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OUT PATIENT PRESCRIPTION

+ Company

LOC SV NO. : 108867	Location : Haldwani
UHID NO. : 82233	Date : 14/09/2024 10:24:59 am
Patient Name : Mrs. SEEMA KUMARI	Mobile : 9454625973
Age : 38 Years	Org. name : Hospital
Sex : Female	Consultant : DR MAANSI SETHI ARORA
Relative name : WOMR SHIV PRASAN KUMAR	Speciality : OPHTHALMOLOGIST
Address : PILIKOTI HALDWANI	Token No. : 8

SPOC 98.1

PIR 86 mtr

BP - 100/70 mmHg T(ND)

RBS - 980 mg/dL

Vn < 6/6 CI
6/6 +1

CO => watering and pain
≠ Itching (on/off)
from 3 months

-AIR < -0.25DCx40
+0.25DS / -0.75DCx160

H/O => Never used glasses
↓ DOU in way
HTN → X
DM → X

+ Refraction done < 6/6
6/6

• Using kajal

Adx N/B B/E

ly

HBA1c - 10.0

old Rungoteam Hy STD

old Rungopet STD.

→ Eye lid height

(B/E)

elo Chakout - 0 HS

रात में पलकों पर

funduscopy

X 2 weeks



OUT PATIENT PRESCRIPTION	
LOC SV NO. : 108869	Location : Haldwani
UHID NO. : 82233	Date : 14/09/2024 10:25:16 am
Patient Name : Mrs. SEEMA KUMARI	Mobile : 9454625973
Age : 38 Years	Org. name : Hospital
Sex : Female	Consultant : DR PRATIBHA GURURANI
Relative name : W/OMR SHIV PRASAN KUMAR	Speciality : ENT SURGEON
Address : PILIKOTI HALDWANI	Token No. : 6

SpO2 98.1

PR 86 ntr

BP 100/70 mmHg

ENT

BL 80m, Tri ABS, Acute otitis media

Throat pain
Recent cold & sneezing

O/E



non - ^{mm} pale. mt. Rx
O.C - TB. Ca J Hypertiff
2 crystal filler

~~Tab Augmentin 825~~

Tab Acee 500

Tab Dolan 100

Tab Pentax 400
O.C. filler

5 mg

3

OPD PRESCRIPTION

MR NO. : 1777501	Token No : 21	Location : HALDWANI
UHID NO. : 82233		Issue Date : 10:24:43 am 14/09/2024
Patient Name : Mrs. SEEMA KUMARI		Mobile No. : 9454625973
Age / Sex : 38 Years / Female		Org. Name : Hospital
Relative name : W/O MR SHIV PRASAN KUMAR		Doctor Name : DR (MAJ) SAURABH MAYANK
Address : PILKOTTI HALDWANI		Speciality : INTERNAL MEDICINE

SpO2 - 98%

PIR 86 ml/r

BP 100/70 mmHg T(N)

HbA1c → 10.2

Blood Sugar → 250y/dl

T3 → 3.53

after today → T3, T4, TSH

Low weight Loss

Anemia profile Plus

27 Vit - B12

3 Vit - D3

42. Blood Sugar fastly PO

Date 14/09/2024 12:01:41 PM
 Name Mrs. SEEMA KUMARI
 Ref. By Dr. SAURABH MAYANK

Srl No. 1030
 Age 37 Yrs.
 Sex F

UHID No. OPD-82233
 Printed on 14/09/2024 02:42 PM

Test Name	Value	Unit	Normal Value
COMPLETE HAEMOGRAM			
Erba Mannheim Elite 580			
HAEMOGLOBIN (Hb)	7.8 ↓	gm / dL	11.5 - 16.5
TOTAL LEUCOCYTE COUNT (TLC)	7,130	cells / cu mm	4000 - 11000
DIFFERENTIAL LEUCOCYTE COUNT (DLC)			
NEUTROPHIL	52	%	40 - 75
LYMPHOCYTE	35	%	20 - 40
EOSINOPHIL	06	%	01 - 06
MONOCYTE	07	%	02 - 10
BASOPHIL	00	%	0 - 0
RBC COUNT	4.32	million / cu mm	3.8 - 4.8
P.C.V / HAEMATOCRIT	23.4	%	35 - 45
M C V	54.167	fl.	80 - 100
M C H	18.056	Picogram	27.0 - 31.0
M C H C	33.33	gm / dL	32 - 36
PLATELET COUNT	2,28,000	Lakh / cu mm	150000 - 400000
ESR	12	mm / 1st hr	0 - 20
VESMATIC EASY - AUTOMATED			

**** End Of Report ****



LAB TECHNICIAN



DR. ANAMIKA YADAV
 MBBS DNB PATHOLOGY
 UK-9464

Date 14/09/2024 12:01:41 PM

Srl No. 1030

UHID No. OPD-82233

Name Mrs. SEEMA KUMARI

Age 37 Yrs.

Printed on 14/09/2024 02:42 PM

Ref. By Dr. SAURABH MAYANK

Sex F

Test Name	Value	Unit	Normal Value
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HAEMATOLOGY

Hb A1c	10.2	%	
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EXPECTED VALUES :-

Metabolically healthy patients	=	4.8 - 5.5 % HbA1c
Good Control	=	5.5 - 6.8 % HbA1c
Fair Control	=	6.8 - 8.2 % HbA1c
Poor Control	=	>8.2 % HbA1c

REMARKS:-

In vitro quantitative determination of **HbA1c** in whole blood is utilized in long term monitoring of glycemia.

The **HbA1c** level correlates with the mean glucose concentration prevailing in the course of the patient's recent history (approx - 6-8 weeks) and therefore provides much more reliable information for glycemia monitoring than do determinations of blood glucose or urinary glucose.

It is recommended that the determination of **HbA1c** be performed at intervals of 4-6 weeks during Diabetes Mellitus therapy.

Results of **HbA1c** should be assessed in conjunction with the patient's medical history, clinical examinations and other findings.

**** End Of Report ****



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Test Name	Value	Unit	Normal Value
<u>KIDNEY FUNCTION TEST (KFT)</u>			
Roche cobas c 311			
BLOOD UREA <small>Urease / GLDH</small>	15.0	mg / dL	15.0 - 40.0
SERUM CREATININE <small>Jaffe</small>	0.72	mg / dL	0.6 - 1.2
SERUM URIC ACID <small>Enzymatic</small>	3.1	mg / dL	2.4 - 6.0
SODIUM <small>ISE</small>	136.3	mmol/L	136.0 - 145.0
POTASSIUM <small>ISE</small>	3.99	mmol/L	3.5 - 5.10
CALCIUM <small>o-cresolphthaleine complexone</small>	9.9	mg / dL	8.6 - 10.0
INORGANIC PHOSPHORUS <small>molybdate UV</small>	3.7	mg / dL	2.5 - 5.0
TOTAL PROTEIN <small>Buret</small>	7.5	gm / dL	6.6 - 8.3
ALBUMIN <small>BCP</small>	4.0	gm / dL	3.5 - 5.5
TOTAL CHOLESTEROL <small>CHOD-PAP</small>	169.0	mg / dL	0.0 - 200.0

**** End Of Report ****

LAB TECHNICIAN

Anamika
DR. ANAMIKA YADAV
MBBS DNB PATHOLOGY
UK-9464



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Test Name	Value	Unit	Normal Value
LIVER FUNCTION TEST (LFT)			
Roche cobas c 311			
BILIRUBIN TOTAL DFD	0.81	mg / dL	0 - 1.2
CONJUGATED (D. Bilirubin) Jendrassik-Grof	0.34	mg / dL	0.00 - 0.30
UNCONJUGATED (I.D. Bilirubin)	0.47	mg / dL	0.00 - 0.70
TOTAL PROTEIN Buret	7.5	gm / dL	6.6 - 8.3
ALBUMIN BCP	4.0	gm / dL	3.5 - 5.5
GLOBULIN	3.5	gm / dL	2.5 - 4.0
A/G RATIO	1.143	%	0.8 - 2.0
SGOT IFCC	17.3	IU / L	5.0 - 45.0
SGPT IFCC	17.8	IU / L	5.0 - 49.0
ALKALINE PHOSPHATASE IFCC	145.0	U / L	60.0 - 170.0
GAMMA GT IFCC	19.4	IU / L	6.0 - 42.0

