

Investigations: (Please Tick)



MR No 177130 Patient Name Mas Nidhi Tho Age 37 Sex P Date 09/0

RBS

CBC **ESR** CRP S-Vit D3 S-Vit B12

ugar - F/PP

HbA1C

LFT/KFT

PT

INR

**RA Factor** 

Anti CCP

HLA B27

ANA

HIV

**HBsAg** 

Anti HCV

Vitals



SPO<sub>2</sub>

Temp

**Medical Illness** 

Hypertension

Diabetes

Thyroid

Cardiac Disease

**Drug Allergies** 

Next Appointment/Follow up

Signature:

Physician reference.

Dr. Bhawna Garg

MBBS, DTP.GD, PGDHA MEDICAL CO ORDINATOR

RJN Apollo Spectra Hospital Reg.No. MP18035

RATAN JYOTI NETRALAYA PRIVATE LIMITED

CIN: U85110MP2013PTC030901

Registered Office: 18, Vikas Nagar, Near Sai Baba Mandir, Gwalior - 474002

**RJN APOLLO SPECTRA HOSPITALS** 

18, Vikas Nagar, Near Sai Baba Mandir, Gwalior - 474002 Ph. No.: 0751-2454600, 2450500 www.apollospectra.com

Registered Vide No. NH/1542/MAR-2016

BENGALURU | CHENNAI | DELHI | GWALIOR | HYDERABAD | JAIPUR | KANPUR | MUMBAI | PUNE





: Mrs. NIDHI JHA

Age/Gender

: 37 Y O M O D /F

UHID/MR NO Visit ID

: ILK.00044661

Ref Doctor

: ILK.132031

: Dr.ARCOFEMI HEALTHCARE LIMITED

Collected

: 09/Sep/2024 09:28AM

Received

: 09/Sep/2024 09:51AM

Reported Status

: 09/Sep/2024 10:22AM : Final Report

Client Name

: INSTA

### DEPARTMENT OF HEMATOLOGY

COMPLETE BLO	OOD COUNT- CBC	/ HAEMOGRAM ,	WHOLE BLOOD EDTA	
Haemoglobin (Hb%)	11.8	gm%	11.5-16.0	Cyanmeth
P.C.V (Hematocrit)	35.9	%	35-49	Cell Counter
RBC Count	4.3	Mill./cu mm	4.00-5.50	Cell Counter
Mean Corpuscular Volume(MCV)	83.8	fL	76-96	Calculated
ean Corpuscular Hb. (MCH)	27.5	pg	27.0-32.0	Calculated
Mean Corp. Hb. Cong.(MCHC)	32.8	g/dl	30.0-35.0	Calculated
RDW	14.1	%	11-16	Calculated
Total WBC count (TLC)	6,100	/cu mm	4000-11000	Cell Counter

## Differential Count by Flowcytometry/Microscopy

Neutrophils	65.2	%	50-70	Cell Counter
Lymphocytes	21.0	%	20-40	
Monocytes	7.6	%	01-10	Cell Counter
Eosinophils	6.0	%	01-06	Cell Counter
Basophils	0.2	%	00-01	Cell Counter

## **Absolute Leucocyte Count**

Neutrophil (Abs.)	3,977	per cumm	2000 - 8000	Calculated
Lymphocyte (Abs.)	1281	per cumm	600-4000	Calculated
Monocyte (Abs.)	464	per cumm	0-600	Calculated
Eosinophil (Abs.)	366	per cumm	40-440	Calculated
asophils (Abs.)	12	per cumm	0-110	Calculated
Platelet Count	3.00	Lac/cmm	1.50-4.00	Cell Counter

ERYTHE	OCYTE SEDIM	MENTATION RATE (E	SR)	
Erythrocyte Sedimentation Rate (ESR)	24	mm lst hr.	0-20	Wester Green

Page 1 of 9

DR. SARITA PATHAK M.D (PATH)

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DEDA	DTN	TENT	OF	HEM	ATO	LOGY
DEPA	AK I IV	ILIVI	UF	TI E IVI	AIU	LUGI

	BLOOD GROUPING(A,B,O) AND RH FACTOR, WE	HOLE BLOOD EDTA
Blood Grouping	В	Slide/Tube Agglutination
Rh (D) Type	POSITIVE	Slide/Tube Agglutination

### BLOOD PICTURE - PERIPHERAL SMEAR EXAMINATION, WHOLE BLOOD EDTA

RBC'S

: Normocytic Normochromic RBC's.

