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- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MRS VANDANA PATIL  
**Referred By Dr** : ARCOFEMI HEALTHCARE PVT.LTD  
**Sex** : FEMALE Age : 53 Years  
**Collected At** : YOGI NAGAR MAIN BRANCH

**Lab No.** : LCA7980 \*LCA7980\*  
**Reg. Date** : 08-Mar-2024 8:40 am  
**Report Date** : 08-Mar-2024 2:38 pm  
**Print Date** : 11-Mar-2024 11:46 am

## BIOCHEMISTRY

TEST	RESULT		NORMAL VALUES
Blood Urea Nitrogen (BUN)	15.90		5 - 20 mg/dl
CREATININE	1.14	mg/dl	0.5 - 1.3 mg/dl
Serum Uric Acid	5.90	mg%	Female : 2.6 - 6.0 mg%
Age of the Patient	53		
eGFR	52.99	ml/min	

eGFR calculation based on MDRD guideline 2012

More than 90 ml / min / 1.73 Sqm - Normal eGFR

60-89 ml / min / 1.73 Sqm - Mild decrease in eGFR is common in 30% healthy adults .

Suggest reapt testing in 6 to 12 months.

Exclude kidney disease in those at high risk (Diabetes & Hypertension

30-59 ml / min / 1.73 Sqm - consistent with modrate chronic kidney disease if confirmed over three month .

Consider nephrology referral if progressive deterioration of more than 20 % for Egfr or creatinine.

15 - 29 ml / min / 1.73 Sqm - Consistent with severe chronic kidney disease . Consider nephrology referral

----- End of Report -----

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DR. BHAVINI KAMDAR  
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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## BLOOD GROUP

TEST	RESULT
Blood Group	'B'
Rh Factor	Positive

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## BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	115	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	108.1	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: >= 200 (on more than one occasion)
URINE SUGAR (Fasting)	Absent		
URINE SUGAR (Post prandial)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

Comment:

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

----- End of Report -----

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## COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	13.8	gm %	Female : 11.5 - 14.5 gm%
Erythrocytes ( Total RBCs)	5.13	mill. / cmm	Female : 3.8 - 5.2 mill. / cmm
PCV	43	%	Female : 32 - 47 %
MCV	83.90	fl	80- 96 fl
MCH	<b>26.80</b>	pg	27 - 32 pg
MCHC	32.00	gm%	32 - 37 gm%
RDW	14.5	%	12 - 14.5
<u>TOTAL WBC COUNT</u>			
TOTAL WBC COUNT	5970	/ cumm	4,000 - 11,000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	70	%	40 - 75
Lymphocytes	25	%	20 - 40
Eosinophils	03	%	0 - 6
Monocytes	02	%	2 - 8
Platelet count	210000	Lacs/cmm	150000-450000
<u>PERIPHERAL SMEAR</u>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	13	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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## GLYCOSYLATED HAEMOGLOBIN (HbA1c)

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	6	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	125.50		
METHOD : NEPHELOMETRY			

### DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%  
 Impaired glucose tolerance: 5.8% to 6.4%  
 Diabetes: 6.5% or more

### CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less  
 Fair control: 7.0% to 8.0%  
 Poor control: More than 8.0%

### Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

----- End of Report -----

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## LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	212	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	131.6	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	54.5	mg / dl	35.3 - 79.5 mg / dl
VLDL	26.32	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	131.18	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	3.89		< 5
LDL / HDL	2.41		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.  
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL  
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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## LIVER FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.9	mg / dl	0 - 1.0 mg / dl
Bilirubin Direct	0.3	mg / dl	0 - 0.4 mg / dl
Bilirubin Indirect	0.60	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	9.40	U / L	Up to 45 U / L
S.G.O.T.	17.50	U / L	Up to 46 U / L
Alkaline Phosphatase	170.00	U/l	4 - 15 Years: 54 - 369 U/l 20 - 59 Years: 42 - 98 U/l > 60 Years: 53 - 141 U/l
Total Proteins	7.41	gm / dl	6.4 - 8.3 gm / dl
Albumin	4.28	gm / dl	3.5 - 5.2 gm / dl
Globulin	3.13	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.37		1.0- 2.3
GGT	29.7	IU/L	55 IU/L

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## T3 T4 TSH

TEST	RESULT	UNITS	NORMAL VALUES
T3 [ Tri - iodothyronine ]	88.8	ng/dl	35 to 193 ng/dl HYPOTHYROID : Less than 35 ng/dl HYPERTHYROID : Above 193 ng/dl
T4 [ Thyroxine ]	7.09	ug/dl	: 4.87 to 11.72  µg/dl HYPOTHYROID : Less than 4.87 µg/dl HYPERTHYORID : Above 11.72 µg/dl
TSH [Thyroid Stimulating Hormone]	2.27	uIU/mL	0.35 - 4.94 Hypothyroid > 15.0 Hyperthyroid : < 0.35 First Trimester : 0.1 - 2.5 Second Trimester : 0.2 - 3.0 Third Trimester : 0.3 - 3.0

METHOD: CLIA

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.
- 4.Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens,Estrogens. O C Pills,Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

----- End of Report -----

Printed By : RIYA

Checked By  
JAY

DR. BHAVINI KAMDAR  
MD (PATH) MUM



- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

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- DENTAL
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- PHYSIOTHERAPY
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- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MRS VANDANA PATIL  
**Referred By Dr** : ARCOFEMI HEALTHCARE PVT.LTD  
**Sex** : FEMALE Age : 53 Years  
**Collected At** : YOGI NAGAR MAIN BRANCH

**Lab No.** : LCA7980 \*LCA7980\*  
**Reg. Date** : 08-Mar-2024 8:40 am  
**Report Date** : 08-Mar-2024 2:31 pm  
**Print Date** : 11-Mar-2024 11:46 am