**** End Of Report ****

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Ref. By Dr. SAURABH MAYANK

Srl No. 1030
Age 37 Yrs.
Sex F

UHID No. OPD-82233
Printed on 14/09/2024 02:42 PM

Test Name	Value	Unit	Normal Value
LIPID PROFILE			
Roche cobas c 311			
TRIGLYCERIDES GPO-PAP	124.3	mg / dL	40.0 - 165.0
TOTAL CHOLESTEROL CHOD-PAP	169.0	mg / dL	0.0 - 200.0
HDL CHOLESTEROL DIRECT	67.3	mg / dL	40.0 - 79.4
VLDL	24.86	mg / dL	4.7 - 22.1
LDL CHOLESTEROL DIRECT	76.84	mg / dL	63.0 - 129.0
TOTAL CHOLESTEROL / HDL RATIO	2.511		0.0 - 4.97
LDL / HDL CHOLESTEROL RATIO	1.142		0.00 - 3.55

**** End Of Report ****

LAB TECHNICIAN

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Uttarakhand: Kashipur, Sitarganj Jammu & Kashmir: Srinagar

CIN: UB5190CL2011PTC391657

Contd...6



Date 14/09/2024 12:01:41 PM

Srl No. 1030

UHID No. OPD-82233

Name Mrs. SEEMA KUMARI

Age 37 Yrs.

Printed on 14/09/2024 02:42 PM

Ref. By Dr. SAURABH MAYANK

Sex F

Test Name	Value	Unit	Normal Value
THYROID PROFILE			
MINI VIDAS : BIOMERIEUX			
T3 ELFA Method	3.59	ng / mL	0.60 - 1.81
T4 ELFA Method	8.45	ug / dL	4.5 - 10.9
TSH ELFA Method	3.47	uIU / mL	0.35 - 5.50

REFERENCE RANGE

PAEDIATRIC AGE GROUP

0-3 DAYS	1.0 - 20	uIU / mL
3-30 DAYS	0.5 - 6.5	uIU / mL
1 MONTH - 5 MONTHS	0.5 - 6.0	uIU / mL
6 MONTHS - 18 YEARS	0.5 - 4.5	uIU / mL

ADULTS	0.35 - 5.50	uIU / mL
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Note: TSH levels are subject to circadian variation, rising several hours before the onset of sleep, reaching peak levels between 11 pm to 6 am. Nadir concentrations are observed during the afternoon. Diurnal variation in TSH level approximates $\pm 50\%$, hence time of the day has influence on the measured serum TSH concentration.

Assay performed on enhanced chemi luminescence system (Centaur-Siemens)

Serum T3, T4 & TSH measurements form the three components of Thyroid screening panel, useful in diagnosing various disorders of Thyroid gland function.

1. Primary hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH level.
2. Primary hyperthyroidism is accompanied by elevated serum T3 and T4 levels along with depressed TSH values.

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Contd...7



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Name Mrs. SEEMA KUMARI
Ref. By Dr. SAURABH MAYANK

Sri No. 1030
Age 37 Yrs.
Sex F

UHID No. OPD-82233
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Test Name	Value	Unit	Normal Value
3. Normal T4 levels are accompanied by increased T3 in patients with T3 thyrotoxicosis.			
4. Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels may be encountered in severe illness, renal failure and during therapy with drugs like propranolol and propyl thiouracil.			
5. Although elevated TSH levels are nearly always indicative of primary hypothyroidism, and may be seen in secondary thyrotoxicosis.			

**** End Of Report ****

LAB TECHNICIAN

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Ujala Cygnus
HEALTHCARE SERVICES

Ujala Cygnus Central Hospital Haldwani



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Age 37 Yrs.

Sex F

UHID No. OPD-82233

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Test Name	Value	Unit	Normal Value
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BIOCHEMISTRY

BLOOD SUGAR FASTING
HEXOKINASE

250.0

mg / dL

60.0 - 110.0

**** End Of Report ****

LAB TECHNICIAN

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CIN: U85190DL2011PTC291657

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Name Mrs. SEEMA KUMARI

Ref. By Dr. SAURABH MAYANK

Srl No. 1030

Age 37 Yrs.

Sex F

UHID No. OPD-82233

Printed on 14/09/2024 02:42 PM

Test Name	Value	Unit	Normal Value
<u>URINE EXAMINATION TEST</u>			
<u>PHYSICAL EXAMINATION</u>			
QUANTITY	20	mL	
COLOUR	YELLOW		
TRANSPARENCY	CLEAR		
SPECIFIC GRAVITY	Q.N.S.		
PH	6.5		Q.N.S.
<u>CHEMICAL EXAMINATION</u>			
ALBUMIN	NIL		
SUGAR	NIL		
<u>MICROSCOPIC EXAMINATION</u>			
PUS CELLS	1-2	/HPF	
RBCs	NIL	/HPF	NIL
CASTS	NIL	/HPF	NIL
CRYSTALS	NIL		NIL
EPITHELIAL CELLS	0-1	/HPF	NIL
BACTERIA	NIL		NIL
OTHERS	NIL		NIL

**** End Of Report ****

LAB TECHNICIAN



DR. ANAMIKA YADAV
 MBBS DNB PATHOLOGY





CARDIOLOGY

ECHOCARDIOGRAM REPORT

NAME: MRS. SEEMA KUMARI **AGE/SEX:** 37/F **DATE:** 14/09/2024

REFERRING DIAGNOSIS: To rule out structural heart disease

ECHOGENECITY : Normal

DIMENSIONS	NORMAL	NORMAL
AO (ed)	3.1cm (2.1 - 3.7cm)	IVSs 0.7cm (0.6 - 1.2 cm)
LA (es)	3.0cm (2.1 - 3.7 cm)	LVIDs 1.0cm (0.6 - 1.2 cm)
IVSd	1.1cm (1.5 - 3.0 cm)	LVPWd 1.8 CM (0.6 - 1.2 cm)
LVIDd	4.0cm (3.6 - 5.2 cm)	EF 60% (60% - 85%)
LVPWd	2.8cm (2.3 - 3.9 cm)	FS 18% (30% - 42%)

MORPHOLOGICAL DATA

Mitral Valve: Normal	Interatrial septum	: Intact
AML : Normal	Interventricular Septum	: Intact
PML : Normal	Pulmonary Artery	: Normal
Aortic Valve	Aorta	: Normal
: Normal	Right Atrium	: Normal
Tricuspid Valve	Left Atrium	: Normal
: Normal		
Pulmonary Valve		
: Normal		
Right Ventricle		
: Normal		
Left Ventricle		
: Normal		

---P.T.O



DEPARTMENT OF RADIOLOGY & IMAGING

PT.NAME: MRS. SEEMA KUMARI

AGE/SEX-38Y/F

UHID NO- 82233

DATE: 14/SEP/2024

REF.BY- DR. (MAJ) SAURABH MAYANK

USG WHOLE ABDOMEN

LIVER: is normal in size and measures approx 12.4 cms with increased echotexture.

PORTAL VEIN: is not dilated. Intrahepatic biliary radicals are not dilated.

GALL BLADDER: is partially distended with normal wall thickness.

CBD: is not dilated with clear lumen. No calculus is seen.

PANCREAS: Visualized part of pancreas is normal in size, shape with normal homogeneous echotexture. **MPD:** is not dilated.

SPLEEN: is normal in size (~9.5 cms) and has a normal homogeneous echotexture.

RIGHT KIDNEY: is normal in size and echotexture.