No cytoplasmic inclusions or hemoparasite seen.

WBC'S

: Normal in number, morphology and distribution. No toxic granules seen.

No abnormal cell seen.

PLATELETS: Adequate on smear.

IMPRESSION; NORMOCYTIC NORMOCHROMIC BLOOD PICTURE.

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	DEPARTMENT OF BIO			
Test Name	Result	Unit	Bio. Ref. Range	Method
	GLUCOSE - FASTING (FBS) , NAF PLASMA			
Fasting Glucose	86.0	mg/dL	65-110	God - Pod

Post Prandial Glucose	116.0	mg/dL	90-140	2hrs. aftergm glucose/lunch
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	_		
DEPARTMENT	OF	BIOCHEMISTRY	-ROUTINE

Test Name		Result	Unit	Bio. Ref. Range	Method		
	GLYCOSYLATE	GLYCOSYLATED HAEMOGLOBIN (GHB/HBA1C), WHOLE BLOOD EDTA					
Glycosylated Hae	emoglobin HbA1c	5.7	%	Normal: <5.7	HPLC		

Diabetes: 6.5

Calculated

Pre-Diabetes: 5.7-6.4

Ref.for Biological Reference Intervals: American Diabetes Association.

### INTERPRETATION:

The A1C test measures your average blood glucose for the past 2 to 3 months. Diabetes is diagnosed at an A1C of greater than or equal to 6.5%.

116.89

Therapeutic goals for glycemic control (ADA)

Approximate mean plasma glucose

### -Adults:

- Goal of therapy: <7.0% HbA1c</li>
- Action suggested: >8.0% HbA1c

### -Pediatric patients:

- Toddlers and preschoolers: <8.5% (but >7.5%)
- School age (6-12 years): <8%</li>
- Adolescents and young adults (13-19 years): <7.5%</li>

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	DEPARTMENT OF BIOCHEMISTRY-ROUTINE					
Test Name	Result	Unit	Bio. Ref. Range	Method		
	COMPLETE KIDNEY PROFILE (RFT/KFT), SERUM					
Urea	22.66	mg/dL	13.0-43.0	Urease		
Creatinine	0.5	mg/dL	0.5-1.3	Enzymatic		
Uric Acid	5.8	mg/dL	2.6-6.0	Urease		
Sodium	140.0	Meq/L	135-155	Direct ISE		
otassium	4.6	Meq/L	3.5-5.5	Direct ISE		
Chloride	106.0	mmol/L	96-106	Direct ISE		
Calcium	9.4	mg/dL	8.6-10.0	OCPC		
Phosphorous	3.9	mg/dL	2.5-5.6	PMA Phenol		
BUN	10.59	mg/dL	6.0-20.0	Reflect Spectrothoto		

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142.74

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High Risk: >11.0

Client Name

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	DEPARTMENT OF BIO	OCHEMISTRY-R	OUTINE	
Test Name	Result	Unit	Bio. Ref. Range	Method
	LIPID PRO	FILE , SERUM		
Type OF Sample	SERUM-F			
Total Cholesterol	180.0	mg/dl	up to 200	End Point
Total Triglycerides	103.0	mg/dL	Borderline High Risk: 150-199 High Risk: 200-499 Very High Risk: >500	End Point
HDL Cholesterol	42.0	mg/dL	Optimal: >55 Border Line High Risk: 35-55 High Risk:- <35	Reflect Spectrothoto
Non - HDL Cholesterol	138	mg/dL	<130	
LDL Cholesterol	117.4	mg/dL	63-167	Reflect Spectrothoto
VLDL Cholesterol	20.6	mg/dL	5.0-40.0	Reflect Spectrothoto
Chol / HDL Ratio	4.29		Low Risk: 3.3-4.4 Average Risk: 4.5-7.1 Moderate Risk: 7.2- 11.0	CALCULATED

