

MER- MEDICAL EXAMINATION REPORT

Date of Examination	23/12/23		
NAME	PAWAN YADAV		
AGE	40	Gender	M
HEIGHT(cm)	167	WEIGHT (kg)	72 BMB-25.8
B.P.	126/86		
ECG	normal		
X Ray	normal		
Vision Checkup	-		
Present Ailments	None		
Details of Past ailments (If Any)	No		
Comments / Advice : She /He is Physically Fit	Medicines Fit		

S. Rastogi

Signature with Stamp of Medical Examiner

Dr. **Smriti Rastogi**
MBBS, DCP
Reg. No. 37370.



Dear sir

You have been informed that ent ophthal ,diet consultation facility is not available at our centre.

If you are ready then your test can be start.

2D echo test facility is not available at our centre instead we do TMT test .

Sanjay



भारत सरकार



पंकज यादव
Pankaj Yadav
जन्म तारीख / DOB : 27/02/1984
पुलिसी / MALE




5833 1117 2479

आधार - सामान्य माणसाचा अधिकार

Pankaj Yadav


भारत सरकार

सर्वोच्च न्यायालय

पुणे

सर्वोच्च न्यायालय, पुणे
दरवाजा नं. १, अहमदनगर, अहमदनगर,
पुणे जिल्हा, ४३१०१६

Address:
S/O Ramesh Chandra Yadav,
85/161-a, Karami lake chahal dar
park, Lucknow, Lucknow, Uttar
Pradesh, 226018



1800 300 1947

1800 300 1947

1800 300 1947

1800 300 1947



CLINIC :

1/4A, Vineet Khand, (Opp Jaipuria Management)
Gomti Nagar, Lucknow - 226 010
Ph : 0522-4008184, 4308184 • 8112323230
Mob : 7618884441, 9450389932, 8177063877

Date	: 23-Dec-2023		
Name	: Mr. PANKAJ YADAV	Age	: 40 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

Haemoglobin	14.3	gm%	14 - 17
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Total Leucocyte Count	7500	Cells/cumm.	4000-11000
-----------------------	------	-------------	------------

Differential Leucocyte Count			
Polymorphs	64	%	45 - 70
Lymphocytes	28	%	20 - 45
Eosinophils	04	%	0 - 6
Monocytes	04	%	0 - 8
Basophils	00	%	0 - 1

Erythrocyte Sedimentation Rate (Wintrobe)			
ESR	06	mm in 1st Hr.	0 - 9
PCV	44.7	cc%	40 - 52
Corrected ESR	02	mm in 1st Hr.	0 - 9

Platelet Count	1.93	lakh/cumm.	1.5 - 4.0
----------------	------	------------	-----------

Red Cells Count	5.19	million/cmm	3.90 to 5.80
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Absolute values			
MCV	86.2	fL	77 - 97
MCH	27.6	pg	27 - 31
MCHC	32.0	gm /dl	31 - 34

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

Dr. Smita Rastogi
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

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Report needs clinicopathological correlation ♦ Not for Medico Legal Purpose

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MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



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Date	: 23-Dec-2023	Age	: 40 Yrs.
Name	: Mr. PANKAJ YADAV	Sex	: Male
Ref.By	: APOLLO HEALTH		

General Blood Picture

RBCs	RBCs are Normocytic & Normochromic. No Normoblasts are seen.
WBCs	TLC is within normal range. DLC shows normal counts. No immature cells of WBC seen.
PLATELETS	Platelets are adequate in number and morphology.
OTHERS	No haemoparasites are seen.
IMPRESSION	Normal GBP

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Date	: 23-Dec-2023			
Name	: Mr. PANKAJ YADAV		Age	: 40 Yrs.
Ref.By	: APOLLO HEALTH		Sex	: Male
Blood Group & Rh	"B" Positive			
Urine Sugar (Fasting)	Present +			
Urine Sugar (PP)	Present ++++			
Serum Gamma G.T.	40	IU/L	11 - 50	
Plasma Glucose - F GOD-POD Method	217	mg/dl	70 - 110	
Plasma Glucose - PP GOD POD Method	286	mg/dl	110 - 170	
LFT T&D				
Total Bilirubin	0.56	mg%	0.2 - 1.0	
Direct Bilirubin	0.25	mg%	0.0 to 0.40	
Indirect Bilirubin	0.31	mg%	0.10 to 0.90	
S.G.P.T	91	IU/L	5 - 40	
S.G.O.T	86	IU/L	5 - 50	
ALP	76	IU/L	40 to 129	
KFT				
UREA	20.2	mg %	15 - 50	
CREATININE	0.76	mg %	0.5 - 1.5	
URIC ACID	5.0	mg %	2 - 7	
CALCIUM	9.0	mg %	8.8 - 10.0	

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Date	: 23-Dec-2023	Age	: 40 Yrs.
Name	: Mr. PANKAJ YADAV	Sex	: Male
Ref.By	: APOLLO HEALTH		

LIPID PROFILE

Triglycerids	99	mg%	70 - 190
S. Cholestrol S.	152	mg%	130 - 230
S. HDL Cholestrol	48.5	mg%	35 - 75
S. LDL Cholestrol	83.7	mg%	75 - 150
VLDL	19.8	mg%	0 - 34
Chol / HDL factor	3.13		
LDL / HDL Factor	1.73		

COMMENTS

- * Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
- * LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lower LDL and raise HDL. Raised chol. in females is mostly due to disturbed thyroid function.
- * Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

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Date	: 23-Dec-2023	Age	: 40 Yrs.
Name	: Mr. PANKAJ YADAV	Sex	: Male
Ref.By	: APOLLO HEALTH		

Urine Examination

PHYSICAL		
Colour	Straw	
Turbidity	Nil	
Deposit	Nil	
Reaction	Acidic	
*Specific Gravity	1.030	
CHEMICAL		
Protein	Nil	
Sugar	Present (+)	
*Bile Salts	Nil	
*Bile Pigments	Nil	
Phosphate	Nil	
MICROSCOPIC		
Pus Cells	Nil	/hpf
Epithelial Cells	0-2	/hpf
Red Blood Cells	Nil	/hpf
Casts	Nil	
Crystals	Nil	
Others	Nil	

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Date	: 23-Dec-2023	Age	: 40 Yrs.
Name	: Mr. PANKAJ YADAV	Sex	: Male
Ref.By	: APOLLO HEALTH		

THYROID TEST

Tri-iodothyronine (T3)	1.20	nmol/L	0.50 to 2.50
Thyroxine (T4)	6.89	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	6.16	mIU/ ml	0.3 to 6.0

COMMENTS

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels maybe encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.



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Date : 23-Dec-2023	Age : 40 Yrs.
Name : Mr. PANKAJ YADAV	Sex : Male
Ref.By : APOLLO HEALTH	

Glycosylated Haemoglobin	Glycosylated Haemoglobin	
8.50	%	4.5 TO 6.0
<p>=====</p> <p>INTERPRETATION AND COMMENTS</p> <p>=====</p>		
NON DIABETIC :	4.5 to 6.0 %	
GOOD CONTROL:	6.0 to 7.0	
FAIR CONTROLLED	7.0 AND 8.0	
UNCONTROLLED	8.0 AND ABOVE	

Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.

Dr. Sanjay Rastogi
Page 51 End of Report
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Mob.: 7618884441, 9450389932, 8177063977



TEST REQUEST ID :012312230011	SAMPLE DATE	:23/Dec/2023 08:49AM
NAME :Mr. PANKAJ YADAV	SAMPLE REC. DATE	:23/Dec/2023 08:49AM
AGE/SEX :39 YRS/MALE	REPORTED DATE	:23/Dec/2023 01:01PM
REFERRED BY :Apollo Health and Lifestyle Limited,	BARCODE NO	:01230011

USG WHOLE ABDOMEN-MALE

Liver: is enlarged in size (160 mm). Parenchymal echogenicity is increased. No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

Gall Bladder: is well distended. Lumen is anechoic. Wall is of normal thickness.