- o Cortical echogenicity is normal.
- o Cortico-medullary demarcation is maintained.
- o Parenchymal thickness appears normal.
- o Pelvicalyceal system is not dilated.

LEFT KIDNEY: is normal in size and echotexture.

- o Cortical echogenicity is normal.
- o Cortico-medullary demarcation is maintained.
- o Parenchymal thickness appears normal.
- o Pelvicalyceal system is not dilated.

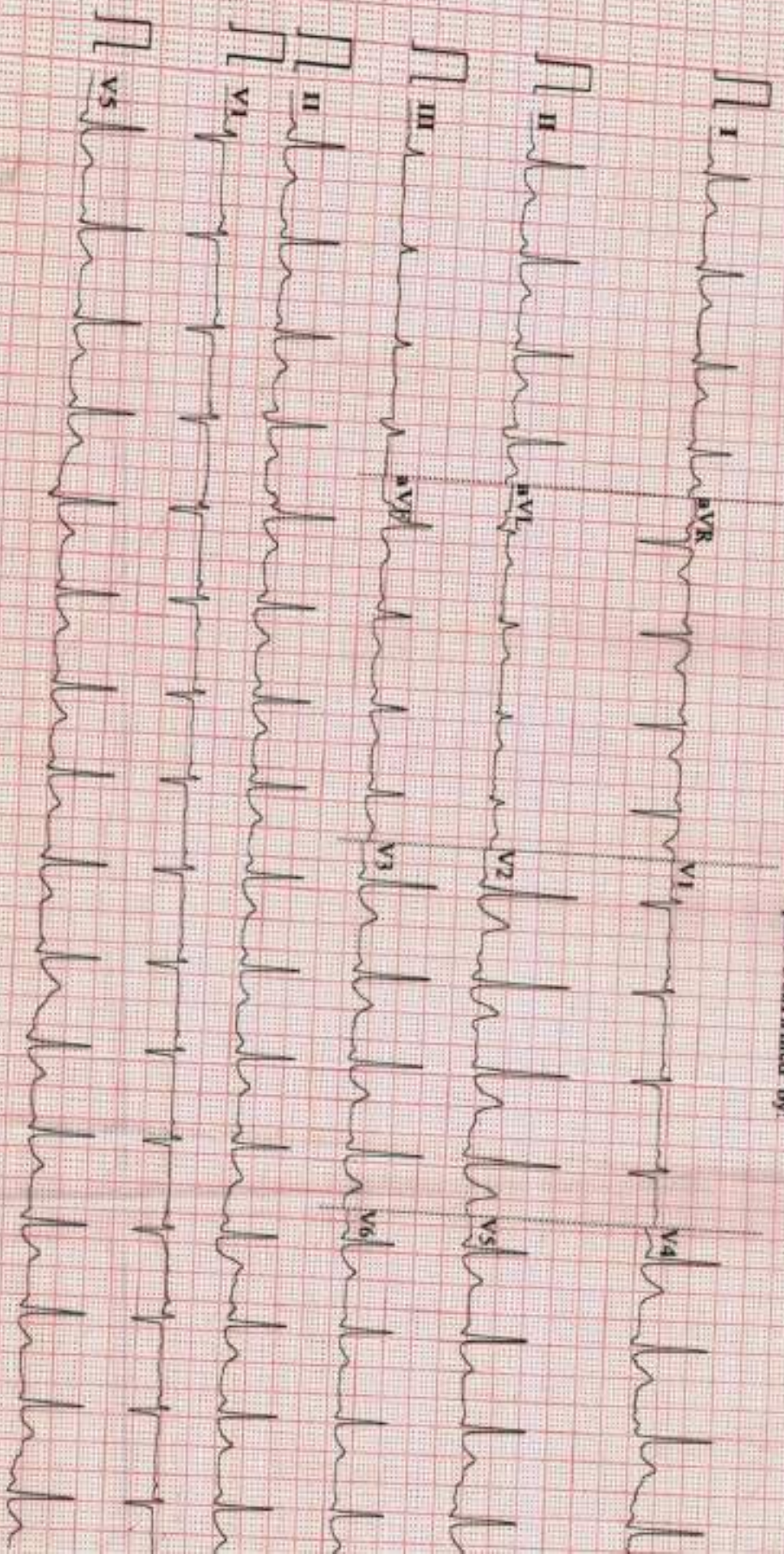
PTO

Male Years

HR : 96 bpm
P : 88 ms
PR : 104 ms
QRS : 79 ms
QT/QTc : 333/422 ms
PQRST : 48/46/29 °
RV5/SVI : 108/0.5/44 mV

Diagnose Information:
Sinus Rhythm
Short PR Interval

Report Confirmed by:



0.67-25Hz AC50 25mm/s 10mm/mV 4*2.5s+3* 96 V2.02 SEMIP V1.7 UVALACYGNICENTRAL HOSPITAL



Report

Email:

1385161804 / MRS. SEEMA KUMARI / 37 Yrs / F / 0 Cms / 0 Kg
Date: 14 / 09 / 2024 01:15:51 PM Refd By : DR YOGESH NAGENDRA Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:07	0:07	00.0	00.0	01.0	098	54 %	— / —	000	00	
Standing	00:11	0:04	00.0	00.0	01.0	098	54 %	— / —	000	00	
ExStart	00:13	0:02	01.7	10.0	01.1	102	56 %	— / —	000	00	
BRUCE Stage 1	03:13	3:00	01.7	10.0	04.7	157	86 %	130/80	204	00	
PeakEx	03:30	0:17	02.5	12.0	04.9	158	86 %	130/80	205	00	
Recovery	04:00	0:30	00.0	00.0	01.8	149	81 %	130/80	193	00	
Recovery	04:30	1:00	00.0	00.0	01.0	129	70 %	140/80	180	00	
Recovery	05:23	1:53	00.0	00.0	01.0	109	60 %	120/80	130	00	

FINDINGS :

Exercise Time : 03:17
 Initial HR (ExStrt) : 102 bpm 56% of Target 183
 Initial BP (ExStrt) : 0/0 (mm/Hg)
 Max WorkLoad Attained : 4.9 Poor response to induced stress
 Max ST Dep Lead & Avg ST Value : III & -1.0 mm in Recovery
 Duke Treadmill Score : 03.3
 Test End Reasons : Test Complete, Heart Rate Achieved

Max HR Attained 158 bpm 88% of Target 183
 Max BP Attained 140/80 (mm/Hg)

VO2Max : 17.2 ml/Kg/min (Very Poor)

REPORT :

CONCLUSIONS:

1. Stress test is negative for ischemia.
3. Blood pressure response to exercise is normal.

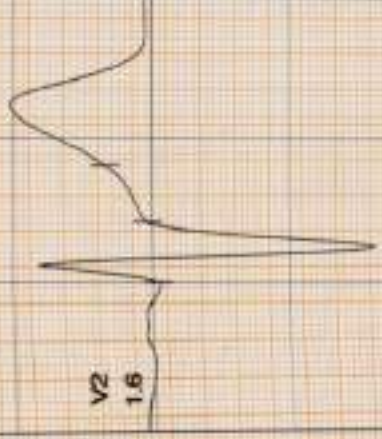
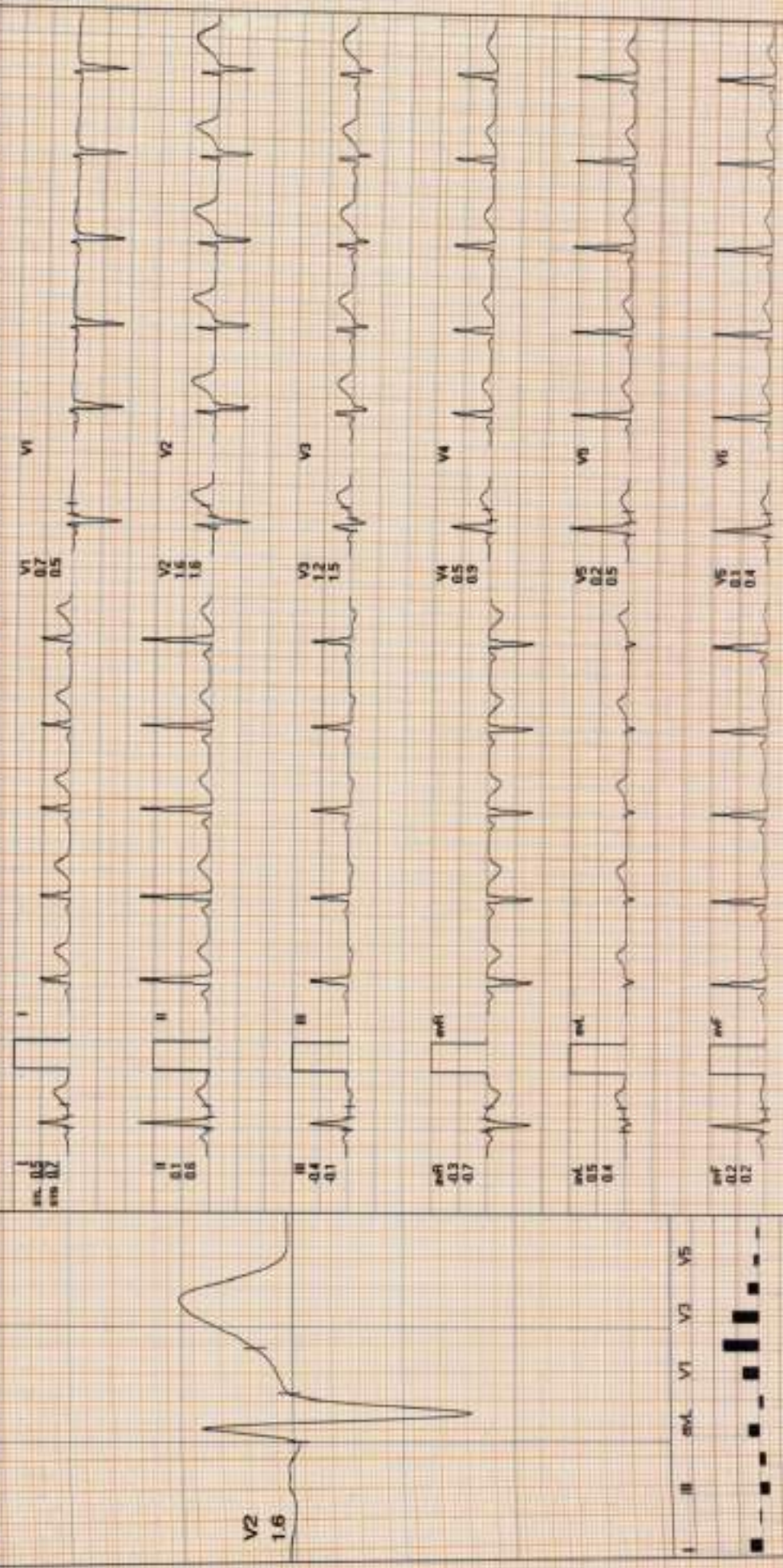
Doctor : DR YOGESH NAGENDRA



BRUCE:Supine(0:07)

1395161804 / MRS. SEEMA KUMARI / 37 Yrs / F / 0 Cms / 0 Kg / HR : 98

Date: 14/09/2024 01:15:51 PM METS: 1.0/ 98 bpm 54% of TH-R BP: 7/ - mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz ExTime 00:00 0.0 mph 0.0%
4X 80 ms Print-J 25 mm/Sec 1.0 Cm/mV



REMARKS

RECORD PRINT

(ADX_GEM21720330)(T)allengers



BRUCE: Standing(0:06)

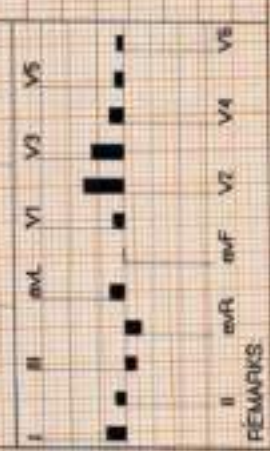
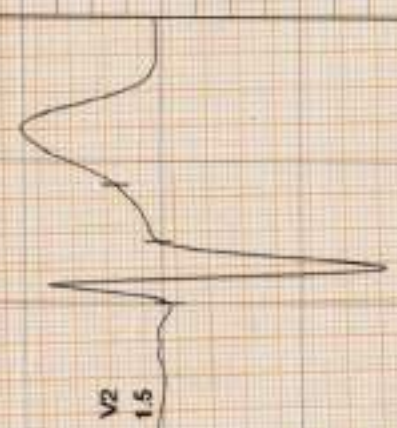
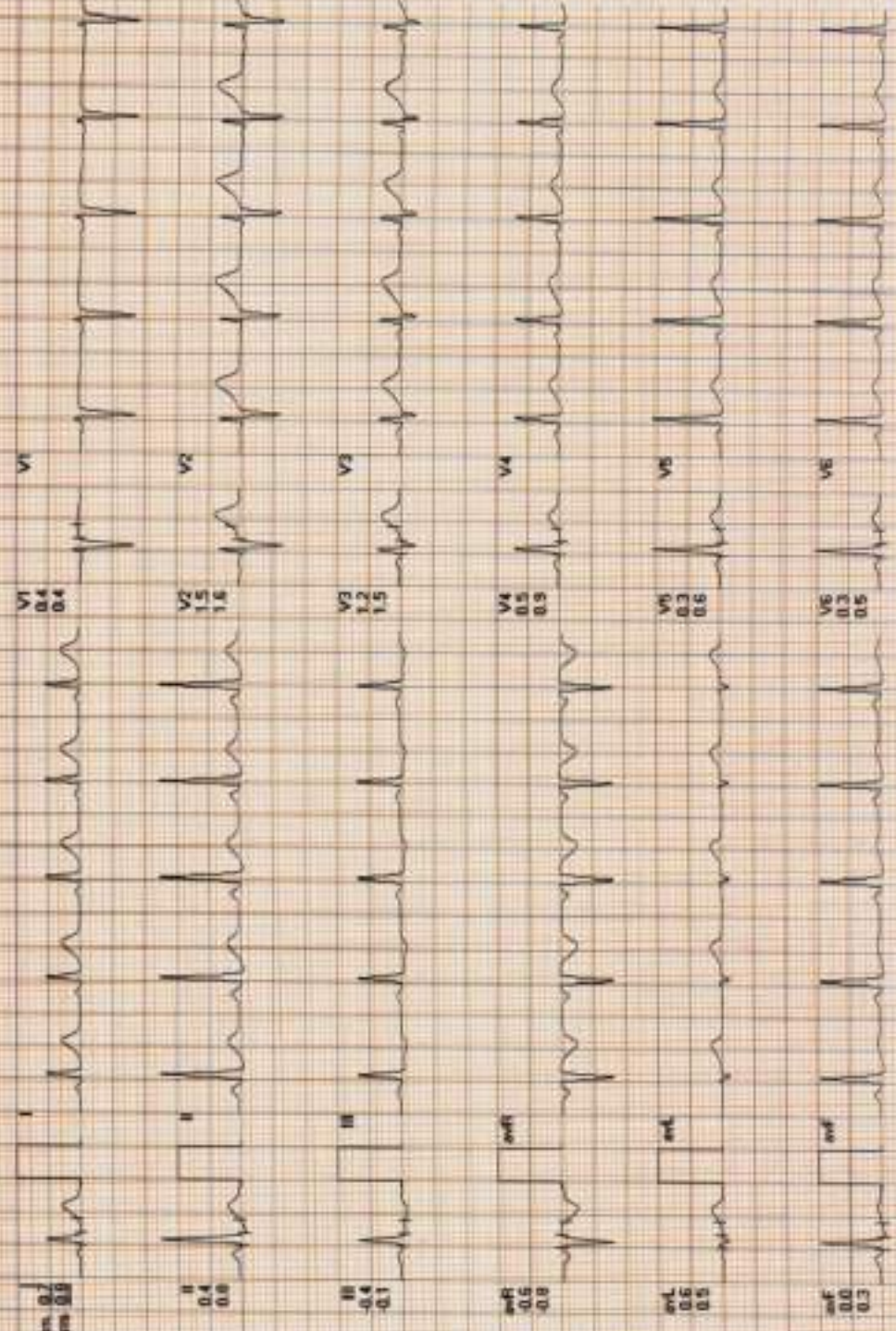
1305161804 / MRS. SEEMA KUMARI / 37 Yrs / F / 10 Cms / 0 Kg / HR : 98