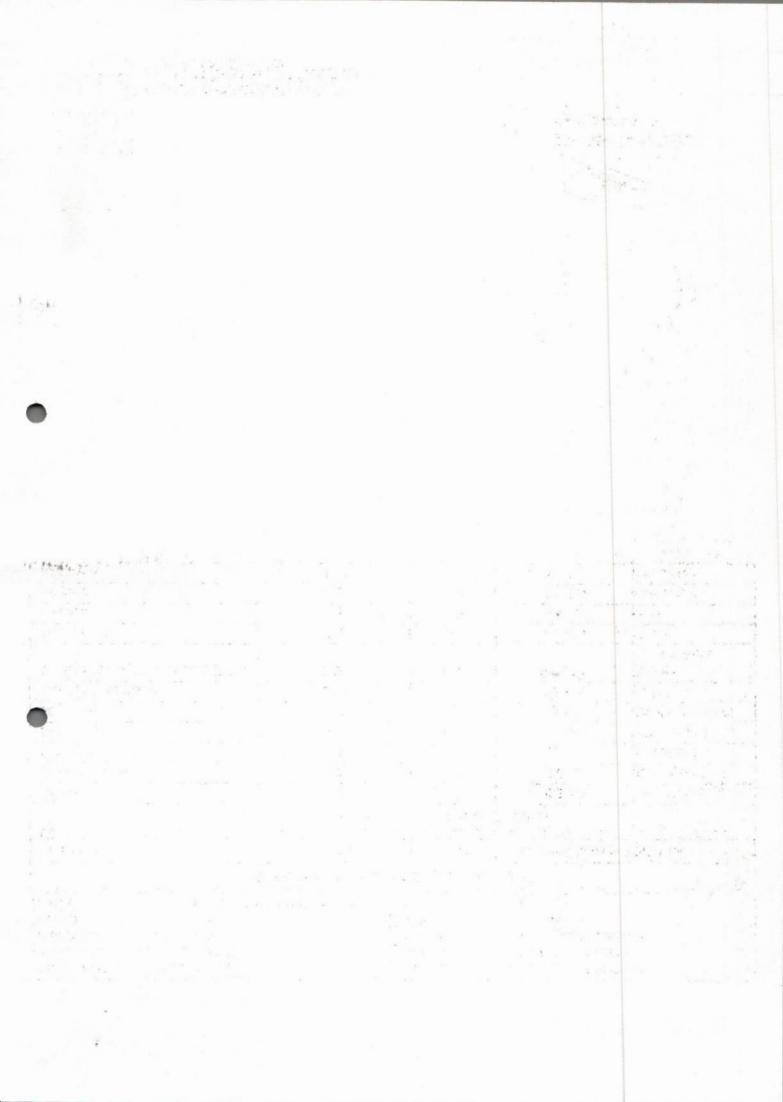
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Nei Doctor . Dr. ARCOFEMI HEALTH	CARE EIMITED	Client Name	: INSTA	
DEPA	ARTMENT OF BIO	CHEMISTRY-RO	UTINE	
Test Name	Result	Unit	Bio. Ref. Range	Method
LIVER	FUNCTION TEST	(LFT) WITH GG	T , SERUM	
Total Bilirubin	0.8	mg/dL	0.2-1.2	Jendrassik-Grof
Direct Bilirubin	0.1	mg/dL	0.0-0.3	Jendrassik-Grof
Indirect Bilirubin	0.7	mg/dL	0.0-0.9	Calculated
SGOT / AST	34.0	U/L	1-30	UV Kinetic (IFCC
GPT / ALT	47.0	U/L	1-34	UV Kinetic (IFCC
Alkaline Phosphatase	63.0	U/L	43-115	PNPP
Gamma Glutaryl Transferase (GGT)	37.0	U/L	0.0-55.0	Reflect Spectrophoto
Total Protein	6.6	g/dl	6.4-8.3	Biuret
Albumin	4.3	g/dL	3.5-5.2	BCG
Globulin	2.3	g.dl	2.0-3.5	Calculated
A/G Ratio	1.87	%	1.0-2.3	Calculated