CBD: is normal in diameter. Portal vein is normal in diameter.

Pancreas: is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

Spleen: is normal in size (100 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

Both Kidneys: are normal in size (RK- 98 x 44 mm & LK -103 x 53 mm), shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst or calculi is seen. Pelvicalyceal systems are not dilated. Ureters are not dilated.

Urinary bladder: is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.

Prostate: is normal in size (32 x 29 x 28 mms, wt = 13.7 gms), shape and echotexture. No focal echovariant lesion is seen. Prostatic capsule appears to be intact. Median lobe is not projecting in UB lumen. Both seminal vesicles appear normal.

Both iliac fossae are clear. No obvious bowel pathology is noted.

There is no free fluid in peritoneal cavity.

OPINION: HEPATOMEGALY WITH GRADE-III FATTY LIVER

*** End Of Report ***

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)


DR. PANKAJ UPADHYAYA
Consultant Radiologist

Dr. Smita Rastogi
M.B.B.S., DCP

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Mob.: 7618884441, 9450389932, 8177063877



TEST REQUEST ID :012312230011	SAMPLE DATE	:23/Dec/2023 08:49AM
NAME :Mr. PANKAJ YADAV	SAMPLE REC. DATE	:23/Dec/2023 08:49AM
AGE/SEX :39 YRS/MALE	REPORTED DATE	:23/Dec/2023 12:34PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01230011

XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

OPINION: NORMAL STUDY.

Please correlate clinically.

*** End Of Report ***

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)



DR. PANKAJ UPADHYAYA

Dr. Smita Rastogi
M.B.B.S., DCP

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Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877

Patient name: Mr Pankaj Yadav
Ref By: Apollo Health

Age/Sex 40/M
23/12/2023

E.C.G. REPORT

1. Rhythm	:	Sinus, Regular
2. Atrial Rate	:	96/mt
3. Ventricular Rate	:	96/mt
4. P – Wave	:	Normal
5. P R Interval	:	Normal
6. Q R S	:	
Axis	:	Normal
R/S Ratio	:	Normal
Configuration	:	Normal
7. Q T c Interval	:	Normal
8. S-T Segment	:	Normal
9. T-Wave	:	Normal

FINAL IMPRESSION

E.C.G. is within normal limits.

Dr. Smita Rastogi
Signature of Doctor
Reg. No. 1000

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

Dr. Smita Rastogi
M.B.B.S., DCP

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Umsi fankaj yodav

Age --- Yrs. M/F

10mm/mV

25mm/s

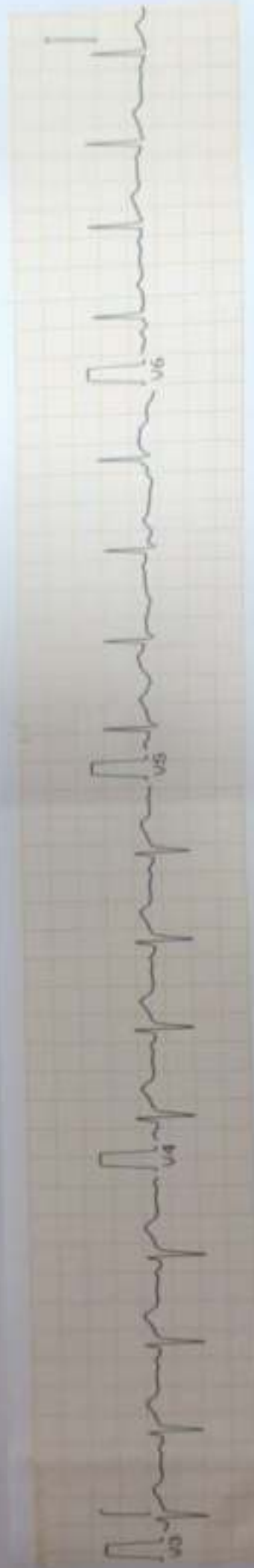
0.1-0.05 Hz BLC



Dr. *[Signature]*

Dr. *[Signature]*

Dr. *[Signature]*



Dr. ANIL MOHAN
Reg. No. 50389

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

Gomti Nagar Lucknow

Report



PANKAJ YADAV / 39 Yrs / M / 167 Cms / 62 Kg

Date: 23 - 12 - 2023 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	PPV	PVC	Comments
Supine	00:03	0:03	00.0	00.0	01.0	093	51 %	126/86	117	00	
Standing	00:07	0:04	00.0	00.0	01.0	093	51 %	126/86	117	00	
HV	00:11	0:04	00.0	00.0	01.0	094	52 %	126/86	118	00	
ExStart	00:30	0:19	00.0	00.0	01.0	097	54 %	126/86	122	00	
BRUCE Stage 1	03:30	3:00	02.7	10.0	04.7	123	68 %	126/86	154	00	
BRUCE Stage 2	06:30	3:00	04.0	12.0	07.1	142	78 %	130/90	184	00	
PeakEx	07:05	0:35	05.5	14.0	07.7	157	87 %	136/94	213	00	
Recovery	08:05	1:00	00.0	00.0	01.1	129	71 %	138/94	178	00	
Recovery	09:05	2:00	00.0	00.0	01.0	108	60 %	134/90	144	00	
Recovery	10:05	3:00	00.0	00.0	01.0	105	58 %	130/86	136	00	
Recovery	10:13	3:07	00.0	00.0	01.0	109	60 %	130/86	141	00	

FINDINGS :

Exercise Time : 06:35
 Max HR Attained : 157 bpm 87% of Target 181
 Max BP Attained : 140/96 (mm/Hg)
 Max WorkLoad Attained : 7.7 Fair response to induced stress
 Test End Reasons : Test Complete

REPORT :

CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.