Date: 14/09/2024 01:15:51 PM METS: 1.6/ 98 bpm 54% of THR BP: / / mmHg Combined Medications/ BLC On/Notch On/HR 0.05 H/L/F 35 Hr

Ex Time: 00:00 0.0 mph 0.0%

25 mm/Sec. 1.0 Cm/Div

4X 00 sec Post 7

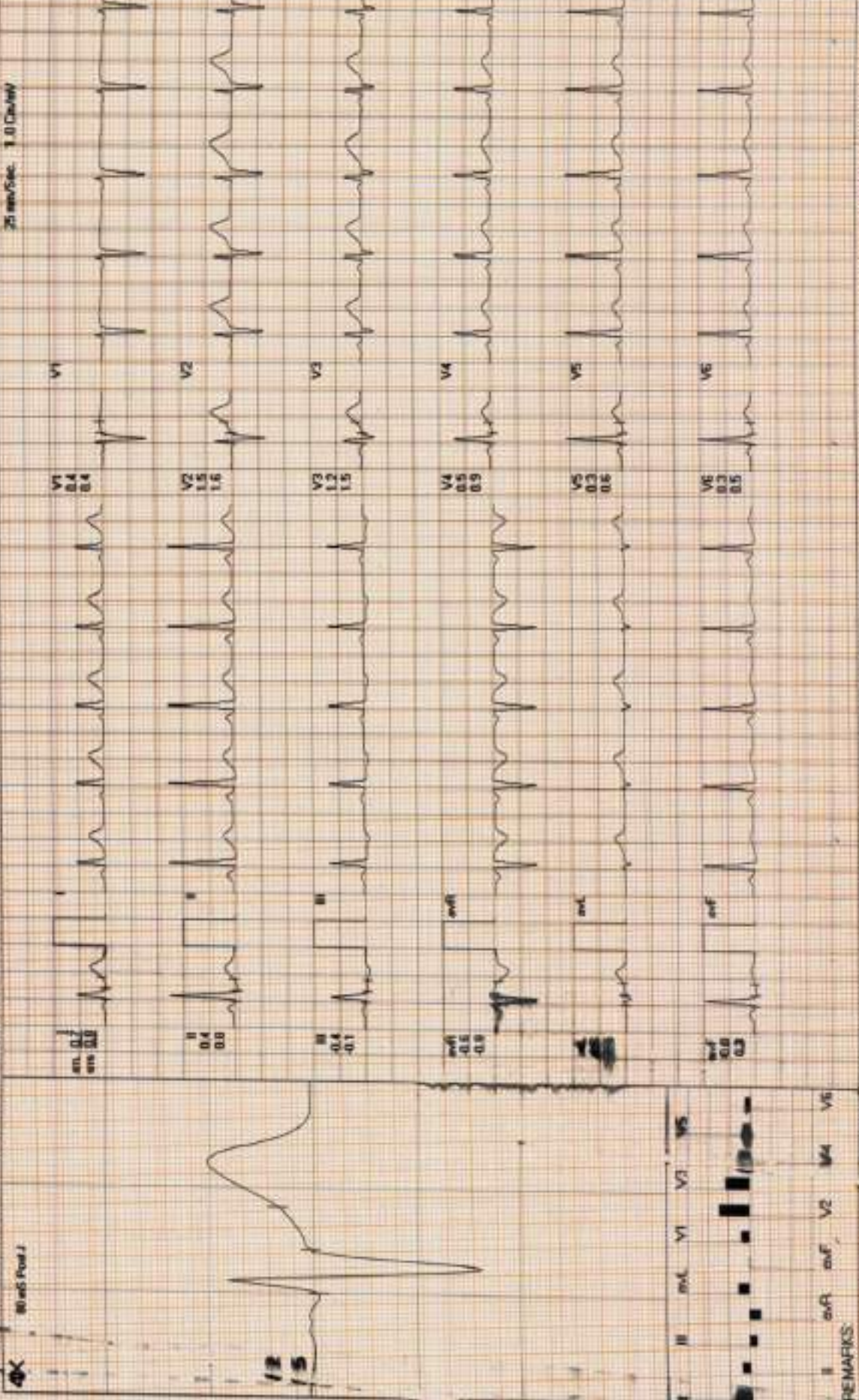




ExStart

1385168604 / MRS. SEEMA KUMARI / 37 Yrs / F / 0 Cms / 0 Kg / HR : 102

Date: 14/05/2024 01:15:51 PM METS: 1.17 102 bpm 56% of THR BP: 77/110 mmHg Combined Medians/BLC On/ HF 0.05 Hz/LF 35 Hz



ExTime: 00:00 1.7 mph 10.0%

25 mm/Sec 1.0 (cm/4)

ADX_GEM2172203301R14000000

ECG CARDIOPRINT

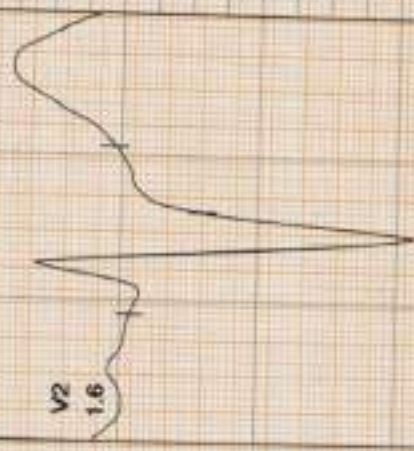
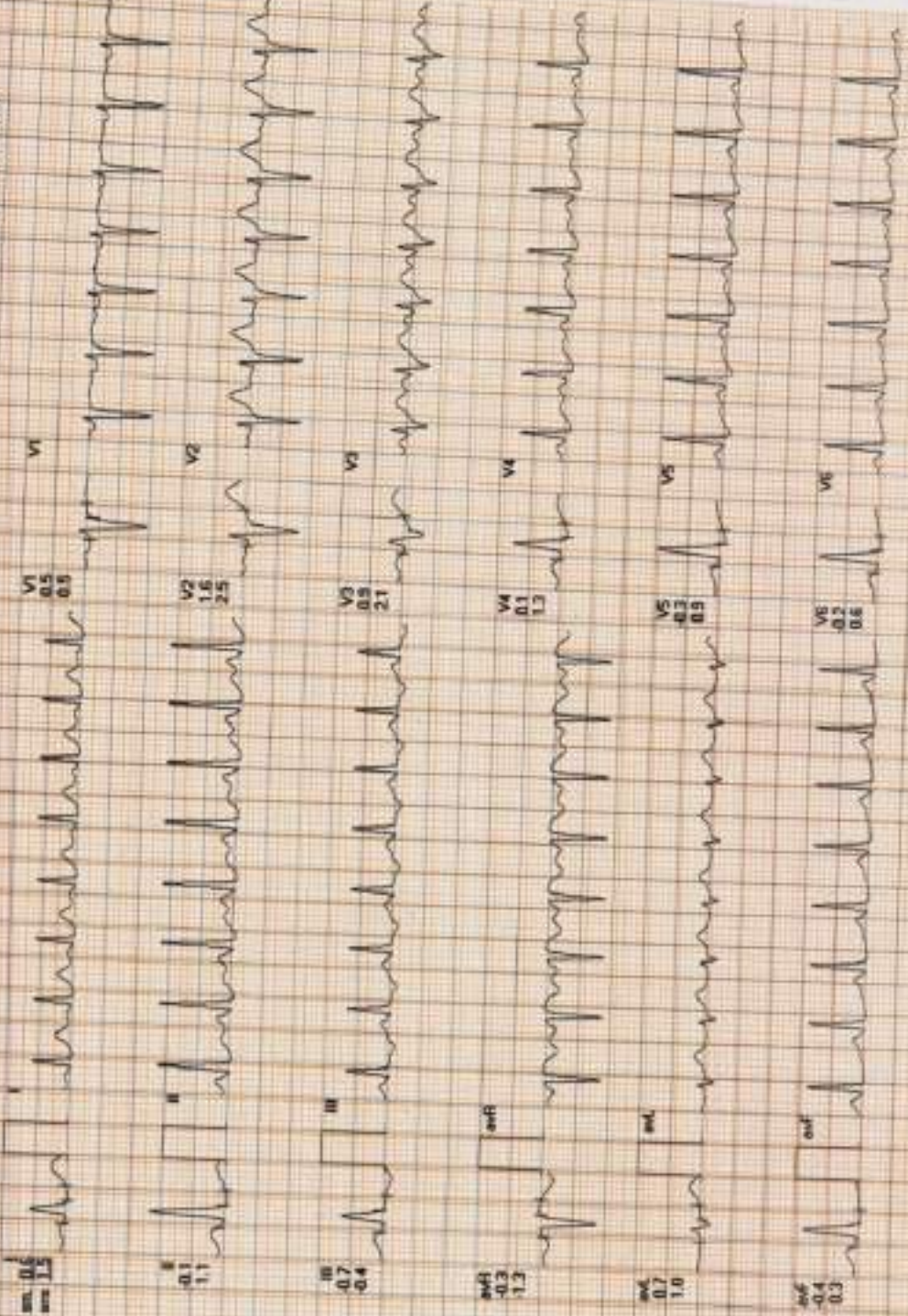