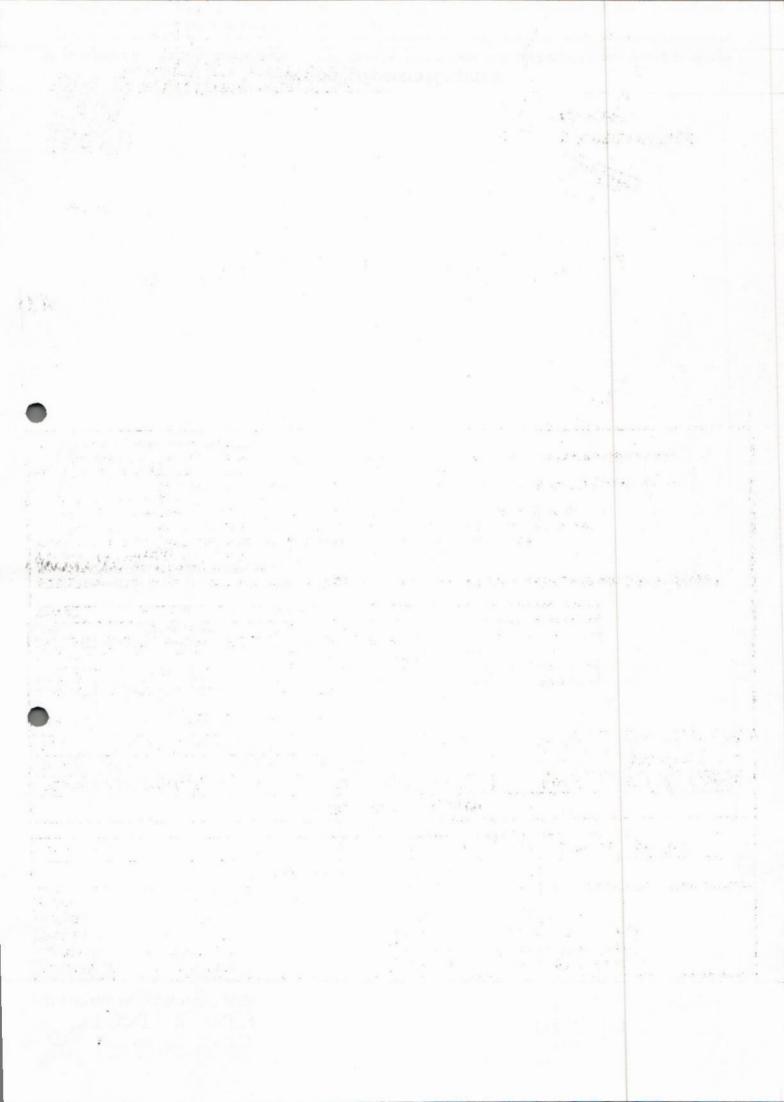
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Visit ID Ref Doctor : ILK 132031

: Dr. ARCOFEMI HEALTHCARE LIMITED

Collected

: 09/Sep/2024 09:28AM

Received

: 09/Sep/2024 10:11AM

Reported Status

: 09/Sep/2024 02:13PM

: Final Report

Client Name

: INSTA

	DEPARTMENT OF BIOCHEMISTRY-SPECIAL				
Test Name	Result	Unit	Bio. Ref. Range	Method	

	THYROID PR	OFILE-I, SERUM		
Trilodothyronine Total (TT3)	1.50	ng/dL	0.6-1.8	Chemilluminisence
Thyroxine (TT4)	6.35	μg/dL	4.5-10.9	Chemilluminisence
Thyroid Stimulating Hormone (TSH)	7.290	μIU/ml	0.35-5.50	Chemilluminisence

OMMENT: - Above mentioned reference ranges are standard reference ranges.

AGE RELATED GUIDLINES FOR REFERENCE RANGES FOR TSH

TSH	NEW BORN	INFANT	CHILD	ADULT
(u lu/ml)	0.52-38.9	1.7-9.1	0.7-6.4	0.3-5.6
PREGNENCY R	ELATED GUIDLINES F	OR REFERENCE RANG	ES FOR TSH	
TSH	1st Trimester	2nd & 3rd Tr	imester	
(u lu/ml)	0.2 - 2.5	0.3 - 3.0		

NOTE: TSH levels are subject to circadian variation, reaching peak levels between 2-4 AM and at a minimum between 6-10 PM. Dose and time of drug intake also influence the test result. Ultrasensetive kits used.