DR. ANIL KUMAR
 MD
 RMP, NO. 44559

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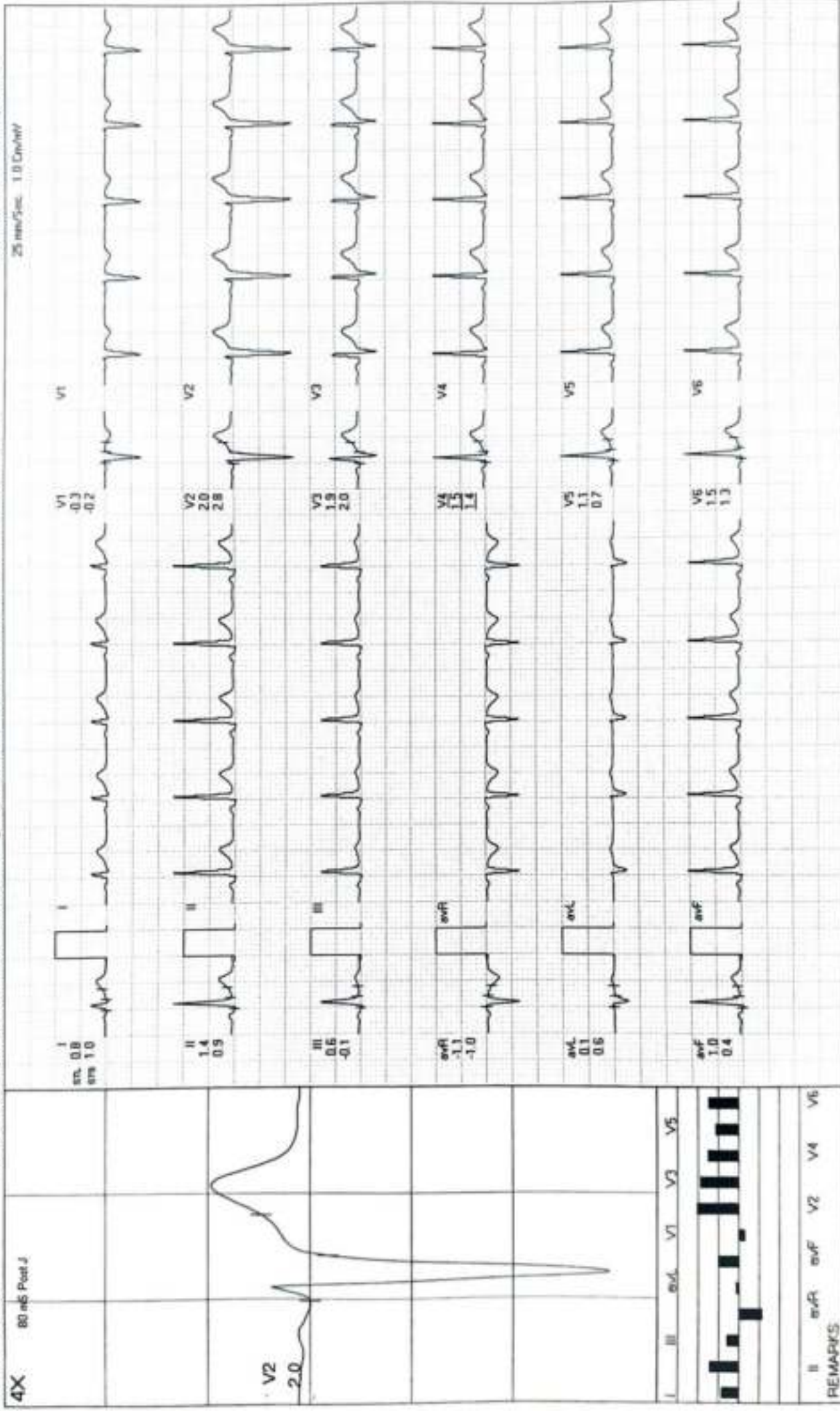
PANKAJ YADAV / 39 Yrs / M / 167 Cms / 62 Kg / HR : 93

BRUCE:Supine(0:05)



Date: 23-12-2023 METS 1.0/93 bpm 51% of THR BP: 125/85 mmHg Combined Medians/BL/C On/ Natch On/ HF 0.05 Hz/AF 35 Hr

ExTime 00:00 0.0 Kmph 0.0%



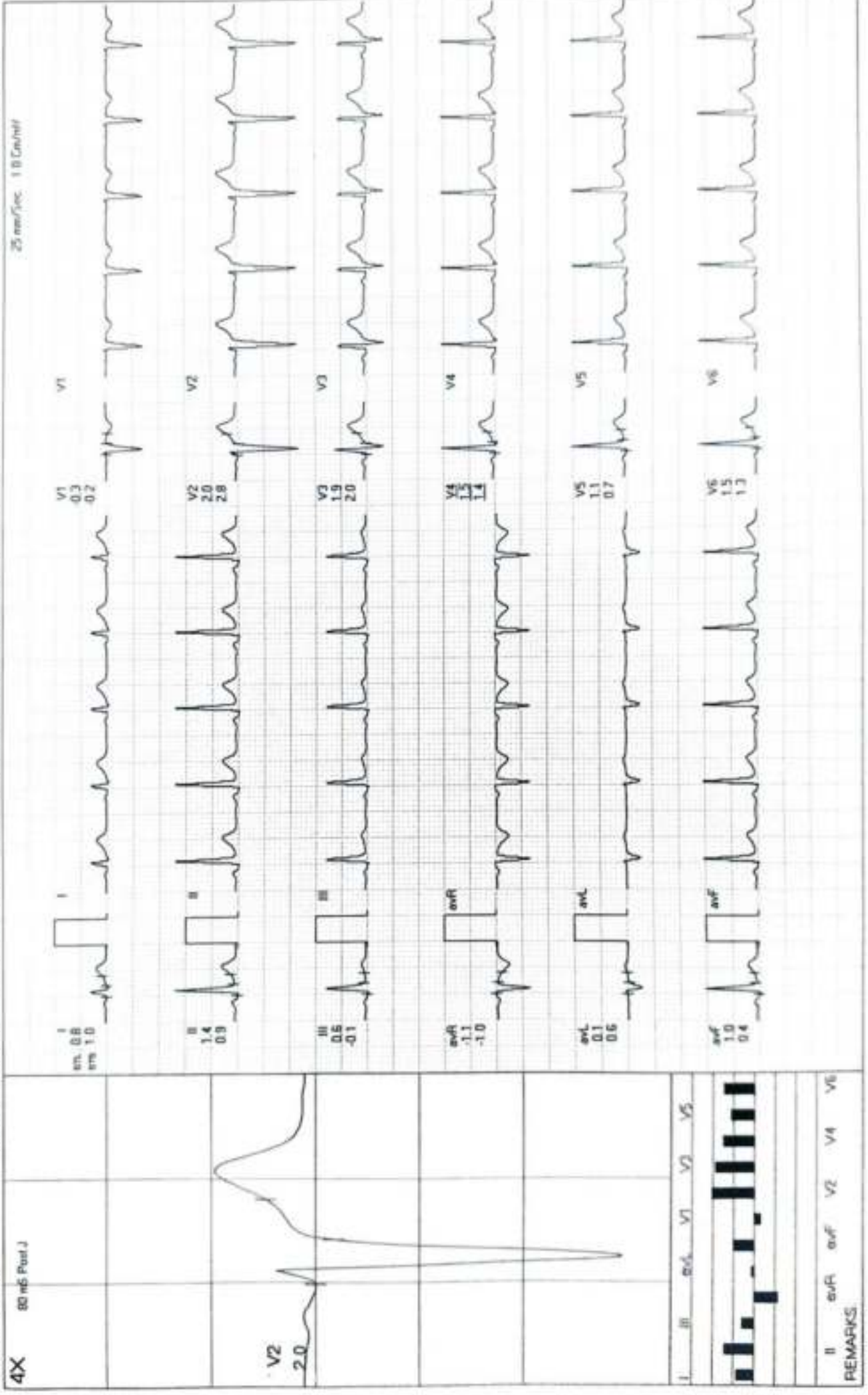
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BRUCE: Standing(0:04)



PANKAJ YADAV / 39 Yrs / M / 167 Cms / 62 Kg / HR : 93

Date: 23-12-2023 METS 1.0/93 bpm 51% of THR BP 126/86 mmHg Combined Medians/BLC Ony/Notch Ony/HF 0.05 Hz/LF 35 Hz ExTime 00:00 0.0 Km/ph 0.0%



REMARKS

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BRUCE:HV(0:07)