BRUCE: Stage 1 (3:00)

1385161804 / MRS. SEENA KUMARI / 37 Yrs / F / 0 Cms / 0 Kg / HR : 157

Date: 14/09/2024 01:15:51 PM METS: 4.7/157 bpm 86% of THR BP: 130/80 mmHg Combined Medicines/ BLC On/ Natch On/ HF 0.05 Hz/ LF 35 Hz
4X 60 ms Plead 2

ExTime: 03:00 1.7 mph 10.0%
25 mm/Sec 1.0 Div/Sec



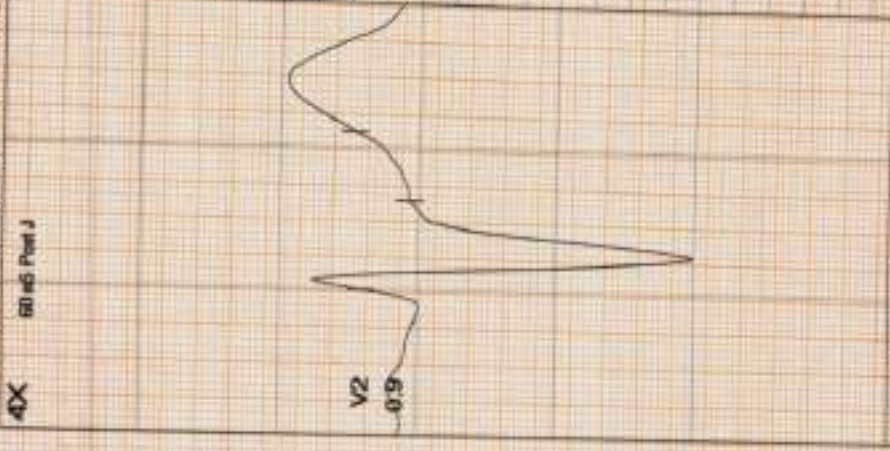
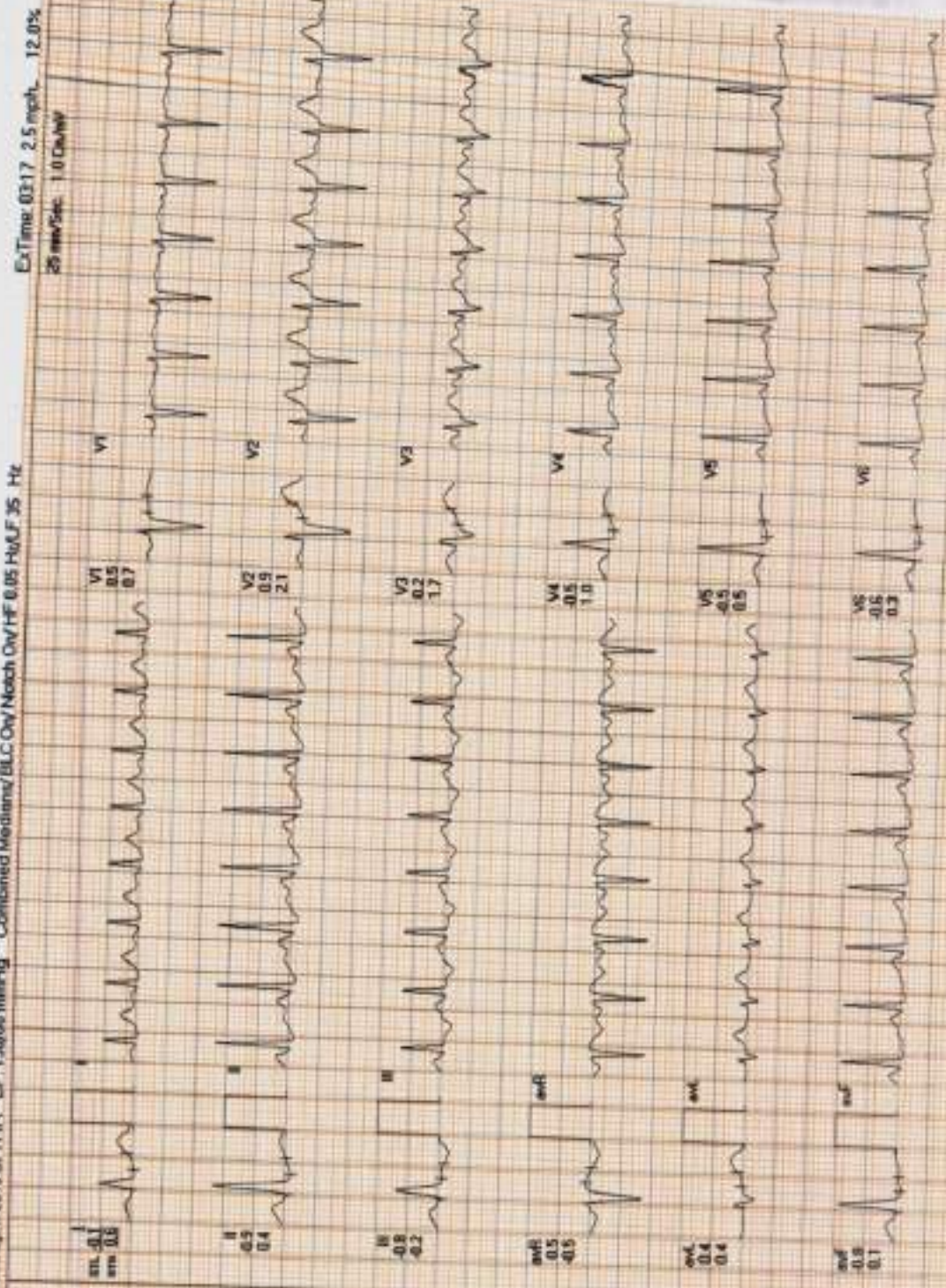