Serum T3/ FT3, T4/FT4 and TSH measurements form three components of thyroid screening panel.

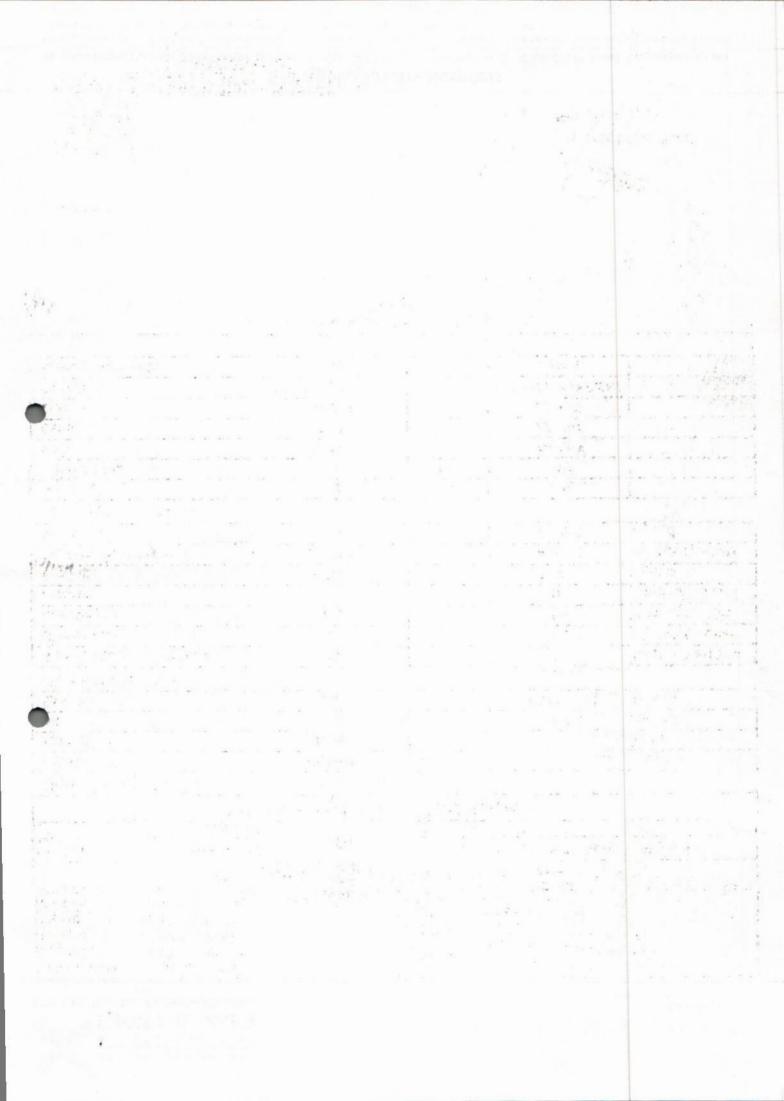
- :-Primary hypethyroidism is accompanied by elevated serum T3 & T4 values alongwith depressed TSH level.
- :- Primary hypothyroidism is accompanied by elevated serum T3 & T4 values & elevated serum TSH level.
- :-Normal T3 &T4 levels with high TSH indicate mild / subclinical HYPOTHYROIDISM.
- :-. singhtly elevated T3 levels may be found in pregnancy and in estrogen therapy while depressed levels may be encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propanolol.
- :-Although elevated TSH levels are nearly always indicative of primary hypothyroidism. Rarely they can result from TSH secreting pituitary tumours ( seconday huperthyroidism).