## URINE ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Quantity	15 ml
Colour	Pale yellow
Appearance	clear
Deposit	Absent
pH	Acidic (5.0)
Specific Gravity	1.010
<u>CHEMICAL EXAMINATION</u>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u>	
Red Blood Cells	Absent
Pus Cells	Occasional /hpf
Epithelial Cells	Occasional /hpf
Casts	Not seen
Crystals	Not seen /hpf
Yeast	Not seen
Bacteria	Absent

----- End of Report -----

Printed By : RIYA

Checked By  
JAY

DR. BHAVINI KAMDAR  
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TE.: 2885 7171 / 89288 41541
- DAHISAR CENTRE** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90229 58504
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2809 6556 • MOB.: 90224 80354 / 72080 02565
- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

Website : [www.healthcarediag.com](http://www.healthcarediag.com) • E-mail : [healthcare.medicals@gmail.com](mailto:healthcare.medicals@gmail.com)  
 "Home Visit Facility Call On 76667 66307"

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME	MRS VANDANA PATIL	DATE	08/03/2024
HT:	171.5CMS	WT:	76.5KGS
AGE		AGE	53 YRS
REFERRED BY	ACROFEMI HEALTHCARE	SEX	FEMALE
<b>PRESENT COMPLAINTS: NIL</b>			
<b>CURRENT MEDICATION : NIL</b>			
<b>PAST HISTORY: NIL</b>			
<b>ALLERGY: NIL</b>	<b>HABIT: NIL</b>	<b>APPETITE: GOOD</b>	
<b>SLEEP: GOOD</b>	<b>BLADDER: NAD</b>	<b>BOWEL: NIL</b>	
<b>SKIN: NORMAL</b>	<b>BUILT AND SKELETAL FRAMEWORK : NORMAL</b>		
<b>FAMILY HISTORY: FATHER : NIL MOTHER: NIL</b>			
<b>GENERAL EXAMINATION:</b>		<b>ADVICE-</b>	
PULSE: 67/min BP: 110/80 MM OF HG		<i>Medically fit</i>	
PALLOR: NIL ICTERUS: NIL			
OEDEMA: NIL		<i>Reduce sugar intake</i>	
RS: AEBE clear			
CVS: NAD		<i>Repeat HbA1c after 3 mnth.</i>	
PA: SOFT, NON TENDER			
CNS: NAD			
<b>INVESTIGATION:</b>			

**Dr. NUPUR RAI**

MBBS, DIPLOMA CARDIOLOGY (PGCC)

Reg. No.: 2018115643

**HEALTHCARE**

Medical Centre And Diagnostics  
Yogi Avenue, Yogi Nagar,  
Borivali (West), Mumbai - 400 092.  
Tel.: 25996666 / 26996535

Health Check up Booking Confirmed Request(bobE11192),Package Code-PKG10000477,  
Beneficiary Code-285856

Wellness : Mediwheel : New Delhi <wellness@mediwheel.in>

Tue 05-03-2024 16:29

To:Vandana.Patil@bankofbroda.com <Vandana.Patil@bankofbroda.com>

Cc:Customer Care :Mediwheel : New Delhi <customercare@mediwheel.in>



011-41195959

Dear **MRS. PATIL VANDANA U.**

We are pleased to confirm your health checkup booking request with the following details.

**Hospital Package Name** : Mediwheel Full Body Health Checkup Female Above 40  
**Patient Package Name** : Mediwheel Full Body Health Checkup Female Above 40  
**Name of Diagnostic/Hospital** : Healthcare Medical Centre and Diagnostic  
**Address of Diagnostic/Hospital-** : 1st Floor, Yogi Avenue, Yogi Nagar, behind Vakharia institute, Borivali (W)  
**City** : Mumbai  
**State** :  
**Pincode** : 400092  
**Appointment Date** : 08-03-2024  
**Confirmation Status** : Booking Confirmed  
**Preferred Time** : 8:00am  
**Booking Status** : Booking Confirmed

Member Information		
Booked Member Name	Age	Gender
MRS. PATIL VANDANA U	53 year	Female

Note - Please note to not pay any amount at the center.

**Instructions to undergo Health Check:**

- Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
- Bring urine sample in a container if possible (containers are available at the Health Check centre).
- Please bring all your medical prescriptions and previous health medical records with you.
- Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

05/03/2024, 17:10

Mail - Customer Care - Mediwheel : New Delhi - Outlook

**For Women:**

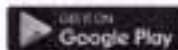
- Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
- It is advisable not to undergo any Health Check during menstrual cycle.

Request you to reach half an hour before the scheduled time.

In case of further assistance, Please reach out to Team Mediwheel.

Thanks,  
Mediwheel Team

Please Download Mediwheel App



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प्रति,

समन्वयक,  
Mediwheel (Arcofemi Healthcare Limited)  
हेल्पलाइन नंबर: 011-41195959

महोदय/ महोदया,

विषय: बैंक ऑफ़ बड़ौदा के कर्मचारियों के लिए वार्षिक स्वास्थ्य जांच।

हम आपको सूचित करना चाहते हैं कि हमारे कर्मचारी जिनका विवरण निम्नानुसार है हमारे करार के अनुसार आपके द्वारा उपलब्ध कराई गई कैशलेस वार्षिक स्वास्थ्य जांच सुविधा का लाभ लेना चाहते हैं।

	कर्मचारी विवरण
नाम	MRS. PATIL VANDANA U
क.कू.संख्या	60317
पदनाम	HEAD CASHIER "E"_II
कार्य का स्थान	VIRAR WEST
जन्म की तारीख	03-03-1971
स्वास्थ्य जांच की प्रस्तावित तारीख	08-03-2024
बुकिंग संदर्भ सं.	23M60317100093258E

