# HEALTHSPRING

# TREADMILL STRESS TEST REPORT

**DATE: 22/01/2024**

| | | | | | |
|---|---|---|---|---|---|
| **NAME**: | CHINCHU S | **AGE**:(years) | 30 | **SEX**: | F |

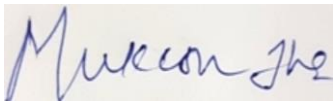
| | | | |
|---|---|---|---|
| PROTOCOL USED | **BRUCE PROTOCOL** | | |
| ANGINA SCALE (0 – None, 1 – Non-Limiting, 2 – Limiting) | 0 | MAXIMUM ST DEPRESSION (mm) | 0 |
| WORKLOAD: MAXIMUM METS ACHIEVED (METS) | 7.4 | DOUBLE PRODUCT | 22820 mm Hg/Min |
| DUKES SCORE (High Risk Score ≤ -11, Low Risk Score ≥ 5) | 6 | | |

**CONCLUSION**:

NORMAL INOTROPIC & CHRONOTROPIC RESPONSE
BASELINE ECG SHOWS NO SIGNIFICANT ST-T CHANGES
NO SYMPTOMS OR ARRHYTHMIAS WERE SEEN DURING THE EXERCISE AND RECOVERY
NO SIGNIFICANT ST-T CHANGES WERE SEEN DURING THE EXERCISE AND RECOVERY
FAIR EFFORT TOLERANCE AND FUNCTIONAL CAPACITY
**TARGET HEART RATE ACHIEVED**
THE STRESS TEST IS **NEGATIVE** FOR INDUCIBLE ISCHEMIA AT THE GIVEN WORKLOAD

**IMPRESSION:**

**THE STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA AT THE GIVEN WORKLOAD**
**ADVISED- CLINICAL CORRELATION**



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REG NO- 2010/09/2935

HEALTHSPRING
FAMILY HEALTH EXPERTS

**Patient Name**: CHINCHU S F/ 30 Yrs.

**Ref. by**: **Date**: 24/2/2024

## SONOGRAPHY OF ABDOMEN AND PELVIS

**TECHNIQUE:** Real time, B mode, gray scale sonography of the abdominal and pelvic organs was performed with convex transducer.

**LIVER:** The liver is normal in size, shape and has smooth margins. The hepatic parenchyma shows homogeneous increase in echotexture without solid or cystic mass lesion or calcification. No evidence of intrahepatic biliary radical dilatation.

**PORTAL VEIN:** It measures normal in diameter.

**GALL BLADDER:** The gall bladder is well distended. There is no evidence of calculus, wall thickening or pericholecystic collection.

**COMMON BILE DUCT:** The visualised common bile duct is normal in caliber. No evidence of calculus is seen in the common bile duct. Terminal common bile duct is obscured due to bowel gas artifacts.

**PANCREAS:** The head and body of pancreas is normal in size, shape, contours and echo texture. Rest of the pancreas is obscured due to bowel gas artifacts.

**SPLEEN:** The spleen is normal in size and shape. Its echotexture is homogeneous.

**KIDNEYS:**

| Right kidney | Left kidney |
|---|---|
| 9.6 x 3.7 cm | 9.7 x 4.5 cm |

The kidneys are normal in size and have smooth renal margins. Cortical echotexture is normal. The central echo complex does not show evidence of hydronephrosis. No evidence of hydroureter or calculi, bilaterally.

the
Plea

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**URINARY BLADDER:** The urinary bladder is well distended. It shows uniformly thin walls and sharp mucosa. No evidence of calculus is seen. No evidence of mass or diverticulum is noted.

**UTERUS, OVARIES & ADNEXAE**: The uterus is anteverted, normal in size and measures approx. 7.3 x 4.6 x 4.0 cms. Endometrial canal echocomplex is central and shows normal outline. ET is approx. 8 mm. Myometrium shows uniform homogenous echopattern. There is no focal lesion noted.

Both ovaries are bulky with features suggestive of polycystic change.

Right ovary measures approx. 4.4 x 4.0 x 2.6 cms., with a volume of approx. 24 cc.

Left ovary measures approx. 3.8 x 3.2 x 2.0 cms., with a volume of approx. 12 cc.

No solid or cystic mass lesion noted in the adnexae.

**POUCH OF DOUGLAS** : There is no fluid seen in the cul-de-sac.

There is no ascites. There is no obvious evidence of significant lymphadenopathy.

**IMPRESSION:**

- **Grade I fatty liver.**
- **Bulky ovaries with polycystic change.**

**Thanks for the reference.**

**With regards,**

**DR. Nitish Kotwal**

**CONSULTANT RADIOLOGIST**

**(MBBS, DMRD RADIOLOGY)**