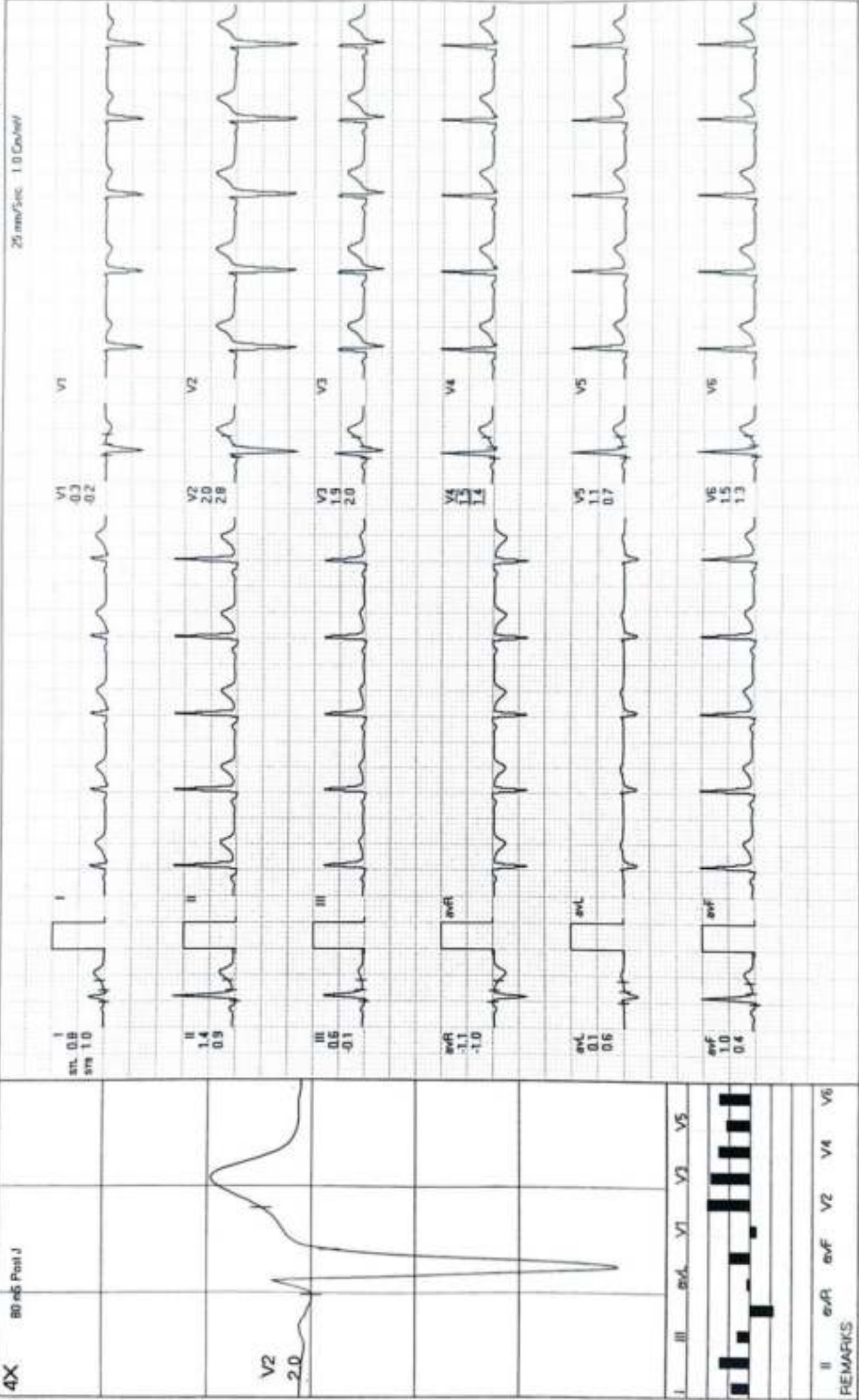


PANKAJ YADAV / 39 Yrs / M / 167 Cms / 62 Kg / HR : 94

Date: 23-12-2023

METS: 1.0 / 94 bpm 52% of THR EIP: 126/86 mmHg Combined Medians / BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime 00:00 0.0 Kmph 0.0%



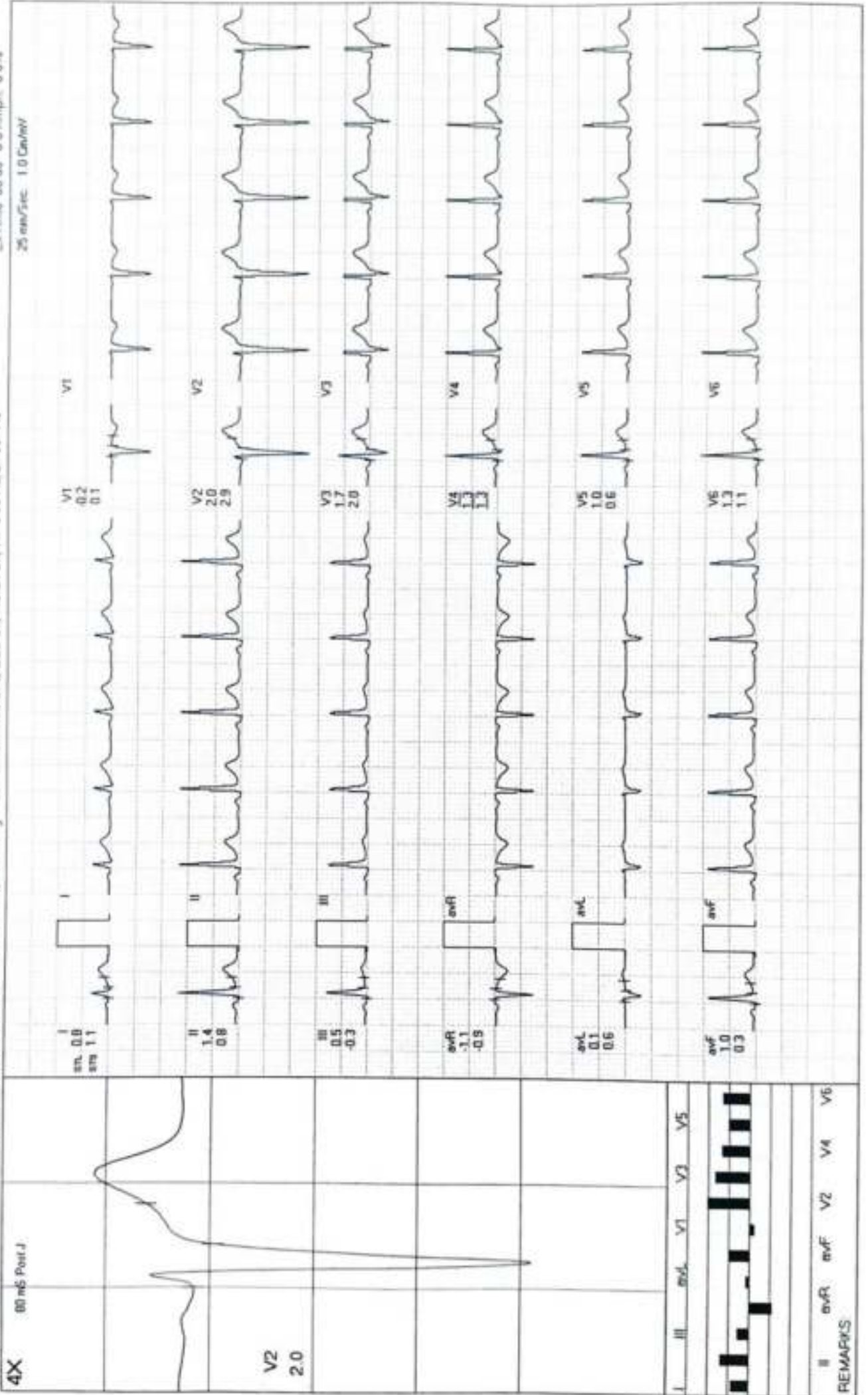
REMARKS: II aVR aVL V2 V4 V6

Date: 23-12-2023

METS: 1.0/97 bpm 54% of THR BP: 126/86 mmHg Combined Medians/BLC Only/Notch Onv/HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 Km/Ph. 0.0%

25 mm/Sec. 1.0 Cm/mV



AGL-5L

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BRUCE: Stage 1(3:00)

