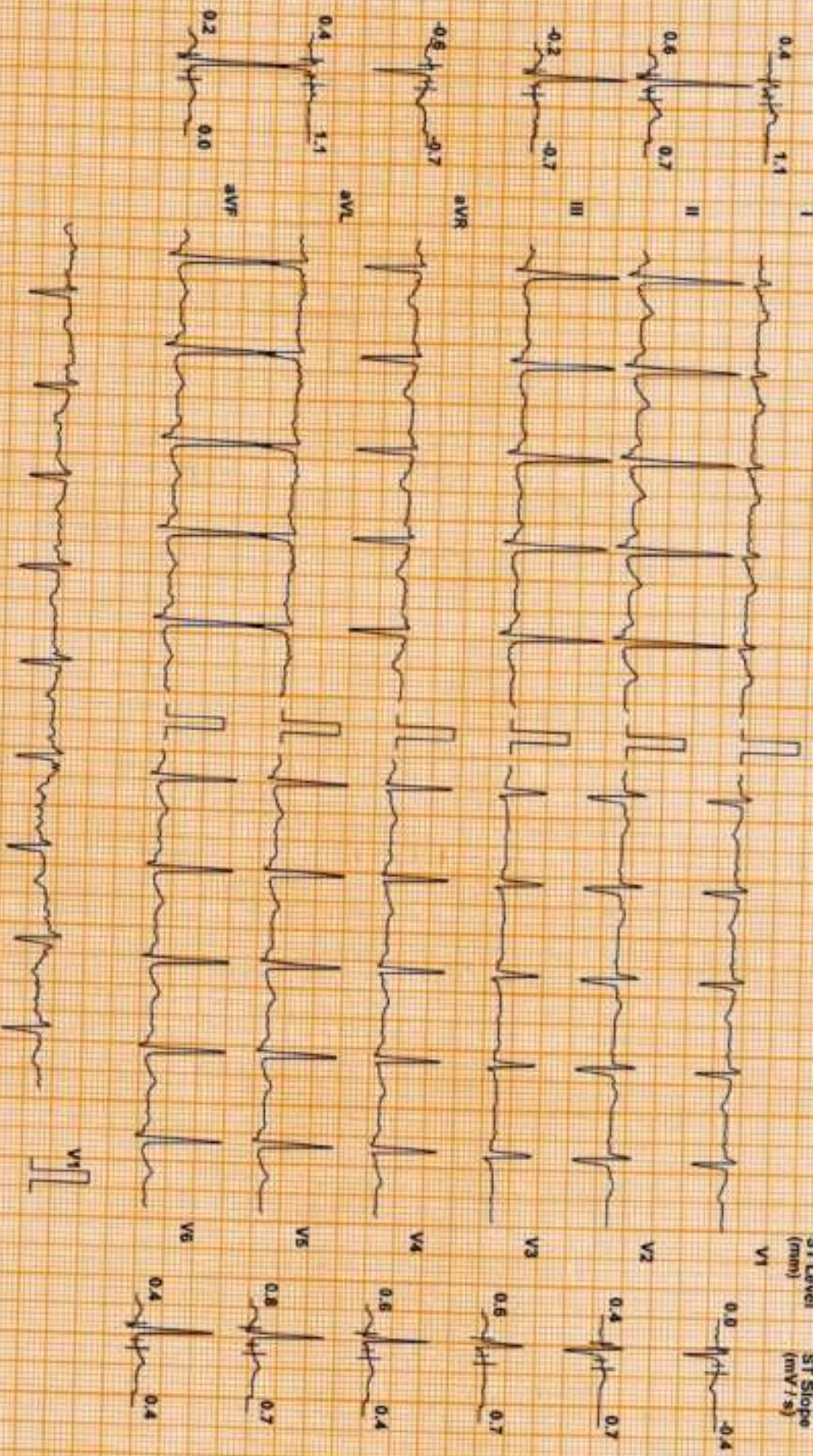


Chart Speed: 25 mm/sec  
Scale: Standard V4.7

Filter: 35 Hz

Main: Fil: ON

Amp: 10 mm

P-P: 60 ms

J-J: 60 ms

P-Q: 7 x 60 ms

Linked Median

VRINDA MOHANDAS (32 F)

DDRC agilis DIAGNOSTICS P NAGAR

ID: XA009442

Date: 27-Jan-24

Exec Time : 0 m 0 s

Stage Time : 0 m 49 s HR: 104 bpm

Test Report

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 159 bpm)

