

Name : Mrs. SWAGATA CHAKRABORTY (56 /F)

Date : 21/10/2024

Address : FLAT 1B, BLOCK B, LOBBY 1, SHERWOOD ESTATE,169 NSC BOSE ROAD,  
SOUTH 24 PARGANAS, SOUTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by :

UHID : AMHL.0002439824

Package : MEDIWHEEL - FULL BODY PLATINUM PLUS ADVANCE FEMALE  
HCK

AHC No : AMHLAH222804



## CHIEF COMPLAINTS

For corporate health checkup

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Dyslipidemia  
Hypertension Medication - regular  
Thyroid disease - hypothyroidism;  
Medication - regular  
Asthma Medication - when  
needed; Exacerbating  
factors - dust



## DRUG ALLERGY

NO KNOWN ALLERGY

:21/10/2024



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Gynaec history

No of Children - 1; Deliveries - LSCS; Menopause -  
yes

### Central nervous system

- Nil Significant

### Eyes

- Nil Significant

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Skin

- Nil Significant



### Present medications

- LOSAR 50 STAMLO 5 THYRONORM 25



### Past medical history

Past medical history - nil significant



### Surgical history

Caesarian section - yes



### Personal history

Marital status - Married  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild



### Family history

Mother - has expired  
Coronary artery  
disease - none  
Cancer - None

## PHYSICAL EXAMINATION



### General

Build - obese  
Height - 154  
Weight - 92  
BMI - 38.79  
Pallor - No  
Oedema - no

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### Cardiovascular system

Heart rate (Per minute) - 76  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 179  
Diastolic(mm of Hg) - 102  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No  
Tenderness - No

Printed By : Benazir Begaum

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## COMPLETE HAEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin	12.6	g/dl	●	12.0-15.0
RBC COUNT	4.13	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	37.8	%	●	36-46
MCV	91.6	fl	●	83-101
MCH	30.4	pg	●	27-32
MCHC	33.2	%	●	31.5-34.5
RDW	13.9	%	●	11.8-14.0
WBC Count	7100	/cu mm	●	4000-10000
Platelet Count	1.68	lacs/cu mm	●	1.5-4.0
Neutrophils	59	%	●	40-80
Lymphocytes	30	%	●	20-40
Monocytes	07	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			

## ERYTHROCYTE SEDIMENTATION RATE (ESR)

Test Name	Result	Unit	Level	Range
ERYTHROCYTE SEDIMENTATION RATE (ESR)	25 *	mm/1st hr	●	0-20

## URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.015			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		

Pus Cells	1-2	/hpf
Epithelial Cells	1-3	
Casts:	Not Found	
Crystals:	Not Found	

## URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

## BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	AB			
Rh (D) Type:	POSITIVE			

## VITAMIN D TOTAL(25-OH)-SERUM

Test Name	Result	Unit	Level	Range
25 (OH) VITAMIN D (Chemiluminescence)	30	ng/mL	●	30-100

## ALT(SGPT) - SERUM

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	60 *	U/L	●	0-35

## ALBUMIN - SERUM

Test Name	Result	Unit	Level	Range
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5.1

## ALKALINE PHOSPHATASE - SERUM

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM	87	U/L	●	33-98

## AST (SGOT) - SERUM

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	42 *	U/L	●	0-35

## BILIRUBIN, TOTAL - SERUM

Test Name	Result	Unit	Level	Range
BILIRUBIN TOTAL - SERUM	0.4	mg/dL	●	0.3-1.2

## CALCIUM - SERUM

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Test Name	Result	Unit	Level	Range
CALCIUM - SERUM	9.0	mg/dL	●	8.8-10.6

### CHLORIDE SERUM

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	104	mEq/L	●	98-107

### CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	194	mg/dL	●	0-200
Non-HDL Cholesterol	156			

### CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

### GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	47 *	U/L	●	0-38

### GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	118 *	mg/dL	●	70-99

### GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	144 *	mg/dL	●	70-140

### HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.5	%	●	4 - 5.6 %

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

5.5

%

●

Nondiabetic : 4 - 5.6 %  
Prediabetics : 5.7 - 6.4%  
Diabetes : >= 6.5%  
ADA Therapeutic goal : <7%