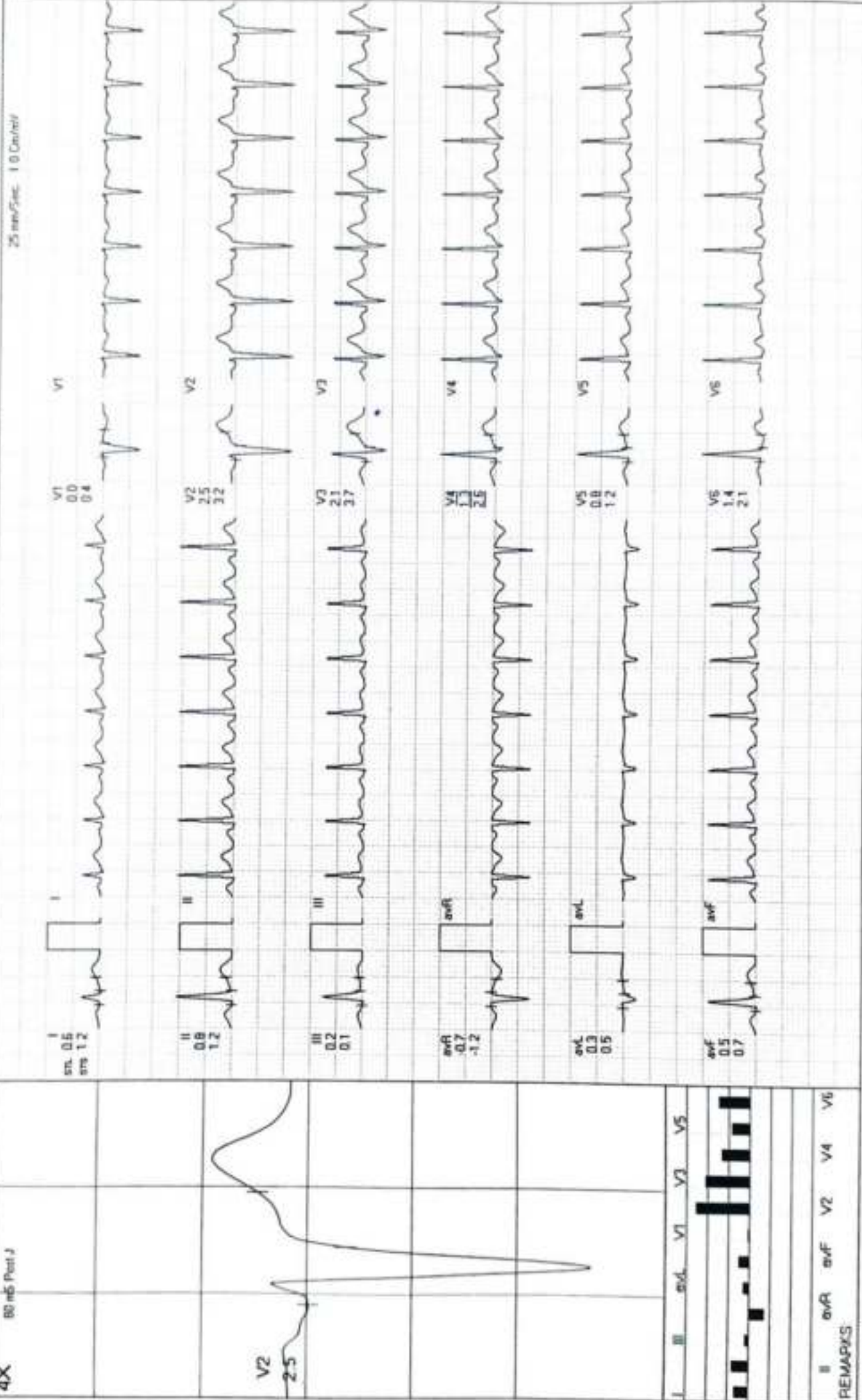
PANKAJ YADAV / 39 Yrs / M / 167 Cms / 62 Kg / HR : 123

Date: 23-12-2023

METS: 4.7 / 123 bpm 68% of THA BP: 126/86 mmHg Combined Medians/ BLC On/Notch On/HF 0.05 Hz/AF 35 Hz

ExTime 03:00 2.7 Fmph 10.0%

4X 80 mS Post J



REMARKS: I aVR aVF V2 V4 V6

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BRUCE: Stage 2(3:00)

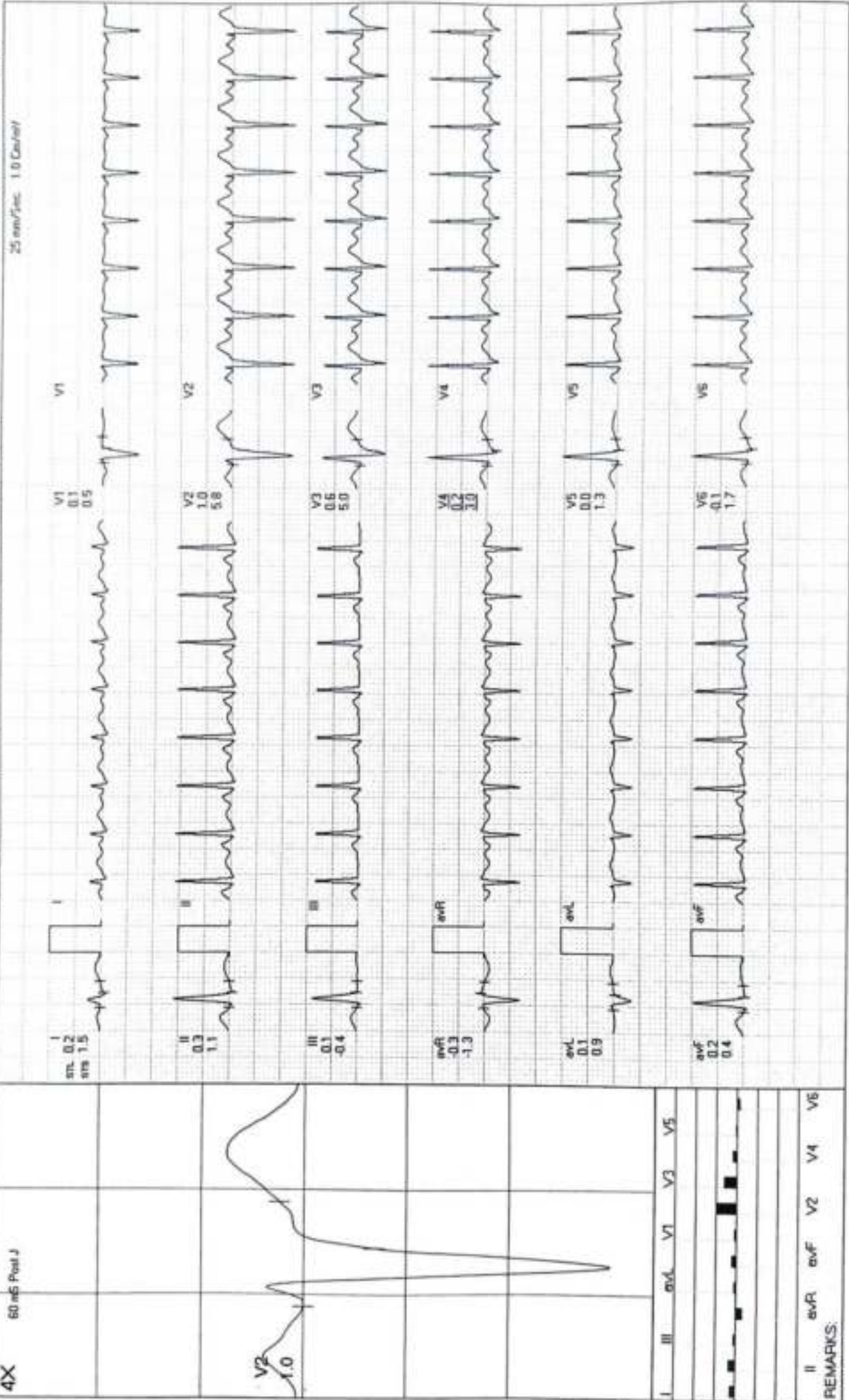
PANKAJ YADAV / 39 Yrs / M / 167 Cms / 62 Kg / HR : 142