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DR. SARITA PATHAK M.D (PATH)

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: 09/Sep/2024 01:35PM : Final Report

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DEPARTMENT OF CLINICA	AL PATHOLOGY
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Test Name	Result	Unit	Bio. Ref. Range	Method

# **CUE - COMPLETE URINE ANALYSIS, URINE**

## **Physical Examination**

Colour	GRAYISH		Visual	
Appearance	Turbid		Visual	
ЭН	6.0	5.0-7.5	Dipstick	
Specific Gravity	1.025	1.002-1.030	Dipstick	

### **Chemical Examination**

Albumin Urine/ Protein Urine	NIL	NIL	Dipstick/Heat Test
Glucose Urine	NIL .	NIL	Dipstick/Benedict
Urobilinogen	NIL	NIL	Dipstick/Ehrlichs
Ketones	NIL	NIL	Dipstick/Rotheras
Bile Salts	ABSENT	ABSENT	Dipstick
Bile Pigments	ABSENT	ABSENT	Dipstick/Fouchets
Nitrite	ABSENT	ABSENT	Dipstick

### Microscopic Examination.

Pus Cells	2-3	/Hpf	0-5	
Epithelial Cells	6-7	Hpf	<10	
RBC	ABSENT	/Hpf	ABSENT	
Casts	ABSENT		ABSENT	
Erystals	ABSENT		ABSENT	
Bacteria	NORMALLY PRESENT		NORMALLY PRESENT	
Budding Yeast Cells	Absent		Absent	

\*\*\* End Of Report \*\*\*

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# ECHO CARDIOGRAPHY REPORT

Patient Name: MRS. NIDH	II JHA	Age / Sex 37Y/F
UHID/Bill No:17130		Date :09/09/2024

Echocardiography was performed on vivid T8

Quality Of Imaging : Adequate
Mitral Valve : NORMAL
Tricuspid Valve : Normal
Aortic Valve : Normal

Pulmonary Valve : Normal
Left Atrium : 3.4cms

Left Ventricle : IVSD : 1.2 cms LVPWD : 1.2 cms

EDD : 4.9 cms EF 60% ESD : 3.0 cms FS 32%

RWMA : NO REGIONAL WALL MOTION ABNORMALITY

Right Atrium Normal Right Ventricle Normal Aorta 3.1cms IAS IVS Intact Pulmonary Artery Normal Pericardium Normal SVC, IVC Normal Pulmonary Artery Normal Intracardiac Masses Nil Doppler E > A

## CONCUSION

- NORMAL CARDIAC CHAMBERS DIMENSION.
- NO REGIONAL WALL MOTION ABNORMALITY.
- NORMAL LV SYSTOLIC FUNCTION, LVEF 60 %
- NORMAL VALVE
- INTACT SEPTUM
- NO CLOT /VEGETATION / PERICARDIAL EFFUSION

Consultant

Dr. Abhishek sharma (DNB) (Interventional Cardiologist)

RATAN JYOTI NETRALAYA PRIVATE LIMITED

CIN: U85110MP2013PTC030901

Registered Office: 18, Vikas Nagar, Near Sai Baba Mandir, Gwalior - 474002

RJN APOLLO SPECTRA H

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# RATAN JYOTI NETRALAYA

### **OPHTHALMIC INSTITUTE & RESEARCH CENTRE**

Hospital Reg. No.: 071



18, Vikas Nagar, Near Sai Baba Mandir, Gwalior-2 (M.P.) INDIA Tel.: 2423350/51, Web: www.ratanjyotigroup.org, Email:rjneye@gmail.com Opp. Medical College, Gate No. 3 Jhansi-284128 (U.P.) Ph. 0510-2322311 (M) 9109973225

SR.NO.

: 2054020

NAME AGE/SEX MRS NIDHI JHA 36 YRS / FEMALE DATE

: 09-September-2024

MRD NO.

· R-112243

CITY

; jhansi

IOP READING



VISION	DISTANCE		NEAR	
VISION	OD	os	OD	os
UNAIDED .	6/6	6/6	N6	N6
WITH GLASSES				
WITH PIN HOLE			- 1	
WITH COLOR				
VISION			16	

TREATMENT PLAN

: -REV YRLY/SOS

REFFERED TO

.

NEXT REVIEW

AS PER DR. ADVISED

 TIME
 OD
 OD METHOD
 OS
 OS METHOD

 10:16AM
 17
 16

DR. SAVITRI DEVAL

NOTE

: Kindly continue medications as advised for the period advised.

In case of redness or allergy please discontinue and inform the doctor.

Nutritional Advice : As per treating physician

Instructions

: Patient and Attendant(s) Counselled

Advised medicine may be replaced with a good quality generic medicine.