यह अनुमोदन/ संस्तुति पत्र तभी वैध माना जाएगा जब इसे बैंक ऑफ़ बड़ौदा के कर्मचारी आईडी कार्ड की प्रति के साथ प्रस्तुत किया जाएगा। यह अनुमोदन पत्र दिनांक 22-02-2024 से 31-03-2024 तक मान्य है। इस पत्र के साथ किए जाने वाले चिकित्सा जांच की सूची अनुलम्बक के रूप में दी गई है। कृपया नोट करें कि उक्त स्वास्थ्य जांच हमारी टाई-अप व्यवस्था के अनुसार कैशलेस सुविधा है। हम अनुरोध करते हैं कि आप हमारे कर्मचारी के स्वास्थ्य जांच संबंधी आवश्यकताओं पर उचित कार्रवाई करें तथा इस संबंध में अपनी सर्वोच्च प्राथमिकता तथा सर्वोत्तम संसाधन उपलब्ध कराएं। उपर्युक्त सारणी में दी गई कर्मचारी कूट संख्या एवं बुकिंग संदर्भ संख्या का उल्लेख अनिवार्य रूप से इनबॉक्स में किया जाना चाहिए।

हम इस संबंध में आपके सहयोग की अपेक्षा करते हैं।

भवदीय,

हस्ता/-

(मुख्य महाप्रबंधक)

मानव संसाधन प्रबंधन विभाग

बैंक ऑफ़ बड़ौदा

(नोट: यह कंप्यूटर द्वारा जनरेट किया गया पत्र है। हस्ताक्षर की आवश्यकता नहीं है। कृपया किसी भी स्पष्टीकरण के लिए Mediwheel (Arcofemi Healthcare Limited) से संपर्क करें।)

**SUGGESTIVE LIST OF MEDICAL TESTS**

<b>FOR MALE</b>	<b>FOR FEMALE</b>
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
<b>Lipid Profile</b>	<b>Lipid Profile</b>
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
<b>Liver Profile</b>	<b>Liver Profile</b>
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
<b>Kidney Profile</b>	<b>Kidney Profile</b>
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
<b>General Tests</b>	<b>General Tests</b>
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



Chanda

today at 8:36 am



  
**भारत सरकार**  
 Government of India

डॉ. उषा पाटील  
 Vandana Uday Patil  
 जन्म तारीख/DOB: 03/03/1971  
 लिंग/ GENDER: FEMALE  
 Mobile No: 8097310305  
**3408 9146 3790**

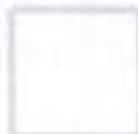


**मेरी आधार, मेरी पहचान**

  
**Dr. NUPUR RAI**  
 MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
 Reg. No.: 2018115843

*Kobh*

**HEALTHCARE**  
 Medical Centre And Diagnostics  
 Yogi Awantra, Yogi Nagar,  
 Borivli (West), Mumbai - 400 092.  
 Tel.: 28996565 / 28996535



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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

## DENTAL CHECK UP

NAME	MR VANDANA PATIL	DATE	8/03/2024		
REFERRED BY	ACROFEMI HEALTHCARE	AGE -	53YRS	SEX	FEMALE

<b>CHIEF COMPLAINT: NIL</b>
<b>PAST DENTAL HISTORY :</b> LOWER MOLAR RC DONE WITH SILVER CAP AND LT LOWER ABSENT UPPER LT PREMOLAR ABSEN
<b>HABITS : NO</b>
<b>ORAL EXAMINATION :</b> NO STAINS ON TEETH , NO ULCER , HEALTHY GUMS, NO BLEEDING
<b>TREATMENT :</b> BRUSH TWICE A DAY, RINSE MOUTH AFTER EVERY MEAL
<p><b>HEALTHCARE</b>          Medical Centre And Diagnostics          Yogi Avenue, Yogi Nagar,          Borivali (West), Mumbai - 400 092.          Tel.: 28996565 / 28996535</p>



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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

**OPHTHALMIC REPORT**

NAME <i>Vandana Patel</i>	DATE <i>8/3/24</i>
R- NO	AGE <i>53</i>
REF. BY DR. <i>Azcofermi</i>	SEX <i>Female</i>

	RIGHT EYE	LEFT EYE
V.A. WITHOUT GLASSES:	<i>6/12</i>	<i>6/12</i>
V.A. WITH GLASSES:	<i>6/6</i>	<i>6/6</i>
SLIT LAMP EXAMINATION:	_____	_____
IOP - SCHIOTZ TONOMETER:	_____	_____
FUNDUS:	_____	_____
COLOUR VISION: (ISHIHARA CHART)	<i>Normal</i>	<i>Normal</i>
OCULAR MOVEMENTS:	<i>↔</i>	<i>↔</i>
RETINOSCOPY:	_____	_____

Prescription:

	SPH	CYL	AXIS	SPH	CYL	AXIS
DISTANCE	<i>2.00</i>			<i>2.00</i>		
NEAR						

CLINICAL IMPRESSION:  
ADVICE:

DR *[Signature]*  
**HEALTHCARE**  
 Medical Centre And Diagnostics  
 Yogi Avenue, Yogi Nagar,  
 Borivali (West), Mumbai - 400 092.  
 Tel.: 28996565 / 28996535

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<b>NAME</b>	<b>MRS VANDANA PATIL</b>	<b>DATE</b>	<b>08.03.2024</b>
		<b>AGE</b>	<b>53 YRS</b>
<b>REF. BY</b>	<b>ARCOFEMI HEALTHCARE PVT.LTD-MEDIWHEEL</b>	<b>SEX</b>	<b>FEMALE</b>
<b>ULTRASOUND OF ABDOMEN &amp; PELVIS FEMALE</b>			

The real time, B mode, gray scale sonography of the abdomen was performed.

**Liver** is normal in size (14.7 cms) & Bright in echogenicity. No focal lesion seen. Intra hepatic biliary radicles are normal. No e/o IHBRD. Portal vein is normal in size, caliber with normal flow.