B.P: 110 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

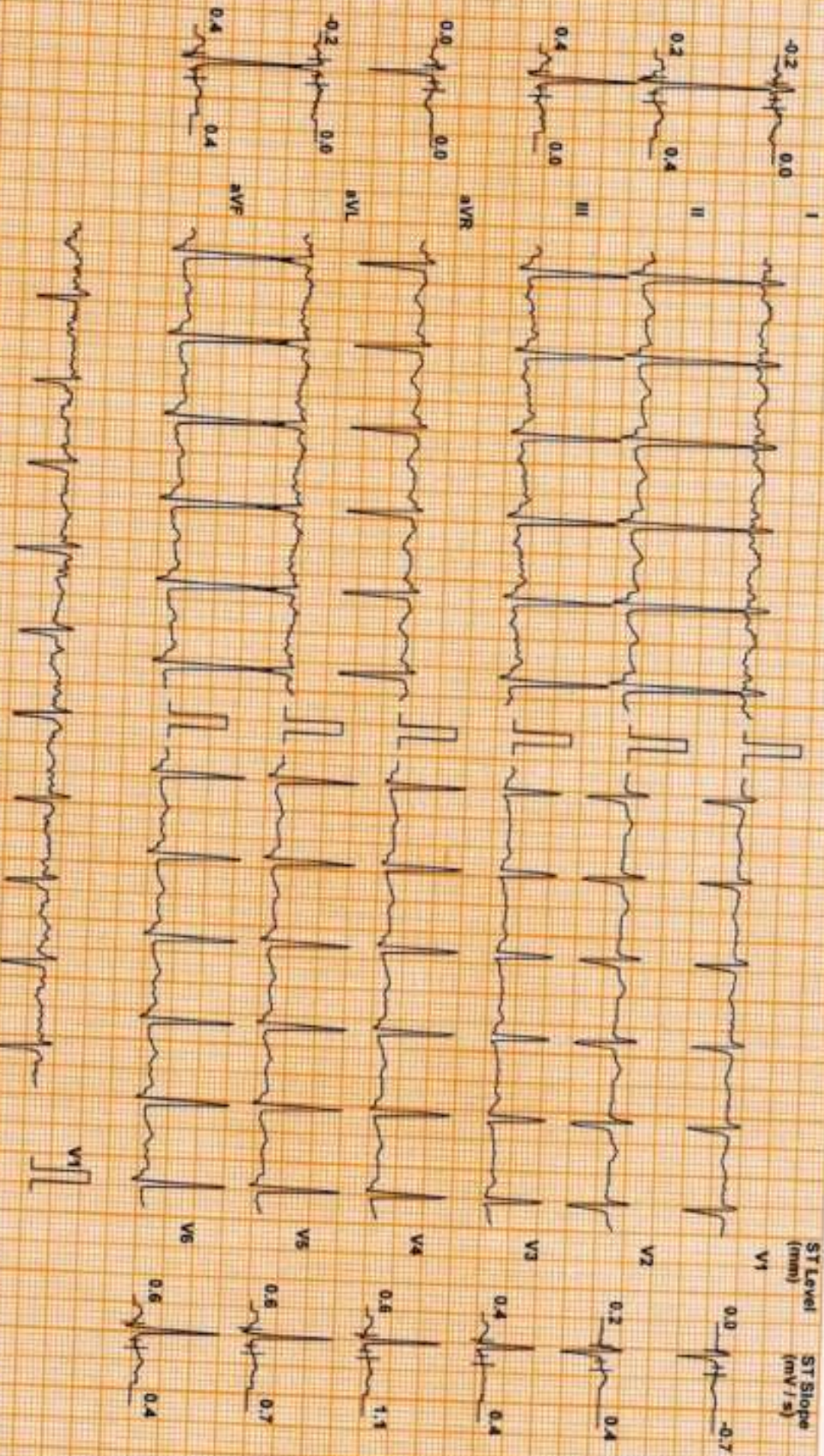


Chart Speed: 25 mm/sec  
Scholar Solutions V 4.3

Fiber: 35 Hz

Main Filter: ON

Amp: 10 mm

bw = 0.5 - 60 Hz

f = 0.1 - 60 Hz

Print J = 71.60 bits

Linked Median

VRINDA MOHANDAS (32 F)

Protocol: Bruce

DDRC agilis DIAGNOSTICS P NAGAR

ID: XA009442

Date: 27-Jan-24

Stage: 1

Speed: 1.7 mph

Grade: 10%

(THR: 159 bpm)

B.P: 110/80

Test Report

Exec Time : 2 m 54 s Stage Time : 2 m 54 s HR: 130 bpm

ST Level (mm) ST Slope (mV/s)

0.8 1.4

0.2 0.4

-0.8 -1.1

1.1 1.4

0.6 -1.1

0.2 -0.4

1.1 1.4

0.2 -0.4

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1.1 1.4

0.2 -0.4

ST Level (mm) ST Slope (mV/s)

-0.4 -0.7

0.5 0.7

0.4 0.7

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0.4 0.7

0.4 0.7

0.4 0.7

Chart Speed: 25 mm/sec  
Schler Spanda 1/17

Filter: 35 Hz

Main Filter: ON

Amp: 10 mm

100 mm = R - 60 mm

J = R + 60 mm

100 mm = J + 60 mm

Unked Median



VRINDA MOHANDAS (32 F)

Protocol: Bruce

DDRC agilus DIAGNOSTICS P NAGAR

ID: XA009442

Date: 27-Jan-24

Exec Time : 5 m 54 s

Stage Time : 2 m 54 s HR: 150 bpm

Test Report

Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 159 bpm)

B.P: 120 / 80

ST Level (mm) ST Slope (mV/s)

0.6 1.8

0.6 2.5

0.0 0.4

-0.4 -1.8

0.2 0.7

0.4 1.4

ST Level (mm) ST Slope (mV/s)