PeakEx

1385161804 / MRS. SEEMA KUMARI / 37 Yrs / F / 0 Cms / 0 Kg / HR : 158

Date: 14/09/2024 01:15:51 PM METS: 4.9/158 bpm 86% of THR EP: 130/80 mmHg Combined Medicine/ BLC On/ Natch On/ HF 0.05 Hz/ LF 35 Hz

ExTime: 03:17 2.5 mph 12.0%
25 mm/Sec 1.0 Du/AV



Lead	Q	R	S	T	U
I	■	■	■	■	■
II	■	■	■	■	■
III	■	■	■	■	■
aVR	■	■	■	■	■
aVL	■	■	■	■	■
aVF	■	■	■	■	■
V1	■	■	■	■	■
V2	■	■	■	■	■
V3	■	■	■	■	■
V4	■	■	■	■	■
V5	■	■	■	■	■
V6	■	■	■	■	■

REMARKS:

MICROPRINT

ADK_GEM31_722037070A10mgers



Recovery(0:30)

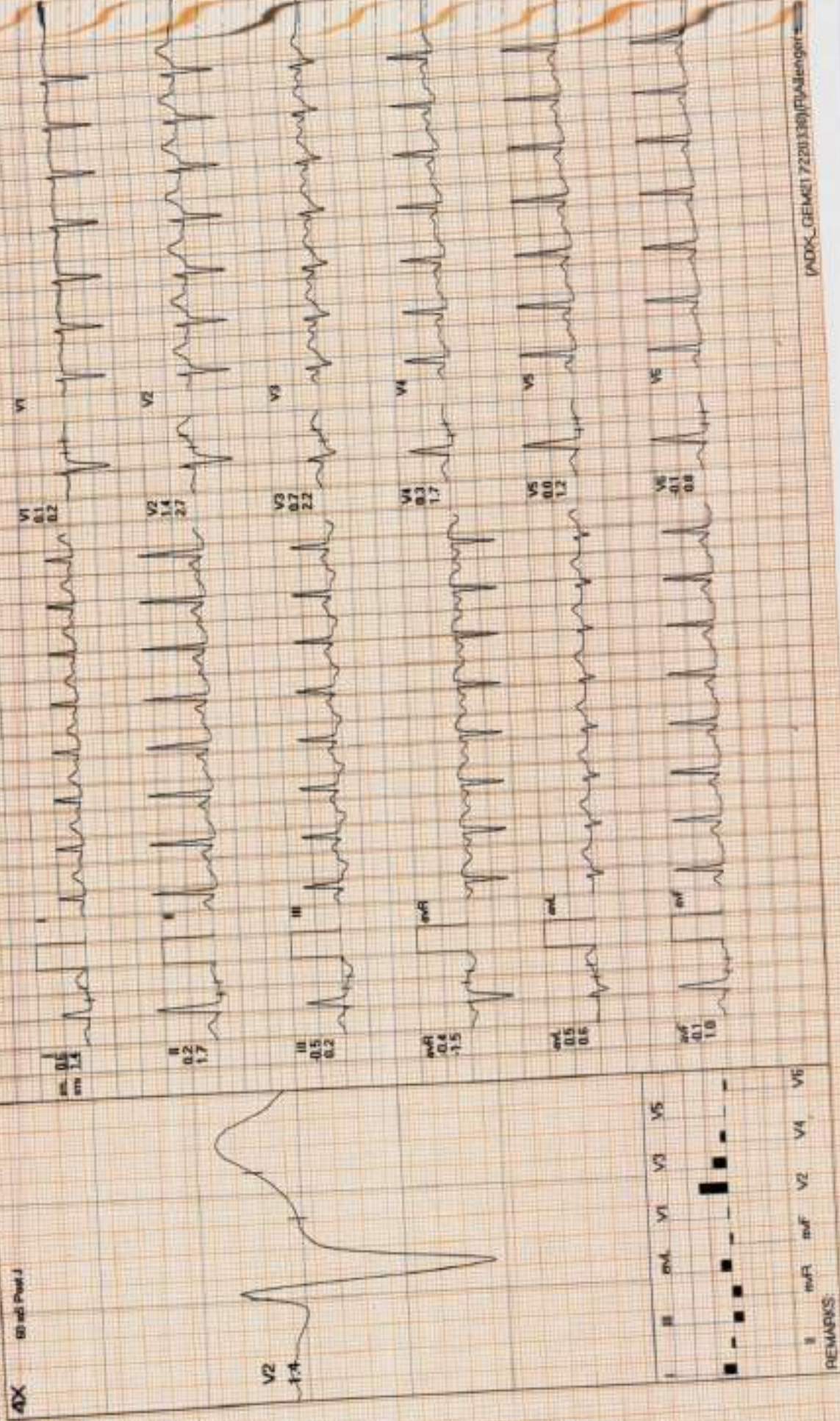
1.385 161804 / MRS. SEEMA KUMARI / 37 Yrs / F / 0 Cms / 0 Kg / HR: 149