**Gall bladder** is well distended. No e/o calculus or sludge. Wall thickness is normal. No e/o peri-cholecystic fluid or fat stranding.

**CBD** visualized part of CBD is normal in caliber however terminal parts of CBD is obscured due to bowel gases shadowing artifact.

**Pancreas** is head and body observed normal in size & normal in echogenicity. No focal lesion seen. No e/o peri-pancreatic fluid collection or fat stranding. Rest of the pancreas is obscured due to bowel gas shadowing artifacts.

**Spleen** is normal in size (11.6 cms). No focal lesion seen. Splenic vein is normal in caliber.

**KIDNEYS:**

**Right kidney** measures 9.0 x 4.0 cms, normal in size, shape, position, axis & echogenicity.

Cortico Medullary Differentiation is well maintained. No e/o solid or cystic lesion. No calculus, hydronephrosis or hydroureter noted.

**Left kidney** measures 9.9 x 3.9 cms, normal in size, shape, position, axis & echogenicity.

Cortico Medullary Differentiation is well maintained. No e/o solid or cystic lesion. No calculus, hydronephrosis or hydroureter noted.

No **free fluid** or **significant lymphadenopathy** is detected in abdomen.

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<b>NAME</b>	<b>MRS VANDANA PATIL</b>	<b>DATE</b>	<b>08.03.2024</b>
		<b>AGE</b>	<b>53 YRS</b>
<b>REF. BY</b>	<b>ARCOFEMI HEALTHCARE PVT.LTD-MEDIWHEEL</b>	<b>SEX</b>	<b>FEMALE</b>

**PELVIS:**

**Urinary bladder** is well distended. No calculus, internal echoes or mass lesion seen.

Bladder wall is smooth and normal in thickness.

**Uterus** and ovaries are not visualized (post-operative status. )


No adnexal mass is seen.

No **free fluid** is detected in cul-de-sac of Douglas.

**IMPRESSION:**

➤ **GRADE I FATTY LIVER.**

**NOTE:** USG FINDINGS ARE TO BE CORELATED WITH CLINICAL, LABORATORY AND OTHER INVESTIGATION FINDINGS FOR FINAL DIAGNOSIS AND FOR THEIR MANAGEMENT.

  
**DR. RAUNAK SINGH**  
**[RADIOLOGIST & SONOLOGIST]**

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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MRS VANDANA PATIL  
Referred By Dr : ARCOFEMI HEALTHCARE PVT.LTD  
Sex : FEMALE Age : 53 Years  
Collected At : YOGI NAGAR MAIN BRANCH

Lab No. : LCA7980\*LCA7980\*  
Reg. Date : 08-Mar-2024 8:40 am  
Report Date: 08-Mar-2024 6:52 pm  
Print Date : 08-Mar-2024 6:52 pm

### X-RAY CHEST P. A. VIEW

The lungs on the either side show equal translucency.

The peripheral pulmonary vasculature is normal.

No focal lung lesion is seen.

The pleural spaces are normal.

Both hila are normal in size, have equal density and bear normal relationship.

The heart and trachea are central in position.

No mediastinal abnormality is visible.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

#### IMPRESSION :

**NO EVIDENCE OF PULMONARY, PLEURAL OR CARDIAC PATHOLOGY IS NOTED.**

**CLINICAL CORELATION WITH NECESSARY INVESTIGATIONS.**

**DR. SHAILESH SANGALE**  
CONS. RADIOLOGIST

**DR. SHRIKANT BODKE**  
CONS. RADIOLOGIST

**DR. NIKUNJ KOTHIA**  
CONS. RADIOLOGIST

**DR. BHAGYA SANNANANJA**  
CONS. RADIOLOGIST

- COMPUT. PATHOLOGY
- DIGITAL X-RAY
- DIGITAL SONOGRAPHY
- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY ( BMD )
- ECG ■ PFT
- COMP. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



MEDICAL CENTRE & DIAGNOSTICS

## ELECTROCARDIOGRAM (ECG)

MRS VANDANA PATIL  
ELCA7980 08-Mar-2024



ECG

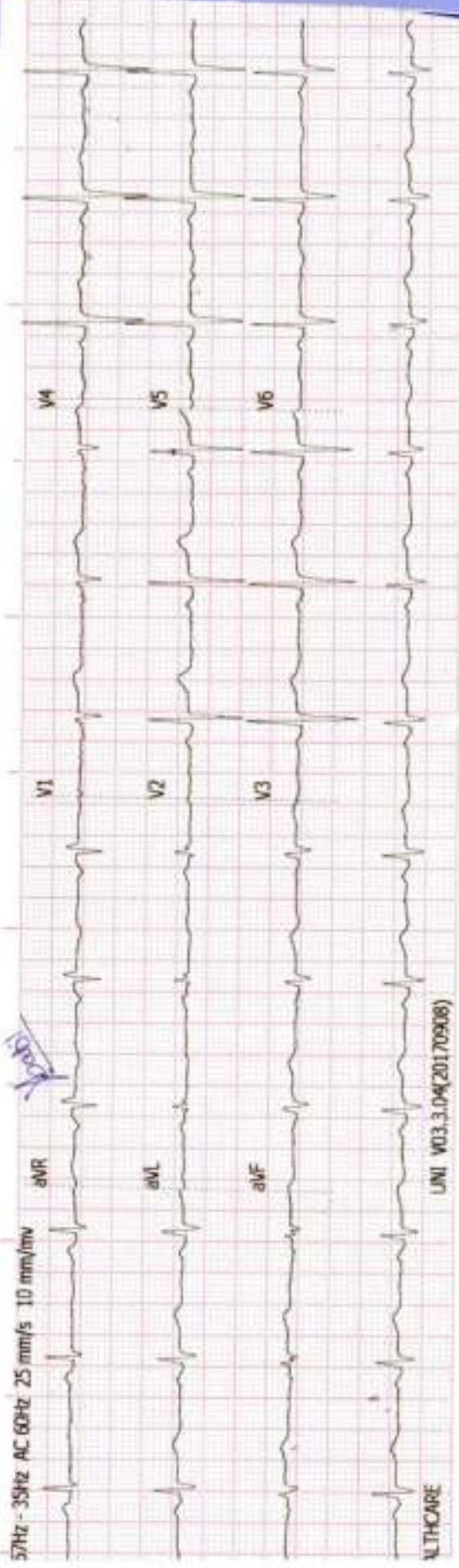
PATIENT Mrs. Vandana Patil AGE 53 SEX F  
 REF. BY DR. Arcofemi Healthcare PVT DATE 8/3/24