-0.2 -1.1

0.8 0.7

1.1 2.1

1.5 3.2

0.8 2.1

0.8 1.4

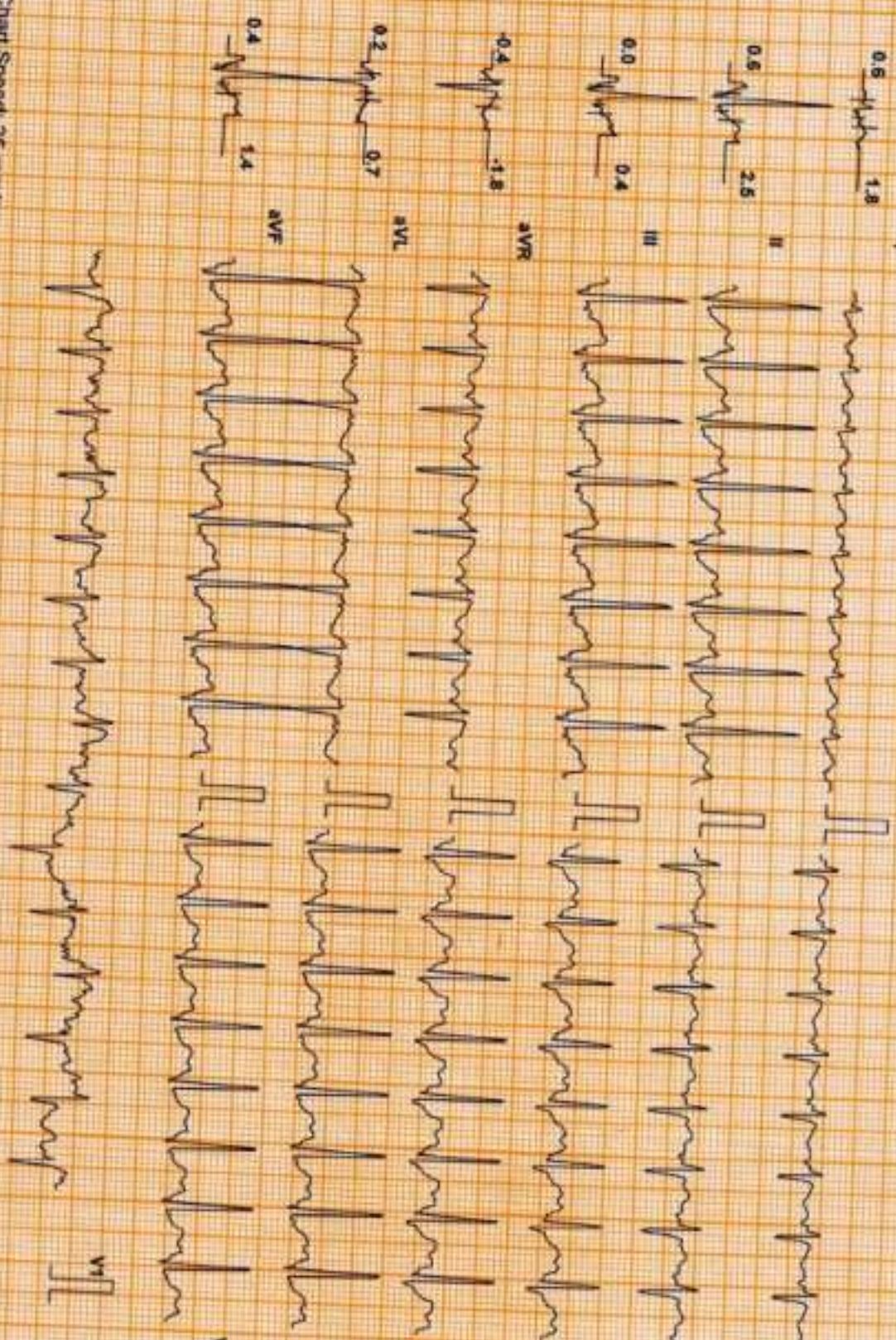


Chart Speed: 25 mm/sec  
Stabilizer Speed: V 4.7

Filter: 35 Hz

Main's Fil: ON

Amp: 10 mm

60 - R - 60 ms

I - R - 60 ms

Post: J - J - 60 ms

Linked Median

VRINDA MOHANDAS (32 F)

DDRC agilus DIAGNOSTICS P NAGAR

Protocol: Bruce

ID: XA009442

Date: 27-Jan-24

Exec Time : 6 m 14 s Stage Time : 0 m 14 s HR: 153 bpm

Test Report

ST Level (mm) ST Slope (mV/s)

Stage: Peak Ex

Speed: 3.4 mph

Grade: 14 %

(THR: 159 bpm)

B.P.: 130 / 80

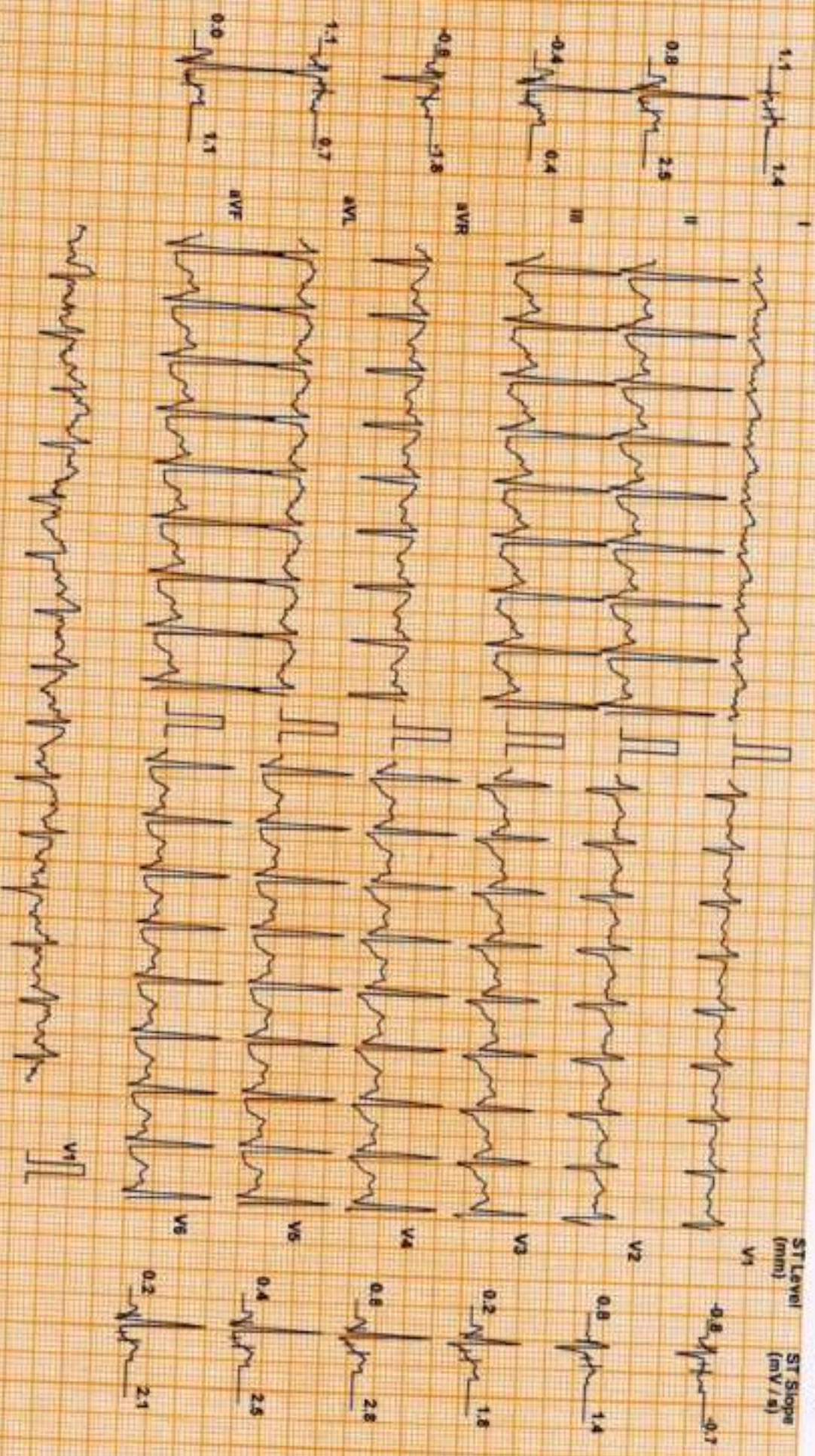


Chart Speed: 25 mm/sec  
Scale: Standard V x 7

Filter: 35 Hz

Main Filter: ON

Ampl: 10 mm

Res: 7.60 ms

J: R + 50 ms

Apex J: J + 60 ms

Linked Median

VRINDA MOHANDAS (32 F)