Date 23-12-2023

METS: 7.1/142 bpm 78% of THR BP 130/90 mmHg Combined Median/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz

Ex Time 06:00 4.0 Kmph 12.0%

4X 60 mS Post J



REMARKS:

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PANKAJ YADAV / 39 Yrs / M / 167 Cms / 62 Kg / HR : 157

PeakEx

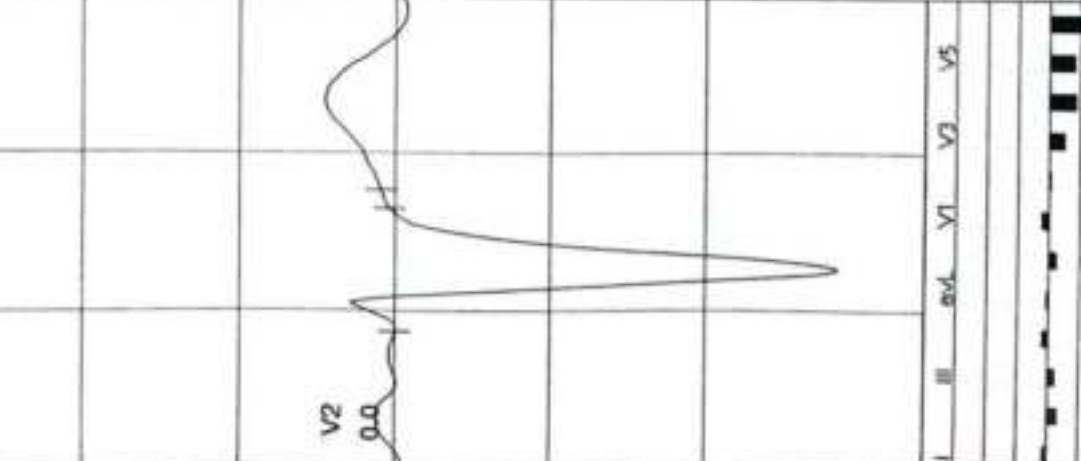
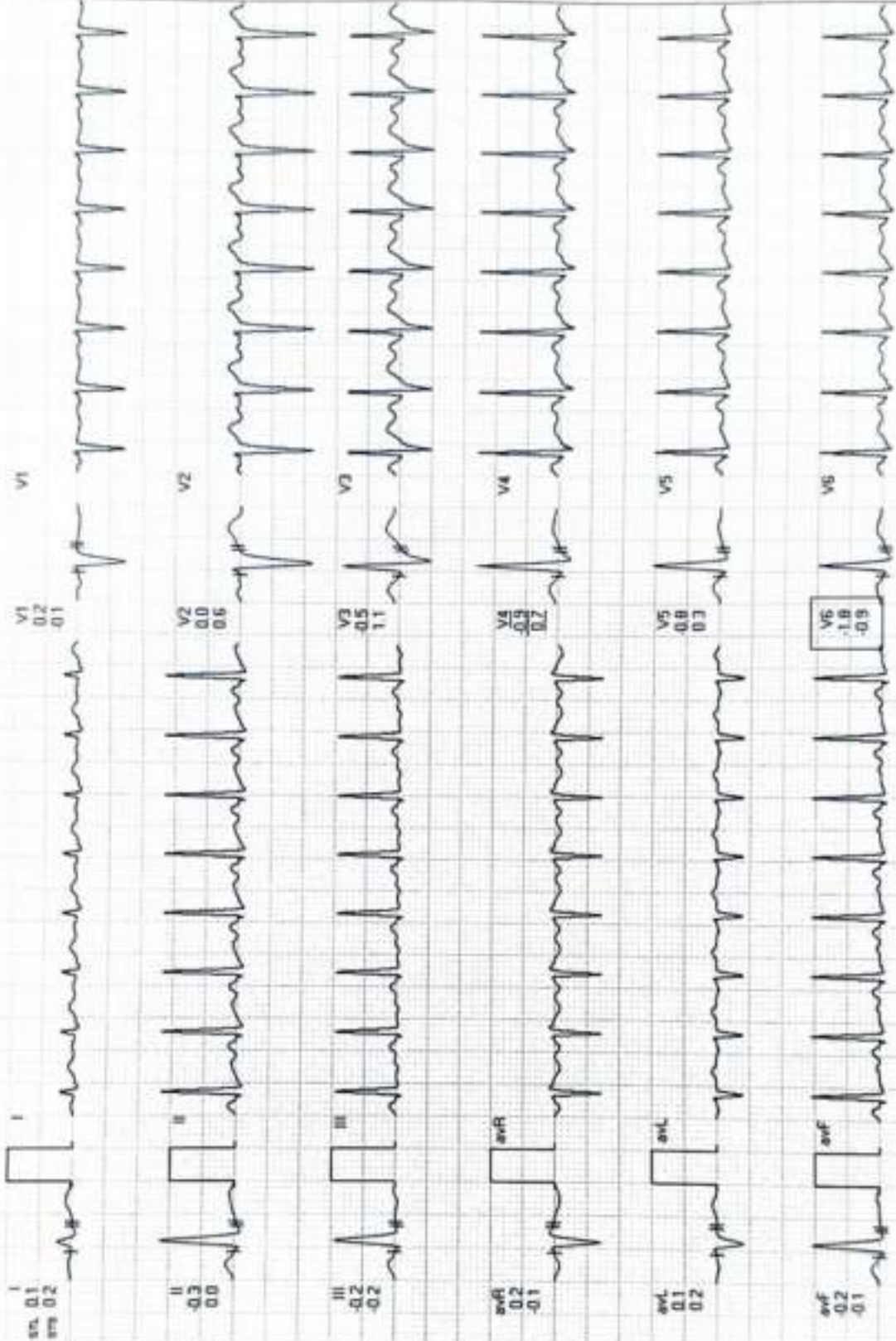
Date 23-12-2023

METS 7.7/157 bpm 87% of THR BP 136/94 mmHg Combined Medians/BCC Only Match Only HF 0.05 Hz/LF 35 Hz

ExTime 06:35 5.5 mph 1.4 (1%)

4X 10 mV Post J

25 mm/Sec 1.0 Cal/Sec



REMARKS: II aVR aVF V2 V4 V6

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PANKAJ YADAV / 39 Yrs / M / 167 Cms / 62 Kg / HR : 129

Recovery(1:00)