INTERPRETATION : \_\_\_\_\_

Dr. Dr. NUPUR RAI  
 MBBS, DIPLOMA CARDIOLOGY (FDCCG)  
 Reg. No.: 2018115643

**HEALTHCARE**

Medical Centre And Diagnostics  
 Yashwantrao Chavan Road,  
 Vile Parle (West), Mumbai - 400 052.  
 Tel.: 23540555 / 26990000



History : \_\_\_\_\_

B.P. : \_\_\_\_\_

Drugs : \_\_\_\_\_

Standard : \_\_\_\_\_

Auricular Rate : 70 bpm

Ventricular Rate : \_\_\_\_\_

Rhythm : NS

Mechanism : \_\_\_\_\_

Voltage : \_\_\_\_\_

REMARKS & CONCLUSIONS : None

Axis : \_\_\_\_\_

P. Waves : \_\_\_\_\_

PR Interval : \_\_\_\_\_

Q. Waves : \_\_\_\_\_

QRS Interval : As

ST Segment : \_\_\_\_\_

T. Waves : \_\_\_\_\_

QT Interval : \_\_\_\_\_

Extra Systoles : \_\_\_\_\_

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

DATE: / /

TO Acrolemi Healthcare

This is regarding your client Miss/Mrs/MR- Vandana Patil

Visited to our centre on 8/3/24 for her/his

proposed tests. All tests are done as scheduled except

Pending/skipped tests: Stool

Reason: Not willing

We are canceling / will reschedule it as per her/his convenience.

Thank you.

[Signature]  
Client's sign

**HEALTHCARE**  
Medical Centre And Diagnostics  
Yogi Avenue, Yogi Nagar,  
Porivall (West), Mumbai • 400 092.  
Tel.: 28996565 / 28996535

[Signature]  
**Dr. NUPUR RAI**  
Medical Examiner  
MBBS, DIPLOMA IN RADIOLOGY (PGDCC)  
Reg. No.: 2018115643



# HEALTHCARE BORIVALI

**MRS VANDANA PATIL**

ID : 874  
 DATE : 08/03/2024  
 AGE/SEX : 53 / F  
 HT/WT : 171 / 76  
 REF. BY : ARCOFEMI HEALTHCARE PVT L

**TREADMILL TEST REPORT**

PROTOCOL : Bruce  
 HISTORY : Checkup/Physical Fitness,  
 INDICATION : CARDIAC EVALUATION  
 MEDICATION : NONE

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	R.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			MET	
								I	II	III		
SUPINE					86	110 / 80	94	0	1.2	1.2		
STANDING					86	110 / 80	94	-0.1	1.4	1.5		
HYPERVENT		0:15			93	110 / 80	102	-0.1	1.2	1.3		
Stage 1	2:55	2:55	2.7	10	144	110 / 80	158	0.8	1.9	1.1		4.6
Stage 2	5:55	2:55	4	12	174	120 / 80	208	0.6	1	0.4		7.0
PK-EXERCISE	6:8	0:8	5.4	14	174	120 / 80	208	0.3	0.7	0.3		
RECOVERY	7:18	1:2			145	160 / 90	232	1.7	4	2.4		
RECOVERY	8:18	2:2			120	150 / 90	180	1.5	5.4	3.9		
RECOVERY	9:11	2:55			112	140 / 80	156	0.8	3.7	2.9		
RECOVERY	10:18	4:2			107	140 / 80	149	0.3	2.3	2		

**RESULTS**

EXERCISE DURATION : 6:8  
 MAX HEART RATE : 176 bpm 105 % of target heart rate 167 bpm  
 MAX BLOOD PRESSURE : 160 / 90 mm Hg  
 REASON OF TERMINATION : Achieved THR,  
 BP RESPONSE : Normal,  
 ARRHYTHMIA : None,  
 H.R. RESPONSE : Normal Chronotropic Response,  
**IMPRESSIONS**  
 Fair effort tolerance,  
 No angina, No arrhythmia,  
 No significant ST change noted,  
 Normal HR, Normal BP response,  
 Stress test negative for inducible ischemia.

MAX WORK LOAD : 7.23 METS

**HEALTHCARE**  
 Medical Centre And Diagnostics  
 Yogi Avenue, Yogi Nagar,  
 Borivali (West), Mumbai - 400 092.  
 Tel.: 28996565 / 28996565