Protocol: Bruce

DDRC agilius DIAGNOSTICS P NAGAR

ID: XA009442

Date: 27-Jan-24

Exec Time : 6 m 20 s

Stage Time : 0 m 54 s

HR: 129 bpm

Test Report

ST Level (mm) ST Slope (mV/s)

Stage: Recovery(1)

Speed: 1 mph

Grade: 0 %

(THR: 159 bpm)

B.P: 140 / 80

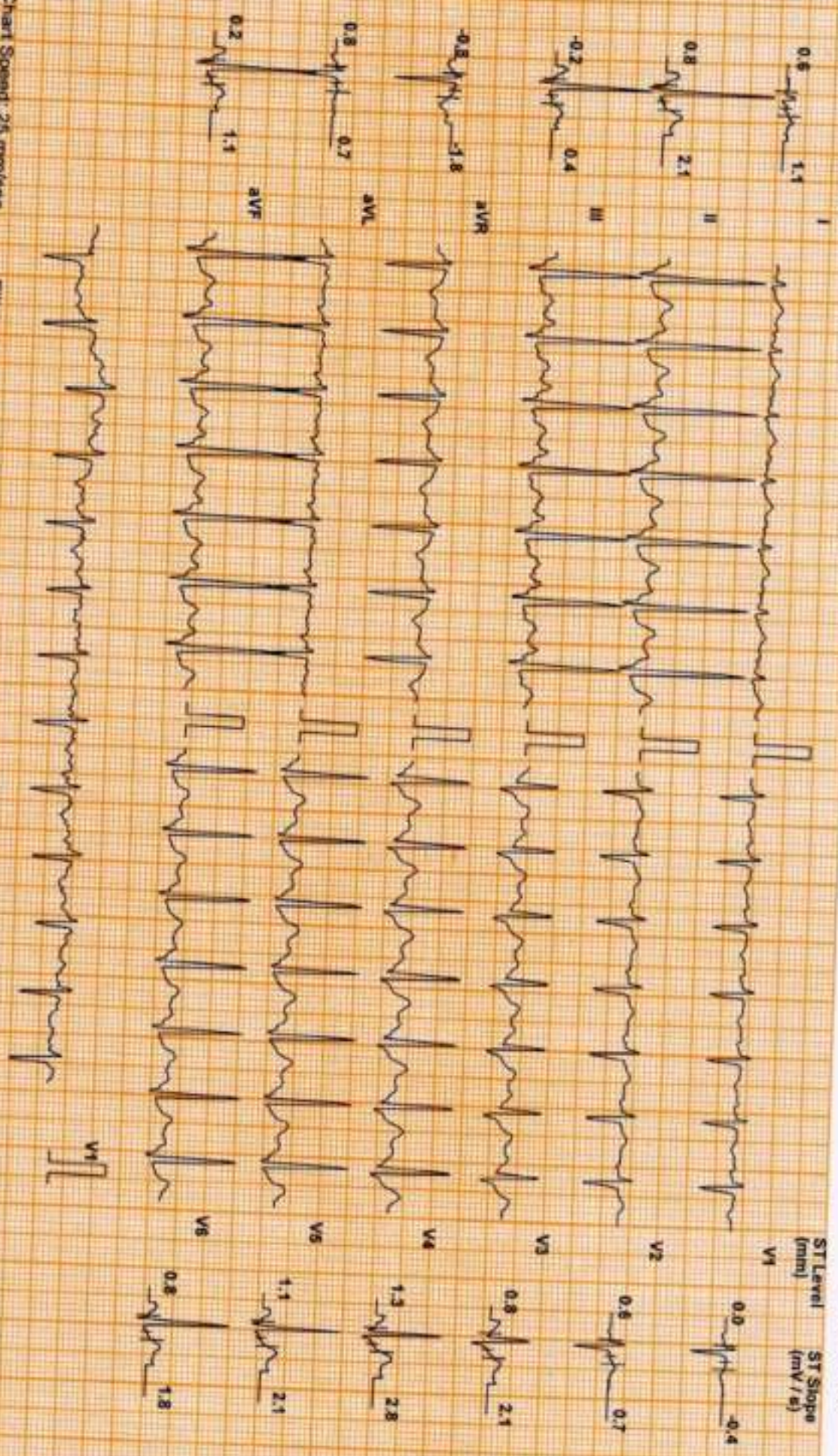


Chart Speed: 25 mm/sec  
Scale: Standard V47

Filter: 35 Hz

Main Filter: ON

Amp: 10 mm

P: R: 60 ms

J: R: 92 ms

P: R: J: 4 + 60 ms

Linked Median

VRINDA MOHANDAS (32 F)

Protocol: Bruce

DDRC agilis DIAGNOSTICS P NAGAR

ID: XA009442

Date: 27-Jan-24

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 159 bpm)

Test Report  
HR: 114 bpm  
B.P: 130 / 80

ST Level (mm) ST Slope (mV/s)

I 0.6 1.4

II 0.2 1.4

III -0.2 0.0

aVR -0.2 1.1

aVL 0.4 0.7

aVF 0.0 0.7

ST Level (mm) ST Slope (mV/s)

