

Name : Mr. SUKHESHWAR KUMAR (53 /M)

Date : 10/08/2024

Address : MEDIWHEEL NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by:

UHID : MHN1.0000160045

Package : MediWheel Full Body Health Checkup Male Above 40

AHC No : NSKAH41640



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Thyroid disorder, Heart disease, Stroke, Asthma, COPD, Cancer  
Diabetes mellitus Since - 05 YEARS.  
Hypertension Since - 05 YEARS.



## DRUG ALLERGY

NO KNOWN ALLERGY :10/08/2024



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant



## Past medical history

Do you have any allergies? - No  
Covid 19 - Yes  
- 2021



## Surgical history

Surgical history - Nil

## Immunization history

- Covid Dose1, Covid Dose2



## Personal history

Marital status - Married  
No. of children - 2  
Diet - Mixed Diet  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Active



## Family history

Brothers - 3  
Sisters - 3  
Diabetes - father, sister  
Coronary artery disease - none  
Cancer - None

## PHYSICAL EXAMINATION



### General

Height - 161  
Weight - 74  
BMI - 28.55  
Pallor - No  
Oedema - no  
Temperature - 98.2  
SpO2 - 98



## Cardiovascular system

Heart rate (Per minute) - 78  
Rhythm - Regular  
- B.P. Supine  
Systolic(mm of Hg) - 160  
Diastolic(mm of Hg) - 100  
Heart sounds - S1S2+

## Respiratory system

Breath sounds - Normal vesicular breath sounds



## Abdomen

Organomegaly - No  
Tenderness - No

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**URINE ROUTINE (CUE)**

Test Name	Result	Unit	Level	Range
Specific Gravity	1.005 *		●	1.016-1.026
Color,:	PALE YELLOW			
Transparency:	Clear			
Reaction:	Acidic			7.2-7.8
Protein :	Negative			
Sugar:	Negative			
pH	5.5		●	4.6-8
Blood:	Negative			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	00	/hpf	●	0-2
WBC/Pus Cells	1-2/hpf	/hpf		
Tc/Sqc(Transitional/Squamous epithelial cells)	0-1/hpf	/hpf		

Monocytes	04	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	03	mm/1st hr	●	0-10

**BLOOD GROUPING AND TYPING (ABO and Rh)**

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

**ALT(SGPT) - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	39	U/L	●	30-65

**ALBUMIN - SERUM**

Test Name	Result	Unit	Level	Range
ALBUMIN - SERUM	4.2	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	3.3	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.3		●	1.1-1.8

**C B C WITH ESR (AUTOMATION + STANDARD METHOD)**

Test Name	Result	Unit	Level	Range
Hemoglobin	15.2	g/dl	●	13.0-18.0
Haematocrit	45.2	%	●	39.0-54.0
RBC COUNT	5.05	Million/ul	●	4.2-6.5
MCV	89.6	fl	●	75.0-95.0
MCH	30.2	pg	●	26.0-32.0
MCHC	33.7	g/dl	●	31.0-36.0
RDW	15.7	%	●	11-16
Platelet Count(Optical/Impedance)	185	10 <sup>9</sup> /m <sup>3</sup>	●	140-440
TLC Count	8.11	10 <sup>9</sup> /m <sup>3</sup>	●	4.0-11.0
Neutrophils	50	%	●	45-75
Lymphocytes	40	%	●	20-45
Eosinophils	06	%	●	1-6

**ALKALINE PHOSPHATASE - SERUM/PLASMA**

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM/PLASMA	65	U/L	●	0-100

**AST (SGOT) - SERUM**

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	30	U/L	●	15-37

**BILIRUBIN, TOTAL - SERUM**

Test Name	Result	Unit	Level	Range
BILIRUBIN, TOTAL - SERUM	0.5	mg/dL	●	0.0-1.0

**CHOLESTEROL - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
Total Cholesterol	145	mg/dL	●	0-200
LDL[Ca]	81			

● Within Normal Range
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**CREATININE - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.8	mg/dL	●	0.8-1.3

**GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	18	U/L	●	0-50

**GLUCOSE - SERUM / PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	101 *	mg/dL	●	70-100

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	192 *	mg/dL	●	70-140

**GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	6.3 *	%	●	0.0-6.0
Mean Plasma Glucose (MPG) Estimate:	146.9800	mg/dL		

**HDL CHOLESTEROL - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	50	mg/dL	●	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	2.9		●	0.0-4.5

**LDL CHOLESTEROL - SERUM / PLASMA (DIRECT LDL)**

Test Name	Result	Unit	Level	Range
LDL Cholesterol (Direct LDL)	81	mg/dL		

**PROTEIN, TOTAL - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	7.5	g/dL	●	6.4-8.2

**TOTAL T3: TRI IODOTHYRONINE - SERUM**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	149	ng/dL	●	Healthy Adults: 69 - 215

**TOTAL T4: THYROXINE - SERUM**

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM	9.3	µg/dL	●	Healthy Adults:5.2-12.7

**TRIGLYCERIDES - SERUM**

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	70	mg/dL	●	0-150
VLDL SERUM-CALCULATED	14.0000			

**TSH: THYROID STIMULATING HORMONE - SERUM**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.69	uIU/mL	●	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75

**UREA - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
UREA - SERUM / PLASMA	19	mg/dL	●	19-44
UREA NITROGEN SERUM/PLASMA: (Calculated)	8.88	mg/dL	●	8.87-20.5

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.7	mg/dL	●	3.5-7.2

**BILIRUBIN CONJUGATED (DIRECT) - SERUM**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.3

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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BILIRUBIN 0.3 mg/dL ● 0.0-0.7  
UNCONJUGATED -  
SERUM(Calculated)

#### ULTRASOUND - WHOLE ABDOMEN

No significant abnormality is detected.

#### X-RAY CHEST PA

No significant abnormality is detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT  
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

#### Biochemistry

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL)

#### Haematology

STOOL ROUTINE

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

### RISK STATUS

Low Risk

### YOUR SCORE

7

### ACCEPTABLE SCORE

7

### Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

### DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**