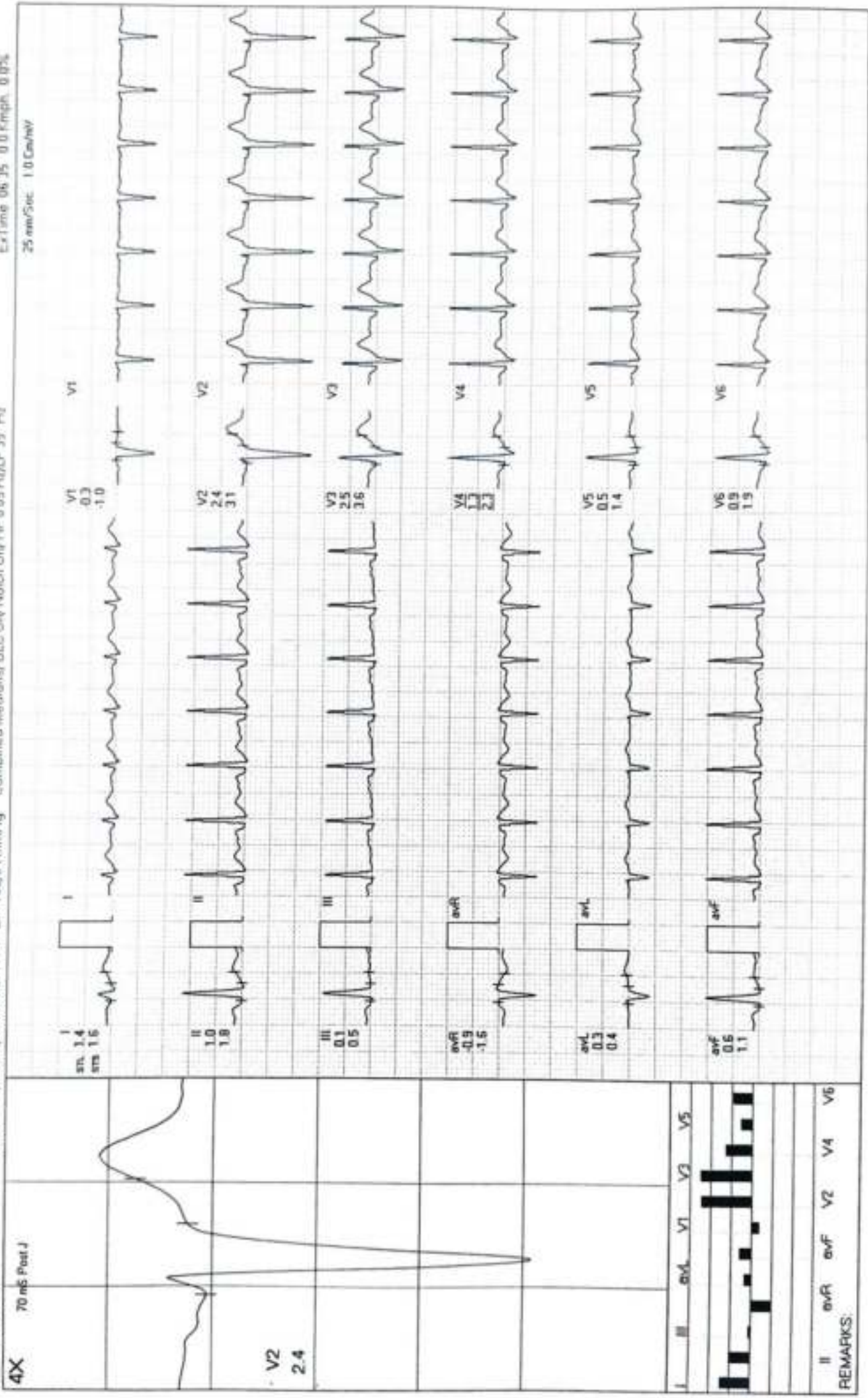
ACHPL

Date 23-12-2023

METS 1.1 / 129 bpm 71% of THR BP: 138/94 mmHg Combined Mediators/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime 06:35 0.0 Kmph 0.0%

25 mm/Sec 1.0 Cm/mV



REMARKS:

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PANKAJ YADAV / 39 Yrs / M / 167 Cms / 62 Kg / HR : 108

Recovery(2:00)

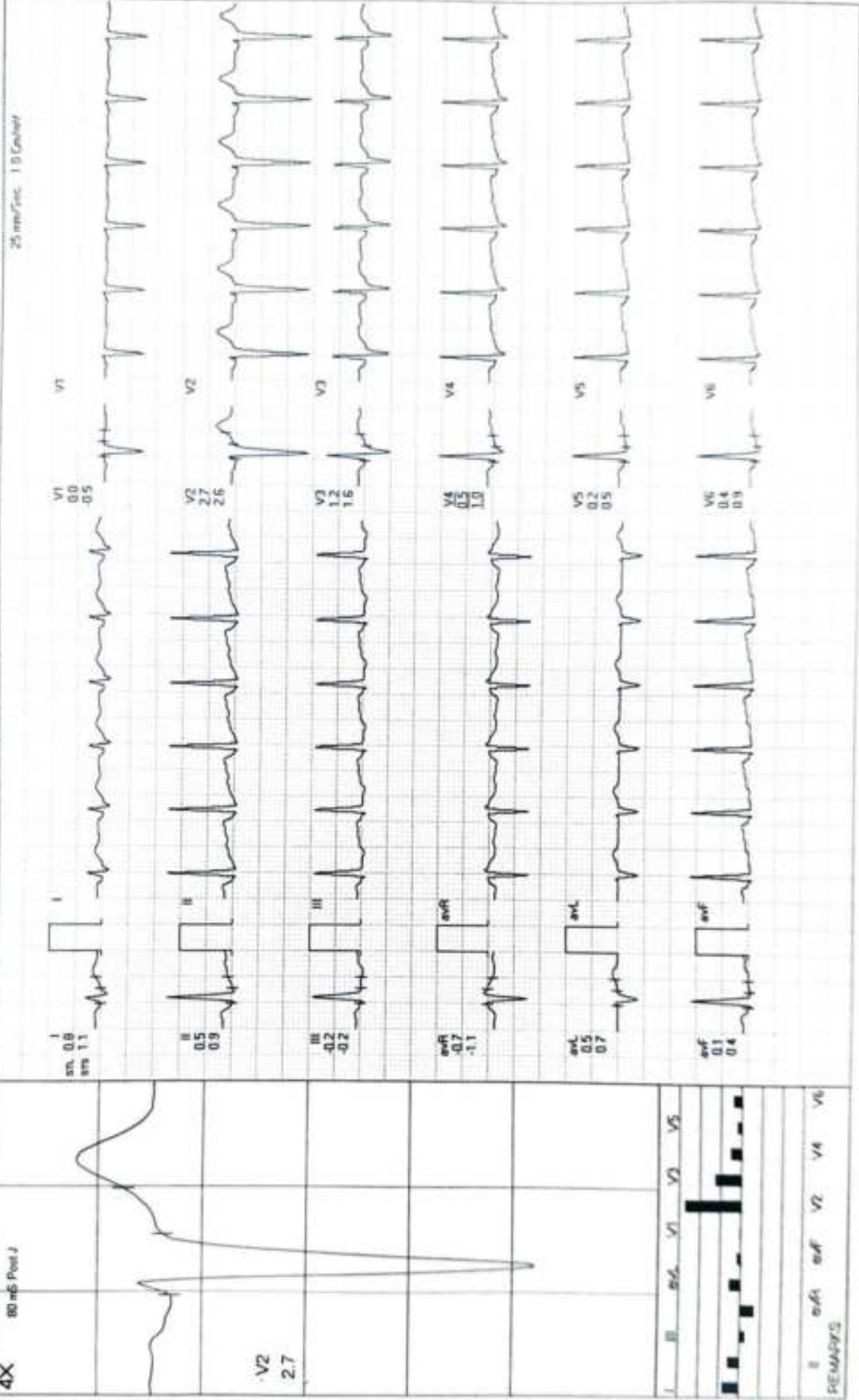


Date 23-12-2023

METS 1.0/108 bpm 60% of THR BP 134/98 mmHg Combined Medians/ELC Only/Notch On/HF 0.55 Hz/LF 35 Hz