V1 0.0 0.0

V2 0.6 1.1

V3 0.6 1.8

V4 0.8 1.8

V5 0.2 1.4

V6 0.4 1.1

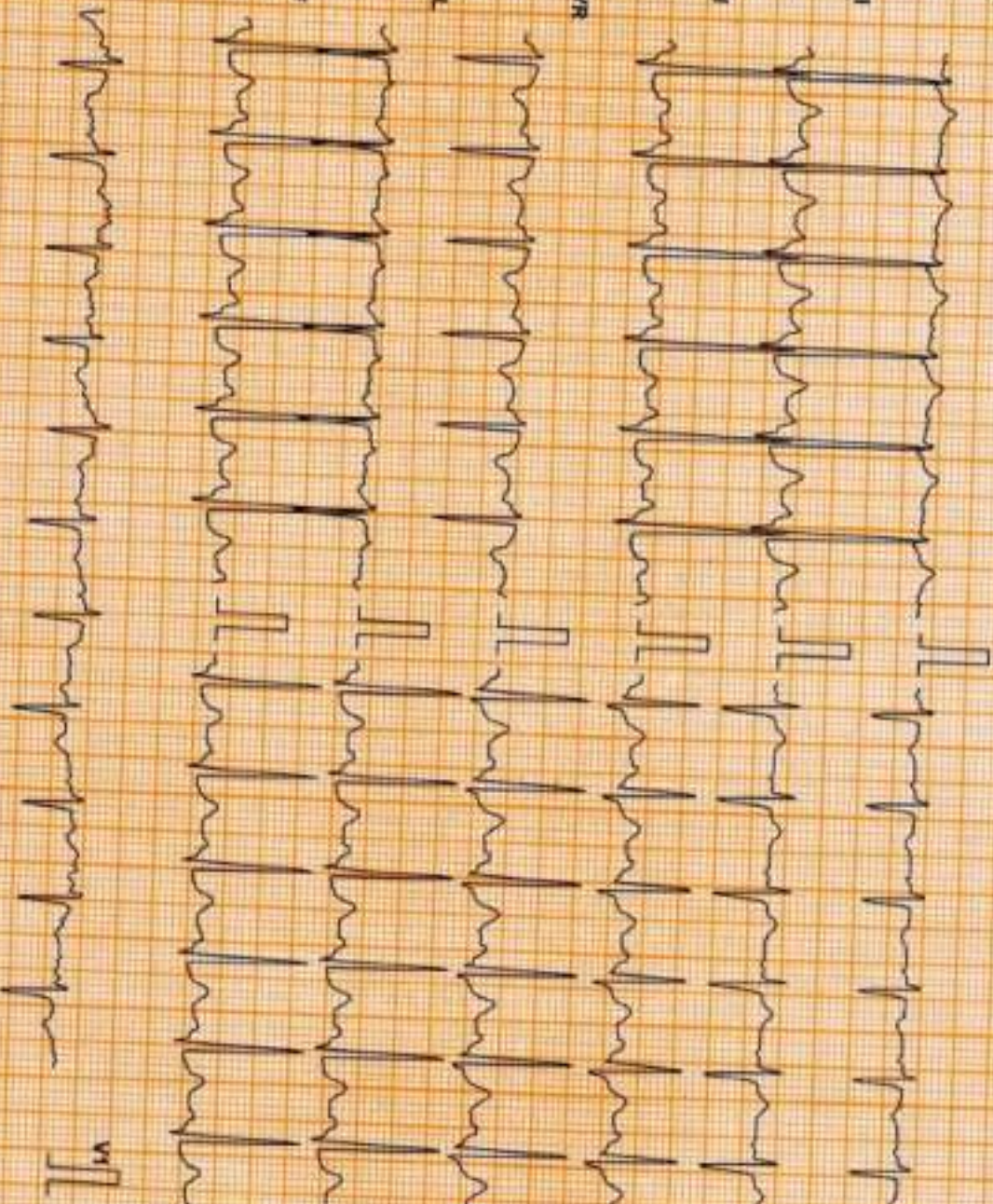


Chart Speed: 25 mm/sec  
Scale: Standard V4.7

Filter: 35 Hz

Main: Filter ON

Amp: 10 mm

60 = R - 60 ms

J = R - 80 ms

Pink L + J + 60 ms

Linked Median

VRINDA MOHANDAS (32 F)

Protocol: Bruce

DDRC agilis DIAGNOSTICS P NAGAR

ID: XA009442

Date: 27-Jan-24

Exec Time : 6 m 20 s Stage Time : 0 m 54 s HR: 99 bpm

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 159 bpm)