Date: 14/09/2024 01:15:51 PM

METS: 1.0/149 bpm 81% of THR. BP: 130/80 mmHg

Combined Medfens/ BLC On/ Noch On/ HF 0.05 Hz/ LF 35 Hz

Ex Time: 03:17 0.0 mph. 0.0%



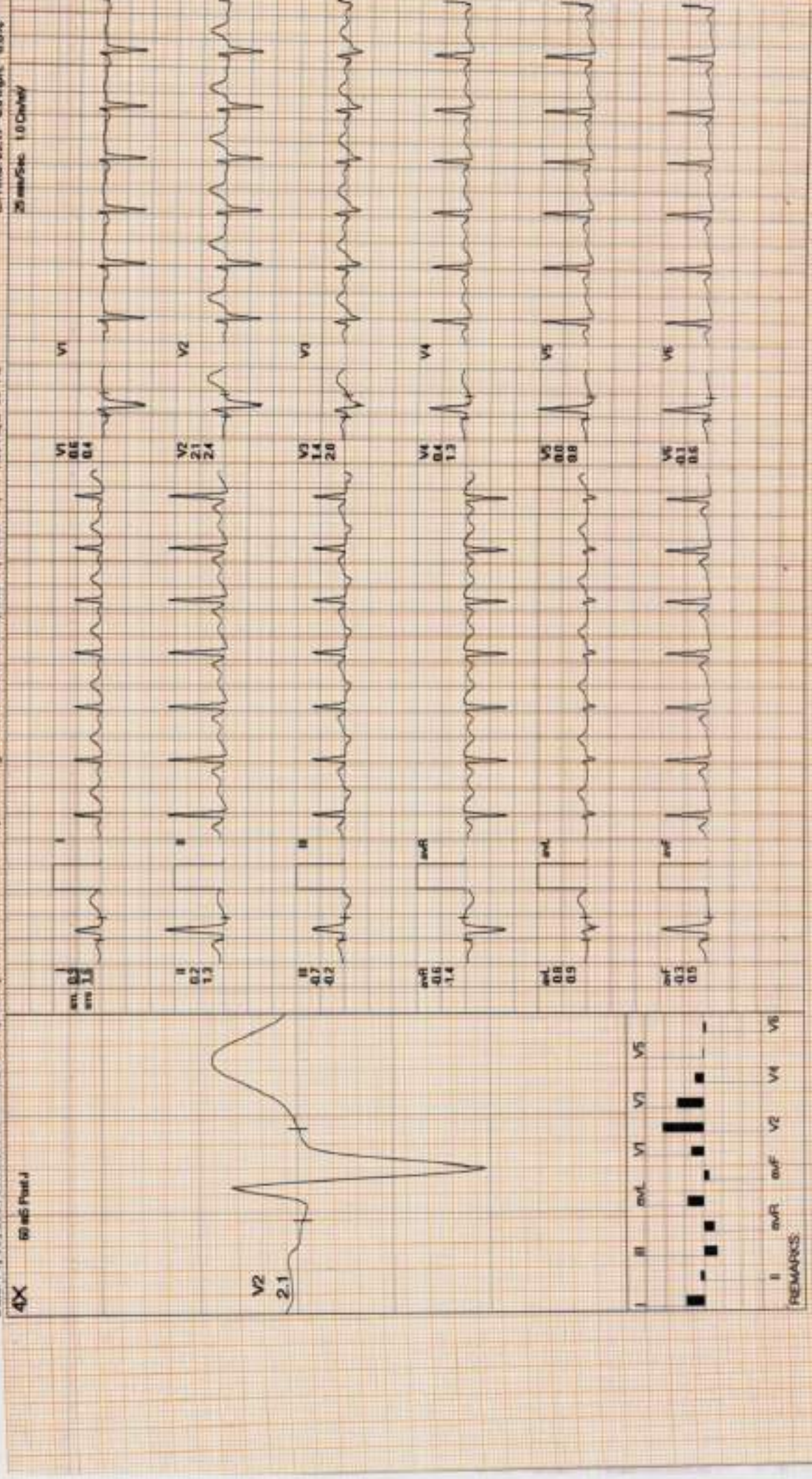
PADK_GEMKI 7201330/PPA/engsr



Recovery(1:00)

1385161804 / MRS. SEEMA KUMARI / 37 Yrs / F / 0 Cms / 0 Kg / HR : 129

Date: 14/09/2024 01:15:51 PM METS: 1.0/129 bpm 79% of THR. BP: 140/80 mmHg Combined Medication/ BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz
Ex Time: 03:17 6.0 mph 0.0%



ACX_GEM417283380(PV)Allengers

ECG CARDIOPRINT

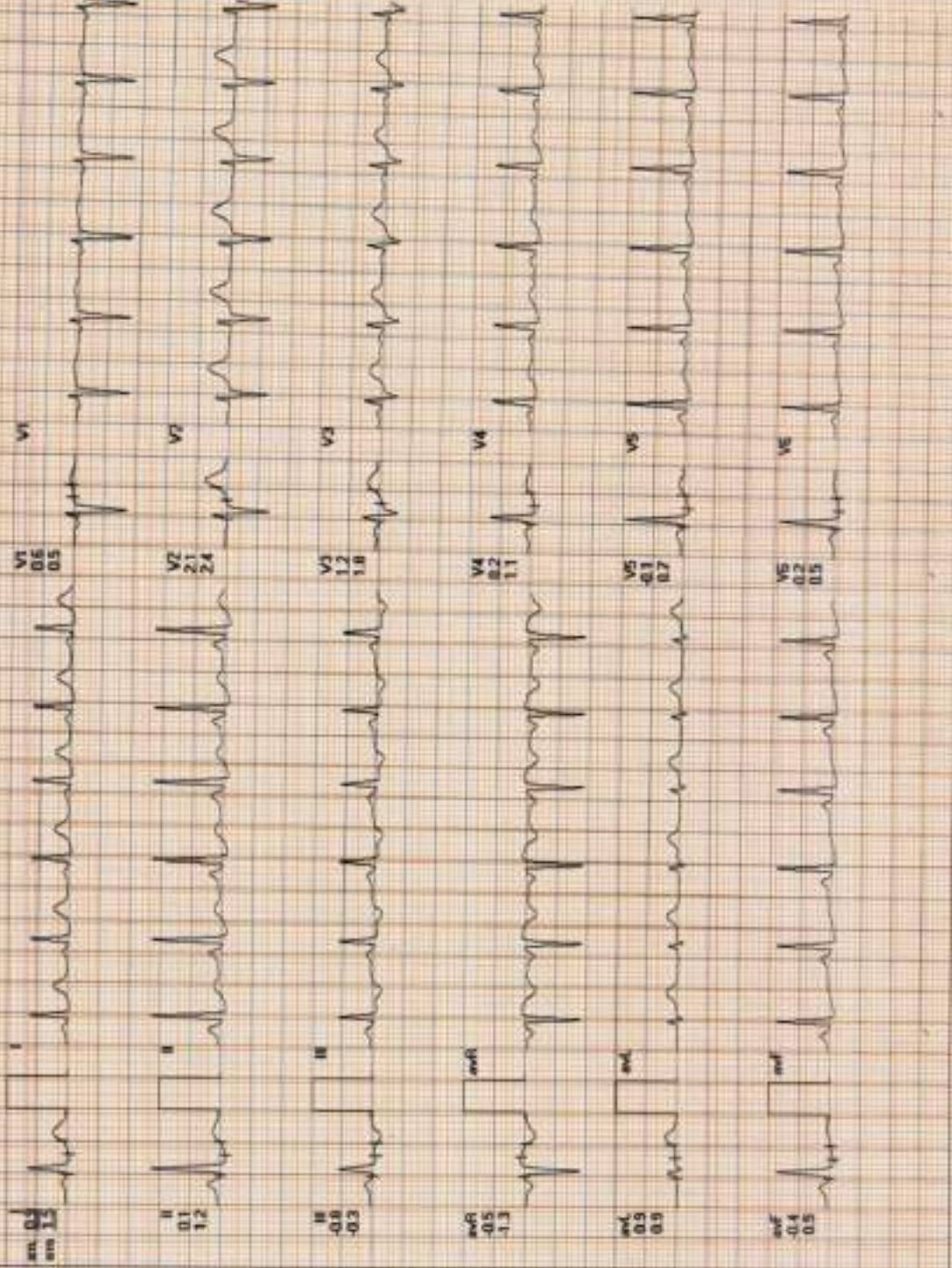
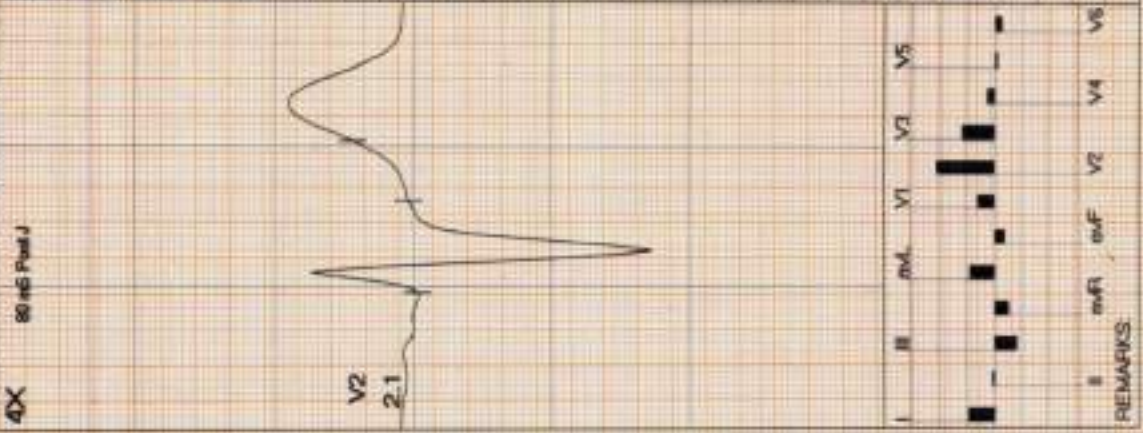


Recovery(1:53)

1385161804 / MRS. SEEMA KUMARI / 37 Yrs / F / 0 Cms / 0 Kg / HR : 109

Date: 14/09/2024 01:15:51 PM METS: 1.0/109 bpm 60% of THR BP: 120/80 mmHg Combined Medications/ ECG/Notch On/ HF 0.05 Hz/AF 35 Hz

ExTime: 03:17 0.0 mph, 0.0%
25 mm/Sec 1.0 Cm/Div



REMARKS

ECG CARDIOPRINT

ADX_GEM43722003097A100gts