ExTime 06:35 0.0 Km/Ph. 0.0%

4X 80 mS Post J



REMARKS

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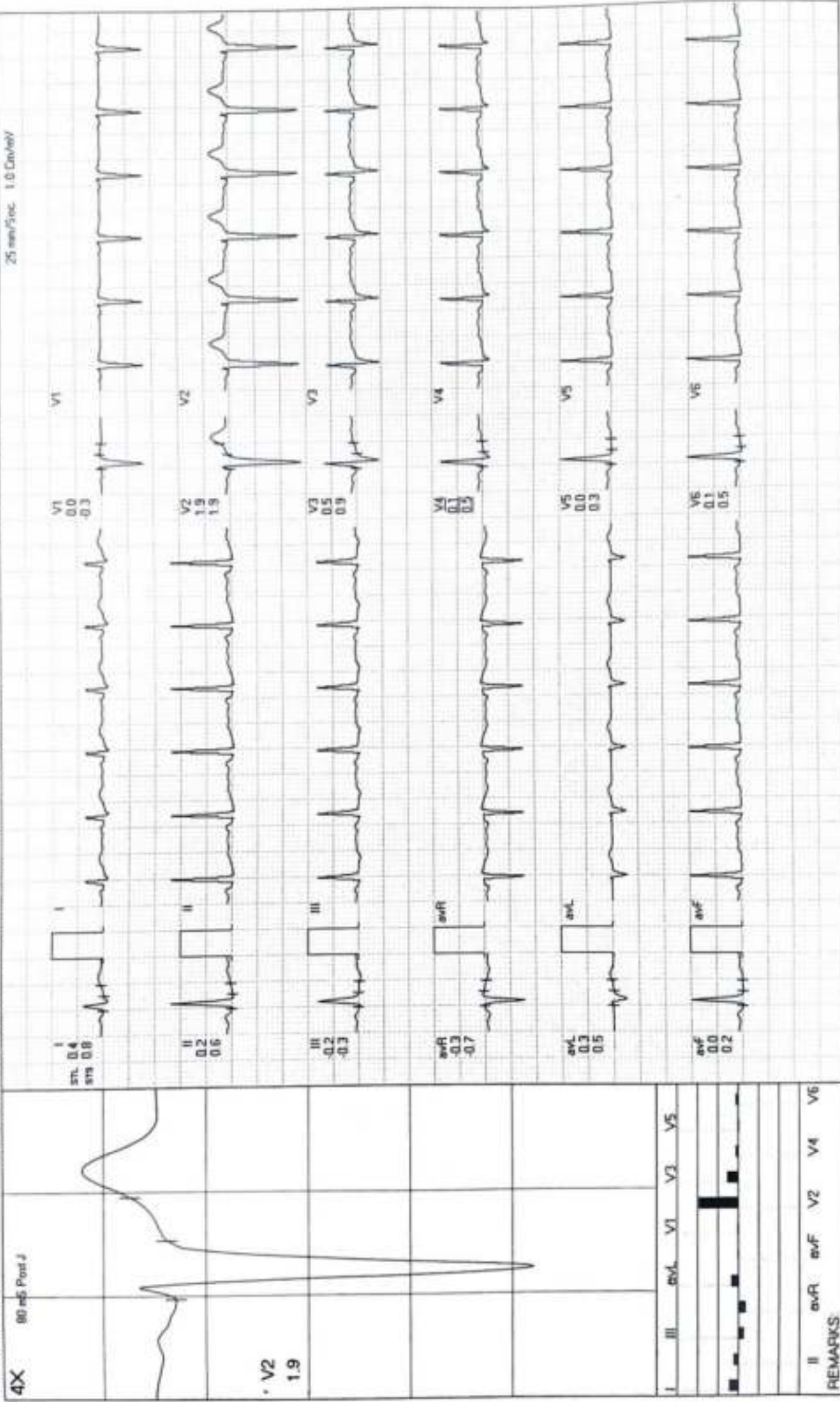
PANKAJ YADAV / 39 Yrs / M / 167 Cms / 62 Kg / HR : 105

Recovery(3:00)

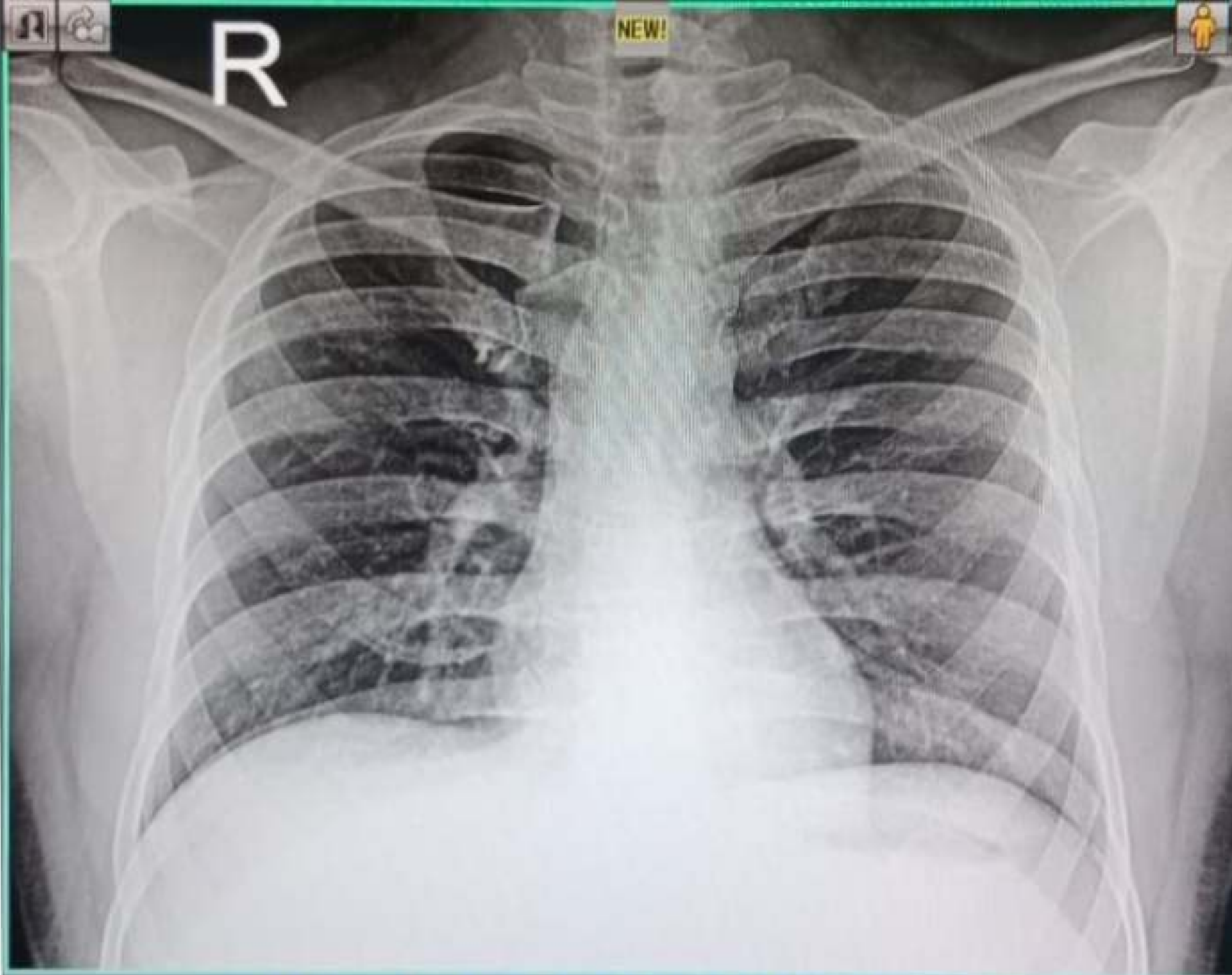


ExTime 06:35 0.0 Fmph. 0.05%
25 mm/Sec. 1.0 Cm/mV

Date 23-12-2023 METS 1.0/105 bpm 58% of THR BP 130/86 mmHg Combined Medians/BLC Ony/HF 0.05 Hz/LF 35 Hz



REMARKS
II aVR aVF V2 V4 V6



23122302929 MR PANKAJ YADAV 39 YRS M DR SELF CHEST PA
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