Speciality Clinics: Comprehensive Ophthalmology Clinic Cataract & IOL Clinic Vitreo Retina & Uvea Clinic Spectacle Removal Clinic (Lasik/Femto Lasik/Phakic Lens) Cornea Clinic Glaucoma Clinic Orbit & Oculoplasty Clinic Trauma Clinic Squint Clinic Paediatric Ophthalmology Clinic Low Vision Aid Clinic Contact Lens Clinic

CONSULTATION TIMINGS: MORNING 9:00 A.M. TO 6:00 P.M. (SUNDAY OFF)

• केन्द्रीय कर्मचारियों के लिए मान्यता प्राप्त • कैशलैस इंश्योरेन्स एवं टी.पी.ए. सुविधा उपलब्ध

• For Appointment Please Contact: 9111004046

स्वामी विद्यानंद भारती आई बैंक

**नेंद्रदान** करें और करायें इसे अपने परिवार की परम्परा बनायें

नेत्रदान के लिए सम्पर्क करें : 9111004044





PATIENT NAME

NIDHI JHA 37Y/F

REFERRED BY

HEALTH CHECKUP

DATE

09/09/2024

INVESTIGATION

**USG WHOLE ABDOMEN** 

### IMAGING FINDINGS:-

Liver appears normal in size, position, shape and margin. Parenchyma shows increased echogenecities. The intrahepatic biliary and portal venous radicles appear normal. Hepatic veins and portal vein are normal.

Gall Bladder is partially distended. GB wall appears normal. Visualized CBD is of normal caliber.

**Spleen** appears normal in size (~10.7cm), position, shape, echotexture and margin. No any focal lesion within splenic parenchyma. Splenic vein is normal and undilated.

Visualized Pancreas appears normal in size, shape and echotexture. Pancreatic duct is not dilated. No USG evidence of obvious measurable focal lesion.

Both Kidneys: Measurements are right kidney ~8x3.1cm and left kidney ~8.9x3.7cm. Both kidneys are normal in position, size, shape, surface, echotexture and cortico-medullary differentiation. Bilateral PC systems are compact. No significant calculus or hydronephrosis on either side. Ureters are undilated on either side.

Urinary Bladder is normal in shape, wall and content.

### TAS:-

Uterus is anteverted, appears normal in size measures ~9x3.5cm, position and echotexture. No abnormal measurable mass or cyst in adnexal region.

No obvious ascites.

OPINION:- Features are suggestive of-

Grade I fatty liver

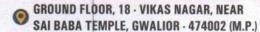
Suggested clinical correlation/Follow up imaging.

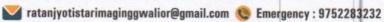
DR. SAKSHI CHAWLA (MD RADIODIAGNOSIS)

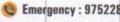
Disclaimer: The science of radiology is based upon interpretation of shadows of normal and abnormal tissue. This is neither complete nor accurate; hence, findings should always be interpreted in to the light of clinico-pathological correlation. This is a professional opinion, not a diagnosis. Not meant for medico legal purposes. For any kind of typing error, please intimate us within 7 days of reporting.