B.P: 120 / 80

Test Report

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

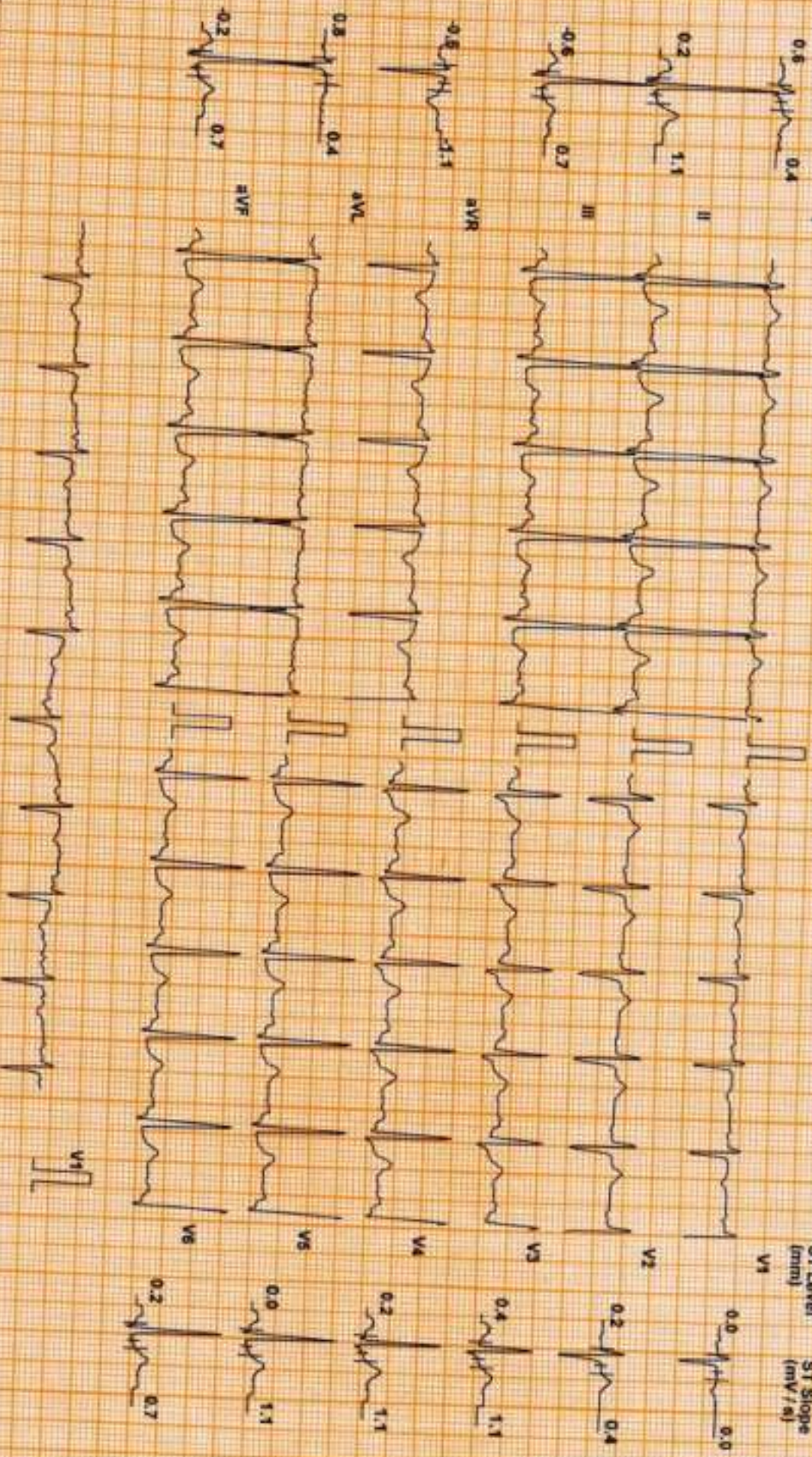


Chart Speed: 25 mm/sec  
Softek Spandax V47

Filter 35 Hz

Mainst. Fil: ON

Amp: 10 mm

Imp - R - 60 mm

J - R - 60 mm

Print J - J - 60 mm

Linked Median

DDRC Agilis

VRINDA MOHANDAS (32 F)

Protocol: Bruce

ID: XA006442

Date: 27-Jan-24

Exec Time : 6 m 20 s

Stage: Recovery(4)

Speed: 0 mph

Grade: 0 %

Stage Time : 0 m 54 s

HR: 99 bpm

Test Report

ST Level (mm) ST Slope (mV/s)

Speed: 0 mph

Grade: 0 %

(THR: 159 bpm)

B.P: 120 / 80

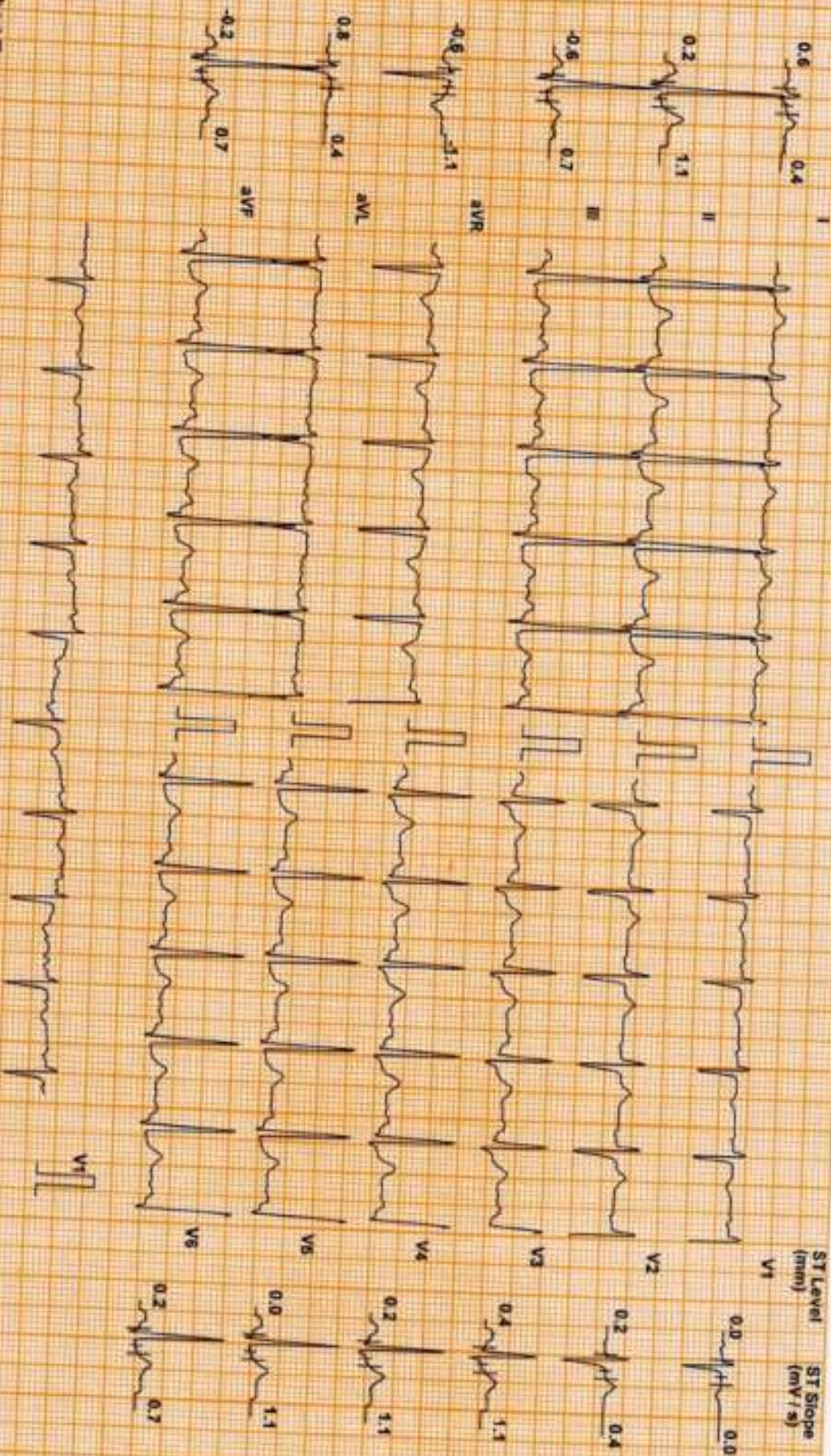


Chart Speed 25 mm/sec  
Schuler Spanish V4.7

Filter: 35 Hz

Main: Fil. ON

Amp: 10 mm

25 = R - 60 mm

J - R + 50 mm

Post J - J + 60 mm

Linkod Median

## DDRC agilus DIAGNOSTICS P NAGAR

### Patient Details

Name: VRINDA MOHANDAS ID: XA009442

Date: 27-Jan-24 Time: 12:52:31

Age: 32 y

Sex: F

Clinical History: NIL

Height: -- cms

Weight: -- Kgs

Medications:

### Test Details

Protocol: Bruce

Pr.MHR: 188 bpm

THR: 159 (85 % of Pr.MHR) bpm

Total Exec. Time: 6 m 20 s

Max. HR: 155 (82% of Pr.MHR) bpm

Max. Mets: 10.20

Max. BP: 140 / 80 mmHg

Max. BP x HR: 21700 mmHg/min

Min. BP x HR: 7200 mmHg/min

Test Termination Criteria: Fatigue

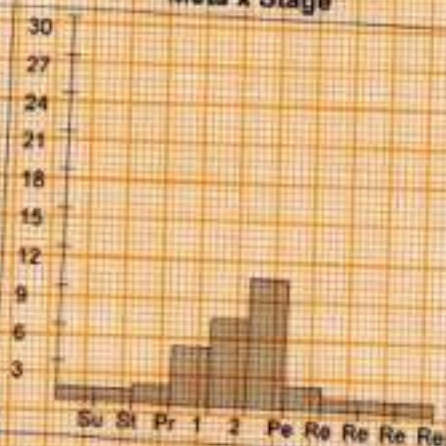
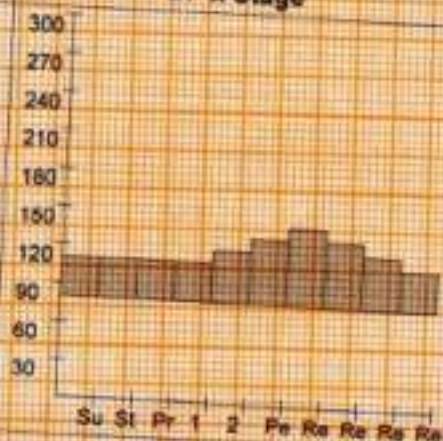
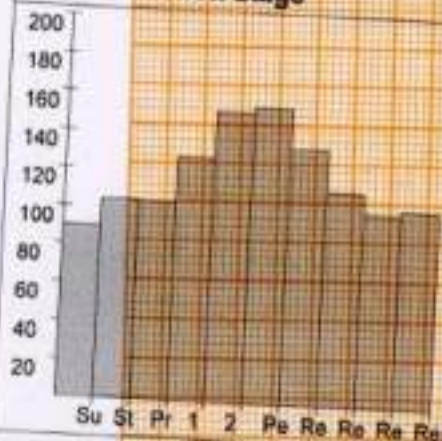
### Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 30	1.0	0	0				
Standing	0 : 55	1.0	0	0	90	110 / 80	-0.64 III	0.71 I
1	3 : 0	4.6	1.7	10	104	110 / 80	-4.46 III	4.95 V1
2	3 : 0	7.0	2.5	12	127	110 / 80	-5.73 aVF	5.66 aVF
Peak Ex	0 : 20	10.2	3.4	14	152	120 / 80	-5.94 V1	4.60 V1
Recovery(1)	1 : 0	1.8	1	0	134	130 / 80	-1.06 aVR	2.83 II
Recovery(2)	1 : 0	1.0	0	0	112	140 / 80	-1.49 III	4.60 V4
Recovery(3)	1 : 0	1.0	0	0	101	130 / 80	-0.85 aVR	2.83 V4
Recovery(4)	0 : 25	1.0	0	0	103	120 / 80	-1.91 aVL	4.60 III
					103	110 / 80	-0.64 III	1.42 II

HR x Stage

BP x Stage

Mets x Stage



# DDRC agilus DIAGNOSTICS P NAGAR


## Patient Details

Name: VRINDA MOHANDAS ID: XA009442      Date: 27-Jan-24      Time: 12:52:31  
Age: 32 y      Sex: F      Height: - cms      Weight: - Kgs

## Interpretation

The patient exercised according to the Bruce protocol for 6 m 20 s achieving a work level of Max. METS : 10.20. Resting heart rate initially 90 bpm, rose to a max. heart rate of 155 ( 82% of Pr MHR ) bpm. Resting blood Pressure 110 / 80 mmHg, rose to a maximum blood pressure of 140 / 80 mmHg. No Angina, No Arrhythmia

No significant ST changes  
Test negative for inducible Ischemia

  
Dr. George Thomas MD, FCSI, FIAE  
Cardiologist



Ref. Doctor: MEDIWHEEL

Doctor: \_\_\_\_\_

( Summary Report edited by user )