**Dr. NUPUR RAI**  
 MBBS, DIPLOMA CARDIOLOGY (DCC)  
 Reg. No.: 207815643

Technician : 1





# HEALTHCARE BORIVALLI

MRS VANDANA PATIL  
I.D. 874  
Age 53/F  
Date 08/03/2024

RATE 93bpm  
B.P. 110/80

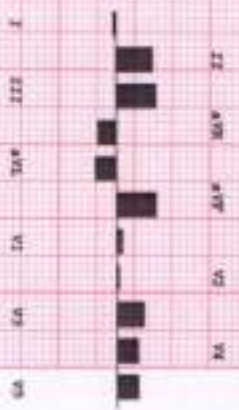
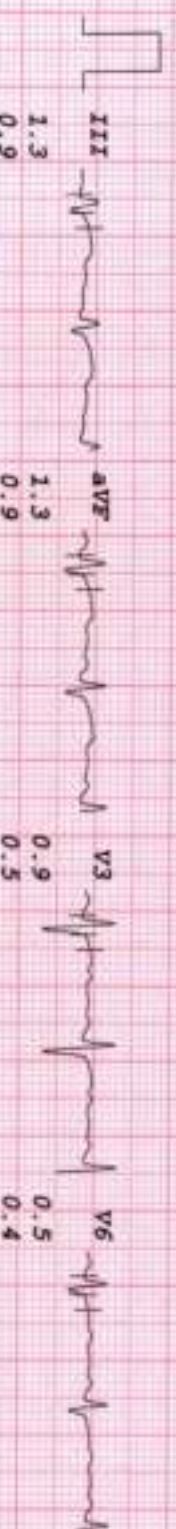
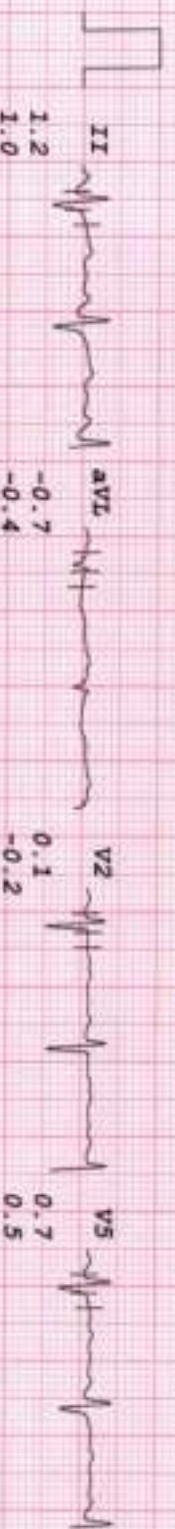
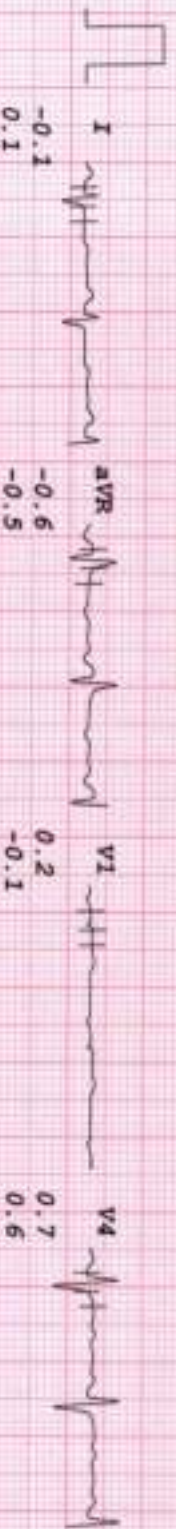
PRETEST  
HYPERVENT  
PHASE TIME 0:15

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAL

Mag. X 2

V1





# HEALTHCARE BORIVALI

**MRS VANIJANA PATIL**  
I.D. 874  
Age 53/F  
Date 08/03/2024

Rate 174bpm  
B.P. 120/80

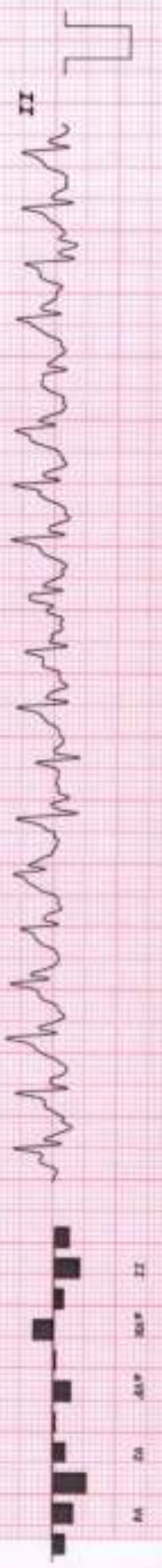
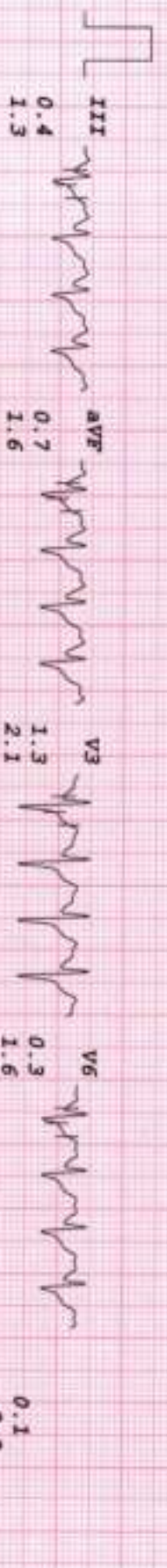
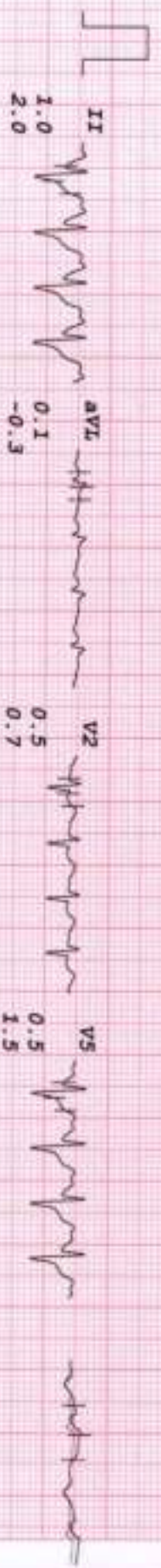
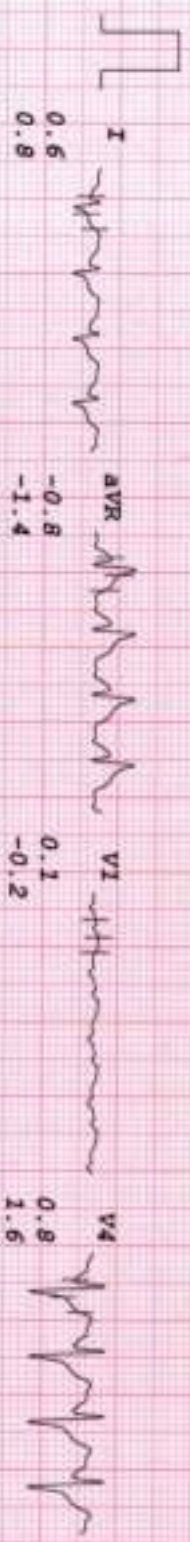
Bruce  
Stage 2  
TOTAL TIME 5:55  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ  
Speed 4 km/hr  
SLOPE 12 g