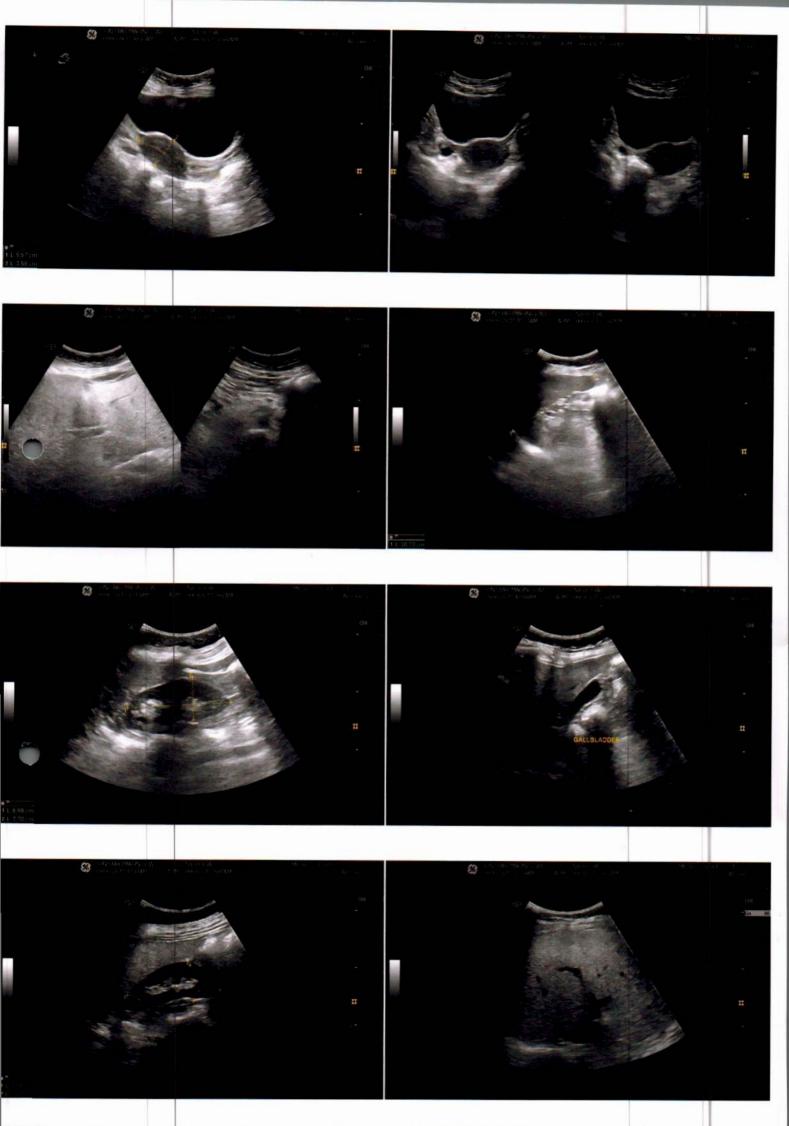
गर्भाशय कन्या भ्रुण की जाँच एवं हत्या दण्डनीय अपराध है।

बेटी बचाओ - बेटी पढाओ













- PT. NAME: NIDHI JHA	- 2	AGE/SEX:37Y/F
REF.BY: 177130 -		09/09/2024

### X RAY CHEST (PA)

## IMAGING FINDINGS:

Metallic artifacts are seen

Prominent vascular markings seen in both lung fields.

B/L costophrenic angle appear clear and normal.

Trachea is central.

Cardiothoracic ratio is within normal limit.

B/L domes of diaphragm are smooth, regular and normal in position.

### OPINION:

 No significant abnormality is noted in CXR - PA except for prominent vascular markings.

Please correlate with clinical findings and relevant investigations.

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# RATAN JYOTI NETRALAYA PRIVATE LIMITED

CIN: U85110MP2013PTC030901

Registered Office : 18, Vikas Nagar, Near Sai Baba Mandir, Gwalior - 474002

### RJN APOLLO SPECTRA HOSPITALS

18, Vikas Nagar, Near Sai Baba Mandir, Gwalior - 474002 -Ph. No.: 0751-2454600, 2450500 www.apollospectra.com Registered Vide No. NH/1542/MAR-2016

Rate 75 . Age not entered, assumed to be 50 years old for purpose of ECG interpretation  Sinus rhythmnormal P axis, V-rate 50-99  PR 147 . Borderline T wave abnormalitiesT/QRS ratio < 1/20 or flat T  QRSD 93 . Baseline wander in lead(s) I,V2,V3,V5,V6  QT 391  QTC 437	12 Lead; Standard Placement  1 avr  11 III  11	Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV
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# भारत सरकार Government of India



निधि झा Nidhi Jha जन्म तिथि। DOB: 30/12/1986 महिला / Female



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आधार - आम आदमी का अधिकार



## आरतीय विशिष्ट प्रत्यान प्राधिकरण

# Unique Identification Authority of India

-30 नया- 41, नरसिंह राव टोरिया, झाँसी खास, झाँसी, झाँसी नगर, उत्तर प्रदेश, 284002

पता: आत्मजा: देवी दास झा, पुराना Address: D/O: Devi Das Jha, Purana -30 naya- 41; Nursingh rao toriya, Jhansi Khas, Jhansi, Jhansi City, Uttar Pradesh. 284002

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अवस् - आम आदमी का अधिकार

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