ID: 9442  
VRINDA MOHANDAS  
Female 32 Years

*[Handwritten Signature]*

27-01-2024 12:02:20 PM

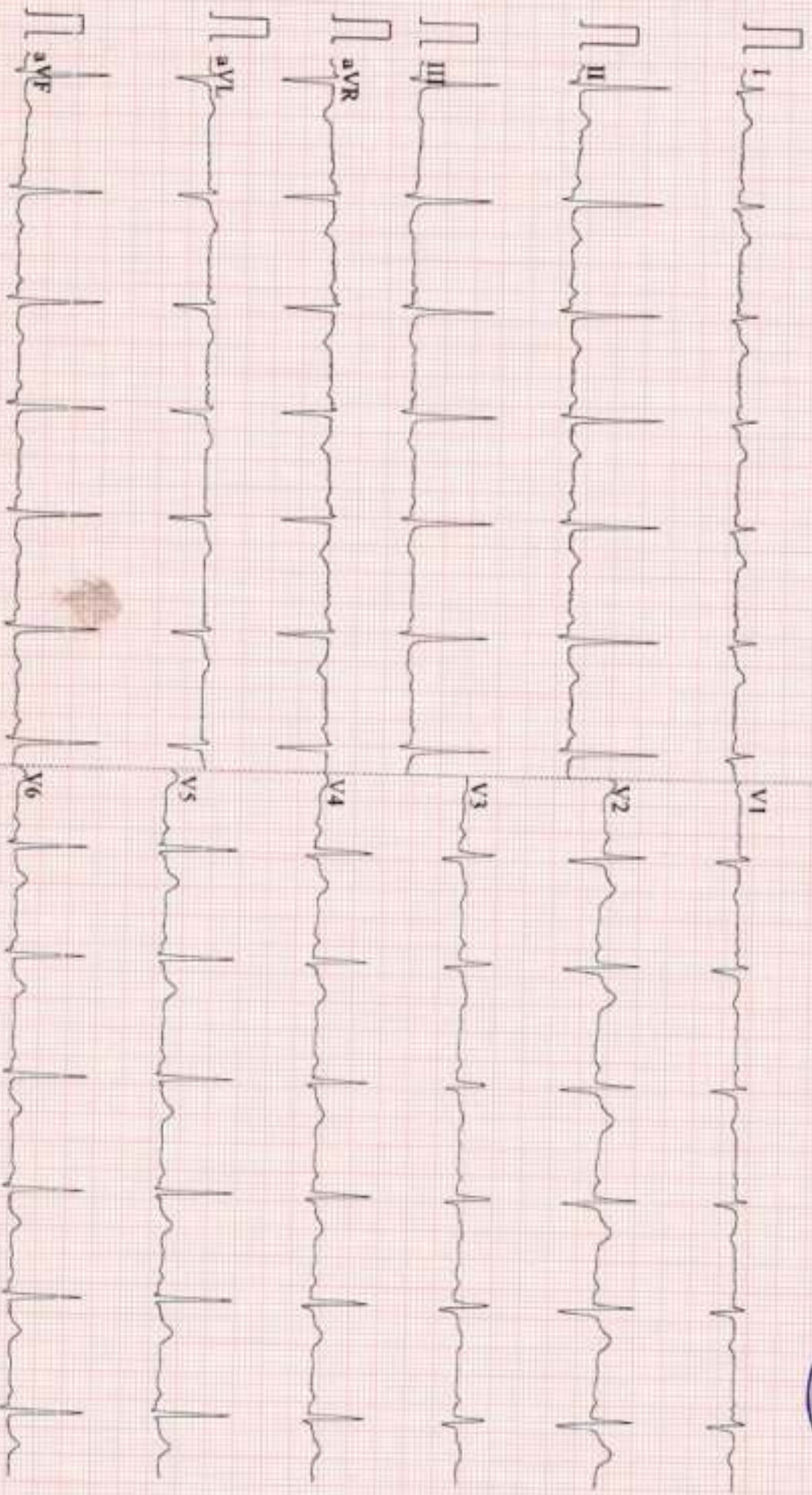
HR : 76 bpm  
P : 94 ms  
PR : 150 ms  
QRS : 87 ms  
QT/QTc : 364/411 ms  
PQRS/T : 63/81/39 °  
RV5/SV1 : 1290/0.405 mV

Diagnosis Information:

*Sinus tachycardia*

*[Handwritten Signature]*

DR GEORGE THOMAS  
MD, FCIB, FIAAC  
Ref-Phys. : MEDWHEEL  
CARDIOLOGIST  
Report Confirmed by:



NAME	MRS VRINDA MOHANDAS	AGE	32 YRS
SEX	FEMALE	DATE	January 27, 2024
REFERRAL	MEDIWHEEL	ACC NO	4126XA009442

### USG ABDOMEN AND PELVIS

<b>LIVER</b>	Measures ~ 15.9 cm, shows increased echoes. Hemangioma of size 18 mm in right lobe noted. Smooth margins. No IHBR dilatation. Portal vein normal in caliber.
<b>GB</b>	No calculus within gall bladder. Normal GB wall caliber.
<b>SPLEEN</b>	Measures ~ 9.4 cm. Normal to visualized extent. Splenic vein normal.
<b>PANCREAS</b>	Normal to visualized extent. PD is not dilated.
<b>KIDNEYS</b>	RK: 11.7 x 2.9 cm, appears normal in size and echotexture. LK: 10.5 x 6.1 cm, appears normal in size and echotexture No focal lesion / calculus within. Maintained corticomedullary differentiation and normal parenchymal thickness. No hydroureteronephrosis.
<b>BLADDER</b>	Partially distended, no internal echoes/calculus within.
<b>UTERUS</b>	Anteverted, normal size [cm] and echotexture. No obvious focal lesion to visualized extent. ET - 13.8 mm.
<b>OVARIES</b>	Poorly visualized. RO: 2.3 x 1.6 cm. LO: 2.5 x 1.4 cm.
<b>FLUID</b>	Nil to visualized extent.
<b>BOWEL</b>	Visualized bowel loops appear normal.
<b>IMPRESSION</b>	<ul style="list-style-type: none"> <li>⚡ Hepatomegaly with grade I fatty liver</li> <li>⚡ Small liver hemangioma.</li> </ul>

Kindly correlate clinically.

  
**Dr. HRISHIKESH C MBBS DMRD**  
 Consultant Radiologist



**Thank you for referral. Your feedback will be appreciated.**





NAME: MRS VRINDA MOHANDAS	STUDY DATE :27.01.2024
AGE / SEX : 32 YRS / F	REPORTING DATE :27.01.2024
REFERRED BY : MEDIWHEEL	ACC NO: 4126XA009442

**X - RAY - CHEST PA VIEW**

- Both the lung fields are clear.
- B/L hila and mediastinal shadows are normal.
- Cardiac silhouette appears normal.
- Cardio - thoracic ratio is normal.
- Bilateral CP angles and domes of diaphragm appear normal.

**IMPRESSION: NORMAL STUDY.**

Kindly correlate clinically

*Dr. Hrishkesh C*  
**Dr. HRISHKESH C MBBS,DMRD**  
Consultant Radiologist.



Date: 27/1/24

OPHTHALMOLOGY REPORT

This is to certify that I have examined

Mr / Ms : Prinda Mohanlal ..... Aged 32 and his / her

visual standards is as follows :

Visual Acuity:

R: 6/6

For far vision

L: 6/6


R: N6

For near vision

L: N6

Color Vision : Normal



  
 CIYA MARY P ROCKY  
 (Optometrist)