LINKED MEDIAL

Mag. X 2

V1



# HEALTHCARE BORIVALI

MRS VANDANA PATIL  
I.D. 874  
Age 53/F  
Date 08/03/2024

RATE 174bpm  
B.P. 120/80

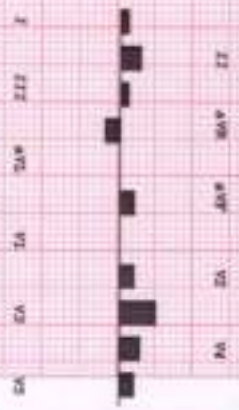
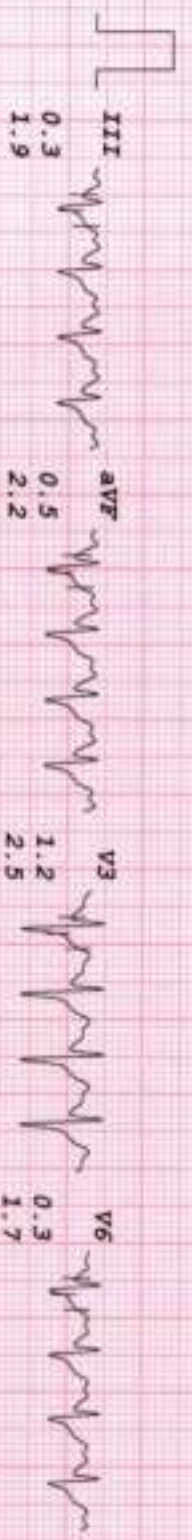
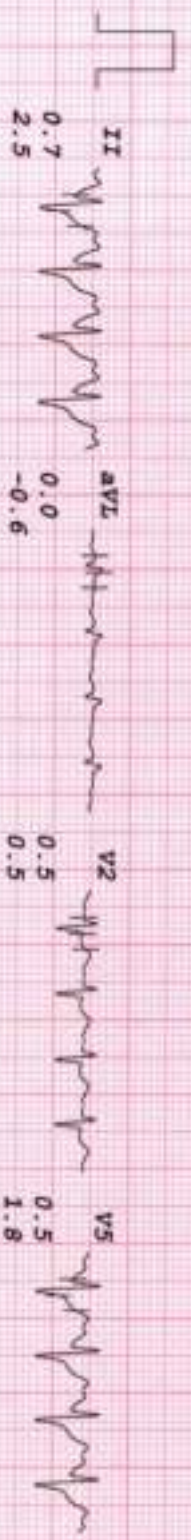
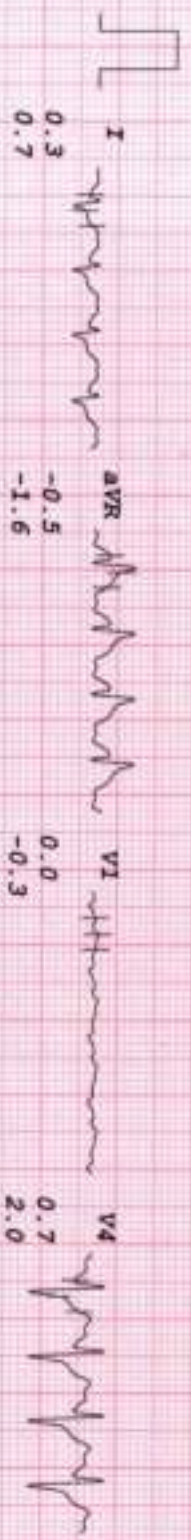
Bruce  
PR-EXERCISE  
TOTAL TIME 6:08  
PHASE TIME 0:08