### HDL CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range
TC/HDL-C ratio serum	5 *		●	Optimal<3.5
HDL CHOLESTEROL - SERUM	38	mg/dL	●	30-70

### LDL CHOLESTEROL -SERUM

Test Name	Result	Unit	Level	Range
LDL CHOLESTEROL -SERUM	137 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	19	mg/dL	●	0-35

### PHOSPHORUS, INORGANIC - SERUM

Test Name	Result	Unit	Level	Range
PHOSPHORUS, INORGANIC - SERUM	2.8	mg/dL	●	2.5-4.5

### POTASSIUM - SERUM

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.5	mEq/L	●	3.5-5.1

### PROTEIN TOTAL - SERUM

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.3	g/dL	●	6.4-8.3
Albumin/Globulin Ratio	1.6		●	1.0-2.0
GLOBULIN: (CALCULATED) - SERUM	2.8	g/dL	●	1.8-3.6

### SODIUM - SERUM

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	140	mEq/L	●	136-145

### TOTAL T3: TRI IODOTHYRONINE - SERUM

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Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM (Chemiluminescence)	1.09	ng/ml	●	0.87-1.78

**TOTAL T4: THYROXINE - SERUM**

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM (Chemiluminescence)	11.55	µg/dL	●	5.48-14.28

**TRIGLYCERIDES - SERUM**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	153 *	mg/dL	●	0-150

**TSH: THYROID STIMULATING HORMONE - SERUM**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM (Chemiluminescence)	4.14	µIU/mL	●	0.38-5.33

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.2	mg/dL	●	2.4-5.7

**VITAMIN B12 -SERUM**

Test Name	Result	Unit	Level	Range
VITAMIN B12 -SERUM (Chemiluminescence)	392	pg/ml	●	120-914

**BILIRUBIN CONJUGATED (DIRECT) - SERUM**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	8.8	mg/dL	●	7.0-18.0

**BUN/CREATININE RATIO**

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO				

BUN/CREATININE RATIO 12.5

**C-REACTIVE PROTEIN (CRP)**

Test Name	Result	Unit	Level	Range
C-REACTIVE PROTEIN (CRP):	1.12 *	mg/dl	●	0.0-0.5

**PAP SMEAR /CERVICAL SMEAR**

Ref No: AG01.C2408400  
 SPECIMEN TYPE: Conventional cervical smear (Papanicolaou stain) x 1  
 SPECIMEN ADEQUACY: Satisfactory for evaluation with metaplastic squamous cells.  
 INTERPRETATION/RESULT: Negative for intraepithelial lesion or malignancy, Reactive cellular changes associated with inflammation (includes typical repair)

**X-RAY CHEST PA**

\* Chest skiagram does not reveal any significant abnormality.

**X-RAY MAMMOGRAPHY BILATERAL (MHC)**

Requires additional evaluation, 1

**ULTRASOUND SCREENING WHOLE ABDOMEN**

\* Grade I fatty liver.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

**ECG**

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE (LAB, RADIOLOGY & CARDIOLOGY)

**Biochemistry**

A/G - RATIO

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**Nuclear Medicine Radiology**

BONE MINERAL DENSITOMETRY

**CARDIOLOGY**

TREADMILL TEST / STRESS TEST



Within Normal Range



Borderline High/Low



Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

### RISK STATUS

High Risk

### YOUR SCORE

10

### ACCEPTABLE SCORE

6

### Your likelihood of developing cardiovascular disease in the next ten years is 1.6 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 3 months** if you have:
  - o Uncontrolled high blood pressure
  - o Diabetes
  - o Dyslipidemia
  - o Coronary heart disease
- You will be referred to a **cardiologist**.

### DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**