ST @ 10mm/mV  
80ms PostJ  
Speed 5.4 km/hr  
SLOPE 14 °

LINKED MEDIAL

Mag. X 2

V1







# HEALTHCARE BORIVALI

MRS VANDANA PATIL  
I.D. 874  
Age 53/E  
Date 08/03/2024

Rate 120bpm  
B.P. 150/90

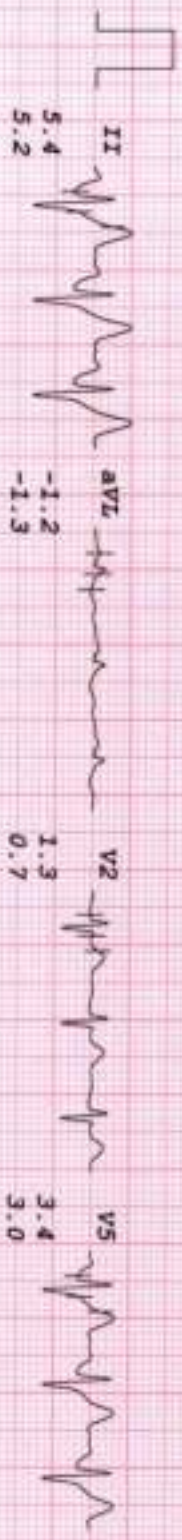
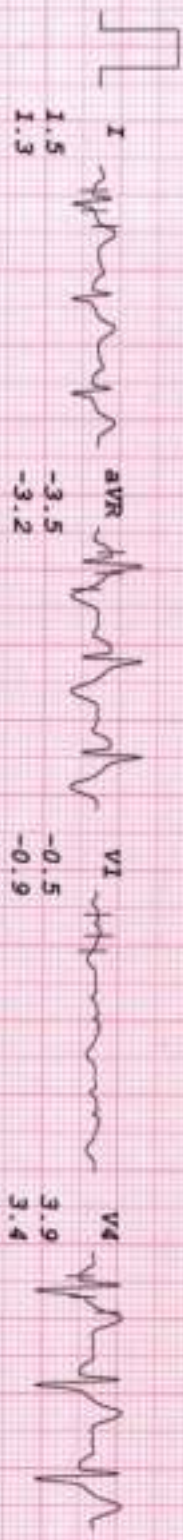
Bruce  
RECOVERY  
TOTAL TIME 8:18  
PHASE TIME 2:02

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAL

Mag. X 2

VI



# HEALTHCARE BORIVALI

MRS VANDANA PATIL  
I.D. 874  
Age 53/F  
Date 08/03/2024

RATE 112bpm  
B.P. 140/80

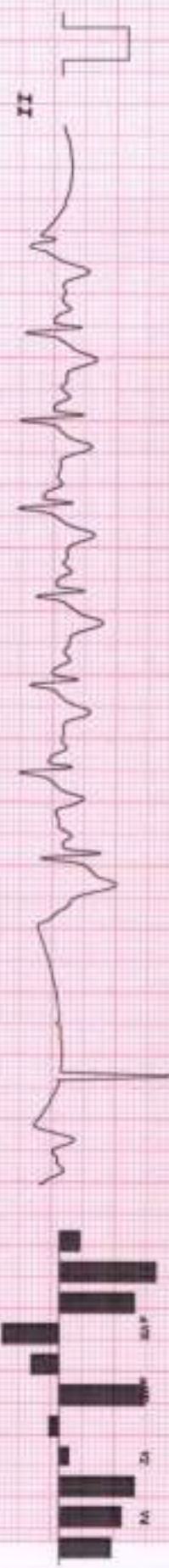
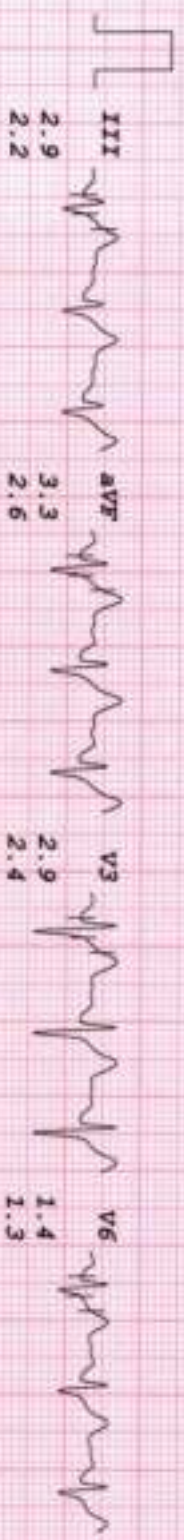
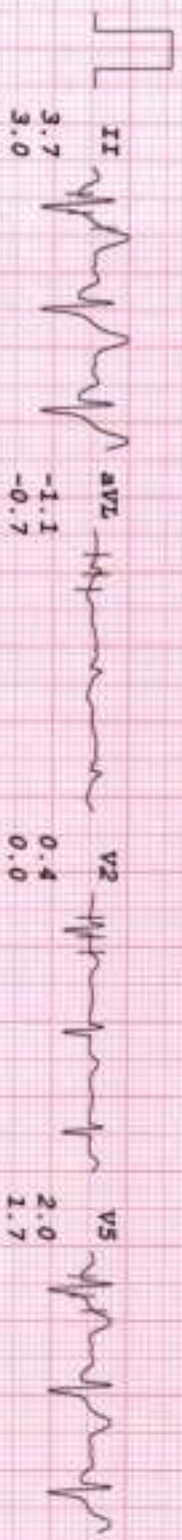
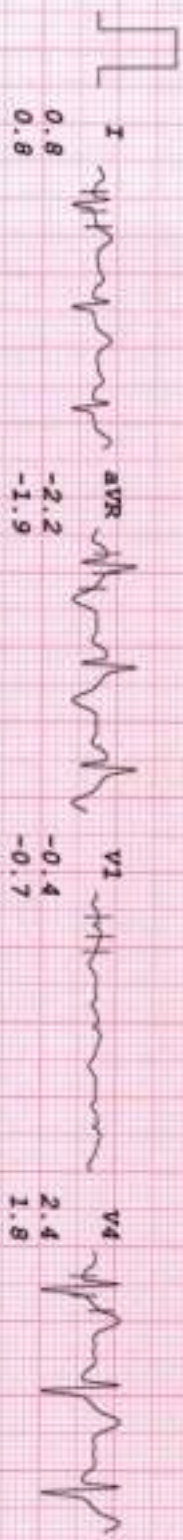
Bruce  
RECOVERY  
TOTAL TIME 9:11  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



# HEALTHCARE BORIVALI

MRS VANJANA PATIL  
I.D. 874  
Age 53/F  
Date 08/03/2024

Rate 107bpm  
R.P. 140/80

Bruce  
RECOVERY  
TOTAL TIME 10:18  
PHASE TIME 4:02

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAL

Mag. X 2

V1

